

# Hypnotic (2021 film)

***Hypnotic*** is a 2021 American thriller film directed by Matt Angel and Suzanne Coote, written by Richard D'Ovidio and starring Kate Siegel, Jason O'Mara, and Dulé Hill. It was released on October 27, 2021, by Netflix.<sup>[1][2]</sup>

## Plot

A young woman seeking self-improvement enlists the help of a renowned hypnotherapist. But after a handful of intense sessions, she discovers unexpected and deadly consequences. The hypnotist engages her in a lethal game of mind manipulation.<sup>[3]</sup>

## Cast

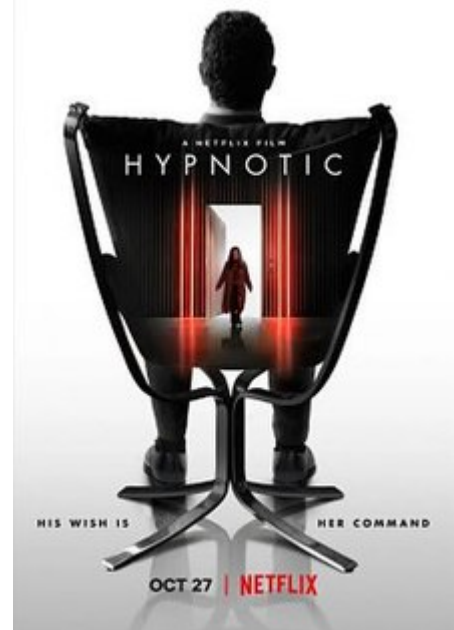
- Kate Siegel as Jenn Tompson
- Jason O'Mara as Dr. Collin Meade
- Dulé Hill as Detective Wade Rollins
- Lucie Guest as Gina Kelman
- Jaime M. Callica as Brian Rawley
- Tanja Dixon-Warren as Dr. Stella Graham
- Luc Roderique as Scott Kelman
- Devyn Dalton as Tabby
- Stephanie Cudmore as Andrea Bowen
- Jessie Fraser as Amy
- Darien Martin as Squad Leader
- Madeleine Kelders as Female Executive

## Reception

On the review aggregator website Rotten Tomatoes, 24% of 21 critics' reviews are positive, with an average rating of 4.3/10.<sup>[4]</sup> On Metacritic, *Hypnotic* holds a score of 33 out of 100 based on 5 critics, indicating "generally unfavorable reviews".<sup>[5]</sup>

*The Guardian*'s Benjamin Lee gave the film 1/5 stars, writing, "For someone under the spell, an hour can feel like a minute, an enviable experience for anyone actually watching *Hypnotic*, an unrewarding slog being fished out of the garbage for Halloween no tricks or treats, just tripe."<sup>[6]</sup> Christy Lemire, writing for RogerEbert.com, gave it 1/4 stars. She said the film "only occasionally rises to the potential of its wild premise, thanks

### Hypnotic



Official Netflix poster

<b>Directed by</b>	Matt Angel Suzanne Coote
<b>Written by</b>	Richard D'Ovidio
<b>Produced by</b>	Michael J. Luisi
<b>Starring</b>	<u>Kate Siegel</u> <u>Jason O'Mara</u> <u>Dulé Hill</u>
<b>Cinematography</b>	<u>John S. Stanley</u>
<b>Edited by</b>	Brian Ufberg
<b>Music by</b>	Nathan Matthew David
<b>Production company</b>	The Long Game
<b>Distributed by</b>	<u>Netflix</u>
<b>Release date</b>	October 27, 2021
<b>Running time</b>	88 minutes
<b>Country</b>	United States
<b>Language</b>	English

mostly to a crazy-eyed, licking-his-chops performance from Jason O'Mara. He knows exactly what kind of material he's working with here. For the most part, though, *Hypnotic* is dopey, but never quite dopey enough."<sup>[7]</sup>

G. Allan Johnson of the *San Francisco Chronicle* was more positive, saying the film was "the kind of made-for-cable-level movie where a pedestrian script... with the usual horror clichés is elevated by strong acting, no-nonsense direction and a couple of neat twists."<sup>[8]</sup> Lena Wilson of *The New York Times* wrote, "While the resulting cat-and-mouse dynamic is predictable, particularly if you've ever watched a *Lifetime* movie, *Hypnotic* takes its cartoonishness to admirable heights."<sup>[9]</sup>

## References

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2. "DGC BC Production List" (<https://www.dgc.ca/assets/Uploads/BritishColumbia/AvailsProductionLists/Documents/Production-List.pdf>) (PDF). *Directors Guild of Canada*. March 5, 2021. Archived (<https://web.archive.org/web/20210227060704/https://www.dgc.ca/assets/Uploads/BritishColumbia/AvailsProductionLists/Documents/Production-List.pdf>) (PDF) from the original on February 27, 2021. Retrieved March 6, 2021.
3. Angel, Matt; Coote, Suzanne (2021-10-27), *Hypnotic* (<https://www.imdb.com/title/tt12383460/>) (Drama, Horror, Mystery), *The Long Game*, retrieved 2021-11-30
4. "*Hypnotic*" (<https://www.rottentomatoes.com/m/hypnotic>). *Rotten Tomatoes*. Fandango Media. Retrieved 20 January 2024.
5. *Hypnotic* (<https://www.metacritic.com/movie/hypnotic-2021>) at *Metacritic* . Retrieved October 29, 2021.
6. Lee, Benjamin (2021-10-27). "Hypnotic review – schlocky Netflix thriller will send you to sleep" (<https://www.theguardian.com/film/2021/oct/27/hypnotic-thriller-netflix-kate-siegel-review>). *The Guardian*. ISSN 0261-3077 (<https://www.worldcat.org/issn/0261-3077>). Retrieved 2024-01-20.
7. Lemire, Christy (October 27, 2021). "Hypnotic movie review & film summary (2021)" (<https://www.rogerebert.com/reviews/hypnotic-movie-review-2021>). *RogerEbert.com*. Retrieved 2024-01-20.
8. Johnson, G. Allen (October 27, 2021). "Review: What happens when your hypnotherapist is a psycho? 'Hypnotic' says it's not good at all" (<https://datebook.sfchronicle.com/movies-tv/review-what-happens-when-your-hypnotherapist-is-a-psycho-hypnotic-says-its-not-good-at-all>). *San Francisco Chronicle*. Retrieved 2024-01-20.
9. Wilson, Lena (October 27, 2021). "'Hypnotic' Review: The Doctor Is Dangerous" (<https://www.nytimes.com/2021/10/27/movies/hypnotic-review.html>). *The New York Times*. Retrieved January 20, 2024.

## External links

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- *Hypnotic* (<https://www.netflix.com/title/81225962>) on *Netflix*
- *Hypnotic* (<https://www.imdb.com/title/tt12383460/>) at *IMDb*

