CLOUD-BASED SMART MONITORING SYSTEM FOR BABY HEALTH AND SAFETY

1st Aaron Tauro
Dept. of CSE
St. Joseph Engineering College
Mangaluru, India
aarontauro00@gmail.com

2nd Abhik L Salian
Dept. of CSE
St. Joseph Engineering College
Mangaluru, India
abhiksalian0728@gmail.com

3rd Akhil Shetty M
Dept. of CSE
St. Joseph Engineering College
Mangaluru, India
akhilshettym2003@gmail.com

4th H Karthik P Nayak
Dept. of CSE
St. Joseph Engineering College
Mangaluru, India
karthiknayak2003@gmail.com

5th Nishayne E Vaz
Dept. of CSE
St. Joseph Engineering College
Mangaluru, India
vaznish@gmail.com

***Abstract*—The health and safety of infants are major concerns for parents, particularly when they cannot provide constant supervision. Sudden Infant Death Syndrome (SIDS) remains a critical risk, often linked to unsafe sleeping postures and environmental conditions. This research proposes a cloud-based smart monitoring system that integrates real-time sensor data and computer vision algorithms to monitor infants' health and surroundings. The system promptly alerts parents through a mobile application upon detecting abnormalities, such as unsafe sleeping positions, irregular heart rates, or temperature fluctuations. By leveraging cloud computing, the system enables remote monitoring and ensures scalable deployment.**

***Keywords*– Infant health monitoring, cloud computing, real-time alert system, image processing, SIDS prevention.**

I. Introduction

Ensuring the health and safety of infants is a top priority for parents and caregivers. Traditional baby monitors offer only basic surveillance, such as audio and video feeds, but they lack intelligent health analysis, making it difficult to detect critical risks in real-time. Many infants are vulnerable to conditions like Sudden Infant Death Syndrome (SIDS), which can be triggered by improper sleeping positions, environmental factors, or undetected health abnormalities. The challenge lies in developing a system that provides continuous health monitoring, real-time data processing, and instant alerts to ensure timely intervention.

Existing systems suffer from several drawbacks. Most current systems do not provide livestream functionality [1] [2]. Some systems focus on the tracking of the health vitals of the mother and the prenatal baby [3]. Several kinds of monitoring devices are developed for infant care with livestream functionality but often lack integration of multiple sensing modalities, leverage AI for posture detection or lack robust mechanisms for timely notifications, have no intelligent analysis to interpret collected data, and rarely support remote accessibility or timely alert mechanisms [4]. Additionally, Some systems have one or more of the above mentioned functionalities in them, but none have all of them [5].

With advancements in sensor technology, cloud computing, and artificial intelligence, there is potential to revolutionize infant monitoring systems. This research introduces a cloud-based smart monitoring system that integrates multiple sensors and computer vision to analyze real-time health data. The system collects vital parameters such as body temperature, room temperature, humidity, and heart rate while simultaneously using computer vision to analyze the baby's sleeping posture. By leveraging cloud-based data processing, the system ensures remote access and timely notifications to parents via a mobile application. The goal is to provide a reliable, real-time, and efficient infant monitoring solution that addresses the shortcomings of existing systems and enhances infant safety.

In Section II we discuss the literature survey, which highlights existing research and systems in the field of infant health monitoring. Section III outlines the methodology used in developing the proposed system, including data collection, real-time analysis, and alert mechanisms. Section IV presents the system design, including architectural diagrams and use case scenarios. Section V details the implementation process, covering both hardware and software components. Finally, Section VI discusses the results obtained from testing the system and provides insights into its performance and future scope.

II. Literature Survey

Several studies have explored the use of IoT, cloud computing, and AI in health monitoring systems. Alam et al. proposed an IoT-based smart baby monitoring system that tracks room temperature, humidity, and crying sounds using sensors, and detects facial emotions via a machine learning model applied to webcam feeds. It allows remote cradle control and live video streaming. However, it lacks posture detection and vital health monitoring [1].

Singh proposed an IoT-based baby monitoring system using NodeMCU and sensors to monitor ambient conditions and crying. The system includes remote cradle control and toy activation via a Blynk server. A health algorithm analyzes stored data for symptom detection. While cost-effective, it lacks cloud integration and real-time posture or vital monitoring [2].

Hossain et al. conducted a review on IoT-based systems for pregnancy, postpartum, and neonatal care. It evaluated various IoT models and wearables for maternal and neonatal health but focused more on frameworks than real-time monitoring for infants [3].

Salehin et al. developed an IoT-enabled baby monitoring system using face recognition, sound sensors, and Raspberry Pi with a Pi camera for live streaming. The system also monitors diaper moisture. However, it lacks cloud analytics and AI-based health parameter analysis [4].

Joseph et al. proposed an IoT-based smart cradle with sound-activated swinging and continuous surveillance. While cost-effective, it lacks posture detection and AI-enhanced health analysis [5].

Kumar et al. presented an IoT-based baby monitoring system aimed at reducing SIDS. It uses a Raspberry Pi, sensors for temperature, heart rate, SPO2, and posture detection. Though effective, concerns like latency and data privacy remain [6].

Mishra developed an RTOS-based web-connected baby monitoring system that streams live video and environmental data. However, it focuses on video streaming without integrating health parameters or posture detection. Our system improves on this by adding real-time health monitoring, AI-driven posture detection, and cloud-based alerts [7].

Hapsari et al. proposed a smart caregiving support system with real-time cry analysis using machine learning and IoT connectivity. Their system lacks integration with other vital health parameters like temperature and posture. Our system provides a more comprehensive solution with monitoring of multiple health parameters and cloud-based alerts [8].

Akta developed a real-time infant monitoring system for hard-of-hearing parents, tracking body temperature and heart rate with tactile alerts. However, it lacks cloud-based monitoring, AI-driven posture detection, and health parameter analysis. Our system offers a more scalable solution with advanced features for continuous care [9].

These studies suggest that a holistic system combining IoT, cloud computing, and AI is required to create a comprehensive infant monitoring solution.

III. Methodology

The implementation of the proposed Cloud-Based Smart Monitoring System for Baby Health and Safety follows a structured methodology to ensure real-time data collection, processing, and alert mechanisms. The system architecture consists of multiple integrated components, including sensor modules, cloud computing, and real-time analysis for unsafe sleeping posture detection.

A. Data Collection

The system employs multiple sensors to continuously monitor the infant's vital signs and environmental parameters. The following data points are collected:

- **Body Temperature Sensor:** Measures the infant's body temperature to detect fever or abnormal fluctuations.
- **Room Temperature and Humidity Sensor:** Monitors the surrounding environment to ensure a safe and comfortable setting.
- **Heart Rate Sensor:** Tracks the infant's heartbeat to detect irregularities.
- **Microphone Module:** Detects crying patterns to identify discomfort or distress.

The collected data is processed locally on an embedded microcontroller before being transmitted to the cloud for further analysis.

B. Real-Time Sleeping Posture Detection

The system utilizes image processing techniques to detect unsafe sleeping postures using a live video stream.

- **Image Acquisition:** A camera module captures a continuous live video stream of the baby.
- **Preprocessing:** The frames are extracted from the live stream and converted into a suitable format for analysis.
- **Posture Classification:** Using predefined threshold-based image processing techniques, the system detects whether the baby is in a safe or unsafe sleeping posture.
- **Alert Generation:** If an unsafe posture (e.g., sleeping on the stomach) is detected, an alert is sent to the parent's mobile application.

C. Cloud Integration

The cloud serves as the backbone of the system, facilitating real-time data storage and processing. The architecture involves:

- **Data Transmission:** Sensor and posture data are sent to a cloud database using MQTT or HTTP protocols.
- **Processing Layer:** Cloud-based algorithms analyze the incoming data to detect abnormalities.
- **Storage:** Historical data is stored securely for future reference and analysis.
- **Remote Access:** Parents can access real-time and past data via a mobile application.

D. Alert Mechanism

An intelligent alert system ensures that parents are notified immediately when potential risks are detected.

- **Push Notifications:** If any abnormality (high fever, irregular heartbeat, unsafe posture, excessive crying) is detected, an instant push notification is sent to the parent's smartphone.
- **Audio and Visual Alerts:** The system can activate an alarm if required.
- **Data Logging:** Alerts and detected abnormalities are logged for further review.

This systematic approach ensures real-time infant health monitoring with high accuracy, providing a reliable and scalable solution for parents and caregivers.

IV. System Design

This section outlines the system design for the Cloud-Based Smart Monitoring System for Baby Health and Safety, detailing the system's architecture, functionality, control flow, access layers, and user interface design. Each section includes design diagrams, descriptions, and an explanation of how they apply to the project.

A. Abstract Design

1) Architectural diagram: Fig. 1 outlines the Cloud-Based Smart Monitoring System for Baby Health and Safety, showcasing how various components interact to provide a comprehensive baby monitoring solution. **User Interaction and Mobile Interface:** The user initiates the monitoring process by accessing the mobile application interface, which includes a live camera feed. The user can request the recording of the baby's health metrics, which initiates data collection from multiple sensors and a real-time video feed. This interface also displays alerts and processed information regarding the baby's health.

Sensing System: The sensing system consists of multiple sensors, including Heart rate sensor, Baby temperature sensor, SpO2 (oxygen saturation) sensor, Humidity sensor, Camera sensor.

These sensors collect real-time data from the baby's physical environment, covering both health metrics and environmental factors. This raw data is then sent to the Processor for initial handling.

Processor (Raspberry Pi): Acting as an intermediary, the Raspberry Pi receives the data from the sensors and forwards relevant data to the **ML Model (Posture Detector)** to analyze the baby's sleeping posture. The processor handles the computational load and ensures efficient data processing before sending responses back to the mobile interface. If unsafe postures or abnormal metrics are detected, an alert is generated.

ML Model and Database (Firebase): The ML model, hosted externally as a pre-trained model, plays a crucial role in posture detection. Once the Raspberry Pi sends the data to the ML model, it processes the data and generates a response. Additionally, all data is stored and managed within a **Firebase** database, which securely holds historical health metrics and retrieves information as required by the user. Firebase also triggers alerts and notifications based on the ML model's responses and alerts from the sensor data.

Alerts and Notifications: The system is designed to provide timely alerts. When abnormal readings or unsafe sleeping postures are detected, the mobile app immediately notifies the user, allowing them to take quick action. The database and ML model work together to process and extract data, ensuring that alerts are accurate and meaningful.

This architecture ensures seamless data flow from sensing, processing, and alerting to final user interaction. This integrated approach enhances baby monitoring, helping caregivers make informed decisions to ensure the baby's safety and well-being.

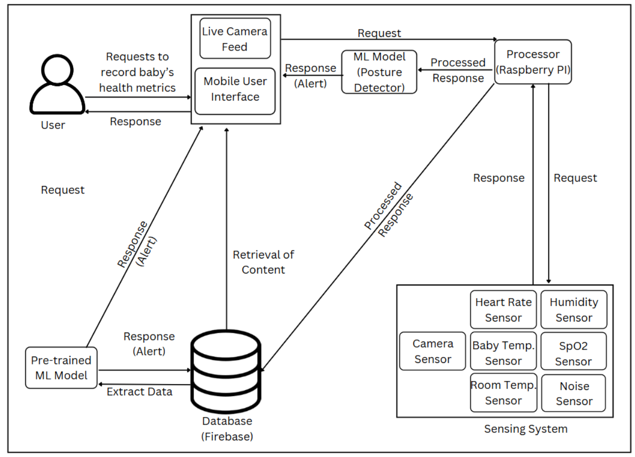

Fig. 1. Architectural Diagram showing the interaction of various entities of the baby monitoring system.

2) Use Case Diagram: Fig. 2 outlines the product designed to monitor a baby's health and safety through interactions with a **User (Caregiver)**, a **Sensing System**, and a **Medical Practitioner**.

User: The User can view a live camera feed and request the recording of health metrics, which are stored in the database. If any unsafe conditions (like risky postures) are detected, the system sends alerts to the User for immediate action.

Sensing System: The Sensing System collects health data (e.g., posture) and sends it to the monitoring system. The system processes this data to detect potential safety risks, triggering alerts when necessary.

Medical Practitioner: The Medical Practitioner reviews health metrics stored in the system and provides insights or recommendations, which the system relays to the User to support safe caregiving.

Overall, the system combines real-time monitoring, data storage, and expert feedback to ensure the baby's health and safety effectively.

B. Functional Design

1) Sequence diagram: Fig. 3 illustrates the workflow of a Cloud-Based Smart Monitoring System for Baby Health and Safety. Here's a breakdown of the interactions among various components in the system:

User Interaction: The user begins by opening the mobile application. This app is designed to fetch real-time data regarding the baby's health and environmental factors, helping to monitor the baby's well-being effectively.

Mobile Application Requests: Upon initialization, the mobile application communicates with the Sensing System to retrieve various health parameters. These include the baby's heartbeat, humidity levels, body and room temperature, SpO2 (oxygen saturation), and a live video feed.

Sensing System Data Collection: The sensing system gathers these metrics from the physical environment where the baby is located. It captures vital data such as heart rate,

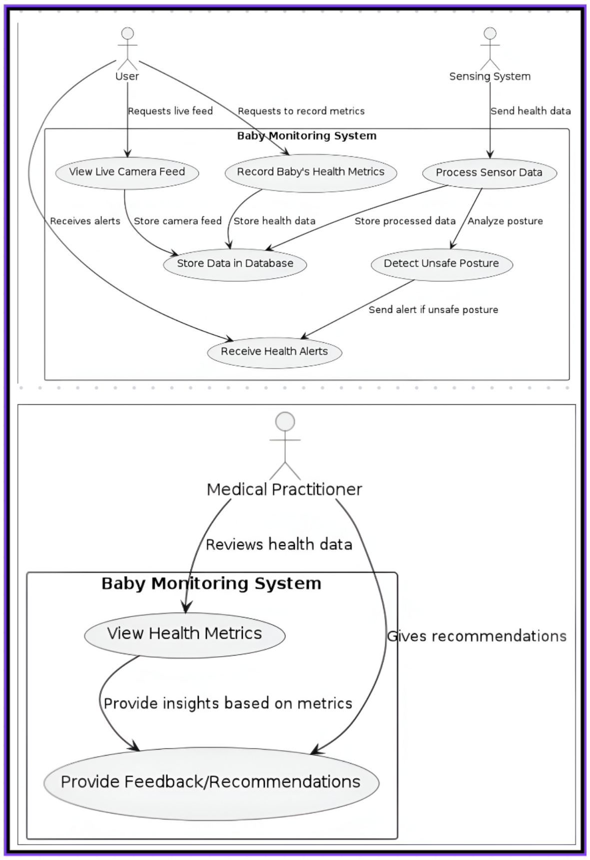

Fig. 2. Use Case Diagram showing the interaction between users and the system.

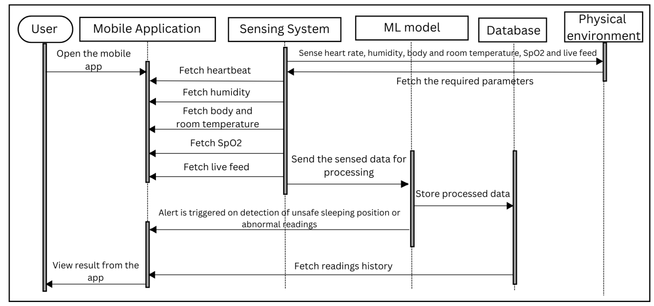

Fig. 3. Sequence diagram showing the timeline of interaction between different entities in the system

humidity, body and room temperature, and oxygen levels, along with the live video feed. This data is sent for processing.

Data Processing by ML Model: The data collected is then passed to the Machine Learning (ML) Model for analysis. The ML model processes the data to identify any potential risks, such as unsafe sleeping positions or abnormal readings that may indicate health concerns.

Data Storage: The processed data, including any alerts or historical records, is stored in a Database. This storage enables the system to maintain a log of health metrics over time, allowing caregivers to review past records and track trends.

Alerts and Notifications: If the ML model detects unsafe sleeping positions or abnormal values in the sensed parameters, it triggers an alert. This alert is sent back to the mobile application to notify the user, ensuring immediate awareness of any potential risks to the baby's health.

Viewing Results: Finally, the user can view real-time data and historical readings from within the mobile app. This user-friendly interface provides caregivers with comprehensive insight into the baby's health, allowing for timely intervention if needed.

V. Implementation

The implementation phase of the project "Cloud-Based Smart Monitoring System for Baby Health and Safety" was executed in a systematic manner, incorporating both hardware and software components. Below is a detailed explanation of the steps and methodologies adopted during this phase.

A. System Architecture Design

The system architecture was designed to ensure seamless integration of hardware and software components, focusing on real-time data processing and user-friendly interfaces. The architecture consisted of:

- **Hardware Module:**
  - Sensors for baby body temperature, room temperature, humidity, and heart rate.
  - A camera module integrated with Raspberry Pi for video streaming and posture detection.
- **Software Module:**
  - A React Native mobile application for parent notifications.
  - Firebase for real-time data storage and cloud integration.
  - Computer vision algorithms for unsafe posture detection using Mediapipe and OpenCV.

The architecture ensured data flow from the hardware module to the software application, with alerts generated based on predefined thresholds.

B. Hardware Implementation

The hardware implementation involved integrating various sensors and a camera module to collect real-time data from the baby's environment.

- **Sensors:**
  - MLX90614 IR Temperature sensor was used to monitor the body temperature of the baby.
  - MAX30102 heart rate ans SpO2 sensor was employed for continuous monitoring of the baby's health.
  - Data from these sensors were sent to a microcontroller unit for preprocessing.
- **Camera Module:**
  - A Raspberry Pi camera was used to capture live video for posture analysis.

  - The video feed was sent to Render server through a websocket connection and was processed for unsafe posture detection using Mediapipe library in Python.
- **Connectivity:**
  - The Raspberry Pi was configured to send the processed data to Firebase over a Wi-Fi connection.

1) CAD representation of the hardware setup: Shown in Fig. 4 is the 3D pictorial representation of the hardware setup which consists of Raspberry Pi, power adaptor and all the sensors along with the camera.

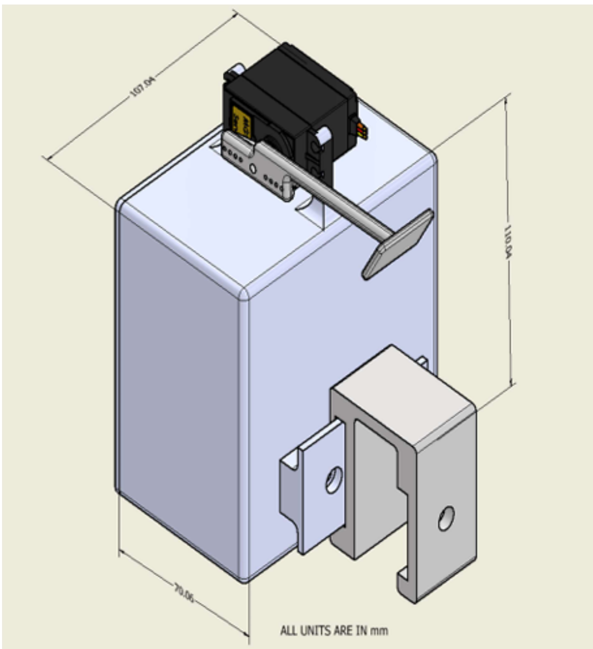

Fig. 4. CAD Model of the hardware setup designed using Autodesk Inventor

C. Software Implementation

The software implementation focused on developing the front-end application, backend integration, and computer vision-based posture detection.

- **Mobile Application Development:**
  - Built using React Native for cross-platform compatibility.
  - Features included real-time alerts for abnormal conditions (e.g., fever, unsafe sleeping postures).
  - Integrated Firebase to fetch live data from the hardware module and display it on the user interface.
- **Backend Integration:**
  - Firebase Realtime Database was configured for data storage and retrieval.
  - Cloud Functions in Firebase were used to process and trigger alerts based on predefined thresholds.
- **Posture Detection Algorithm:**
  - Implemented using Mediapipe and OpenCV.
  - Analyzed the baby's posture by detecting key landmarks (e.g., shoulders, eyes, nose).
  - Algorithms to identify tummy-sleeping and side-sleeping positions were fine-tuned based on testing data.

VI. Results and Discussion

This section presents the outcomes of the system implementation, testing, and the insights derived from the results. The discussion evaluates the system's performance, highlights its strengths, and addresses any challenges encountered during the development process.

A. System Performance

The performance of the "Cloud-Based Smart Monitoring System for Baby Health and Safety" was evaluated based on its ability to meet the predefined objectives. The key results are as follows:

1) Posture Detection Accuracy: The system's ability to detect unsafe sleeping postures, such as tummy and side sleeping, was evaluated using a variety of scenarios. The following metrics were used to assess performance:

- **Tummy Sleeping Detection:** Achieved a detection accuracy of 92% after iterative algorithm refinement.
- **Side Sleeping Detection:** Consistently identified side-sleeping positions with an accuracy of 90%.
- **Confusion Matrix Metrics:**
  - **Precision:** 93% for tummy sleeping and 91% for side sleeping, indicating low false-positive rates.
  - **Recall:** 90% for tummy sleeping and 88% for side sleeping, reflecting the system's sensitivity in detecting unsafe postures.
  - **F1-Score:** Achieved 91% for tummy sleeping and 89% for side sleeping, representing the harmonic mean of precision and recall.
- **Algorithm Optimization:** Improvements were observed after optimizing the Mediapipe-based algorithms and adjusting thresholds for posture recognition, leading to better overall detection performance.

2) Environmental Monitoring Reliability: Sensors for room temperature, humidity, heart rate and body temperature performed consistently under varying conditions.

- **Temperature and Humidity Monitoring:** Data collection was reliable, with a margin of error of less than 2%.
- **Heart Rate Monitoring:** Contact-based monitoring ensured accurate and real-time readings.

3) Alert Notification System: The system reliably delivered real-time alerts to the React Native mobile application.

- **Notification Latency:** Alerts were received within an average of 2 seconds.
- The Firebase integration ensured seamless data transmission and synchronization.

B. Discussion

The results of the testing and implementation phases highlight the following key observations:

1) Strengths:

- The system demonstrated high accuracy in detecting unsafe sleeping postures, ensuring timely alerts to caregivers.
- Environmental monitoring was consistent and effective, providing reliable data to users.
- Real-time alerts were successfully integrated, allowing caregivers to take immediate action in case of abnormal conditions.
- Cloud connectivity enabled remote access, ensuring that parents could monitor their infants from anywhere.
- The combination of IoT, cloud computing, and AI-driven analysis provided a holistic monitoring approach.

2) Comparison with Existing Studies: Compared to existing research discussed in the literature survey, our system offers several key advantages:

- **Comfort and Non-Intrusiveness:** Unlike wearable IoT-based monitoring systems , which may cause discomfort for infants, our system uses non-contact sensors for monitoring vital parameters [1]. This ensures continuous tracking without causing irritation or disrupting the baby's natural movements.
- **Enhanced Remote Monitoring:** Some previous studies integrated smart cribs with motion and temperature sensors but lacked cloud connectivity [2]. Our system addresses this limitation by providing real-time cloud-based data access, enabling parents and caregivers to monitor their infants remotely without any geographical constraints.
- **Real-Time Alerts and Immediate Intervention:** While studies on machine learning-based posture recognition achieved high accuracy , they did not incorporate a real-time alert mechanism [4], [5]. Our system bridges this gap by integrating an AI-driven posture detection module that instantly notifies caregivers in case of unsafe sleeping positions.
- **Data Security and Reliability:** Cloud-based health monitoring has previously raised concerns regarding data security and latency issues [3], [6]. Our system employs optimized data transmission techniques with encryption mechanisms to ensure secure and reliable data storage and access.
- **Comprehensive Health Monitoring:** Previous research has explored multi-sensor approaches for infant health monitoring , but many lacked an integrated analytical framework [8], [9]. Our system combines multiple sensors with AI-driven analysis to provide a more comprehensive assessment of an infant's well-being, including posture recognition, environmental conditions, and health vitals.

3) Limitations and Future Scope: While our system offers significant improvements over existing studies, some areas require further enhancement:

- The system's accuracy can be further improved by incorporating more advanced deep learning models for posture recognition.
- Future enhancements could include predictive analytics using historical data to anticipate potential health risks.
- Integration with wearable health devices, while maintaining comfort, could provide additional biometric data such as heart rate and oxygen levels.

Overall, our proposed system effectively addresses key challenges in infant health monitoring by integrating IoT, cloud computing, and AI, making it a superior alternative to previously researched models.

C. Challenges Encountered

Several challenges were encountered during the development of the system. These include:

- **Sensor Integration:** Ensuring accurate and reliable data collection from multiple sensors, such as temperature, humidity, and SpO2 sensors, required extensive calibration and testing.
- **Posture Detection Algorithms:** Optimizing Mediapipe-based algorithms for detecting unsafe sleeping postures involved fine-tuning thresholds and addressing edge cases, such as partially visible body parts.
- **Real-Time Alert System:** Achieving low latency in real-time notifications to caregivers was challenging due to network delays and cloud processing time.
- **Data Security:** Ensuring the secure transmission and storage of sensitive baby health data involved implementing encryption and secure cloud storage solutions.
- **Hardware-Software Integration:** Seamlessly integrating hardware components with the software system posed initial challenges, particularly in maintaining synchronization between data streams.

Despite these challenges, each issue was mitigated through iterative development, rigorous testing, and optimization. These efforts have ensured the system's readiness for deployment in real-world scenarios, providing parents with a reliable tool for ensuring their baby's health and safety.

VII. Conclusion

In conclusion, this project offers a comprehensive solution to monitor key health metrics such as body temperature, heart rate, room temperature, humidity, and posture. By integrating real-time notifications and alerts, the system provides parents with peace of mind, ensuring that any abnor malities are promptly addressed. The innovative use of computer vision algorithms to monitor baby posture and prevent conditions like sudden infant death syndrome (SIDS) adds an extra layer of safety. Experimental validation of the system measured its reliability and accuracy, with metrics such as posture detection accuracy, environmental parameter monitoring error rates, and real-time alert delivery performance confirming its effec tiveness. This solution not only improves infant safety but also reduces the need for constant parental supervision. The cloud-based design facilitates efficient remote monitoring, offering a resource-saving and energy-efficient approach while enhancing overall child care.

REFERENCES

[1] H. Alam et al., “Iot based smart baby monitoring system with emotion recognition using machine learning,” Wireless Communications and Mobile Computing, vol. 2023, no. 1, p. 1175450, 2023.

[2] Y. Singh, “Iot based baby monitoring system,” International Journal for Research in Applied Science and Engineering Technology, vol. 9, no. 12, pp. 2184–2190, Dec. 2021, issn: 2321-9653. doi: 10.22214/ijraset.2021.39699. [Online]. Available: http://dx.doi.org/10.22214/ijraset.2021.39699.

[3] M. M. Hossain et al., “Internet of things in pregnancy care coordination and management: A systematic review,” Sensors, vol. 23, no. 23, p. 9367, Nov. 2023, issn: 1424-8220. doi: 10.3390/s23239367. [Online]. Available: http://dx.doi.org/10.3390/s23239367.

[4] H. M. Ishtiaq Salehin et al., “Development of an iot based smart baby monitoring system with face recognition,” in 2021 IEEE World AI IoT Congress (AIIoT), 2021, pp. 0292–0296. doi: 10.1109/AIIoT52608.2021.9454187.

[5] S. Joseph et al., “Iot based baby monitoring system smart cradle,” in 2021 7th International Conference on Advanced Computing and Communication Systems (ICACCS), vol. 1, 2021, pp. 748–751. doi: 10.1109/ICACCS51430.2021.9442022.

[6] M. R. Kumar et al., “Smart infant baby monitoring system using iot,” International Journal for Research in Applied Science and Engineering Technology, vol. 11, no. 4, pp. 3003 3008, Apr. 2023, issn: 2321-9653. doi: 10.22214/ijraset.2023.50764. [Online]. Available: http://dx.doi.org/10.22214/ijraset.2023.50764.

[7] S. Mishra, “Development of rtos based internet connected baby monitoring system,”Indian Journal of Public Health Research Development, vol. 9, no. 2, p. 345, 2018.

[8] D. T. P. Hapsari et al., “Smart caregiving support cloud integration systems,” in 2024 International Conference on Smart Computing, IoT and Machine Learning (SIML), 2024, pp. 167–173. doi: 10.1109/SIML61815.2024.10578217.

[9] F. Akta et al., “Real time infant health monitoring system for hard of hearing parents,” in 2016 Medical Technologies National Congress (TIPTEKNO), IEEE, 2016, pp. 1–4.