### **Government Assistance**

Assured Income for the Severely Handicapped (AISH)
Calgary Transit Free Bus Training
Persons with Developmental Disabilities (PDD)
Inclusion
McMan Youth Family and Community Services
Association
Transition Planning Sheet

### **Post-Secondary Education**

**Bow Valley College** 

Columbia College

Mount Royal University

Olds College

Saint Mary's University\University of Calgary

### **Employment and Day Programs/Residential Programs**

Ability Hub (The)

Advocacy in Motion Society

Calgary Alternative Support Services (CASS)

Calgary Scope Society (SCOPE)

Champions

**Developmental Disabilities Resource Center of Calgary (DDRC)** 

Independent Counselling Enterprises INC (ICE)

New Age Services (NAS)

**Prospect (Target Supported Employment)** 

Resourceful Futures Community Support LTD (RFCSL)

**Spring Board Center** 

Supported Lifestyle LTD

Vecova

Youth Employment Program (YEP)

### **Websites**



### GOVERNMENT ASSISTANCE





### ASBI

### What are the Eligibility Criteria for AISH? Severe Handicap

- You must have a severe handicap that substantially limits your ability to earn a living. Your disability must be the main factor limiting your ability to earn a living. Other factors such as age or level of education are not considered in determining eligibility.
- · Your disability must be permanent.
- There must be no training, rehabilitation or medical treatment that would help you be able to work enough to earn a livelihood.

### **Income and Assets**

- Your income and the income of your cohabiting partner must not exceed the limits allowed under the program.
- Your assets and the assets of your cohabiting partner must not exceed the limits allowed under the program.
- You must apply for all other income benefits you are eligible for (e.g. Canada Pension Plan Disability benefits).
- You must claim or collect the benefit of any asset you are eligible to receive.

### Age

You must be 18 years or older, and not eligible to receive an Old Age Security pension.

### Residency

- You must be a permanent resident of Alberta.
- You must not be residing in an institution (e.g. a correctional centre or a psychiatric hospital).

Find out more about the Assured Income for the Severely Handicapped Program at humanservices.alberta.ca/aish, or call Alberta Supports at 780-644-9992 in Edmonton or 1-877-644-9992 from other areas. You can also call 310-0000 to be connected to an AISH office.



### Applying for AISH



### How do I apply for AISH?

To apply for AISH, you can access an AISH application form at www.seniors.gov.ab.ca/aish/forms/or by contacting your local AISH office in your community.

To locate the nearest AISH office, contact the Service Alberta Operator toll-free at 310-0000 or refer to the online Office Location tip sheet at www.humanservices.alberta.ca/aish.

The AISH application package contains forms to assist with the collection of basic information about your and your cohabiting partner's income and assets.

### What happens when I apply?

When AISH receives your completed application package, a two-step review process begins.

- First, your income and asset information is reviewed to determine if you meet the financial requirements. If you have not provided all of your financial information, a letter will be sent to you requesting this information.
- Second, if it is determined you are financially eligible for AISH, a medical report will be sent to you to be completed by your doctor. You will need to pay for this medical report to be filled out unless you are receiving benefits through the Alberta Works Income Support program. A form reporting your mental functioning may also be required depending on your disability.

Additional information may be requested by the AISH worker at any time during the application review process to better assess your financial or medical eligibility. If it appears that you meet the financial and medical eligibility requirements for AISH, an AISH worker will contact you to schedule an appointment and answer any of your questions.

### When will I hear if I am eligible for AISH?

The length of time it takes for AISH to make a decision on your eligibility depends on how quickly you can provide complete documents regarding your application. Any inquiries regarding the status of your application should be made to your local AISH office.





### **Calgary Transit**

"To provide safe, accessible and courteous public transportation services in response to the needs of our customers



Calgary Transit wants everyone to enjoy the convenience and independence of its services. That's why Calgary Transit offers training and materials for people with disabilities and senior citizens who want to learn to use Calgary Transit's accessible services.

Calgary Transit's Travel Training program and materials are offered free to agencies.

### Who Benefits From Travel Training?

Seniors or individuals with disabilities who are travel trained will gain a sense of self confidence and independence when using Calgary Transit services. Becoming travel trained opens the doors to opportunity, by increasing awareness in the community of the capabilities of seniors or individuals with disabilities. Travel training is offered throughout the year.

### Go to Website: http://www.calgarytransit.com/accesscalgary/travel\_training.html

The Get on Board Travel Training Summer Camp will aim to teach participants how to ride on public transit. It will provide both classroom and actual bus/C-Train training.

- The goal of travel training is to identify what skills individuals possess related to and needed for safe transit use as well as those skills that require improvement
- Students will have "homework" sent home daily to assist them practice with routes and locations.
- Students will learn what transit is and how it operates
- Students will learn the key elements of planning, implementing and following through a bus route/C-Train trip
- Day camp is 3 hours in length for 4 consecutive half days
- A \$25 fee for attendance with 100% refund if they attend the whole session
- Tickets for the camp will be supplied.
- Space limited to 6 participants per session. Parents should indicate order of preference on form if they want to attend a specific session.

Registration form must be fully completed, and then a confirmation of acceptance will be sent out with an information sheet on what to bring to camp on the first day.

### **How Can I Get More Information?**

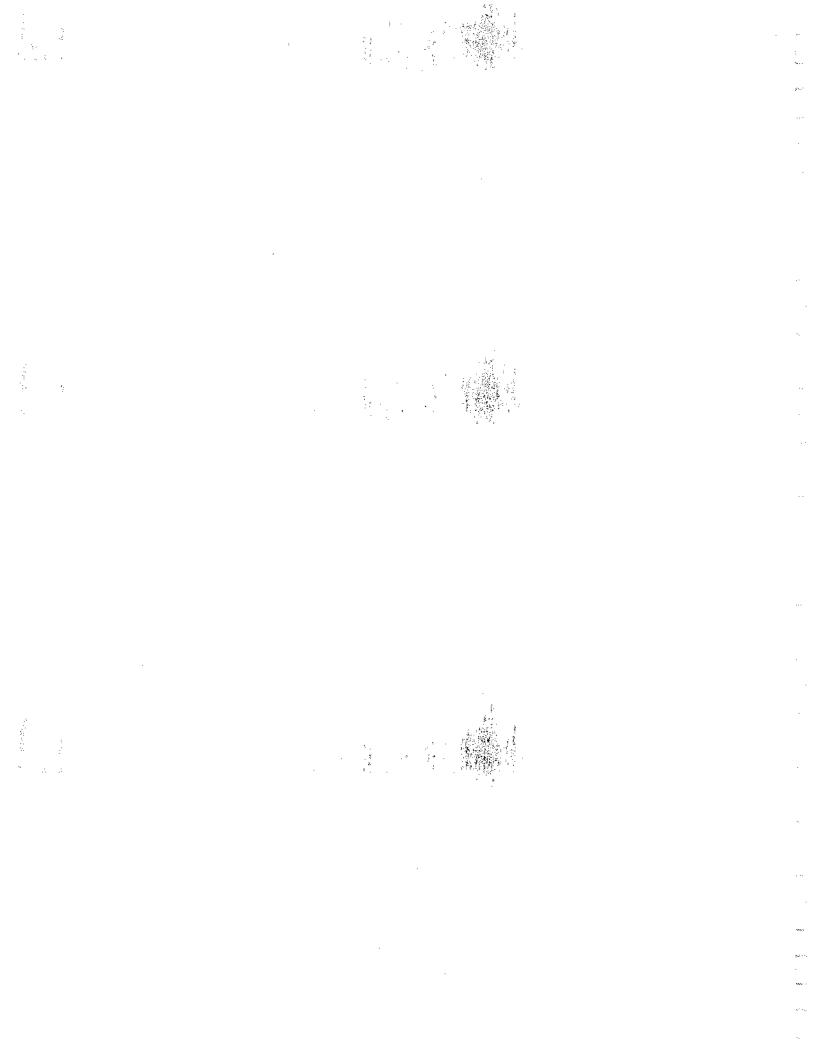
To arrange presentations, or obtain more information, please contact Calgary Transit at 403-537-7770.



### **Calgary Transit**

"To provide safe, accessible and courteous public transportation services in response to the needs of our customers







### Persons with Developmental Disabilities (PDD)

Calgary Region Community Board

600, 1520-4th Street SW
Calgary, AB T2R 1H5
Phone: 403-297-5011
Email: pdd.calgaryboard@gov.ab.ca

### http://humanservices.alberta.ca/disability-services/pdd.html

PDD pays for staff to help adult Albertans with developmental disabilities to be a part of their community and live as independently as they can.

The program funds four kinds of staffing supports:

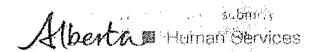
- Community Living Supports help individuals in their home (for example: meal planning and housekeeping)
- Employment Supports train, educate and support individuals to get and keep jobs
- Community Access Supports help individuals participate in their community (for example: volunteering, going to clubs, sports and other activities)
- Specialized Community Supports are generally short-term supports to help with special

### Who can get help from PDD?

To be eligible for PDD, a person must be an adult (18 or older) and meet these three criteria:

- The individual must have a "significant limitation in intellectual capacity." This means an IQ score of 70 or below.
- II. The individual must have a "significant limitation in adaptive skills." This means the individual needs help with daily living activities like making food. PDD measures this by checking whether the person needs help with six or more out of <u>24 typical skills</u>.
- III. The individual must have had both of these two limitations before he or she turned 18.

For more detailed information about these eligibility criteria, see the <u>Developmental Disabilities Guide</u> (http://humanservices.alberta.ca/disability-services/pdd-developmental-disabilities-guidelines.html)



### How does it work?

PDD services are provided by service providers in the community. PDD service providers are agencies that specialize in helping people with disabilities. PDD gives these agencies money to pay for the staff supports that individuals need

PDD services can also be provided through a Family Managed Services agreement. With Family Managed Services, an individual with a developmental disability, their family, or a close friend can directly hire staff or a service provider that has been approved by the PDD program. For more information on this, visit our <u>Family Managed Services section.</u> (http://humanservices.alberta.ca/disability-services/pdd-fms.html)

### How do I get help from PDD?

To apply for funding through the PDD Program, please fill out and submit the <u>PDD registration form.</u> Once we receive your form, someone from the PDD Program will contact you as soon as possible to talk to you about how we can help you. If you need help filling out this form, call <u>1-877-644-9992</u> (your call is free if you are in Alberta)

### **Quick Guide to PDD**

### **Community Living and Inclusion**

Employment supports and community living supports help individuals live as independently as possible in their home (e.g. a staff person to help with meal planning and housekeeping) have the most significant impact and the most positive outcomes for individuals.

### **Community Access**

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Funding is being re-allocated to support the increased focus on employment for people with disabilities. Approximately \$54 million remains in place to support programs and activities that encourage community involvement for people who do not have employment as a goal. In some areas, PDD will work with service providers to shift their programs to an employment focus to meet the needs of people being served in the region.



### **Increasing Employment Supports**

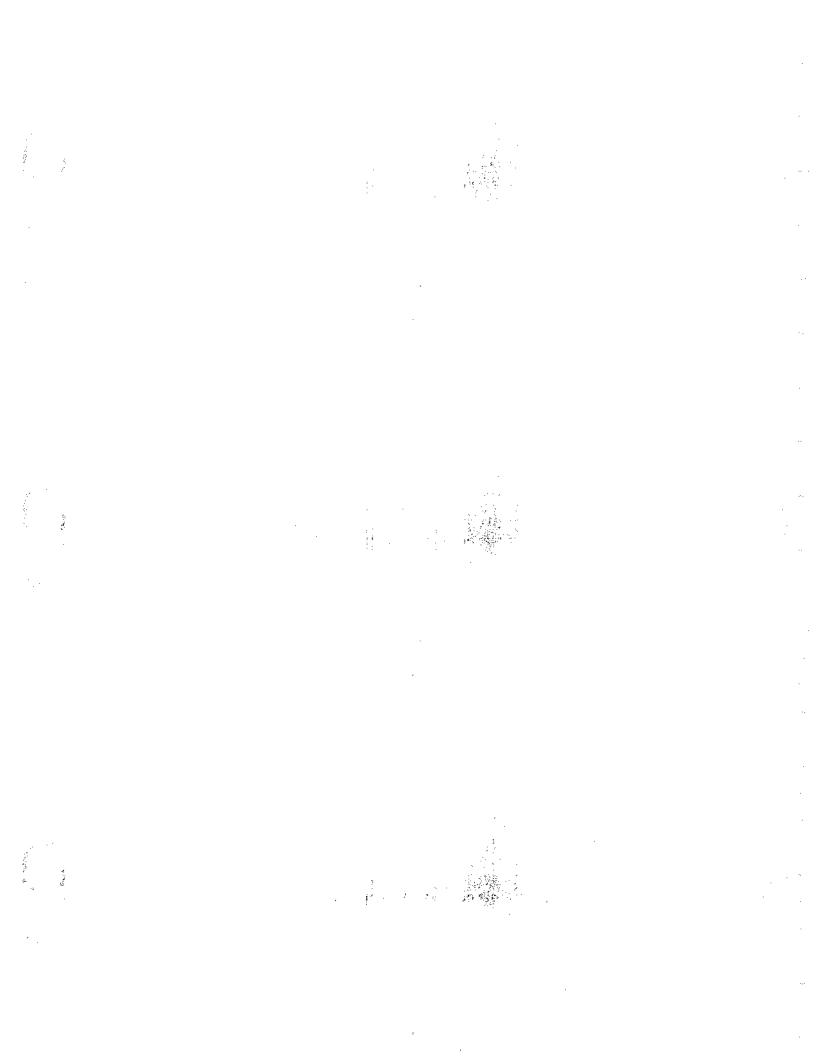
A new employers' council and support from Alberta Works will help people with disabilities to overcome employment barriers and improve employment opportunities and supports for persons with disabilities. People will be supported to work as much as they are able and as much as they want to in order to meet their individual goals. The intent is not that everyone is working 40 hours a week, but that people are participating in meaningful employment-related activities and enjoying the personal pride and social opportunities that working provides. About 18% of people supported through PDD are employed in some fashion. Meaningful employment increases a person's sense of independence and self-worth, and helps them enjoy a full and rewarding life as a part of their community. About 60% of PDD-funded individuals have been assessed as having low needs. That means most of these people are probably employable to a certain degree. Many individuals who receive support from PDD have indicated that employment is one of their goals.

### Services that Match Support Needs

PDD will be using the <u>Supports Intensity Scale (SIS)</u> to provide a fair and consistent way to assess needs. SIS measures the pattern and intensity of help an adult with developmental disabilities needs to succeed at various tasks and be as independent as possible. Information provided in interviews with individuals and their supporters is used to determine where a person fits on a scale that ranges from low support needs to a need for extraordinary behavioral supports. In addition, PDD evaluates other factors to determine an individual's funding levels, including: geographic location; the individual's unique support plan, which includes their dreams and goals, and the extent of a person's natural support network of family, friends and community. <u>PDD funding</u> decisions can be appealed.

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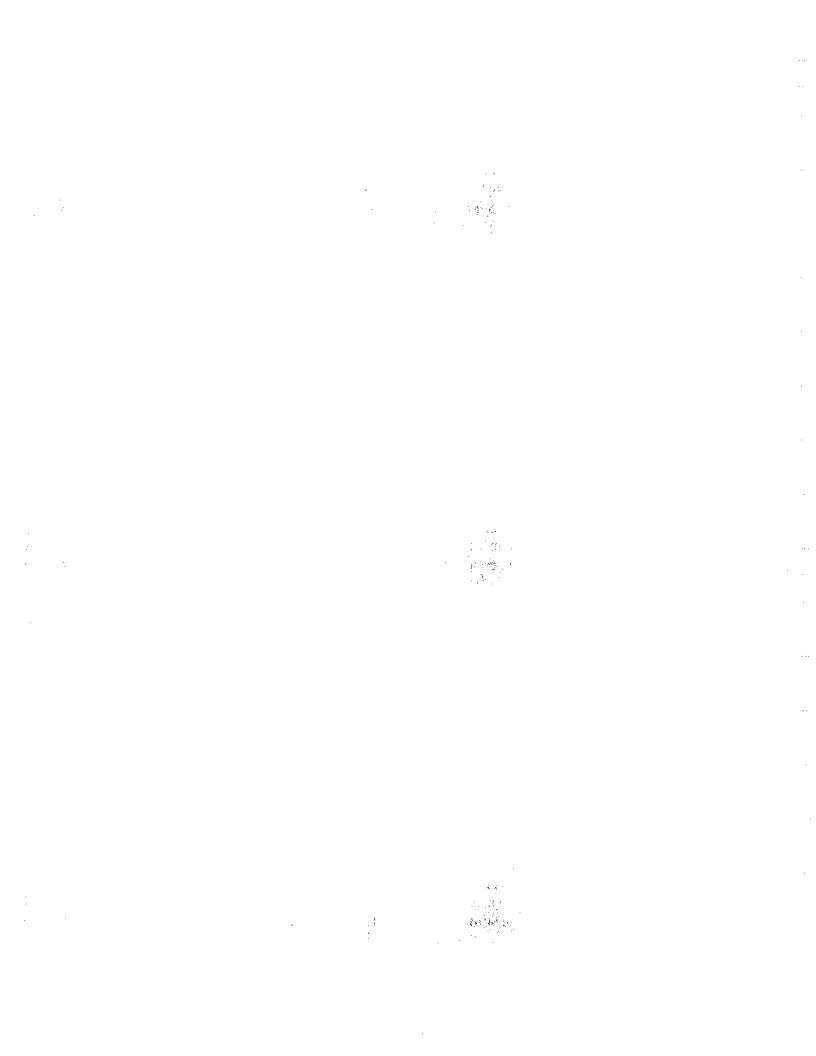
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Alberta Call Toll-Free: 1-800-252-7556 Email: mail@aacl.org

Website: http://www.aacl.org/

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### McMan Youth Family and **Community Services Association**

Administration Office	Program Office	Okotoks Office
#1, 4004 19 Street NW	#80, 6712 Fisher Street SE	206 Stockton Avenue
Calgary, Alberta T2L 2B6	Calgary, Alberta T2H 2A7	Okotoks, Alberta T1S 1B1
Tel: (403) 508-6259	Tel: (403) 508-7742	Tel: (403) 995-5473
Fax: (403) 508-7757	Fax: (403) 280-6339	Fax: (403) 995-5478
Calgary@mcman.ca		

### **Since 1975**

### Making a Difference in Our Community

Since opening its first program in 1975 McMan Youth, Family and Community Services Association has grown and evolved into a dynamic not-for-profit social service agency that provides a comprehensive range of programs. McMan is a well-respected organization and has earned a solid reputation as a responsive, highly competent and innovative partner in service delivery.

McMan is made up of people who truly care – from our local boards of directors to our professional staff and our volunteers. We care about what we do, we care about the people we serve, and we care about the society in which we live.

Providing Quality Services Since 1975
Helping Over 12,000 People a Year
Employing Close to 1200 Staff

### Services

- FAMILY & COMMUNITY SUPPORT
- FETAL ALCOHOL SPECTRUM DISORDER (FASD)
- HOMELESSNESS & HOUSING SUPPORT
- YOUTH & OUTREACH SUPPORT

Through our evidence-based service delivery, we see individuals make positive choices in their lives. At McMan Calgary & Area, we know every positive choice leads to another, which empowers individuals for long-term success.

Our practice framework consists of beliefs and principles that are interconnected with our agency's core values. We are supported and guided by principle based practice. These principles are what shapes and guides our programs and services in their continuing success in supporting children, youth and families in our community.

### The following principles guide our practice:

### Empowerment

To give families and youth the opportunity to have voice and choice in decisions that affect their lives.

### Strength Based

We believe that every individual has value and unique strengths that if identified and encouraged will impact optimal success for their future.

### Collaboration

Our approach is to collaborate and build respectful relationships with families, community agencies and stakeholders. We strive to provide effective and timely services with a focus on one integrated plan.

### Individualized

We believe that families and youth should be provided services designed to meet their individual needs. All services and supports should be tailored with respect to the unique culture of the youth and families, including race, ethnicity, habits, preferences and beliefs.

### Connection

We encourage and support youth and families to maintain relationships that are important to them. We strive to reconnect and build natural supports that encourage an individual's sense of belonging. This is also practiced by connecting families and youth to the communities in which they live

### **Contacts**

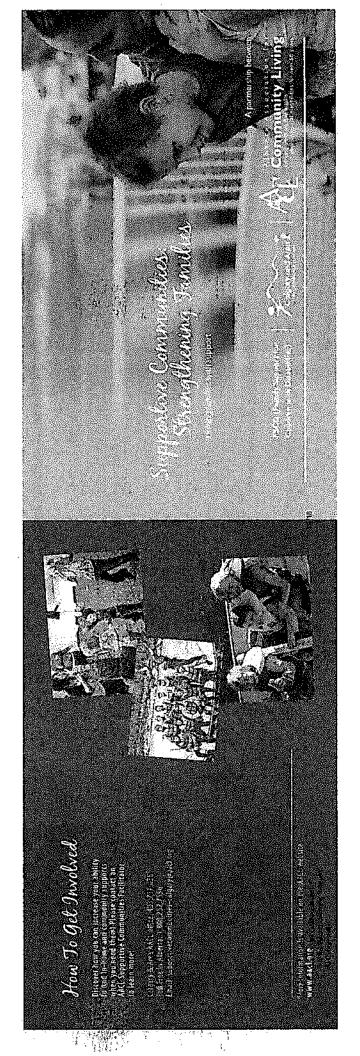
Parent-Link Centre: (403) 293-5467

Volunteer Coordinator: (403) 508-0442

Program Contact Information

Program	Telephone Number
FASD Maps	(403) 508-7733
Foster Care (Foster Parent Line)/Respite Care Connection	(403) 508-7665
Housing & Support Services Hope Homes, Aboriginal Hope Homes	(403) 508-0808
Journey's Family Development Program	(403) 995-5473
KICKSTART/RESTART	(403) 508-0807
Life Skills	(403) 508-7751
Milestones	(403) 508-7733
Pathways	(403) 508-7722
Parent-Child Assistance Program (P-CAP), Parent-Child Assistance Program Rural (P-CAP Rural) & Parent-Child Assistance Program-Expanded Enrollment (P-CAP-EE)	(403) 590-3285
PSECA	(403) 297-4596
CYOC Wraparound	(403) 662-3562





# What Families Have Said About Community Inclusion





# What can This Partnership do for My family?

- . Are you the parent of archito with a disability?
- Would you like your child to participate in spots) recreational
  activities from playgrounds to organized sports, from music
  lesions to reenage dances?
  - Have you had difficulties in the part accessing inclusive activities for your child with disabilities?
- . Dayoù struggie to find adequate supports for you or your child?

If you answered yes to any of these questions you may benefit from. this new community partnership.

- 1. Increased access to inclusive recreation and leisure activities in your contribution.

  2. A community displays force of volunteers and support staff for families (16 floors from when in need of extra support.
- 3. Improved opposition support both at home and in the community.



03/16

## Community Prans

## INCLUSION ALBERTA

we share a dream of meaningful family life and community inclusion for individuals with developmental organization We support families and individuals in their desire to be fully Association for Community Living) is a that advocates on behalf of children disabilities. As an advocacy inclusion Alberta (formerly Alberta family based, non-profit federation and adults with developmental disabilities and their families. Together, included in community life.

## ALBERTA HUMAN SERVICES.

Provides the funding and support to disabilities to live, work and participate assist adults with developmental in their communities as valued citizens: If you are interested in knowing how you or your Club can become intended in the Rotary Employment Partnership, please contact:

Mendy McDonald,

Development's Employment, 780-974-1330, Rotarian, District 5370 Rotary Employment Inclusion Attierta Executive Director, Partnership Committee Chair and emedonața binclusionalberta org

Brane Uditsky

180-940-4258.4810/tclikeli/J30k56Nmatberta.nrg Inclusion Alberta's Chief Executive Offices Partnership Committee Member and Rotarian, District 5370 Employment

SGOL Create

## 



"What do you want to be

when you grow up?"







rates intexities of 70%.





asks their child, However, if you are a young person with developmental disabilities, the question isn't as simple as it is feet ther young people, although it is as important. People with developmental disabilities have historically experienced unemployment This is a question wirtually every parent

just need the right opportunity. Those inclusion Alberta's Rotary Employment Partnership is working to reverse this Rotarians who are opening the doors of create meaningful jobs, while making Chanks to Alberta Rotary Clubs, statistic. People with developmental disabilities can and want to work. They opportunities are being provided by their businesses and their networks to dreams come true.



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# Making a DIFFERENCE by WORKING TOGETHER

Like everyone else, people with developmental disabilities have may surprise you, inclusion Alberta and its community partners provide all the necessary assistance and strengths and interests, talents and abilities, Their talents and skills follow-up to ensure success.

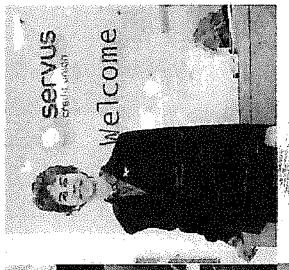
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If you are a mentioned wondering if someone with a developmental disability could work in your business; ronsider the following:

- disabilities rated average of higher on attendance than their non-disabled · 86% of people with developmental
- disabilities rated average or better in work safety than their non-disabled colleagues · 98% of people with a developmental
- 75% of employers surveyed said employing individuals with developmental disabilities has been a truly positive experience Page 13 of 16

Created by Colleen Jackson For the Paced Learning Program At Centennial

### TRANSITION PLANNING

The transition from high school to adulthood is significant for everyone. The complicating factor for those with developmental disabilities is that they generally require more services and support than those without disabilities. Moreover, these supports do not typically fall into place without significant planning. The move from child to adult services can best be seen as a move from entitlement to eligibility. In Alberta, all children are entitled to an education, but not all adults are entitled to the specialized services that an adult with a developmental disability may need to thrive.

Included in this section is an Individual Transition Plan. This was developed by the partnership between the Calgary Board of Education Adapted Learning Program and Vecova. You are invited to use this form. We have found it very helpful in our work helping adolescents prepare for life beyond high school.

### TRANSITION CHECKLIST

### Things to get

- ❖ Government Issued Photo Identification
- ❖ Social Insurance Number
- Bank Account (in youth's name)
- ❖ A Family Doctor

### **Documents to Gather**

- Birth Certificate (copy)
- Health Care Card (copy)
- School Records (IPP most recent copy)
- Psychological Assessment (done within last 5 years)
- FSCD Agreement (copy of most recent)

### Things to learn about

- ♣ PDD
- Further Education
- AISH
- Guardianship
- Trusteeship

### When to Apply

- ♣ Apply for PDD at age 16 ½.
- Apply for AISH six months before the eighteenth birthday

# INDIVIDUAL TRANSITION PLAN

D08	Grade		
	Projected Date of Graduation	Transition Team	
School	Projec		
Name	Age	ITP Date	

Planning Areas	Present Level of Performance/Identified Need	Action Needed	Date	People Responsible
Self-Determination	called and a second			
Do I feel like I am making my own decisions about my life?	- Age to Address of the State o		·	
Do 1 understand my strengths and limitations?				
Can I express my ideas to others     effectively?				
Do I know how to set personal goals?				
Self-Advocacy/Future Planning				
<ul> <li>What will my legal needs be?</li> </ul>				
Who will help me stand up for my rights?				
Do I need a guardian or trustee?				
Who will help me with my plans for the future?				

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03/16

Vecova - Transition Planning for Youth with Developmental Disabilities Created by Collect Vackson For the Paced Learning Program

Planning Areas	Present Level of Performance/Identified Need	Action Needed	Date	People Responsible
Financial/Income Needs  • What will be my source of income?  • Will I need help with banking?  • Will I need help setting a budget?				
Transportation/Mobility  How will I get around my community?				
Relationships  What kind of social life would I like?  Do I have a social support network?  Can I get along with people at work?  Is it important to me to get married and have children?  Community Participation  How will I be involved in my community?  Do I want to participate in spiritual or cultural activities?				

Page 8 of 15

Planning Areas	Present Level of Performance/Identified Need	Action Needed	Date	People Responsible
Employment				
<ul> <li>Independent Living</li> <li>Do I plan to live with my parents, in a supported living arrangement, or in my own home?</li> <li>Will I need help to find and set up my living arrangements?</li> <li>Will I need help with everyday household tasks?</li> </ul>				
Recreation/Leisure  • What will I do for recreation, leisure and entertainment? • Do I know how to locate recreation opportunities in my community? • Are there specific recreation activities I do now that I want to continue? • Are there any new recreation activities I would like to try?				

Page 9 of 15

Planning Areas	Present Level of Performance/Identified Need	Action Needed	Date	People Responsible
Health and Safety  What will my medical needs be?  What are my healthy life style goals?  Do I understand how to take care of my physical, mental and sexual health?				
Communication  Do I need any supports to help me communicate (read, write, listen, and/or speak) more effectively?  Can I use a pay phone and/or a cell phone?				
<ul> <li>Eurther Education</li> <li>Do I plan to go on to further my education; university? college? training course?</li> <li>Do I know how to find out about different programs?</li> <li>Do I know how to apply to a program I am interested in it?</li> </ul>				

## POST - SECONDARY EDUCATION

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### Services for Students with Disabilities

Bow Valley College is committed to an inclusive learning environment in which students have equitable access to education. Accessibility Services within Learner Success Services offers supports for students with disabilities. If you think you may have a disability, please contact Learner Success Services for an initial screening with an Accessibility Services Advisor. If you have documentation of a disability, you may eligible for supports and accommodations. Your documentation must have a specific diagnosis of a disability, medical condition, or disorder AND specific recommendations to reduce the barriers caused by your disability. The specific accommodation(s) requested must have a clear and direct link between the disability and the requested accommodation(s). The Accessibility Services Advisor may recommend further assessment, or provide suggestions to help you with your learning. We may also recommend that you follow up with one of our counsellors.

For more information on services and accommodations for students with disabilities, please refer to the Checklist for Setting up Academic Accommodations for Students with Disabilities. You may also visit us in person - Learner Success Services, First Floor, South Campus, OR call us at 403-410-1440, OR email us at accessibility@bowvalleycollege.ca

Accessibility Services offers a wide variety of supports to students with diagnosed disabilities, including (but not limited to):

- Learning disabilities
- Speech and language disabilities
- Blindness/visually impaired
- Deafness/hard of hearing
- Hearing impaired
- Mobility impaired
- Attention Deficit Hyperactivity Disorders
- Neurological issues
- Chronic health issues including chronic pain
- Mental health issues
- Short term and temporary disabilities



### Some of the services available to eligible students may include:

- Assistance for students struggling in class or in the program
- · Assistance with study skills and learning strategies
- Academic and exam accommodations.
- Assistive Technology services and support
- Sign language interpreting for Deaf and Hard of Hearing students
- Education supports Learning Strategist, Academic Aide, Tutor, Note Takers

Please contact us as soon as you are accepted and at least four months before you are scheduled to start classes at Bow Valley College.

### ABLE PROGRAM

Adult Basic Literacy Education (ABLE) - Reading and Writing

### Lifeline to Literacy

This part-time non-credit program introduces basic reading, writing, numeracy and computer skills through special projects and arts based learning. It is a perfect fit for adults who are returning to learning.

**Location: North Campus** 

Registration: Call 403-410-1525

E-mail Puja Suri at psuri@bowvalleycollege.ca



### Speech-Assisted Reading and Writing (SARAW)

SARAW is a talking computer program that teaches basic reading, writing and math skills. This part-time non-credit literacy program is for adults who are reading and writing at levels between beginners and Grade 6. The course is designed for adults who have physical or developmental disabilities. Accompanying support workers are trained as tutors to help with all aspects of the course. Tutors may be supplied for students who do not have a support worker.

Start date: Ongoing registration 🐇

Location: North Campus

Registration: Call 403-410-1525

E-mail Puja Suri at psuri@bowvalleycollege.ca

### Adult Basic Literacy Education (ABLE) - Reading and Writing

This non-credit course will teach you basic reading and writing skills that can help you prepare for Academic Preparation level 2 Reading and Writing courses. A literacy facilitator and a trained volunteer tutor work with you in this class. ABLE is appropriate for adults with disabilities as well as mainstream students.

Location: North Campus

Registration: Call 403-410-1525

E-mail Puja Suri at psuri@bowvalleycollege.ca

### Adult Basic Literacy Education (ABLE) - Basic Math for the Everyday

This is a part-time, non-credit, adult literacy course that teaches everyday math to adults who can add and subtract on paper. Topics include: Number relationships; Basic facts (Addition and Subtraction, Multiplication and Division), and Money Math.

Location: North Campus:

Registration: Call 403-410-1525

E-mail Puja Suri at psuri@bowvalleycollege.ca



### Adult Basic Literacy Education (ABLE) - Computers for Beginners

This course is appropriate for adults who have had very limited experience with computers and no access to computer learning. The ABLE Computer Literacy class will introduce learners to:

- E-mail
- Safe Internet use
- Microsoft Word 2010
- Searching the Internet for research and reading
- Filling out online forms
- Using the calculator on the computer

Location: North Campus

Registration: Call 403-410-1525

E-mail Puja Suri at psuri@bowvalleycollege.ca

### **Academic Preparation**

It is never too late to improve your reading, writing, math and computer skills. Academic Preparation is designed to prepare you for high school studies and help you achieve your educational goals. You can come to school full-time or part-time.

### Courses in Program:

- Reading 2, 3, 4 & 5\*
- Writing 2, 3, 4 & 5\*
- Basic Mathematics 1, 2, 3\*
- Science Prep\*

(Note: Courses marked with \* are not for Alberta Education High School credit)



### **Admission Requirements**

- · Applicants will be expected to obtain a minimum score on the BVC Admissions/ Placement Test
- Where possible, applicants may provide an official transcript or statement of marks
  - o BVC Admissions/Placement Test Schedule January 2016
  - BVC Admissions/Placement Test Schedule February 2016

### **Academic Preparation - Traditional Classroom Days**

This learning option provides the following advantages:

- Face to face instructor paced courses offered in a traditional classroom setting
- · Tutoring support available
- Classes are offered every day Monday to Friday for 75 minutes per course, between 8:00 a.m. and 2:00 p.m.
- Three 16-week terms allow for fast tracking of a traditional year of coursework

Location: North Campus

Fees: Complete list of full-time and part-time fees

(Government funding available for eligible students.)

### **Academic Preparation - Self-Paced Learning**

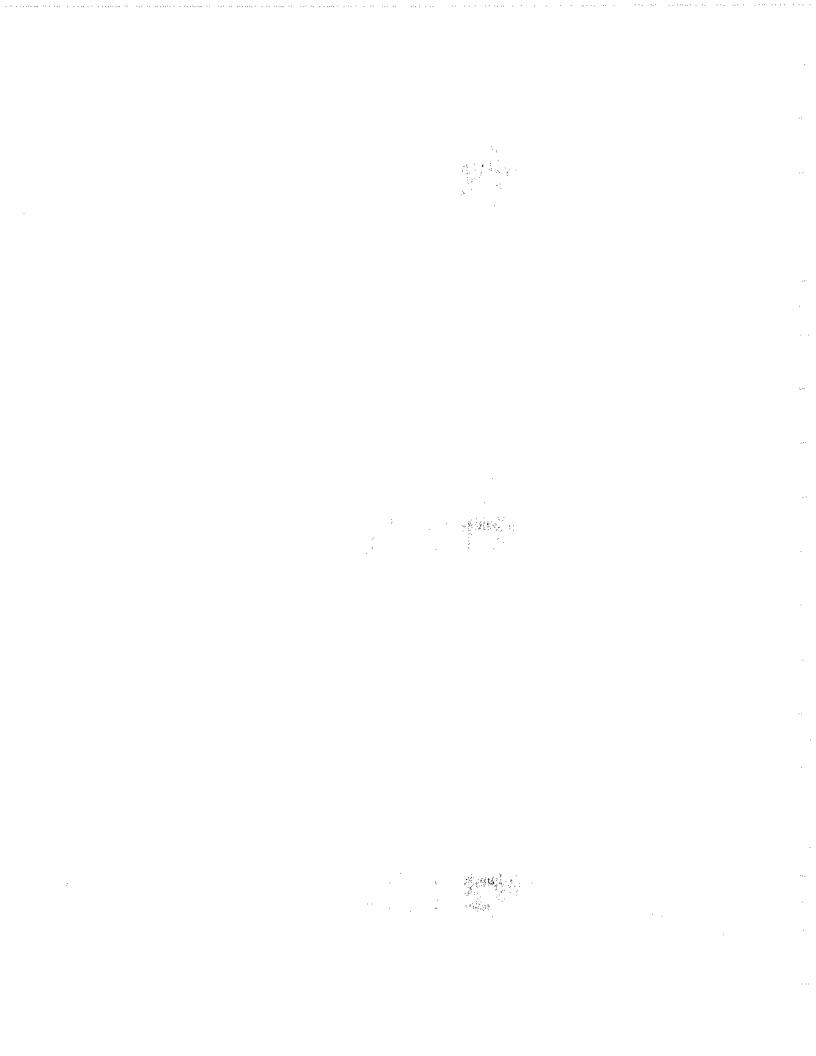
This learning option provides the following advantages:

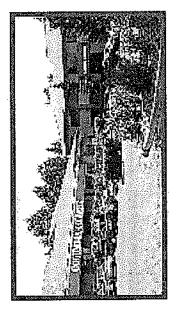
- Individualized student centered support from instructors
- Independent pace of learning
- Access to computers and technology
- Orientation and course outlines with assignment due dates and test date schedule
- · The possibility of completing courses more quickly or even taking two courses for the price of one!

Location: North Campus

Fees: Complete list of full-time and part-time fees

(Government funding available for eligible students.)

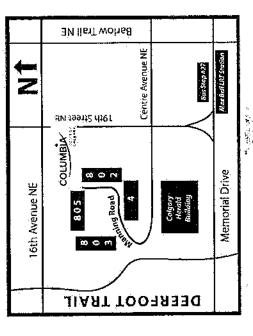




### Admission Requirements

The service is available to adults with developmental disabilities who are approved by Alberta Human Services Persons with Developmental Disabilities. Calgary Region and meet their criteria.

Enrollment procedures: for enrollment information please contact the Community Access Services Program Coordinator.



# For More Information

To receive the complete information package and the opportunity to set up an appointment with one of the department staff, please call

(403) 235-9300 and ask for the Community Access Services Coordinator

E-mail

manuelr@columbia.ab.ca Fax: (403) 272-3805

Visit our website at: www.columbia.ab.ca

Community Support Services Department
Columbia College
802 Manning Road NE
Calgary, Alberta, Canada T2E 7N8

Subject to Change Without Written Nolice



## Community Support Services Department

### Community Access Services

Supporting Persons with Developmental Disabilities to Achieve দিক্জ ওর্ভরী

### Community Access Services

The Community Access Services provides a flexible alternative to employment by helping individuals within the community in non-employment related activities. The service offers many options to individuals including: social, education, recreation, community connections, community resources and participation in the volunteer sector.

The Community Access Services has many benefits for the individual and the community. For the general public, more exposure and awareness to those with disabilities is available. By becoming contributing members of their communities, those who are considered disabled and not disabled are no longer segregated. This makes it easier for individuals to fully participate in the community, sharing resources and using services that are available to us all.



The service is primarily community based however, the college can be used as a meeting place and a facility for educational classes such as upgrading, life skills, and personal development.

The service offers an environment where people can explore their interests and be themselves white having fun. Our objective is to help individuals achieve their goals. Person-centered planning is the basis of holistic services alegies the basis of holistic services.

For the Paced Learning Program At Centennial

lifestyles, goals and interests. We will enable individuals to maximize personal control by giving them choice and respect.

We will work with the individuals of the service to understand what they want and why they want to do those things. This gives us, the service provider, insight into the individual's interests allowing us to facilitate meaningful activities. Working toward specific goals helps to further determine what activities are done and ensure they have a purpose and value for the individual.



informed choices,

## Statement of Philosophy

The Community Access Services provides services that are guided by the philosophy of community inclusion. Services are based on the following set of beliefs:

- People with disabilities must be seen as cifizens of society, no different than anyone else.
- People with disabilities are individuals who have every right to be full participating members of society, who have the same rights, entitlements, responsibilities, expectations and opportunities as everyone else, as per the Canadian Charter of Rights and Freedoms and the Alberta Human Rights and Multiculturalism Act. The Department helps promote and protect the rights of individuals through education, information sharing and advocacy.
- People with disabilities have the right to selfdetermination and captral over their lives. Services must be person-centered with a focus

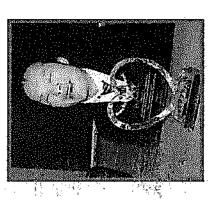
- on the person and his or her abilities, rather than on his or her disabilities. We recognize each person as a valued and contributing member of the community:
- and designed and developed around their interests, strengths and support needs.

  The individual and, if applicable, their personal support network must all have a role in planning.

Service planning will be based on the individual

- The Department will provide supports and services that are developed from an individual's increase.
  - interests, goals, abilities and needs.

    The individual will be fully informed about his or her choices, with the recognition that only the individual can make choices about his or her life. The individual will be supported to make



### Our Objective

To offer a flexible service to individuals, this includes community involvement in non-employment related activities. The focus of the service is to establish individual goals and help them to achieve those goals, which can include but not be limited to:

- Social
- Recreation and leisure
- · Community integration and awareness
- Life skills
- Academic Upgrading
  - Volunteerism

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### Inclusive Post-Secondary Education

### Welcome to Inclusive Post-Secondary Education

Mount Royal University is dedicated to creating a different kind of undergraduate experience. One that offers a diverse scholarly community where you can thrive. One that sets the stage for your success in the workplace, in future studies, and in life itself.

Students in MRU's Inclusive Post-Secondary Education are enrolled in a variety of programs of study throughout the University, and we work to expand those programs of study based on the interest of each individual student. Students are encouraged and supported to connect with their classmates, get involved in various on-campus extra-curricular activities and events, and to pursue interest specific practicum and work opportunities.

Inclusive Post-Secondary Education provides support to students with varying abilities to find your identity, explore your potential and develop friendships. We recognize the value of a post-secondary experience in the process of becoming an adult.

### Overview of Inclusive Post-Secondary Education (IPSE)

How we help

Like other post-secondary students, you choose a program of study that reflects your interests, hopes, dreams and career goals. Inclusive Post-Secondary Education will help you choose courses and a course load that will meet your individual goals. Courses are audited and class requirements and materials are adapted to meet your unique talents.

With the support of your classmates and Mount Royal staff, you can become involved in campus life both inside and outside of the classroom. Campus life at Mount Royal provides opportunities for students to be involved not only in classes, but in student clubs, associations, events and social and recreational activities.

Support is year-round. In addition to helping you make the most of your classes from September to April, IPSE will also assist you with arranging field placements and employment in the summer months.



### How do I apply for IPSE services?

### Eligibility for funding

All applicants need to confirm their eligibility for funding from Persons with Developmental Disabilities (PDD) to be considered for IPSE services. To find out if you are eligible, please contact:

### Calgary Region Community Board

Persons with Developmental Disabilities

Ministry of Alberta Community Development

4th Floor TGS Place, #400, 1520 4 St SW, Calgary, AB T2R 1H5

Main Switchboard: 403.297.5011 (call toll-free at 310.0000)

E-mail: pdd.calgaryboard@gov.ab.ca

### Apply

Once you have determined your eligibility for funding, you need to complete an application package. This package, as well as guidelines to complete the application, will be mailed out to individuals when requested. Or download the application package in PDF format. If you require assistance applying for funding eligibility with PDD, please contact Inclusion.

For more information, contact:

Balreen Gosal-Sahota IPSE Program Coordinator Phone; 403.440.5142 E-mail:

Part 1111-0-111

bsahota@mtroyal.ca

### Fees

As a student supported by Inclusive Post-Secondary Education, you will pay auditing and recreation fees. Auditing fees are approximately half of the for-credit tuition fee? Courses are charged on a per-credit basis and most courses are three credits. You will probably take two to three classes per semester.

### Approximate fees for the 2015- 2016 academic year

### Please note:

- There is a one-time application processing fee of \$100.00 due with the fall semester fees in your first year.
- Textbooks may also need to be purchased.

For more information, check out Mount Royal's calendar online or contact Brandy McComb, Inclusive Post-Secondary Education, at 403.440,6145 or via e-mail at <a href="mailto:bmccomb@mtroyal.ca">bmccomb@mtroyal.ca</a>.

Created by Colleen Jackson For the Paced Learning Program At Centennial High School



### How IPSE can support you

Inclusive Post-Secondary Education will help you meet your individualized academic and personalized goals through:

- · course selection
- one-on-one tutoring and modification of course materials
- · recruitment of classmate supports
- exploration of opportunities to be involved in campus events and clubs meeting new people and developing new relationships
- access to the many campus services available such as Campus Recreation and Athletics, EnCana Wellness Centre, Mount Royal Library and the Students' Association
- · practicum supervision
- summer employment and field experience

### Contact us

If you have any questions about the Inclusive Post-Secondary Education program, please contact

Baireen Gosal-Sahota IPSE Program Coordinator Phone: 403.440.5142

E-mail: bsahota@mtroyal.ca

Brandy McComb IPSE Educational Facilitator Phone: 403.440.6145

E-mail: bmccomb@mtroyal.ca

Sara Markin IPSE Educational Facilitator Phone: 403.440.6384

E-mail: smarkin@mtroyal.ca





### Transitional Employment Program (TEP)

### Formally known as Transitional Vocational Program (TVP)

"I was able to learn more about myself, how to live independently, and use the skills needed to become competitively employed. It also gave me a chance to make new friends."

Steven Muzyka, Graduate

### **GAINING SKILLS**

### **TEP Work Practicum**

The Transitional Educational Program is an eleven-month program for adults with developmental disabilities. The program helps graduates gain employable skills needed to enter and maintain employment. Staff work closely to support students and employers to establish goals, monitor progress, and evaluate achievement. The program consistently has a high rate of employment for its graduates.

Approximately 70% percent of the program involves hands-on work experience training either on campus or in the business community and approximately 30% percent focuses on classroom instruction in employment and life skills training. The program can be divided into three main components:

### Work Experience I and II

Students: participate in work experiences within the community of Olds and/or Olds College. This practical handson work experience occurs from September to April.

### T E P Work Practicum

Students participate in an off-campus work practicum usually back in their home area. This work experience provides students with extended employment training that can lead to full-time employment. The practicum occurs from April to the end of June.

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### **Recommended Courses**

Materials covered are pertinent and beneficial for students who are striving toward independence and employability training. Students receive instruction in Personal and Financial Management, Workplace Communication, Transition to Workplace, Workplace Relations, Employment Search, Consumer Skills and/or Integrated classes. Classes are scheduled from September to April

### How Can I Pay for My Education?

For students in the Transitional Vocational Program government funding is available should you meet specific criteria. For further information on funding please contact (403) 556-8336 OR email rsavage@oldscollege.ca.

### U Of C and Staint Mary's University



The Integrated Post Secondary Education Society of Alberta is an organization that provides individuals with developmental disabilities an authentic university experience. Students are included in both the academic and social life at the University of Calgary and St Mary's University in Calgary. Post graduation, the organization supports individuals to find competitive or customized paid employment opportunities. Graduates are supported in social life at work and are connected in a meaningful way to their community.

### IPSE -INCLUSIVE POST SECONDARY EDUCATION

### Fall/Winter

Students audit 2-3 University level courses per semester for Fall and Winter semesters for 4-5 years. Students are supported by an Educational Facilitator who modifies the course content, liaises with the Professors, and connects the student to all other aspects of University life such as joining a club/association on campus, volunteering and finding employment in the community and so on. Each student works one-on-one with their Facilitator for 4-5 hours per week to ensure success in each course the student takes.

### Spring/Summer

During the spring and summer months IPSE supports students in personal development, building their resume's through meaningful volunteer and competitive paid employment opportunities. Some students also choose to audit a course or work on personal development activities such as reading during this time.

### GRADUATE SUPPORT SERVICES

Once individuals have graduated from IPSE they are eligible for Graduate Support Services.

Graduates are paired with an Employment Facilitator to explore and determine skills and interests to help ensure a good fit for potential employment positions.

The Employment Facilitator supports the graduate with:

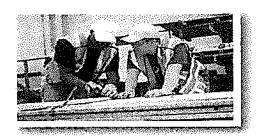
- Individual career exploration and development.
- · Gaining insight into companies, contacting potential employers, and job searching
- Developing professional resumes
- Preparation and support for job interviews
- Accessing continuing education courses and volunteer opportunities

Once a position is secured, the facilitator offers the individual, on-the-job support and training. Where possible, this support will gradually be phased out once all parties are comfortable. However, on-going communication and check-ins will occur on a regular basis at employment sites.

For more information please visit: http://ucalgary.ca/ipse/. Email; vepcats@ucalgary.ca. Phone: 403-220-2826.



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## EMPLOYMENT AND DAY/ RESIDENTIAL PROGRAMS





Phone: 403.210.5000 Toll Free: 1.888.733.7976

Email: intoglibe abilityinds.ung

The Ability Hub is a place where people who have been diagnosed with autism, their families and other members of the support network can be connected to information and initiatives that can help make living with ASD easier.

The Ability Hub hosts different programs and services for adolescents and adults with Autism Spectrum Disorder (ASD). Covering a range of topics, sessions help clients practice day-to-day activities, such as cleaning and doing laundry, in a safe and supportive environment.

### Services

### Launch Program

Launch is a study that focuses on helping individuals, parents and professionals prepare for and respond to this transition.

### Pursuits Program

Pursuits helps adolescents and adults with ASD develop work-appropriate behaviours while fine-tuning vocational, life and social skills in a structured, caring environment.

### **Recruits Program**

Recruits helps adolescents and adults with ASD attain realistic work experience and potential employment.

### **Stepping Out Program**

Stepping out is a program that seeks to help develop unique sports and recreation programs for adults with ASD

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### Social Skills Group for Teens: PEERS

PEERS\* (Program for the Education and Enrichment of Social Skills) is a 14-session evidence-based social skills intervention for motivated teens between the ages of 13-18 who are interested in learning ways to help them make and keep friends.

### **Scholarships**

The Ability Hub is pleased to offer two scholarships in honour of Dr. Fraser Mustard and Mr. Richard Haskayne.

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High River: (403) 652-4161 Okotoks: (403) 995-0554 Strathmore: (403) 934-4888

### **Employment & Day Services**

### **Employment Support**

For those individuals who are interested in working, the AIM Society offers support to find and maintain employment in their chosen community. Many individuals have a desire to work, however have not worked through school or have had part time jobs on evenings or weekends. Our employment support program offers resume writing, job search, job orientations, varieties of on the job support and employment follow up.

### **Community Access Support**

There are many people who are interested in getting to know their community, building connections in their community and improving their well-being. Our community access supports AIM to assist individuals in the area of well-being, competence and inclusion. We feel that these are best done through involvement in community settings, volunteering, skill development and exercise.

### **Home Living**

### **Residential Services**

This model enables an individual to live outside of their natural family's homes. This model assists individuals to live as independently and respectfully as possible and to have choices when choosing their home settings. This model provides chances for individuals to become exposed to new people, events and activities through the supportive family/roommate and allowing them opportunities for community inclusion.

The goal of this service is to assist individuals to develop life skills (responsibility of paying bills, cooking, cleaning and personal care) whenever possible and promote community inclusion through social activities.

### In Home Respite Services

At Centennial

This service is used when it is not possible or reasonable for the individual to leave the home for respite. In this model, the care provider or family members would leave their home for a period of time (hours or days) and a respite provider would stay at the individual's home for the time requested.

03/16

This model enables individuals to meet new people and try new activities within their community.

FOOTHILLS

Advocacy In Motion

SOCIETY My Community, Your Community, Our Community

High River: (403) 652-4161 Okotoks: (403) 995-0554 Strathmore: (403) 934-4888

### **Out of Home Respite Services**

This type of service provides a break for caregivers (paid or family). The individual typically leaves their home to stay with another family or person for a weekend. This service can also be used to accommodate vacation of care providers as well.

The service provides individuals an opportunity to meet new people and participate in activities with others

### **Outreach Support**

The purpose of Outreach is to empower individuals to be competent and knowledgeable in order to live independently. Individual needs and desires determine the type and amount of support provided. Support is provided together with the opportunity to learn through life experience.

Outreach strives to provide quality service in which individuals are included in all decision-making and problem solving processes that are required in order to meet the demands of daily living.



### CASS

### **Calgary Alternative Support Services**

### Contact

Phone: 403.283.0611 Fax: 403.283.0691

Main CASS Office: #2335 30th Avenue NE Calgary Alberta T2E 7C7

Monday to Friday 8:30 am to 3:00 pm

### **Our Vision**

A community where person(s) with developmental disabilities are valued as contributing and diverse individuals

### What Do We Offer?

CADO is a community based day program serving adults with developmental disabilities, who also may have a secondary diagnosis of mental illness. The program occurs in inclusive settings which allow natural interaction with a variety of people. Within the Clients choose to do one or more of these options:

- Self Employment
- Volunteering
- Recreation & leisure

For each of these options, clients are supported to set goals, develop new skills, and create natural supports within the community.

Within our client-oriented and client directed model, we strive to meet individual needs.

### Intake

We welcome new clients on an ongoing basis, dependent on client funding and available staffing. Please direct questions regarding intake to Susan Hounsell

Phone: 403.283.0611 ext. 228 Email us using our contact form.



### **Programs**

### **Calgary Alternative Residential Support**

Outreach, live-in, and staffed arrangements are all available through our Residential Support program.

### **Calgary Alternative Day Options**

CADO provides day support designed for those individuals with high needs who require a flexible program. Options include volunteer placement, vocational training, educational pursuits, and recreation/leisure opportunities.

### Calgary Alternative Employment Services

CAES is an individualized, client directed, employment placement program. Our goal is to help people with disabilities find and maintain the type of work, or career, that they want.

### **Calgary Alternative Poss-Abilities**

CAPA provides case management, referral, and advocacy support to young adults with complex needs.

### **Creative Community Living Activities**

Provides a therapeutic day program for persons suffering from persistent mental illness.

### Langin Place

Supportive housing is for single males who have trouble maintaining housing.

### **Money Matters**

The Money Matters Program is designed to provide financial education and money management assistance to people with mental health issues.



219 18 Street SE Calgary, Alberta T2E 6J5

Phone (403) 509-0200 Fax (403) 291-4087

Office Hours: 8:30 a.m. to 4:30 p.m.

### Who We Are

Calgary SCOPE Society is a non-profit agency committed to providing a wide range of high quality, innovative services that support people with disabilities to be respected, contributing members of Calgary's communities.

### **Our Mission**

The Calgary SCOPE Society works in alliance with people with disabilities, their families and friends, and other community members to understand problems and create solutions to personal and social justice issues.

### **Guiding Principles:**

We strive for the highest possible quality in all of our work by promoting:

- · respect for diversity and choice
- valued roles and opportunities within community life
- · careful listening, learning and responsiveness
- positive, caring approaches and relationships
- collective reflection, evaluation and dialogue

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### **Overview of SCOPE's Services**

### "Co-creating meaningful lives for all abilities"

### **Outreach - Families**

The Outreach Team works alongside children and adults with a developmental disability struggling with behavioral, social or emotional challenges. The support provided involves sharing information, exchanging ideas and working towards goals. This collaborative approach is based on the needs of the individual, family, and/or agency involved. We work to enhance and support the lives of individuals and their families who are living with a disability. The voluntary service provides one hour of in-home support on a weekly basis for up to six months and services are free of charge.

### **Community Support - Adults**

This team currently provides long term support for adults to create safe, satisfying lives for themselves in the community. The team specializes in helping people who have particularly difficult lives due to struggles that come from living with a mental handicap and accompanying mental health or other social problem. By approaching challenges in innovative, positive, and highly personalized ways we are able to respect the unique needs and wishes of each person.

### <u> Journeys - Seniors</u>

This group specializes in supporting seniors as they move into new stages of life. We help with Individualized or residential support through personal growth workshops, community development, activities and travel.

### Community Development - All ages / all abilities

The community development team specializes in working with communities to educate, advocate and engage people with grassroots initiatives to build awareness and dialogue around the issues facing people with disabilities. These activities include:

- The Disability Action Hall
- Picture This...Film Festival
- Men's Support Group
- Women's Support Group
- Speak Out



### Redefining Ability in the Workplace

### **About Champions**

Champions Career Centre was established in 2000 to connect employers with people with disabilities. By working collaboratively with government, companies and local and regional disability organizations, Champions helps the one in six Albertans with disabilities have full and equal access to career and employment opportunities. 'Champions' helps both clients and employers to overcome workplace challenges to meet diversity standards, create mutually beneficial placements and ensure a positive, supportive workplace environment.

'Champions' is a pan-disability agency, which means we work with people who have visible or invisible disabilities. Visible disabilities include mobility issues and visual impairment. Invisible disabilities include hearing impairment, learning disabilities, chronic pain, diabetes, anxiety and depression.

Over the years we have connected thousands of people to the right job and helped many employers recruit and retain top talent with disabilities

Clients tell us Champions is a supportive environment. Employers tell us Champions helps by keeping their bottom-line in mind. Both tell us they appreciate how we create a truly customized approach to all we do.

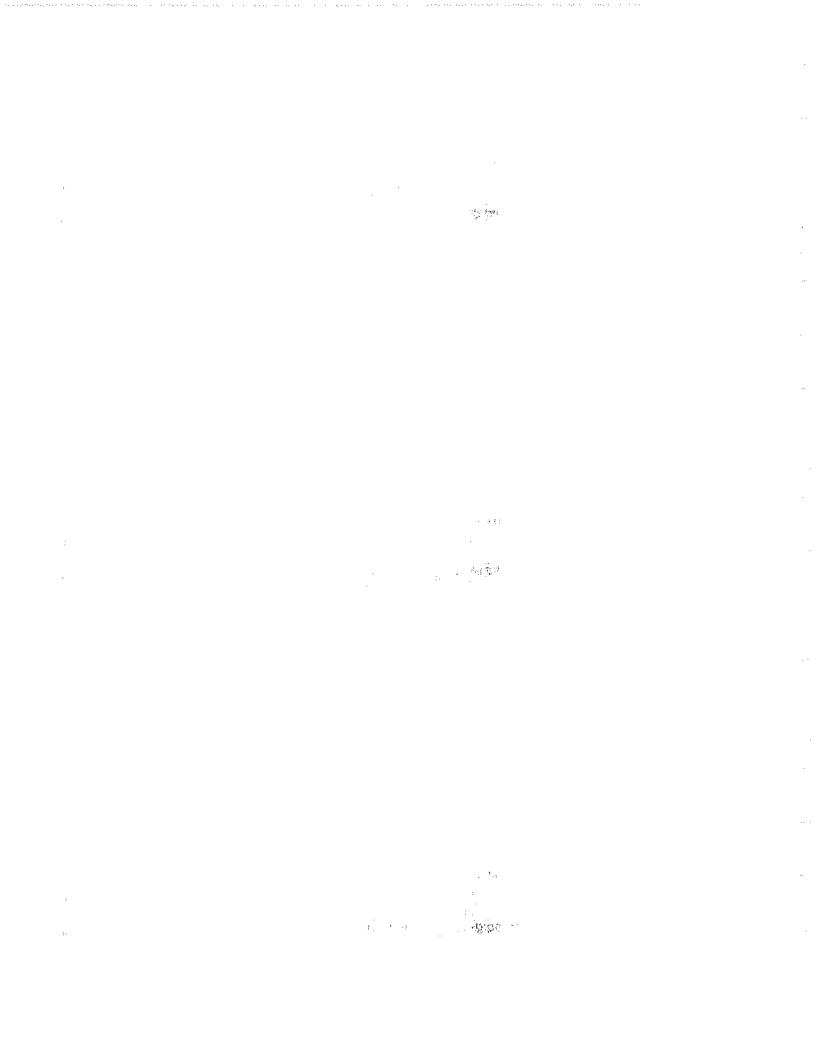
See more at: http://championscareercentre.org/about.aspx#sthash.rYCaZAiO.dpuf

### Please contact us at:

Suite 650, 839 - 5th Avenue SW Galgary, Alberta TZP 3C8

Phone: (403) 265-5374 Fax: (403) 265-5675 TTY: (403) 265-5309

Email: info@ChampionsCareerCentre.org





### **Building Communities for Everyone**

Developmental Disabilities Resource Centre of Calgary (DDRC) 4631 Richardson Way SW Calgary, AB T3E 7B7

Phone: (403) 240-7312 Fax: (403) 240-3230 Website: www.ddrc.ca

The DDRC is a non-profit, registered, charitable organization that began in 1952. We offer programs and resources for children and adults with disabilities, their friends and family, and other people in the community. We believe that communities are stronger when people of all abilities are involved in activities that are meaningful to them. The DDRC is funded by the government and donations. The Developmental Disabilities Resource Foundation (DDRF) is an official fundraising partner of the DDRC.

### **Services**

We offer programs and resources for children and adults with disabilities, their friends and family, and other people in the community. We believe that communities are stronger when people of all abilities are involved in activities that are meaningful to them.

<u>Career and Leisure Services (CLS)</u> - Supports people as they work, join clubs, volunteer, and make friends in their communities.

<u>Community Living Network (CLN)</u> - Helps adults with disabilities live in the community they choose, by themselves or with a roommate.

### Family Respite Resource Services (FRRS)

<u>Comprehensive Care</u> - Supports people with a many different needs, from disabilities to old age. All work is supervised by Registered Nurses and Licensed Practical Nurses.

<u>Participation in Academics and Career Exploration (PACE)</u> - P.A.C.E. is a 4 to 5 year program that provides 18 to 25 year olds with full-time or part-time support to help them reach their goals.

<u>The Watson Family Foundation</u> - The Watson Family Foundation provides financial assistance to families with limited or non-existent means to help improve and sustain the quality of life for their special needs child.

<u>Learning and Leadership Centre</u> - Offers training packages to meet the needs of any workplace. Choose from one of our existing packages—The Ounce of Prevention, Occupational Health & Safety, CET (Creating Excellence Together) Accreditation—or create your own.



### **Career and Leisure Services(CLS)**

**CLS** stands for **Career and Leisure Services** which provides part-time and full time support to adults with developmental disabilities in their communities.

### CLS can:

- Teach clients how to find the jobs they want and apply for them
- Support clients during paid or unpaid work experiences and during paid employment when required
- Assist clients in finding and accessing inclusive educational courses in the community
- Assist clients with volunteer opportunities to contribute to their communities
- Support clients to attend inclusive leisure activities in their communities to build relationships with community members and neighbours, maintaining or increasing a healthy, happy lifestyle
- CLS services are determined at a yearly planning meeting which focuses on our client as a valued member
  of his or her community.
- For more information on CLS, please call us at 403-240-3111.

### Community Living Network(CLN)

**CLN** stands for **Community Living Network**, which provides a monitoring and mentoring service to clients and their networks, home support, and supportive roommates to ensure yearly goals are pursued. Clients receive support to build relationships with neighbours and community members.

There are many different members of the CLN team, including:

- SWs (Support Workers) and CRWs (Community Resource Workers) and supportive neighbours "check in"
  with clients living on their own and help with budgeting and household duties. They also support the client
  to get to know community resources around them as well as other neighbours.
- Home Supports provide support in the client's home, helping with budgeting and household duties, community resources and neighbourhood involvement.
- Supportive Roommates live with the client in their home or apartment, providing help with budgeting and
  household duties. Supportive roommates also assist the client to get to know resources around them, their
  neighbours and community.

For more information on CLN, please call us at 403-240-3111.



### **Family Respite Resource Services (FRRS)**

Assists children with disabilities and their families who live in the Calgary Rocky View area to explore and secure community-based respite opportunities according to each family's support needs and desires.

For more information on FRRS, please call us at 403-240-3111.

### The Watson Family Foundation

The Watson Family Foundation provides financial assistance to families with limited or non-existent means to help improve and sustain the quality of life for their special needs child. The Watson Family Foundation is managed by The Calgary Foundation and distributed by the Developmental Disabilities Resource Centre of Calgary (DDRC).

Grant applicants must ensure the following guidelines are met:

1.

- 1. The direct beneficiary of the grant must be under 18 years of age.
- 2. The direct beneficiary of the grant has been diagnosed with a developmental disability and proper documentation, e.g. doctor reports, is provided.
- 3. The family has not applied for the grant within 5 years of the last request.
- 4. The applicant must prove that other sources of funding have been exhausted.
- 5. The applicant must fill out the application completely and accurately.

All applications are reviewed by a committee to ensure the guidelines have been met. All applicants – successful or not – will be contacted with the final decision.

Successful applicants will not receive funds directly; instead, funds will be distributed in a manner that ensures the money is used for the sole purpose of the request. Examples of how funds are distributed include setting up accounts with a third party, invoicing expenses, and reimbursing expenses.

If you have any other questions about The Watson Family Foundation or would like an application form, please contact:

**Fund Development** 

Developmental Disabilities Resource Centre of Calgary (DDRC) 4631 Richardson Way SW Calgary, AB T3E 7B7

Phone: (403) 240-7312 Fax: (403) 240-3230 e-mail: donations@ddrc.ca



### The P.A.C.E. program

Assist clients determining their career and/or academic interests;

- · Teach clients how to find the jobs they want and apply for them;
- · Support clients (if needed) while they are getting either paid or unpaid work experience;
- Help clients find and access educational courses in the community; and
- Support clients to set up a study schedule.

The DDRC has been running the **P.A.C.E.** program since 1996 and has assisted more than 50 young adults in their transition from high school to the working world. Many of **P.A.C.E.** graduates have gone on to further their education, find work in their own areas of interest and become contributing members to the community.

For more information: Please contact the DDRC at 403-240-3111.

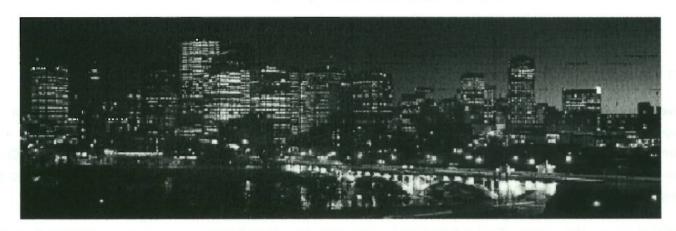
In the spring of 2012, the DDRC launched its Learning and Leadership Centre, a fully inclusive learning environment where everyone belongs.

### The Learning and Leadership Centre offers

- Classes and seminars for DDRC clients and employees, and
- Industry-standard training courses for businesses and community members.



### Independent Counselling Enterprises Inc



4888 72nd Ave SE Calgary, Alberta T2C 3Z2

Phone Number: 1-403-219-0503 or 1-866-806-7000

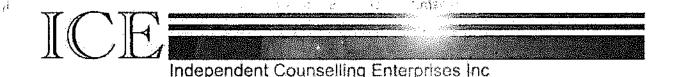
After Hours Phone: 1-403-819-0583

Fax Number: 1-403-717-0503

Independent Counselling commenced services in Calgary in August of 1991. We successfully met the CET standards and are CET certified. Independent Counselling Enterprises will continue work within the guidelines of the CET standards. ICE is also certified by the Alberta Home Support Association and has attained COR certification for Health and Safety practice through WCB.

Independent Counselling Enterprises schedules annual agency wide SWOT (strengths, weaknesses, opportunities, threats) meetings with all key managers present. This is to ensure that agency goals and objectives are being addressed and met. Goals focus on CET standards, quality measures, staff training and agency direction. Bi-annual meetings are also scheduled to review progress and make adjustments or additions where required to the goals within the plan. Monthly management teleconference meetings are held to ensure consistency of expectations and operations across ICE.

The Calgary office also offers support to surrounding communities including Ponoka, Olds, Blackie, Okotoks, Turner Valley, Buck Lake, Airdrie, Strathmore and Cochrane.



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### **Program Service Description:**

ICE provides individualized support in the following areas:

Overnight staffed residence: within this arrangement, individuals who have identified the need for 24 hour supports are assisted in the areas of personal health and wellness, community involvement, medication administration, personal and community safety, transportation, recreation, leisure, home management. ICE staff will incorporate all varieties of individualized strategies that will provide positive encouragement and assist the individuals toward independence.

Support Home: this arrangement is based on families who open their home to an individual and provide support with all daily routines. The individual is welcomed into the home as a contributing family member.

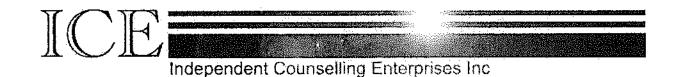
In home respite: this service provides assistance to the individual in managing particular areas of their lives. Supports may include teaching or supporting the individual in managing such areas as medication administration, home management techniques, health and safety awareness, nutrition, accessing recreation/leisure opportunities, etc.

Community Access: this service provides assistance and support towards enabling the individuals to participate fully in their community. This option may be the chosen service for individuals requiring encouragement to build relationships within the community. Community access includes but is not limited to skill development, health and safety awareness, recreation and leisure pursuits, cultural awareness and inclusion, volunteerism, exploring natural supports, and educational pursuits. Individual interests, skills, and abilities determine the activities included in community access programs.

Employment Services Program: assists individuals to explore employment opportunities and learn the skills necessary towards successful employment. During all phases of this service, self-assessments and skill assessments are completed to determine skill sets and areas requiring reduced or more intensive supports.

Supported Independent Living offers individuals the support they require to maintain current skills and acquire new skills towards independence. Individuals requesting this service generally are striving for complete independence. It is vital within the scope of this service to celebrate successes and encourage increased independence while recognizing there may be areas in which long term support is necessary.

Out of Home Respite: this service provides relief to families and supports the individual through daily routines. Individuals have the opportunity to experience new situations that will enhance their quality of life.



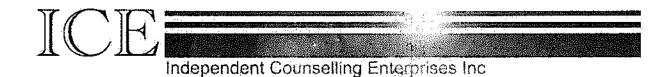
### **Intake Eligibility**

Clients are rarely refused service. This may happen if the client is not eligible for funding through a Community Board such as Alberta Health Services, Persons with Developmental Disabilities or Services to Children with Disabilities and cannot afford to pay themselves; if the client's behaviour(s) and or environment are detrimental to the safety of the I.C.E. employee; if the client is participating in illegal activities; or if service authorization from the funding source cannot be obtained.

### **Intake Procedure and Eligibility**

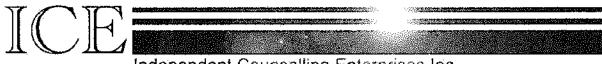
Independent Counselling Enterprises offers 24-hour intake by phone. Referrals are accepted from Capital Health Authority, Persons with Developmental Disabilities, other social service agencies, families and many other sources. If the referral is for short-term or crisis services, or if the referral is for long-term service that must be started immediately, the procedure is:

- Independent Counselling Enterprises offers 24-hour intake by phone. Intake referrals are accepted from Alberta Health Services-Capital Health, Persons with Developmental Disabilities, Family Supports for Children with Disabilities other social service agencies, families and many other sources. I.C.E. serves a wide variety of individuals in the human services field.
- 2. For any referral for service that must be started immediately the procedure is:
  - All pertinent information i.e. support requirements, funding sources, individual contacts etc. are
    obtained.
  - The client is matched with an appropriate employee/support home operator;
  - The employee is on-site to deliver service within a reasonable period of time.
- 3. If the referral is for long-term or ongoing service, the procedure is:
  - Detailed information is obtained by phone and documented as appropriate.
  - The Intake Questionnaire is completed to facilitate the service process. This questionnaire assists I.C.E. to determine if the agency is able to provide appropriate service within the agency resources.



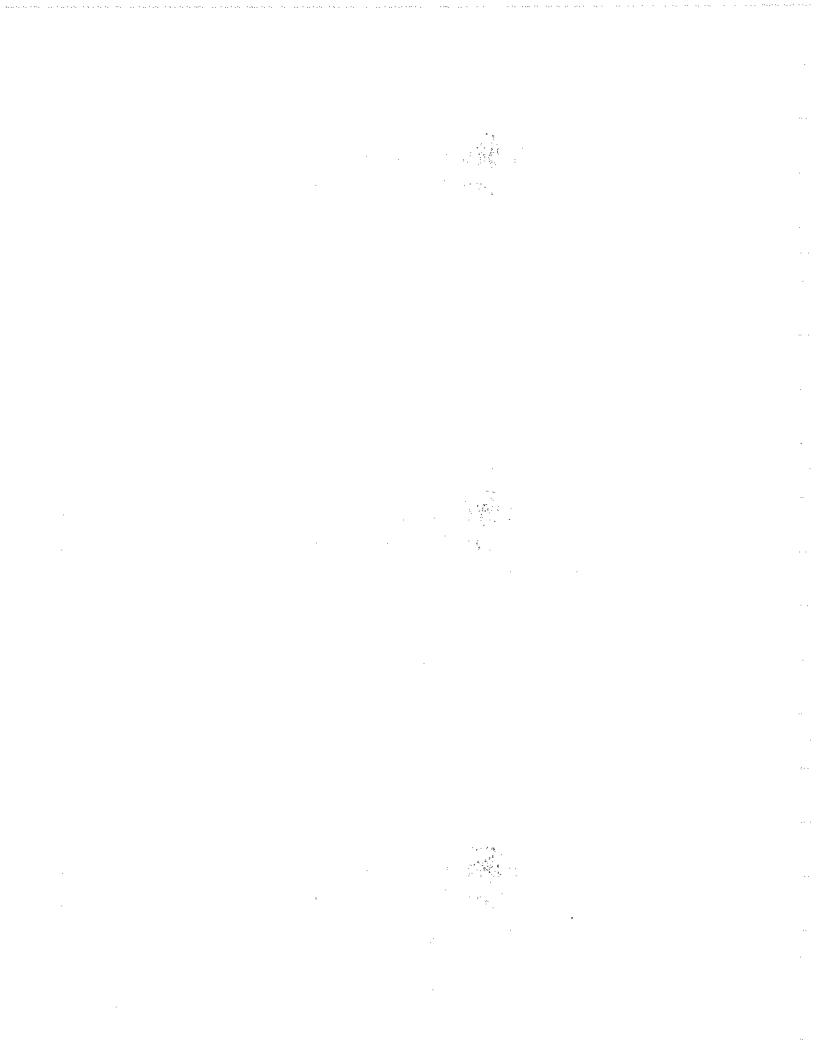
- The personal profile is an intake/service tool that will cover information that is needed for I.C.E. to be able to serve the client and assist him or her to reach their personal goals. Information gathered for the personal profile will include but is not limited to: the client's medical situation (and most recent appointments), independence, communication, daily living, personal hygiene, personal safety, home maintenance skills, any behavioural or mobility challenges, and personal interests/goals. After three months of service delivery the personal profile will be reviewed with the client and their family and updated if necessary to incorporate any changes for the individual while in service. Ongoing review of the personal profile will be completed at the yearly case conference/annual-planning meeting with the involvement of the client and his or her support network.
- For Alberta Health Services-Capital Health, client intake documentation is provided by A.H.S. to I.C.E. including a Client Summary Record (CSR).
- A supervisor may visit the client in their existing home;
- The client and support network are involved in permanent support worker/support home operator assignment;
- Time lines for the commencement of service delivery will vary, is dependent on the type of supports being provided and written approval of funding is required prior to service delivery.
- The client/family/support network will receive an information package and a client handbook
  describing the services that I.C.E. provides. The information package will provide an orientation for
  the individual regarding their rights and responsibilities within the agency. The information
  package will include information such as; the I.C.E. appeal process, telephone numbers to the
  Children's Advocate and to PDD, Abuse Prevention and Response Protocol and Protection for
  Persons in Care Act(s).
- The client/family/support network will have the opportunity to visit the program before service commences for an orientation. If the program is new, the client and support network will be given the opportunity to be involved in the start up of the program.
- The client/family/support network will be given pertinent information regarding the program
  offered to determine if it will suit the client's needs and reason for the service request. If not
  suitable other possible options will be given.

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### Independent Counselling Enterprises Inc

- If the client would like residential services they are then involved in the peer-match process. Clients are directly involved in their accommodation and roommate choices. Clients have the option to visit possible homes and peers to determine which program will best meet their needs. Once a client has made a decision on a home and peers, with assistance from his or her support network, then the client is welcome to visit that program as much as possible to orientate themselves before program implementation. This will be done with assistance from I.C.E. and the client's support network.
- The client/family/support network will review the purpose of the request for services and the
  reasons for admission to the program. This may be done at intake or during the goal-setting
  meeting when the client/family/support network meets the coordinator assigned to the client.
- 4. The intake procedure is graphically presented on the following page.
- 5. Clients are rarely refused service. This may happen if the client is not eligible for funding through a Community Board such as Alberta Health Services-Capital Health, Persons with Developmental Disabilities or Family Supports to Children with Disabilities and cannot afford to pay themselves; if the client's behaviour(s) and or environment are detrimental to the safety of the L.C.E. employee/contractor; if the client is participating in illegal activities; or if service authorization from the funding source cannot be obtained.
- 6. For individuals with special health needs I.C.E. will consider the following factors upon intake:
  - The ability of I.C.E. to make a reasonable accommodation for the person considering service.
  - If the client has an infectious disease, the possible risk of transmission of the disease.
  - The ability of the person possibly receiving service to exercise precautions against transmission of the disease.
  - The ability of other persons served to protect them from infection.
  - The risk of the infected person becoming infected with another disease.
  - Services will only begin after I.C.E. has received written confirmation of funding approval from the identified funding source.





### Office Location

Address: 3912 - 29th Street N.E.

Calgary, AB

T1Y 6B6

Phone: (403) 242-6672

Fax: (403) 209-0528

Email: information@newageservices.ca

### **About Us**

**New Age Services Inc.** is committed to ensuring that the highest quality of Residential and Day Services is provided to People with Developmental Disabilities in the Calgary Region. Our services are highly individualized and tailored to the needs of each person we serve, as we realize that everyone has a different need, and a unique talent and gift to give to society.

Established in January 1991, **New Age Services Inc.** is a member of the Alberta Council of Disability Services, is certified under the Creating Excellence Together Provincial Standards, and receives funding from Persons with Developmental Disabilities, Calgary Region Community Board.

### Mission

We value and respect all members of **New Age Services Inc.** by providing a safe environment where each person is nurtured and supported to fulfill their dreams.

### Philosophy

- We strive to ensure the highest quality service for our clients, and recognize that by supporting our employees and caregivers, we strengthen the pillars upon which our service rests.
- We believe every individual with a disability has the right to live, work and participate in the community, and is entitled to a high quality of life in which they are surrounded by caring, nurturing people who help to provide the maximum potential for growth.
- We encourage our clients to become involved in planning every aspect of their lives, and support them in accessing community resources to enhance their lifestyles.

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### **Our Services**

New Age Services Inc. provides a complete package of innovative services, programs and resources for adults with developmental disabilities. Our clients may also live with physical disabilities, brain injury, and/or behavioral, psychiatric or emotional difficulties.

New Age Services Inc. assists persons 18 years of age or older who seek residential, day or monitoring support in the community. All of our services ensure client needs are met through a strong team approach where the client, guardian, frontline and management staff work together as partners.

### Residential Support Services

We offer support to clients by matching them with caregivers in the community and by offering outreach and respite services. Residential Support Services ensures a high quality of life for our clients by providing assistance in all areas of need, including support, counseling, regular communication between the client, support staff and guardian, and implementation and monitoring of an approved service plan.

### **Day Support Services**

Our Day Support services support clients who benefit from individualized day programs tailored to their specific needs. We handle the design and implementation of purposeful day activities, such as community involvement, educational opportunities, employment and volunteer possibilities, leisure and therapy options, and entrepreneurial endeavours. We hire, orientate and supervise staff, and provide ongoing support, monitoring and evaluation of services.

Although our Day Program is community focused, we have a large, renovated Day Room which provides the opportunity for our clients and their staff to come together for crafts class, music therapy and social time.

### **Monitoring Services**

Monitoring is offered to individuals who live with independent Service Providers in the community. Regular contact is made with both the client and the caregiver to develop a trusting relationship in which concerns are identified, and support and resources are maintained. Guardians are provided with on-going updates and reports.

For more information or referrals, please Phone: (403) 242 6672, or email us at information@newageservices.ca

### Break Barriers. Employ Change. Services / Prospect PDD Service



### **Prospect PDD Services**

Franklin Office 915 33 Street NE Calgary, AB T2A 6T2 Phone: 403.273.2822 Fax: 403.273.0090

Web site: http://www.prospectnow.ca/?p=2557

Alexi Davis,

Manager Disability Services
alexi davis@prospectnow.ca

### What We Do

We support adults with developmental disabilities in experiencing an enhanced quality of life through increased workforce and community participation.

### How We Do It

We offer work experiences, career exploration, job search design, employment placement, on-the-job support hand consultation with the employers. We believe our services are best provided by:

- Honoring individual choice and preferences.
- Understanding that workforce and community participation starts as soon as an individual expresses interest.
- Communicating, planning and collaborating with an individual's support network parents, guardians,
   Persons with Developmental Disabilities Community Board (PDD).
- Ensuring supports are integrated with additional program, clinical and overall supports.

### Who We Work With: Our Services are designed for individuals who:

- Are 18 years of age or older are eligible for PDD funding
- Are comfortable in a 1:6 ratio of staff to client support
- Desire increased workforce or community participation and can take part in activities/workshops that are up to 4 hours long
- Are capable of self-administering medication
- Require minimal mobility assistance.



### **Prospect PDD Services**

Franklin Office 915 33 Street NE Calgary, AB T2A 6T2 Phone: 403.273.2822

Fax: 403.273.0090

Email: info@theworx.org

Website: http://www.prospectnow.ca/?p=2565

### What We Do

'The Worx' is a brand new employment center concept, designed specifically to increase access to job search support tools and services for persons with disabilities.

But what really makes 'The Worx' different from other specialty employment centers is the philosophy behind our approach.

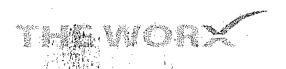
We provide one stop information and employment services - offline and online

- Our services have been designed in consultation with persons with disabilities
- · We are focused on reducing time to employment, education and skill training
- We use technology to improve accessibility, information delivery and learning
- · We offer a wide range of assistive technologies
- · We engage employers and other stake-holders in the delivery of our services
- We promote customized employment.
- We believe that people are always better off working and have put in place all the supports and services our clients need to make that a reality

### How We Do It

'The Worx' provides employment search services to Calgarians with all types of disabilities. In addition to information resources and assistive technologies, 'The Worx' also offers a variety of one-to-one support services\* including:

- Employability assessments
- Career counselling direct job placement
- Education and skill training placement



Clients of 'The Worx' have access to a series of Employment Preparation Workshops on topics such as:

- Labor Market Knowledge
- Work Search Strategies
- Personal Development
- Education Planning
- Advocacy in the Workplace
- Self-Assessment
- Career Planning

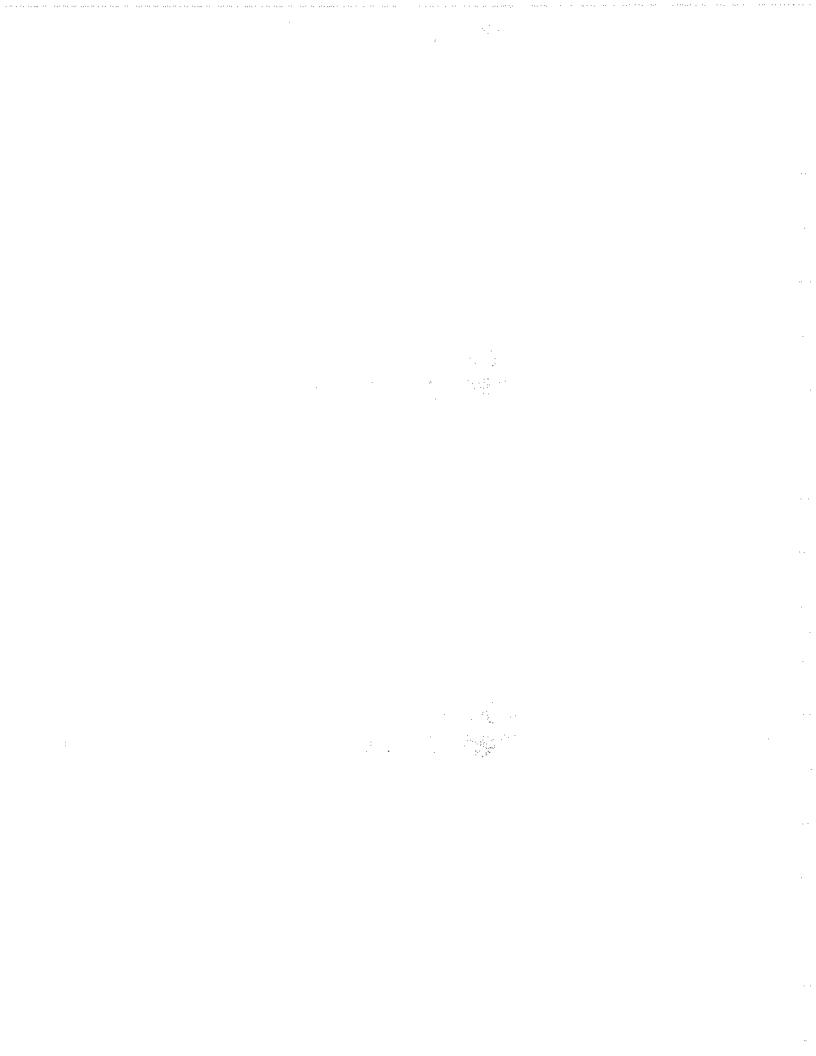
Call or visit 'The Worx' online today for more information.\*One-to-one support services offered to qualified applicants only.

†Workshop topics subject to change.

## **Technologies**

Sometimes technology can be one the biggest barriers to employment faced by persons with disabilities. Thanks to 'The Worx', it doesn't have to be that way anymore. Whether you simply need an internet connection or require the aid of text-to-speech technology to review postings on a job board, 'The Worx' can provide all the access you need. Our extensive list of available services and technologies support a wide range of disabilities including:

- Wheelchair accessible work stations
- Enlarged keyboards and hands free mic voice-to-text and text-to-voice software
- Interactive white boards
- Magnifiers and sound enhancers
- Captioning, translation and interpretation services
- Text recognition software





- 432 28 Street N.E. Calgary, Alberta T2A 6T3
- ✓ Tel(403)531-8631ext204 Fax(403)531-8639
- ✓ Hours of Operations: Monday thru Friday 8:00am to 4:00pm

#### **OUR MISSION:**

To promote and contribute to the development of diverse and inclusive communities.

## **OUR VISION:**

to be recognized as a leader in helping to create diverse and inclusive communities.

## **SERVICES**

## **Eligibility:**

Our programs are available for Adults with Developmental Disabilities 18 years of age or older who are eligible to receive funding from Persons with Developmental Disabilities, Calgary Region Community Board or other private or government-funded sources.

Available Services: The programs offered are tailored to individual needs/desires and emphasize independence and initiative.

## Residential Support (1020):

Residential services consist of Live-in Support homes, throughout the City of Calgary and area, with one or two represented adults in the same home. Live-in Support Homes provide the represented adult with a live in caregiver called a Permitted Subcontractor. The supports are typically provided from 3:00 p.m. to 9:00 a.m.; Monday to Friday; twenty-four hours on weekends, statutory holidays; during day program closures or when the represented adult is ill. The Permitted Subcontractors are required to be in full compliance to the ACDS CET Provincial Standard through a Support Home Service Agreement with Resourceful Futures.

## Community Access (3000):

Community Access services are designed to assist represented adults to explore and engage in meaningful daytime activities, based on the represented adults circumstances, desires and interest typically between 9:00 a.m. to 3:00 p.m.; Monday through Friday. Staff to represented adult ratio is dependent on the needs of the represented adult. Resourceful Futures Community Access program operates from 432-28 Street N.E., Calgary, Alberta. Resourceful Futures main office is located at the same site as the community access program. This allows for the leadership team to provide close monitoring, supervision, support and immediate response/intervention to critical issues.

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## In/Out of Home Respite (1050):

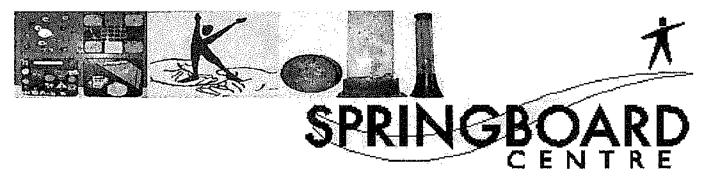
In/Out of Home Respite supports work in conjunction with the live-in residential supports (Code 1020-Permitted Subcontractors). This service is an extended support service for represented adults who require intensive supports. The supports can be in and/or out of the home, depending on the represented adults needs and circumstances. Through the Support Home Service Agreement with Resourceful Futures, all respite workers are held to the same standard of support, credentials and compliance to the ACDS CET Provincial standards.

To find out more information about our services and / or to make a referral contact:

Rob Halfyard, CEO

Tel (403)531-8631ext204 Fax (403)531-8639

Email: robh@resourcefulfutures.org



#14, 2115—27th Ave NE Calgary Alberta T2E 7E4 Phone: (403) 248-7071

Fax: (403) 235-3872

Email: admin@springboardcentre.ca

Office hours

Monday- Friday: 7:45 am to 3:30 pm

**Program Hours** 

Monday - Friday - 9:00 am to 3:30 pm

Springboard Centre for Adults with Disabilities is a Day Program service for adults who have moderate to severe developmental disabilities. The program operates Monday through Friday with services for the individuals we serve from 9 am to 3:30 pm.

Springboard Centre-prides itself in being a program that is a stepping stone; offering individuals opportunities to develop confidence in their skills, and enabling them to participate more meaningfully in their community. Springboard's programs make use of facilities and services that are available to the general public and provide opportunities to develop community awareness, life skills, and personal interests.

We invite you to explore our website and learn more about the agency and the services that we offer.

#### **Our Mission Statement:**

Springboard Centre assists adults with developmental disabilities to achieve meaning in their lives.

### Our Vision Statement:

Springboard Centre for Adults with Disabilities is committed to serving as a model to and partner with the community for the integration and acceptance of people with disabilities.



#### **Our Values:**

- 1. We believe in the promotion and facilitation of an individual's ability and right to make choices and decisions.
- 2. We believe in providing programs within a consistent, accepting, congenial and stimulating environment.
- 3. We believe that we must be sensitive to the needs of individuals and address these needs with respect and dignity.
- 4. We believe in providing an appropriate environment in which individuals can feel comfortable learning new skills.
- 5. We adhere to a professional code of ethics to ensure that we deliver the best possible service while respecting the rights of individuals.
- We believe in facilitating the professional educational process, and provide placement and supervision for students in the field.
- 7. We believe in promoting community education and public awareness.
- 8. We believe in adherence to Core Standards as outlined by Persons with Developmental Disabilities.

#### **Program Focus**

Springboard Centre specializes in serving adults with developmental disabilities who have behavioral challenges. In order to cater to the unique needs of this population, Springboard Centre offers two distinct program options:

### **Behavioral Support**

This program is for those individuals with mild to moderate behavioral challenges. This may include individuals who have been diagnosed with a disability that presents with behavioral concerns or those who may need additional support to appropriately address behavioral challenges. Programs in this area focus on meeting sensory needs, communication development and/or working with aging related challenges.



## Communication/Recreational Support

This program is for those individuals with mild to moderate behavioral challenges. This group includes individuals who require high levels of interaction and display a wide range of skills, abilities, and methods of learning. These may be individuals who are interested in growing within their existing strategies, and learning new skills. Programs in this area feature a personal focus on communication development, recreational and socially based activities.

Springboard offers both in-house and external programs, accessing the community resources as needed. Our programs rest on three pillars:

#### 1. Determination

The individuals we serve have an active and decisive voice in making decisions which affect their lives

#### 2. Citizenship

The individuals we serve have their rights and freedoms respected and protected, but also have the opportunity to meet obligations as participating and contributing citizens

#### 3. Membership

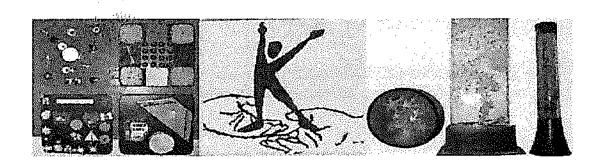
The individuals we serve belong to families, friends, neighborhoods, schools, places of work, the community

These three pillars set the foundation for the individuals' daily activities within the agency.

Each individual the agency serves has an Individual Service Plan (ISP). This plan highlights their abilities, including the growth that has occurred over the past year. The ISP also highlights the goals of the individual. This goal is based upon the core value of the individual so that it is meaningful to him/her. Once the goal has been set, this determines the daily activities of the individual, so that the agency can best assist in the achievement of the goal. We rely on input from our stakeholders, the caregivers, guardians and parents. We strongly promote the participatory team approach in making our service the best that it can be.

Phone number 403-248-7071

Fax number (403) 235-3872





# **S**Supported Lifestyles Ltd.

## Contact

Main Office Address:
Supported Lifestyles Ltd.
210, 495-36 Street N.E.
Calgary, Alberta T2A 6K3
(403) 207-5115
info@supportedlifestyles.com

#### **Our Mission**

Our mission is to provide highly specialized, quality supports to individuals with complex disabilities. We are a Level 2 ACDS accredited organization where exciting opportunities exist that nurture personal and professional growth of all involved.

#### What Do We Offer?

Supported Lifestyles offers a variety of supports to individual with disabilities and complex needs. We have a holistic approach to care and design our supports around the specific needs of each individual. We value each person as they are, with strengths, needs, and potential. We believe that people will grow in ways they wish, when assistance is given along with the chance to learn from life experiences.

We feel that all people have the right to follow their chosen lifestyle and therefore offer supports that allow for people to make informed choices about their life.

We empower clients to be the best they can be! Come explore our exciting and innovative services:

- Residential Services
- Career Services
- Adult Relief Services
- Complex Needs Residential
- Support Approach Team

## **Contact Information:**

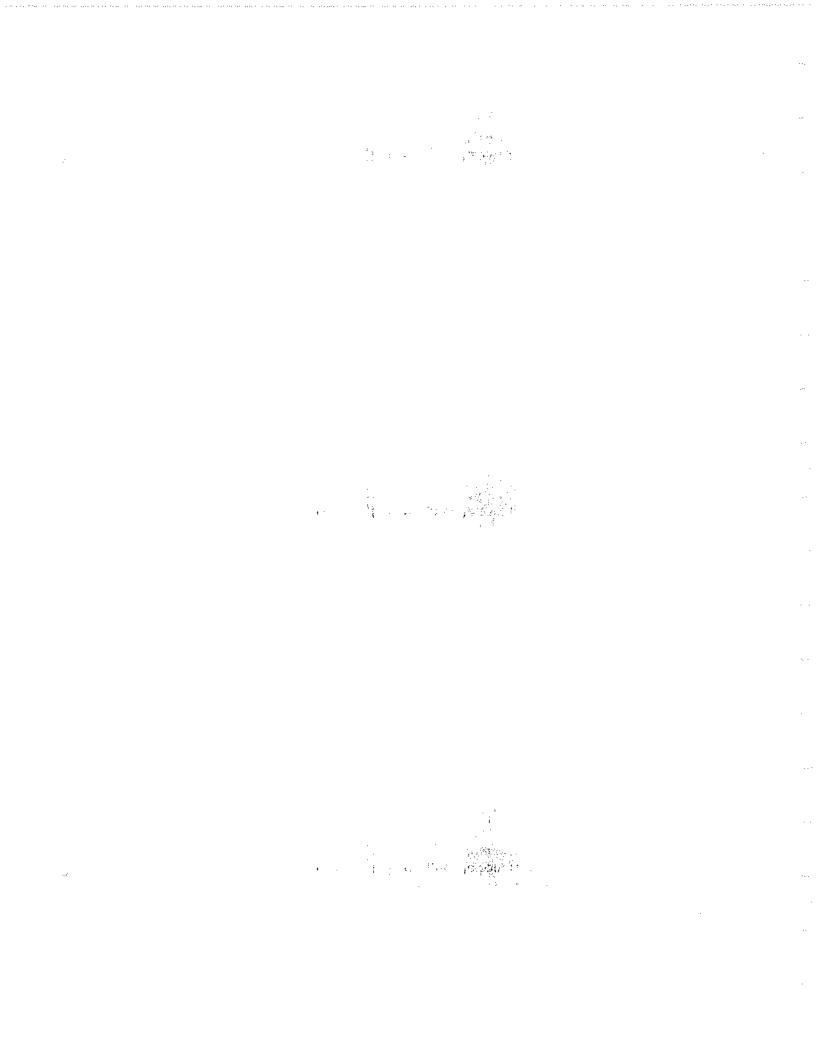
For more Information concerning

Residential Services: 403:207:5115 Ext. 243

Career Services: 403-207-5115 Ext. 235 or 236

Relief Services: 402-207-5115 Ext. 298

Support Approach Team: 403- 207-5115 Ext. 226 Complex Needs Services: 403- 207-5115 Ext. 226





3304, 33rd Street NW
Calgary, AB T2L 2A6
T: 403-284-1121 | F: 403-284-1146 | E: info@vecova.ca

## Overview

Vecova has been a leader in the Disability Services field and a research affiliate of the University of Calgary since 1969. Vecova is an accredited, non-profit registered charity.

We are proud to provide a wide range of services and supports in both Calgary and the Bow Valley for persons with disabilities and diverse support needs. Vecova provides customized services for the unique and changing lifestyles of our clients so they may live as independently as possible in the community.

We believe it is essential that persons with disabilities have the opportunity to explore their abilities, needs and personal goals. We take a person-centered approach to service planning to ensure the resulting services help our clients achieve their individual goals and meet their personal needs.

## Mission / Vision / Values

Vecova Centre for Disability Services and Research (Vecova) is a leading-edge, registered non-profit charitable research and service agency that has been meeting the needs of persons with disabilities and the community-at-large since 1969. Affiliated with the University of Calgary, Vecova is recognized as a leader in the field of disability services and research. Select a link on the left to learn more.

## **Our Mission**

Building the capacity of persons with disabilities and enriching communities through leadership, innovation and collaboration.

## **Our Vision**

Persons with disabilities are valued and integral members of society.



## **How to Access Services**

Adults with disabilities interested in applying for Vecova Disability Services must meet the <u>PDD program</u> <u>eligibility requirements</u>. To be eligible for the PDD program and to receive PDD program funding for services, the applicant must meet the following criteria:

- must be at least 18 years old when services commence
- must have a <u>developmental disability</u>
- must have acquired the developmental disability before turning 18 years old
- must be a Canadian citizen or permanent resident as defined by the Canadian <u>Immigration and Refugee</u>
   Protection Act
- · must reside and plan to receive services in Alberta
- must not reside in a facility or institution under the jurisdiction of another legislative authority

Note: If the applicant resides or ordinarily resides on a First Nations Reserve they are eligible for federal funding and should contact their Band for information on available supports and services.

Adults with disabilities who meet the PDD program eligibility and are interested in requesting more information about Vecova Disability Services and the planning and intake process please call 403-284-1121 and ask for the Intake Coordinator or email info@vecova.ca

## **Application Process**

Persons with disabilities and family members meet with Vecova's Intake Coordinator who will:

- describe the planning and intake process and the funding requirements
- provide information on the various programs, availability of services and Vecova's information package and application form

To request more information about Vecova's Application for Services Process please call 403-284-1121 and ask for the Intake Coordinator or email info@vecova.ca.

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## **Services Offered**

Vecova provides the supports required in any or all areas of daily living to assist persons with disabilities to live in the community. We work to ensure our clients have what they need to live the life they choose. Our services are client-directed and are flexible and responsive to the evolving needs of our clients.

## **Community Living**

Where an individual lives is a matter of personal choice. We believe all persons with disabilities need to have a home that is safe, comfortable and theirs. Services and supports may include skills training and development, overnight support, personal care, assistance with medication and/or health care, preparing meals, household management, accessing community resources and enjoying a full and satisfying social life.

## Living options

<u>Staffed Overnight Residence</u> - environments where two to four roommates share a home. Support is provided by Vecova staff, including overnight support. Vecova provides services in homes we own as well as residences that are rented or owned by clients or their families. Any home with four or more persons is licensed and adheres to the Alberta Government Accommodation Standards Legislation.

<u>Support Homes</u> – Individuals share a home with a Supportive Roommate. Matching an individual and Supportive Roommate is a very careful and thoughtful process. Some individuals choose to live in a family setting, and others feel most comfortable with a single roommate who shares common interests. In some situations, the individual and the Supportive Roommate plan to spend a weekend or two apart. If the individual requires support during this time, a Respite Provider may offer their home for this purpose.

<u>Supported Independent Living</u> – some individuals choose to live on their own or with a peer roommate. Vecova provides support in any area of need in these situations.



## **Community Involvement**

Vecova assists persons with disabilities to participate in and have a valued role within the community. Our services and supports help our clients to achieve a healthy life balance and may include:

- · finding and maintaining a volunteer position
- pursuing educational opportunities
- · participating in leisure and recreation activities
- participating in community associations or services
- · establishing or maintaining important relationships with friends and family

### **Employment**

Vecova assists persons with disabilities to succeed in the workplace and to connect businesses with competent, dedicated employees.

We assist our clients to:

- · identify their interests and skills and explore employment options, and
- · develop job, resume and interview skills

We offer employers access to skilled employees who are motivated and take great satisfaction in doing their jobs. Our employment specialists ensure the right job fit for both the employer and our clients and provide employment orientation and ongoing job support.

### **Professional Supports**

Professional Supports provide a range of psychological and social work supports to PDD eligible clients and their support networks, including:

- Consultation
- individual counseling
- educational and peer support groups, and
- staff training and resources.

For a referral to our Professional Supports please contact your PDD Client Services Coordinator.



## **Transition Planning**

The Transition Planning Team (TPT) is a partnership with the Calgary Board of Education (CBE) to provide services and supports for youth with disabilities to transition from adolescence to adulthood. The TPT works within 15 high schools in Calgary providing supports to three CBE programs:

- ACCESS (Attitude, Community Competence, Elements of Academics, and Social Skills)
- · ALP (Adapted Learning Program), and
- PLP (Paced Learning Program) programs. The goal of these programs is to prepare students with cognitive disabilities for transition to adult life in the community.

The TPT augments the students' classroom learning with a guided process for holistic person-centered planning in the areas of: employment, further education, financial needs, community participation, independent living, transportation, relationships, recreation/leisure, health and safety, self-advocacy/future planning, communication and self-determination.

#### The TPT also:

- provides training to teachers and educational assistants to gain the skills and tools that are required to support students in developing skills in the area of work experience and transition planning
- Pursues volunteer and workplace opportunities for the students. These opportunities allow the students
  to gain transferable work skills, explore a variety of possible fields and develop their portfolio and résumé
  prior to completing senior high school

"Transition Planning for Youth's with Developmental Disabilities handbook" On the Website http://vecova.ca/services/areas-of-service/transition-planning/

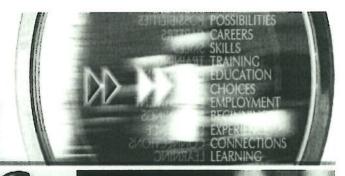
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It's your future ... Plan it well

## nextSteps.org

The City of Calgary Youth Employment Centre

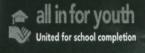


# Employer Spotlight



Community Workshops

Employer Services



Career Talks
A great way to learn from professionals about various careers and trades.

Learn more >>



Are you in high school? Can't get a job because you have no experience? Need help with your job search?

Jump Start your your future!

Jump \$tart is a free work preparation program. Learn More >>





A go-to-guide to finishing high school and planning for success





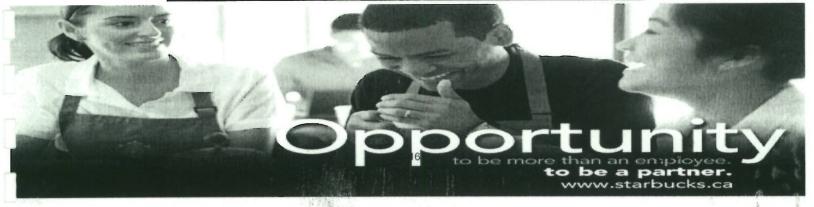


## **Employers**

Register now to participate in the City of Calgary Youth Employment Centre 2016 Youth Hiring Fair

Register Online >>

http://www.nextsteps.org/nextsteps/





The Youth Employment Program is an initiative run by the Calgary Construction Association.

With over 10 years in the business and having placed hundreds of youth in their trade of choice, YEP is an asset for youth looking for a career in construction.

ARE YOU AGED 16 OR OLDER?

Start building your career in construction today!

NO EXPERIENCE NO PROBLEM

Gain a skill base to help start your career with a three week hands-on paid work experience

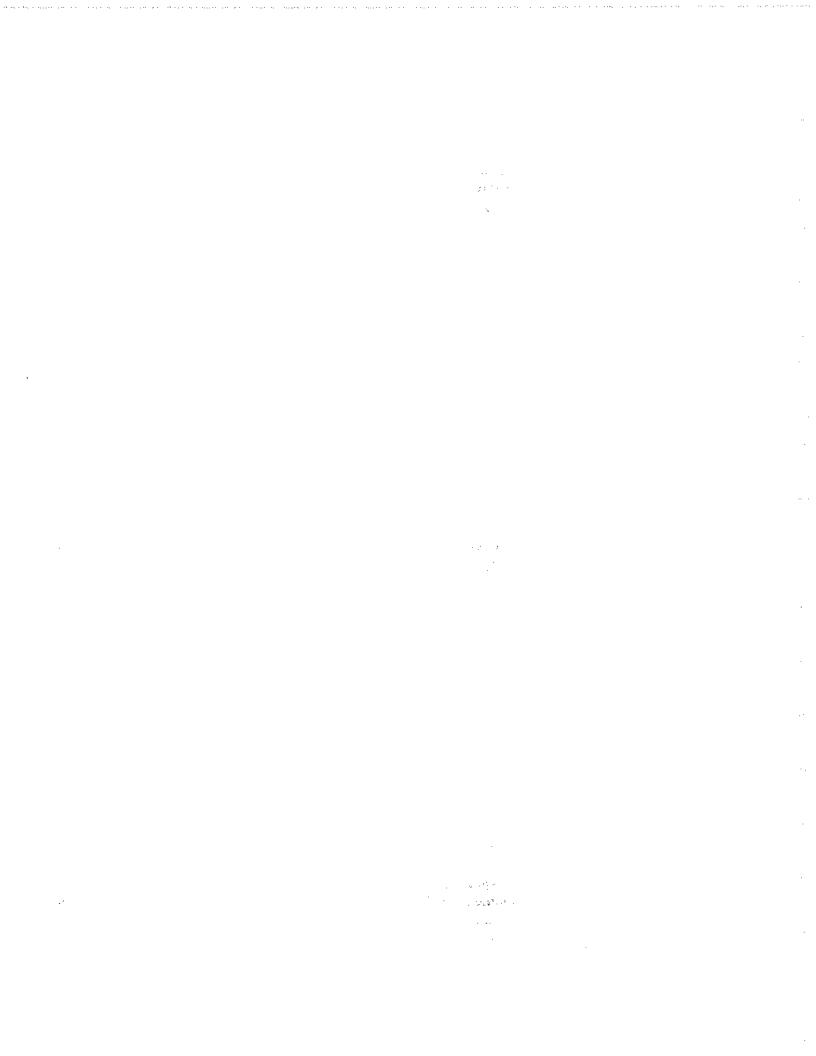
- · Explore opportunities within the construction industry
- Develop their skills in construction trades
- · Build a rewarding career in construction



## How YEP works:

- Youth explore a trade of their interest
- Youth fill out a Career Research Report and submit it for review
- Youth contact the YEP coordinator for an interview
- After the interview the YEP coordinator contacts potential employers given the trade of choice
- Youth meet with the employer and the paid work experience starts

WE EVEN HAVE SCHOLARSHIPS WAITING FOR YOU







## Websites

## **Government Assistance**

Organization	Website	Phone Number
Assured Income for the Severely Handicapped	http://humanservices.alberta.ca/disability-services/aish.html	1-877-644-9992
Calgary Transit Travel Training	http://www.calgarytransit.com/accessible-transit/travel-training/	311
Persons with Developmental Disabilities	(Contacts)http://humanservices.alberta.ca/disability-services/pdd- contact.html (Services) http://humanservices.alberta.ca/disability-services/pdd.html	(403)-297-5011

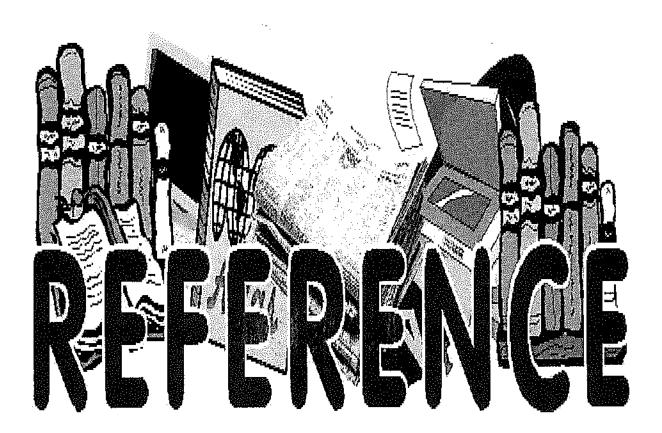
## **Post-Secondary Education**

Organization	Website	Phone Number	
Bow Valley	http://www.bowvallevcollege.ca/campus-services/learner-success-	(403)-410-1402	
College	services/accessibility-services/learners-with-disabilities.html		
Columbia	https://www.columbia.ab.ca/programs-courses/pre-career-	(403)-235-9324	
Training Center	programs/community-support-services-department/		
Mount Royal	http://www.mtroyal.ca/AcademicSupport/ResourcesServices/InclusivePo	(403)-440-6111	
University	st-SecondaryEducation/		
Olds College	http://www.oldscollege.ca/programs/TEP/index	<u>(403) 556-8281</u>	
Saint Mary's University	http://www.stmu.ca/inclusive-post-secondary-education/	(403) 701-5284 (cell)	
University Calgary	http://www.ucalgary.ca/ipse/about-us	(403) 220-8834	

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## **Employment and Day Programs/Residential Programs**

Organization	Website	Phone Number
Ability Hub (The)	http://www.theabilityhub.org	(403)-210-5000
Advocacy in Motion	http://faims.org/	(403)-652-4161
Calgary Alternative Support Service (CASS)	https://www.c-a-s-s.org/about	(403)283-0611
Calgary Scope Society (SCOPE)	http://www.calgaryscope.org/	(403) 291-4087
Champions	http://championscareercentre.org/	(403) 265-5374
Developmental Disability Resource Center (DDRC)	http://www.ddrc.ca/	(403)-240-3111
Independent Counselling Enterprises Inc. (ICE)	http://www.icenterprises.com/	(403)-219-0503 or 1-866-806-7000
New Age Services (NAS)	http://www.newageservices.ca/	(403) 242-6672
Next Steps program (Calgary Youth Employment)	http://www.nextsteps.org/nextsteps/	311
Prospect (Supported Employment)	http://www.prospectnow.ca/?p=2557	(403)-273-2822
Resourceful Futures Community Support LTD	http://www.resourcefulfutures.org/	403-531-8631
Spring Board Center	http://www.springboardcentre.ca/	(403)248-7071
Supported Lifestyle INC.	http://www.supportedlifestyles.com/	(403) 207-5115
Vecova	http://vecova.ca/	(403)-284-1121
Youth Employment Program (YEP)	http://yepcca.cc/	403-291-3350





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