

# THE ADVOCATE

William Aberhart High School  
Volume 21, Number 3 November 19, 2015

## Justin Erik Mayo January 29, 2000 - November 11, 2015

by RAZA HYDER and RILEY MARTENS

"GET TO THE CHOPPER!!" -Arnold Schwarzenegger. This was one of Justin Mayo's favorite movie lines. As many of you know, on Wednesday, November 11th, 2015 Justin passed away. Justin was a grade 10 student at Aberhart and he graduated from Branton Junior High School. Riley and I were very close with Justin and we want everyone to know, who Justin Mayo was.

Justin Mayo was a memorable part of the school community. He was a valued member of the Jr. Football team and part of the Swim team. With his bizarre sense of humour, he was constantly able to make his friends laugh with his twisted Illuminati theories and how governments were going to end the world. "He would make you give him an object and then somehow impossibly relate it to the Illuminati or North Korea or the end of the world," a friend mentioned. "No matter if it was a penny, a pencil or even the tide of the ocean, he would find a way. Many of them, things I would never think of." -Riley Martens

I (RAZA) met Justin in Grade 9. He was in my homeroom and we didn't know each other at first. I saw him not talking to many others and I decided to go introduce myself. I will never forget that day. I remember a moment in math class when Justin said that he was just going to rest for a bit. He put his head on the desk and slowly started to tip the desk over, and then he and the desk fell! Everyone was wondering if he was okay and he was laughing on the floor. The whole class was so happy and laughing with him. He entertained us all. As the years went by, we got along really well. We would always joke around and he made me laugh my head off. I will never forget all the discussions I shared with Justin. We talked about so many things that sometimes made sense and most of the time didn't. We were always looked at weirdly but we didn't care. What mattered was our happiness, which I am so thankful to have shared with him.

This year, I was so very lucky to



have Justin in one of my classes. On the first day of school, when we saw each other, we were exhilarated with joy that we were together in one class. This class did happen to be science, which was a struggle for the two of us. In these past two months, Justin and I continued our friendship right where we left off at the end of Grade 9. We talked so much about our new struggles and the good times we had in Junior High. We read in the textbook together and would make funny accents while reading. Even though we may of gotten in trouble for giggling too much, we continued to do so. Whenever I was down or upset, Justin would see this and always do his very best to cheer me up. He helped me get back on my feet and to never give up on my dreams. He always liked the fact that I wanted to become an actor. Justin would motivate me and say "When you are an actor in LA, I will be your Bodyguard. You will be safe from anyone who tries to harm you." He really cared for others and supported them. He, in fact, cared more for others than himself. He would motivate and help me, but right away he would bring himself down. In pictures he would say "You are more photogenic than me". I immediately would say, "No way! You look so cool!" Justin never really had a solid plan and career in mind. He would constantly think he would be stuck in High School and never succeed in anything. I was hurt and upset to hear this. All his friends and I would be

there for him and say, "Science and math are hard for a lot of people, school in general really. But just because you are finding it hard now doesn't mean that you won't succeed in anything. You draw so many cool things and invent creations and ideas in your mind and always enjoy sharing your thoughts with others. There are so many things you CAN do!" He would simply say, "Thanks, but honestly look at the person I am." Justin would struggle with math and yet he made so much effort to understand and receive help. Justin tried and did his very best at everything, even though to others it seemed like nothing. In some cases he even performed better than I would on a test and I was so happy for him. It was a way of him seeing that he can do well and succeed. He was a great comedian! Not only did he make others and I laugh, but he did it in his own way. He did such an amazing impression of Arnold Schwarzenegger in *The Terminator*: "Hasta la vista, baby!". He also did a creepy yet very hilarious Mickey Mouse and Kermit the Frog impressions. "Oh hey! I'm Mickey Mouse!", "Kermit the Frog here". I wish I could hear him do all these funny voices again. It was a joy to watch him. I told him that he could be a comedian. He would be so good at it. He said "I think it could work". I always thought of him becoming a comedian and I wish I got to see it happen.

In September, Justin joined the Jr. Football team and really wanted me to join. He said "You love Football and I'm liking it too, it will be fun". I told him, "I really do want to but my schedule for this fall is already too busy. We can do it together next year! You go have fun and do your best!" He kept on insisting me to do join, but I couldn't this year. I did think we would be on the team next year but now I can't. I regret not being on the team with him.-Raza Hyder

"With all of his drawings and joking he would constantly cheer myself and others up. He would mock me because I shelve books as a job and he would always

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call me the Librarian. His drawings were extremely awesome, creative and plain hilarious. Though it may not have been evident, he constantly cared for others and always ask how we were. He kept persisting that he would make a great wingman for me, I just never had the chance to ask... another regret. I will always remember Justin. His many stories of his times in Japan are quite something. His abilities as storyteller and comedian were always enviable and admirable. His Arnold Schwarzenegger impression was fantastic. Every time I was around him with other people, he would always manage to crack smile no matter how introverted people were. I am thankful for the chances I got to help him with social studies and spanish to give back with all of humour he shared with me. He was good friend and an even better person. This is a personal loss and a loss for many students and staff at ABE. I and many of his friends will dearly miss him” - Riley Martens

Justin will be missed, but we will always remember and cherish the memories we made with him.



Justin at Grade 9 Graduation  
Photo by Raza Hyder



Justin's Ceremony after the win of the Junior Football team.  
Photo by Raza Hyder

## ORANGE PULP

### Never Alone

by YUSEF ZIA

In the wake of the recent tragedy that has befallen on our school, I felt it would be best to bring light to subjects relating to the well being of students, and the importance of prioritising said well being. There are plenty of hardships that affect teenagers, and with the rapid advancement of technology, there are more mediums that allow these issues to take affect.

Cyberbullying is a prime example of how harassment has been able to evolve from the last generation to the current one. We are living in an era where communication over long distances is easily accessible to the general population. Years ago, one's home was where they could feel safe, and not concern themselves with the outside world; now, there is seemingly no escape from the digital world, leaving anybody vulnerable to be a target at any given time. Granted, there are many advantages to every advancement of technology, and I have nothing against progress, but there is also much more to be responsible for. Alienating someone is much easier if they are dehumanized, it's one of the oldest dirty political tricks in the book. When someone is staring at a screen rather than looking into their victims eyes, nearly all sympathy is lost. As a result, people don't witness the outcome of their actions. Young adults, who are currently the most harmonized with technology than any other demographic, are the most susceptible to online harassment. It is our responsibility as the pathfinders of the digital world to realize the psychological impact of all our actions online.

Stress has become a major factor in the lives of many students. Going into high school, a student has everything on the line in regards to their future. The amount of pressure that builds up can be very cumbersome for students. Course loads are generally designed to be comfortable, but they do not take extra curricular activities or programs outside of school into account. In this sense, it is difficult to balance academics with anything else one may be involved with. Extra curricular activities are also very essential to anyone looking for an edge over their peers. The nature of school is very competitive, and in order for a student to look best on paper, they must sacrifice leisure time that is essential for their own well being.

Emotion, to be put simply, is a series of chemical reactions in the brain. Young adults going through their pubescent stages commonly experience an imbalance in their emotions. Depression is a result of inactivity in certain areas of the brain regarding emotion. It is a real issue that tends to be undermined, but has a tremendous effect on anyone affected by it. As a society, we sometimes fail to realize the impact depression can have, or even notice that it is there. Depression can be characterized as a mental illness. It is not something to be taken lightly, and is not something easy to detect in its early stages. As a whole, we all need to be aware of these characteristics that define depression. It is different for every person, making it hard to detect the symptoms of an individual. We need to be assured that we're educated on this matter.

There is always help available for those feeling alone, depressed, or stressed. Never deal with an issue on your own. Humans are social creatures and are meant to deal with issues as a collective. There are always helplines and programs offering both long term and short term assistance. Talk to someone you trust, make sure you are heard, and that you're not alone. You never are truly alone; there is always somebody there.



***There are resources everywhere for anyone who would benefit from them. Please don't be afraid to use them.***



## EDITORIAL

# The Ides of November

by JORDAN BUNKE

Along with solemnities and hard hitting local tragedies, namely Remembrance Day and the untimely death of one of our valued students, the Parisian attacks have only heightened the somber nature of the middle of this month, and perhaps the nature of the immediate future. Paris, one of Europe's foremost historic and cultural cities was systematically targeted by the terrorist group ISIS, in what they claim to be the first of several attacks, ultimately hoping to vanquish the epicentre of Christianity, presumably because of the papacy, Rome. France was also targeted because of their involvement in civil wars in Iraq and Syria, as well as their drone strike anti-ISIS initiative; Operation Chammal.

The attack had several armed assailants and suicide bombers spread across multiple Parisian arrondissements, and were concentrated on the Stade de France, the stadium reserved for the French national team, and the Bataclan, a concert hall of international repute. At the Stade de France, an international soccer friendly was taking part between France and Germany, and up-

wards of 80,000 people were in attendance, including the President of France, Francois Hollande, who was evacuated safely at half-time. The suicide bombers were unable to get into the stadium. However, the latter of the two venues was infiltrated, causing 89 of the 129 immediate casualties of the attacks. Additionally, other attacks were carried out in cafés, a bar, as well as a restaurant. Stadia, concert halls, and dining and social venues. These attacks were deliberate attacks against the very way of life of the French people. Things as integral to European society, not to mention that of the French, were sought out and mercilessly assaulted. President Hollande aptly called the attacks an "act of war", as they were a persecution of culture and civilization itself.

The attacks, as of the writing of the article, resulted in 139 fatalities and over 350 injured people, with nearly 100 of the latter in critical condition. This traumatic series of events was followed by the largest drone strike of Operation Chammal thus far, concentrated at supposed terror cell locations in Syria. Amidst the disaster, the French showed resiliency and banded together, displaying strength, camaraderie, and fortitude. L'équipe tricolore, a commonly used nickname for the French national team, accompanied the German national team overnight in the Stade de France, as it had not been

deemed safe to leave. The world responded to the incident with a wave of support through social media, as the national flag, a striking reminder of the nation's ideals of liberty, equality, and fraternity, swept across Facebook, while the hashtag "#PrayForParis" took over Twitter and Instagram. World leaders like Germany's Angela Merkel, the United Kingdom's David Cameron, and

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President Obama all voiced their support and sympathies for the families of those affected, banding together behind their common, underlying, fundamental ideals that define the world we live in.

In the aftermath of this tragedy, many questions crept up through mass media outlets, accompanied by widespread panic and hysteria amongst some. CNN aired a special this week about ISIS, asking clearly fearful and genuinely inquisitive questions like, "Who are they?" and "What do they want from us?" Many people are seeking a rationale and justifiable motive for actions that are inherently unjustifiable, inhumane, and irrational. The argument for the Islamic State's (ISIS) anti-Christian sentiment being a retaliation for the abuse enforced by the Catholic Church through events like the Spanish Inquisition can be made, but it falls flat when one realizes that religious tolerance was largely a myth in the 16<sup>th</sup> century, while the supposed global worldview of the 21<sup>st</sup> century is antithetic to that of the aforementioned past. As ISIS enforces their anti-Western doctrine and attacks those for whom they bear so much hatred and negative sentiment, the same thing sadly, but inherently happens to those of the Islamic faith. The attacks in Europe and perhaps beyond, though not actually perpetuating or relating to the Islamic faith, have only increased tensions regarding Muslims in Europe, and have only heightened an already notable level of Islamophobia in the continent and worldwide.

Prior to the reinvigoration of the terrorist threat in the public eye as a result of the Paris attacks, the most pressing issue regarding both continental western Europe and Syria in mass media was the refugee crisis, and the subsequent variant reactions by European countries regarding the opening of their borders. Many countries shut their borders to the refugees completely, while others hesitantly accepted a few. Most notably, and perhaps surprisingly to many citizens of the world, Germany opened its borders ungrudgingly, and welcomed many refugees in Munich and across the country. Other countries were criticized for their lack of support, and coming to their own defense, many stated paranoia and apprehension regarding potential threats of terrorism. In the European Union and the Eurozone, residents can travel internationally without as much as having to show a passport, and, given the small geographic sizes of most countries relative to North America,



can travel through several countries in very little time. Though its authenticity and circumstance have yet to be confirmed as of the writing of this editorial, a Syrian passport has been tied to one of the assailants in the Paris attacks, who supposedly came to France as a refugee through Greece in early October. This will bring the issue of Syrian refugees in Europe back to the forefront, casting out the previous underlying human decency as a motivator for the acceptance of immigrants in favour of a potential national security threat. Countries that were formerly eager to accept refugees may rethink their positions in favour of domestic safety, only worsening ethnic tensions and fears. Additionally, principles of internationalism in Europe may change forever, and the progress made in the continent since the formation of the EU may be largely overturned as a result of the attack, similar to the drastic increase in flight security following 9/11.

As to how we can deal with ISIS, a new kind of threat, a war on countless fronts, there is no definite answer. However, as with many things, we can look to history for guidance. ISIS, first and foremost, is a terrorist group. Amidst bogus justifications for their doctrine of violence and religious and ethnic persecution, they are terrorists. Therefore, they prey on the fears of those they terrorize, without which they would not accomplish anything. In a remarkable display of will, the French have illustrated how the world must follow suit when it comes to terrorism. Without our fear, they are nothing. Questions like "Is ISIS violence actually rooted in Islam?" and "What do they want from us?" only encourage and drive ISIS, acting as evidence and embodiments of the fear, panic, and hysteria they are trying to perpetuate. A close parallel can be drawn to World War II, when the threat of the end of the ideals the Western world came with Hitler at the gates. To quote Franklin Delano Roosevelt, "The only thing we have to fear is fear itself." This, a phrase uttered over half a century ago, still echoes from the annals of history as one of the most powerful speeches of all time, and along with a united global force, carried the Allies through a war that seemed dire when the same resilient city that witnessed this grave disaster was desecrated 75 years ago. Those same words are just as easily applicable to the current scenario we find ourselves in, and must serve to remind us of what we have overcome and will continue to overcome. And so, let us not ignore the threat of a looming evil, but let it not conquer us and that which we stand for; collectively and united. *Vive la France!*



## PLACES and SPACES

**Sidewalk Citizen***by DENIZ COSKUNER*

At 338 10 Street NW there is a cute little cafe called Sidewalk Citizen cafe. With almost all of its food locally sourced from the organic grocery store located in the same building, it is a healthy and extremely delicious option for a lunch out or a take home dinner if something delicious and healthy is needed. The grocery store that shares its location with Sidewalk Citizen makes life just a little bit simpler if you need to do some shopping and pick up a meal at the same time. However, if the coffee shop vibe is something that you prefer then the second location in the Simmons building in east village might be better suited. Again Sidewalk Citizen shares its location, this time with two other shops, Phil and Sebastian Coffee and Charbar (A more formal restaurant). Sidewalk is the perfect combination of healthy and delicious. They have many diverse options on their menu including some delicious soups, savory tarts, fresh salads, pizzas, sandwiches, great pastries, baked goods, and more. Because they use locally grown produce, their menu changes constantly to suit whatever is in season and is a new and exciting experience each time you go. Sidewalk Citizen is always trying new and exotic flavors based on the produce that they have. Their decadent desserts are unique and are always a hit. For example, their pear and white chocolate scone with rosemary. It's very rare that you would find something else like that anywhere in the city. What truly makes Sidewalk Citizen stand out from the rest of the cafes that you find in abundance in this city is the quality that Sidewalk offers. You can always be sure that the pastries and bread are made fresh that morning by some of the finest bakers in the city using some of the finest ingredients. Another one of their famous foods is the pizza that they offer. They always have two options (one vegetarian and one with meat) If you are a fan of thick crust on your pizza then this is definitely the place for you. One of the difficulties that come with having a café/ deli in a place like East Village and Kensington is the lack of parking. Almost all of the parking in the East Village location will cost you and the parking lot in the back of the Kensington location is normally full, so parking is not always fun. The good news is that there are train stations close to both locations.



## THE REASONS WHY...

**Christmas is here***by KAARI HALL*

December is right around the corner, and the time to get excited about Christmas has passed. If you're only now getting aboard the Christmas train, you're running late and you need to step it up. Here are the five reasons why you should be more excited for Christmas:

1. Alright, even though not everybody celebrates Christmas, December holds a lot of promise. There's Kwanzaa, Hanukkah, Yule and New Years. What's not to be hyped up for? I was ready for Christmas on Halloween, and don't tell me to calm down. It's not a holiday, it's a competition, and you're losing.

2. Anything Christmas related in pop-culture actually gives me life. Mariah Carey's "All I Want For Christmas is You" has been on repeat for 3 weeks and it can't be stopped. If you're not ready for Christmas, what was the point of the Grinch giving it back at the end of the movie?

3. Christmas food can stop or start wars. The word gingerbread originates from the world gimbret in Old French, which loosely translates to happiness and love. If I don't consume an entire gingerbread house before New Years Eve, bad things will happen. And don't get me started on eggnog. Anything with cinnamon in it is good by me.

4. Decorating the house is so much fun. Seeing suburban families compete with their neighbors in out-decorating gives me such a thrill. Square up Susan, time bring your "A" game (I love stereotypical soccer mom names).

5. Finally, there's two weeks of no school. You don't have to talk to people or change out of your pyjamas. That's what true success looks like, not having to change all day. People who choose to leave the house when it's not necessary don't love themselves. That's a scientifically proven fact.

No matter what holiday you celebrate, the act of crossing off days until you reach them is one of the best parts.

# Lest We Forget

## Commentary on Remembrance Day Ceremony

Dear Students and Colleagues,

I had the life altering opportunity to travel with Bill Hilton and the Social Studies students to the Canadian Battlefields in France and Belgium last spring. We walked in the trenches and supply tunnels at Vimy Ridge and gazed across the Atlantic at Juno Beach, gun metal gray in the spring drizzle. We stood inside the bunker that served as Dr. McRae's field hospital at Flanders, where no poppies grew, and peered across No Mans' Land at Beaumont Hamel to the 'Danger Tree' and beyond.

We attended the 'Last Post' ceremony held daily at sunset at the Menin Gate Memorial in Ypres. The ceremony has been carried on daily since 1928. Each evening, the name of one lost soldier is read out and honoured. They've yet to read all the names inscribed on the walls. We walked amongst the white crosses at the American Cemetery where over 9000 soldiers have been laid to rest and the sheer magnitude of the losses washed over us like the waves on the Normandy coast.

As I sat in the assembly today, these poignant images ran through my mind and I wondered how many of our students who've shared this pilgrimage were also experiencing Remembrance Day with eyes that have seen and hearts that have felt, with weighty gratitude, the sacrifice made for our freedom. Authentic learning. Meaningful. Relevant. Reinforced by Gustaaf's Wehnes' willingness to share his family's personal story of loss and liberation.

Thank you for all you do, each and every day, to make learning come alive for our students and a special thanks to Gustaaf and the Fine & Performing Arts team for a flawless and moving assembly today.

Sincerely,  
Ms Annis-Johnson



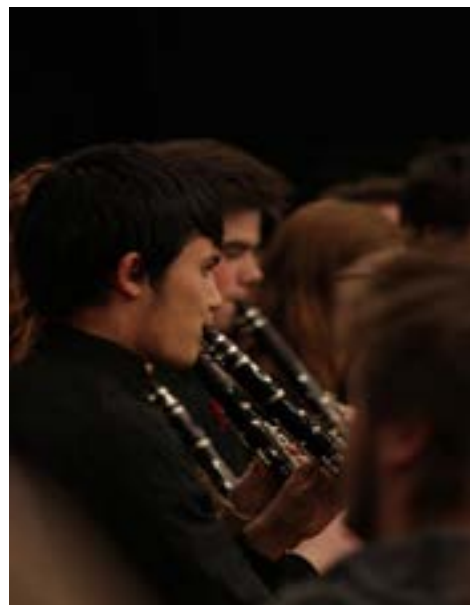
I loved the creativity and talent shown by students and staff today at the ceremony. What a great job you do each year making it unique and touching.

Thank you  
Ms Campbell



To all who were involved in the remembrance day ceremony; very moving, and very deep. The hours of preparation required to pull this off so well are deeply appreciated. The students in the audience are also to be praised for their respectful behaviour.

Mr Pike



Kudos to ALL for the wonderful ceremony.  
Ms Dunn



# Blood at William Aberhart

by REBECCA MCEVOY-HALSTON

William Aberhart has been a leader amongst blood donating schools for many years. In 2014 - 15, we donated the most blood from any school in Canada! Parents, students and teachers have worked hard to donate liters upon liters of blood.

Blood is vital to every living human. It provides the nutrients and oxygen that humans need to live. People around the world and in Canada depend on blood donations. Donating blood is very easy and it is a way to give back. Donating blood is an easy way to save lives. Jennifer Oakes is a prime example of how blood can save lives. Donations from our school helped keep her alive. People involved in major car accidents and heart surgeries also depend on these blood transfusions. That is why donating is so important. Even though Aberhart is at the top, we can still donate more. Every drop of blood counts and it will help save someone's life. It's as simple as donating.

It's not just you ABE, even your family and friends can donate so make sure to encourage everyone to donate. Let's donate more this year ABE!

The donation password for William Aberhart is WILL011469. Make sure to follow @abebleedsorange on twitter.

## BECOMING A DONOR

Becoming a donor is very easy. You have to be 17 years of age and over a certain height. After finding your blood type out, it's a short ride on the blood bus, then you will be a blood donor. If you don't go through the school, it's a four-step process. First, you find if you're eligible. Then, find a clinic near you and book an appointment. After booking the appointment you're ready to donate.

## OTHER WAYS TO DONATE

Besides blood, there are other, more specific things to donate. These things include platelets, plasma, umbilical cord blood and stem cells. The list also includes organs such as kidneys, hearts lungs and livers.

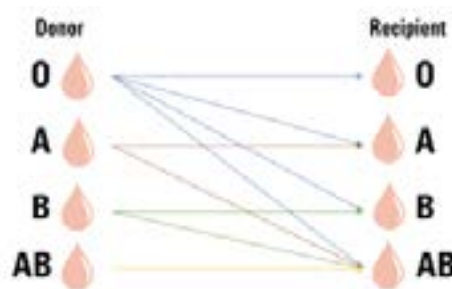
## BLOOD DONATION LOCATIONS

They have temporary one-day blood donation locations all across Calgary. These donation centers are often set up for one or two days and found all around Calgary. To find these locations you can look on the

Canadian Blood services website. The one permanent blood donation center is at 737 - 13 Avenue SW.

## BLOOD TYPES

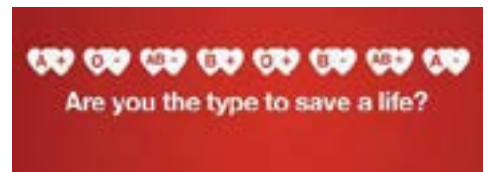
There are eight blood types found in humans; do you know what type of blood you are? Out of the eight blood types, there is O, A, B, and AB. These types separate into negative and positive. For blood transfusions to be successful, the donor has to match one of the compatible types. To see which types match, you can look at the chart below. Another thing to remember is that positive donors can only have positive recipients. However, negative donors can donate to both positive and negative recipients.



Jennifer Oakes accepting a cheque on behalf of Aberhart after telling her inspiring story to the school. Students have now found new motivation to donate after hearing her story. They see how their donation can help save lives



Students and teachers accept a cheque from the Canadian Blood Services to Aberhart for their hard work and blood donations.



# Blood at William Aberhart



## Ocarina of Jazz

by ANNA SVIKNUSHKIN

On the evening of October 16, 2015, the National Music Centre hosted an all-ages jazz jam. Students in the jazz programs from William Aberhart, Dr. E.P. Scarlett, Lord Beaverbrook and more were all present.

The jam opened with William Aberhart's Jazz Combo 2. They decided to showcase the age-old tune, *The Girl From Ipanema*. Although most may not recognize the Brazilian bossa nova song, it is commonly regarded as elevator music. The very relaxed chord progressions and sweet melody that made the song a hit in the 1960s is appreciated by any audience, and has made its way in any vision or dream of Brazil. However, Combo 2 delivered an energetic performance.

Despite the easy-breezy feel of the tune, the changes are quite challenging, and it was a big achievement for the combo to follow the form and generate melodic consistency. The head was played with ease, and the solo section followed with accurate changes provided by the rhythm section.

The rest of the evening proceeded with classic standards from the real book. Among the set list, there was *Autumn Leaves*, *Blue Bossa* and more. For some students, it was their first experience performing and improvising with a collective of strangers. The atmosphere was supportive and communal as students talked and helped one another out when it came to musical difficulties.

The pinnacle of the National Music Centre's jam was when one student, name unknown, brought out his ocarina. For those of you who may not be familiar with ocarinas, it is an ancient wind musical instrument, made famous by Nintendo's *Legend of Zelda: Ocarina of Time*. For all gamers or gaming-culture enthusiasts, ocarinas are a significant musical icon and embody countless adventures held with fictional characters Link and Na'Vi.

The anonymous student soloed on his ocarina to the changes to *Autumn Leaves*, and the audience was left speechless. Even though it was challenging to hear, the young musician outlined the changes and even through in some stylistic choices such as leading tones and dominant scales.

Be it the ocarina or the tenor saxophone, the most impressive factor of the evening was the sense of community in the room. Out of the 50 or more students, the crowd coexisted in harmony.

## *The Advocate* wants YOU!

Do you like to write?  
Do you like to take pictures?  
Do you have a special affinity  
for organizing and  
laying out massive amounts  
of material?  
More importantly,  
do you want to wield  
**PERSUASIVE POWERS**  
you never thought possible?  
If you answered YES to any of  
these questions, we want YOU!  
We're looking for journalists,  
columnists, cartoonists,  
photographers, and layout  
lackeys to help us with  
*The Advocate* this year.

Email your submissions and  
letters to the editor to  
[advocateabe@gmail.com](mailto:advocateabe@gmail.com)!

## THE ADVOCATE

THE ADVOCATE is the official newspaper of William Aberhart High School. We publish on a bi-weekly basis and encourage letters to the Editor of THE ADVOCATE.

THE ADVOCATE is meant as a forum for student expression and is published to inform and entertain the students and the entire school community.

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Halston, Raza Hyder, Deniz Coskuner,  
Aditya Khatu

## Letters to the Editor



William Aberhart is well known for its eloquent young artists, moving drama students, and well-rehearsed band and choir. This well rounded blend of youth, paired with guest bagpipers and speakers, generally results in a smooth running assembly leading up to the National Day of Remembrance. Despite being set for success, Tuesday morning was a time of stress and confusion for many. On November the tenth, students with a first period spare were left in the dark. While a few studious teens arrived at school early to complete work or study, many others opted for an extra few minutes of sleep. Since these students had no first period class, there was no one to inform them of the timetable changes or even which assembly they were assigned to go to. No bells rang for the duration of the morning, so there was no obvious direction. This resulted in many grade 11 and 12 students waiting in the hallways, shut out of their classrooms, and unable to get into the first assembly. Upon asking the main office for assistance, students were received by uninformed staff. They were made to explain their situation multiple times before it became evident that even the secretaries were unsure of how to proceed. Eventually they were asked to make their way down to the cafeteria and wait for classes to exit the gymnasium. When the first assembly ended and spare-goers were able to join their second period classes, many were refused by their teachers the opportunity to join the second assembly. A few others, however, were allowed to pay their respects. For some, the situation turned out all well and good. However, for other students who had a first spare period, and were assigned to the second assembly, there was a different problem. By the time many of them realized the timetable changes, they had missed a great deal of class time in second period. The poor communication between organizers and students resulted in missed learning opportunities, and handful of disheartened young students. This all could have been avoided if organizers had made more preparations in regards the communication and disclosure of information. This time next year it would be appropriate to announce, or simply post a few modified schedules in advance of such assemblies.

Christine O'Brien



# Les Pays-Bas et le Canada: une histoire d'amitié, de culture et de langues

by ENRIQUE CALDERON

Les Pays-Bas et le Canada: une histoire d'amitié, de culture et de langues. Un projet qui soutient non seulement la langue française, mais qui soutient une amitié qui porte fruit. Ce projet, composé de 21 élèves et de 4 professeurs canadiens et néerlandais, continue de créer des nouveaux liens entre l'école secondaire William Aberhart et le Collège Maurick. Cet échange intercontinental a débuté en avril 2014. Le printemps dernier était la deuxième expérience de ce projet. La communauté de Aberhart a reçu 6 élèves et 2 enseignantes néerlandaises qui ont aussi été accueillies chaleureusement par nos familles d'accueil. Nos invités ont participé à de nombreuses activités langagières et culturelles ayant résulté à une expérience 100% canadienne. Cette expérience authentique s'est continuée en octobre dernier lorsque c'était au tour des 16 Canadiens de se déplacer vers les Pays-Bas. Ils ont participé à des classes de DELF, hollandais, néerlandais, grec et romain, en plus d'apprendre à cuisiner à la hollandaise. Les élèves canadiens ont aussi eu le privilège de participer aux heures Dalton où ils ont pu planifier des heures de devoirs et de tutorats. Les étudiants canadiens ont aussi utilisé leurs connaissances en études sociales, français et en mathématiques pour résoudre des questions et compléter leur journal de voyage afin de pouvoir recevoir leur Certificat International du CBE. Même si les journées étaient chargées, il y avait toujours du temps pour s'amuser et rire avec nos partenaires d'échange et certainement pour créer des liens d'amitié. Nous avons aussi eu la chance de visiter Amsterdam, le musée d'Anne Frank et Camp Vught qui nous ont donné la chance d'apprécier davantage le privilège que nous avons de participer à ce projet. Le tout s'est terminé par un voyage de 4 jours à Paris où la langue française ne pouvait pas être plus immersive. Louvre, d'Orsay, Versailles, Notre Dame, les Catacombes, Montmartre, la tour Eiffel, l'Arc de triomphe, le café des Deux Moulins, etc., sont tous des noms qui ont maintenant une image et une émotion pour nos élèves. Le voyage a eu pour effet de démontrer qu'on peut être des amis et créer des liens même si on n'est pas de la même culture ou notre langue première n'est pas la même. L'amitié et la langue n'ont pas de frontières.

The Netherlands and Canada: they share a story about friendship, culture and language. Our students have been involved in a project that not only supported the French language, but also helped a friendship grow stronger. The project was made up of 21 students and four teachers from both countries. To date, this project is still creating bonds between our school, William Aberhart and Maurick College. This international exchange began in April 2014 when six Dutch students and two teachers came to Canada. This year was the second time that the friendship between these two schools has been demonstrated. ABE and the host families welcomed the Dutch students with an open heart. Our guests participated in many linguistic and cultural activities that resulted in a pure Canadian experience. This authentic experience was paid back in full this October. The 16 Canadian students and teachers went to the Netherlands and were welcomed with the same warmth and excitement. They participated in many activities such as DELF classes and lessons in Dutch, Greek and Latin. We even learned how to cook Dutch food! Our students were privileged to try DALTON hours where we had time to plan our projects, do homework and ask the teachers some questions. The students also used their knowledge of Social Studies, Mathematics and French to answer some questions in the journals so they could get their International Certificate from the CBE. Even though the days were full, the Dutch and Canadian students had the chance to bond and create a stronger friendship over the course of the trip. We also had the chance to visit Amsterdam. There, we visited the museum of Anne Frank, as well as Camp Vught, something that gave us the chance to appreciate how lucky we are to be able to participate in this project. Following our stay in the Netherlands, we also went to Paris for four days where we practiced our French and visited Louvre, Musée d'Orsay, Versailles, Notre Dame, Catacombes, Montmartre, la Tour Eiffel, l'Arc de triomphe, le café des Deux Moulins, etc. All our students and teachers had fun and were able to explore while experiencing Dutch culture. This trip not only demonstrated that we can create bonds between people of different languages and cultures, it also demonstrated that friendship has no borders.



Los Países bajos y Canadá : una historia de amistad cultura y lengua. Un proyecto que no solamente ayuda la lengua francesa pero también crea una amistad que da frutos. Un proyecto hecho de 21 estudiantes y 4 profesores canadienses y neerlandeses, el proyecto tiene como objetivo de seguir creando nuevas conexiones entre la escuela William Aberhart y Colegio Maurick. El intercambio intercontinental comenzó en abril 2014. El abril pasado fue el segundo ejemplo de los frutos que este proyecto da. Los estudiantes y profesores habían recibido 6 estudiantes y 2 profesores neerlandeses con los brazos abiertos. Nuestros invitados participaron en numerosas actividades lingüísticas, y culturales les dio una experiencia 100% canadiense, Este proyecto continuo a dar frutos cuando los estudiantes y profesores canadienses fueron a los Países Bajos en octubre. Ellos participaron en las clases de DELF, holandes, neerlandés, griego y romana y además cómo cocinar comida neerlandesa. Los estudiantes fueron privilegiados para usar las horas Dalton donde ellos podían planificar su tarea y poder ir a tutoriales. Los estudiantes canadienses utilizaron sus conocimientos en sociales, matemáticas y francés para completar unas preguntas en sus "journals" para poder recibir su certificado internacional del CBE. Aunque los días estaban muy llenos, había tiempo para risas y diversiones con nuestros amigos neerlandeses para crear una amistad robusta. Tuvimos la suerte de visitar Amsterdam, el museo de Anne Frank y el Camp Vught que nos dieron un privilegio de disfrutar y sentirnos honrados de poder participar en este proyecto. Todo fue combinado con 4 días en Francia donde fuimos a Louvre, d'Orsay, Versailles, Notre Dame, Catacombes, Montmartre, la tour Eiffel, l'Arc de triomphe, el café de Deux Moulins, etc. Son todos los lugares que fascinaron a los estudiantes y profesores. El intercambio demostró que podemos ser amigos aunque no hablemos la misma lengua, ni vivimos en diferentes países ni tenemos una diferente cultura. La amistad no tiene fronteras.



## ABE Football

by NOLAN GUSIKOSKI

The 2015 Aberhart Orange Junior Football team knew they had big shoes to fill with last year's group finishing with a perfect 8-0 record to capture the championship title. It looked promising from the start, with over 55 hopefuls coming out for the first week of tryouts; the most there's been in a while. Unfortunately, that number dwindled to 27 at its lowest point, rounding out at around 40 by the end of the season. The September 15<sup>th</sup> season opener proved to be one of the more exciting games of the season, with Robert Thirsk High School leading 24 to 3 during the second quarter. Punching in two touchdowns before the half, the Orange mounted a comeback. With the game tied at the beginning of the final quarter the Comets struck first, and the orange answered back. The deciding factor of the game was a late interception for a touchdown that cemented Aberharts fairy-tale comeback story.

The rest of the league found it challenging to gain ground on the near-impenetrable Orange defense, scoring a combined 66 points total (this includes both games against second place RTHS). For those who are interested in the stats, the final scores of their regular season games are as follows: Orange versus The Robert Thirsk Comets 38-31, Orange versus The Western Canada Redhawks 62-0, Orange versus The Crescent Heights Cowboys 49-6, Orange versus The Lord Beaverbrook Lords 49-0, Orange versus The Saint Mary's Saints 48-8, Orange versus The Western Canada Redhawks 50-7, Orange versus The Robert Thirsk Comets 36-14. They finished their regular season with a whopping 332 total points scored.

After finishing first in Division 2, the Orange earned themselves two weeks off to prepare for their semi-final against the fourth place Crescent Heights Cowboys. This well-deserved time off proved to be a fruitful preparation period, as the Orange machine rolled over the Cowboys 78-0. However, the celebration was short lived. After hearing the news of teammate Justin Mayo's tragic passing, the team was visibly shaken. They elected to not practice Thursday, instead opting to get together as a team and talk about it. They stayed after school for longer than they usually do, eating pizza and supporting each other. They practiced the following Friday to prepare for their Saturday city final versus RTHS.

The city final was a long awaited game, a

goal set by the players and the coaches since the very first day of practice. However, this final was much different than any other final before. The 2015 Junior Division 2 City Final was played in the memory of Justin Mayo. Before the game, the players all signed his jerseys (#52 because he loved Ray Lewis), and his helmet. Coach Mo also had stickers made that read JM 52, which were placed on the players helmets. In a show of solidarity, the Robert Thirsk Comets wore orange wristbands during the game. The whole school was invited to the game, and most of them showed up. The Orange faithful was roaring for the entire game, all the way up until the final second bled out and the Orange completed their undefeated 9-0 season. The game was a startling change of pace, with the first quarter an entirely defensive struggle. The scoring woke up in the second, when the orange took a comfortable 17-0 lead moving into the third frame. After the Orange scored on their first play of the third the game looked not unlike the first game of the season, but with the roles reversed. Robert Thirsk put up a good fight, bending the Aberhart defense and scoring 20 in the last half. However the boys did not break, the final score being 52-20 in an unplanned homage to Justin Mayo. Photos of their games can be found on the William Aberhart Junior Football page on Facebook. Should you wish to sign Justin's memory book you can do so in the main office.



## ABE Volleyball

by ADITYA KHATU

Volleyball at Aberhart will always remain an integral part of our school's identity. Currently, the center of attention is the Senior Boys team. The Senior Boys have always managed to come close to taking first and with the new batch of athletes, it could be possible for them to win provincials, a feat that has been managed by the Senior girls team for several seasons. To help bring a perspective from the player's side, I spoke to Carson Barth, a left side on the team.

Q: What do you believe was the team's biggest obstacle this season?

A: This year, our team was plagued by sickness and injury. I was sick, Keal was sick, Maddux was still recovering and having 10 people on the team made it tough for the rest of us to manage.

Q: What is the team doing this season to improve the performance given by the Senior's team last year?

A: We are really trying to bond as a family I guess. Hanging out more to create better team chemistry on and off the court could really make a difference I think.

Q: What do you believe sets your team apart from others that are competing?

A: I think our team has more experience playing than the other teams that are playing. The support of our fans, and the faith of our school has helped motivate us to represent our school by doing our best and to compete the best we can.

Q: On the court, what do you believe is the biggest strength of our team?

A: Our biggest strength would be the depth and experience our players have. If any player comes on from the bench, we can all count on them to do their job well

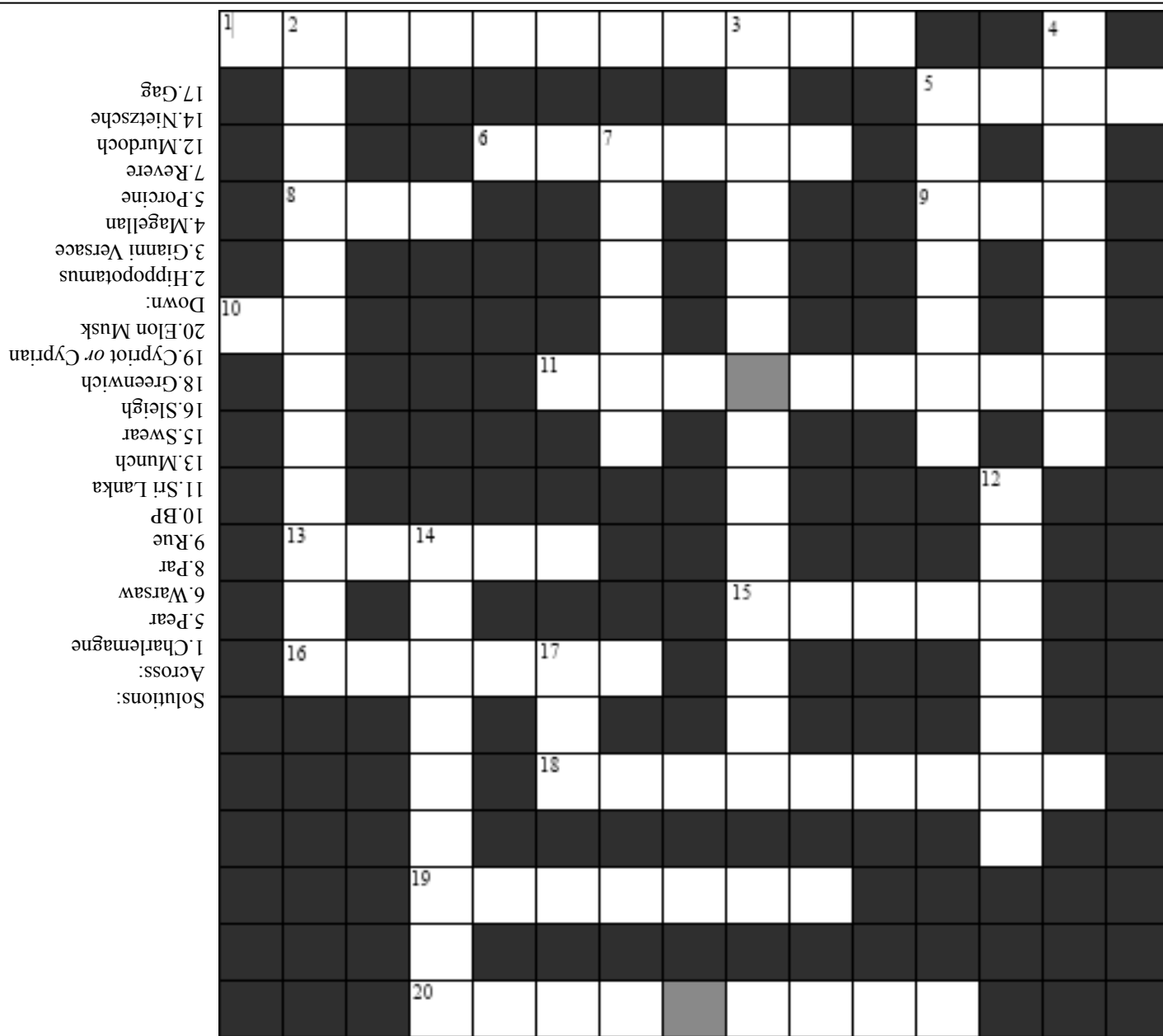
Q: I hope that you guys do well and with that I want to finish with one last question. Why do you play volleyball and why do you enjoy it?

A: I play because it's a fun and competitive sport I guess. It also helps me get a sense of teamwork and leadership which will be useful skills to have in the future.

Thank you for your time Carson!

The Senior boys will be in action starting on the 26<sup>th</sup> of November. Hopefully, room will have to be cleared for a new banner!





!!Purists don't use the Internet!!

Across:

1. First Holy Roman Emperor; King of the Franks
5. A fruit that widens toward its base
6. Capital of Poland
8. A score of 0 in golf
9. To bitterly regret
10. Acronym of the corporation responsible for the Gulf of Mexico oil spill
11. Island nation in the Indian Ocean
13. Norwegian painter responsible for "The Scream"

Down:

15. To use obscene language
16. A vehicle used to transport oneself over snow
18. An early-established district of London famous for its location on the Prime Meridian
19. National demonym for some one from Nicosia
20. CEO of Tesla Motors and SpaceX
2. Animal native to Africa whose name comes from the Greek for "river horse"
3. Fashion mogul murdered in Miami in 1997

4. The first man to circumnavigate the Earth
5. Of or relating to pigs
7. American revolutionary Paul \_\_\_\_\_, who never returned from his Midnight Ride
12. Owner of the Wall Street Journal and FOX; Rupert \_\_\_\_\_
14. German philosopher responsible for the term Übermensch (Superman)
17. to retch

## HOROSCOPES

by TWINKLEGAZE ASTROPANTS



**Aries (March 21 - April 19)**  
A baby in a diaper will walk up to you on his three-fingered hands that enjoy petting llamas that are magenta. He will speak wise words of wisdom by proclaiming your love for twist ties.



**Taurus (April 20 - May 20)**  
This is bullcrap. Literal Bullcrap. Everything you hear in the next 22 minutes and 6 seconds is fake and fraudulent, including these horoscopes. You cannot trust your mom or your tinfoil hat you named Fabio.



**Gemini (May 21 - June 20)**  
You will receive dire news from your doctor. It was discovered you had a partial twin in the womb, but since you ate more you absorbed. With medical mumbo jumbo, the doctor discovered your unborn twin trapped in your knee and is controlling your secret third thumb.



**Cancer (June 21 - July 22)**  
You have recently heard of John Dalton, the grandfather of modern atomic theory. People didn't trust him like other do to you. He was colour blind and you will not be will not be able to see sour.



**Leo (July 23 - August 22)**  
You thought you were brave up until you found out you really ate that bad can of pork and beans, which you mixed with SPAM. You will blow chunks to whole new levels and be put into the hospital from your blown chunks reaching terminal velocity and hitting you in the face.



**Virgo (August 23 - Sept 22)**  
You will have a deep and ingrown desire and toenail. Your desire will be to grow a large beard to rival Santa and Marx. With your beard, a wave prompting you to be verbose will crash. You will end up writing a political paper on par with the Communist Manifesto.



**Libra (Sept 23 - Oct 22)**  
The scales are not in your favour and neither is your horoscope. So I will not share it with you.



**Scorpio (Oct 23 - Nov 21)**  
It will probably be your birthday, only though if you were born on February 29 not on a leap year.



**Sagittarius (Nov 22 - Dec 21)**  
Yopu will have have a roof panel addiction. All of that dust that falls during class is what keeps you motivated during class. Make sure you thank you're ceiling for the decent grades.



**Capricorn (Dec 22 - Jan 19)**  
Your pet goat, Beatrice, will profoundly admire your pet goldfish, Ferguson the third. You will become the third wheel.



**Aquarius (Jan 20 - Feb 18)**  
You will become more ripped and jacked than all stolen pieces of paper.



**Pisces (Feb 19 - March 20)**  
Everyone you don't care about will betray you. They will be fishy.

## PLAYLIST

### Put Another Dime in the Jukebox

The Paper Kites - *Sink In*

James Bay - *Let it Go*

Bastille - *Laura Palmer*

Ezra Vine - *Celeste*

Young Rising Sons - *High*

Still Parade - *Actors*

London Grammar - *Sights*

The Paper Kites - *Bloom*

Bad Suns - *Cardiac Arrest*

When you're done, please pass this on or recycle. Thanks!

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*Anonymous letters will not be published.*

*Letters to the editor are published as written by the author.*

*Spelling and grammar are not corrected.*

*Occasionally, letters will be edited for length and/or inappropriate language.*

*Editorial responses are not printed.*

*We reserve the right not to print letters that do not bring new light to an issue.*