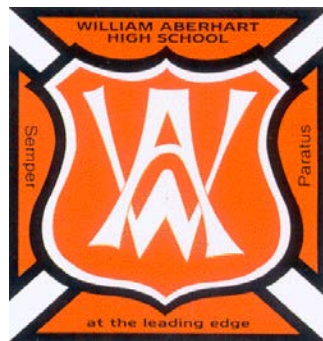


EXIT PACKAGE

FOR HIGH SCHOOL STUDENTS WITHOUT A HIGH SCHOOL DIPLOMA



**William Aberhart High School
3009 Morley Trail NW
Calgary, AB T2M 4G9
403.289.2551**

**Mr. Jacques Ferguson - Principal
Mr. Sebastien Fournier- Assistant Principal
Ms. Carrie Rowlandson - Assistant Principal
Mr. Baldwin - Assistant Principal**

William Aberhart High School School Contacts:		
Student Services Secretary:	Zabby McLaughlin	ext. 2407
Guidance Counselors:	Nicole Peters	A-G ext. 2405
	Marnie White	H-O ext. 2406
	Gisele Kreuger & Dale Rudd	P-Z ext. 2404
Career Practitioner:	Brenda Chapman	ext. 2430
Work Experience Coordinator:	Liane Reid	ext. 3302

HIGH SCHOOL DIPLOMA REQUIREMENTS

- ✓ Minimum of 100 credits
- ✓ English 30-1 or 30-2
- ✓ Social Studies 30-1 or 30-2
- ✓ Math: approved 10 credits
- ✓ Science: approved 10 credits
- ✓ Phys. Ed. 10 - 3 credits
- ✓ CALM - 3 credits
- ✓ Complementary Courses: 10 credits, any combination from CTS, Fine Arts, Second Languages, Phys. Ed. 20/30, or locally developed authorized courses in CTS, second languages, or registered apprenticeship program.
- ✓ 10 additional credits in any 30 level courses (in addition to English and Social)

CAREER DEVELOPMENT WEBSITES

www.careercruising.com
www.chinookcollege.com
www.alis.gov.ab.ca
www.nextsteps.org
www.volunteercalgary.ca
www.jobsetc.ca
www.tradesecrets.ca
www.recruiting.forces.gc.ca

Career Services/ Self-Assessment
Comprehensive Career Information
Calgary Youth Employment Center
Volunteer Services
Government of Canada
Alberta Apprenticeship
Canadian Armed Forces

POST-SECONDARY WEBSITES

www.mtroyal.ca
www.bowvalleycollege.ca
www.sait.ca
www.nait.ca
www.calgary.ca
www.uleth.ca
www.ualberta.ca
www.scholarshipscanada.ca
www.schoolfinder.com

Mount Royal College
Bow Valley College
Southern Alberta Institute of Technology
Northern Alberta Institute of Technology
University of Calgary
University of Lethbridge
University of Alberta
Scholarships Canada

HOW TO COMPLETE YOUR HIGH SCHOOL DIPLOMA

1. CBE - Learn

www.cbelearn.ca

CBE – Learn offers a range of education options including online and correspondence course to home education programs. Phone for more info: 777-7971.

2. CT Center

www.ct-center.ca

Career and Technology Centre
403-243-4500 ext 0

3. Chinook Learning Services

www.chinooklearningservices.com

The Calgary Board of Education offers adult high school upgrading and some career certificate Courses are available during the day, evenings, and weekends.
403-777-7200

4. Discovering Choices/Outreach High School

- For students between 16 and 19 as of Sept. 1
- A safe, structured/environment for youth to develop social and academic skills when mainstream high school is no longer a choice.
- Community and educational resources to youth who need alternative academic opportunities (15 year olds may attend with specialist's permission.
- High school credits can be earned through self-directed learning (Alberta Distance Learning Courses) and/or work experience.

**There are several outreach centers including
Start Outreach at Bowness**

4110 79 St. Bowness Rd. N.W. 403-777-6107

5. Encore CBE

www.encorecbe.ca

A place where you can explore possibilities and re-engage in learning, connecting with supports and services to experience success. Visit the main floor at 1221 – 8 St. S.W. Calgary Ab. T2R 0L4
Time is 1 – 5 p.m. for drop-in, or call to set up an appointment
More information call 403-817-7820 or text 403-519-6711

email encorecbe@cbe.ab.ca

Website – www.encore.cbe.ca

6. Bow Valley College

www.bowvallycollege.ca

B.V.C. offers a high school equivalency program (GED), academic upgrading, English as a Second Language (ESL), and job training programs.

Call the counseling department for more information at 297-4040.

7. Alberta Distance Learning Centre

www.adlc.ca

Independent high school programming with print or online focused learning. Students pay higher Fees but are reimbursed for a major part of the fees upon completion of the course.

Address – 341 – 58 Ave. S.E. phone - 290-0977.

8. Alternative High School

www.cbe.ab.ca

This school is an alternative to the regular high school programs, as it allows students to direct and pace their own learning. Students play an active role in school decision making.

Phone – 403-3777-7730

HOW TO GET TRAINING WITHOUT A HIGH SCHOOL DIPLOMA

1. Bow Valley College

www.bowvalleycollege.com

Some Businesses and vocational programs are available to students who have not completed high school as long as minimum standards or age requirements are met.

Contact main campus at 410 1400.

2. S.A.I.T.

www.sait.ca

Some programs are available for students who do not have a high school diploma but are 18 years of age and meet minimum requirements. There are preparation courses offered in math and science in the Pre-Careers/Transitions Program for students who need more knowledge in these areas in order to gain entrance into specific programs.

Contact phone number – 403-284-7248

3. Athabasca University

www.athabascau.ca

Athabasca University is a distance education approach to university education. They have an open admission policy and offer degrees in Arts, General Studies, Administration, Commerce and Science, as well as a number of University Certificate Programs. Most courses are transferable to other universities. Phone - 1-800-788-9041.

4. Apprenticeship Programs

www.tradesecrets.org

These programs offer on-the-job training in selected trades. For information on the many available programs check the website.

5. Mount Royal University

www.mtroyal.ca

Some programs at Mount Royal College are available to students who are 18 years of age and have not completed high school, but still meet minimum requirements. Contact academic Advising Services at 403-440-5000.

6. Canadian Forces

www.recruitingforces.gc.ca

Check out many education and occupation opportunities.

JOB SEARCH WEBSITES AND EMPLOYMENT CENTRE

www.calgaryjobshop.ca
www.jobhits.ca
www.calgaryjobs.net
www.calgaryjobs.com
www.jobbank.gc.ca
www.craigslist.org
www.careerbuilder.ca

Youth Employment Centre (online job board)

Access the “**Calgary**” site for part time, full time, temporary, youth and summer job opportunities

403-268-2490

JOB SEARCH WEBSITES AND EMPLOYMENT CENTRE

- <http://jobboard.nextsteps.ca>
- <http://calgary.kijiji.ca>
 - Jobs
 - Part time students
- www.jobisjob.ca/calgary/student/jobs
- www.wowjobs.ca
 - Keywords: part time
 - Location: Calgary, Alberta
- www.calgary.studentopolis.ca
 - Search for: part time in Calgary
- www.craigslist.org
- Jobs
- www.calgaryjobshop.ca
- <http://ca.indeed.com/>
- www.working.com/calgary/sectors/students.html (Calgary Herald)
- www.simplyhired.ca
 - Keywords: student
 - Location: Calgary
- Youth Employment Centre – 2nd Floor, 315 – 10th Avenue S.E. - 403-268-2490 - www.nextsteps.org

VOLUNTEER

Improve confidence, self-esteem and hands on experience. Also build skills, your network and leadership training.

- www.youthcentral.com
- www.volunteercalgary.ab.ca
- www.calgary.ca

GAP YEAR – Travel

- www.katimavik.org
- www.swap.ca/common/html/splash
- www.classafloat.com
- www.dfait-maeci.gc.ca/123go/menu-en.asp

COMMUNITY RESOURCES

- Calgary Youth Services Guide – available in the guidance office or online at www.informalberta.ca or call 211
- Hope in Hard Times Youth Edition – A Where to turn guide for youth in Calgary – available online at www.calgaryunitedway.org.
- Calgary & Area Community Resource Database – <http://resource.ilrcc.ab.ca>
- Inform Alberta to view Immigrant Children, Youth & Family Program Directory - <http://informallberta.ca>

A few other resources are:

Alberta Health Services Health Link	1-866-408-5465
Access Mental Health www.albertahealthservices.ca	403-943-1500
Boys and Girls Club	403-276-9981
Calgary Counseling Centre	403-691-5991
Calgary John Howard Society	403-266-4566
Canadian Mental Health	403-297-1700
McMann Youth and Family Services	403-508-6259
Wood's Homes – including (Community Resource Team Eastside Family Centre)	403-299-9696
Distress Centre	403-266-1605
Kids Help Phone	403-668-6868