

Course Code: BS207
Course Level UG

Course Title Self-Reliance and Socialization

Course Description :

Credit Units

L	Т	P/S	SW	AS/DS	FW	No. of PSDA	Total Credit Unit
3	0	0	2	0	0	0	4

Course Objectives:

SN.	Objectives		
1	To understand self and self-development		
2	To understand attitudes and its relevance with personality		
3	To understand Emotional Competency and Power of Motivation		
4	To understand Diversity and Explore Cultural and Social Dynamics		

Pre-Requisites: General

SN. Course Code Course Name

Course Contents / Syllabus:

SN.	Module	Descriptors / Topics	Weightage		
1	Module I: Understanding Self for Effectiveness Module I: Understanding of Self • Components of Self – Self-concept, Self-identity, Self image • TEA Model of Self • Real Self, Role Self, Ideal Self • Techniques of Self Awareness – Johari Window and SWOT Analysis of Self • Introspection for Self • Knowing thinking pattern				
2	Module II: Personality and Attitude Descriptors/Topics • Understanding Personality • Role of Nature and Nurture in Personality Development • Bi factor • Meaning and nature of attitude • Components and Formation of attitude • Importance and relevance of attitude • Attitudinal Change • Prejudice, Discrimination, Stereotype		15.00		
3	Module III: Motivation and Emotional Intelligence	Descriptors/Topics • Understanding Emotions • Types of Emotions • Function of Emotions • Positive emotions and Personal development • Creating healthy organizational climate • Emotional Intelligence – Meaning, components, Importance and Relevance • Managing Emotions • Motivation: Meaning, Types of Motivation, Components of Motivation • Source of Motivation			
4	Module IV: Social Dynamics	Descriptors/Topics • Nature of Socialization • Types of Socialization • Agents of Socialization • Contributions Socialization to Society and Nation • Social Inhibition and Social facilitation • Social issues in Community • Healthy management of Social Issues: • Social and Psychological Stigma • Strategies to overcome Social Stigma • Behavioural Problems • Rumors; Social Media, Electronic Media•	15.00		
5	Module V: Individual, Society and Nation	Descriptors/Topics • Tolerance • Harmony • Pro-Social Behaviour • Social Change • Sense of pride and standings up for one's right • Integrity and accountability • Fundamental duties for a good Citizen • Individual Differences • Understanding Diversity • Barriers and Challenges in Managing Diversity • Managing Diversity in Organisation•	15.00		
6	Module VI: Organizational Justice	Descriptors/Topics? Types of Judgment (Factual Aesthetic, Moral)? Meaning, Types of Organizational Justice,? Implications of Organizational Justice? Consequences of Organizational injustice? Examples with the help of Case Studies? Demonstration of Organizational Justice through role play,	15.00		
7	Module VII: Self Reliance & Employability skills	Descriptors/Topics • Interest, Aptitude & Attitude • Action planning, Networking, Negotiation • Political awareness, Coping with uncertainty, • Dimension of Personal effectiveness • Work life Integration • Time Management • Impression Management • Managing difficult people • Criticism • Handling Criticism	15.00		

Course Learning Outcomes:

SN.	Course Learning Outcomes		
1	Understand the potential within oneself		
2	Develop and adopt positive attitude		
3	Analyse positive emotion and Motivation		
4	Evaluate the role of social competence		

Pedagogy for Course Delivery:

SN.	Pedagogy Methods
1	Lectures, PPT Presentation, Activities, Psychometric testing, Group Discussion, Role Plays, Situational Analysis, Project etc.

Theory /VAC / Architecture Assessment (L,T & Self Work): 100.00 Max : 100

Attendance+CE+EE: 5+45+50

SN.	Туре	Component Name	Marks
1	Attendance		5.00
2	End Term Examination (OMR)		50.00
3	Internal	CLASS TEST	10.00
4	Internal	SAP (SOCIAL AWARENESS PROGRAMME)	5.00
5	Internal	LEARNING ARTICULATION PORTFOLIO	10.00
6	Internal	CLASS QUIZ	10.00
7	Internal	INTERDISCIPLINARY PROJECT	10.00

Lab/ Practical/ Studio/Arch. Studio/ Field Work Assessment: 0.00 Max: 100

N/A

List of Professional skill development activities :

No.of PSDA: 0

SN. PSDA Point

Text & References:

SN.	Туре	Title/Name	Description	ISBN/ URL
1	Book	Organizational Behaviour, Davis, K.		
2	Book	Hoover, Judhith D. Effective Small Group and Team Communication, 2002, Harcourt		

		College Publishers	
3	Book	Dick, Mc Cann & Margerison, Charles: Team Management, 1992 Edition, viva books	
4	Book	Bates, A. P. and Julian, J.: Sociology - Understanding Social Behaviour	