



Figure 1.2 The parts of a nerve cell or neuron. Each neuron consists of a cell body, or soma, that contains a cell nucleus. Branching out from the cell body are a number of fibers called dendrites and a single long fiber called the axon. The axon stretches out for a long distance, much longer than the scale in this diagram indicates. Typically, an axon is 1 cm long (100 times the diameter of the cell body), but can reach up to 1 meter. A neuron makes connections with 10 to 100,000 other neurons at junctions called synapses. Signals are propagated from neuron to neuron by a complicated electrochemical reaction. The signals control brain activity in the short term and also enable long-term changes in the connectivity of neurons. These mechanisms are thought to form the basis for learning in the brain. Most information processing goes on in the cerebral cortex, the outer layer of the brain. The basic organizational unit appears to be a column of tissue about 0.5 mm in diameter, containing about 20,000 neurons and extending the full depth of the cortex about 4 mm in humans).

We now have some data on the mapping between areas of the brain and the parts of the body that they control or from which they receive sensory input. Such mappings are able to change radically over the course of a few weeks, and some animals seem to have multiple maps. Moreover, we do not fully understand how other areas can take over functions when one area is damaged. There is almost no theory on how an individual memory is stored.

The measurement of intact brain activity began in 1929 with the invention by Hans Berger of the electroencephalograph (EEG). The recent development of functional magnetic resonance imaging (fMRI) (Ogawa *et al.*, 1990; Cabeza and Nyberg, 2001) is giving neuroscientists unprecedentedly detailed images of brain activity, enabling measurements that correspond in interesting ways to ongoing cognitive processes. These are augmented by advances in single-cell recording of neuron activity. Individual neurons can be stimulated electrically, chemically, or even optically (Han and Boyden, 2007), allowing neuronal input–output relationships to be mapped. Despite these advances, we are still a long way from understanding how cognitive processes actually work.

The truly amazing conclusion is that *a collection of simple cells can lead to thought, action, and consciousness* or, in the pithy words of John Searle (1992), *brains cause minds*.

