

Getting to Gladstone – Transportation Options

From Downtown via Mission Bay Shuttle

Free Shuttle service for employees and visitors of UCSF/Mission Bay.

The downtown shuttle stop is located at 835 Market street (south side of Market St) near the Powell St. BART Station.

Campus shuttle stops are indicated on transportation map on page 4.

The Mission Bay Shuttle operates two routes:

- WEST route serves Berry and Owens Streets (Recommended, stops outside Gladstone)
- EAST route serves China Basin/Library; Fourth Street and Mission Bay Blvd.

Service every 6-30 minutes from approximately 7:15am-10:15am; 3:45pm-8pm. Shuttle capacity is about 32 passengers.

<http://missionbaytma.org/cms2/view.htm/72/1441/Shuttles>

Via MUNI Rail, 3rd street T-line

The MUNI costs \$2 to ride for 90 minute timeframe.

The T-line route connects you to the Mission Bay Campus from downtown.

For Downtown access, use either Powell, Montgomery, or Embarcadero MUNI stations, using the Inbound platform.

Exit at Mission Bay stop, walk west two blocks through the UCSF campus along the Gene Friend Way promenade towards the orange building (William J Rutter Center).

Continue on Gene Friend Way until it ends at Owens street. Gladstone is located on the other side of Owens street.



Via Taxi

An average cost of a cab ride from downtown is \$10 and usually takes about 5-10 minutes depending on the time of day.

Walking to Gladstone**From Downtown: 30-40 min**

Walk south on 4th 8 blocks and cross the 4th street bridge. Take a slight right continuing on 4th street until you reach Gene Friend way. Walk west on Gene Friend Way until it ends at Owens street. Gladstone is located on the other side of Owens street.

From Caltrain: 10-20 min

Walk south on 4th 2 blocks and cross the 4th street bridge. Take a slight right continuing on 4th street until you reach Gene Friend way. Walk west on Gene Friend Way until it ends at Owens street. Gladstone is located on the other side of Owens street.

From Embarcadero/Ferry Building: 40 min

Walk west along the Embarcadero until 4th street. Walk south along 4th street, crossing the 4th street bridge. Take a slight right continuing on 4th street until you reach Gene Friend way. Walk west on Gene Friend Way until it ends at Owens street. Gladstone is located on the other side of Owens street.

Driving Directions to Gladstone

From San Francisco Downtown/Civic Center

Take 8th Street south from Market Street. Turn left on Brannan Street. Turn right on 7th Street. Turn left on 16th Street. Go one block and turn left on Owens Street. The Gladstone building is on the left (west) side of Owens Street. The UCSF Mission Bay Community Center Garage parking garage is across Owens Street from the Gladstone building.

From the South Bay/San Francisco Airport (101 or 280 Freeway North)

Take the 280N freeway toward Downtown San Francisco. Exit 280 at Mariposa Street and turn right. Turn left at Third Street. Go one block to 16th Street. Turn left at 16th and go two blocks to Owens Street. Turn right at Owens Street. Gladstone is the second building on the left. Park in the UCSF Mission Bay Community Center garage is on the right, across the street from Gladstone.

From the East Bay/Bay Bridge

After crossing the Bay Bridge, exit at 9th Street/Civic Center. Turn left on 8th Street at the bottom of the exit ramp. Turn left on Brannan Street. Turn right on 7th Street. Turn left on 16th Street. Go one block and turn left on Owens Street. The Gladstone building is on the left (west) side of Owens Street. The UCSF Mission Bay Community Center parking garage is across Owens Street from Gladstone.

Returning to East Bay via Bay Bridge

Exit the parking garage by turning left (south) on Owens Street. At the traffic signal, turn right on 16th Street. Go one block - under the freeway overpass, turn right onto 7th Street, just after the rail crossing. Go eight blocks - turn right on Bryant Street and follow the signs to the I80/Bay Bridge freeway entrance.

From the North Bay/Golden Gate Bridge

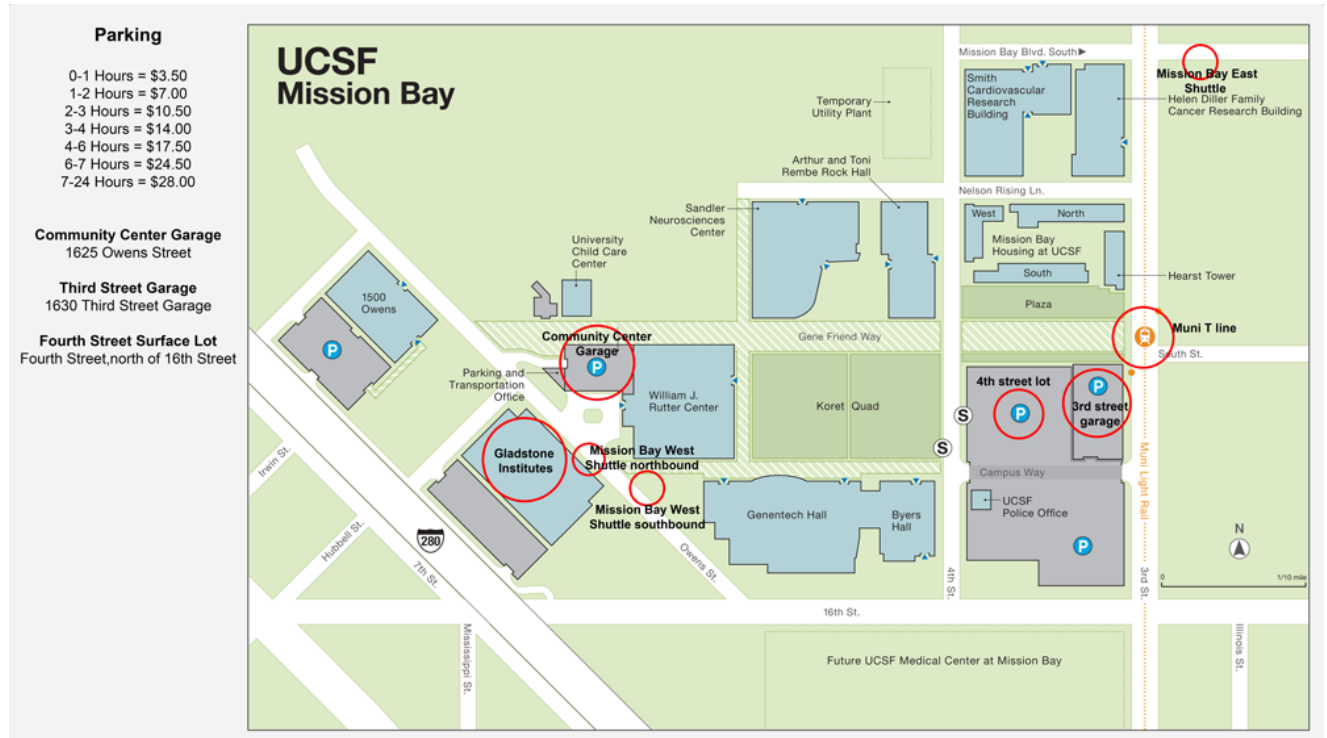
After crossing the Golden Gate Bridge, drive east on 101 (Doyle Drive) towards downtown San Francisco. Exit at Marina Boulevard. Follow Marina Boulevard past Fort Mason. Turn left on Bay Street. Turn right on The Embarcadero. After passing under the Bay Bridge, take the Embarcadero until it becomes King Street. Turn left on 3rd Street, just past AT&T Baseball Park. Cross the 3rd Street (Lefty O'Doul) Bridge and continue south on 3rd Street. Turn right on 16th Street. Turn right on Owens Street (2nd traffic signal after 3rd Street). The Gladstone building is on the left (west) side of Owens Street. The UCSF Mission Bay Mission Bay Community Center parking garage is across Owens Street from the Gladstone building.

Parking at Mission Bay

Community Center Garage (1625 Owens street)

Daily rate: \$28.00

Open 24hrs



Mission Bay Campus Lunch Options

550 Gene Friend Way / Plaza

Publico – 3.5 stars on Yelp
Tacos, burritos, salads, tortas.
10am - 7pm (Mon-Fri)

Subway
Sandwiches, wraps, soups.
7am - 9:30pm (Mon-Fri)
8am - 9pm (Sat & Sun)

Peasant Pies - 4 starts on Yelp
Savory and sweet pies, salads, soups, coffee and espresso, pastries.
7am - 6:30pm (Mon-Fri)
11am - 3pm (Sat)

Café Terzetto - 3.5 stars on Yelp
Panini, salads, espresso, beer, wine.
6am - 10pm (Mon-Fri)
7am - 2pm (Sat)

Community Center

The Pub - 3 stars on Yelp
Sandwiches, burgers, salads, soup, daily entrée specials, Grab-and-go sandwiches/salads, beer, wine, morning pastries, hot breakfast.
Open 8am - 8pm (Mon-Fri)
8am - 4pm (Sat)

1700 Owens street

Esposito's Deli – 4 stars on Yelp
Deli sandwiches, salads, pastas, soup.
7am – 5pm (Mon-Thur)
7am – 4.30pm (Fri)

Z crepes – 4 stars on Yelp
Savory and sweet crepes, paninis, soup.
8am – 4pm (Mon-Fri)

Starbucks
Coffee, sweets, snacks.
6am – 6pm

