

What does it mean for sleep 8 work to be expected to take 8

What do we do with the other 8 hours in the day once the sleep & work stages have run their course?

Does everyone work an 8 hour week if they share skill level, transferable experience, & measurable outcomes within 15 to 90 days?

What might the end of the day look like if I had already showed up?

What is a measurable outcome I can induce for myself today that I can introduce for me and at least 1 person that can show observable evidence of living changed in 3 days?

How might thinking about skill acquisition about simply establishing the onset of the habit impact how said 3 of 21 days would setup the other 18 days?

What would it look like if we took breaks after every 3 days?

21 days of habit building & 7 cyclical days of breaks as padding too.

28 days in total and definitely within the range of the possible lowest # of days in a month

Monday May 17th, 2021

If globalization created time zones...Let's try again...If globalization requires us to adapt to time zones, what can we objectively observe, align, & scout as possible opportunities for collaboration in close-to real time; inverse day and night time; and alternating between the large blocks of our day?

As Covid off ramp begins to confront academia staff & researchers with sudden realities of what will now become an increasingly hostile tensions between FBI/Intelligence! Washington and increasingly more distributed and diverse research staff; jurisdiction & attribution that will be evermore digital yet blurred in borders; and non-homogenous of a reality that Chinese, Russian i, & other-sanctioned states wouldn't be the only recipients of...

If it helps: I am Ethiopian but I imagine I would get an audit too if I decided to go to college. I am an entrepreneur wi desires to build world class organizations that can attract the best & most impactful talent. Now, would the FBI want to know my relationships with the C.S. Department and probably give me some run downs on what examples of moving too fast would look like...Okay maybe not he last part. You have to figure that out yourself. Generally, if you're building genuine connections and there's a you're building genuine connections and there's a you're building enuine connections and there's a you're building and will be connections and there's and degree of fidelity that - if at all-binds your relationship in deviations of what the reasonable student might expect to reach within similar time, constraints, & opportunities. (Forgive mei fl. sound tone deaf... this is hard and I'm not trying to be here too long)

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