**Week 8**

**Name: Midlaj kasim**

**Mobile: 7306180183**

| **Personal Development Workouts** |
| --- |
| 1. Finish reading the first 50 pages of the book Atomic Habits by James Clear and prepare an audio note on each chapter. |
| *I finished reading the first 50 pages of Atomic Habits, gaining valuable insights into how small habits can lead to big changes. The chapters emphasized the importance of identity based habits and the power of incremental progress. Recording audio notes helped me better internalize the key concepts and made it easier to apply them in my daily life.*  [*https://drive.google.com/file/d/1RzIPDJ6ic-4J3S3\_a24Ym9k-Wkvnbg-M/view?usp=drive\_link*](https://drive.google.com/file/d/1RzIPDJ6ic-4J3S3_a24Ym9k-Wkvnbg-M/view?usp=drive_link) |

| **Technical Workouts** |
| --- |
| 1. Complete your project according to the instructions. |
| *I created a clothing store to give unique,stylish costumes and caps ,I completed in admin side like,user management,category,and product side.and in user side i created signup,login and some home page product management* |

| **Miscellaneous Workouts** |
| --- |
| 1. Practice typing for at least one hour each day. Finish as many chapters as possible as you can. Don’t spend more than an hour each day. 2. Prepare a topic for the tech seminar. Record and upload it on youtube as an unlisted video. 3. Conduct a Feedback session by the end of this week. 4. Prepare your progress video for the last week. Record and upload it on youtube as an unlisted video. |
| [*Untitled document - Google Docs*](https://docs.google.com/document/d/1z9l_UZp-5fnsrw5jjAtFUfx-5_q3DZju4H4ShEvlgnc/edit?tab=t.0) |
| *The seminar is about linux.Linux is more than just an operating system—it’s a tool for exploration, innovation, and learning. If you’re someone who loves to push boundaries and embrace challenges, Linux is the perfect platform for you. Its flexibility, security, and robust community make it a worthwhile choice for anyone ready to dive into the world of open source.*  [*https://www.youtube.com/watch?v=KD-nDuwYA8o*](https://www.youtube.com/watch?v=KD-nDuwYA8o) |
| [*Untitled document - Google Docs*](https://docs.google.com/document/d/1AquwlGbBNyQMmGZzPzf6XInFA-rA4TQmvHgSW5qt0qc/edit?tab=t.0) |
| *Write a short description about this task*  *Link to your progress video* |