



ABV-Indian Institute of Information Technology and Management, Gwalior
Minor Examination

Sports and Physical Education

BCS/BMS/BEE - First Semester (2023-24) Course Code: HS102

Duration- 1 hr 40 Minutes

Max Marks -36

(Section-B)

Competency Based Questions

Q.1 Competency based question:

5

The origin of Olympic Games belongs to Greece. Ancient Olympic Games were Participated in per-historic period and continued for many centuries as Greece festival. The records say that the first historic mentioning of games occurred in the year 776 BC. The prizes (crown) given to winners were made from Olive leaves. The famous heroes of these games were Homer, Atlas, Hercules, Gallen, etc., and are still remembered in our stones. Ancient Olympic Games come to a sudden end when the Roman emperor 'Theodosius' banned these games in the year 394 A.D. The glory of these games vanished with time as ruins are still present in Olympiad. The Olympic motto is "Cities, Altius, Fortius" which means to perform for the fastest, highest, and strongest competition. This motto was pronounced by Baron Pierre De Coubertin at Paris Olympics in 1900. Special Olympic International was started by Eunice Kennedy Shriver (sister of former President of the Unites State of America, John F. Kennedy). The idea was born out of Shriver's experience of witnessing the social exclusion of people with intellectual disabilities who were placed in custodial institutions as a routine. Ludwig Guttmann Shriver believed that with equal opportunities and experiences as everyone else, people with intellectual disabilities could accomplish far more than ever thought possible. She was convinced that children with intellectual disabilities could be witnessed the first International Special Olympic Games in Chicago in July 1968. It gives training and coaching to build the interest in sports, skill perfection, social interaction, communication skills, and talent and leadership abilities in intellectual disabled persons.

Q.1a Mention the Starts of Ancient Olympic Games?

Q.1b Mention the End of Ancient Olympic Games?

Q.1c What award was given to Ancient Olympic Champions?

Q.1d Who is the Founder Of Special Olympic?

Q.1e State the Olympic motto?:

Q.2 Describe the formation and objectives of Indian Olympic association.

4

(Section-C)

Descriptive Question

Note: Question no. 6 is either or type question.

Q.1 Explain Olympic Flame, Olympic Motto and objective of Olympic Games?

2

Q.2 Define Physical Education. Explain the aim and objective of Physical Education?

3

Q.3 Discuss the functions of IOC and IOA?

4

Q.4 Write a short Notes On Khelo India Programme?

4

Q.5 Rewrite your first Assignment in a detailed manner.

6

Q.6 What is stress and discuss their causes in a detailed way?

8

(or)

Discuss any one of the topics discussed during tutorial in a detailed manner.

8

-----End of the question paper-----