Preeti Jha is an active social media user with a significant following of 1,415 people on Facebook. She works at Nepal SBI Bank and lives in her hometown, Biratnagar. Her online presence reveals a person deeply reflective and expressive, often sharing her thoughts and feelings through various posts and interactions.

Preeti's Facebook intro poses an intriguing question: "Which Falsity do I choose for myself?" This indicates her introspective nature, contemplating personal choices and authenticity.

In her featured section, Preeti shares three entries titled "Decembering," "I Tried," and "Lyrical," suggesting her engagement with creative or poetic expressions. Her posts often delve into emotional and philosophical reflections. For instance, she has shared a poignant question about experiencing deep sadness and another post exploring the harshness with which she treats herself compared to the understanding she extends to others.

Preeti's social media posts also highlight her sense of humor and relatability. For example, she humorously recounts an incident about disliking coffee during a meeting, which sparked a playful exchange in the comments.

Preeti's love for travel is evident through her numerous check-ins to various locations across Nepal, including Dharan, Biratnagar, Kanyam, Pathivara Illam, and Muktinath. These visits reflect her adventurous spirit and desire to explore different parts of her country.

Her favorite movies and TV shows, listed from about 11 years ago, include popular Bollywood films like "Bol Bachchan," "Jodha Akbar," "Force," and "Veer-Zaara," as well as TV shows such as "Sapne Suhane Ladakpan Ke," "Qubool Hai," and "Geet."

Preeti has attended events such as "Word Warriors on the Road: Biratnagar," organized by Spoken Word Nepal, highlighting her interest in cultural and literary activities. She is associated with several groups and organizations, including ARTn't, Alliance for Nepal, American Corner Biratnagar, Arniko College, BabaChu, and Banking Preparation Nepal.

Despite her vibrant social life and professional engagement, Preeti's posts often reveal a contemplative and introspective side. She frequently reflects on personal growth, the complexities of emotions, and the struggles of coping with life's challenges. Her social media presence is a blend of humor, vulnerability, and philosophical musings, making her a relatable and engaging individual to her followers.