

Recursion & Memory Management — Detailed Guide

1. Base Case vs Recursive Case

A recursive function has two essential parts:

1. Base Case:
 - The condition where recursion stops.
 - Prevents infinite calls.
 - Example: `if(num == 0) return;`
2. Recursive Case:
 - Function calls itself with a smaller input.
 - Example: `printNum(num - 1);`

Together they allow the function to reduce the problem until reaching the base case.

2. Stack Pointer Movement

Stack Pointer (SP) moves DOWN when a new function is called:

```
SP → printNum(3)
SP → printNum(2)
SP → printNum(1)
SP → printNum(0)
```

During unwinding, SP moves UP as frames are removed:

```
SP → return to printNum(1)
SP → return to printNum(2)
SP → return to printNum(3)
SP → return to main()
```

Each movement corresponds to allocation and deallocation of stack frames.

3. Memory Footprint: Iteration vs Recursion

Recursion:

- Uses one stack frame per call.
- Memory usage = $O(n)$.
- Can cause `StackOverflowError` for deep recursion.

Iteration:

- Uses one function frame.
- Memory usage = $O(1)$.
- No risk of stack overflow.

Recursion trades memory for cleaner, more elegant logic.

4. Tail Recursion

A function is tail-recursive when the recursive call is the LAST statement.

Example (tail recursive):

```
return tailFunc(n - 1);
```

Java does NOT optimize tail recursion, so:

- Tail recursion is NOT memory-efficient in Java.
- Still uses $O(n)$ stack space.

Languages like Scala, Kotlin, Python (limited), and functional languages optimize tail recursion.

5. Why Stack Overflow Happens

`StackOverflowError` occurs when:

- Too many recursive calls build up.
- Stack memory limit is exceeded.

Example:

```
infinite recursion:  
foo() calls foo()
```

Java reserves a limited-size stack.

Deep recursion consumes stack space quickly.