

Beginners Fencing Course September 2021 - Welcome!

We hope you enjoy your beginner's course which will introduce you to the exciting and enjoyable sport of fencing.

Aberystwyth Fencing Club takes the welfare of its members seriously and follows the policies of our governing body, British Fencing (British Fencing – Welfare Zone). If you have any concerns please feel free to raise them with Jason. The Club only holds minimal personal information, we therefore require that **all** attendees are registered for free with British Fencing (see below). This registration includes insurance for 3 months, which covers the beginners course and allows you to put into practice the skills you've learnt once it's finished! The details held by British Fencing will be used should we be contacted by track and trace.

En Garde!

ABERYSTWYTH FENCING CLUB

When is it?

23 September 2021 19:00-20:00 for 5 weeks

Where is it?

Penparcau Community Hub (this is a temporary venue, our normal hall is Penweddig school).

How much is it?

£25 with all kit and coaching provided. We ask that payment is made to the club account via BACS.

What do I need to bring?

T shirt, indoor trainers, tracksuit bottoms or leggings, a water bottle.

What covid precautions are in place?

We are limiting the number of attendees on this course so we have ample room in the hall. The venue and club have comprehensive risk assessments in place. Key points: sign-in at the venue, masks to be worn when not fencing, attendance details will be recorded and shared with track and trace if re-

quired.

What about the kit?

As we're in a temporary venue we do not have anywhere on-site to store the kit. You will therefore be issued with your own set of safety equipment for the duration of the course so you can take it home and wash it. Please bring a large kit bag/shopping bag to put it in.

Anything else?

Yes—you must register with British Fencing

What do I need to do?

Register for FREE British Fencing Introduction Membership

<https://www.britishfencing.com/members/membership-info/membership-types/introduction-membership-category/>

**FREE INTRODUCTION
MEMBERSHIP**

Free 90 day Introduction
membership for all
newcomers to the sport

**BRITISH
FENCING**