



RV Institute of Technology and Management ®

(Affiliated to Visvesvaraya Technological University , Belagavi & Approved by AICTE, New Delhi)

Department of Mechanical Engineering

Academic Year 2024-2025 Even Semester

Activities for Universal Human Values (BUHK408) Assignment

Instruction to students

- i. Write in your own words and experience
- ii. Make a file of all activities and submit on or before 25.05.2025
- iii. Understand the purpose and complete activity accordingly
- iv. Assignment has to be submitted in person, If not marks shall be considered as zero

The following are the activities to be completed for the assignment for UHV

Activity 1: Core Human Values: List human values and write about them from your perspective.

Purpose: To reflect on fundamental human values and their significance in shaping a meaningful life.

Activity 2: self and Family: Draw a family tree, write a paragraph about yourself and stick a family photo.

Purpose: To understand one's identity, family connections, and the importance of relationships in shaping personal values.

Activity 3: My Aspirations – Dream, Plan, Achieve: List your aspirations in different areas of life (personal, academic, career, and social). Write a short reflection on how you plan to achieve them.

Purpose: To encourage self-awareness, goal setting and motivation by identifying aspirations and creating a roadmap to achieve them.

Activity 4: Gratitude/ Thank you Letter: Write a letter to someone who has positively impacted your life (parents, teachers, friends etc).

Purpose: Develops appreciation and emotional awareness.

Activity 5: My life Hero. Choose a person who inspires you (a historical figure, family member, teacher, or public personality). Write about their life story, values, struggles, and achievements.

Purpose: Encourages students to reflect on role models and understand the importance of values like perseverance, kindness, and leadership.