

## 3 Days trip in Rishikesh, Uttarakhand, India

23 Oct, 2024 - 25 Oct, 2024

## Day 1

Location	City	Description	Duration
Parmarth Niketan Ashram	Rishikesh	A renowned ashram in Rishikesh, offering yoga, meditation, and spiritual retreats.	120
Triveni Ghat	Rishikesh	A sacred confluence of the Ganges, Yamuna, and mythical Saraswati rivers.	60
Ram Jhula	Rishikesh	A suspension bridge over the Ganges River, offering scenic views and a spiritual experience.	60
Laxman Jhula	Rishikesh	A historic suspension bridge over the Ganges River, offering stunning views and a connection to Hindu mythology.	60
Neelkanth Mahadev Temple	Rishikesh	A revered Hindu temple dedicated to Lord Shiva, nestled in the Garhwal Himalayas.	120

## Day 2

Location	City	Description	Duration
Yoga and Meditation Session	Rishikesh	Rishikesh is known as the 'Yoga Capital of the World' and offers various yoga and meditation retreats.	120
Ganga Aarti	Rishikesh	A mesmerizing Hindu ritual performed on the banks of the Ganges River.	60
Rajaji National Park	Rishikesh	Rajaji National Park is a wildlife sanctuary in Uttarakhand, India, known for its diverse flora and fauna, including tigers, elephants, and leopards.	180
Beatles Ashram	Rishikesh	The Beatles Ashram, also known as the 'Chaurasi Kutia,' was a spiritual retreat for the Beatles in the 1960s.	60

## Day 3

Location	City	Description	Duration
Shivpuri	Rishikesh	A serene village nestled in the Garhwal Himalayas, known for its scenic beauty and adventure activities.	120
White Water Rafting	Rishikesh	Uttarakhand offers thrilling white water rafting experiences on the Ganges and other rivers.	180
Rishikesh Market	Rishikesh	A bustling night market in Rishikesh, offering a vibrant mix of local crafts, souvenirs, and street food.	120