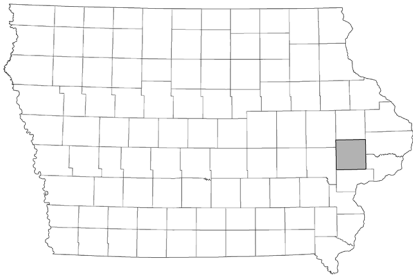# Data for Decision Makers

Cedar County Health Profile

report created: 12/13/2024

Health Risk Factors

This Health *Data for Decision Makers* provides a wide range of county-level health data and information to help residents, health providers, and policy makers understand the health situations and needs of county residents. It can be a starting point for discussions on health issues and a guide to help shape future programming and policies. It is updated annually to provide the most current set of indicators and can be used to compare across counties, regions, and the state.

Selected Health Data in Cedar County[1]

	County			State		
	2019	2020	2021	2019	2020	2021
Smoking	17.1%	18.0%	16.7%	17.4%	16.8%	15.5%
Excessive Drinking	25.6%	25.2%	20.6%	24.6%	24.7%	23.1%
Obesity	35.8%	40.0%	39.7%	34.3%	37.2%	36.9%
Diabetes	8.1%	7.8%	8.0%	9.0%	8.9%	8.5%
Inactive	25.4%	21.4%	23.6%	26.1%	22.7%	23.8%
Insufficient Sleep	NA	31.0%	NA	NA	31.6%	NA

Years of Life Expectancy[1]

	County		State	
	2015-17	2019-21	2015-17	2019-21
Life Expectancy	82.0	80.2	79.5	78.1

Years of Life Expectancy (2019-2021)[1]

74.5 - 75.9   76.0 - 77.9   78.0 - 79.9   80 - 83.1

State: 78.1 Years

Percent Obese, 2021[1]

32.6% - 35.4%   35.5% - 37.4%   37.5% - 38.9%   39.0% - 43.0%

State: 36.9%
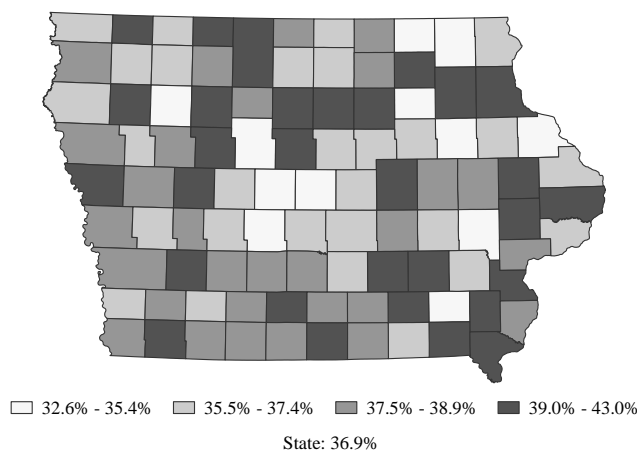
Contacts:

Regional Director
Abby Boysen
107 Cedar St.
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aboysen@iastate.edu
319-540-7242

County Office
Dionne Daedlow
107 Cedar St.
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https://indicators.extension.iastate.edu

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Percent Poor or Fair Health, Frequent Physical Distress, and Frequent Mental Distress in Cedar County[1]

Legend: 2016 | 2017 | 2018 | 2019 | 2020 | 2021
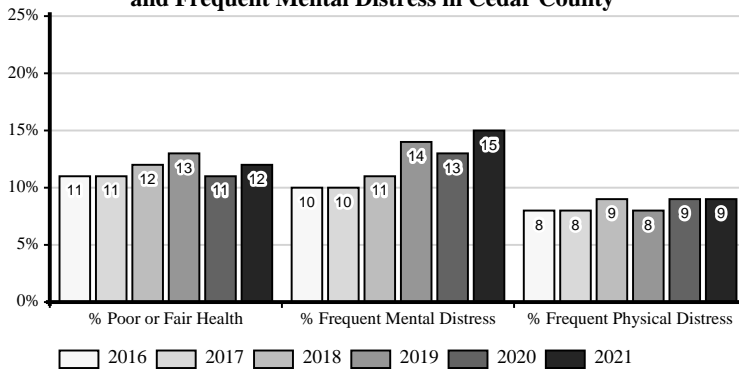
Number of Births and Deaths in Cedar County[*4]

● Births   ■ Deaths   *Intervals of years vary*
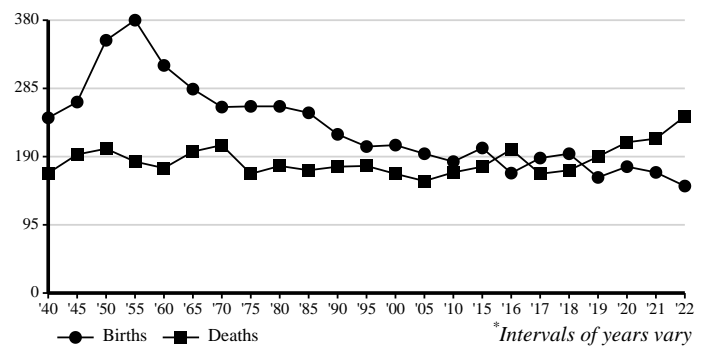
Ten-Year Counts of Selected Causes of Deaths[*2]

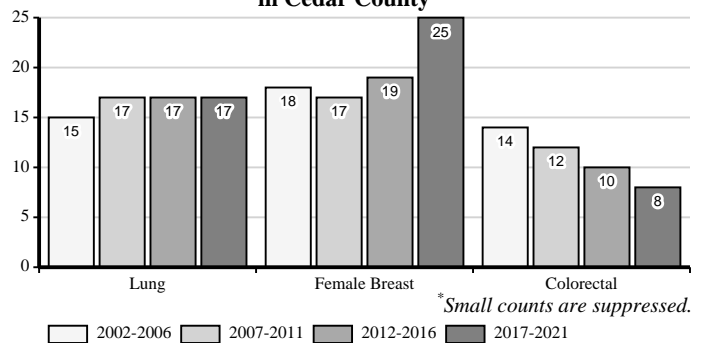|	County		State	
	2004-13	2014-23	2004-13	2014-23
Deaths, 10 Year Counts				
Total Deaths	1,700	1,975	278,642	316,814
Alcohol[**] or Drugs	24	22	4,459	8,436
Suicides	21	26	3,695	4,955
Homicides	1	2	571	879
Transport Accidents	22	14	4,314	3,951
Other Accidents	41	59	8,179	12,085
Average Annual Count (rounded)				
Total Deaths	170	198	27,864	31,681
Alcohol[**] or Drugs	2	2	446	844
Suicides	2	3	370	496
Homicides	0	0	57	88
Transport Accidents	2	1	431	395
Other Accidents	4	6	818	1,209

[*]*Small counts are suppressed. Deaths are by the county of residence of the decedent.*
[**]*Alcohol deaths include alcohol abuse and alcohol related diseases.*

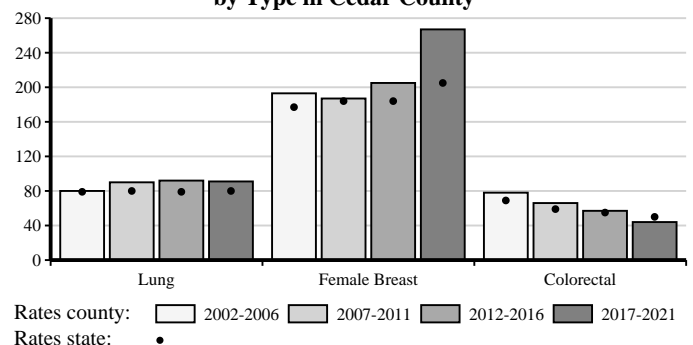**Number of All Cancer Cases and Cancer Deaths in Cedar County[*2,5]**

● Cases   ■ Deaths   [*]*Cancer deaths result from multiple years of cases.*
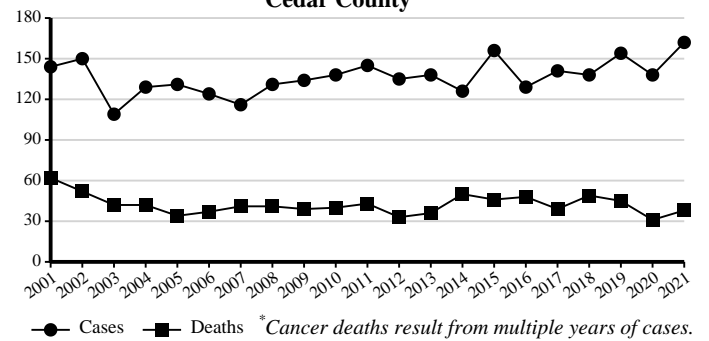
Estimated Annual Cancer Count by Type in Cedar County[*5]

[*]*Small counts are suppressed.*
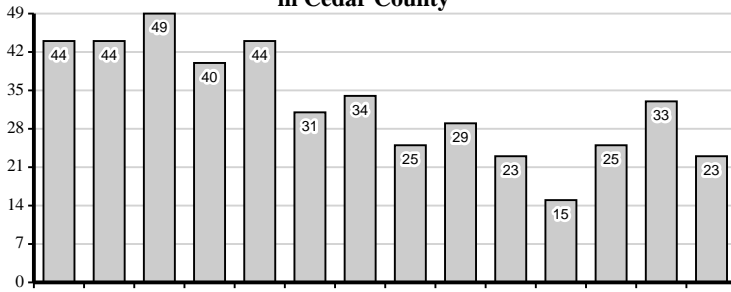
Legend: 2002-2006 | 2007-2011 | 2012-2016 | 2017-2021

Number of Fatalities and Injuries in Vehicle Crashes Where Driver was Under the Influence of Drugs or Alcohol in Cedar County, 2014-2023[*3]

■ Fatalities   ■ Injuries   [*]*Attributed to the county of crash location.*
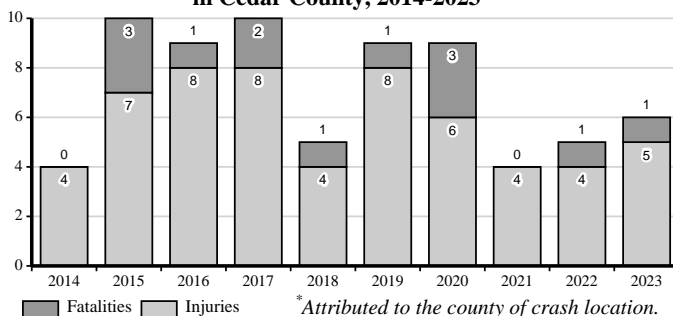
Five-Year Cancer Crude Rate per 100,000 Population at Risk by Type in Cedar County[*5]

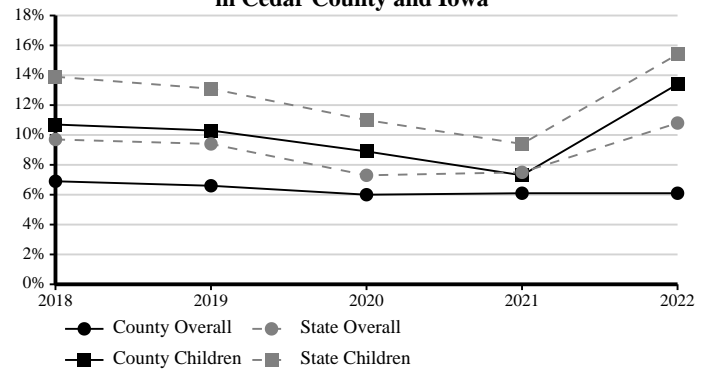Rates county: 2002-2006 | 2007-2011 | 2012-2016 | 2017-2021
Rates state: ●

Number of ER Visits with a Primary Diagnosis of Asthma in Cedar County[*6]

Small counts are suppressed. If all years are suppressed, chart will be blank.

Number of ER Visits and Hospitalizations with a Primary Diagnosis of Chronic Obstructive Pulmonary Disease (COPD) in Cedar County[*6]

Small counts are suppressed.

Number Hospitalizations with a Primary Diagnosis of Heart Attack in Cedar County[*6]
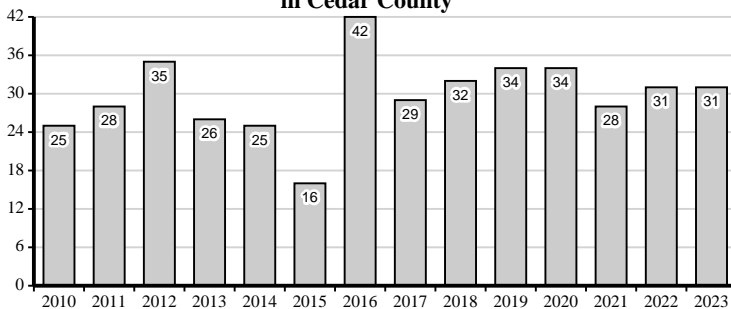
Small counts are suppressed. If all years are suppressed, chart will be blank.

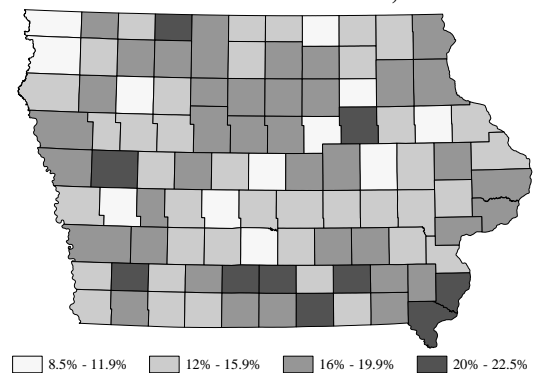## Number of ER Visits and Hospitalizations with a Diagnosis of Unintentional Fall-Related Injuries in Cedar County[*6]

Small counts are suppressed.

Percent of Population Food Insecure in Cedar County and Iowa[7]

Percent of Children Food Insecure, 2022[7]

Average Monthly Number of Recipients and Households Receiving Food Assistance in Cedar County[8]
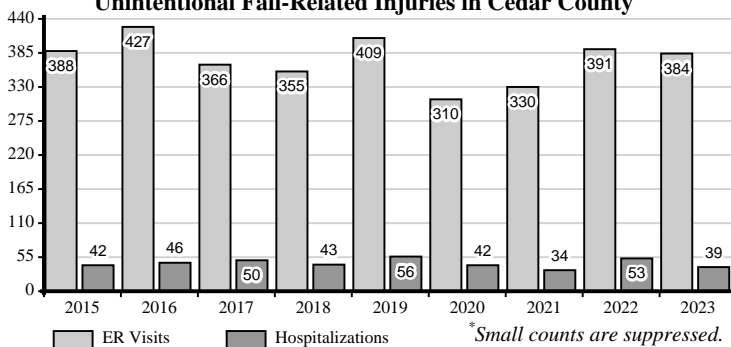
Average Food Assistance Benefits Paid Per Recipient Per Month in Cedar County and Iowa[8]
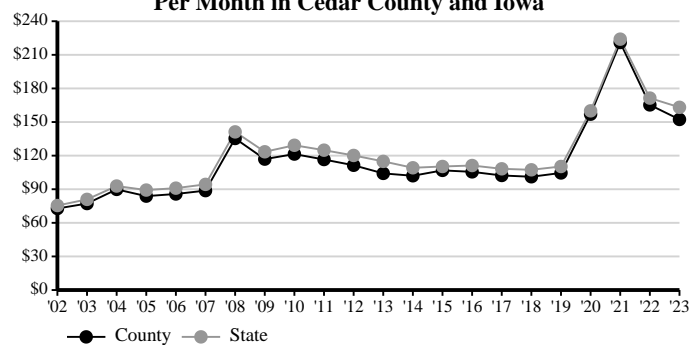
Number of Weekly Reported COVID-19 Cases in Cedar County[9]

3-Year Cumulative Reported COVID-19 Cases and Rates per 100,000, March 2020 - March 2023[9]

	County	State
Cumulative Cases	5,050	908,936
Cumulative Rate*	27,290 / 100,000	28,490 / 100,000

Rate per 100,000 population

Cumulative Percentage of Population with COVID-19 Vaccinations and Boosters by Age in Cedar County, May 2023[10]

Legend:
- County % — Completed Vaccination Series
- State % — Completed Vaccination Series
- County % — Completed Vaccination Series + Booster
- State % — Completed Vaccination Series + Booster

Monthly Estimated Percent of Household Pulse Survey Respondents Reporting Having Had COVID-19, long COVID, and Vaccinations for COVID-19, Iowa and U.S. 2024*[12]
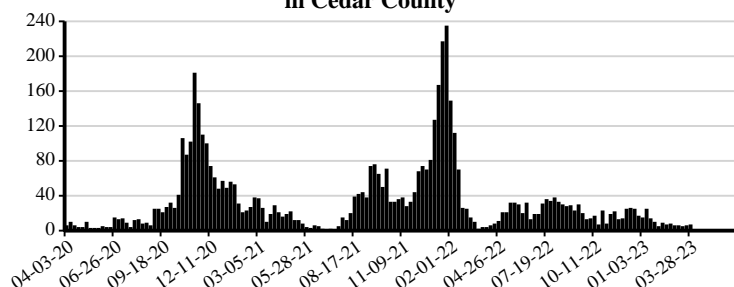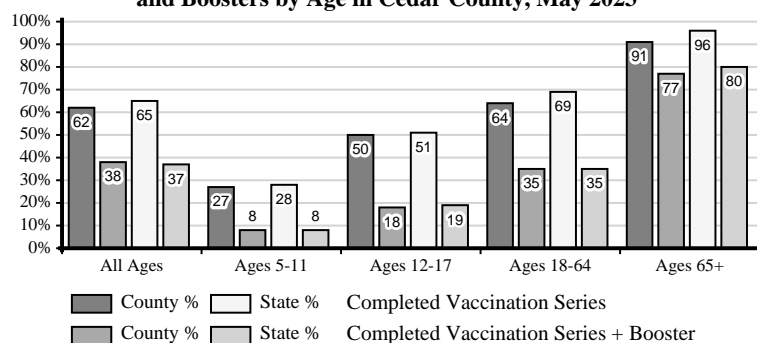

Legend:
- Vaccination, US
- Positive COVID, US
- Long COVID, US
- Vaccination, IA
- Positive COVID, IA
- Long COVID, IA

Population 18 and older. Percent estimates are considered experimental.

Primary Care Physicians, Dentists, and Mental Health Providers in Cedar County and Iowa[1]

	County Providers	County Population per Provider	State Providers	State Population per Provider
Primary Physicians				
2021	3	6,137	2,305	1,385
2020	4	4,621	2,331	1,357
2019	4	4,657	2,343	1,347
Dentists				
2022	10	1,840	2,268	1,411
2021	10	1,841	2,231	1,431
2020	10	1,849	2,203	1,436
Mental Health				
2023	8	2,300	6,358	503
2022	9	2,046	6,001	532
2021	9	2,054	5,555	569

Total Deaths and COVID-19 Deaths 2020-2023 in Cedar County and Iowa*[4]

	County	State
Total Deaths 2023	NA	NA
COVID-19 Deaths 2023	NA	NA
COVID-19 Deaths as % of all Deaths 2023	NA	NA
Total Deaths 2022	246	33,968
COVID-19 Deaths 2022	15	1,700
COVID-19 Deaths as % of all Deaths 2022	6.1%	5.0%
Total Deaths 2021	215	34,216
COVID-19 Deaths 2021	7	3,015
COVID-19 Deaths as % of all Deaths 2021	3.3%	8.8%
Total Deaths 2020	210	35,975
COVID-19 Deaths 2020	19	4,306
COVID-19 Deaths as % of all Deaths 2020	9.1%	12.0%

Small counts are suppressed.

Number of Hospitals, Nursing Facilities, and Beds in Cedar County and Iowa[11]

	County 2019	County 2021	State 2019	State 2021
Hospitals	0	0	122	120
Hospital Beds	0	0	11,771	11,423
Nursing Facilities	4	4	419	414
Nursing Facility Beds	210	210	29,581	28,474

Number of Persons Receiving Substance Use Treatment by Substance Type in Cedar County and Iowa*[13]

	County 2022	County 2023	State 2022	State 2023
Total Persons Treated	59	40	17,703	17,609
Alcohol	44	23	7,597	7,645
Marijuana/Hashish	*	7	3,163	3,127
Methamphetamine	9	8	4,899	4,687
Other Substances	0	0	1,501	1,686

Small treatment counts are suppressed.

Disability Characteristics, 2018-2022[14]

	County Estimate	County MOE[†]	State Estimate	State MOE[†]
Total Population	18,209	+/-15	3,142,658	+/-508
With a Disability	11.4%	+/-1.2%	12.2%	+/-0.1%
Hearing	4.4%	+/-0.8%	3.8%	+/-0.1%
Vision	1.8%	+/-0.5%	1.9%	+/-0.1%
Cognitive	4%	+/-1.1%	4.9%	+/-0.1%
Ambulatory	5.3%	+/-0.8%	5.8%	+/-0.1%
Self care	1.7%	+/-0.5%	2.1%	+/-0.1%
Independent Living	4.1%	+/-0.7%	5.1%	+/-0.1%
Ages 18-64	10,759	+/-136	1,878,854	+/-1,559
With a Disability	9.0%	NA	7.2%	NA
Hearing	2.6%	+/-0.9%	2.1%	+/-0.1%
Vision	1.5%	+/-0.6%	1.6%	+/-0.1%
Cognitive	4.1%	+/-1.5%	4.7%	+/-0.1%
Ambulatory	3.4%	+/-0.9%	3.9%	+/-0.1%
Self care	0.7%	+/-0.4%	1.5%	+/-0.1%
Independent Living	2.5%	+/-0.7%	3.5%	+/-0.1%
Ages 65-74	2,053	+/-26	316,485	+/-730
With a Disability	15.1%	+/-4.3%	22%	+/-0.5%
Hearing	8.3%	+/-3.4%	9.3%	+/-0.3%
Vision	1.8%	+/-1.1%	3.2%	+/-0.2%
Cognitive	0.8%	+/-0.8%	3.9%	+/-0.2%
Ambulatory	8.1%	+/-3.6%	11.9%	+/-0.4%
Self care	2.6%	+/-1.9%	3.1%	+/-0.2%
Independent Living	2.6%	+/-1.9%	5.5%	+/-0.2%
Ages 75 and above	1,417	+/-33	218,340	+/-720
With a Disability	45.7%	+/-7.4%	43.3%	+/-0.6%
Hearing	23.6%	+/-6.1%	21.8%	+/-0.5%
Vision	6.1%	+/-3.1%	7.2%	+/-0.4%
Cognitive	8.2%	+/-4.2%	9.1%	+/-0.4%
Ambulatory	25.5%	+/-5.6%	25.4%	+/-0.6%
Self care	10.3%	+/-4.4%	8.5%	+/-0.3%
Independent Living	18.7%	+/-4.2%	18.2%	+/-0.5%

Educational Attainment, 2018-2022[14]

	County Estimate	County MOE[†]	State Estimate	State MOE[†]
Population 25 and older	13,224	+/-46	2,131,202	+/-967
High School Graduate or Higher	95.6%	+/-1%	93%	+/-0.1%
Bachelor's Degree or Higher	20.9%	+/-1.7%	30.3%	+/-0.3%

Percentage of Population by Age[15]

Age Groups	County 2010	County 2020	State 2010	State 2020
17 or younger	24.5%	22.8%	23.9%	23.2%
18 - 24	6.1%	6.4%	10.0%	9.8%
25 - 44	22.9%	22.4%	24.5%	24.6%
45 - 64	29.7%	27.8%	26.7%	24.5%
65 or older	16.7%	20.5%	14.9%	18.0%
65 - 84	13.7%	17.7%	12.4%	15.6%
85 or older	3.0%	2.8%	2.5%	2.4%
Median[a] age (years)	42.4	43.6	38.1	38.6
Age dependency[b]	70.1	76.5	63.4	69.9
Old-age	28.4	36.2	24.3	30.6
Child	41.7	40.3	39.1	39.4

Percentage of Population by Race/Hispanic Origin[15]

Race Groups	County 2010	County 2020	State 2010	State 2020
One race only	98.9%	96.3%	98.2%	94.4%
White	97.8%	94.4%	91.3%	84.5%
White alone, not Hispanic	96.7%	93.7%	88.7%	82.7%
Black or African American	0.3%	0.4%	2.9%	4.1%
Asian	0.5%	0.3%	1.7%	2.4%
American Indian	0.2%	0.3%	0.4%	0.5%
Hawaiian/Pacific Islander	0.0%	0.0%	0.1%	0.2%
Other	0.2%	0.8%	1.8%	2.8%
Two or more races	1.1%	3.7%	1.8%	5.6%
Hispanic origin[a]	1.5%	2.5%	5.0%	6.8%

[a]Hispanics can be of any race.

Percent of Households Spending 30% or More of Household Income on Monthly Owner or Renter Costs[14]

Legend: Owner Occupied Units - County; Owner Occupied Units - State; Renter Occupied Units - County; Renter Occupied Units - State

2008 - 2012: 17, 27, 19, 41
2013 - 2017: 17, 20, 16, 40
2018 - 2022: 14, 37, 16, 40
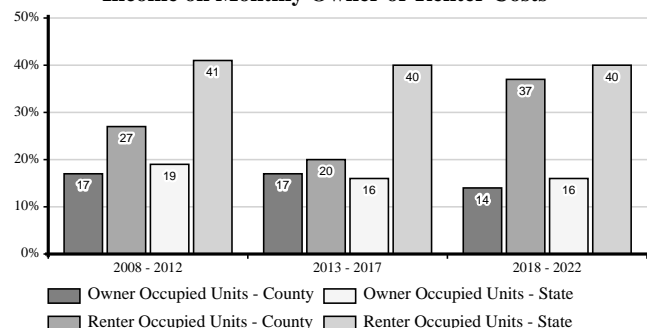
Ages 0-18 Percent Health Uninsured Population by Poverty Level[16]

- County Uninsured: All Income
- State Uninsured: All Income
- County Uninsured: Poverty
- State Uninsured: Poverty
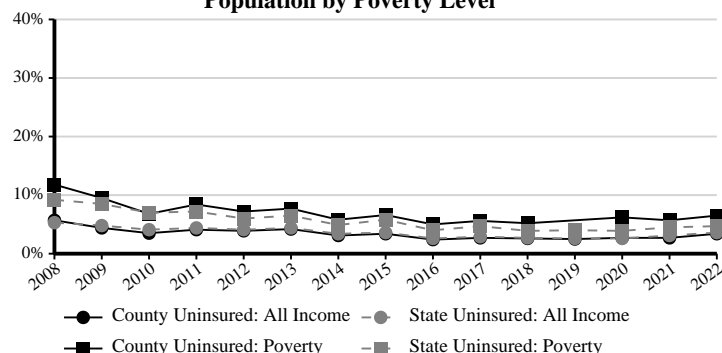
Ages 18-64 Percent Health Uninsured Population by Poverty Level[16]

- County Uninsured: All Income
- State Uninsured: All Income
- County Uninsured: Poverty
- State Uninsured: Poverty
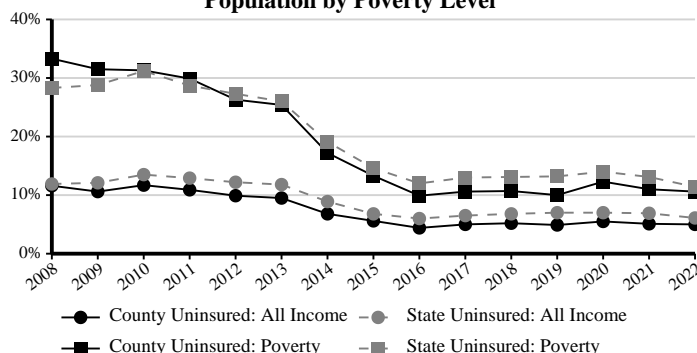
Median[a] Household and Per Capita Income, 2018-2022[14]

	County Estimate	MOE[†]	State Estimate	MOE[†]
Total Households	7,508	+/- 176	1,290,139	+/- 4,032
Median Household Income	$76,959	+/- $3,151	$70,571	+/- $395
Median Family Income	$94,132	+/- $4,189	$90,921	+/- $579
Per Capita Income	$36,808	+/- $1,568	$37,949	+/- $241

[†]*MOE = the margin of error for American Community Survey estimates is a numerical value that when added to or subtracted from the point estimate value gives the range of a 90% confidence interval around the estimate.*

Percent Below Poverty Level by Age[17]

- County % All Ages
- State % All Ages
- County % Under 18
- State % Under 18
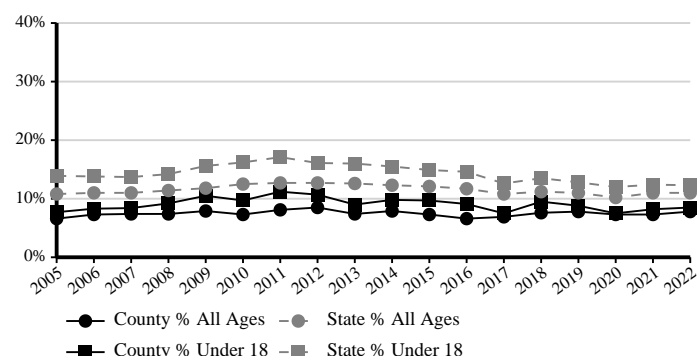
Information in this document was derived from:

[1]County Health Rankings and Roadmaps: https://www.countyhealthrankings.org/

[2]Centers for Disease Control and Prevention, CDC WONDER, Multiple Cause of Death: https://wonder.cdc.gov/mcd.html

[3]Iowa Dept of Transportation, Iowa Crash Analysis Tool: https://icat.iowadot.gov/

[4]Iowa Dept of Health and Human Services, Vital Statistics of Iowa Annual Report: https://hhs.iowa.gov/public-health/health-statistics

[5]Iowa Cancer Registry, special data request: https://shri.public-health.uiowa.edu/cancer-data/ and https://uiowa.qualtrics.com/jfe/form/SV_6G7RizlRVgVf1C6

[6]Iowa Public Health Tracking Portal: https://hhs.iowa.gov/public-health/data

[7]Feeding America, Map the Meal Gap, requested data: https://map.feedingamerica.org/ and https://www.feedingamerica.org/research/map-the-meal-gap/by-county

[8]Iowa Data Portal, Health and Human Services, Food Assistance: https://data.iowa.gov/Economic-Supports/Total-Food-Assistance-Allotments-and-Average-House/vhhz-nz4t/about_data

[9]Iowa Dept of Health and Human Services, previously Iowa Department of Public Health, 2020 - 2023: https://idph.iowa.gov/Emerging-Health-Issues/Novel-Coronavirus/COVID-19-Reporting/ and https://coronavirus.iowa.gov/

[10]Centers for Disease Control and Prevention, COVID-19 vaccinations, previous site last updated May, 12, 2023: https://data.cdc.gov/Vaccinations/COVID-19-Vaccinations-in-the-United-States-County/8xkx-amqh/

[11]Iowa Health Fact Book: https://iowahealthfactbook.org/

[12]U.S. Census Bureau, Household Pulse Survey, 2024 Data Tables, Phases 4.0, 4.1, Cycles 01 – 06 https://www.census.gov/programs-surveys/household-pulse-survey/data/tables.html

[13]Iowa Dept of Health and Human Services, Division of Behavioral Health, Iowa Behavioral Reporting System (IBHRS), special data request: https://hhs.iowa.gov/programs/mental-health/substance-use-disorder/behavioral-health-reporting-system

[14]American Community Survey, 5-year estimates, U.S. Census Bureau: https://www.census.gov/

[15]Decennial Censuses, U.S. Census Bureau: https://www.census.gov/programs-surveys/decennial-census/decade/2020/2020-census-main.html

[16]Small Area Health Insurance Estimates, U.S. Census Bureau: https://www.census.gov/programs-surveys/sahie.html

[17]Small Area Income and Poverty Estimates, U.S. Census Bureau: https://www.census.gov/programs-surveys/saipe.html/

[a]Median is the middle value of a distribution.

[b]The age dependency ratio compares, by age, those typically not in the labor force with those who typically are in the labor force. Old-age dependency is persons 65+ per 100 persons age 18-64. Child dependency is persons under age 18 per 100 persons age 18-64. The total age dependency ratio is persons under age 18 plus persons 65 or older per 100 persons age 18-64.

This series was prepared by:
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