TED Talk. Link - https://www.youtube.com/watch?v=eIho2S0ZahI

• This text discusses the habits that can prevent effective communication, such as gossiping, judging, negativity, complaining, making excuses, exaggerating, and being dogmatic.  
• It also suggests four cornerstones for powerful speaking: honesty, authenticity, integrity, and love.  
• Finally, it mentions various techniques for improving the power of one's voice, such as using the right register, timbre, prosody, and pace.  
• This text discusses the importance of using vocal techniques such as pitch, volume, and silence to communicate effectively.  
• It suggests using vocal warm-up exercises before speaking and encourages designing environments with sound in mind.  
• The text ends by suggesting that creating and consuming sound consciously could lead to a world of better understanding.  
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