

Vidyadaan Sahayyak Mandal, Thane (VSM Thane) is a non-profit organization founded in 2008 to support needy and deserving students in fulfilling their dream of higher education by providing emotional and professional support, rather than just sponsoring academic fees. To achieve this VSM has developed its own grooming model where personality development & social awareness is equally important as academic & professional development.

One of its most popular initiative among students is '**Be Frank**', which started in 2013 as a free & frank interaction with students of VSM Hostel and since then has grown into a **full-fledged personality development initiative for VSM students**.

Be Frank aims to increase awareness about career, establish a friendly bond among fellow students, develop self-identity and confidence, break self-imposed restrictions on mind, facilitate learning skills and importance of cultivation of thoughts and ideas. We also try to create a sense of community and connection, and help students to develop critical thinking and problem-solving skills.

The initiative's activities include introductions, icebreakers, subject / theme reveals, core activities, discussions, and feedback. Team Be Frank at VSM has developed a 'School Chale Hum' program specially for school children coming from weaker sections of the society. This program aims to equip budding children with the necessary skills and knowledge to foster personal growth and development, and cultivate positive attitude. Be Frank program's vision is transformation through activity-based learning, **We have conducted over 70 sessions within VSM, 30+ school sessions, 10+ sessions on special occasions, and reached 2000 + school students.** We have received positive feedback & results through these happy interactive sessions.

Team Be Frank at VSM is currently focusing on reaching out to schools providing good education to children coming from fragile financial background & limited resources. We are extending our support to schools having strong desire to help their students in understanding their true potential & grow further.. We propose arranging three activity based interactive sessions of 8 th to 10th standard students in each school. The program aims to develop self confidence , interactive, and public speaking skills, enhance social skills, and develop a progressive mindset in students.

How can you participate :



You can join our Be Frank Team and become a part of our sessions in various schools and locations.



You can donate to us to support the infrastructure and administrative costs, such as transportation and other necessary expenses, for Be Frank sessions.



You can suggest schools with cooperative administrations and students who meet the criteria mentioned above

