

MONITORING AND EVALUATION

Monitoring is the routine process of systematic collection and analysis of data to assess a program's progress. Continuously monitor the data and use it for quality improvement and decision-making. Evaluation is the process of systematically aggregating and synthesizing various types and forms of data for the purpose of showing the value of a particular program (FMoH 2016:37).

Mentoring and supportive supervision

Mentoring

Mentoring is a transformational process that seeks to help individuals develop and apply knowledge to improve themselves on an on-going basis. It is part of the continuum of

education required to produce competent health care providers. Coaching is the process of unlocking a person's potential in order to maximize his or her own performance. Improvement processes in

clinical practice and health care systems can be accelerated with mentoring and coaching. Manzi, Hirschhorn, Sherr, Chirwa, Baynes, and Awoonor-Williams (2017).

7.4.1.1 Supportive supervision

Supervision is helpful. In many low-income countries, supervisory mechanisms are underutilized, irregular, and unhelpful. A shift that increases capacity for internal supportive supervision at lower levels of service delivery will reduce logistical and logistical implementation challenges. The quality of supportive supervision is more important than the frequency; human interactions based on trust, confidentiality, and empathy are important (Avortri, Nabukalu & Nabyonga-

Orem 2019: e001151).

7.4.2 Record keeping and reporting

Health care providers should maintain proper records. Each service should be age disaggregated and show service utilisation by adolescent clients. Service delivery outlets should document and report service provision to the nearest health structure (FMoH 2017a: 74).

Health care provider assessments

The FMoH (2017a: 89) requires assessments of health care service providers, including the number of health care service providers trained in the provision of various services (see Table 6.4 for a list of services).

Indicators: Number of health care providers available in the given facility, Numbers of Health care providers trained in the provision of the following AGSRH services

Table 7.9.2 List of indicators useful to monitor the provision of AGSRH services, Number of health providers provides the following services for adolescent girls

<ul style="list-style-type: none">• Information and counseling services• Contraceptive counselling and services• Comprehensive abortion care• Post-abortion contraceptive• Sexually-transmitted infections screening and treatment• HIV testing and counseling	<ul style="list-style-type: none">• Antenatal care• Postnatal care• Diagnosis and care for survivors of sexual violence• Adolescent nutrition including anemia
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Source: FMoH (2017:89)

Table 7.9.3 The major relevant intervention areas in the Guidelines for Adolescent SRH services are summarized below.

Guidelines	Intervention
Health education and counseling	<ul style="list-style-type: none"> • Effective communication with adolescent clients • Physical and pubertal development • Menarche and menstrual management • Life skills education • Consultation with adolescent clients
Contraceptive counseling and provision	<ul style="list-style-type: none"> • Contraceptive methods mix • Short acting contraceptives (OCP, condoms and injectables) • Implants provision • Intrauterine device (IUD) • Levonorgestrel intrauterine device • Contraceptive service delivery modalities • Increased use of contraceptives by adolescent girls • Contraceptives services for adolescent girls • Quality of contraceptive service for adolescent girls • Integration of contraception counseling and provision • Dual protection provided by available contraceptive methods • Infection prevention in family planning clinics

Comprehensive abortion care	<ul style="list-style-type: none">• Clinical interview and examination• Legal provisions for safe abortion services for adolescent girls• Article 551 of the penal code• Health care providers• Abortion services for adolescent clients• Abortion care services• Perform abortion care procedures• Abortion services by level of care• Medical abortion• Surgical abortion• Classification of abortion
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	<ul style="list-style-type: none"> • Elements of post-abortion care, • Post-abortion FP services • Recognizing and referring complications • Essential basic supplies for surgical abortion
Prevention, control and treatment of STI services	<ul style="list-style-type: none"> • Sexually-transmitted infections in adolescent clients • Approaches to STIs management and comprehensive care package • Practical considerations when managing STIs among adolescent clients • Prevention and management of STIs • Risk of cervical cancer and prevention • Causes of Infertility and prevention
Prevention, control and treatment of HIV services	<ul style="list-style-type: none"> • Modes of transmission of HIV • Adolescent clients' vulnerability to HIV • Combination prevention intervention for HIV • Approach to care and treatment of adolescents living with HIV (ALHIV) • Adherence of adolescents LHIV • Improve PMTCT services for adolescent clients living with HIV
Antenatal, intrapartum and postnatal care services	<ul style="list-style-type: none"> • Antenatal, intrapartum and postnatal care services • Pregnancy during adolescence • Adolescent pregnancy and intrapartum risks • Increase use of skilled care during ANC, SBA and PNC among adolescents • Skilled care during pregnancy • Antenatal care for adolescent clients • Management of labor and delivery • Postpartum care • Care of the newborn
Gender-based violence services	<ul style="list-style-type: none"> • Response and support services for prevention of violence against adolescents • Gender-based violence prevention, support and care (GBV) • Health system response to GBV

	<ul style="list-style-type: none"> • Multi-sectoral response to GBV • Referral to social, economic and legal support • Ethical conduct in GBV management • Assess whether the intervention may increase GBV • Psychological and mental health interventions in short term and long term • HIV post-exposure prophylaxis treatment and adherence • Pregnancy prevention and management among girls who have been sexually abused
Adolescent nutrition services	<ul style="list-style-type: none"> • Adolescent nutrition requirements • Adolescent nutrition food pyramid • Micronutrient deficiencies • Nutrition assessment and counselling • Nutrition intervention for adolescent girls • Promotion of healthy eating and physical activity
Monitoring and evaluation	<ul style="list-style-type: none"> • Supportive supervision and clinical mentoring • Record keeping and reporting • Health care provider assessments • Indicators in AGSRH services