

# Helmet (film)

***Helmet*** is a 2021 Indian Hindi-language comedy film with a strong message of contraceptive awareness directed by Satram Ramani and produced by Sony Pictures Films India and Dino Morea.<sup>[2][3]</sup> It features Aparshakti Khurana, Pranutan Bahl, Abhishek Banerjee, Ashish Verma and Sharib Hashmi in lead roles.<sup>[4][2]</sup> The film premiered on 3 September 2021 on ZEE5.<sup>[1]</sup> It tries to change the taboo and hesitancy associated with use of condoms in India.

## Plot

Lucky and Rupali are very much in love and want to get married but her father objects as Lucky is an orphan and has less income than the boy he has chosen for Rupali. Lucky wants to start his own band and tries to get loan but Rupali's father and uncle are so powerful that they warn everyone not to help him. Lucky comes up with an idea of looting a truck containing electronic goods and involves his two friends Sultan and Minus in his ploy. Lucky, Sultan and Minus loot the truck but find instead of electronic equipment, they find condoms inside. The trio then has no option but to sell the condoms by wearing a helmet so nobody can recognise them.

## Cast

- Aparshakti Khurana as Lucky
- Pranutan Bahl as Rupali
- Abhishek Banerjee as Sultan
- Ashish Verma as Minus
- Ashish Vidyarthi as Jogi, Rupali's father
- Sharib Hashmi as Bunt Bhai
- Saanand Verma as Shambhu, medical shop owner
- Shrikant Varma as Gupta, Band Owner
- Dino Morea as Biker, Cameo appearance

## Production

### Helmet



Promotional poster

|                       |  |
|-----------------------|--|
| <b>Directed by</b>    | Satram Ramani  |
| <b>Written by</b>     | Rohan Shankar  |
| <b>Story by</b>       | Amit Tyagi<br>Satram Ramani<br>Ajay Singh<br>Gopal Mudhane   |
| <b>Produced by</b>    | <u>Sony Pictures Networks Productions</u><br><u>Dino Morea</u>   |
| <b>Starring</b>       | <u>Aparshakti Khurana</u><br><u>Pranutan Bahl</u><br><u>Abhishek Banerjee</u><br><u>Ashish Verma</u><br><u>Sharib Hashmi</u> |
| <b>Cinematography</b> | Milind Jog   |
| <b>Edited by</b>      | Manish Pradhan   |
| <b>Music by</b>       | <b>Score:</b><br>Ketan Sodha<br><b>Songs:</b><br><u>Tanishk-Vayu</u><br><u>Tony Kakkar</u><br><u>JAM8</u><br>Nirmaan         |

The Principal photography commenced on 19 December 2019 in Varanasi.<sup>[5]</sup> The film was wrapped up on 20 January 2020.<sup>[6][7]</sup>

## Soundtrack

The music of film was composed by Tanishk-Vayu, Tony Kakkar, JAM8 and Nirmaan while lyrics written by Vayu, Tony Kakkar, Shloke Lal and Nirmaan.

### Track listing

| No.                  | Title                    | Lyrics      | Music               | Singer(s)                                   | Length       |
|----------------------|--------------------------|-------------|---------------------|---|--------------|
| 1.                   | "Doli"                   | Vayu        | <u>Tanishk-Vayu</u> | Brijesh Shandilya                           | 2:46         |
| 2.                   | "Barbaad" (Duet Version) | Nirmaan     | Nirmaan             | Goldboy, Shipra Goyal                       | 2:25         |
| 3.                   | "Mauka Mauka"            | Shloke Lal  | <u>JAM8</u>         | Shubham Shirule                             | 3:13         |
| 4.                   | "Band Baj Gaya"          | Tony Kakkar | Tony Kakkar         | <u>Tony Kakkar</u> , <u>Vibhor Parashar</u> | 2:33         |
| 5.                   | "Barbaad" (Male Version) | Nirmaan     | Nirmaan             | Goldboy                                     | 4:25         |
| <b>Total length:</b> |                          |             |                     |   | <b>15:22</b> |

## Reception

Rahul Desai of Film Companion wrote, "The biggest irony of *Helmet* is that India's condom commercials over the years have been far more imaginative, cheekier and...slicker."<sup>[9]</sup>

## References

- "Aparshakti Khurana, Pranutan Bahl, Abhishek Banerjee starrer *Helmet* to premiere on ZEE5 on September 3" (<https://www.bollywoodhungama.com/news/bollywood/aparshakti-khurana-pranutan-bahl-abhishek-banerjee-starrer-helmet-premiere-zee5-september-3/>). *Bollywood Hungama*. 20 August 2021. Retrieved 27 August 2021.
- "Helmet: Aparshakti Khurana and Pranutan Bahl play leads in Dino Morea's comedy drama" (<https://www.indiatoday.in/movies/bollywood/story/helmet-aparshakti-khurana-and-pranutan-bahl-play-leads-in-dino-morea-s-comedy-drama-1629977-2019-12-20>). *India Today*. 20 December 2019. Retrieved 27 August 2021.
- "'Helmet': Here's a glimpse of love in the time of corona from the Aparshakti Khurana and Pranutan Bahl starrer" (<https://timesofindia.com/entertainment/hindi/bollywood/news/helmet-heres-a-glimpse-of-love-in-the-time-of-corona-from-the-aparshakti-khurana-and-pranutan-bahl-starrer/articleshow/76646179.cms>). *The Times of India*. 26 June 2020. Retrieved 27 August 2021.

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|-----------------------------|--|
| <b>Production companies</b> | Sony Pictures Networks Productions DM Movies |
| <b>Distributed by</b>       | <u>ZEE5</u>                                  |
| <b>Release date</b>         | 3 September 2021 <sup>[1]</sup>              |
| <b>Running time</b>         | 104 minutes                                  |
| <b>Country</b>              | India  |
| <b>Language</b>             | Hindi  |

| <i><b>Helmet</b></i>  |                                |
|---|--------------------------------|
| <b>Soundtrack album by <u>Tanishk-Vayu</u>, <u>Tony Kakkar</u>, <u>JAM8</u> and <u>Nirmaan</u></b>  |                                |
| <b>Released</b>   | 23 August 2021 <sup>[8]</sup>  |
| <b>Recorded</b>   | 2020                           |
| <b>Genre</b>  | <u>Feature film soundtrack</u> |
| <b>Length</b>   | 15:22                          |
| <b>Language</b>   | Hindi                          |
| <b>Label</b>  | <u>Zee Music Company</u>       |
| <b>Official audio</b>   |                                |
| Helmet - Full Album ( <a href="https://www.youtube.com/watch?v=8KJYGJ8yJmw">https://www.youtube.com/watch?v=8KJYGJ8yJmw</a> ) on <u>YouTube</u> |                                |

4. "Aparshakti Khurrana bags his first lead role opposite Pranutan Bahl in a film titled Helmet" (<https://www.bollywoodhungama.com/news/bollywood/aparshakti-khurrana-bags-first-lead-role-opposite-pranutan-bahl-film-titled-helmet/>). *Bollywood Hungama*. 12 December 2019. Retrieved 27 August 2021.
5. "Aparshakti Khurana and Pranutan Bahl starrer upcoming quirky comedy 'Helmet' starts filming" (<https://timesofindia.com/entertainment/hindi/bollywood/news/aparshakti-khurana-and-pranutan-bahl-starrer-upcoming-quirky-comedy-helmet-starts-filming/articleshow/72882460.cms>). *The Times of India*. 19 December 2019. Retrieved 27 August 2021.
6. "Aparshakti Khurana and Pranutan Bahl wrap up Helmet shooting" (<https://indianexpress.com/article/entertainment/bollywood/aparshakti-khurana-pranutan-bahl-helmet-shooting-wrap-up-6237679/>). *The Indian Express*. 20 January 2020. Retrieved 27 August 2021.
7. "Aparshakti Khurana and Pranutan Bahl wrap Helmet. Extremely thrilled, says Dino Morea" (<https://www.indiatoday.in/movies/bollywood/story/aparshakti-khurana-and-pranutan-bahl-wrap-helmet-extremely-thrilled-says-dino-morea-1640443-2020-01-27>). *India Today*. 20 January 2020. Retrieved 27 August 2021.
8. "Helmet – Original Motion Picture Soundtrack" ([https://www.jiosaavn.com/album/helmet/7Jm2SaKfHx4\\_](https://www.jiosaavn.com/album/helmet/7Jm2SaKfHx4_)). Jiosaavn. 23 August 2021.
9. Desai, Rahul (3 September 2021). "Helmet, On ZEE5, Is A Flavourless And Familiar Social Dramey" (<https://www.filmcompanion.in/reviews/bollywood-review/helmet-movie-review-is-a-flavourless-and-familiar-social-dramey-aparshakti-khurana-abhishek-banerjee>). Retrieved 7 September 2021.

## External links

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- *Helmet* (<https://www.zee5.com/global/movies/details/helmet/0-0-1z51560>) at ZEE5
  - *Helmet* (<https://www.imdb.com/title/tt11460818/>) at IMDb
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