

Name : TESTNOW

Patient ID : SC23F000002

Gender : Male

Place : Bangalore

Age : 62

A/c Status :

Lab No. : SC1

Ref By : me

Date & Time : 10/07/2024 18:48:40



Test Category	Test Name	Results	Units	Blo. Ref. Interval
General Body Composition	Height	70	cm	
	Weight	60	Kg	
	BMI & Body Stats	122.45	Kg/ m ²	
	Body Fat	131.53	%	
	Skeletal Muscle	24	%	
	Body Age	31.42	-	
	Resting Metabolism	732.5	Kcal	

Interpreting Body Fat Percentage

Body Fat Percentage		Classification (4 Level)
Male	Female	
5.0 – 9.9	5.0 – 19.9	Low
10.0 – 19.9	20.0 – 29.9	Normal
20.0 – 24.9	30.0 – 34.9	High
25.0 – 50.0	35.0 – 50.0	Very High

Interpreting BMI

BMI	Category (recommended by WHO)
2.5 – 18.4	Underweight
18.5 – 24.9	Normal
25.0 – 29.9	Overweight
30.0 – 90.0	Obese

In case the results are unexpected or alarming, the patient is advised to contact the lab immediately for possible remedial action.

" एक कदम स्वस्थ भारत की ओर "

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Interpreting Visceral Fat Level

Visceral Fat	Level Classification
1 – 9	Normal
10 – 14	High
15 - 30	Very High

Interpreting Skeletal Muscle Percentage

Gender	Low	Normal	High	Very High
Male	5.0 – 25.8	25.9 – 27.9	28.0 – 29.0	29.1 – 60.0
Female	5.0 – 32.8	32.9 – 35.7	35.8 – 37.3	37.3 – 60.0

Note:

1. Step on the machine barefoot while completely covering the electrodes.
2. The results displayed are indicative.
3. Results may vary based on hydration, food intake, exercise, etc
4. Body age is a referral and not a medical value.

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IMPORTANT INSTRUCTIONS

- Test results pertain to specimen submitted
- All test results are dependent on the quality of sample received
- Investigations are only a tool to facilitate in arriving at a diagnosis and should be clinically correlated by the referring physician
- Report delivery may be delayed due to unforeseen conditions
- Certain tests may require further testing at additional costs for derivation of exact value
- Test results may show inter/intra laboratory variations
- The courts of Delhi shall have exclusive jurisdiction in all disputes/claims concerning test(s) and/or result of test(s)
- Test results are not valid for medico legal purposes.

Signature

-----End Of Test-----

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