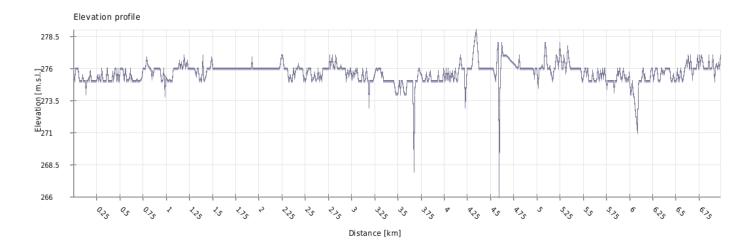
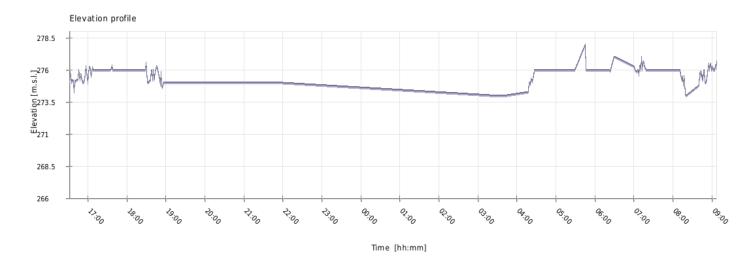
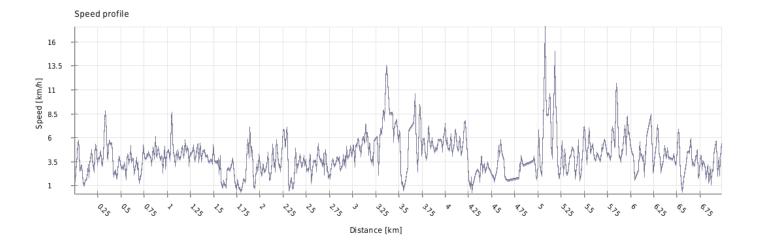
## Elevation

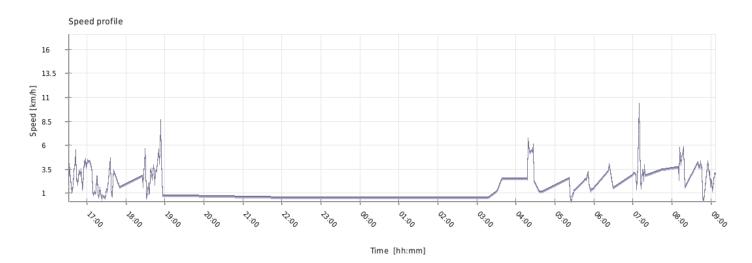




Minimum elevation:	266 m.s.l.
Maximum elevation:	279 m.s.l.
Average elevation:	275.6 m.s.l.
Maximum difference:	13 m
Total climbing:	226 m
Total descent:	225 m
Start elevation:	276.2 m.s.l.
End elevation:	277 m.s.l.
Final balance:	0.8 m

## Speed



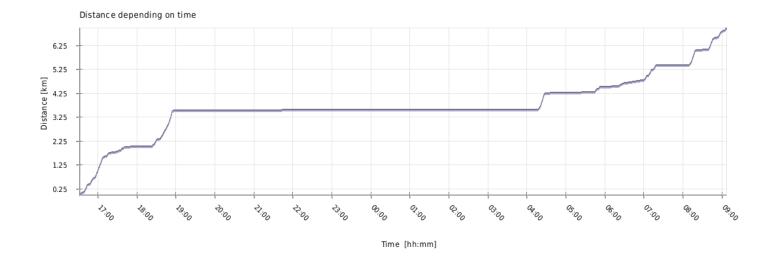


Minimum speed:	0.1 km/h
Maximum speed:	17.6 km/h
Average climbing speed :	5.9 km/h
Average descent speed :	5.9 km/h
Average flat speed:	5.3 km/h
Average speed:	5.4 km/h

## Time

Date of track:	2025
Start time:	11.2 - 16:31:32
End time:	12.2 - 09:07:27
Total track time:	16h 35m 55s
Climbing time:	32m 57s
Descent time:	7h 03m 40s
Flat time:	8h 59m 18s

## **Distance**



Total flat distance:	6.8 km
Total real distance:	7 km
Climbing distance:	0.7 km
Descent distance:	0.8 km
Flat distance:	5.5 km