# WORK LIFE BALANCE AND JOB SATISFACTION OF

# EMPLOYEES OF PRIVATE SECTOR BANKS IN VIRUDHUNAGAR DISTRICT INTERVIEW SCHEDULE

I GENERAL PROFILE  1. Name and Address					
2. Sex					
a) Male	[	]	b) Female	[	]
3. Age					
a) Up to 28	[	]	b) 28 – 38	[	]
c) 38 – 48	[	]	d) 48 – 58	[	]
d) Above 58	[	]			
4. Religion					
a) Hindu	[	]	b) Christian	[	]
c) Muslim	[	]	d) Others	]	]
5. Marital Status					
a) Married	[	]	b) Unmarried	[	]
c) Divorced	[	]	d) Widow	[	]
5.1. If 'Married' Is your spouse working?					
a) Yes	[	]	b) No	[	]
5.2. If 'yes' Nature of Job					
a) Public Sector	[	]	b) Private Sector	]	]
c) Own Business	[	]			
6. Ethnicity					
a) Original Inhabitants	[	]	b) Migrate	[	]
7. Nature of Family					
a) Joint	[	]	b) Nuclear	[	]
9. Educational Qualification					
b) Under graduate	[	]	c) Post Graduate	[	]
d) Diploma	[	]	d) Others		

10. Monthly In	come of	the family					
a) Upto	Rs. 20,0	000	[	]	b) Rs. 20,000 – Rs. 40,000	[	]
c) Rs. 4	-0.000 –	Rs. 60,000	[	1	d) Above Rs. 60,000	[	1
II EMPLOYM			L	-	,	L	_
11. Name of th	e bank _						
12. Present Pos	sition						
a) Offic	er		[	]	b) Clerk	[	]
c) Sub s	staff		[	]		_	
,		ou are working in this	-	_			
·	than 3 y				b) 3 – 6 years	[	]
c) 6 – 9	years		[	1	d) More than 9 years	[	
14. Nature of a	•	ent	-	-	, <b>,</b>	-	-
a) Perm			ſ	1	b) Temporary	[	7
,		x time of your bank?	_	-		L	_
		g time of your bank?					
16. Mention ac	ctuai nur	nber of hours you spo	ena	ın t	bank		
a) 8 – 1	0 hours		[	]	b) 10 – 12 hours	[	]
c) 12 –	14 hours	3	[	]	d) More than 14 hours	[	]
17. Are you sat	tisfied w	ith your Job?					
a) Yes		·	[	1	b) No	[	7
17.1 If 'Yes' R	ank the	reasons	L	,		L	-
17.111 165 10			<u></u>		Dowle		
	<b>S. No</b> 1.	Conte Handsome Salary	:11t		Rank		
	2.	Job Security					
	3.	High Chance for Pr	om.	otio	n		
	4.	Childhood interest	OIII	ono			
	5.	Utilization of skills					
	6.	Developing skills					
	7.	More holidays					
	8.	Scope of individual	gro	owtł	1		
	9.	Social status / Resp	ect	job			
17.2 If 'No' Re	easons						
a) Not e	enough s	alary	[	]	b) Tension work	[	]
c) Lack	of senio	r support	[	]	d) No recognition	[	

18. Do you able to balance your work	with family life?	
a) Yes	[ ] b) No	[ ]

# I OPINION REGARDING THE LIFE STYLE OF THE EMPLOYEES

S.No	Factors	Always	Often	Sometimes	Rarely	Never
1.	Time to read books / Newspaper					
2.	Time to watch TV					
3.	Time to play sports					
4.	Time to dress ironing					
5.	Breakfast in the morning without hurry					
6.	Manage one's own needs					
7.	Feel happy early in the morning					
8.	Interested in gardening					
9.	Have regular contact with the relatives and family members					
10.	Week end shopping and outing with family					
11.	Being interesting person at home					
12.	Spend quality time with life partner / Children / Parents					
13.	Taking care of aged parents					
14.	No tension to take leave					
15.	Birthday celebration for family members					
16.	Go to film with family					
17.	Go Family trip during vacation					
18.	Spend time to go to temple with family					
19.	Celebrate social functions					
20.	Celebrate religious festival					
21.	Spent time with neighbours					
22.	Involve ourself in social activities					
23.	Have good friends near their residence					
24.	Spend time for Exercise and yoga					
25.	Correct time taken for breakfast, lunch and dinner					
26.	Relaxing for a minimum 2 hours per day					
27.	Nice sleep of minimum 8 hours					

	per day			
28.	Adequate health awareness			
29.	No work during illness			

#### II OPINION REGARDING THE WORKING STYLE OF THE EMPLOYEES

S.No	Factors	Always	Often	Sometimes	Rarely	Never
1.	Prepare the work plan well in					
	advance					
2.	Complete the work on time					
3.	No need of assistants					
4.	Good relationship with colleagues					
5.	Encouraged to take own decisions					
6.	Subordinate helps for completion of work					
7.	Have friends at work place					
8.	Feel better with salary					
9.	Devote necessary time to work					
10.	Reach office on time					
11.	Take decisions rationally					
12.	Devote time to equip yourself					
13.	Attend training and					
	development programmes					
14.	Doing error free work					
15.	Treat the subordinate fairly					
16.	Illness does not affect the work					
17.	Have presence of mind at work					
18.	Have innovation and creativity					
	in their work					
19.	Motivate colleagues to work					

#### III EFFORTS TAKEN TO BALANCE THE WORK AND FAMILY LIFE

#### PERSONAL EFFORTS

S. No	Factors	Taken	Not taken
1.	Proper Planning		
2.	Physical assistance from friends and relatives		
3.	Maintaining better understanding with spouse /		
	parents		
4.	Utilize the service of house maid		

## **INSTITUTIONAL EFFORTS**

S. No	Factors	Taken	Not Taken
1.	Flexible working hours		
2.	Monetary assistance		
3.	Frequent health checkup		
4.	Family tour		
5.	Maternity benefits		
6.	Childcare centre		
7.	Transport facilities		
8.	Personal development porgrammes		
9.	Job oriented training		
10.	Better working environment		
11.	Grievance Redressal System		
12.	Free accommodation		
13.	Free education		

## IV FACTORS INFLUENCING JOB SATISFACTION

S. No	Factors	Very High	High	Neither High Nor Low	Low	Very Low
1.	Creativity in job					
2.	Promotion Opportunity					
3.	Personal Development					
	Opportunities					
4.	Enjoyment in Work					
5.	Work Concentration					
6.	Dynamism in work					
7.	Peaceful work					
8.	Cordial relationship with co-					
	workers					
9.	Monetary benefits					
10.	Achieved the target in time					
11.	Work Pressure					
12.	Psychological Stress and				_	
	Frustration					
13.	Errors					