

# Introducing, Selma Blair

*Introducing, Selma Blair* is a 2021 American documentary film directed by Rachel Fleit. It follows Selma Blair adapting to new ways of living after revealing her multiple sclerosis diagnosis.

The film had its world premiere at South by Southwest on March 16, 2021, where it won the Special Jury Award for Exceptional Intimacy in Storytelling in the Documentary Feature Competition.<sup>[2]</sup> It was released in a limited release on October 15, 2021, prior to streaming on Discovery+ on October 21, 2021.

## Synopsis

Selma Blair adapts to new ways of living after revealing her multiple sclerosis diagnosis.

## Release

The film had its world premiere at South by Southwest on March 16, 2021.<sup>[3]</sup> Prior to, Discovery+ acquired distribution rights to the film.<sup>[4]</sup> It was released in a limited release on October 15, 2021, prior to digital streaming on Discovery+ on October 21, 2021.<sup>[5]</sup>

## Reception

The film received overwhelmingly positive reviews from critics. It holds a 100% approval rating on Rotten Tomatoes, based on 32 reviews, with an average rating of 8.1/10. The website's critics consensus reads: "*Introducing, Selma Blair* lives up to its title with a personal look at a celebrity pulling back the curtain with courage, humor, and grace."<sup>[6]</sup> On Metacritic, the film has a weighted average score of 80 out of 100 based on 12 critics, indicating "generally favorable reviews".<sup>[7]</sup>

## Accolades

*Introducing, Selma Blair* won The Cinema for Peace Award on Global Health for 2021.<sup>[8]</sup>

## References

- "*Introducing, Selma Blair (2021)*" (<https://www.boxofficeemojo.com/title/tt2501280513/>). *Box Office Mojo*. *IMDb*.

### Introducing, Selma Blair



Theatrical release poster

<b>Directed by</b>	<u>Rachel Fleit</u>
<b>Produced by</b>	<u>Mickey Liddell</u> <div>Pete Shilaimon</div> <div>Troy Nankin</div>
<b>Starring</b>	<u>Selma Blair</u>
<b>Cinematography</b>	Shane Sigler
<b>Edited by</b>	Sloane Klevin
<b>Music by</b>	Raphaëlle Thibaut
<b>Production company</b>	<u>LD Entertainment</u>
<b>Distributed by</b>	<u>Discovery+</u>
<b>Release dates</b>	March 16, 2021 (SXSW) <div>October 15, 2021 (United States)</div>
<b>Running time</b>	106 minutes
<b>Country</b>	United States
<b>Language</b>	English
<b>Box office</b>	\$5,700 <sup>[1]</sup>

Retrieved October 22, 2021.

2. "SXSW Film Festival: 'The Fallout' and Docu 'Lily Topples the World' Among Jury Award Winners" (<https://deadline.com/2021/03/sxsw-film-festival-emotionally-charged-drama-the-fallout-and-docu-lily-topples-the-world-among-jury-award-winners-1234717468/>). 19 March 2021.
3. Day-Ramos, Dino (February 10, 2021). "SXSW Film Festival Unveils Full Lineup; Charli XCX Quarantine Feature To Close Fest; Tom Petty Docu Set As Centerpiece" (<https://deadline.com/2021/02/sxsw-film-festival-2021-lineup-charli-xcx-alone-together-tom-petty-somewhere-you-feel-free-1234690904/>). *Deadline Hollywood*. Retrieved March 14, 2021.
4. D'Alessandro, Anthony (March 12, 2021). "Discovery+ Picks Up Documentary 'Introducing, Selma Blair' Ahead Of SXSW World Premiere" (<https://deadline.com/2021/03/selma-blair-documentary-introducing-selma-blair-discovery-sxsw-1234713104/>). *Deadline Hollywood*. Retrieved March 14, 2021.
5. Miller, Julie (August 12, 2021). "'My First Starring Role': Selma Blair's Incredibly Candid Documentary" (<https://www.vanityfair.com/hollywood/2021/08/selma-blair-documentary-trailer>). *Vanity Fair*. Retrieved August 12, 2021.
6. "Introducing, Selma Blair" ([https://www.rottentomatoes.com/m/introducing\\_selma\\_blair](https://www.rottentomatoes.com/m/introducing_selma_blair)). *Rotten Tomatoes*. Retrieved October 19, 2021.
7. "Introducing, Selma Blair Reviews" (<https://www.metacritic.com/movie/introducing-selma-blair>). *Metacritic*. Retrieved 2021-10-19.
8. "Awards 2022" (<https://www.cinemaforpeace-foundation.org/awards-2022>). *Cinema for Peace Foundation*. Retrieved 2022-12-30.

## External links

---

- *Introducing, Selma Blair* (<https://www.imdb.com/title/tt14030526/>) at *IMDb*
- 

Retrieved from "[https://en.wikipedia.org/w/index.php?title=Introducing,\\_Selma\\_Blair&oldid=1176289676](https://en.wikipedia.org/w/index.php?title=Introducing,_Selma_Blair&oldid=1176289676)"

■