

Name : TESTNOW Patient ID : SC23F000002 Gender : Male

Place : Bangalore Age : 62 A/c Status :

Ref By: me

Date & Time : 10/07/2024 20:44:46









Category	Heart Failure Ruled Out (pg/ ml)
<75 Years old	<125
>75 Years old	<450

------Interpretation in patients presenting with acute dyspnea ------

Category		Optimal Cut Off ( pg / ml)	
Rule in Cut Off			
<50 Years		>450	
50 – 75 Years		>900	
>75 Years		>1800	
Rule out Cut Off			
All Patients	RING	H E A<300	тнс

#### Note

Lab No.: SC1

- 1. NT-pro-BNP value increases with age, elevated levels can be seen in apparently healthy individual with increasing age
- 2. NT-pro-BNP values need to be interpreted in conjunction with the medical history, clinical findings and other information
- 3. NT pro-BNP value <125 pg/ml exclude cardiac dysfunction with a high level of certainty in patients presenting with dyspnea
- 4. Lack of NT-ProBNP elevation has been reported if Congestive Heart Failure (CHF) is very acute (first hour) or if there is Ventricular inflow obstruction

### Comments

NT-ProBNP is a marker of atrial & ventricular distension due to increased intra-cardiac pressure, hence it is used as an aid in the diagnosis of CHF. The diagnostic strength of NT-ProBNP is their high sensitivity for ruling out heart failure; however, as the value increases heart failure becomes more likely

# Clinical Uses ·

- 1. As an aid in the diagnosis of suspected cases of CHF -
- 2. Detection of mild forms of cardiac dysfunction -
- 3. To assess severity of heart failure in already diagnosed cases of CHF -
- 4. For risk stratification of patients with Acute Coronary Syndrome (ACS) & CHF  $\cdot$
- 5. For monitoring therapy in patients with Left Ventricular dysfunction

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# Limitations of NT proBNP

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Higher Levels than expected	Lower Levels than expected
Increasing Age	Obesity
acs	Pulmonary Edema
Renal Insufficiency	Pericarditis/ Tamponade
RV Dysfunction	Genetic Polymorphism
Arterial Fibrillation	
Pulmonary Hypertension	
Pulmonary Embolism	
Anemia Sepsis	
Mitral Regurgitation	

# IMPORTANT INSTRUCTIONS

- · Test results pertain to specimen submitted
- All test results are dependent on the quality of sample received
- · Investigations are only a tool to facilitate in arriving at a diagnosis and should be clinically correlated by the referring physician

--End Of Test-----

- · Report delivery may be delayed due to unforeseen conditions
- · Certain tests may require further testing at additional costs for derivation of exact value
- · Test results may show inter/intra laboratory variations
- · The courts of Delhi shall have exclusive jurisdiction in all disputes/claims concerning test(s) and/or result of test(s)
- · Test results are not valid for medico legal purposes.

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