

# اللغة الإنجليزية

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في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

1- يُوظِّف كلماتٍ جديدةٍ في جملٍ سياقيةٍ ذات معنى.

2- يعبر عن الصورة مستخدماً كلمة مناسبة.

الأهداف

**عزيزي الطالب:** سنقدم لك مفردات الدرس الأول من الوحدة السادسة. الرجاء قراءتها جيداً، والتَّعرُّف إلى معانيها، يمكنك الرجوع إلى المادة السمعية المسجلة، والاستماع إلى النُّطق الصحيح للكلمات، وترديدها بدقة.

	<a href="http://www.englishforpalestine.com/resources/level-5/level-5-audio-downloads/">http://www.englishforpalestine.com/resources/level-5/level-5-audio-downloads/</a>					
(good)advice		نصيحة جيدة	A little			قليل
because		لأن	bottom			أسفل
burger		برجر	Fizzy drink			مشروب غازي
fried		مقلي	prefer			يفضل
(food)pyramid		هرم الغذائي	should			ينبغي / يجب
soup		/ حساء شوربة	sweet			حلو
top		أعلى				

كم أنت مبدع! قم بتوظيف تلك الكلمات في جملٍ سياقيةٍ ذات معنى.

## نشاط (1)

1- Complete the following sentences with the correct words from the list below:

advice

little

fried

should

top

1. .... food is not healthy.
2. I can't reach the ..... of the board.
3. You should listen to your teacher's .....
4. You ..... do your homework.
5. You should only eat a ..... ice-cream.

## نشاط (2)

2- Read and match:

a. burger

b. Fizzy drink

c. (food)pyramid

d. sweet

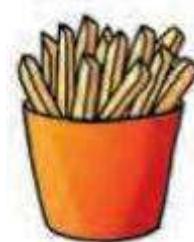
e. fried



( )



( )



( )



( )



( )

أشكرك عزيزي الطالب، أراك تتقدم بخطى واسعة إلى الأمام...

**عزيزي الطالب:** تابع الان حل التمرينات في البطاقة رقم "22"، وتعزف على معلومات جديدة ومفيدة!

**نشاط (3)**

**3- Supply the missing parts of the dialogue with words from the box:**

**think – sweet – Hello – should – healthy– food– ice cream**

Ben: Hello, Amy!

Amy: ..... , Ben! What's this?

Ben: It's a ..... pyramid.

Amy: What do you mean?

Ben: It shows the food you ..... eat.

Amy: Should I eat ..... ?

Ben: Let me ..... Yes, but only a little.

Amy: Why?

Ben: Because it's very ..... It's not .....

**نشاط (4)**

**4- Match A with B:**

A		B
1– What are Ben and Amy looking at?		Because it makes you fat.
2– Why does Mr Ali say meat and rice are good for Omar?		She prefers healthy food.
3– What food does Amy prefer?		Because they are very sweet.
4– Why should you only eat a little fried food?		They are looking at a food pyramid.
5– Why are fizzy drinks not healthy?		Because meat and rice make him strong.

**عزيزي الطالب،** لقد أضفت إلى كنز معلوماتك جواهر لغوية ثمينة، أنت طالب متميز!

**الأهداف**

**في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:**

1- يقرأ نصًا؛ ليجيب عن أسئلة الفهم والاستيعاب.

**عزيزي الطالب:** اقرأ النص الآتي، وأجب عن الأسئلة التي تليه:

**نشاط (1)****1- Read the following passage, and then answer the questions below:**

The food pyramid shows you the food you should eat. The top of the pyramid shows food you should only eat sometimes. Its bottom shows foods you should always eat. Dad thinks Rania and Omar shouldn't eat lots of fried food because it's not healthy. Mum thinks they should eat lots of fruit and vegetables because they are healthy. Amy and her friends went on a picnic last Friday. They preferred healthy food. They took bread, vegetables, fruit and a little meat. They took lots of water. They didn't buy fizzy drinks because they are very sweet and not healthy.

**A: Answer the following questions:**

1. What does a food pyramid show?

.....

2. Why shouldn't Rania and Omar eat lots of fried food?

.....

3. Why should they eat lots of vegetables?

.....

4. When did Amy and her friends go on a picnic?

.....

5. What did they prefer?

.....

6. Did they buy fizzy drinks? Why?

.....

**عزيزي الطالب:** تابع الآن حل التمرينات في البطاقة رقم "23"، وتعرف على معلومات جديدة ومفيدة!

**B: Write (T) for true sentences and (F) for false ones:**

1. ( ) The top of the pyramid shows you the food that you should always eat.
2. ( ) Dad thinks fried food is not healthy.
3. ( ) Mum thinks fruit and vegetables are healthy.
4. ( ) Amy and her parents went on a picnic.
5. ( ) They took lots of fizzy drinks.

yes I can!

**C: Get from the passage:**

1. The opposite of: top X ..... / unhealthy X .....  
never X ..... / a little X .....
2. Healthy food: .....
3. Unhealthy food: .....

**D: Read and classify:**

fizzy drinks – fries – vegetables – burger – rice – fish – ice-cream – fruit

Healthy Food	Unhealthy Food

عزيزي الطالب، لقد أضفت إلى كنز معلوماتك جواهر لغوية ثمينة، أنت طالب متميز !

## الأهداف

في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

1- يشعر بفوائد وأضرار الأطعمة المختلفة على جسده.



عزيزي الطالب: المعدة بيت الداء، فلتحرص دوماً على انتقاء الأطعمة التي تتناولها بعناية. تناول الأطعمة الصحية وابعد عن الأطعمة الغير صحية قدر المستطاع.

نشاط (1)

1- Classify:

fizzy drinks – fries – vegetables – burger – rice – fish – ice-cream – sweets

**Unhealthy**

**Healthy**



Empty box for classifying unhealthy food items.

Empty box for classifying healthy food items.

## الأهداف

في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

1- يستخدم زمن المضارع البسيط للتعبير عن الحقائق العلمية والروتيني اليومي.

### المضارع البسيط

- يستخدم للتعبير عن الحقائق العلمية، الروتيني اليومي.
- و يتكون هذا الزمن بإضافة حرف ( s ) إلى الفعل إذا سبق بمفرد أو ( she – he – it ) أو اسم علم ( Ali – Mona ).
- لا نضيف ( s ) إلى الفعل إذا سبق بـ ( I – we – you – they ).

أمثلة نضيف فيها ( s ) للفعل	أمثلة لا نضيف فيها ( s ) للفعل
He <b>plays</b> football.	I <b>play</b> football.
She <b>does</b> her homework.	We <b>do</b> her homework.
Amy <b>watches</b> T.V.	You <b>watch</b> T.V.
The cat <b>likes</b> the cheese.	They <b>like</b> action films.
It <b>swims</b> in the river.	Omar and Ben <b>swim</b> in the sea.

**ملاحظة :** توجد بعض الكلمات الدالة على هذا الزمن ومنها :

always – usually – every( day ) – sometimes – often

### نشاط (1)

#### 1- Choose the correct answer:

1. Food pyramid ( show – shows ) you the food you should eat .
2. Rice and meat ( is – are ) good for you .
3. Burger ( make – makes ) you fat .
4. The children ( goes – go ) on a picnic .
5. Amy ( prefer – prefers ) healthy food .

أحسنت عزيزي الطالب، لقد أصبحت الآن قادرًا على استخدام زمن المضارع البسيط؛ للتعبير عن العادات والأعمال الروتينية، وكذلك الحقائق العلمية الثابتة.

في نهاية هذه البطاقة سيكون الطالب قادرًا على أن:

1- يستخدم **should/shouldn't** لتقديم النصيحة.

الأهداف

2- يربط بين الجمل باستخدام **.because**

**عزيزي الطالب:** قُم بقراءة الأمثلة الموجودة في الكتاب المدرسي جيداً، ومن ثم الاطلاع على الملخص أدناه.

- يستخدم **should/shouldn't** لتقديم النصيحة.

- يستخدم المصدر بعد **should/shouldn't**

1. you **should eat** healthy food.

أمثلة:

2. you **shouldn't drink** lots of fizzy drinks.

- تستخدم **because** كأدلة ربط بين جملتين، و تكون **because** في الجملة التي بها السبب

معنى لأن أو بسبب مثل :

You should eat lots of salad and vegetables **because** they are healthy.

1. eat / healthy

You .....

2. only eat / a little chocolate cake.

.....

3. eat / lots of / ice-cream

.....

4. buy / burgers / fizzy drinks

.....

5. eat lots of / carrots soup / vegetables

.....

## نشاط (2)

## 2- Join the sentences using "because":

1. Amy should eat vegetable soup. It is healthy.

.....

2. Fizzy drinks are very sweet. You shouldn't buy fizzy drinks.

.....

3. Omar should eat rice and meat. They make him strong.

.....

4. Fried food makes you fat. You shouldn't eat lots of fried food.

.....

## نشاط (3)

## 3- What would you say in the following situations?

Use: should/shouldn't

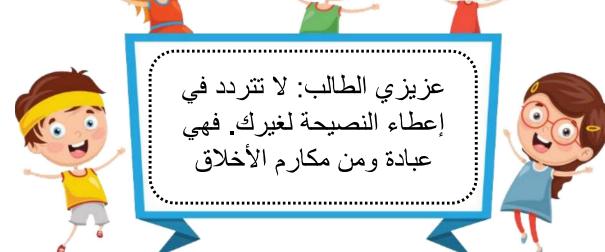
1. Your friend often tells lies.

.....



2. Your friend eats lots of unhealthy food:

.....



3. Your friend doesn't help his mum:

.....

4. Your friend doesn't pray:

.....

في نهاية هذه البطاقة سيكون الطالب قادرًا على أن:

- 1- يكتب عن الطعام الذي يحب والذي لا يحب.
- 2- يستخدم علامات الترقيم بالشكل الصحيح.

### الأهداف

- يكتب الطالب عن الطعام المفضل ( **favourite food** ) و يشمل الغذاء الصحي . ( **should** ) مع ذكر السبب باستخدام ( **because** ) و كذلك استخدام ( **healthy food** ) ( **not healthy food** ) و يشمل الغذاء الغير صحي . ( **don't like** ) مع ذكر السبب باستخدام ( **because** ) و كذلك استخدام ( **shouldn't** ) .

أمثلة:  
1. I like vegetable salad because it's healthy.

2. You shouldn't eat fried food because it's not healthy and makes you fat.

- يستخدم الطالب علامات الترقيم المختلفة مثل: ( كتابه الحرف مكبر في بداية الجملة ).
  - يضع ( **full stop at the end of a sentence** ) ( وضع نقطة في نهاية الجملة ).
- مثال: Amy prefers healthy food.

### نشاط (1)

#### 1- Think and write correct sentences:

 <b>healthy food</b> ( I like )	 <b>not healthy food</b> ( I don't like )

#### 2- Write correctly:

### نشاط (2)

1. omar should eat rice and meat they make him strong

.....

2. fizzy drinks are very sweet .....

## **Progress Test (1)**

### **Speaking**

#### **1. Complete the following dialogue:**

healthy – favourite – food – bottom – burger

A– What's your ..... food?

B– My favourite food is .....

A– I think you should eat healthy .....

B– Where can you find healthy food?

A– In the ..... of the food Pyramid.

B– Should I eat ice- cream?

A– No, it's not .....

#### **2. What would you say in the following situations?**

1– When you give advice to someone: you say:–

- a) I'm fine                      b) You should                      c) Thank you

2– You shouldn't eat lots of fried food because:–

- a) it's healthy                      b) it's sweet                      c) it's not healthy

### **Reading**

#### **1. Read the passage then answer the questions below :**

The food pyramid shows you the food you should eat. The top of the pyramid shows foods you should only eat sometimes. The bottom of the pyramid shows foods you should always eat. So. You should eat a little ice cream because it's very sweet. But vegetable soup is good for you.

#### **A) Answer the following question:**

1. What does the food pyramid show?

**B) Read and complete:**

1. The top of the pyramid shows foods you should only eat (**sometimes–always**).
2. The bottom of the pyramid shows foods you (**should – shouldn't**) always eat.
3. You should eat a little ice cream because it's very (**salty – sweet**).

**C) Put ( T ) or ( F ):**

1. The top of the pyramid shows foods you should always eat. (      )
2. You should eat lots of ice cream. (      )
3. Vegetable soup is bad for you. (      )

**D) Find from the passage:**

1. The meaning of **some**: ..... **well**: .....
2. The opposite of: **top X** ..... **sometimes X**.....
3. Food:..... 4. The pronoun **it's** refers to.....

**Vocabulary**

**1. Fill in the spaces with words from the box:**

**Vegetable– fried– healthy – soup – sweet**

- 1– I should eat lots of..... food.
- 2– Rania and Omar should eat lots of fruit and .....
- 3– Fizzy drinks are very .....
- 4– You shouldn't eat lots of .....food.
- 5– Vegetable ..... is good for you.

**Structure**

**1. Choose the correct answer:**

- 1– Mum ( **think – thinks** ) that Amy should eat healthy food.
- 2– I ( **prefer – prefers** ) healthy food.
- 3– Vegetable soup ( **is – are** ) healthy food.
- 4– They don't ( **want – wants** ) to eat fried food.
- 5– You should ( **drink – drinks** ) water.

## Writing

### **1. Write correctly:**

1– rania ben amy and omar know more about the food pyramid

.....

2– what food should you eat sometimes

.....

3– you should eat lots of fried food

.....

## الأهداف

في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

1- يُوظِّف كلماتٍ جديدة في جملٍ سياقيةٍ ذات معنى.

2- يُوظِّف تعبيراتٍ جديدة "وظائف لغوية" في سياق حواري.

**عزيزي الطالب:** سنقدم لك مفردات الدرس الأول من الوحدة السابعة. الرجاء قراءتها جيداً، والتَّعرُّف إلى معانيها، مستعيناً بالمادة السمعية.

	<a href="http://www.englishforpalestine.com/resources/level-5/level-5-audio-downloads">http://www.englishforpalestine.com/resources/level-5/level-5-audio-downloads</a>				
		100		Please I help?	1,000,000
Dish طبق	Harvest حصاد	Hundred مائة	Love يحب	May ربما	Million مليون
			1,000		
North شمال	Oil زيت	Soap صابون	Thousand ألف	Useful مفید	Wise حكيم

الأنشطة والتدريبات:

## نشاط (1)

## 1- Think and choose:

1- He can .....the olives and then press them to get oil. (harvest / cook)

2- Olive oil is very ..... ( wise/ useful)

3- ..... I help you? (North / May)

## **2- What do you say when:**

نشاط (2)

### **1 – You want someone to help you:**

- a) May I help you?      b) How awful      c) Could you help me?

## **2– You agree an offer:**

- a) No, thanks      b) Yes, of course      c) I'm sorry

(3) نشاط

### **3- Complete the dialogue:**

**عزيزي الطالب/ة:** قم بتبعية الكلمات داخل صندوق الحوار

Rania: Good afternoon.....

Omar: ..... Rania

Rania: Is there an ..... tree in your house?

Omar: \_\_\_\_\_ of courses.

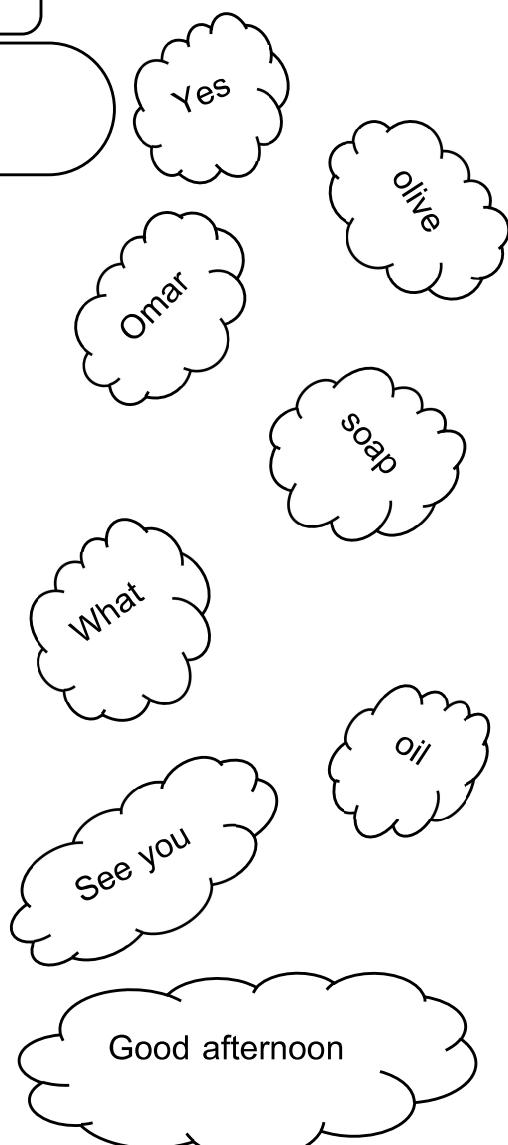
Rania: ..... useful things can you make from olive trees?

Omar: We can get olive ..... from olives.

Rania: And what do you use olive oil for?

**Omar:** We make medicines and.....

Rania: ... Omar



في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

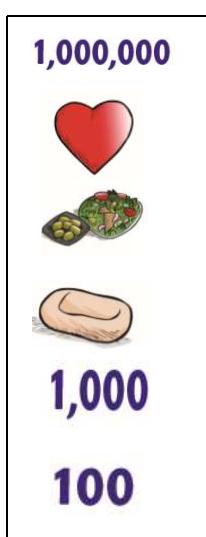
1- يوظف كلماتٍ جديدة في جملٍ سياقيةٍ ذات معنى.

الأهداف

نشاط (1)

**1-Match words with pictures:**

soap
dish
million
love
hundred
thousand



wise
north
may
harvest
oil
useful



نشاط (2)

**2-Choose and complete:**

may	millions	soap	north	useful	wise	dishes
-----	----------	------	-------	--------	------	--------

1- Palestinians make ..... from olive oil.

2- .......,I help you?

3- There are ..... of olives trees in Palestine.

4- Olive oil is very .....

5- Most of the olive trees are in the ..... of Palestine.

6-Palestinians use olive oil in many .....

7- This old man is .....

عزيزي الطالب، تذكر أننا نتعلم الكلمات لأجل توظيفها في سياق ذي معنى، لا تنس أن تفعل ذلك!

في نهاية هذه البطاقة سيكون الطالب قادرًا على أن:

- 1- يقرأ نصًا؛ ليجيب عن أسئلة الفهم والاستيعاب.

الأهداف

نشاط (1)

**1-Read the following passage, then answer the questions below:**

Omar and Rania are visiting their grandfather's olive farm. Some olive trees are very old but you can harvest olives from them. Rania and her grandmother are in the kitchen. They are talking about olives. Olives are very useful. There are millions of olive trees in Palestine. Lots of them are in the north of Palestine. Omar's grandfather is wise because he knows that olives are very healthy.

**A-Answer the following questions:**

1- Who is visiting their grandfather's olive farm?

.....

2- Are olives very useful?

.....

3- Why is Omar's grandfather wise?

.....

عزيزي الطالب:  
عليك أن تقرأ الفقرة  
 بدقة لكي تتمكن من  
 الإجابة على  
 الأسئلة بشكل  
 صحيح

**B) Read and complete:**

1- Some olive trees are very .....

2- Rania and her .....are in the kitchen.

3- There are .....of olive trees in Palestine.

**C) Put { ✓ }or { X }:**

1- Olives are very unhealthy. ( )

2- Omar and Rania are visiting their grandfather's olive farm. ( )

3- There are thousands of olive trees in Palestine. ( )

4- Olives are very useful. ( )

**D) Find in the passage:**

1– A name of:

**country** ..... \***fruit** .....**room** ..... \***direction** .....

2– Two present verbs: .....

3– The underlined (He) refers to:.....

4– The opposite of:

(new) X ..... (all) X .....

(useless) X ..... (unhealthy) X .....

**نشاط (2)****1-Odd one out:**

1– million – thousand – hundred – number .....

2– fish – meat – medicine – rice .....

3– know – pressed – harvest – get .....

4– teacher– father– grandmother– sister .....

عزيزي الطالب، لقد أضفت إلى كنز معلوماتك جواهر لغوية ثمينة، أنت طالب متميز!

في نهاية هذه البطاقة سيكون الطالب قادرًا على أن:

1- يقدر القيمة المادية والمعنوية لأشجار الزيتون.

الأهداف

نشاط (3)

1-Match:



1

(   ) Palestine is the land of Olive trees.



2

(   ) The olive tree is a symbol of peace.

(   ) Palestinian women are strong like olive trees.

(   ) We can make soap and medicine from olive oil.



3



4

نشاط (4)

1-Read and copy:



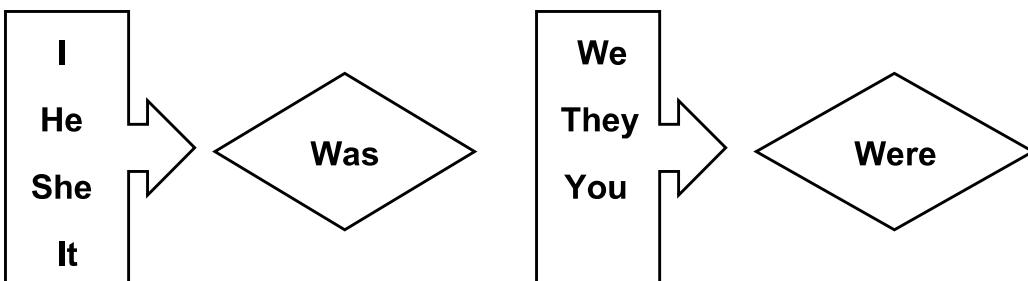
If the Olive Trees knew the hands  
that planted them, Their Oil would  
become Tears.

— Mahmoud Darwish —

في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

1- يميز بين **was** و **were**.

الأهداف



1-Choose between was or were:

(1) نشاط

Noun	Was or Were
Ahmed and Ali	
The teacher	
The teachers	
I and Rania	
The cat	
We	
The children	

(2) نشاط

2-Complete the sentences using {was- were}:

- 1- Rania and Omar .....visiting their grandparents' olive farm.
- 2- I .....writing my homework yesterday evening.
- 3- Rania .....helping her grandmother in the kitchen.
- 4- They .....making soap from olive trees.

في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

1- يستخدم may و can بشكل صحيح.

الأهداف

2- يستخدم علامات الترقيم بشكل صحيح.

**عزيزي الطالب:** إذا أردت أن تعرض تقديم خدمة أو إذا أردت أن تساعد شخص فتقول ?

May I help you ? May I open the window?

ملاحظة هامة جدًا: جميع الأفعال التي تأتي بعد may / can تكون في التصريف الأول.

### نشاط (1)

#### 1- Write correct questions using (may I):

1. open the window .....
2. come in.....
3. help you carry the books.....
4. help you with your homework.....

• إذا أردت أن تطلب من شخص شيء أو تستأذن:

Can I use your pencil?	ممكن استخدم قلمك
Can I borrow your book?	ممكن أستعير كتابك

• **Yes, of course. / Yes, here you are / Yes, you can.**

### نشاط (2)

#### 2- Re-arrange the words to make correct sentences:

- 1- come – please – can – I – in?

- 2- mobile – use – can – I – your – please?

3- can – play – I – a game – please?

.....

4- use – your – can – I – book – please?

.....

نشاط (3)

3- Write correctly:

1- what can you see in the farm

-----

2- most of the olive trees are in the north of palestine

-----

3- may i help you

-----

**عزيزي الطالب:** إذا أردت تذكر استخدام الحروف الكبيرة في بداية الجملة، والنقطة في نهايتها.

في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

- يستخدم may and can بشكل صحيح.

الأهداف

### نشاط (1)

#### 1-Write correct words:

1. May I ..... ( trying ) your olives.
2. We **can** .....( visited ) the olive farm.
3. We **should** .....( loves ) our country.

### نشاط (2)

#### 2- Classify the following:

olive – north – hundred – apple – south – thousand – mango – east – twenty

fruits	directions	numbers

في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

1- يكتب الكلمات بطريقة صحيحة.

الأهداف

نشاط (1)

1- Write the missing part in the following words:



**1,000,000**



**1,000**

nor...

mill....n

usef....

lo....e

di.....

Thou...nd



Please  
I help?

**100**



oi...

so....p

ma.....

Hund...d

harv...t

wi....

في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

- 1- يكتب الكلمات بشكل صحيح.

الأهداف

نشاط (1)

1-Write the words under the pictures



Please

I help?







**1,000,000**







**100**



**1,000**



## Progress Test (2)

### Listening

1–Listen and number the pictures:

**1,000**



**1,000,000**



(   )

(   )

(   )

(   )

(   )

2– Listen and circle the word you hear

olive	oil	boil
One hundred	One thousand	One million
love	harvest	north

### Speaking

1–Complete the following dialogue:

{ What – olive –good afternoon – thank – Yes – Amal – oil – soap }

Maha: Good afternoon.....

Amal : ..... Maha

Maha : Is there an ..... tree in your house?

Amal:..... .of courses.

Maha : ..... useful things can you make from olive trees?

Amal : We can get olive ..... from olives.

Maha : And what do you use olive oil for?

Amal: We make medicines and.....

Maha : ..... you Amal.

## Reading

### 1–Read the passage and answer the questions below:

Omar's family visited olive farm. Some olive trees are more than 150 years old. There are millions of olive trees in Palestine. Lots of them are in the north of Palestine. People harvest the olives Then press the olives to get olive oil. Olive oil is very useful and healthy. We use it in some medicines and for making soap.

#### A– Answer the following questions:

1. How old are some olive trees? .....
2. Why olive oil is useful? .....

#### B– Choose the correct answer:

1. There are .....( 150 / millions ) of olive trees in Palestine.
2. We can make soap and .....( medicine / people ) from olive oil.
3. ( it ) refers to .....

C–Find out: field = ..... pick = .....

country : ..... Number:.....

less X..... ( south ) X.....

something you use to clean your hand : .....

word the same rhyme ( free) : ..... ( come ) : .....

## Vocabulary

1—Complete the sentences. Use the words in the table.

harvest	millions	dish	wise	oil
---------	----------	------	------	-----

1. My favourite .....is Maftool .
2. Palestinians .....olive trees in autumn.
3. We make soap from olive .....
4. There are .....of trees in our country.
5. Books make you .....

2—Classify the following

olive – north – hundred – banana – south – thousand – apple – east – million

Fruits	Directions	Numbers

## Structure

### 1 – Write the correct form:

1. Most of the olive trees ----- (be) in the north of Palestine.
2. Some olive trees ----- (be) more than 150 years old.
3. Palestinians ----- (made) soap from olive oil.
4. May I ----- (drinks) some water, please
5. Would you like to ----- (going) to the cinema?

## Writing

### 1 – Do as shown in brackets:

1. ( the – is – Palestine –of – land – trees – olive ) " Re-arrange"

-----

2. fish – meat – medicine – rice. " odd one out" -----

### 2 – Write correctly:

1. what can you see in the farm

-----

2. most of the olive trees are in the north of palestine

-----

3. may i help you

-----

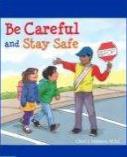
في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

1- يُوظِّف كلماتٍ جديدةٍ في جملٍ سياقيةٍ ذات معنى.

2- يُوظِّف تعبيراتٍ لغويةٍ في سياق حواري.

الأهداف

**عزيزي الطالب:** سنقدم لك مفردات الدرس الأول من الوحدة الثامنة، الرجاء قراءتها جيداً، والتَّعرُّف إلى معانِها.  
لا تنسِ الإصغاء إلى المادة السمعية جيداً؛ للتأكد من طريقة النطق السليم للكلمة!

	<a href="http://www.englishforpalestine.com/resources/level-5/level-5-audio-downloads/">http://www.englishforpalestine.com/resources/level-5/level-5-audio-downloads/</a>					
boil		يغلي	(be) careful			يحذر كن حذر
fire		حريق نار	garlic			ثوم
grass		عشب	hungry			جائع
must		يلزم يجب	pepper			فلفل
(get) ready		يستعد	salt			ملح
sign		إشارة لافتة	smell			يشم رائحة
stone		حجر				

هل تعلم عزيزي الطالب أنك قد أضفت إلى حصيلتك اللغوية كلمات جديدة؟

نشاط (1)

1- Complete the following sentences with the correct words from the list below:



1. Bad eggs have an awful .....
2. You ..... do your homework.
3. I'm ..... I should eat
4. Be ..... when you cross the street.
5. The..... says you mustn't pick the flowers.
6. Don't throw ..... at your friends.
7. You mustn't play on the .....



نشاط (2)

2- Think and write the correct words:



- 1.....
- 2.....
- 3.....
- 4.....
- 5.....

**عزيزي الطالب:** إذا أردت أن تجعل التمرين أكثر تحدياً وإثارة، حاول أن تعبر عن الصور السابقة بجملٍ مفيدة.

**1- Supply the missing parts of the dialogue with words from the box:**

**be – healthy – Good morning – of course – Get – Could – must**

Ben : Good morning, mum .

Mum:....., Ben.

Ben : ..... I help you, please?

Mum: Yes, .....

Ben : Could I add salt and pepper to the potatoes ?

Mum: Yes, but ..... careful. Don't add lots of salt and pepper.

It's not .....

Ben: OK, mum. .... ready Amy. You .....wash your hands.

نشاط (2)

**2- What would you say?**

**1– You want the others to prepare themselves for dinner:**

a– Sorry!      b–Don't walk there      c– Get ready.

**2– You make something wrong:**

a– Be careful!      b– Thank you      c– Sorry!

**3– Come to my birthday party:**

a– You must      b– Could you come      c– Well done

**في نهاية هذه البطاقة سيكون الطالب قادرًا على أن:**

1- يقرأ نصًا؛ ليجيب عن أسئلة الفهم والاستيعاب.

**الأهداف**

**عزيزي الطالب:** اقرأ النص المدرج في الكتاب المدرسي، وأجب عن الأسئلة الآتية، يمكنك الرجوع للمادة السمعية؛ للتأكد من صحة إجابتك ونطقك السليم.

**نشاط (1)**

**1- Read the following passage, and then answer the questions below:**

Ben and Omar's mums are talking about things they should do to make nice picnic food. Ben's mum is making a potato dish. First, she boils the potatoes, then she adds in some onions and garlic. Ben is helping his mum in the kitchen. He wants to add lots of salt and pepper. Mum said, "Be careful. It's not healthy." Omar's mum is making a chicken dish. She usually fries the chicken in a little olive oil.

Ben and Omar's families went to the park. The picnic food was nice. They had a great fun.

**A: Answer the following questions:**

1. Who are talking about the picnic food?

.....

2. What is Ben's mum making?

.....

3. Does she boil the potatoes?

.....

4. Where is Ben? Why?

.....

5. What is Omar's mum doing?

.....

6. Where did the two families go?

.....

**B: Choose the correct answer:**

1. Ben wants to add lots of salt and (oil – pepper).
2. Omar's mum (boils – fries) the chicken in a little olive oil.
3. Adding lots of salt and pepper is (unhealthy – healthy).
4. Mum said to Ben, " Be (healthy – careful). "
5. The picnic food was (nice – awful).

**C: Get from the passage:**

1. The meaning of: many = .....
2. The opposite of: awful X .....
3. Vegetables: ...../ .....

**D: Read and classify:**

1. pick the flowers at the park.
2. make noise in the class.
3. swim in a dangerous place.
4. do your homework.
5. help your mum and dad.
6. wash your hands before eating.

You must	You mustn't

في نهاية هذه البطاقة سيكون الطالب قادرًا على أن:

1- يحترم الإشارات ويقدر قيمتها.

الأهداف



عزيزي الطالب:  
الإشارات الموجودة في  
الأماكن العامة وضعت  
لحمايةك وحماية الآخرين،  
وواجبنا جميعاً أن نلتزم  
بها ونحث الآخرين على  
ذلك.

(1) نشاط

### 1- Read the following passage, and then answer the questions below:

Signs are everywhere; we can see them on roads, parks, playground and inside buildings. They tell us what we must and mustn't do. Everyone should follow signs because they keep our lives safe.

#### A: Answer the following questions:

1- Why should we follow signs?

.....

2- Where can you find signs?

#### C: Write a warning about the following sign (Use: must/ mustn't):

.....



## الأهداف

في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

1- يعبر عن حدث وقع في الماضي، مستخدماً زمن الماضي البسيط.

## تلاخيص المحتوى:

**عزيزي الطالب:** تأمل أمثلة الكتاب المدرسي، ومن ثم اقرأ الملخص الآتي:

**Past simple: الماضي البسيط**

- يستخدم للتعبير عن حدث بدأ وانتهى في الزمن الماضي.
- يتكون هذا الزمن من التصريف الثاني للفعل.
- من الكلمات الدالة yesterday – last – ago – in the past
- هناك نوعان من الأفعال في الزمن الماضي (أفعال منتظمة) نضيف لها ed مثل

play → played / watch → watched / pick → picked

● أفعال غير منتظمة (شاذة) وهذه يطرأ تغيير على الكلمة كلها مثل:

go → went / break → broke / eat → ate

## (1) نشاط

**1-Complete with the correct words:**

1. Last weekend, Omar's family ..... (go) to the park.
2. Omar's mum ..... (make) a fried chicken dish.
3. Last Friday, Amy ..... (ride) her bike.
4. Yesterday, Ben ..... (add) lots of salt to the potatoes.
5. Last Friday, mum ..... (cook) a chicken fish.

عزيزي الطالب، لقد أصبحت الآن قادرًا على استخدام زمن الماضي البسيط، والذي يستخدم للتعبير عن أحداث وقعت في الماضي. حاول توظيف ذلك في المواقف الحياتية المختلفة!

في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

- 1- يستخدم must/mustn't للتعبير عن وجوب أو عدم وجوب عمل شيء.
- 2- يستخدم صيغة Could you للطلب المؤدب.

### الأهداف

### تلخيص المحتوى:

- للتعبير عن وجوب فعل الشيء، نستخدم (must) بمعنى يلزم أو يجب.
- للتعبير عن عدم وجوب فعل الشيء، نستخدم (mustn't) بمعنى لا يلزم أو لا يجب.
- يستخدم المصدر بعد must/mustn't .

1. You must pray every day.

أمثلة:

2. You mustn't pick the flowers.

- لتكوين جملة طلب مؤدب (polite request) نستخدم عبارة:

**Could you help me + التصريف الأول للفعل**

Could you help me carry the bag, please?

### نشاط (1)

#### 1- Choose the correct answer:

1. You mustn't (walks – walk) on the grass.
2. Could you (helps – help) me wash the dishes, please?
3. You must (wash – washes) your hands before eating.
4. You mustn't (swim – swims) here. It's dangerous.
5. Could you (puts – put) these books away, please?

لقد قمت بأداء رائع، لديك القدرة الآن على التعبير عن الازام والوجوب بكل سهولة، حاول توظيف ذلك في حياتك اليومية!

## الأهداف

في نهاية هذه البطاقة، سيكون الطالب قادرًا على أن:

- يعبر عن الإشارات مستخدماً **must/mustn't**.

2- يستخدم علامات الترقيم بالشكل الصحيح.

**عزيزي الطالب:** قم بالتعبير عن الإشارة باستخدام **must** للأشياء الصحيحة التي يجب القيام بها، وكذلك **mustn't** للأشياء الخاطئة التي لا يجب القيام بها.

This sign says you **must** be quiet.

أمثلة:

This sign says you **mustn't** ride your bicycle here.

Capital letter at the start of a sentence

• يستخدم الطالب علامات الترقيم المختلفة مثل:

(كتابه الحرف مكبر في بداية الجملة).

• يضع **full stop** ( وضع نقطة في نهاية الجملة ).

مثال: Omar went to the park.

I'm – mustn't (apostrophe) عند الاختصار مثل :

## نشاط (1)

1- Think and write the correct sentences about the signs:



2- Write correctly:

1. the sign says we mustn't swim here

.....

2. be quiet your dads sleeping .....

## **Progress Test (3)**

### **Speaking**

#### **1. Complete the following dialogue:**

salt – help – potato – yes

Ben : What are you doing? Ben's

mum : I'm doing a .....dish.

Ben : Could I .....,please?

Ben's mum : .....of course.

Ben : What should I do? Ben's.

mum : Add lots of.....and pepper.

#### **2. Match ( A ) with ( B ) :**

A		B
1.Where are Rania and Amy's families going?	(   )	She makes a cake.
2.What mustn't you do in the park?	(   )	They are going to the park.
3.What does Rania's mum make?	(   )	You mustn't pick flowers.

### **Reading**

#### **1. Read the passage then answer the questions below :**

"Amy, Ben and their mum are in the kitchen. Their mum is making a fish dish for the picnic. Amy and Ben were helping their mum. Their mum said to Amy " you must fry the fish in hot oil". She said to Ben " you mustn't add a lot of salt " . It was a great dish.

#### **A) answer the following question:**

1. Where are Ben and Amy?

.....

2. What's Amy's mum doing?

.....

### **B) Put ( T ) or ( F ):**

1. Mum is making a kebabs dish for the picnic. (        )
2. Mum said to Ben "you must add lots of salt". (        )
3. The fish was a great dish. (        )

### **C) Find from the passage:**

- 1– a place: ..... 2– an adjective:.....
- 3– two verbs:....., ..... 4– a word that rhymes cry: .....
- 5– the underlined pronoun (their) refers to: ( Amy – mum– Ben and Amy)

### **Vocabulary**

#### **1. Fill in the spaces with words from the box:**

**sign – pepper– must – grass – boil**

- 1– This ..... says 'Be quiet'
- 2– You mustn't walk on the.....
- 3– You ..... wash your hands.
- 4– Lots of salt and ..... is not healthy.
- 5– You ..... the water before you add the sugar.

### **Structure**

#### **1. Correct the underlined verbs:**

1. Last weekend they go to the park. ( ..... )
2. You must washing your hands. ( ..... )
3. You mustn't makes a fire. ( ..... )
4. Amy ride her bike yesterday. ( ..... )
5. Could you helped me put the books on the shelf, please ? (.....)

## Writing

### 1. Write correctly:

1. be quiet im doing my homework

.....

2. you mustnt play the piano when your dads sleeping

.....

### 2. Re-arrange:

1. help / make / soap / you / Could / me / please ?

.....

2. you / me / dishes / help/ please / Could / wash?

.....

## Unit 6: Answer Key

رقم البطاقة	رقم النشاط	رقم السؤال	الإجابة
22	1	1	1. Fried 2. top 3. advice 4. should 5. little
	2	2	( c ) - ( d ) - ( e ) - ( b ) - ( a )
	3	3	Hello – food – should – ice cream – think – sweet – healthy .
	4	4	( 4 ) ( 3 ) ( 5 ) ( 1 ) ( 2 )
23	1	A	1. The food pyramid shows the food you should eat . 2. Because it's not healthy . 3. Because they are healthy . 4. They went on a picnic last Friday . 5. They preferred healthy food . 6. No, they didn't buy fizzy drinks because they are very sweet and not healthy.
			1. F      2. T      3. T      4. F      5. F
			1. bottom / healthy    2. Always / lots    3. Fruit and vegetables 4. Fried food
			<b>Healthy food \ vegetable – rice – fish – fruit</b> <b>Unhealthy food \ Fizzy drinks – fries – burger – ice-cream</b>
			<b>Unhealthy food \ Fizzy drinks – fries – burger – ice-cream – sweet .</b> <b>Healthy food \ vegetable – rice – fish .</b>
24	1	1	1. Shows 2. are 3. makes 4. go 5. prefers.
	1	1	1. You Should eat healthy food. 2. You Should only eat a little chocolate cake. 3. You Should eat lots of ice-cream. 4. You Shouldn't buy burgers and fizzy drinks. 5. You Should eat lots of carrots soup and vegetables.
			1. Amy should eat vegetable soup because it is healthy. 2. You shouldn't buy fizzy drinks because they are very sweet. 3. Omar should eat rice and meat because they make him strong. 4. You shouldn't eat lots of fried food because it makes you fat.
			1. You shouldn't tell lies. 2. You shouldn't eat lots of unhealthy food. 3. You should help your mum. 4. You should pray.
25	1	1	- I like fruit and vegetables because they are healthy food. - I don't like burger and cake because they are not healthy food.
		2	1. Omar should eat rice and meat because they make him strong. 2. Fizzy drinks are very sweet.

## Unit 6: Progress Test: Answer Key

المهارة	رقم السؤال	الإجابة الصحيحة
Speaking	1	Favourite – burger – food – bottom – healthy
	2	1. You should. 2. It's not healthy.
Reading	A	It shows the food you should eat.
	B	1. Sometimes 2. Should 3. Sweet
	C	1. F 2. F 3. F
	D	1. a little-good 2. bottom-always 3. vegetable 4. ice-cream
Vocabulary	1	1. healthy 2. vegetables 3. sweet 4. fried 5. soup
Structure	1	1. thinks 2. prefer 3. is 4. want 5. drink
Writing	1	1. Rania, Ben, Amy and Omar know more about the food pyramid. 2. What food should you eat sometimes? 3. You shouldn't eat lots of fried food.

## Unit 7: Aswer Key

رقم البطاقة	رقم النشاط	رقم السؤال	الإجابة				
26	1	1	2. harvest	2. useful	3. May		
	2	2	1. Could you help me?	2. Yes, of course.			
	3	3	Omar – Good afternoon – olive – Yes – What – oil – soap – See you				
27	1	<p>soap </p> <p>dish </p> <p>million <b>1,000,000</b></p> <p>love </p> <p>hundred <b>100</b></p> <p>thousand <b>1,000</b></p>	wise 	north 	may 		
			harvest 	oil 	useful 		
			<p>1. soap</p> <p>2. May</p> <p>3. millions</p> <p>4. useful</p> <p>5. north</p> <p>6. dishes</p> <p>7. wise</p>				
			<p>1. Omar and Rania are visiting their grandfather's olive farm.</p> <p>2. Yes, they are .</p> <p>3. Because he knows that olives are very healthy .</p>				
		A	<p>1.old      2. grandmother      3. millions</p>				
		B	<p>1. F      2. T      3. F      4. T</p>				
		C	<p>1. Palestine / olive kitchen / north</p> <p>2. knows / harvest</p> <p>3. Omar's grandfather</p> <p>4. old / some useful / healthy</p>				
28	1	D	<p>1. number</p> <p>2. medicine</p> <p>3. pressed</p> <p>4. teacher</p>				
		2	<p>1. ( 4 )</p> <p>2. ( 1 )</p> <p>3. ( 3 )</p> <p>4. ( 2 )</p>				
		3	<p>If the olives trees knew the hands that planted them , their oil would become tears .</p>				
		4					

رقم البطاقة	رقم النشاط	رقم السؤال	الإجابة												
29	1	1	<ul style="list-style-type: none"> <li>- were</li> <li>- was</li> <li>- were</li> <li>- were</li> <li>- was</li> <li>- were</li> <li>- were</li> </ul>												
			<ol style="list-style-type: none"> <li>1. were</li> <li>2. was</li> <li>3. was</li> <li>4. were</li> </ol>												
30	1	1	<ol style="list-style-type: none"> <li>1. May I open the window?</li> <li>2. May I come in , please?</li> <li>3. May I help you carry the books?</li> <li>4. May I help you with your homework?</li> </ol>												
			<ol style="list-style-type: none"> <li>1. Can I come in, please?</li> <li>2. Can I use your mobile, please?</li> <li>3. Can I play a game, please?</li> <li>4. Can I use your book, please?</li> </ol>												
	2	3	<ol style="list-style-type: none"> <li>1. What can you see in the farm ?</li> <li>2. Most of olive trees are in the north of Palestine .</li> <li>3. May I help you ?</li> </ol>												
31	1	1	<ol style="list-style-type: none"> <li>1. try</li> <li>2. visit</li> <li>3. love</li> </ol>												
	2	2	<ul style="list-style-type: none"> <li>- <b>Fruits</b> \ olive – apple – mango</li> <li>- <b>Directions</b>\ north – south – east</li> <li>- <b>Numbers</b>\ hundred – thousand - twenty</li> </ul>												
32	1	1	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">north</td> <td style="width: 50%;">oil</td> </tr> <tr> <td>million</td> <td>soap</td> </tr> <tr> <td>useful</td> <td>may</td> </tr> <tr> <td>love</td> <td>hundred</td> </tr> <tr> <td>dish</td> <td>harvest</td> </tr> <tr> <td>Thousand</td> <td>wise</td> </tr> </table>	north	oil	million	soap	useful	may	love	hundred	dish	harvest	Thousand	wise
north	oil														
million	soap														
useful	may														
love	hundred														
dish	harvest														
Thousand	wise														
33	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%;">love</td> <td style="width: 25%;">wise</td> <td style="width: 25%;">May</td> <td style="width: 25%;">olive oil</td> </tr> <tr> <td>million</td> <td>dish</td> <td>north</td> <td>harvest</td> </tr> <tr> <td>hundred</td> <td>soap</td> <td>thousand</td> <td>useful</td> </tr> </table>	love	wise	May	olive oil	million	dish	north	harvest	hundred	soap	thousand	useful		
love	wise	May	olive oil												
million	dish	north	harvest												
hundred	soap	thousand	useful												

## Unit 7: Progress Test: Answer Key

المهارة	رقم السؤال	الإجابة الصحيحة									
Listening	1	<ul style="list-style-type: none"> <li>- ( 5 )</li> <li>- ( 4 )</li> <li>- ( 3 )</li> <li>- ( 1 )</li> <li>- ( 2 )</li> </ul>									
	2	<ul style="list-style-type: none"> <li>- Oil</li> <li>- One million</li> <li>- love</li> </ul>									
Speaking	1	<ul style="list-style-type: none"> <li>- Amal</li> <li>- Good afternoon</li> <li>- olive</li> <li>- Yes</li> <li>- What</li> <li>- oil</li> <li>- soap</li> <li>- Thank</li> </ul>									
Reading	A	<p>1- More than 150 years old.      2- Because we use it in some medicine and for making soap.</p>									
	B	<p>1- 150      2- medicine      3- olive oil</p>									
	C	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Farm</td> <td style="width: 50%;">harvest</td> </tr> <tr> <td>Palestine</td> <td>150</td> </tr> <tr> <td>more</td> <td>north</td> </tr> <tr> <td>soap</td> <td></td> </tr> <tr> <td>tree</td> <td>some</td> </tr> </table>	Farm	harvest	Palestine	150	more	north	soap		tree
Farm	harvest										
Palestine	150										
more	north										
soap											
tree	some										
Vocabulary	1	<p>1- dish      2- harvest      3- oil      4- millions      5- wise</p>									
	2	<p><b>Fruits\</b> olive- banana- apple.  <b>Directions\</b>north-south-east.  <b>Numbers\</b>hundred-thousand-millions.</p>									
Structure	1	1-are 2-are 3-make 4-drink 5-go									
Writing	1	<p>1- Palestine is the land of olive trees.      2- medicine</p>									
	2	<p>1- What can you see in the farm?      2- Most of olive trees are in the north of Palestine.      3- May I help you?</p>									

## Unit 8: Answer Key

رقم البطاقة	رقم النشاط	رقم السؤال	الإجابة						
34	1	1	1-smell	2-must	3-hungry	4-careful	5-sign	6-stones	7-grass
	2	2	1- hungry	2-fire	3-garlic	4-pepper	5-salt		
	1	1	Good morning	- could	- of course	-be	-healthy	-get \ must	
	2	2	1-Get ready	2-sorry!	3-Could you come				
35	1	A	1-Ben and Omar's mums.						
			2-A potato dish.						
			3-Yes, she does.						
			4-Ben is in the kitchen because he is helping his mum.						
			5-She's making chicken dish.						
			6-They went to the park.						
		B	1-pepper	2-fries	3-unhealthy	4-careful	5-nice		
36	1	C	1-lots	2-nice	3-potatoes	\onions			
			2-mustn't	3-mustn't	4-mustnt	4-must	5-must	6-must	
	1	A	1- Because they keep your lives safe.						
			2- Everywhere: on roads, parks, playground and inside building						
		B	1-You mustn't make a fire.						
37	1	1	1-went	2-made	3-rode	4-added	5-cooked		
			1-walk	2-help	3-wash	4-swim	5-put		
	1	2	1-The sign says we mustn't swim here.						
			2-Be quiet! Your dad's sleeping						

## Unit 8: Progress Test: Answer Key

المهارة	رقم السؤال	الإجابة الصحيحة
Speaking	1	Potato -help -Yes -salt
	2	1-(3) 2-(1) 3-(2)
Reading	A	1-Amy and Ben are in the kitchen. 2-She's making a fish dish for the picnic.
	B	1-F 2-F 3-T
	C	1-kitchen 2-a great 3-said \fry 4-fry 5-Ben and Amy
Vocabulary	1	1-sign 2- grass 3-must 4-pepper 5-boil
Structure	1	1-went 2-wash 3-make 4-rode 5-help
Writing	1	1-Be quiet! I'm doing my homework. 2-You mustn't play the piano when your dad's sleeping.
	2	1-Could you help me make soap, please? 2-Could you help me wash dishes, please?