

# Dr. Bird's Advice for Sad Poets

***Dr. Bird's Advice for Sad Poets*** is a 2021 American comedy-drama film written and directed by Yaniv Raz and starring Lucas Jade Zumann, Taylor Russell, Chase Stokes, Lisa Edelstein, David Arquette and Jason Isaacs. It is based on the novel of the same name by Evan Roskos.<sup>[1]</sup>

## Cast

- Lucas Jade Zumann as James Whitman
- Taylor Russell as Sophie
- Jason Isaacs as Carl
- Lisa Edelstein as Elly
- David Arquette as Xavier
- Chase Stokes as Martin
- Tom Wilkinson as the voice of Dr. Bird

## Release

The film was released on demand on January 12, 2021.<sup>[2][3]</sup>

## Reception

The film has an 80% rating on Rotten Tomatoes based on five reviews.<sup>[4]</sup>

Sandie Angulo Chen of Common Sense Media awarded the film three stars out of five and wrote, "YA dramedy about anxiety has language, innuendo, drinking."<sup>[5]</sup>

Cath Clarke of The Guardian also awarded the film three stars out of five and wrote, "The family dysfunction stuff is sensitively handled with some originality..."<sup>[6]</sup>

Cyntia Vinney of Comic Book Resources gave the film a positive review and wrote, "None of this would land, however, if it weren't for Zumann's earnest, heartfelt performance. He perfectly balances James' anxiety with his underlying sweetness as well as his awkward idiosyncrasy."<sup>[7]</sup>

Glenn Kenny of The New York Times gave the film a negative review and wrote, "The movie gets so drunk on its stylistic affectations (and unfunny attempts at cerebral comedy) that by

### Dr. Bird's Advice for Sad Poets



Poster

<b>Directed by</b>	Yaniv Raz
<b>Written by</b>	Yaniv Raz
<b>Based on</b>	<i>Dr. Bird's Advice for Sad Poets</i> by Evan Roskos
<b>Produced by</b>	Shona Tuckman Josh Bachove
<b>Starring</b>	<u>Lucas Jade Zumann</u> <u>Taylor Russell</u> <u>Chase Stokes</u> <u>Lisa Edelstein</u> <u>David Arquette</u> <u>Jason Isaacs</u>
<b>Cinematography</b>	Pierluigi Gigi Malavasi
<b>Edited by</b>	Steven Centracchio
<b>Music by</b>	Jim Dooley
<b>Production companies</b>	<u>Ketchup</u> <u>Entertainment</u>

the time it sobers up to take James's mental health seriously, it's too little, too late."<sup>[8]</sup>

## References

1. Amanda N'Duka (May 16, 2018). "Lucas Jade Zumann, Taylor Russell, Lisa Edelstein & Jason Isaacs Topline 'Dr. Bird's Advice for Sad Poets' Movie" (<https://deadline.com/2018/05/lucas-jade-zumann-taylor-russell-lisa-edelstein-dr-birds-advice-for-sad-poets-movie-1202392613/>). *Deadline Hollywood*. Retrieved September 3, 2021.
2. Ketchup Entertainment (December 7, 2020). "Ketchup Entertainment Presents: The Talents of Lucas Jade Zumann, Taylor Russell, Jason Isaacs, Lisa Edelstein David Arquette, Tom Wilkinson and Chase Stokes Come Together In Dr. Bird's Advice for Sad Poets" (<https://www.prnewswire.com/news-releases/ketchup-entertainment-presents-the-talents-of-lucas-jade-zumann-taylor-russell-jason-isaacs-lisa-edelstein-david-arquette-tom-wilkinson-and-chase-stokes-come-together-in-dr-birds-advice-for-sad-poets-301187021.html>). *PR Newswire*. Retrieved September 3, 2021.
3. Tammy Paolino (January 7, 2021). "An imaginary pigeon therapist helps land Collingswood author major movie deal" (<https://www.courierpostonline.com/story/life/2021/01/07/dr-birds-advice-sad-poets-book-collingswood-author-now-film-young-people-mental-health-struggles/4126584001/>). *Courier-Post*. Retrieved September 3, 2021.
4. "Dr. Bird's Advice for Sad Poets" ([https://www.rottentomatoes.com/m/dr\\_birds\\_advice\\_for\\_sad\\_poets](https://www.rottentomatoes.com/m/dr_birds_advice_for_sad_poets)). *Rotten Tomatoes*. Retrieved September 3, 2021.
5. Sandie Angulo Chen. "Dr. Bird's Advice for Sad Poets" (<https://www.common sense media.org/movie-reviews/dr-birds-advice-for-sad-poets>). *Common Sense Media*. Retrieved September 3, 2021.
6. Cath Clarke (June 18, 2021). "Dr Bird's Advice for Sad Poets review – quirky teenage hero gets life lessons from a pigeon" (<https://www.theguardian.com/film/2021/jun/15/dr-birds-advice-for-sad-poets-review-pigeonholes-the-quirky-teenage-hero>). *The Guardian*. Retrieved September 3, 2021.
7. Cynthia Vinney (January 5, 2021). "Dr. Bird's Advice for Sad Poets Is an Endearingly Offbeat Dramey About Mental Illness" (<https://www.cbr.com/dr-birds-advice-for-sad-poets-review/>). *Comic Book Resources*. Retrieved September 3, 2021.
8. Glenn Kenny (January 12, 2021). "'Dr. Bird's Advice for Sad Poets' Review: Teen Anxiety and Cinematic Frippery" (<https://www.nytimes.com/2021/01/12/movies/dr-birds-advice-for-sad-poets-review.html>). *The New York Times*. Retrieved September 3, 2021.

## External links

- Official website (<https://drbirdsadviceforsadpoets.com/>)
- *Dr. Bird's Advice for Sad Poets* (<https://www.imdb.com/title/tt3301314/>) at IMDb
- *Dr. Bird's Advice for Sad Poets* ([https://www.rottentomatoes.com/m/dr\\_birds\\_advice\\_for\\_sad\\_poets](https://www.rottentomatoes.com/m/dr_birds_advice_for_sad_poets)) at Rotten Tomatoes

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	Storyboard Media Kreate Films
<b>Distributed by</b>	Relativity Media
<b>Release date</b>	January 12, 2021
<b>Running time</b>	110 minutes
<b>Country</b>	United States
<b>Languages</b>	English French