

DHIR & PARTNERS SDN BHD

Effective Communication Skills





Objectives

Define and understand communication and the communication process

- List and overcome the filters/barriers in a communication process
- Practice active listening
- Tips to improve verbal and non verbal communication



What is Communication?

Communication is an Art of Transmitting Information, Ideas & Attitudes from One Another.

ITS ESSENCES:

*PERSONAL PROCESS



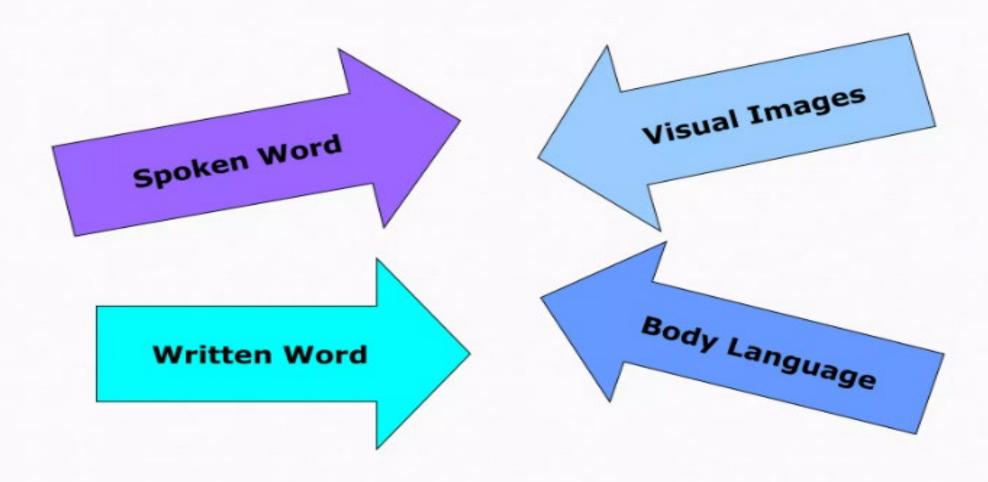
*MEANS TO INFLUENCE OTHERS



*EXPRESSION OF THOUGHTS AND EMOTIONS



What are the most common ways we communicate?





Types of Communication

Downwards Communication: Highly Directive, from Senior to subordinates, to assign duties, give instructions.

Communication : Among colleagues, peers at same level for information

level for information sharing for coordination, to save time.

COMMUNICATION NETWORKS

Formal Network : Virtually vertical as per chain go command within the

hierarchy.

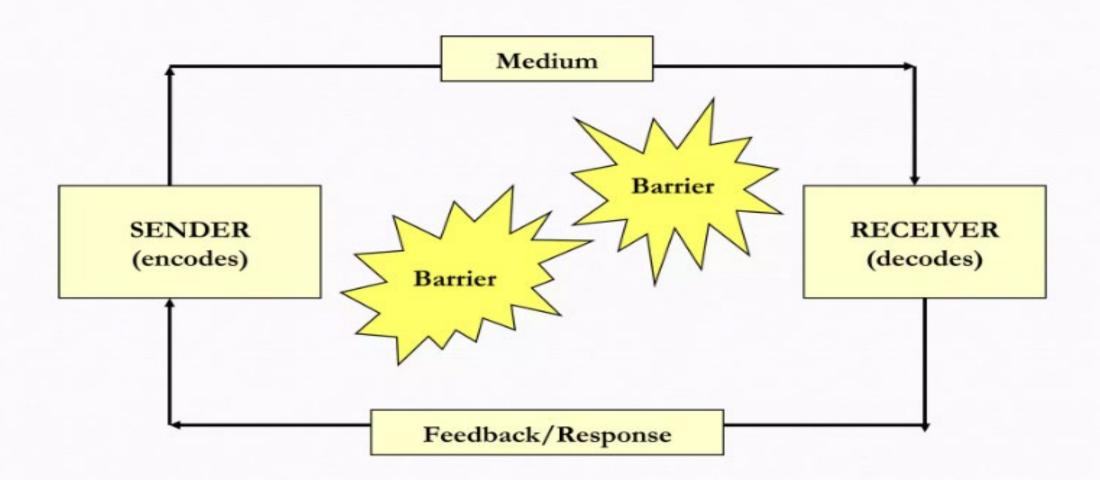
Informal Network : Free to move in any direction may skip formal chain of

command. Likely to satisfy social and emotional needs

and also can facilitate task accomplishment.



The Communication Process





Barriers to communication

- Noise
- Inappropriate medium
- Assumptions/Misconceptions
- **Emotions**
- Language differences









Distractions



Hearing Vs Listening

Hearing – Physical process, natural, passive



Listening – Physical as well as mental process, active, learned process, a skill

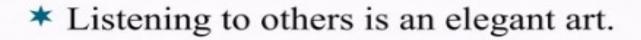


Listening is hard.

You must choose to participate in the process of listening.



VALUE OF LISTENING





★ Good listening reflects courtesy and good manners.

Listening carefully to the superiors improves competence performance.

★Good listening skill can improve social relations and conversation.



ESSENTIALS OF COMMUNICATION DO

- *Always think ahead about what you are going to say.
- *Use simple words and phrases that are understood by every body.
- *Speak clearly and audibly.
- *In case of an interruption, always do a little recap of what has been already said.
- *Always pay undivided attention to the speaker while listening.
- *While listening, always make notes of important points.



ESSENTIALS OF COMMUNICATION DON'Ts

*Do not instantly react and mutter something in anger.

*Do not use Jargons not understood by majority of people.

★Do not speak too fast or too slow.

*Do not assume that every body understands you

*Do not jump to the conclusion that you have understood every thing.



How to Improve Existing Level of COMMUNICATION?



- * Practice Meditation.
- * Think And Speak.

- * Do Not Speak Too Fast.
- *Look Presentable & Confident.

- **★** Improve Pronunciation.
- *Work On Voice Modulation.

- **★** Work On Body Language.
- Improve On Your Topic Of Discussion.



Improving Body Language - Tips

- Keep appropriate distance
- Touch only when appropriate
- Take care of your appearance
- Maintain eye contact
- Smile genuinely









Success for YOU...

...in the new global and diverse workplace requires excellent communication skills!

Thank you