

ASD SCREENING ASSESSMENT REPORT

Report Generated: January 24, 2026 at 05:13 AM
Assessment ID: d33a8a50-9a00-4f4b-9c22-91b576d01e59

ASSESSMENT RESULTS

Risk Level:	Moderate
ASD Probability:	32.0%
Model Confidence:	68.0%

DEMOGRAPHIC INFORMATION

Age:	25 years
Gender:	Female
Country:	United States
Jaundice at Birth:	No
Family History of ASD:	Yes
Respondent:	Self

BEHAVIORAL ASSESSMENT (AQ-10)

Question	Domain	Response
Q1	Sensory Awareness	Yes
Q2	Attention to Detail	No
Q3	Social Attention	Yes

Q4	Attention Switching	No
Q5	Cognitive Flexibility	Yes
Q6	Communication	No
Q7	Social Awareness	Yes
Q8	Social Imagination	No
Q9	Pattern Interests	Yes
Q10	Social Intuition	No

COMPREHENSIVE RECOMMENDATIONS

1. Medical Consultation & Treatment

- Schedule evaluation with developmental pediatrician within 3 months
- Consider Early Intervention Program (EIP) referral if under 3 years old
- Monitor developmental milestones closely
- Discuss preventive strategies with healthcare provider
- Annual comprehensive developmental screening recommended

2. Therapeutic Interventions

- Speech therapy if communication delays are present
- Occupational therapy for sensory sensitivities (2-3 sessions/week)
- Play-based therapy for social skill development
- Parent coaching sessions to learn supportive strategies
- Social skills groups (once weekly)

3. Yoga & Mindfulness Practices

- Mountain Pose (Tadasana): Grounding and focus - 1 minute
- Warrior Pose (Virabhadrasana): Strength and confidence - 30 seconds each side
- Bridge Pose (Setu Bandhasana): Calming and energizing - 1 minute
- Seated Forward Bend (Paschimottanasana): Relaxation - 1-2 minutes
- Breathing exercises: 5 minutes daily

4. Lifestyle Modifications

- Maintain predictable routines with some flexibility
- Encourage social play dates in structured settings
- Practice turn-taking and sharing through games
- Limit sensory overload in busy environments
- Use visual supports for daily activities
- Promote physical activities: team sports or group classes

5. Nutritional Recommendations

- Balanced diet with plenty of fruits and vegetables
- Omega-3 rich foods: Salmon, walnuts, flaxseeds
- Limit processed foods and added sugars
- Ensure adequate hydration throughout the day
- Consider multivitamin if dietary intake is limited

IMPORTANT MEDICAL DISCLAIMER

This assessment report is generated by an AI-powered screening tool and is NOT a clinical diagnosis. The results should be used as a reference point for discussions with qualified healthcare professionals. All recommendations provided are general guidelines and must be customized by licensed medical practitioners based on individual needs, medical history, and comprehensive evaluation.

Always consult with:

- Licensed pediatrician or family physician
- Developmental pediatrician or child psychiatrist
- Certified therapists (ABA, OT, Speech, etc.)
- Registered dietitian for nutritional advice

Do not:

- Self-diagnose or self-medicate based on this report
- Start any medication without professional prescription
- Discontinue existing treatments without consulting your doctor
- Delay seeking professional medical advice

This report is for informational purposes only and does not establish a doctor-patient relationship.

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