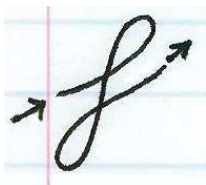


The Henna Page "HowTo"

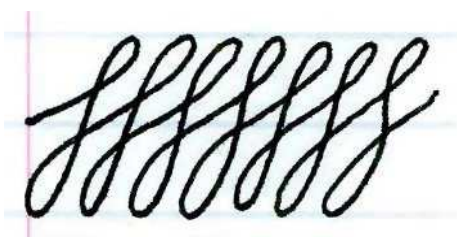
Patterns Volume 1



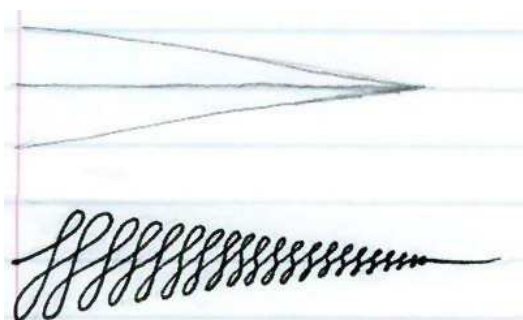
The Fooffy



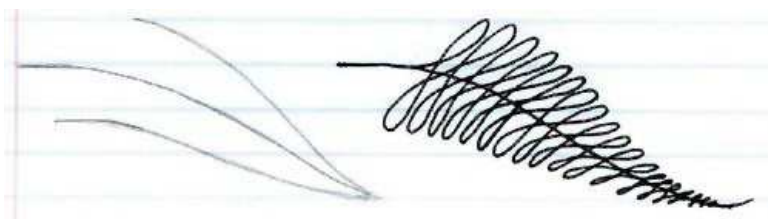
1) The Fooffy is similar to the cursive letter F.



2) Make repeating Fooffies, and make them as even and perfect as you can.



3) Make diminishing Fooffies:



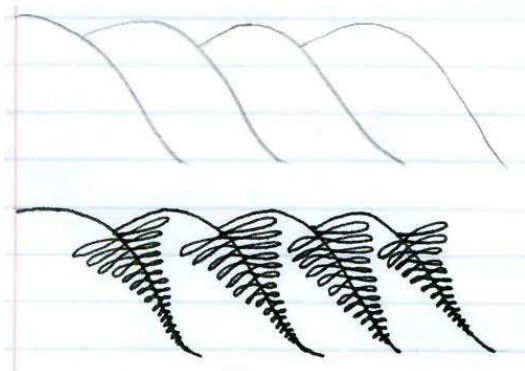
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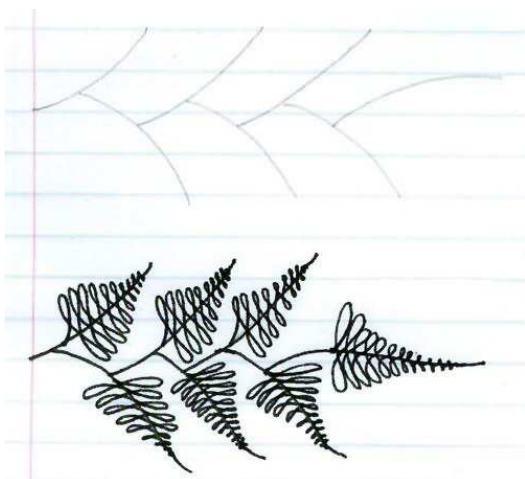


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4) Draw a drooping line, and drape a diminishing Fooffy down it.



5) Make a series of drooping lines, and drape diminishing Fooffies down them.
Practice for speed and accuracy.



6) Make alternating flinging lines. Fling flying Fooffies along the lines.
Practice until you can make them very quickly!

Ready to do some whole patterns?

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Practice making Fooffies until you can do these hands in one minute flat!



The Hump

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The hump is the most frequently used element in Indian Bridal henna patterns. Practice perfect humps, multihumps, parallelhumps, humptybumps, daisyhumps, poseyhumps, filler humps and borderhumps. Happy Humping!



1) The Hump



2) Practice making rows of humps.

Try to make multihumps perfectly even and very fast.



3) Make parallel rows of humps.

Parallelhumps are bracelet basics.



4) Do a double row of humps to make humptibumps.

Humptibumps are great for edging larger patterns.



5) Pile up rows of humps like bubble froth for bubblehumps.

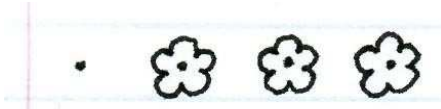
Bubblehumps are great for filling up blank spaces. It takes practice to get these perfectly even. Try filling whole lines of notebook paper with fast, even bubblehumps.

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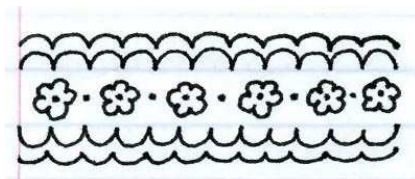
6) Wind humps around a dot to make daisyhumps.

Practice daisyhumps until you can make a row of them quickly, with all the petals even.

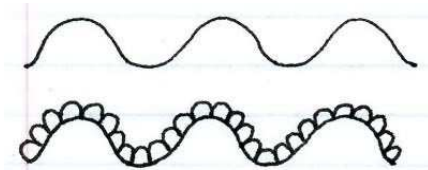


7) Wind humps around a circle to make poseyhumps.

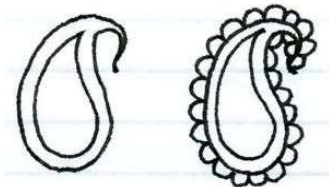
Again, practice poseyhumps until you can make them perfectly even every time.



8) Try combining daisyhumps with parallelohumps.



9) Practice humping along the edge of a wavy line with perfectly even humps.



10) Humping on the edge of a figure is a great cover-up for a less-than-perfect borderline.

Ready to do some whole humping patterns?

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Hump-O-Rama!



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The WibbleLeaf



1) This is the WibbleLeaf.

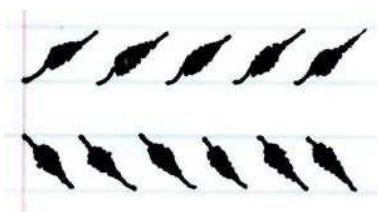


2) You make the WibbleLeaf by **wiggling (wibbling) the tip of the henna cone back and forth** and then **pulling it away quickly, leaving a little tail**.

If you have stringy henna paste, or add monosaccharides to your henna mix, you will be able to pull little tails off your WibbleLeaves. More information on monosaccharides and henna is available at www.hennapage.com and in The Henna Page “HowTo” Mixes free ebook.



3) Make parallel slanting lines, and see if you can make WibbleLeaves with perfect wibbles and little tails.

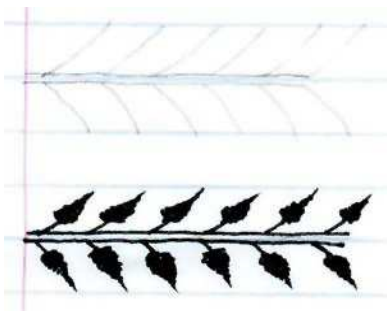


4) Practice upward and downward WibbleLeaves over and over until they all have perfect fat wibbles, and neat little tails.

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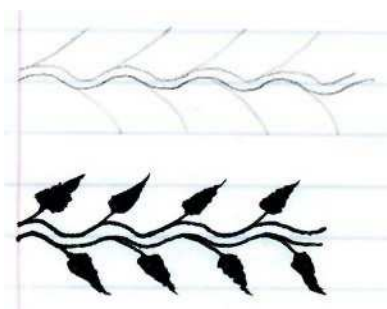
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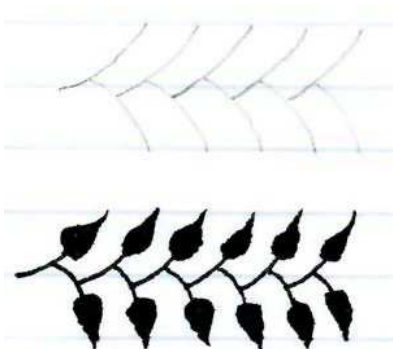


5) Make pairs of WibbleLeaves from a straight stem.

Practice wibbling for speed and accuracy.



6) Alternate WibbleLeaves from a winding stem. Make them fit neatly on the curves.



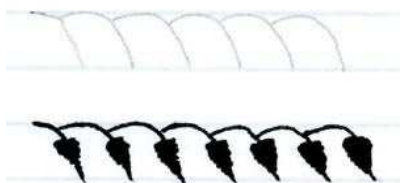
7) Fling WibbleLeaves. Practice for speed and accuracy.

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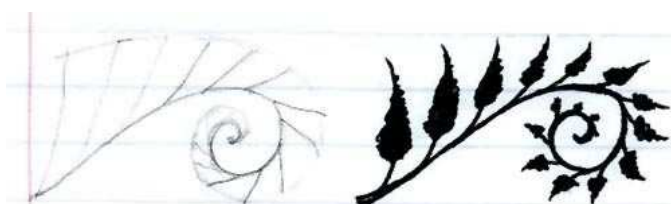
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8) Drape WibbleLeaves.

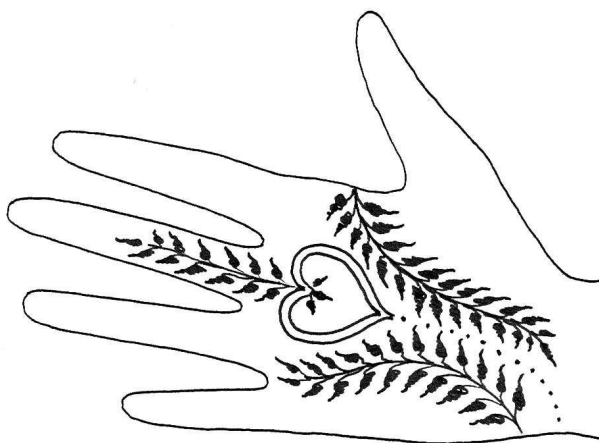


9) Increase and decrease WibbleLeaves.



10) Decrease wibbles around a spiral for ferny WibbleLeaves.

Put your heart into your Wibbleleaves!



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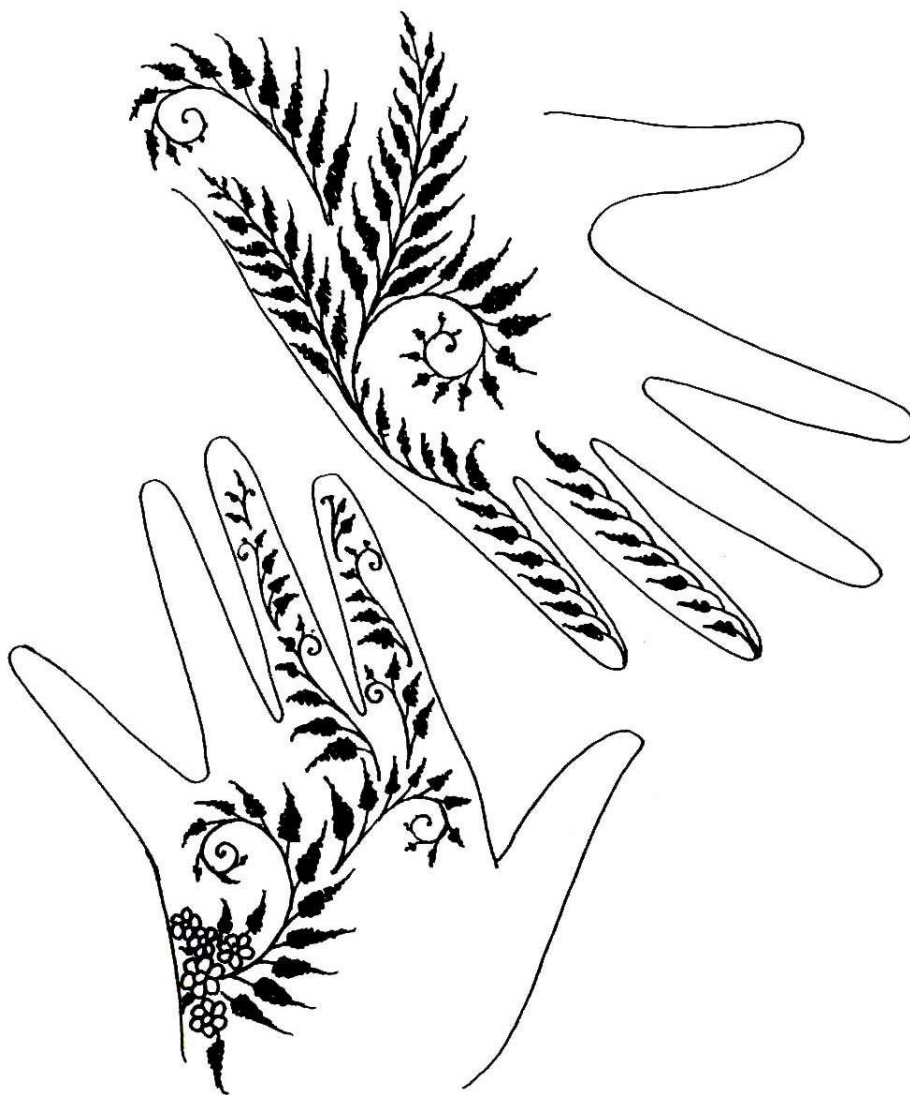
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The WibbleLeaf

Practice your wibbles until you can knock out either of these hands in 1 minute flat!

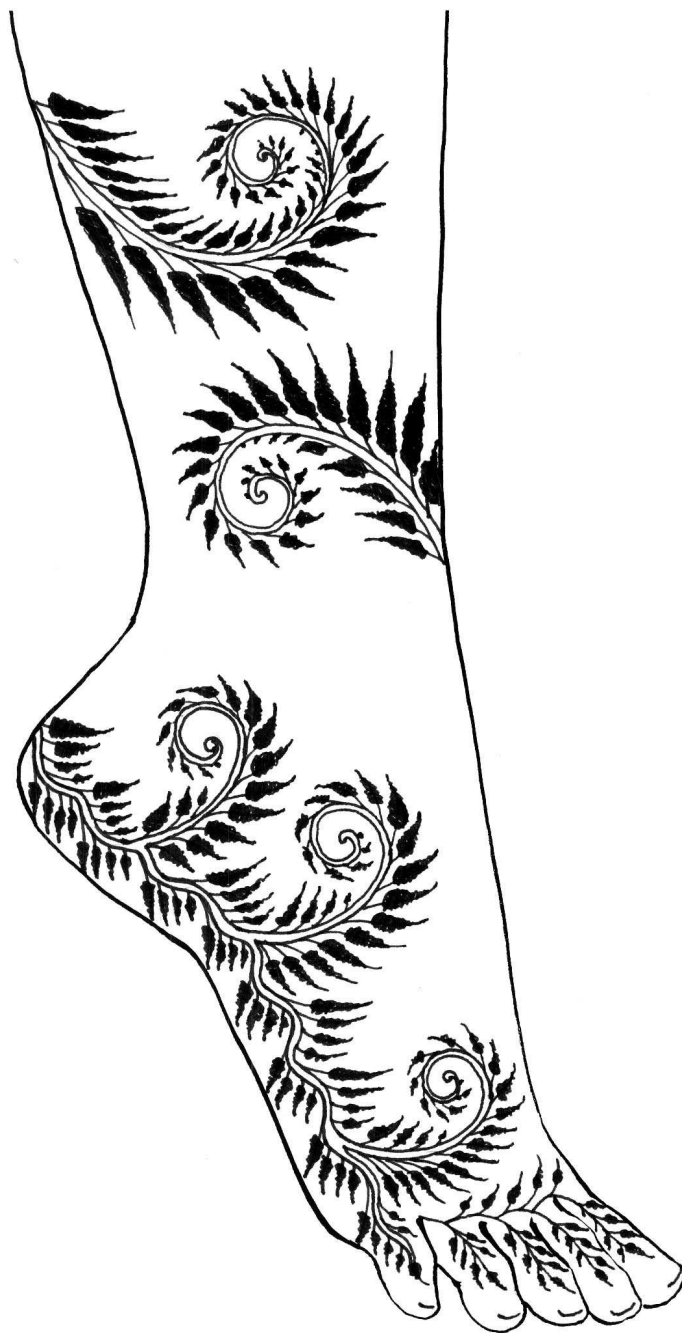


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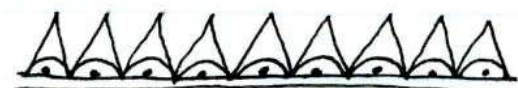
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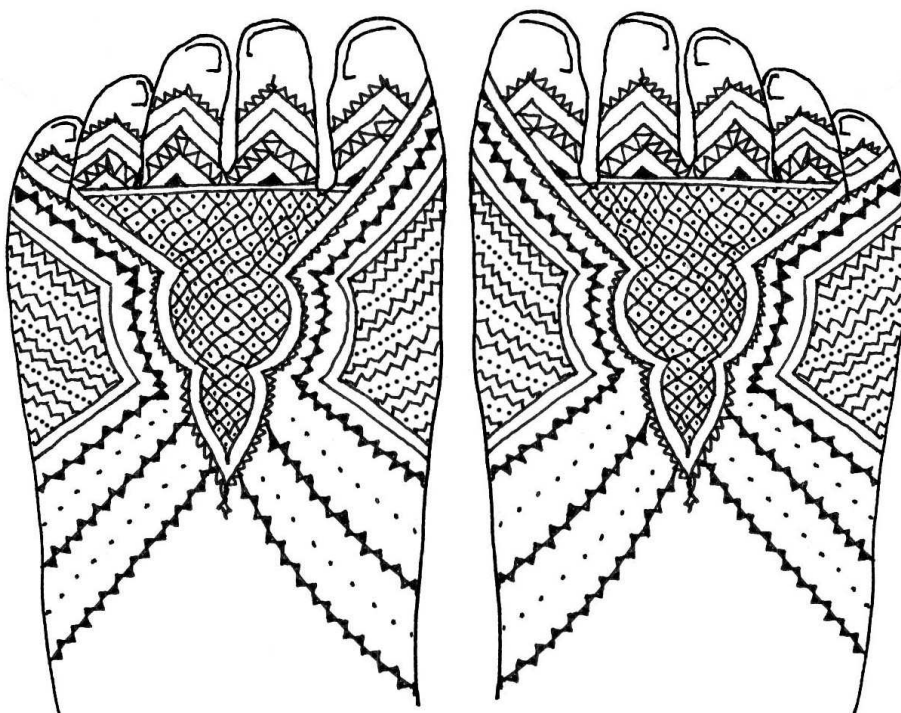
Fill that ZiggyZoggy!



Combine the ZiggyZoggy with humps and smaller ZiggyZoggies!

Want some ZiggyZoggy Patterns?

ZiggyZoggy Feet! Can You Dance the ZiggyZoggy?

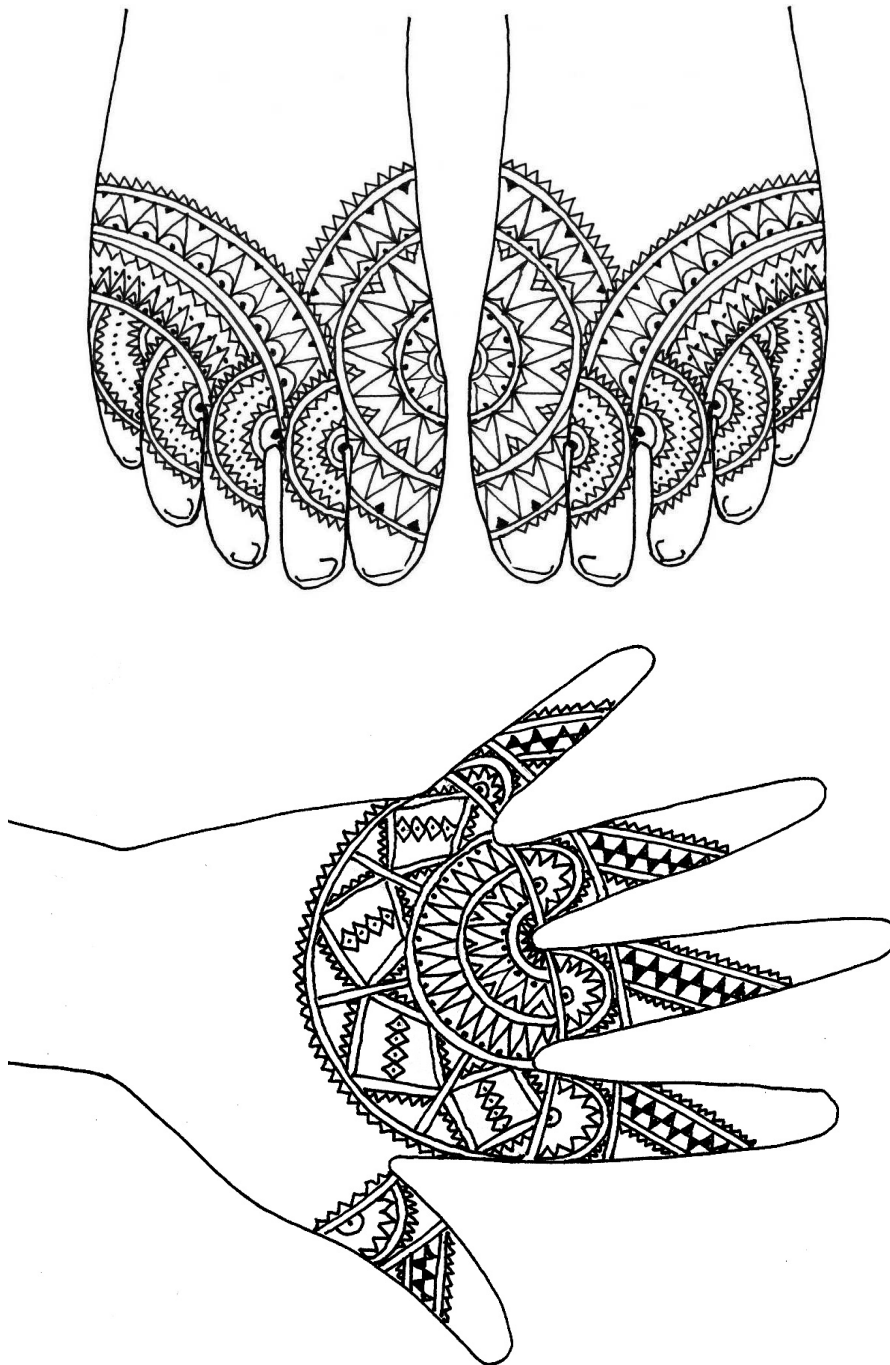


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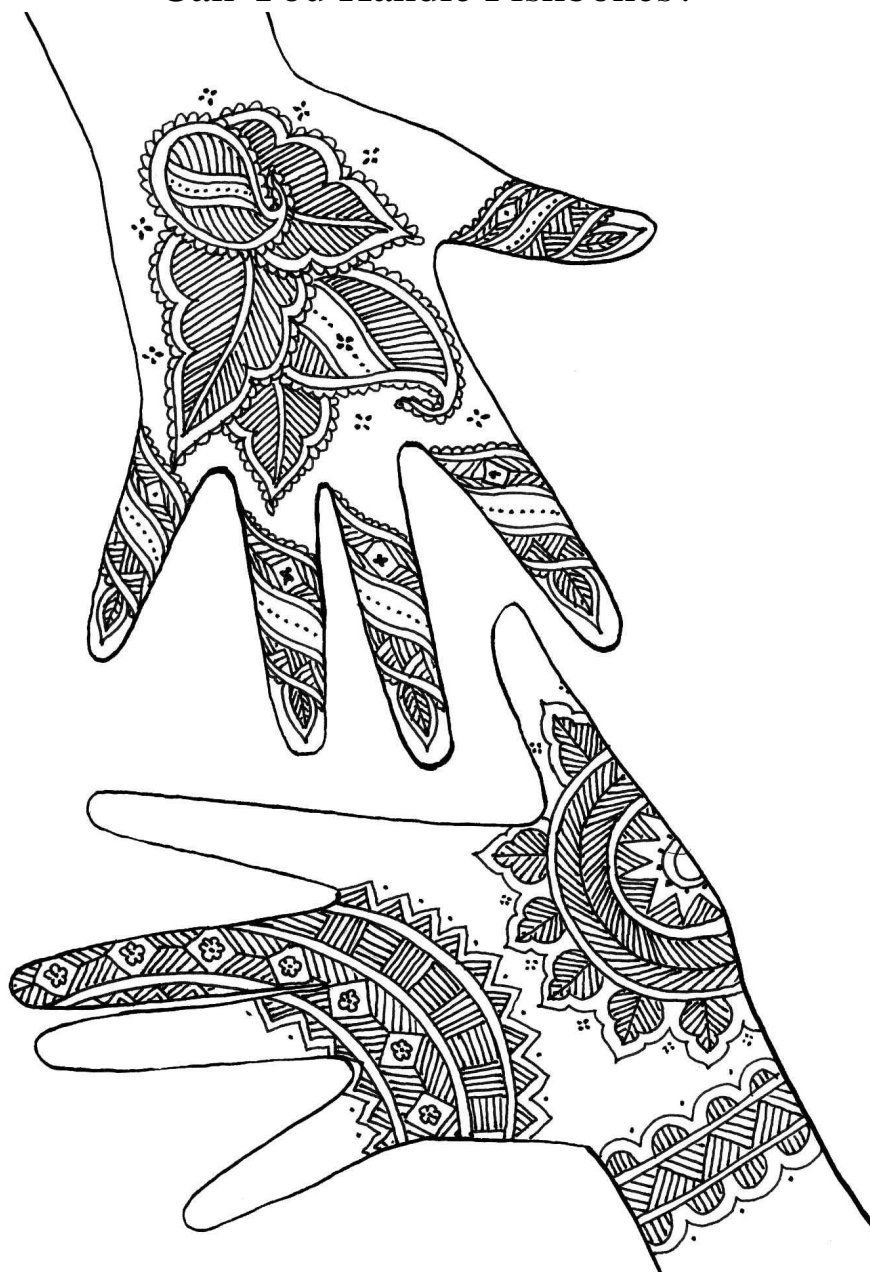
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Fishbone Hands Can You Handle Fishbones?

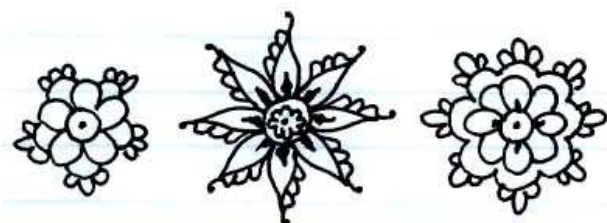


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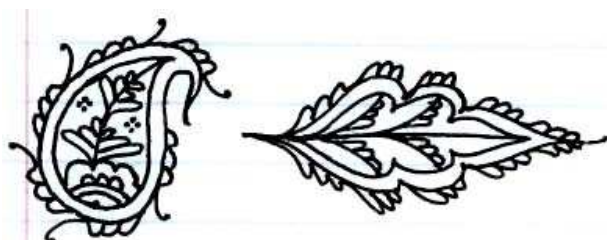
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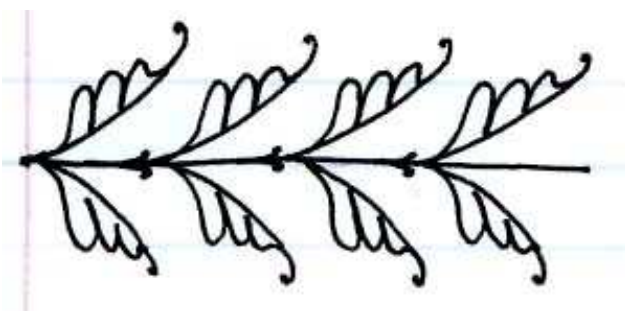
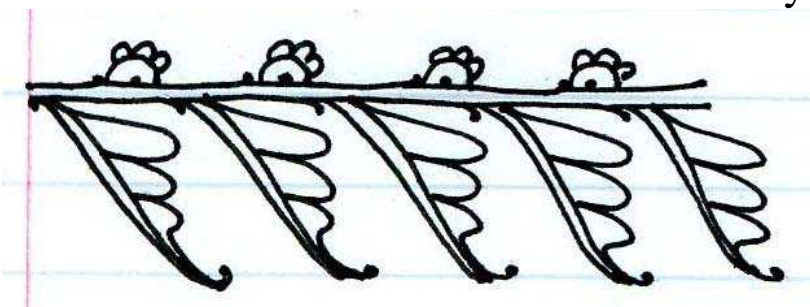


9) Mummify Flowers



10) Mummify Paisley and a Leaf.

Mummy Patterns The Return of the Mummy!

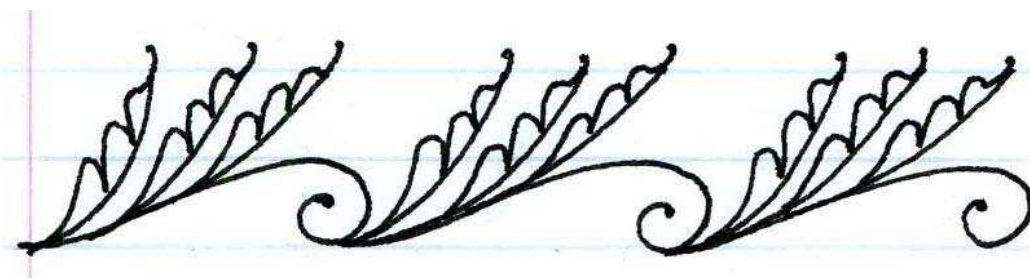
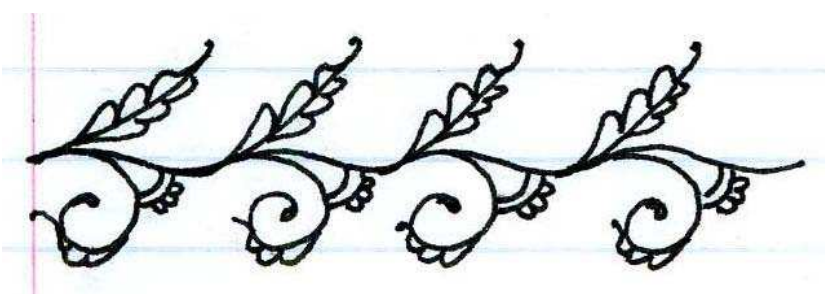
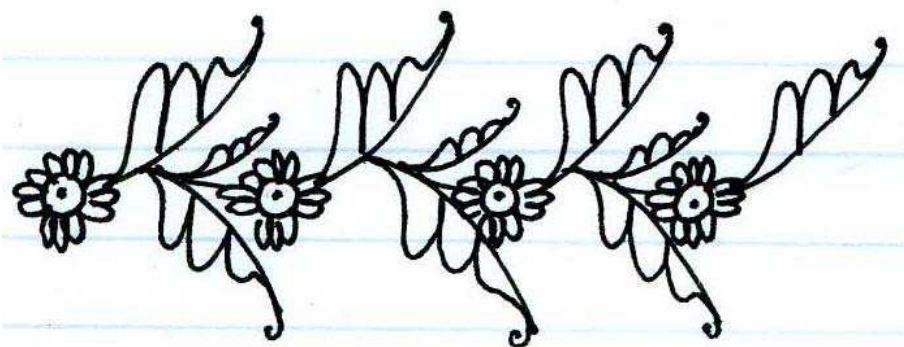


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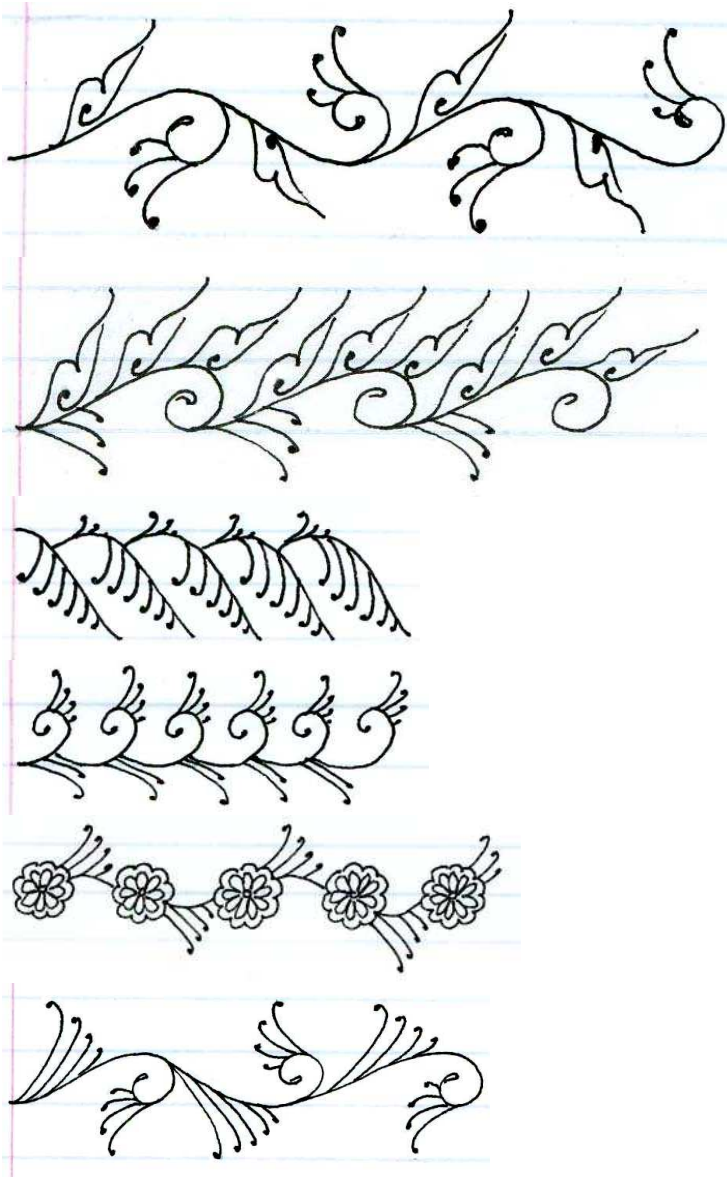


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Sprout Salad

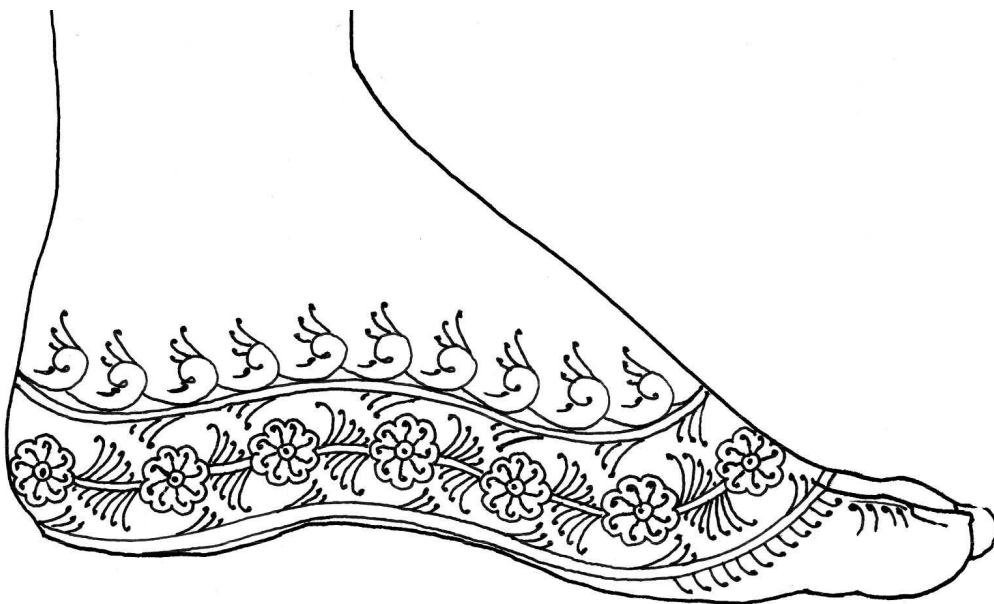
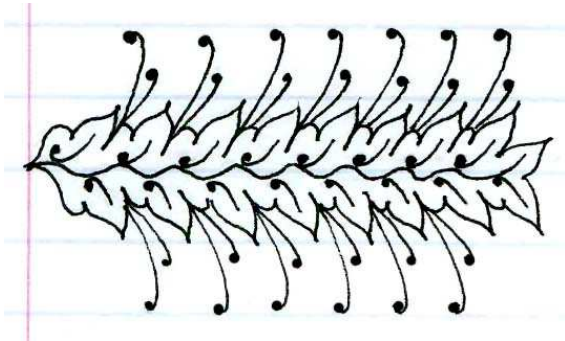
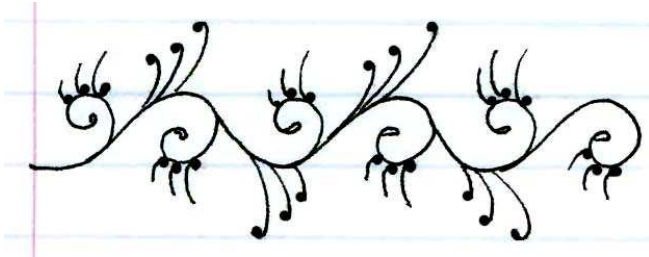


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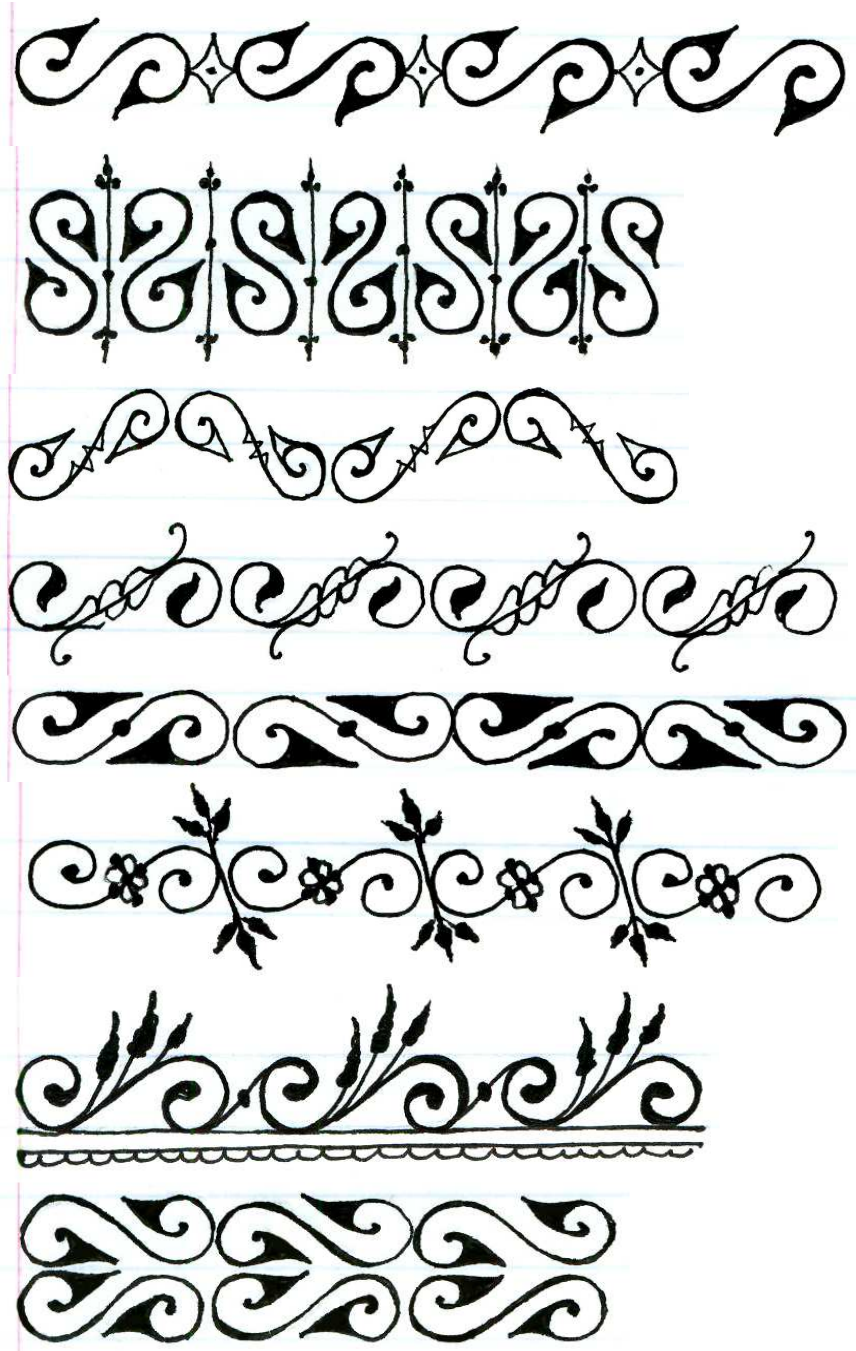


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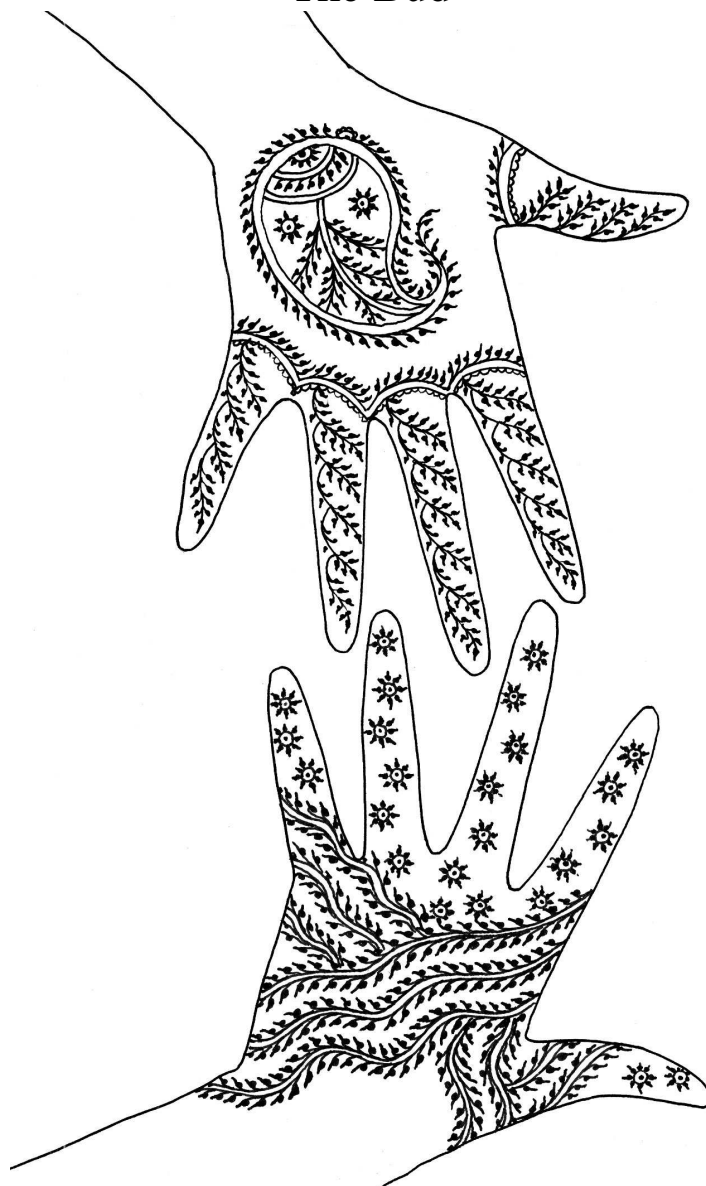
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The Bud

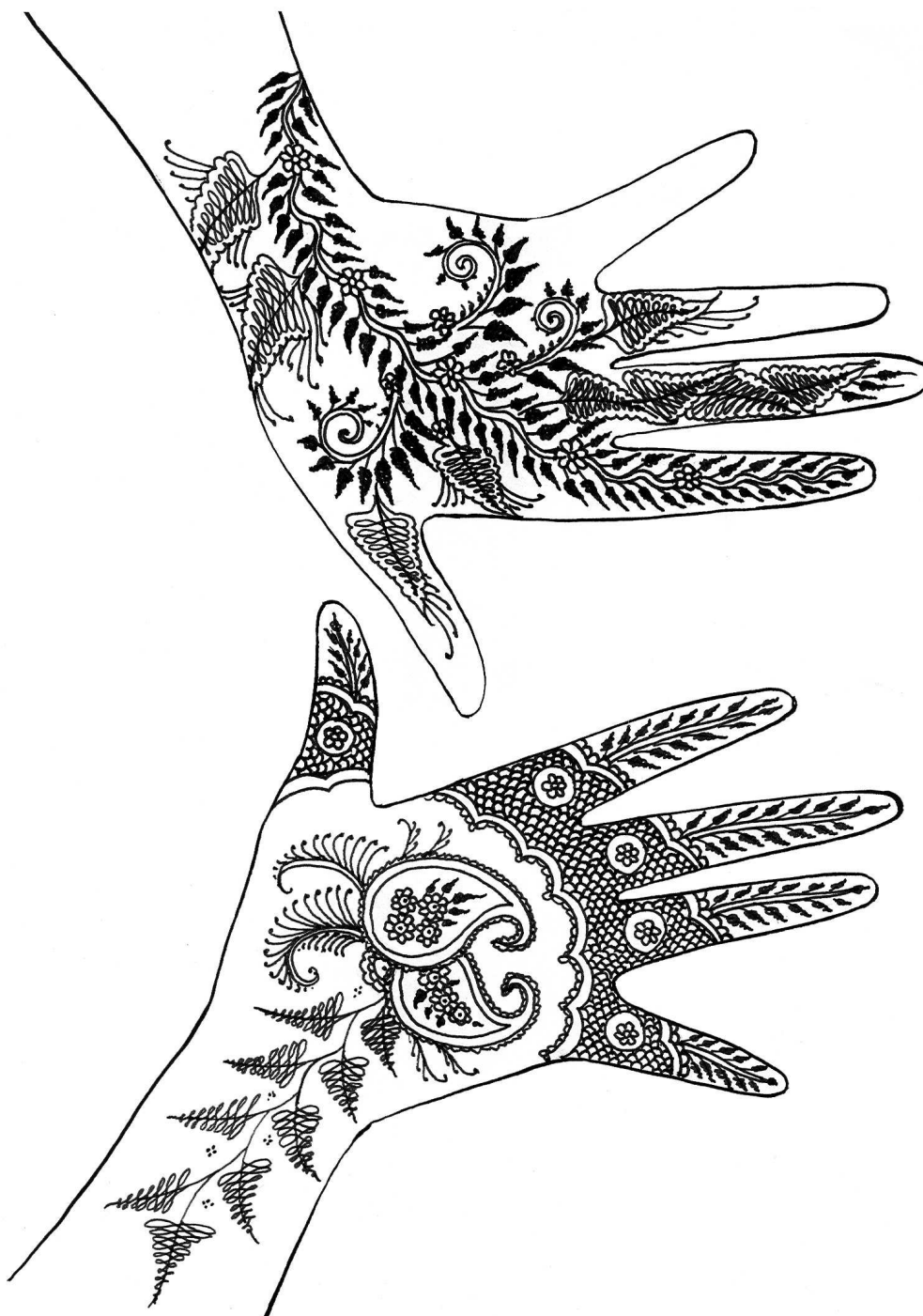


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