	ected to others Do you find it easy to share your feelings							
48 Often	Only with close people	Through actions	When someone listens without judging	Personal space and time	Not finding the right words	Vulnerability	Occasionally	Take time before addressin
51 Rarely	No. it's difficult	Through words	During deep conversations	Talking things out	Not finding the right words	Vulnerability	Rarely	Talk things out immediately
19 Sometimes	No, it's difficult	Through words	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Very often	Talk things out immediately
37 Often	No, it's difficult	Through words	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Take time before addressin
40 Often	Only with close people	Through words	During deep conversations	Personal snace and time	Fear of judgment	Vulnerability	Rarely	Talk things out immediately
36 Often	Only with close people	Through actions	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Anger	Occasionally	Talk things out immediately
54 Rarely	No. it's difficult	Through actions	During deep conversations	Personal space and time	I prefer to deal with emotions alone		Rarely	Avoid conflict altonether
						Anger		
54 Sometimes	Only with close people	Through words	When I receive advice	Talking things out	I prefer to deal with emotions alone	Anger	Very often	Avoid conflict altogether
18 Sometimes	Only with close people	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Rarely	Avoid conflict altogether
52 Rarely			When I receive advice	Talking things out	Fear of judgment	Sadness	Rarely	Take time before addressin
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19 Sometimes	Yes, always	Through words	During deep conversations	Personal space and time	Not finding the right words	Vulnerability	Very often	Talk things out immediately
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22 Often	Only with close people	I keep them to myself	When someone listens without judging	Talking things out	Not finding the right words	Anger	Rarely	Talk things out immediately
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41 Sometimes	Only with close people	Through words	When I receive advice	Talking things out	Fear of judgment	Anger	Very often	Take time before addressi
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54 Sometimes	No, it's difficult	Through actions	When someone listens without judging	Personal space and time	Fear of judgment	Vulnerability	Occasionally	Take time before addressi
46 Often	No. It's difficult		When someone listens without judging		Not finding the right words			Take time before addressi
		I keep them to myself		Physical presence (hugs, gestures)		Vulnerability	Very often	
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				Physical presence (hugs, gestures)			,	
38 Often	Yes, always	Through words	When I receive advice	Personal space and time	Fear of judgment	Vulnerability	Rarely	Avoid conflict altogether
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26 Often	Only with close neonle	Through words	When someone listens without judging	Physical presence (hugs, gestures)	I nrefer to deal with emotions alone	Vulnerability	Occasionally	Take time before addressi
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65 Often					Francisconsent	Sadness		
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44 Rarely	Yes, always	Through actions	During deep conversations	Talking things out	Not finding the right words	Sadness	Occasionally	Take time before addressi
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		Through actions			Fear of judgment	Anger		
64 Often	Yes, always	Through words	During deep conversations	Talking things out	Fear of judgment	Vulnerability	Occasionally	Talk things out immediate
30 Sometimes	No, it's difficult	Through actions	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Very often	Avoid conflict altogether
42 Often	No. It's difficult	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Rarely	Take time before addressi
		i keep mem to myseii						rake unid before audressi
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63 Often	No. it's difficult	Through words	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Anger	Very often	Take time before addressi
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55 Sometimes	Only with close people	Through words	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Talk things out immediatel
21 Sometimes	Yes always	Through words	When someone listens without judging	Talking things out	Fear of judgment	Sadness	Rarely	Take time before addressi
19 Sometimes	No. it's difficult		When someone listens without judging	Personal space and time		Vulnerability	Very often	Talk things out immediate
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47 Sometimes	No it's difficult	Through words	During deep conversations	Talking things out	Fear of judgment	Anger	Rarely	Avoid conflict altogether
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46 Often	No, it's difficult		When I receive advice	Personal space and time	Fear of judgment			Talk things out immediate
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45 Rarely	Yes, always	Through actions	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Anger	Rarely	Avoid conflict altogether
47 Often	Yes, always	Through words	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Sadness	Very often	Take time before address
40 Often	No, it's difficult	I keep them to myself	When someone listens without judging	Talking things out	Fear of judgment	Sadness	Rarely	Talk things out immediate
21 Often	Only with close people	Through words	When I receive advice	Talking things out	I prefer to deal with emotions alone	Anger	Very often	Talk things out immediate
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61 Often	No, it's difficult	Through actions	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Sadness	Occasionally	Talk things out immediate
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54 Sometimes	No. it's difficult	I keep them to myself	During deep conversations	Talking things out	Fear of judgment	Anger	Occasionally	Avoid conflict altogether
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23 Sometimes 38 Often 60 Rarely 31 Sometimes	Only with close people	I keep them to myself Through words I keep them to myself	During deep conversations When I receive advice When someone listens without judging	Personal space and time Personal space and time Personal space and time	I prefer to deal with emotions alone Fear of judgment Fear of judgment	Vulnerability Vulnerability Sadness	Occasionally Rarely	Talk things out immediate Talk things out immediate Avoid conflict altogether Avoid conflict altogether
23 Sometimes 38 Often 60 Rarely 31 Sometimes 62 Sometimes	Only with close people Yes, always Only with close people	I keep them to myself Through words I keep them to myself I keep them to myself Through words	During deep conversations When I receive advice When someone listens without judging During deep conversations When I receive advice	Personal space and time Personal space and time Personal space and time Talking things out Physical presence (hugs, gestures)	I prefer to deal with emotions alone Fear of judgment Fear of judgment Fear of judgment Fear of judgment	Vulnerability Vulnerability Sadness Vulnerability Anger	Occasionally Rarely Occasionally Occasionally	Talk things out immediate Talk things out immediate Avoid conflict altogether Avoid conflict altogether Talk things out immediate
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23 Sometimes 38 Often 60 Rarely 31 Sometimes 62 Sometimes 62 Sometimes 62 Sometimes 64 Often 65 Often 65 Often 65 Often 65 Often 65 Often 65 Sometimes 62 Sometimes 65 Sametimes 65 Rarely 65 Often 65 Rarely 65 Often 65 Rarely 65 Often 65 Rarely 65 Rarely 65 Rarely 65 Sometimes 65 Rarely 65 Rarely 65 Sometimes	Only with close people Yes, always Only with close people Only with close people Only with close people Yes, always Yes, always No, I's difficult Only with close people Only with close people Yes, always Yes, always Yes, always Yes, always Yes, always No, I's difficult Only with close people No, I's difficult Yes, always No, I's difficult Only with close people Yes, always No, I's difficult Only with close people Yes, always No, I's difficult Only with close people	I keep then to myself Through words I keep then to myself I keep then to myself Through words Through actions Through actions Through actions Through words Through words I keep then to myself Through actions I keep then to myself Through words Through words Through actions	During deep conversations When Inceive advice When someone islans without judging During deep conversations When I receive advice During deep conversations During deep conversations During deep conversations When someone islans without judging During deep conversations When I receive advice When I receive advice Undeep conversations When I receive advice Undeep conversations When I receive advice During deep conversations When I receive advice During deep conversations When I receive advice During deep conversations United I receive advice United Receive Advice Un	Personal space and time Physical presence (fusp., gestures) Physical presence (fusp., gestures) Physical presence (fusp., gestures) Physical presence (fusp., gestures) Personal space and time Person	I prefer to deal with emotions alone Fear of Judgment Not frinding the right words Not frinding the right words Fear of Judgment Fear of Judgment Fear of Judgment Judgment Judgment Fear of Judgment Judgment Fear of Judgment Not frinding the right words Fear of Judgment	Vulnerability Vulnerability Saferies Subriess Subriess Anger Subriess Anger Vulnerability Subriess Vulnerability Subriess	Occasionally Rarely Occasionally Occasionally Occasionally Occasionally Occasionally Occasionally Occasionally Occasionally Occasionally Rarely Rarely Rarely Rarely Rarely Occasionally Very often Rarely Cocasionally Occasionally Very often Occasionally Occasionally Occasionally Very often Rarely Very often Rarely Very often Rarely Very often Rarely Occasionally Very often Occasionally Very often Rarely Very often Rarely Occasionally Occasionally Very often	Talk things out immediately Talk things out immediately Avoid conflict altogether Talk things out immediately Avoid conflict altogether Avoid conflict altogether Avoid conflict altogether Talk time before addressish Talke time before addressish Talk time out immediately Avoid conflict altogether Avoid conflict altogether Talk things out immediately Avoid conflict altogether Talk things out immediately Avoid conflict altogether Talk things out immediately Avoid conflict altogether Talk things out immediately Talk t

26 0	Offen	No, it's difficult	I keep them to myself	When I receive advice	Talking things out	Fear of judgment	Vulnerability	Occasionally	Talk things out immediately
				During deep conversations			Vulnerability	Rarely	Take time before addressing them
			Through words I keep them to myself		Talking things out	Fear of judgment			Talk things out immediately
				During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Anger	Very often	
			I keep them to myself	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Vulnerability	Occasionally	Avoid conflict altogether
46 0	Often	No, it's difficult	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Anger	Rarely	Avoid conflict altogether
38 5	Sometimes	Only with close people	Through words	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Rarely	Talk things out immediately
			Through actions	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Sadness	Rarely	Avoid conflict altogether
			Through actions	When someone listens without judging	Personal space and time	Fear of judgment	Anger	Very often	Take time before addressing them
			Through words	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Rarely	Talk things out immediately
			Through words	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Anger	Occasionally	Take time before addressing them
55 F	Rarely	No, it's difficult	Through actions	When I receive advice	Talking things out	I prefer to deal with emotions alone	Vulnerability	Very often	Talk things out immediately
56 5	Sometimes	No, it's difficult	Through words	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Rarely	Avoid conflict altogether
42 (Often		Through actions	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Rarely	Avoid conflict altogether
57 F			Through actions	When someone listens without judging	Talking things out	Fear of judgment	Vulnerability	Rarely	Avoid conflict altogether
			I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Occasionally	Take time before addressing them
63 0			Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Anger	Very often	Avoid conflict altogether
			Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Occasionally	Avoid conflict altogether
23 (Often	Only with close people	I keep them to myself	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Sadness	Occasionally	Talk things out immediately
34 0	Often	Yes, always	Through words	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Sadness	Occasionally	Take time before addressing them
			Through actions	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Sadness	Very often	Take time before addressing them
						Not finding the right words			
			Through actions	When someone listens without judging	Talking things out		Sadness	Occasionally	Talk things out immediately
			Through words	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Sadness	Rarely	Avoid conflict altogether
37 5	Sometimes	Yes, always	Through words	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Very often	Avoid conflict altogether
25 5	Sometimes	Only with close people	I keep them to myself	When I receive advice	Personal space and time	Not finding the right words	Vulnerability	Occasionally	Avoid conflict altogether
18.5	Sometimes	Only with close people	I keep them to myself	When I receive advice	Talking things out	I prefer to deal with emotions alone	Sadness	Very often	Talk things out immediately
49 (Through actions	When someone listens without judging	Personal space and time	Not finding the right words	Vulnerability	Occasionally	Avoid conflict altogether
			Through words	When I receive advice	Personal space and time	Not finding the right words	Vulnerability	Occasionally	Take time before addressing them
					Physical presence (hugs, gestures)				
			Through words	During deep conversations	Talking things out	Fear of judgment	Vulnerability	Occasionally	Avoid conflict altogether
			Through actions	During deep conversations	Personal space and time	Fear of judgment	Anger	Occasionally	Take time before addressing them
64 0	Often	Yes, always	Through actions	During deep conversations	Talking things out	Fear of judgment	Vulnerability	Very often	Talk things out immediately
64 F			Through words	When someone listens without judging	Talking things out	Fear of judgment	Anger	Rarely	Avoid conflict altogether
			Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Vulnerability	Rarely	Avoid conflict altogether
			Through actions		Tallian Man and	Fear of judgment	Vulnerability	Rarely	Talk things out immediately
				During deep conversations	Talking things out				
63 0			I keep them to myself	During deep conversations	Talking things out	I prefer to deal with emotions alone	Vulnerability	Very often	Take time before addressing them
56 S	Sometimes	No, it's difficult	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Take time before addressing them
18 F	Rarely	Yes, always	Through words	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
			I keep them to myself	When I receive advice	Personal space and time	Fear of judgment	Vulnerability	Occasionally	Avoid conflict altogether
43 0			Through words	When I receive advice	Talking things out	Not finding the right words	Sadness	Rarely	Avoid conflict altogether
			I keep them to myself	During deep conversations			Sadness	Very often	Avoid conflict altogether Avoid conflict altogether
					Talking things out	Fear of judgment			
			Through actions	When I receive advice	Talking things out	Fear of judgment	Vulnerability	Very often	Talk things out immediately
31 0			Through actions	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Vulnerability	Occasionally	Talk things out immediately
40 5	Sometimes	Yes, always	I keep them to myself	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Sadness	Rarely	Take time before addressing them
36 F	Rarely	No, it's difficult	Through actions	During deep conversations	Personal space and time	Fear of judgment	Sadness	Occasionally	Take time before addressing them
			I keep them to myself	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Sadness	Rarely	Avoid conflict altogether
	Rarely	Yes, always	Through actions	During deep conversations	Talking things out	Fear of judgment	Vulnerability	Rarely	Talk things out immediately
		No, it's difficult	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Anger	Rarely	Take time before addressing them
43 0		No, it's difficult	Through words	When I receive advice	Talking things out	Fear of judgment	Vulnerability	Very often	Take time before addressing them
37 (I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Very often	Take time before addressing them
41 F	Rarely	No, it's difficult	Through actions	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Very often	Take time before addressing them
26 0		No, it's difficult	Through words	When I receive advice	Personal space and time	Not finding the right words	Vulnerability	Very often	Talk things out immediately
			Through words	When I receive advice	Personal space and time	Fear of judgment	Sadness	Very often	Talk things out immediately
			Through actions	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Sadness	Rarely	Take time before addressing them
			Through actions	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Occasionally	Talk things out immediately
31 F	Rarely	Yes, always	I keep them to myself	When someone listens without judging	Personal space and time	Not finding the right words	Sadness	Occasionally	Avoid conflict altogether
64 F	Rarely	No. it's difficult	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Very often	Avoid conflict altogether
46 6	Rarely	No, it's difficult	I keep them to myself	When someone listens without judging	Personal space and time	Fear of judgment	Sadness	Very often	Avoid conflict altogether
			Through actions	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Rarely	Take time before addressing them
28 F									Avoid conflict altogether
		No, it's difficult	Through words	When someone listens without judging	Personal space and time	Not finding the right words	Anger	Occasionally	
39 0			Through words	When I receive advice	Talking things out	Fear of judgment	Vulnerability	Rarely	Take time before addressing them
			I keep them to myself	When I receive advice	Talking things out	Not finding the right words	Anger	Occasionally	Avoid conflict altogether
63 F	Rarely	Only with close people	Through actions	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Vulnerability	Rarely	Take time before addressing them
			Through words	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Avoid conflict altogether
			Through actions	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment			Avoid conflict altogether
		No. 10 difficult	There are a second				Anger	Very often	
			Through words	During deep conversations	Talking things out	I prefer to deal with emotions alone	Vulnerability	Very often	Take time before addressing them
46 0			I keep them to myself	When I receive advice	Talking things out	Not finding the right words	Anger	Rarely	Talk things out immediately
			Through actions	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Rarely	Avoid conflict altogether
62 F	Rarely	No, it's difficult	Through words	During deep conversations	Talking things out	Fear of judgment	Vulnerability	Rarely	Take time before addressing them
40 5	Sometimes	No. it's difficult		loop of the second seco				Very often	Avoid conflict altogether
		No, it's difficult	I keep them to myself	When I receive advice	Personal space and time	Fear of judgment	Sadness	very orten	
48.5	Sometimes		Through actions	When I receive advice When someone listens without judging	Personal space and time Personal space and time		Sadness Sadness	Occasionally	Talk things out immediately
		Yes, always	Through actions		Personal space and time	Fear of judgment	Sadness		
62 F	Rarely	Yes, always Yes, always	Through actions I keep them to myself	When someone listens without judging When I receive advice	Personal space and time Talking things out	Fear of judgment Fear of judgment I prefer to deal with emotions alone	Sadness Anger	Occasionally Occasionally	Talk things out immediately Take time before addressing them
62 F 20 S	Rarely Sometimes	Yes, always Yes, always Only with close people	Through actions I keep them to myself I keep them to myself	When someone listens without judging When I receive advice When someone listens without judging	Personal space and time Talking things out Talking things out	Fear of judgment Fear of judgment I prefer to deal with emotions alone I prefer to deal with emotions alone	Sadness Anger Vulnerability	Occasionally Occasionally Rarely	Talk things out immediately Take time before addressing them Take time before addressing them
62 F 20 S 38 F	Rarely Sometimes Rarely	Yes, always Yes, always Only with close people Yes, always	Through actions I keep them to myself I keep them to myself Through words	When someone listens without judging When I receive advice When someone listens without judging During deep conversations	Personal space and time Talking things out Talking things out Talking things out	Fear of judgment Fear of judgment I prefer to deal with emotions alone I prefer to deal with emotions alone Fear of judgment	Sadness Anger Vulnerability Anger	Occasionally Occasionally Rarely Occasionally	Talk things out immediately Take time before addressing them Take time before addressing them Talk things out immediately
62 F 20 S 38 F 18 S	Rarely Sometimes Rarely Sometimes	Yes, always Yes, always Only with close people Yes, always Only with close people	Through actions I keep them to myself I keep them to myself Through words Through actions	When someone listens without judging When I receive advice When someone listens without judging During deep conversations When someone listens without judging	Personal space and time Talking things out Talking things out Talking things out Personal space and time	Fear of judgment Fear of judgment I prefer to deal with emotions alone I prefer to deal with emotions alone Fear of judgment I prefer to deal with emotions alone	Sadness Anger Vulnerability Anger Anger	Occasionally Occasionally Rarely Occasionally Occasionally	Talk things out immediately Take time before addressing them Take time before addressing them Talk things out immediately Talk things out immediately
62 F 20 S 38 F 18 S 33 F	Rarely Sometimes Rarely Sometimes Rarely	Yes, always Yes, always Only with close people Yes, always Only with close people Only with close people Only with close people	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself	When someone listens without judging When I receive advice When someone listens without judging During deep conversations When someone listens without judging When someone listens without judging	Personal space and time Talking things out Talking things out Talking things out Personal space and time Talking things out	Fear of judgment Fear of judgment I prefer to deal with emotions alone I prefer to deal with emotions alone Fear of judgment I prefer to deal with emotions alone Fear of judgment I prefer to deal with emotions alone Not finding the right words	Sadness Anger Vulnerability Anger	Occasionally Occasionally Rarely Occasionally	Talk things out immediately Take time before addressing them Take time before addressing them Talk things out immediately Talk things out immediately Take time before addressing them
62 F 20 S 38 F 18 S 33 F	Rarely Sometimes Rarely Sometimes Rarely	Yes, always Yes, always Only with close people Yes, always Only with close people Only with close people Only with close people	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself	When someone listens without judging When I receive advice When someone listens without judging During deep conversations When someone listens without judging	Personal space and time Talking things out Talking things out Talking things out Personal space and time Talking things out	Fear of judgment Fear of judgment I prefer to deal with emotions alone I prefer to deal with emotions alone Fear of judgment I prefer to deal with emotions alone Fear of judgment I prefer to deal with emotions alone Not finding the right words	Sadness Anger Vulnerability Anger Anger Vulnerability	Occasionally Occasionally Rarely Occasionally Occasionally Very often	Talk things out immediately Take time before addressing them Take time before addressing them Talk things out immediately Talk things out immediately Take time before addressing them
62 F 20 S 38 F 18 S 33 F 21 S	Rarely Sometimes Rarely Sometimes Rarely Sometimes	Yes, always Yes, always Only with close people Yes, always Only with close people Only with close people Only with close people Only with close people	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions I keep them to myself Through actions	When someone listens without judging When I receive advice When someone listens without judging During deep conversations When someone listens without judging When someone listens without judging When I receive advice	Personal space and time Talking things out Talking things out Talking things out Talking things out Personal space and time Talking things out Talking things out	Fear of judgment Fear of judgment Judgment Jurefer to deal with emotions alone Jurefer to deal with emotions alone Fear of judgment Jurefer to deal with emotions alone Not finding the girth words Not finding the girth words Not finding the girth words	Sadness Anger Vulnerability Anger Anger Vulnerability Anger Anger Anger Anger	Occasionally Occasionally Rarely Occasionally Occasionally Very often Very often	Talk things out immediately Take time before addressing them Talk things out immediately Talk things out immediately Talk things out immediately Talk things fout immediately Talk things fout immediately Talk things four immediately Talk time before addressing them Avoid conflict altogether
62 F 20 S 38 F 18 S 33 F 21 S	Rarely Sometimes Rarely Sometimes Rarely Sometimes Rarely Sometimes Rarely	Yes, always Yes, always Only with close people Yes, always Only with close people Only with close people Only with close people Only with close people Yes, always	Through actions I keep them to myself I keep them to myself I keep them to myself I hrough actions I keep them to myself I hrough actions I hrough actions I keep them to myself I hrough actions I hrough actions I hrough actions I keep them to myself I keep them to myse	When someone listens without judging When I receive advice When someone listens without judging During deep conversations When someone listens without judging When someone listens without judging When I receive advice When someone listens without judging	Personal space and time Taking things out Taking things out Taking things out Taking space and time Taking things out Taking things out Taking things out Taking things out	Fear of Judgment Fear of Judgment I prefet to deal with emotions alone I prefet to beal with emotions alone Fear of Judgment I prefet to deal with emotions alone Fear of Judgment I prefet to deal with emotions alone Not finding the right words	Sadness Anger Vulnerability Anger Auger Vulnerability Anger Anger Anger Anger	Occasionally Occasionally Rarely Occasionally Occasionally Very often Very often Rarely Rarely	Talk things out immediately Take time before addressing them Take time before addressing them Talk things out immediately Talk things out immediately Take time before addressing them Avoid conflict altogether Talk things out immediately
62 F 20 S 38 F 18 S 33 F 21 S 45 F	Rarely Sometimes Rarely Sometimes Rarely Sometimes Rarely Sometimes Rarely Rarely Rarely	Yes, always Yes, always Only with close people Yes, always Only with close people Only with close people Only with close people Only with close people Yes, always Yes, always	Through actions Keep them to myself	When someone Islams without judging When I receive advice When someone Islams without judging During deep conversations When someone Islams without judging When someone Islams without judging When I receive advice When I seeker advice When someone Islams without judging During deep conversations	Personal space and time Taking things out Personal space and time Personal space and time Personal space and time	Fear of judgment Fear of judgment Not finding the right words	Sadness Anger Vulnerability Anger Anger Vulnerability Anger Vulnerability Anger Sadness	Occasionally Cocasionally Rarely Rarely Occasionally Occasionally Very otten Very otten Rarely Rarely Rarely	Talk things out immediately Take time before addressing them Take time before addressing them Talk things out immediately Talk things out immediately Take time before addressing them Avoid conflict altogether Talk things out immediately Talk things down immediately
62 F 20 S 38 F 18 S 33 F 21 S 45 F 29 F	Rately Scoretimes Rately Rately Scoretimes Rately Scoretimes Rately Rately Rately Rately Rately Rately Rately	Yes, always Yes, always Yes, salways Only with close people Yes, always Only with close people Only with close people Only with close people Yes, always Yes, always Yes, always	Through actions	When someone listens without judging When I receive advice When someone listens without judging During deep conversations When someone listens without judging When someone listens without judging When someone listens without judging When someone listens without judging During deep conversations When someone listens without judging During deep conversations When I receive advice	Personal space and time Taking things out Personal space and time Physical presence (hugs, gestures) Personal space and time	Fear of Judgment prefer to deal with emotions alone Fear of Judgment prefer to deal with emotions alone Not finding the right words	Sadness Anger Vulnerability Anger Anger Vulnerability Anger Anger Sadness Sadness	Occasionally Occasionally Rarely Occasionally Occasionally Very often Very often Rarely Rarely Rarely Rarely	Talk things out immediately Take time before addressing them Take time before addressing them Talk things out immediately
62 F 20 S 38 F 18 S 33 F 21 S 45 F 29 F 47 F	Rarely Sometimes Rarely Sometimes Rarely Sometimes Rarely Rarely Rarely Rarely Rarely Rarely Rarely	Yes, always Yes, always Only with close people Yes, always Only with close people Yes, always Yes, always Yes, always No. It's difficult	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through actions Through actions I keep them to myself	When someone listens without judging When I rockee device When someone listens without judging During deep convenations of the someone listens without judging When I rockee without judging During deep conversations when I rockee water without judging During deep conversations When I rockee water device When I rockee water device	Personal space and time Taking things out Personal space and time Personal space and time Personal space and time	Fear of judgment Fear of judgment Jorder to deal with emotions alone Jorder to deal with emotions alone Jorder to deal with emotions alone Fear of judgment Jorder to deal with emotions alone Not finding the right words Fear of judgment	Sadness Anger Vulnerability Anger Anger Vulnerability Anger Vulnerability Anger Sadness	Occasionally Cocasionally Rarely Rarely Occasionally Occasionally Very otten Very otten Rarely Rarely Rarely	Talk things out immediately Take time before addressing them Talk time before addressing them Talk things out immediately Talk things out immediately Talk things out immediately Avoid conflict altogether Talk things out immediately Talk things down immediately
62 F 20 S 38 F 18 S 33 F 21 S 45 F 29 F 47 F	Rately Sometimes Rately Sometimes Rately Sometimes Rately Rately Rately Rately Rately	Yes, always Yes, always Only with close people Yes, always Only with close people Yes, always Yes, always Yes, always No. It's difficult	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through actions Through actions I keep them to myself	When someone listens without judging When I receive advice When someone listens without judging During deep conversations When someone listens without judging When someone listens without judging When someone listens without judging When someone listens without judging During deep conversations When someone listens without judging During deep conversations When I receive advice	Personal space and time Taking things out Personal space and time Physical presence (hugs, gestures) Personal space and time	Fear of Judgment prefer to deal with emotions alone Fear of Judgment prefer to deal with emotions alone Not finding the right words	Sadness Anger Vulnerability Anger Anger Vulnerability Anger Anger Sadness Sadness	Occasionally Occasionally Rarely Occasionally Occasionally Very often Very often Rarely Rarely Rarely Rarely	Talk things out immediately Take time before addressing them Talk things out immediately Talk things out immediately Talk things out immediately Talk things out immediately Talk things out of the things out immediately Talk things out immediately Talk things out immediately Talk things out immediately Talk things out immediately
62 F 20 S 38 F 18 S 33 F 21 S 45 F 29 F 47 F 26 S	Rately Sometimes Rately Sometimes Rately Sometimes Rately Rately Rately Rately Sometimes Rately	Yes, always Yes, always Yes, always Chiy with close people Yes, always Chiy with close people Chiy with close people Chiy with close people Yes, always Yes, always Yes, always Yes, always Yes, always Yes, always	Through actions	When someone listens without judging When I rockee device When someone listens without judging During deep convenations of the someone listens without judging When I rockee without judging During deep conversations when I rockee water without judging During deep conversations When I rockee water device When I rockee water device	Personal space and time Taking things out Personal space and time Personal space and time Personal space and time Personal space and time	Fear of judgment Fear of judgment Jorder to deal with emotions alone Jorder to deal with emotions alone Jorder to deal with emotions alone Fear of judgment Jorder to deal with emotions alone Not finding the right words Fear of judgment	Sadness Anger Vulnerability Anger Vulnerability Vulnerability Anger Anger Sadness Vulnerability Anger Sadness Vulnerability Sadness	Occasionally Occasionally Rarely Occasionally Occasionally Very otten Very otten Rarely Rozely Occasionally Very otten	Talk things out immediately Take time before addressing them Take time before addressing them Take time before addressing them Talk things out immediately Talk things out immediately Take time before addressing them Avoid conflict atogether Talk things out immediately Talk things out immediately Talk things out immediately Talk things out immediately Take time before addressing them
62 F 20 S 38 F 18 S 33 F 21 S 45 F 29 F 47 F 26 S 59 F	Rately Sometimes Kately Kately Sometimes Rately Sometimes Rately Rately Rately Rately Conetimes Rately Rately Rately Rately Rately Rately Rately Rately Rately	Yes, always Yes, always Cnity with close people (Yes, always Chily with close people Yes, always	Through actions I keep them to myself I keep them to myself Through sodies I keep them to myself Through actions I keep them to myself Through actions Through actions I keep them to myself I keep them to myself I keep them to myself Through words Through words Through words	When someone listens without judging When I rockee device When I rockee device When someone listens without judging During deep convenations of the someone listens without judging When someone listens without judging When someone listens without judging When someone listens without judging United someone listens without judging United Sections without judging United Sections without judging When I rockee wat duce When I receive advice When I receive advice When I receive advice When I rockee wat with some Judging When someone listens without judging	Personal space and time Taking things out Personal space and time Personal space and time Physical presence (tings, gestures) Personal space and time Physical presence (tings, gestures) Taking things out	Fear of Judgment Fear of Judgment Jurelet to deal with emotions alone Jurelet to deal with emotions alone Jurelet to deal with emotions alone Fear of Judgment Jurelet to deal with emotions alone Fear of Judgment Jurelet to deal with emotions alone Not finding the right words Fear of Judgment Not finding the right words	Sadness Anger Vulnerability Anger Anger Vulnerability Vulnerability Anger Anger Sadness Vulnerability Sadness Sadness Sadness Sadness	Occasionally Occasionally Occasionally Occasionally Vesy othen Vesy othen Rarely Occasionally Vesy othen Vesy othen Vesy othen Vesy othen Rarely Occasionally Vesy othen Rarely Rarely Rarely Rarely Rarely Rarely Rarely Rarely Rarely	Talk things out immediately the Take time before addressing them Take time before addressing them Take time before addressing them Take times out immediately Take time before addressing them Avoid conflict adoptier Talk things out immediately Take time before addressing them Avoid conflict adoptier Avoid conflict adoptier Avoid conflict adoptier Avoid conflict adoptier
62 F 20 S 38 F 18 S 21 S 45 F 29 F 47 F 26 S 59 F 36 S	Rately Sometimes Rately Sometimes Rately Rately Rately Rately Rately Rately Rately Rately Rately Sometimes Rately Sometimes Sometimes Sometimes Sometimes Sometimes	Yes, always Yes, always Yes, always Only with close people Yes, always Only with close people Only with close people Only with close people Only with close people Yes, always	Through actions I keep them to myself I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through words	When someone listens without judging When someone listens without judging Uwhen someone listens without judging During deep conversations When someone listens without judging When someone listens without judging When someone listens without judging Uwhen someone listens without judging During deep conversations When I receive advice When someone listens without judging When someone listens without judging When someone listens without judging	Personal space and time Taking things out Personal space and time Personal space and time Personal space and time Personal space and time Personal space on time Personal space and time Personal space and time Personal space and time	Fear of Judgment prefer to deal with emotions alone Prefer to Judgment prefer to deal with emotions alone Not finding the right words I prefer to deal with emotions alone	Sadness Anger Vulnerability Anger Anger Vulnerability Anger Vulnerability Anger Sadness Vulnerability Sadness Vulnerability Vulnerability Vulnerability Vulnerability	Occasionally Occasionally Rarely Occasionally Occasionally Occasionally Very otten Very otten Rarely Occasionally Very otten Very otten Rarely Cocasionally Very otten Rarely Cocasionally Occasionally	Talk things out immediately Talke time before addressing them Take time before addressing them Talke time before addressing them Talk things out immediately Talk things out output Talk things
62 F 20 S 38 F 18 S 33 F 21 S 45 F 29 F 47 F 26 S 59 F 36 S 50 S	Rately Sometimes Kately Kately Sometimes Rately Sometimes Rately Rately Rately Rately Rately Sometimes Routely Sometimes Constitutes Sometimes Sometimes Sometimes Sometimes Sometimes	Yes, always Yes, always Cnity with close people (Yes, always Chily with close people Yes, always No. It's difficult	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through actions Through actions I keep them to myself I keep them to myself I keep them to myself Through actions Through words Through words Through words Through words Through words Through words Through actions	When someone Islans without judging When I rockee where you was a state of the someone Islans without judging During deep conversations. When someone Islans without judging During deep conversations without judging During deep conversations When I rockee wadvice When I rockee When I rockee wadvice When I rockee W	Personal space and time Taking things out Personal space and time Personal space and time Physical presence (tugs, gestures) Personal space and time Physical presence (tugs, gestures) Taking things out Personal space and time Personal space and time Personal space and time Personal space and time	Fear of judgment prefer to deal with emotions alone Fear of judgment prefer to deal with emotions alone Not finding the right words I prefer to deal with emotions alone prefer to deal with emotions alone	Sadness Anger Vulnerability Anger Anger Vulnerability Anger Vulnerability Anger Sadness Sadness Sadness Sadness Vulnerability Vulnerability Vulnerability Vulnerability Vulnerability Vulnerability Anger	Occasionally Occasionally Occasionally Occasionally Occasionally Very often Very often Rarely Occasionally Very often Rarely Occasionally Very often Rarely Occasionally Very often Occasionally Very often Occasionally Very often Occasionally Very often	Talk things out immediately that the time before addressing them Talk time before addressing them Talk things out immediately Talk things out offers out immediately Talk things out offers out offers of the things out immediately Talk things out offers of the things out immediately Talk things out offers of the things out immediately Avoid conflict atogether Avoid conflict atogether Avoid conflict atogether
62 F 20 S 38 F 18 S 33 F 21 S 45 F 29 F 47 F 26 S 59 F 36 S	Rarely Scoretimes Rarely Scoretimes Rarely Scoretimes Rarely Rarely Rarely Rarely Scoretimes Rarely Scoretimes Scoretimes Scoretimes Scoretimes Granely Scoretimes Scoretimes Othen	Yes, always Yes, always Yes, always Only with close people Yes, always Only with close people Only with close people Only with close people Only with close people Yes, always Yes, always Yes, always Yes, always Yes, always No. it's difficult Yes, always No. it's difficult Yes, always No. it's difficult Only with close people	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through actions Through actions I keep them to myself Through actions	When someone listens without judging When I receive advice When I receive advice When I receive advice When someone listens without judging During deep conversations When someone listens without judging When someone listens without judging When someone listens without judging When I receive advice When someone listens without judging When someone listens wit	Personal space and time Taking things out Personal space and time Personal space and time Personal space and time Physical presence (hugs, gestures) Taking things out Taking things out Personal space and time	Fear of Judgment Jender to deal with emotions alone Jender to deal with emotions alone Jender to deal with emotions alone Jender do deal with emotions alone Jender do deal with emotions alone Not finding the right words I prefer to deal with emotions alone J prefer to deal with emotions alone J prefer to deal with emotions alone	Sadness Anger Vulnerability Vulnerability Anger Vulnerability Anger Vulnerability Anger Sadness Vulnerability Sadness Sadness Vulnerability Vulnerability Sadness Sadness Sadness Sadness Sadness Sadness Sadness	Occasionally Cocasionally Rarely Rarely Cocasionally Cocasionally Very often Very often Rarely Cocasionally Very often Rarely Cocasionally Very often Rarely	Talk things out immediately Talke time before addressing them Talke time before addressing them Talke time before addressing them Talke times out immediately Talke times out out and time time time time times Avoid conflict altogether Talke time before addressing them Talke time before addressing them
62 F 20 S 38 F 18 S 33 F 21 S 45 F 29 F 47 F 26 S 59 F 36 S 60 C 38 C	Rately Sometimes Sometimes Rately Sometimes Rately Sometimes Rately Sometimes Rately Sometimes Carely Sometimes Contentines	Yes, always Yes, always Cnity with close people Ches, always Chily with close people Yes, always On, It's difficult Chily with close people No, It's difficult Chily with close people No, It's difficult	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through actions Through actions I keep them to myself Through actions Through words Through words Through words Through actions Through actions Through actions Through actions Through actions Through actions	When someone Islans without judging When I rockee adopt on When I rockee and When I	Personal space and time Taking things out Taking things out Taking things out Taking things out Personal space and time Taking things out Personal space and time Personal space and time Physical presence (hugs, gestures) Personal space and time Physical presence (hugs, gestures) Taking things out Personal space and time	Fear of Judgment Fear of Judgment I prefer to deal with emotions alone I prefer to deal with emotions alone I prefer to deal with emotions alone Fear of Judgment I prefer to deal with emotions alone Not finding the right words I prefer to deal with emotions alone I prefer to deal with emotions alone Fear of Judgment Fear of Judgment I prefer to deal with emotions alone Fear of Judgment I prefer to deal with emotions alone	Sadness Anger Valnerability Anger Anger Valnerability Valnerability Valnerability Anger Sadness Sadness Sadness Sadness Valnerability Valnerability Valnerability Valnerability Valnerability Sadness Sadness Sadness Sadness	Occasionally Occasionally Occasionally Occasionally Very other Very other Rarely Occasionally Very other Rarely Occasionally Very other Very other Very other Very other Very other Nerely Occasionally Very other Rarely Occasionally Very other Rarely Very other Rarely Very other Rarely Very other Rarely Very other	Talk things out immediately the Take time before addressing them Take time before addressing them Talk things out immediately Talk things out of the Talk things out of the Avoid conflict altogether Avoid conflict altogether Avoid conflict altogether Talk time before addressing them Talk things out immediately Talk things out immediately
62 F 20 S 38 F 18 S 33 F 21 S 45 F 29 F 47 F 26 S 59 F 36 S 60 C 38 C	Rately Sometimes Sometimes Rately Sometimes Rately Sometimes Rately Sometimes Rately Sometimes Carely Sometimes Contentines	Yes, always Yes, always Cnity with close people Ches, always Chily with close people Yes, always On, It's difficult Chily with close people No, It's difficult Chily with close people No, It's difficult	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through actions Through actions I keep them to myself Through actions	When someone listens without judging When I receive advice When I receive advice When I receive advice When someone listens without judging During deep conversations When someone listens without judging When someone listens without judging When someone listens without judging When I receive advice When someone listens without judging When someone listens wit	Personal space and time Taking things out Personal space and time Personal space and time Personal space and time Physical presence (hugs, gestures) Taking things out Taking things out Personal space and time	Fear of Judgment Jender to deal with emotions alone Jender to deal with emotions alone Jender to deal with emotions alone Jender do deal with emotions alone Jender do deal with emotions alone Not finding the right words I prefer to deal with emotions alone J prefer to deal with emotions alone J prefer to deal with emotions alone	Sadness Anger Vulnerability Vulnerability Anger Vulnerability Anger Vulnerability Anger Sadness Vulnerability Sadness Sadness Vulnerability Vulnerability Sadness Sadness Sadness Sadness Sadness Sadness Sadness	Occasionally Cocasionally Rarely Rarely Cocasionally Cocasionally Very often Very often Rarely Cocasionally Very often Rarely Cocasionally Very often Rarely	Talk things out immediately Take time before addressing them Take time before addressing them Talk things out immediately Talk things out offer offe
62 F 20 S 38 F 18 S 33 F 21 S 45 F 29 F 47 F 26 S 59 F 36 S 60 C 38 C	Rarely Scoretimes Rarely Scoretimes Rarely Rarely Rarely Rarely Rarely Rarely Scoretimes Rarely Scoretimes Scoretimes Ontertimes Ontertimes Ontertimes Ontertimes Ontertimes Scoretimes Scoretimes Often Scoretimes Scoretimes Scoretimes Scoretimes Rarely Scoretimes Rarely Scoretimes Rarely Scoretimes Rarely	Yes, always Yes, always Yes, always Only with close people Yes, always Only with close people Yes, always Yes, always Yes, always No. Ir's afficult Yes, always No. Ir's afficult Only with close people No. Ir's difficult	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through actions Through actions I keep them to myself Through actions Through actions Through actions Through words Through actions Through words Through actions Through words Through actions Through words	When someone Islans without judging When I rockee adopt on When I rockee and When I	Personal space and time Taking things out Personal space and time Personal space and time Personal space and time Physical presence (tugs, gestures) Taking things out Taking things out Taking things out Personal space and time Taking things out	Fear of Judgment Jender to deal with emotions alone Jender to deal with emotions alone Jender to deal with emotions alone Jender do deal with emotions alone Fear of Judgment Jender to deal with emotions alone Not finding the right words I prefer to deal with emotions alone J prefer to deal with emotions alone	Sadness Anger Vulnerability Anger Anger Vulnerability Anger Vulnerability Anger Anger Sadness Vulnerability Sadness Sadness Vulnerability Vulnerability Vulnerability Sadness	Occasionally Occasionally Occasionally Occasionally Occasionally Very often Very often Very often Rarely Occasionally Very often Very often Very often Very often Very often Very often Rarely Occasionally Very often Rarely Rarely Very often Rarely Very often	Talk things out immediately the Take time before addressing them Take time before addressing them Talk things out immediately Talk things out of the Talk things out of the Avoid conflict altogether Avoid conflict altogether Avoid conflict altogether Avoid conflict altogether Talk time before addressing them Talk time before addressing them Talk things out immediately Talk things out immediately
62 F 20 S 38 F 18 S 33 F 21 S 45 F 29 F 47 F 26 S 59 F 36 S 50 S 60 C 38 C 23 S 21 F 56 F	Rately Sconetimes Rately Sconetimes Rately Sconetimes Rately Sconetimes Rately Rately Rately Sconetimes Rately Sconetimes Conetimes Conetimes Conetimes Conetimes Conetimes Conetimes Conetimes Rately	Yes, always Yes, always Chrly with close people Yes, always On, it's difficult Chrly with close people	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through actions Through actions I keep them to myself I Through actions Through words Through words Through actions	When someone Islans without judging When I receive advise When someone Islans without judging During deep conversations. During deep conversations without judging When someone Islans without judging When someone Islans without judging When someone Islans without judging During deep conversations without judging During deep conversations. When I receive advice When I recei	Personal space and time Taking things out Personal space and time Physical presence (tugs, gestures) Personal space and time Physical presence (tugs, gestures) Taking things out Personal space and time Personal space and time Personal space and time Personal space and time Taking things out	Fear of Judgment Fear of Judgment I prefer to deal with emotions alone I prefer to deal with emotions alone I prefer to deal with emotions alone Fear of Judgment I prefer to deal with emotions alone Fear of Judgment Not finding the right words I prefer to deal with emotions alone Fear of Judgment	Sadness Anger Valnerability Anger Valnerability Valnerability Valnerability Valnerability Anger Anger Sadness Anger	Occasionally Occasionally Occasionally Occasionally Very other Very other Rarely Occasionally Very other Rarely Occasionally Very other Very other Very other Very other Rarely Occasionally Very other Rarely Occasionally Very other Rarely Very other Rarely Very other	Talk things out immediately that the three before addressing them Talk time before addressing them Talk times out immediately Talk things out office the things out immediately Talk things out office adoption Avoid conflict altogether Avoid conflict altogether Avoid conflict altogether Avoid conflict altogether Talk things out immediately Avoid conflict altogether
62 F 20 S 38 F 16 S 33 F 21 S 21 S 45 F 29 F 20 F 36 S 50 S 60 C 23 S 22 F 56 F 23 F 56 F	Rarely Scoretimes Rarely Scoretimes Rarely Scoretimes Rarely Rarely Rarely Rarely Rarely Scoretimes Rarely Scoretimes Gravely Scoretimes Gravely Scoretimes Scoretimes Scoretimes Scoretimes Scoretimes Rarely	Yes, always Yes, always Only with close people Yes, always Only with close people Yes, always Yes, always Yes, always Yes, always No, it's difficult Yes, always Yes, always No, it's difficult Only with close people No, it's difficult Only with close people	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through actions Through actions I keep them to myself Through actions Through words	When someone listens without judging When I receive advice When I receive advice When someone listens without judging During deep conversations When I someone listens without judging When someone listens without judging When someone listens without judging When I receive advice When I	Personal space and time Taking things out Personal space and time Taking things out Personal space and time Physical presence (thugs, gestures) Personal space and time Physical presence (thugs, gestures) Taking things out Personal space and time Taking things out Taking things out Physical presence (thugs, gestures)	Fear of Judgment Jorden to deal with emotions alone Fear of Judgment Jorden to deal with emotions alone Not finding the right words I prefer to deal with emotions alone Fear of Judgment Not finding the right words	Sadness Anger Vulnerability Anger Anger Vulnerability Anger Vulnerability Anger Anger Sadness Vulnerability Vulnerability Vulnerability Vulnerability Vulnerability Vulnerability Vulnerability Anger Sadness Sadness Sadness Anger Sadness	Occasionally Occasionally Occasionally Occasionally Occasionally Very often Very often Very often Rarely Occasionally Occasionally Very often Very often Rarely Occasionally Very often Rarely Cocasionally Very often Rarely Occasionally Very often	Talk things out immediately Take time before addressing them Take time before addressing them Talk things out immediately Talk things out office the things out immediately Talk things out office the things out immediately Talk things out office the things out immediately Avoid conflict altogether Avoid conflict altogether Avoid conflict altogether Talk things out immediately Avoid conflict altogether Avoid conflict addressing them
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62 F 20 S 30 F 18 S 31 F 18 S 32 F 33 F 21 S 45 F 45 F 36 S 50 S 60 C 22 S 22 F 23 F 56 F 23 F 56 F 56 F 57 F 58	Rarely Scoretimes Rarely Scoretimes Rarely Scoretimes Rarely Rarely Rarely Rarely Rarely Rarely Scoretimes Rarely Scoretimes Rarely Rarely Scoretimes Rarely Rarely Rarely Rarely Scoretimes Rarely Scoretimes Rarely	Yes, always Yes, always Only with close people Yes, always Chily with close people Only with close people Only with close people Only with close people Only with close people Yes, always Yes, always Yes, always Yes, always No. It's difficult Yes, always No. It's difficult Only with close people No. It's difficult Only with close people No. It's difficult Only with close people No. It's difficult No. It's difficult Only with close people No. It's difficult No. It's difficult Only with close people No. It's difficult No. It's difficult No. It's difficult Yes, always	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through words Ithrough words Through words Ithrough words Through words Through words Through words Through words	When someone listens without judging When I receive advice When I receive advice When someone listens without judging During deep convenations When someone listens without judging When someone listens without judging When someone listens without judging When I receive advice When I rec	Personal space and time Taking things out Personal space and time Taking things out Personal space and time Physical presence (tugs, gestures) Personal space and time Physical presence (tugs, gestures) Taking things out Personal space and time Physical presence (tugs, gestures) Taking things out Taking things out Taking things out Taking things out Physical presence (tugs, gestures) Taking things out	Fear of Judgment Juneter to deal with emotions alone Fear of Judgment Juneter to deal with emotions alone Not finding the right words In prefer to deal with emotions alone Juneter to deal with emotions alone Juneter to deal with emotions alone Fear of Judgment I prefer to deal with emotions alone Fear of Judgment Not finding the right words	Sadness Anger Vulnerability Anger Anger Vulnerability Anger Vulnerability Anger Anger Sadness Sadness Sadness Sadness Sadness Sadness Sadness Sadness Vulnerability Anger Sadness Sadness Sadness Sadness Vulnerability Anger	Occasionally Occasionally Rarely Rarely Rarely Resely Very otten Very otten Resely Rarely Rarely Rarely Rarely Rarely Roccasionally Very otten Very otten Very otten Rarely Roccasionally Very otten Rarely Rarely Occasionally Very otten Rarely Occasionally Very otten Rarely Occasionally Very otten Rarely Cocasionally Very otten Rarely Very otten Occasionally Very otten	Talk things out immediately Take time before addressing them Take time before addressing them Talk things out immediately Talk things out office the things out immediately Avoid conflict allogether Avoid conflict allogether Avoid conflict allogether Talk things out immediately Avoid conflict allogether
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62 F 20 S 30 F 18 S 31 F 18 S 32 F 33 F 21 S 45 F 45 F 36 S 50 S 60 C 22 S 22 F 23 F 56 F 23 F 56 F 56 F 57 F 58	Rately Scoretimes Variety Scoretimes Variety Scoretimes Variety Variet	Yes, always Yes, always Chly with close people Yes, always No. It's difficult Chly with close people Yes, always No. It's difficult	Through actions I keep them to myself I keep them to myself Through words Through actions I keep them to myself Through actions Through words Ithrough words Through words Ithrough words Through words Through words Through words Through words	When someone listens without judging When I receive advice When I receive advice When someone listens without judging During deep convenations When someone listens without judging When someone listens without judging When someone listens without judging When I receive advice When I rec	Personal space and time Taking things out Personal space and time Taking things out Personal space and time Physical presence (tugs, gestures) Personal space and time Physical presence (tugs, gestures) Taking things out Personal space and time Physical presence (tugs, gestures) Taking things out Taking things out Taking things out Taking things out Physical presence (tugs, gestures) Taking things out	Fear of Judgment Juneter to deal with emotions alone Fear of Judgment Juneter to deal with emotions alone Not finding the right words In prefer to deal with emotions alone Juneter to deal with emotions alone Juneter to deal with emotions alone Fear of Judgment I prefer to deal with emotions alone Fear of Judgment Not finding the right words	Sadness Anger Vulnerability Anger Anger Vulnerability Anger Vulnerability Anger Anger Sadness Sadness Sadness Sadness Sadness Sadness Sadness Sadness Vulnerability Anger Sadness Sadness Sadness Sadness Vulnerability Anger	Occasionally Occasionally Rarely Rarely Rarely Resely Very otten Very otten Resely Rarely Rarely Rarely Rarely Rarely Roccasionally Very otten Very otten Very otten Rarely Roccasionally Very otten Rarely Rarely Occasionally Very otten Rarely Occasionally Very otten Rarely Occasionally Very otten Rarely Cocasionally Very otten Rarely Very otten Occasionally Very otten	Talk things out immediately Talke time before addressing them Talke time before addressing them Talk things out immediately Talk things out immediately Talke time before addressing them Avoid conflict adoptime Talk things out immediately Avoid conflict adoptime Avoid conflict adoptime Talk things out immediately Talke time before diddressing them Talk things out immediately Avoid conflict adoptime
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	50 Rarely	Yes, always	Through words	When I receive advice	Talking things out	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	26 Rarely	Yes, always	Through words	When I receive advice	Talking things out	Not finding the right words	Vulnerability	Rarely	Avoid conflict altogether
	25 Rarely	No. it's difficult	mough words		Taiking things out	I prefer to deal with emotions alone		Rarely	Avoid conflict altogether Avoid conflict altogether
			Through actions	During deep conversations	Talking things out		Anger		
	64 Often	Yes, always	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Talk things out immediately
	30 Sometimes	Yes, always	Through actions	When someone listens without judging	Talking things out	Fear of judgment	Vulnerability	Occasionally	Talk things out immediately
	43 Rarely	No. it's difficult	Through actions	During deep conversations	Personal space and time	Fear of judgment	Vulnerability	Rarely	Talk things out immediately
	32 Rarely	Yes, always	Through actions	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Rarely	Take time before addressing them
	55 Sometimes	Yes, always	Through words	During deep conversations	Talking things out	Fear of judgment	Sadness	Very often	Take time before addressing them
	31 Sometimes	No. it's difficult	Through actions	During deep conversations		Fear of judgment		Very often	Take time before addressing them
					Physical presence (hugs, gestures)		Anger		
	51 Often	Yes, always	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Rarely	Talk things out immediately
3	35 Often	Only with close people	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Occasionally	Take time before addressing them
	59 Often	Yes, always	Through actions	During deep conversations	Personal space and time	Fear of judgment	Sadness	Very often	Take time before addressing them
	20 Sometimes	Only with close people	Through words	When someone listens without judging	Talking things out	Fear of judgment	Anger	Very often	Talk things out immediately
	28 Sometimes	Only with close people	Through actions	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Rarely	Take time before addressing them
	40 Often	Yes, always	Through actions	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Occasionally	Take time before addressing them
	29 Often	Only with close people	I keep them to myself	When someone listens without judging	Personal space and time	Not finding the right words	Anger	Very often	Talk things out immediately
2	28 Rarely	No, it's difficult	Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Anger	Occasionally	Take time before addressing them
	33 Sometimes	Only with close people	Through words	During deep conversations	Personal space and time	Not finding the right words	Vulnerability	Rarely	Avoid conflict altogether
	58 Often	No. it's difficult	Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Anger	Occasionally	Talk things out immediately
	25 Often	No, it's difficult	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Rarely	Take time before addressing them
		No, it's difficult							
	40 Often		Through words	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Take time before addressing them
	28 Often	Yes, always	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Talk things out immediately
	53 Often	Yes, always	Through words	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	38 Rarely	Only with close people	Through actions	During deep conversations	Personal space and time	Not finding the right words	Anger	Rarely	Talk things out immediately
	19 Sometimes	Yes, always	Through words	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Very often	Avoid conflict altogether
	32 Often	No. it's difficult	Through actions	When I receive advice	Personal space and time	Not finding the right words	Sadness	Very often	Take time before addressing them
	61 Sometimes	Yes, always	Through actions	When someone listens without judging	Personal space and time Personal space and time	Not finding the right words	Vulnerability	Very often	Talk things out immediately
	18 Sometimes	Only with close people	Through words	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Sadness	Occasionally	Talk things out immediately
	43 Rarely	Yes, always	Through words	During deep conversations	Personal space and time	Fear of judgment	Sadness	Very often	Talk things out immediately
	59 Often	No, it's difficult	Through actions	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Rarely	Talk things out immediately
	23 Sometimes	Only with close people	I keep them to myself	When I receive advice	Personal space and time	Not finding the right words	Vulnerability	Rarely	Avoid conflict altogether
	52 Rarely	No, it's difficult	Through words	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Rarely	Take time before addressing them
	36 Rarely		There is a stare	When I receive advice	Physical presence (hugs, gestures) Physical presence (hugs, gestures)	Not finding the right words	Sadness		Talk things out immediately
		Yes, always	Through actions					Very often	
	41 Sometimes	Only with close people	Through actions	When I receive advice	Talking things out	Fear of judgment	Anger	Very often	Talk things out immediately
	63 Sometimes	Only with close people	Through words	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Very often	Avoid conflict altogether
	34 Rarely	No, it's difficult	I keep them to myself	During deep conversations	Talking things out	Fear of judgment	Anger	Very often	Take time before addressing them
	58 Sometimes	Yes, always	Through words	When I receive advice	Talking things out	Fear of judgment	Vulnerability	Very often	Take time before addressing them
	28 Sometimes	No. it's difficult	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Very often	Talk things out immediately
	24 Rarely	Yes, always	Through actions	When I receive advice		Not finding the right words	Sadness	Occasionally	Talk things out immediately
		Yes, always Yes, always		When I receive advice When I receive advice	Talking things out		Sadness Vulnerability	Occasionally	Talk things out immediately Take time before addressing them
	31 Rarely		Through actions		Physical presence (hugs, gestures)	Not finding the right words			
	38 Sometimes	Only with close people	Through words	When I receive advice	Talking things out	Not finding the right words	Vulnerability	Occasionally	Avoid conflict altogether
	31 Rarely	Yes, always	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Take time before addressing them
	22 Rarely	Only with close people	Through actions	When someone listens without judging	Personal space and time	Fear of judgment	Sadness	Rarely	Take time before addressing them
	55 Often	No, it's difficult	Through words	When someone listens without judging	Personal space and time	Not finding the right words	Anger	Very often	Take time before addressing them
	31 Rarely	No, it's difficult	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Anger	Very often	Avoid conflict altogether
	60 Sometimes	No, it's difficult	Through actions	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Anger	Rarely	Talk things out immediately
	53 Rarely	Only with close people	Through words	During deep conversations	Talking things out	Not finding the right words	Sadness	Very often	Talk things out immediately
	59 Rarely	Only with close people	Through actions	When I receive advice	Talking things out	Not finding the right words	Sadness	Rarely	Talk things out immediately
	40 Sometimes	Yes, always	I keep them to myself	When I receive advice	Personal space and time	Not finding the right words	Vulnerability	Rarely	Talk things out immediately
	19 Sometimes	Yes, always	Through actions	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Occasionally	Talk things out immediately
	52 Sometimes	No. it's difficult	I keep them to myself	When I receive advice	Talking things out	Fear of judgment	Vulnerability	Very often	Take time before addressing them
	40 Rarely	Yes, always	I keep them to myself	During deep conversations	Personal space and time	Fear of judgment	Anger	Rarely	Talk things out immediately
	25 Sometimes	Yes, always	Through actions	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	40 Sometimes	Yes, always	Through actions	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Very often	Take time before addressing them
	29 Rarely	Only with close people	Through words	During deep conversations	Personal space and time	Fear of judgment	Anger	Occasionally	Talk things out immediately
	52 Sometimes	No, it's difficult	Through actions	When I receive advice	Talking things out	I prefer to deal with emotions alone	Vulnerability	Occasionally	Take time before addressing them
	54 Often	Only with close people	Through words	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Take time before addressing them
	43 Sometimes								
		Only with close people	I keep them to myself	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Anger	Rarely	Take time before addressing them
	61 Rarely	No, it's difficult	Through actions	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Rarely	Avoid conflict altogether
	22 Sometimes	Only with close people	I keep them to myself	When someone listens without judging	Personal space and time		Vulnerability	Very often	Avoid conflict altogether
	50 Rarely					I prefer to deal with emotions alone			
	22 Rarely	Yes, always	Through words	During deep conversations	Personal space and time				
		Yes, always Only with close people	Through words Through actions	During deep conversations When I receive advice	Personal space and time	Not finding the right words	Anger	Very often	Avoid conflict altogether
		Only with close people	Through actions	When I receive advice	Personal space and time	Not finding the right words Not finding the right words	Anger Vulnerability	Very often Rarely	Avoid conflict altogether Take time before addressing them
	37 Rarely	Only with close people No, it's difficult	Through actions Through words	When I receive advice When someone listens without judging	Personal space and time Personal space and time	Not finding the right words Not finding the right words Fear of judgment	Anger Vulnerability Anger	Very often Rarely Very often	Avoid conflict altogether Take time before addressing them Take time before addressing them
3	26 Often	Only with close people No, it's difficult Yes, always	Through actions Through words Through actions	When I receive advice When someone listens without judging When someone listens without judging	Personal space and time Personal space and time Talking things out	Not finding the right words Not finding the right words Fear of judgment Fear of judgment	Anger Vulnerability Anger Anger	Very often Rarely Very often Rarely	Avoid conflict altogether Take time before addressing them Take time before addressing them Avoid conflict altogether
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3 4 3	26 Often 41 Rarely 35 Rarely 49 Often	Only with close people No. it's difficult Yes, always Only with close people Only with close people No. it's difficult	Through actions Through words Through actions I keep them to myself I keep them to myself Through words	When I receive advice When someone listens without judging When someone listens without judging When I receive advice When I receive advice When someone listens without judging	Personal space and time Personal space and time Talking things out Physical presence (hugs, gestures) Physical presence (hugs, gestures) Physical presence (hugs, gestures) Personal space and time	Not finding the right words Not finding the right words Fear of Judgment Fear of Judgment Not finding the right words Fear of Judgment	Anger Vulnerability Anger Anger Vulnerability Vulnerability Sadness	Very often Rarely Very often Rarely Rarely Cocasionally	Avoid conflict altogether Take time before addressing them Take time before addressing them Avoid conflict altogether Take time before addressing them Avoid conflict altogether Taik things out immediately
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3 4 3 4 4 6	26 Often 41 Rarely 55 Rarely 49 Often 49 Often 65 Sometimes 65 Sometimes 66 Sometimes 67 Sometimes	Only with close people No, it's difficult Yes, always Only with close people Only with close people No, it's difficult Only with close people No, it's difficult No, it's difficult No, it's difficult Yes, always	Through actions Through actions Through actions I keep them to myself I keep them to myself Through actions Through words Through words Through words Through words I keep them to myself I keep them to myself I keep them to myself	When I receive advice When someone listens without judging When someone listens without judging When I receive advice When I receive advice When someone listens without judging When I receive advice	Personal space and time Personal space and time Taking things out Physical presence (trugs, gestures) Physical presence (trugs, gestures) Physical presence (trugs, gestures) Personal space and time Physical presence (trugs, gestures) Taking things out Taking things out	Not finding the right words Not finding the right words Fear of judgment Fear of judgment Not finding the right words Fear of judgment Fear of judgment Not finding the right words Fear Fear of judgment Not finding the right words Fear of judgment	Anger Vulnerability Anger Anger Arger Vulnerability Vulnerability Vulnerability Vulnerability Vulnerability Sadness Sadness Anger Anger Anger	Very often Rarety Very often Rarety Rarety Rarety Rarety Rozeisy Rarety Very often Very often Occasionally Very often Very often Very often Very often	Avoid conflict altogether Take time before addressing them Take time before addressing them Avoid conflict altogether Avoid conflict altogether Avoid conflict altogether Avoid conflict altogether Take time before addressing them Avoid conflict altogether Take time before addressing them Avoid conflict altogether Take time before addressing them Avoid conflict altogether
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	28 Often 41 Rarely 45 Rarely 46 Often 48 Sometimes 48 Sometimes 48 Sometimes 48 Sometimes 49 Often 37 Rarely 48 Rarely 49 Often 50 Sometimes 50 Sometimes 50 Sometimes 50 Sometimes 50 Sometimes 50 Sometimes 50 Rarely 43 Rarely 43 Rarely 45 Rarely 59 Rarely 50 Rarely 50 Sometimes 52 Often 52 Often 52 Often 53 Sometimes 54 Often 55 Sometimes 54 Often 55 Sometimes 54 Often 55 Sometimes 55 Sometimes 56 Sometimes 57 Sometimes 57 Sometimes 57 Sometimes 57 Sometimes	Only with close people No, if a difficult Yes, always Only with close people Only with close people Only with close people Only with close people No, if a difficult No, if a difficult Yes, always No, if a difficult No, if a difficult Yes, always Yes, always Yes, always Yes, always Only with close people No, if a difficult Yes, always Yes, always Yes, always Yes, always Yes, always Only with close people Yes, always Yes, always Yes, always Only with close people Yes, always Yes, always Yes, always Only with close people No, if a difficult Yes, always Yes, always	Through actions Through actions Through actions I keep them to myself I keep them to myself I keep them to myself Through actions Through words Through words Through words Through words Through words Through words Through actions	When I receive advice When someone Islans without judging When someone Islans without judging When I receive advice When someone Islans without judging When I receive advice Uniting deep conversations Uniting deep conversations When I receive advice During deep conversations When I receive advice During deep conversations Uniting deep conversations When I receive advice During deep conversations Uniting deep conversations When I receive advice Uniting deep conversations Uniting deep c	Personal space and time Personal space and time Taking hings out Taking hings out Physical presence (hugs, gestures) Physical presence (hugs, gestures) Physical presence (hugs, gestures) Physical presence (hugs, gestures) Personal space and time Personal space and time Physical presence (hugs, gestures) Taking things out Physical presence (hugs, gestures) Taking things out	Not finding the right words Not finding the right words Fear of judgment Not finding the right words Fear of judgment Not finding the right words Fear of judgment I word finding the right words Fear of judgment I prefer to deal with emotions alone I prefer to deal with emotions alone I prefer to deal with emotions alone Fear of judgment Not finding the right words Fear of judgment Not finding the right words Fear of judgment Not finding the right words Not finding the right words I prefer to deal with emotions alone Fear of judgment Not finding the right words I prefer to deal with emotions alone Fear of judgment Not finding the right words I prefer to deal with emotions alone Fear of judgment Not finding the right words I prefer to deal with emotions alone Fear of judgment Not finding the right words I prefer to deal with emotions alone Fear of judgment Not finding the right words I prefer to deal with emotions alone Fear of judgment Not finding the right words I prefer to deal with emotions alone Not finding the right words	Anger Vulnerability Vulnerability Vulnerability Vulnerability Vulnerability Vulnerability Vulnerability Vulnerability Sariness Vulnerability Sariness Anger Anger Anger Anger Anger Anger Anger Anger Sariness Sariness Vulnerability	Very often Rarety Very often Rarety Rarety Rarety Rarety Rarety Rarety Rarety Rarety Rarety Very often Occasionally Very often Very often Very often Occasionally Rarety Very often Occasionally Very often Occasionally Very often Rarety Rarety Rarety Rarety Rarety Rarety Rarety Rarety Very often Occasionally Very often Rarety Very often Very often Rarety Very often Very often Very often Rarety Very often Very often Very often Rarety	Avoid confict atlogether Take time before addressing them Take time before addressing them Avoid confict atlogether Take time before addressing them Avoid confict atlogether Take time before addressing them Avoid confict atlogether Take times do an immediately Take time before addressing them Avoid confict atlogether Take times do timediately Take time before addressing them Avoid confict atlogether Take times do timediately Take time before addressing them Take times do timediately Take times do times do times t
	26 Often 41 Rarely 45 Rarely 46 Often 49 Often 49 Sometimes 65 Sometimes 65 Sometimes 65 Sometimes 65 Sometimes 67 Sometimes 68 Sometimes 69 Sometimes 69 Sometimes 77 Rarely 60 Cometimes 78 Rarely 60 Sometimes 78 Rarely 61 Sometimes 61 Rarely 62 Sometimes 63 Rarely 64 Sometimes 64 Sometimes 65 Sometimes 65 Sometimes 66 Sometimes 67 Sometimes 68 Sometimes 68 Sometimes 68 Sometimes 68 Cometimes	Only with close people No. I's difficult Yee, always Only with close people Only with close people Only with close people Only with close people No. I's difficult Yee, always Only with close people No. I's difficult Only with close people No. I's difficult Yee, always Only with close people No. I's difficult Yee, always Only with close people No. I's difficult Yee, always Only with close people No. I's difficult Yee, always Only with close people No. I's difficult Yee, always Only with close people No. I's difficult Yee, always Only with close people No. I's difficult Yee, always Only with close people No. I's difficult Yee, always Only with close people No. I's difficult Yee, always	Through actions Through actions Through actions I keep them to myself I keep them to myself I keep them to myself Through words Through words Through words Through words I keep them to myself Through words I keep them to myself Through actions Through words	When I receive advice When someone islans without judging When someone islans without judging When someone islans without judging When I receive advice United I receive advice When I receive advice United Responsersations United Responsersations When I receive advice United Responsersations Unit	Personal space and time Personal space and time Taking things out Taking things out Physical presence (hugs, gestures) Taking things out Physical presence (hugs, gestures) Taking things out Physical presence (hugs, gestures) Taking things out Taking things out Taking things out Taking things out Physical presence (hugs, gestures) Taking things out Taking things out Taking things out Physical presence (hugs, gestures) Taking things out Physical presence (hugs, gestures) Taking things out Personal space and time Personal space and time Personal space and time Physical presence (hugs, gestures)	Not finding the right words Not finding the right words Fear of judgment Fear of judgment Not finding the right words Fear of judgment Not finding the right words Fear of judgment Fear of judgment I prefer to deal with emotions alone Not finding the right words	Anger Vulnerability Anger Anger Anger Vulnerability Vulnerability Vulnerability Sadness Vulnerability Sadness Vulnerability Sadness Anger Anger Anger Anger Anger Anger Anger Anger Sadness Vulnerability Vulnerability Anger	Very often Rarety Very often Rarety Rarety Rarety Rarety Rarety Rarety Cocasionally Very often Very often Cocasionally Very often Cocasionally Very often Cocasionally Very often Very often Cocasionally Rarety Rarety Rarety Rarety Rarety Very often Cocasionally Very often Rarety Very often Very often Rarety Rarety Very often Rarety Rarety Very often Rarety Rarety Rarety Cocasionally Cocasionally Cocasionally Cocasionally	Avoid conflict atlogether Take time before addressing them Avoid conflict atlogether Take time before addressing them Avoid conflict adoppther Take time before addressing them Avoid conflict atlogether Take time before addressing them Avoid conflict atlogether Take time out immediately Take time before addressing them Avoid conflict atlogether Take time out immediately Take time before addressing them Avoid conflict atlogether Take time out immediately Take time before addressing them Take time out immediately Take time before addressing them Take time out immediately Take time before addressing them Take time before addressing them Take time out immediately Take time before addressing them Take time before addressin

4	29 Sometimes	Only with close people	Through words	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Anger	Occasionally	Avoid conflict altogether
4	46 Sometimes	Yes, always	I keep them to myself	When someone listens without judging			Sadness	Occasionally	Take time before addressing them
	46 Sometimes 45 Rarely	Yes, always Only with close people	I keep them to myself		Talking things out	Not finding the right words I prefer to deal with emotions alone	Vulnerability		Talk things out immediately
				During deep conversations	Physical presence (hugs, gestures)			Very often	
	56 Sometimes	Yes, always	I keep them to myself	During deep conversations	Talking things out	I prefer to deal with emotions alone	Sadness	Very often	Avoid conflict altogether
	57 Sometimes	Yes, always	Through actions	When someone listens without judging	Talking things out	Fear of judgment	Vulnerability	Occasionally	Talk things out immediately
	25 Often	Yes, always	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Anger	Rarely	Take time before addressing them
	64 Often	Yes, always	I keep them to myself	During deep conversations	Personal space and time	Not finding the right words	Sadness	Rarely	Take time before addressing them
	22 Often	Yes, always	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Very often	Avoid conflict altogether
	18 Sometimes	No, it's difficult	I keep them to myself	When someone listens without judging	Personal space and time	Not finding the right words	Vulnerability	Occasionally	Talk things out immediately
	48 Sometimes	Only with close people	Through actions	When someone listens without judging	Talking things out	Not finding the right words	Sadness	Occasionally	Talk things out immediately
	18 Rarely	No, it's difficult	I keep them to myself	When someone listens without judging	Talking things out	Fear of judgment	Vulnerability	Rarely	Take time before addressing them
	34 Often	Only with close people	Through actions	When I receive advice	Personal space and time	Fear of judgment	Vulnerability	Rarely	Talk things out immediately
	30 Often	Yes, always	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Very often	Talk things out immediately
	39 Often	No. it's difficult	Through actions	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Anger	Very often	Talk things out immediately
	35 Often	Yes, always	I keep them to myself	When someone listens without judging	Talking things out	Fear of judgment	Sadness	Occasionally	Take time before addressing them
	28 Sometimes	Only with close people	Through actions	When someone listens without judging	Personal space and time	Not finding the right words	Vulnerability	Rarely	Avoid conflict altogether
4	48 Rarely	Only with close people	Through words	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Anger	Very often	Talk things out immediately
4	40 Rarely	Yes, always	Through actions	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Rarely	Talk things out immediately
	56 Sometimes	No. it's difficult	Through actions	When I receive advice	Personal space and time	Fear of judgment	Anger	Occasionally	Talk things out immediately
	23 Often	Only with close people	I keep them to myself	During deep conversations	Personal space and time	Not finding the right words	Sadness	Occasionally	Talk things out immediately
	31 Sometimes	No, it's difficult				I prefer to deal with emotions alone			
			Through actions	When someone listens without judging	Physical presence (hugs, gestures)		Anger	Occasionally	Take time before addressing them
	36 Sometimes	Yes, always	I keep them to myself	When I receive advice	Talking things out	Fear of judgment	Sadness	Occasionally	Talk things out immediately
2	20 Sometimes	No, it's difficult	I keep them to myself	During deep conversations	Talking things out	Not finding the right words	Sadness	Occasionally	Take time before addressing them
	22 Sometimes	No, it's difficult	Through words	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	43 Sometimes	No it's difficult	I keep them to myself	During deep conversations	Talking things out	Fear of judgment	Anger	Occasionally	Talk things out immediately
	37 Often	,	I keep them to myself				Sadness	Occasionally	Take time before addressing them
	37 Offen 44 Sometimes	Yes, always Yes, always	Through actions	When I receive advice	Talking things out Physical presence (hugs, gestures)	Fear of judgment Fear of judgment		Occasionally	Avoid conflict altogether
							Anger		
	40 Rarely	Yes, always	Through actions	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Occasionally	Take time before addressing them
	37 Sometimes	Yes, always	I keep them to myself	When I receive advice	Personal space and time	Fear of judgment	Sadness	Very often	Avoid conflict altogether
	56 Rarely	Only with close people	I keep them to myself	When I receive advice	Talking things out	Not finding the right words	Anger	Occasionally	Take time before addressing them
	60 Often	Yes, always	Through actions	When I receive advice	Talking things out	Fear of judgment	Sadness	Very often	Take time before addressing them
	45 Often	No, it's difficult	Through words	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Sadness	Occasionally	Take time before addressing them
	27 Rarely	No, it's difficult	I keep them to myself	When someone listens without judging		Fear of judgment	Vulnerability		Take time before addressing them
					Talking things out			Very often	
	31 Rarely	Yes, always	Through actions	During deep conversations	Personal space and time	Not finding the right words	Anger	Rarely	Avoid conflict altogether
:	38 Sometimes	Only with close people	Through actions	When I receive advice	Talking things out	Not finding the right words	Sadness	Rarely	Take time before addressing them
	46 Sometimes	Yes, always	Through actions	When I receive advice	Talking things out	Not finding the right words	Anger	Very often	Avoid conflict altogether
	64 Sometimes	No, it's difficult	I keep them to myself	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Sadness	Occasionally	Take time before addressing them
	48 Rarely	No. it's difficult	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Very often	Take time before addressing them
	31 Sometimes	No, it's difficult	Through words	During deep conversations		I prefer to deal with emotions alone	Vulnerability	Rarely	Avoid conflict altogether
					Physical presence (hugs, gestures)				
	31 Rarely	No, it's difficult	Through actions	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Vulnerability	Very often	Talk things out immediately
	34 Often	No, it's difficult	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Take time before addressing them
	61 Sometimes	Yes, always	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Anger	Occasionally	Avoid conflict altogether
	30 Often	No, it's difficult	Through actions	During deep conversations	Personal space and time	Not finding the right words	Vulnerability	Very often	Take time before addressing them
	35 Rarely	No, it's difficult	I keep them to myself	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Sadness	Occasionally	Take time before addressing them
	42 Rarely	Only with close people	Through actions	When someone listens without judging	Personal space and time	Fear of judgment	Vulnerability	Rarely	Avoid conflict altogether
	44 Sometimes	Only with close people	I keep them to myself	When someone listens without judging	Talking things out	Not finding the right words	Anger	Rarely	Take time before addressing them
	61 Sometimes	Yes, always	Through actions	When I receive advice	Talking things out	I prefer to deal with emotions alone	Vulnerability	Rarely	Avoid conflict altogether
	26 Often	Only with close people	I keep them to myself	When someone listens without judging	Talking things out	Not finding the right words	Anger	Very often	Avoid conflict altogether
	28 Often	No, it's difficult	Through actions	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Very often	Avoid conflict altogether
	37 Often	Only with close people	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Anger	Rarely	Talk things out immediately
	33 Rarely	Only with close people	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Occasionally	Talk things out immediately
	58 Rarely	Yes, always	Through words	When I receive advice	Personal space and time		Vulnerability	Very often	Talk things out immediately
						Fear of judgment			
	34 Often	Yes, always	I keep them to myself	When someone listens without judging	Talking things out	Fear of judgment	Anger	Rarely	Take time before addressing them
	51 Often	No, it's difficult	Through actions	When someone listens without judging	Personal space and time		Sadness	Occasionally	Take time before addressing them
	58 Sometimes					I prefer to deal with emotions alone	Sagness	Occasionally	
	45 Often	Only with close people	Through words	When I receive advice	Personal space and time	Not finding the right words		Rarely	Take time before addressing them
				When I receive advice When I receive advice		Not finding the right words	Anger	Rarely	
		No, it's difficult	Through actions	When I receive advice	Talking things out	Not finding the right words I prefer to deal with emotions alone	Anger Anger	Rarely Very often	Talk things out immediately
	26 Often	No, it's difficult Only with close people	Through actions I keep them to myself	When I receive advice During deep conversations	Talking things out Personal space and time	Not finding the right words I prefer to deal with emotions alone Not finding the right words	Anger Anger Sadness	Rarely Very often Rarely	Talk things out immediately Take time before addressing them
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	53 Sometimes	Yes, always	Through actions	When someone listens without judging	Personal space and time	Not finding the right words	Anger	Occasionally	Take time before addressing them
	60 Often	Only with close people	I keep them to myself	During deep conversations	Personal space and time	Fear of judgment	Vulnerability	Occasionally	Talk things out immediately
	41 Sometimes	Yes, always	Through words	During deep conversations	Personal space and time	Not finding the right words	Vulnerability	Occasionally	Talk things out immediately
						Not finding the right words			
	30 Sometimes	Only with close people	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Anger	Very often	Talk things out immediately
3	32 Often	Only with close people	Through words	During deep conversations	Talking things out	Fear of judgment	Anger	Rarely	Talk things out immediately
4	45 Rarely	Yes, always	Through words	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Very often	Talk things out immediately
	26 Rarely	No, it's difficult	I keep them to myself	When I receive advice	Talking things out	I prefer to deal with emotions alone	Sadness	Very often	Talk things out immediately
	54 Often	Yes, always	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Rarely	Avoid conflict altogether
	32 Sometimes	Only with close people	Through actions	When I receive advice	Talking things out	I prefer to deal with emotions alone	Vulnerability	Rarely	Take time before addressing them
	26 Sometimes	Only with close people	Through actions	When I receive advice	Personal space and time	Not finding the right words	Vulnerability	Rarely	Avoid conflict altogether
	23 Often	No, it's difficult	I keep them to myself	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Vulnerability	Occasionally	Talk things out immediately
	24 Often	No, it's difficult	I keep them to myself	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	52 Sometimes	Yes, always	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Rarely	Avoid conflict altogether
	57 Sometimes	Only with close people	Through actions	When someone listens without judging	Talking things out	Not finding the right words	Vulnerability	Very often	Take time before addressing them
	59 Sometimes	Only with close people	Through actions	When I receive advice	Personal space and time	Not finding the right words		Occasionally	Avoid conflict altogether
							Anger		
	50 Rarely	Only with close people	Through words	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Occasionally	Talk things out immediately
	37 Often	Yes, always	Through words	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	32 Sometimes	No, it's difficult	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Anger	Occasionally	Talk things out immediately
	19 Sometimes	Yes, always	Through actions	During deep conversations	Talking things out	I prefer to deal with emotions alone	Sadness	Rarely	Talk things out immediately
	48 Often	Yes, always	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	23 Rarely	Only with close people	I keep them to myself	During deep conversations	Talking things out	Not finding the right words	Sadness	Occasionally	Take time before addressing them
	57 Sometimes	Only with close people	Through words	During deep conversations	Talking things out	Not finding the right words	Anger	Occasionally	Talk things out immediately
	19 Often	Only with close people	I keep them to myself	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Anger	Very often	Talk things out immediately
	30 Rarely	No, it's difficult	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Very often	Avoid conflict altogether
	21 Rarely	Only with close people	Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Sadness	Occasionally	Take time before addressing them
	20 Sometimes	Yes, always	I keep them to myself	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Anger	Very often	Take time before addressing them
	26 Sometimes	Only with close neonle	Through actions	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Rarely	Take time before addressing them
	26 Sometimes 21 Sometimes	and managed baseline							Avoid conflict altogether
		Yes, always	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Very often	
	53 Often	Only with close people	Through actions	When I receive advice	Personal space and time	Not finding the right words	Vulnerability	Very often	Talk things out immediately
	60 Sometimes	No, it's difficult	Through actions	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Take time before addressing them
	65 Sometimes	Yes, always	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Anger	Occasionally	Talk things out immediately
	21 Sometimes	Yes, always	Through actions	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Sadness	Rarely	Take time before addressing them
	37 Sometimes	Only with close people	I keep them to myself	During deep conversations	Talking things out	I prefer to deal with emotions alone	Sadness	Rarely	Avoid conflict altogether
	46 Often	Only with close people	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Occasionally	Talk things out immediately
	58 Often	Only with close people	Through actions	When I receive advice	Talking things out	Fear of judgment	Anger	Very often	Take time before addressing them
	34 Often	Yes, always	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Anger	Rarely	Avoid conflict altogether
	37 Rarely	No, it's difficult	Through words	When someone listens without judging	Talking things out	Not finding the right words	Anger	Very often	Avoid conflict altogether
	47 Sometimes	Only with close people	Through actions	When I receive advice	Talking things out	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	62 Often	Only with close people	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Occasionally	Take time before addressing them
	36 Often	Only with close people	I keep them to myself	When someone listens without judging	Talking things out	Not finding the right words	Vulnerability	Occasionally	Take time before addressing them
	57 Rarely	Only with close people	Through words	When I receive advice	Talking things out	I prefer to deal with emotions alone	Sadness	Rarely	Talk things out immediately
	25 Rarely	Yes, always	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Occasionally	Take time before addressing them
4	47 Sometimes	Yes, always	I keep them to myself	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Vulnerability	Occasionally	Talk things out immediately
	54 Rarely	Yes, always	Through actions	During deep conversations	Personal space and time	Fear of judgment	Sadness	Very often	Talk things out immediately
	43 Often	No, it's difficult	Through actions	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Sadness	Very often	Avoid conflict altogether
	36 Often	No. it's difficult	I keep them to myself	During deep conversations			Vulnerability	Occasionally	Avoid conflict altogether
					Physical presence (hugs, gestures)	Not finding the right words			
	30 Often	No, it's difficult	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Very often	Avoid conflict altogether
	64 Sometimes	Yes, always	Through actions	When I receive advice	Talking things out	Fear of judgment	Vulnerability	Rarely	Avoid conflict altogether
	53 Rarely	Yes, always	I keep them to myself	When someone listens without judging	Talking things out	Not finding the right words	Sadness	Very often	Talk things out immediately
	47 Sometimes	Only with close people	Through words	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Rarely	Take time before addressing them
	64 Often	Only with close people	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Rarely	Talk things out immediately
	27 Sometimes	Yes, always	I keep them to myself	When someone listens without judging	Talking things out	Not finding the right words	Anger	Rarely	Avoid conflict altogether
	32 Sometimes	Yes, always	Through words	When I receive advice	Physical presence (hugs, gestures)		Sadness	Very often	Take time before addressing them
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	39 Rarely	Only with close people	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Talk things out immediately
	20 Rarely	No, it's difficult	Through words	When someone listens without judging	Personal space and time	Fear of judgment	Anger	Occasionally	Talk things out immediately
	36 Often	No, it's difficult	I keep them to myself	During deep conversations	Personal space and time	Not finding the right words	Sadness	Occasionally	Take time before addressing them
	37 Sometimes	Yes, always	Through actions	When someone listens without judging	Personal space and time	Not finding the right words	Anger	Rarely	Take time before addressing them
	64 Often	No. it's difficult	Through actions	During deep conversations	Personal space and time	Fear of judgment	Sadness	Rarely	Take time before addressing them
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		Only with close people	I keep them to myself	When I receive advice	Talking things out			Occasionally	Take time before addressing them
	49 Rarely	Yes, always				Fear of judgment	Anger		
	48 Rarely		I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Very often	Avoid conflict altogether
	49 Often	Yes, always		When someone listens without judging	Physical presence (hugs, gestures) Physical presence (hugs, gestures)	Not finding the right words	Sadness Anger	Very often Very often	
4		Yes, always Only with close people	I keep them to myself		Physical presence (hugs, gestures) Physical presence (hugs, gestures) Talking things out		Sadness		Avoid conflict altogether Talk things out immediately Take time before addressing them
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	33 Rarely	Yes, always	I keep them to myself	During deep conversations	Personal space and time	Not finding the right words	Vulnerability	Very often	Talk things out immediately
	51 Rarely	Only with close people	Through actions	During deep conversations	Personal space and time	Not finding the right words	Vulnerability	Rarely	Avoid conflict altogether
	42 Often		I keep them to myself	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Vulnerability	Occasionally	Avoid conflict altogether Avoid conflict altogether
	43 Sometimes	No, it's difficult	Through words	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Sadness	Occasionally	Talk things out immediately
	50 Rarely	Only with close people	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Talk things out immediately
	47 Sometimes	Only with close people	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Very often	Talk things out immediately
	65 Rarely		Through words	When I receive advice	Physical presence (hugs, gestures)		Anger	Occasionally	Take time before addressing them
	65 Sometimes		Through actions	When I receive advice	Talking things out		Sadness	Very often	Talk things out immediately
	55 Often								
			I keep them to myself	When someone listens without judging	Talking things out		Anger	Rarely	Take time before addressing them
	43 Sometimes		Through words	When I receive advice	Talking things out		Vulnerability	Occasionally	Avoid conflict altogether
	20 Often	No, it's difficult	I keep them to myself	During deep conversations	Talking things out	Not finding the right words	Anger	Rarely	Talk things out immediately
-	51 Often	Only with close people	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Rarely	Avoid conflict altogether
	46 Rarely	Yes, always	Through actions	When someone listens without judging	Talking things out		Sadness	Very often	Take time before addressing them
	48 Often		Through words	When I receive advice	Personal space and time	Not finding the right words	Sadness	Very often	Take time before addressing them
	30 Rarely		Through words	During deep conversations	Physical presence (hugs, gestures)		Anger	Very often	Take time before addressing them
	57 Sometimes		I keep them to myself	When someone listens without judging	Talking things out		Anger	Very often	Talk things out immediately
	57 Sometimes	No, it's difficult	Through words	When I receive advice	Personal space and time	Not finding the right words	Vulnerability	Occasionally	Avoid conflict altogether
	33 Sometimes	Only with close people	Through actions	When I receive advice	Personal space and time	Not finding the right words	Anger	Occasionally	Avoid conflict altogether
-	32 Sometimes	No. it's difficult	I keep them to myself	During deep conversations	Talking things out		Anger	Occasionally	Avoid conflict altogether
	48 Sometimes		Through words	When someone listens without judging	Physical presence (hugs, gestures)		Vulnerability	Rarely	Take time before addressing them
	49 Rarely								
			I keep them to myself	When I receive advice	Physical presence (hugs, gestures)		Vulnerability	Very often	Talk things out immediately
	21 Rarely		Through actions	When someone listens without judging	Personal space and time		Sadness	Occasionally	Take time before addressing them
	26 Rarely	Yes, always	Through words	When someone listens without judging	Personal space and time	Not finding the right words	Sadness	Very often	Talk things out immediately
	34 Often	No, it's difficult	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Rarely	Talk things out immediately
	61 Rarely		Through words	During deep conversations	Physical presence (hugs, gestures)		Sadness	Rarely	Avoid conflict altogether
	25 Often						Sadness	Occasionally	Talk things out immediately
	25 Often		Through actions Through actions	When someone listens without judging When I receive advice	Physical presence (hugs, gestures) Personal space and time		Sadness	Occasionally	Avoid conflict altogether
	36 Often		Through actions	During deep conversations	Physical presence (hugs, gestures)		Sadness	Occasionally	Avoid conflict altogether
	37 Rarely		Through actions	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Anger	Rarely	Take time before addressing them
	34 Rarely	Only with close people	Through actions	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Occasionally	Avoid conflict altogether
	48 Sometimes		I keep them to myself	When I receive advice	Talking things out		Anger	Occasionally	Take time before addressing them
	26 Rarely		Through words	When I receive advice	Personal space and time		Anger	Rarely	Talk things out immediately
	26 Often		There are a series	When I receive advice	Personal space and time Personal space and time	I prefer to deal with emotions alone	Vulnerability	Rarely	Avoid conflict altogether
			Through words						
	49 Rarely		I keep them to myself	When I receive advice	Personal space and time		Sadness	Occasionally	Take time before addressing them
	45 Often		Through actions	During deep conversations	Talking things out	Not finding the right words	Vulnerability	Rarely	Take time before addressing them
	51 Rarely	No, it's difficult	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)		Anger	Very often	Talk things out immediately
	31 Sometimes		Through actions	When someone listens without judging	Personal space and time		Vulnerability	Rarely	Talk things out immediately
	58 Sometimes		Through words	When I receive advice	Talking things out		Sadness	Rarely	Take time before addressing them
	63 Often		I keep them to myself	During deep conversations	Personal space and time		Sadness	Occasionally	Take time before addressing them
	49 Rarely		I keep them to myself	When I receive advice	Physical presence (hugs, gestures)		Sadness	Very often	Take time before addressing them
	40 Rarely		Through actions	When I receive advice	Physical presence (hugs, gestures)		Sadness	Very often	Avoid conflict altogether
	33 Sometimes	Only with close people	I keep them to myself	When I receive advice	Talking things out	Not finding the right words	Anger	Occasionally	Talk things out immediately
	34 Often	Only with close people	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Rarely	Talk things out immediately
	60 Often		I keep them to myself	When I receive advice	Physical presence (hugs, gestures)		Sadness	Occasionally	Avoid conflict altogether
	40 Rarely		I keep them to myself	When I receive advice			Vulnerability	Occasionally	Take time before addressing them
					Talking things out	Fear of judgment			
	36 Rarely		I keep them to myself	During deep conversations	Personal space and time		Anger	Rarely	Talk things out immediately
	31 Sometimes		Through actions	During deep conversations	Personal space and time	Fear of judgment	Vulnerability	Rarely	Take time before addressing them
	49 Sometimes	Yes, always	Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	57 Sometimes	Only with close people	Through actions	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Talk things out immediately
	31 Sometimes		I keep them to myself	During deep conversations	Personal space and time		Anger	Occasionally	Avoid conflict altogether
	49 Sometimes		Through words	During deep conversations	Physical presence (hugs, gestures)		Vulnerability	Rarely	Take time before addressing them
	53 Often		Through actions	When someone listens without judging	Physical presence (hugs, gestures)		Vulnerability	Rarely	Take time before addressing them
	49 Rarely		Through actions	When I receive advice	Personal space and time		Vulnerability	Occasionally	Take time before addressing them
	49 Sometimes	Only with close people	I keep them to myself	During deep conversations	Talking things out	Not finding the right words	Vulnerability	Rarely	Take time before addressing them
	60 Rarely	No. it's difficult	Through words	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Very often	Talk things out immediately
	53 Often	No, it's difficult	I keep them to myself	When someone listens without judging	Talking things out	Not finding the right words	Vulnerability	Very often	Avoid conflict altogether
	28 Rarely		Through actions	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Sadness	Rarely	Talk things out immediately
	33 Often							Occasionally	
			Through words	When someone listens without judging	Physical presence (hugs, gestures)		Sadness		Take time before addressing them
	23 Rarely		I keep them to myself	When I receive advice	Personal space and time		Vulnerability	Rarely	Take time before addressing them
	44 Rarely		I keep them to myself	When someone listens without judging	Talking things out		Sadness	Occasionally	Avoid conflict altogether
	18 Sometimes	Only with close people	Through words	During deep conversations	Talking things out	I prefer to deal with emotions alone	Anger	Occasionally	Take time before addressing them
	62 Often		Through words	During deep conversations	Personal space and time		Anger	Very often	Talk things out immediately
	30 Often		I keep them to myself	When someone listens without judging	Talking things out		Vulnerability		Avoid conflict altogether
								Rarely	
	55 Rarely		I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)		Anger	Rarely	Talk things out immediately
	43 Sometimes		Through words	During deep conversations	Personal space and time		Vulnerability	Rarely	Take time before addressing them
	42 Rarely		I keep them to myself	During deep conversations	Talking things out		Anger	Occasionally	Talk things out immediately
	61 Sometimes	No, it's difficult	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Rarely	Avoid conflict altogether
	20 Often	Only with close people	I keep them to myself	When I receive advice	Talking things out	Fear of judgment	Vulnerability	Occasionally	Avoid conflict altogether
	26 Rarely	No, it's difficult	Through words	During deep conversations	Talking things out	I prefer to deal with emotions alone	Sadness	Rarely	Talk things out immediately
	51 Rarely		Through actions	When someone listens without judging	Physical presence (hugs, gestures)		Sadness	Very often	Talk things out immediately
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8 8 3	37 Rarely 36 Rarely	Only with close people No, it's difficult	I keep them to myself	During deep conversations	Personal space and time	Fear of judgment	Sadness		
8 8 3	37 Rarely	Only with close people No, it's difficult			Personal space and time			Very often	Take time before addressing them
8 8 3	37 Rarely 36 Rarely	Only with close people No, it's difficult Only with close people	I keep them to myself	During deep conversations During deep conversations	Personal space and time Physical presence (hugs, gestures)	Fear of judgment I prefer to deal with emotions alone	Sadness Sadness		
8 8 3 3	37 Rarely 36 Rarely 29 Rarely 64 Often	Only with close people No, it's difficult Only with close people No, it's difficult	I keep them to myself I keep them to myself I keep them to myself	During deep conversations During deep conversations When someone listens without judging	Personal space and time Physical presence (hugs, gestures) Talking things out	Fear of judgment I prefer to deal with emotions alone Not finding the right words	Sadness Sadness Anger	Very often Occasionally	Take time before addressing them Take time before addressing them
8 3 3 2 6	37 Rarely 38 Rarely 29 Rarely 64 Often 52 Sometimes	Only with close people No, it's difficult Only with close people No, it's difficult Only with close people	I keep them to myself	During deep conversations During deep conversations When someone listens without judging When I receive advice	Personal space and time Physical presence (hugs, gestures) Talking things out Physical presence (hugs, gestures)	Fear of judgment I prefer to deal with emotions alone Not finding the right words Not finding the right words	Sadness Sadness Anger Sadness	Very often Occasionally Occasionally	Take time before addressing them Take time before addressing them Avoid conflict altogether
8 3 3 6 8	37 Rarely 36 Rarely 29 Rarely 64 Often 52 Sometimes 27 Sometimes	Only with close people No, I's difficuit Only with close people No, I's difficuit Only with close people Only with close people Only with close people	I keep them to myself Through words	During deep conversations During deep conversations When someone listens without judging When I receive advice When I receive advice	Personal space and time Physical presence (hugs, gestures) Talking things out Physical presence (hugs, gestures) Physical presence (hugs, gestures)	Fear of judgment I prefer to deal with emotions alone Not finding the right words Not finding the right words Fear of judgment	Sadness Sadness Anger Sadness Sadness	Very often Occasionally Occasionally Very often	Take time before addressing them Take time before addressing them Avoid conflict altogether Avoid conflict altogether
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8 8 3 3 4 8 8	37 Rarely 36 Rarely 36 Rarely 46 Often 46 Often 22 Sometimes 27 Sometimes 36 Sometimes 57 Often	Only with close people No, it's difficult Only with close people No, it's difficult Only with close people Only with close people Only with close people No, it's difficult Yes, always	I keep them to myself Through words Through words Through words	During deep conversations During deep conversations When someone listens without judging When I receive advice When I receive advice Unting deep conversations During deep conversations	Personal space and time Physical presence (hugs, gestures) Talking things out Physical presence (hugs, gestures) Physical presence (hugs, gestures)	Fear of judgment I prefer to deal with emotions alone Not finding the right words Not finding the right words Fear of judgment Not finding the right words Not finding the right words Not finding the right words	Sadness Sadness Anger Sadness Sadness	Very often Occasionally Occasionally Very often	Take time before addressing them Take time before addressing them Avoid conflict altogether Avoid conflict altogether Take time before addressing them Avoid conflict altogether
8 8 3 3 4 8 8	37 Rarely 38 Rarely 29 Rarely 40 Othen 52 Sometimes 27 Sometimes 27 Sometimes 38 Sometimes	Only with close people No, it's difficult Only with close people No, it's difficult Only with close people Only with close people Only with close people No, it's difficult Yes, always	I keep them to myself I keep them to myself I keep them to myself Through words Through actions	During deep conversations During deep conversations When someone listens without judging When I receive advice When I receive advice During deep conversations	Personal space and time Physical presence (hugs, gestures) Taking things out Physical presence (hugs, gestures) Physical presence (hugs, gestures) Personal space and time	Fear of judgment I prefer to deal with emotions alone Not finding the right words Not finding the right words Fear of judgment Not finding the right words Not finding the right words Not finding the right words	Sadness Sadness Anger Sadness Sadness Sadness Sadness	Very often Occasionally Occasionally Very often Occasionally	Take time before addressing them Take time before addressing them Avoid conflict altogether Avoid conflict altogether Take time before addressing them
2 2 3 6 5 5	37 Rarely 36 Rarely 36 Rarely 46 Often 46 Often 22 Sometimes 27 Sometimes 36 Sometimes 57 Often	Only with close people No. It's difficult Only with close people No. It's difficult Only with close people Only with close people Only with close people Only with close people No. It's difficult Yes, always No. It's difficult	I keep them to myself Through words Through words Through words	During deep conversations During deep conversations When someone listens without judging When I receive advice When I receive advice Unting deep conversations During deep conversations	Personal space and time Physical presence (hugs, gestures) Taking things out Physical presence (hugs, gestures) Physical presence (hugs, gestures) Personal space and time Physical presence (hugs, gestures)	Fear of Judgment I prefer to deal with emotions alone Not finding the right words Not finding the right words Fear of Judgment Not finding the right words	Sadness Sadness Anger Sadness Sadness Sadness Sadness Anger Anger	Very often Occasionally Occasionally Very often Occasionally Occasionally Occasionally	Take time before addressing them Take time before addressing them Avoid conflict altogether Avoid conflict altogether Take time before addressing them Avoid conflict altogether
2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	37 Rarely 56 Rarely 29 Rarely 40 August 19 Rarely 40 Othen 51 Sometimes 77 Sometimes 57 Othen 38 Othen 34 Sometimes	Only with close people No. Irs difficult Only with close people No. Irs difficult Only with close people Only with close people Only with close people Only with close people No. Irs difficult Yee, always No. Irs difficult Only with close people	I keep them to myself Through words Through words Through words Through actions Through actions Through actions	During deep conversations During deep conversations When someone listens without judging When I receive advice When I receive without judging During deep conversations During deep conversations When someone listens without judging When I receive advice	Personal space and time Physical presence (hugs, gestures) Taking things out (hugs, gestures) Physical presence (hugs, gestures) Personal space and time Physical presence (hugs, gestures) Physical presence (hugs, gestures) Physical presence (hugs, gestures)	Fear of Judgment Jorden to seal with emotions alone Not finding the right words Not finding the right words Fear of Judgment Not finding the right words Fear of Judgment	Sadness Sadness Anger Sadness Sadness Sadness Anger Anger Anger Anger	Very often Occasionally Occasionally Very often Occasionally Occasionally Very often Rareby	Take time before addressing them Take time before addressing them Avoid conflict altogether Avoid conflict attogether Take time before addressing them Avoid conflict attogether Take time before addressing them Avoid conflict altogether Avoid conflict altogether
6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6	37 Rarely 58 Rarely 29 Rarely 46 Othen 52 Sometimes 27 Sometimes 57 Othen 58 Othen 58 Othen 38 Othen 34 Sometimes	Only with close people No. It's difficult Only with close people No. It's difficult Only with close people Only with close people Only with close people No. It's difficult Yes, always No. It's difficult Only with close people Only with close people Yes, ways	I keep them to myself Through actions Through actions Through actions Through actions Through actions I through actions I through actions I through actions	During deep conversations During deep conversations When someone islants without judging When I receive advice When I receive advice During deep conversations During deep conversations When someone islants without judging When I receive advice When someone islants without judging	Personal space and time Physical presence (flugs, gestures) Taking things out Physical presence (flugs, gestures) Physical presence (flugs, gestures) Personal space and time Physical presence (flugs, gestures) Taking things out Taking things out	Fear of Judgment I prefer to deal with emotions alone Not finding the right words Not finding the right words Fear of Judgment Not finding the right words Fear of Judgment Not finding the right words	Sadness Sadness Anger Sadness Sadness Sadness Sadness Anger Anger Anger Anger Sadness	Very often Occasionally Occasionally Very often Occasionally Occasionally Occasionally Very often Rarely Occasionally Occasionally	Take time before addressing them Take time before addressing them Avoid conflict attogether Avoid conflict attogether Avoid conflict attogether Take time before addressing them Avoid conflict attogether Take time before addressing them Avoid conflict attogether Avoid conflict attogether Avoid conflict attogether
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8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	37 Rarely 38 Rarely 29 Rarely 46 Othen 52 Sometimes 27 Sometimes 57 Othen 38 Othen 38 Othen 34 Sometimes 44 Othen 52 Rarely 44 Othen	Only with close people No, Ir's difficult Only with close people No, Ir's difficult Only with close people No, Ir's difficult Yes, always No, Ir's difficult Only with close people No, Ir's difficult Yes, always Yes, always Yes, always	I keep them to myself Through actions Through actions Through actions Through actions Through actions I keep them to myself I keep them to myself I keep them to myself Through actions	During deep conversations When someone islates without judging When Inceive advice When Inceive advice Uning deep conversations During deep conversations Uning deep conversations When someone islates without judging When someone listens without judging When someone listens without judging When someone listens without judging Uning deep conversations	Personal space and time Physical presence (trugs, gestures) Taking thrings out Physical presence (trugs, gestures) Physical presence (trugs, gestures) Personal space and time Physical presence (trugs, gestures) Physical presence (trugs, gestures) Taking things out Personal space and time Taking things out Physical presence (trugs, gestures)	Fear of Judgment I prefer to deal with emotions alone Not finding the right words Not finding the right words Not finding the right words Fear of Judgment Not finding the right words Not finding the right words Not finding the right words Fear of Judgment Not finding the right words Fear of Judgment Not finding the right words Fear of Judgment Not finding the right words	Sadness Sadness Anger Sadness Sadness Sadness Sadness Anger Anger Anger Anger Sadness Sadness Sadness Sadness Sadness	Very often Occasionally Occasionally Very often Occasionally Very often Occasionally Very often Rarely Occasionally Occasionally Occasionally Occasionally	Take time before addressing them Take time before addressing them Avoid conflict altogether Avoid conflict altogether Avoid conflict altogether Take time before addressing them
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	37 Rarely 38 Rarely 29 Rarely 46 Othen 52 Sometimes 27 Sometimes 57 Othen 38 Othen 38 Othen 34 Sometimes 44 Othen 52 Rarely 44 Othen	Only with close people No. It's difficult Yes, always No. It's difficult Only with close people Yes, always Yes, always Yes, ways Yes, ways	I keep them to myself Through actions Through actions Through actions Through actions Through actions I keep them to myself I keep them to myself I keep them to myself Through actions	During deep conversations When someone islates without judging When Inceive advice When Inceive advice Uning deep conversations During deep conversations Uning deep conversations When someone islates without judging When someone listens without judging When someone listens without judging When someone listens without judging Uning deep conversations	Personal space and time Physical presence (trugs, gestures) Taking thrings out Physical presence (trugs, gestures) Physical presence (trugs, gestures) Personal space and time Physical presence (trugs, gestures) Physical presence (trugs, gestures) Taking things out Personal space and time Taking things out Physical presence (trugs, gestures)	Fear of Judgment Jereler to seal with emotions alone Not finding the right words Fear of Judgment Not finding the right words Fear of Judgment Not finding the right words I prefer to seal with emotions alone	Sadness Sadness Anger Sadness Sadness Sadness Sadness Anger Anger Anger Anger Sadness Sadness Sadness Sadness Sadness	Very often Occasionally Occasionally Very often Occasionally Very often Occasionally Very often Rarely Occasionally Occasionally Occasionally Occasionally	Take time before addressing them Take time before addressing them Avoid conflict altogether Avoid conflict altogether Avoid conflict altogether Take time before addressing them
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11	9 Often	Yes, always	Through words	When someone listens without judging	Personal space and time	Fear of judgment	Anger	Desert.	Talk things out immediately
5								Rately	
	9 Rarely	No, it's difficult	Through actions	When I receive advice	Personal space and time	Not finding the right words	Sadness	Occasionally	Avoid conflict altogether
4	1 Often	Only with close people	Through actions	When I receive advice	Personal space and time	Fear of judgment	Sadness	Occasionally	Take time before addressing them
	1 Often	No, it's difficult	I keep them to myself	When someone listens without judging	Talking things out	Fear of judgment	Sadness	Very often	Talk things out immediately
4	8 Sometimes	Only with close people	Through actions	When someone listens without judging	Talking things out	Fear of judgment	Anger	Rarely	Avoid conflict altogether
	7 Rarely	Only with close people	Through words	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Anger	Occasionally	Avoid conflict altogether
	6 Sometimes	Only with close people Only with close people	I keep them to myself	During deep conversations	Personal space and time Personal space and time	I prefer to deal with emotions alone	Vulnerability	Occasionally	Talk things out immediately
	0 Rarely	Yes, always	I keep them to myself	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Anger	Very often	Talk things out immediately
	1 Sometimes	Yes, always	I keep them to myself	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Anger	Very often	Take time before addressing them
5	7 Often	Only with close people	Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Sadness	Very often	Talk things out immediately
3	7 Often	Yes, always	Through words	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Rarely	Talk things out immediately
6	2 Rarely	Yes, always	Through actions	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Vulnerability	Very often	Take time before addressing them
	8 Sometimes	Only with close people		During deep conversations		Fear of judgment	Vulnerability		Avoid conflict altogether
			Through words		Talking things out	Fear of judgment		Rarely	Avoid conflict altogether
	0 Sometimes	Yes, always	I keep them to myself	When I receive advice	Personal space and time	Fear of judgment	Vulnerability	Very often	Talk things out immediately
	5 Rarely	Only with close people	Through words	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Anger	Very often	Talk things out immediately
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3:	5 Sometimes	No, it's difficult	Through actions	When someone listens without judging	Personal space and time	Not finding the right words	Vulnerability	Rarely	Avoid conflict altogether
6	2 Often	Only with close people	I keep them to myself	When I receive advice	Personal space and time	Fear of judgment	Sadness	Very often	Talk things out immediately
	7 Sometimes	Only with close people	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Rarely	Talk things out immediately
	0 Sometimes			when someone listens without judging	Priysical presence (nugs, gestures)				Talk triings out immediately
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5	6 Sometimes	Only with close people	Through actions	During deep conversations	Personal space and time	Not finding the right words	Anger	Occasionally	Talk things out immediately
4	6 Often	Yes, always	Through actions	When someone listens without judging	Talking things out	Not finding the right words	Sadness	Very often	Take time before addressing them
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	9 Often	Only with close people	Through words	When I receive advice	Talking things out	Fear of judgment	Vulnerability	Rarely	Avoid conflict altogether
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		No, it's difficult	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Anger	Very often	Take time before addressing them
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	3 Rarely	Only with close people	I keep them to myself	When someone listens without judging	Talking things out	Fear of judgment	Vulnerability	Occasionally	Avoid conflict altogether
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2	5 Rarely	Yes, always	Through actions	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Very often	Take time before addressing them
	1 Rarely	No. it's difficult	Through actions	During deep conversations	Talking things out	I prefer to deal with emotions alone	Sadness	Occasionally	Take time before addressing them
	4 Rarely	No, it's difficult	Through words	When I receive advice	Personal space and time	Fear of judgment	Anger	Rarely	Talk things out immediately
	5 Often	No, it's difficult	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Very often	Talk things out immediately
	1 Sometimes	No, it's difficult	Through actions	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Avoid conflict altogether
2	7 Sometimes	Yes, always	I keep them to myself	When I receive advice	Personal space and time	Fear of judgment	Anger	Rarely	Take time before addressing them
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	5 Sometimes	No, it's difficult	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Rarely	Avoid conflict altogether
	8 Sometimes	Only with close people	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Avoid conflict altogether
	8 Sometimes	No, it's difficult	Through words	When someone listens without judging	Personal space and time	Fear of judgment	Anger	Occasionally	Take time before addressing them
3	6 Rarely	Only with close people	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Avoid conflict altogether
4:	3 Rarely	Only with close people	Through words	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Rarely	Avoid conflict altogether
5	2 Often	No. it's difficult	Through actions	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Anger	Occasionally	Talk things out immediately
4	8 Often	Only with close people	Through words	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Anger	Occasionally	Avoid conflict altogether
	3 Often	Only with close people							
			Through actions	When I receive advice	Personal space and time	Fear of judgment	Sadness	Rarely	Talk things out immediately
	7 Rarely	No, it's difficult	Through words	When someone listens without judging	Talking things out	Not finding the right words	Anger	Occasionally	Avoid conflict altogether
1	8 Rarely	Yes, always	I keep them to myself	During deep conversations	Talking things out	I prefer to deal with emotions alone	Anger	Rarely	Take time before addressing them
2	1 Sometimes	Yes, always	Through actions	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Occasionally	Talk things out immediately
5-	4 Sometimes	Only with close people	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Very often	Avoid conflict altogether
5	1 Sometimes	Yes, always	Through words	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Anger	Rarely	Talk things out immediately
	O Offen	Yes, always	Through actions	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone		Rarely	Avoid conflict altogether
	7 Rarely	Only with close people	Through words	When I receive advice	Talking things out	Not finding the right words	Anger Sariness	Occasionally	Take time before addressing them
	3 Rarely	No, it's difficult	Through words	When I receive advice	Personal space and time	Not finding the right words	Anger	Very often	Take time before addressing them
11	9 Sometimes	Yes, always	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Very often	Talk things out immediately
2	5 Often	Yes, always	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)		Sadness	Rarely	Avoid conflict altogether
6	1 Often	Yes, always	Through actions	During deep conversations		I prefer to deal with emotions alone			
	7 Sometimes	No. it's difficult			Personal snace and time			Rarely	Avoid conflict altogether
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3		Only with close people	Through actions Through actions	When I receive advice During deep conversations	Physical presence (hugs, gestures) Talking things out	I prefer to deal with emotions alone Fear of judgment Fear of judgment	Anger Vulnerability Vulnerability	Very often Rarely	Talk things out immediately Take time before addressing them
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1:			I keep them to myself	During deep conversations	Talking things out	Fear of judgment	Vulnerability	Very often	Take time before addressing them
3	39 Rarely	Yes, always							
		No, it's difficult	I keep them to myself	During deep conversations	Talking things out	Not finding the right words	Vulnerability	Occasionally	Take time before addressing them
	36 Sometimes	No, it's difficult	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Very often	Avoid conflict altogether
	53 Sometimes	Yes, always	Through words	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Sadness	Very often	Talk things out immediately
3:	35 Sometimes	Yes, always	Through words	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Anger	Rarely	Take time before addressing them
3:	35 Often	No. it's difficult	Through words	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Occasionally	Talk things out immediately
	33 Sometimes	Only with close people	Through actions	When someone listens without judging	Physical presence (hugs, gestures) Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Rarely	Talk things out immediately
		No. it's difficult	I keep them to myself	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Sadness	Very often	Avoid conflict altogether
		No, it's difficult	Through words	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	28 Often	Yes, always	Through words	During deep conversations	Talking things out	I prefer to deal with emotions alone	Vulnerability	Rarely	Avoid conflict altogether
4	15 Sometimes	Only with close people	Through words	During deep conversations	Talking things out	I prefer to deal with emotions alone	Anger	Rarely	Talk things out immediately
4	11 Sometimes	Only with close people	Through words	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Rarely	Avoid conflict altogether
	32 Sometimes	Yes, always	Through actions	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Rarely	Avoid conflict altogether
		No. it's difficult					Sadness	Occasionally	
			I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment			Avoid conflict altogether
	S5 Rarely	No, it's difficult	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Occasionally	Talk things out immediately
	24 Rarely	No, it's difficult	Through words	During deep conversations	Talking things out	Not finding the right words	Vulnerability	Rarely	Talk things out immediately
5	51 Sometimes	Only with close people	Through words	When someone listens without judging	Talking things out	Fear of judgment	Sadness	Occasionally	Take time before addressing them
4	11 Sometimes	Yes, always	Through actions	When I receive advice	Personal space and time	Fear of judgment	Sadness	Occasionally	Take time before addressing them
		Only with close people	Through words	During deep conversations	Talking things out	Fear of judgment	Vulnerability	Very often	Avoid conflict altogether
		No, it's difficult	Through actions	When I receive advice	Personal space and time	Not finding the right words	Vulnerability	Rarely	Take time before addressing them
		Only with close people	Through words	During deep conversations	Talking things out	Fear of judgment	Sadness	Occasionally	Talk things out immediately
2	27 Sometimes	Only with close people	I keep them to myself	When someone listens without judging	Personal space and time	Fear of judgment	Sadness	Very often	Take time before addressing them
2	20 Often	Only with close people	Through actions	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Rarely	Take time before addressing them
6	34 Sometimes	Only with close people	I keen them to myself	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sariness	Rarely	Talk things out immediately
	35 Offen	Yes, always	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Anger	Very often	Avoid conflict altogether
	38 Rarely			When I receive advice					Avoid conflict altogether
		Yes, always	Through words		Personal space and time	I prefer to deal with emotions alone	Anger	Rarely	Avoid conflict altogether
		Only with close people	I keep them to myself	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Sadness	Rarely	Avoid conflict altogether
		Only with close people	Through words	When someone listens without judging	Talking things out	Fear of judgment	Sadness	Rarely	Take time before addressing them
2		Only with close people	Through words	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Sadness	Rarely	Talk things out immediately
2	28 Often	No, it's difficult	Through words	When someone listens without judging	Talking things out	Not finding the right words	Vulnerability	Rarely	Avoid conflict altogether
		Only with close people	I keep them to myself	When I receive advice	Talking things out	I prefer to deal with emotions alone	Sadness	Very often	Take time before addressing them
		Only with close people Only with close people	I keep them to myself	When I receive advice	Talking things out	Not finding the right words	Sadness	Occasionally	Avoid conflict altogether
	17 Sometimes	Yes, always	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Rarely	Talk things out immediately
		No, it's difficult	Through words	When someone listens without judging	Personal space and time	Not finding the right words	Sadness	Very often	Take time before addressing them
5	53 Often	Only with close people	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Occasionally	Take time before addressing them
11	19 Sometimes	Only with close people	I keep them to myself	During deep conversations	Talking things out	I prefer to deal with emotions alone	Anger	Occasionally	Avoid conflict altogether
		No, it's difficult	Through actions	When I receive advice	Personal space and time	Not finding the right words	Anger	Occasionally	Take time before addressing them
		No. it's difficult	I keep them to myself	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Vulnerability	Occasionally	Take time before addressing them
	38 Often	Yes, always	I keep them to myself	When someone listens without judging	Talking things out	Fear of judgment	Anger	Rarely	Talk things out immediately
	14 Often	Yes, always	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Very often	Avoid conflict altogether
		No, it's difficult	Through words	When I receive advice	Talking things out	Not finding the right words	Vulnerability	Rarely	Take time before addressing them
5	53 Often	Only with close people	I keep them to myself	When I receive advice	Personal space and time	Fear of judgment	Vulnerability	Occasionally	Talk things out immediately
	12 Sometimes	Only with close people	Through actions	When someone listens without judging	Talking things out	Not finding the right words	Vulnerability	Occasionally	Take time before addressing them
	33 Sometimes	Yes, always	Through actions	When someone listens without judging	Personal space and time	Fear of judgment	Vulnerability	Occasionally	Take time before addressing them
	57 Sometimes	Yes, always	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Very often	Avoid conflict altogether
		Only with close people	Through actions	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Talk things out immediately
	57 Sometimes	Yes, always	Through words	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Sadness	Very often	Take time before addressing them
21	29 Sometimes	Yes, always	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Occasionally	Avoid conflict altogether
21	29 Sometimes	No, it's difficult	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Very often	Talk things out immediately
		Only with close people	Through words	When I receive advice	Talking things out	I prefer to deal with emotions alone	Vulnerability	Very often	Talk things out immediately
	27 Rarely								Talk things out immediately
		Yes, always	Through words	When someone listens without judging	Personal space and time	Fear of judgment	Vulnerability	Occasionally	
	26 Often	Yes, always	Through words	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Very often	Avoid conflict altogether
3-	34 Sometimes	No, it's difficult	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Rarely	Take time before addressing them
4	14 Rarely	Yes, always	Through actions	When I receive advice	Talking things out	Not finding the right words	Anger	Very often	Talk things out immediately
6	33 Rarely	Yes, always	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sariness	Occasionally	Avoid conflict altogether
21	76 Sometimes	Only with close people	Through actions	When someone listens without judging	Personal space and time	Fear of judgment	Anger	Rarely	Take time before addressing them
		Only with close people	I keep them to myself	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Sadness	Occasionally	Talk things out immediately
						Not finding the right words	Sadness	Occasionally	
		No, it's difficult	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)				Talk things out immediately Avoid conflict altogether
3	38 Sometimes					Not fillding the right words			
	34 Sometimes	Yes, always	Through words	When someone listens without judging	Talking things out	Not finding the right words	Sadness	Occasionally	
3-		Yes, always No, it's difficult	Through words Through actions	When someone listens without judging When someone listens without judging	Talking things out	Not finding the right words Not finding the right words	Sadness Anger	Occasionally Rarely	Take time before addressing them
		No, it's difficult	Through actions	When someone listens without judging	Talking things out	Not finding the right words Not finding the right words	Anger	Rarely	Take time before addressing them
2	27 Sometimes	No, it's difficult Yes, always	Through actions Through actions	When someone listens without judging When I receive advice	Talking things out Personal space and time	Not finding the right words Not finding the right words I prefer to deal with emotions alone	Anger Sadness	Rarely Very often	Take time before addressing them Avoid conflict altogether
2	27 Sometimes 13 Rarely	No, it's difficult Yes, always No, it's difficult	Through actions Through actions Through words	When someone listens without judging When I receive advice When someone listens without judging	Talking things out Personal space and time Personal space and time	Not finding the right words Not finding the right words I prefer to deal with emotions alone I prefer to deal with emotions alone	Anger Sadness Anger	Rarely Very often Occasionally	Take time before addressing them Avoid conflict altogether Avoid conflict altogether
2'	27 Sometimes 13 Rarely 26 Sometimes	No, it's difficult Yes, always No, it's difficult No, it's difficult	Through actions Through actions Through words Through words Through actions	When someone listens without judging When I receive advice When someone listens without judging When someone listens without judging	Talking things out Personal space and time Personal space and time Physical presence (hugs, gestures)	Not finding the right words Not finding the right words I prefer to deal with emotions alone I prefer to deal with emotions alone I prefer to deal with emotions alone	Anger Sadness Anger Vulnerability	Rarely Very often Occasionally Very often	Take time before addressing them Avoid conflict altogether Avoid conflict altogether Talk things out immediately
2 4 2 5	Sometimes Rarely Sometimes Often	No, it's difficult Yes, always No, it's difficult No, it's difficult Only with close people	Through actions Through actions Through words Through actions I keep them to myself	When someone listens without judging When I receive advice When someone listens without judging When someone listens without judging During deep conversations	Talking things out Personal space and time Personal space and time Physical presence (hugs, gestures) Physical presence (hugs, gestures)	Not finding the right words Not finding the right words I prefer to deal with emotions alone	Anger Sadness Anger Vulnerability Anger	Rarely Very often Occasionally Very often Very often	Take time before addressing them Avoid conflict altogether Avoid conflict altogether Talk things out immediately Avoid conflict altogether
2 4 2 5 5	27 Sometimes 13 Rarely 26 Sometimes 37 Often 12 Rarely	No, it's difficult Yes, always No, it's difficult No, it's difficult On, it's difficult On, it's difficult On, it's difficult No, it's difficult	Through actions Through actions Through words Through actions I keep them to myself Through words	When someone listens without judging When I receive advice When someone listens without judging When someone listens without judging During deep conversations When I receive advice	Talking things out Personal space and time Personal space and time Physical presence (hugs, gestures) Physical presence (hugs, gestures) Physical presence (hugs, gestures)	Not finding the right words Not finding the right words I prefer to deal with emotions alone Fear of Judgment	Anger Sadness Anger Vulnerability Anger Anger	Rarely Very often Occasionally Very often Very often Very otten Very otten	Take time before addressing them Avoid conflict altogether Avoid conflict altogether Talk things out immediately Avoid conflict altogether Take time before addressing them
2' 4: 2: 5: 5:	27 Sometimes 13 Rarely 68 Sometimes 57 Often 52 Rarely 33 Often	No, it's difficult Yes, always No, it's difficult No, it's difficult Only with close people No, it's difficult Yes, always	Through actions Through actions Through words Through actions I keep them to myself Through words I keep them to myself	When someone listens without judging When I receive advice When someone listens without judging When someone listens without judging During deep conversations When I receive advice When someone listens without judging	Talking things out Personal space and time Personal space and time Physical presence (hugs, gestures) Physical presence (hugs, gestures) Physical presence (hugs, gestures) Talking things out	Not finding the right words Not finding the right words I prefer to deal with emotions alone	Anger Sadness Anger Vulnerability Anger Anger	Rarely Very often Occasionally Very often Very often Very often Very often Very often	Take time before addressing them Avoid conflict altogether Avoid conflict altogether Talk things out immediately Avoid conflict altogether Take time before addressing them Talk things out immediately
2' 4: 2: 5 5: 3: 6	27 Sometimes 37 Sometimes 75 Often 26 Sometimes 77 Often 22 Rarefy 33 Often 11 Rarefy	No, it's difficult Yes, always No, it's difficult No, it's difficult On, it's difficult On, it's difficult On, it's difficult No, it's difficult	Through actions Through actions Through words Through actions I keep them to myself Through words	When someone listens without judging When I receive advice When someone listens without judging When someone listens without judging During deep conversations When I receive advice	Talking things out Personal space and time Personal space and time Physical presence (hugs, gestures) Physical presence (hugs, gestures) Physical presence (hugs, gestures)	Not finding the right words Not finding the right words I prefer to deal with emotions alone Fear of Judgment	Anger Sadness Anger Vulnerability Anger Anger	Rarely Very often Occasionally Very often Very often Very otten Very otten	Take time before addressing them Avoid conflict altogether Avoid conflict altogether Talk things out immediately Avoid conflict altogether Take time before addressing them
2' 4: 2: 5 5: 3: 6	27 Sometimes 31 Rarely 16 Sometimes 77 Often 52 Rarely 33 Often 11 Rarely	No, it's difficult Yes, always No, it's difficult No, it's difficult Only with close people No, it's difficult Yes, always	Through actions Through actions Through words Through actions I keep them to myself Through words I keep them to myself	When someone listens without judging When I receive advice When someone listens without judging When someone listens without judging During deep conversations When I receive advice When someone listens without judging	Talking things out Personal space and time Personal space and time Physical presence (hugs, gestures) Physical presence (hugs, gestures) Physical presence (hugs, gestures) Talking things out	Not finding the right words Not finding the right words I prefer to deal with emotions alone	Anger Sadness Anger Vulnerability Anger Anger	Rarely Very often Occasionally Very often Very often Very often Very often Very often	Take time before addressing them Avoid conflict altogether Avoid conflict altogether Talk things out immediately Avoid conflict altogether Take time before addressing them Talk things out immediately
2' 4' 2' 5 5 3 6	77 Sometimes 37 Rarely 58 Cometimes 57 Often 52 Rarely 33 Often 11 Rarely 77 Rarely	No, it's difficult Yes, always No, it's difficult No, it's difficult Only with close people No, it's difficult Yes, always Only with close people Only with close people	Through actions Through words Through words Through actions I keep them to myself Through words I keep them to myself I keep them to myself I keep them to myself	When someone listens without judging When I receive advice When someone listens without judging When someone listens without judging When someone listens without judging During deep conversations When I receive advice When someone listens without judging When I receive advice	Taking things out Personal space and time Personal space and time Physical presence (flugs, gestures) Physical presence (flugs, gestures) Physical presence (flugs, gestures) Taking things out Taking things out	Not finding the right words Not finding the right words I prefer to deal with emotions alone Fear of pullagment I prefer to deal with emotions alone Fear of pullagment	Anger Sadness Anger Vulnerability Anger Anger Anger Anger Anger Sadness	Rarely Very often Occasionally Very often Very often Very often Very often Very often Rarely	Take time before addressing them Avoid conflict altogether Avoid conflict altogether Talk things out immediately Avoid conflict altogether Take time before addressing them Talk things out immediately Avoid conflict altogether Avoid conflict altogether
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	36 Sometimes	Only with close people	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Parely	Avoid conflict altogether
	24 Rarely	No, it's difficult	Through actions	During deep conversations	Talking things out	Fear of judgment	Sadness	Very often	Talk things out immediately
	29 Often	Yes, always	Through actions	When someone listens without judging	Personal space and time	Net field as the debt weeds		Occasionally	Talk things out ininediately
			Through words			Not finding the right words	Anger		Talk things out immediately
	59 Sometimes	No, it's difficult	Through actions	When someone listens without judging	Talking things out	Not finding the right words	Vulnerability	Occasionally	Take time before addressing them
	55 Sometimes	Yes, always	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Rarely	Avoid conflict altogether
4	43 Often	No, it's difficult	Through words	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Rarely	Talk things out immediately
	55 Sometimes	Only with close people	I keep them to myself	When I receive advice	Talking things out	Fear of judgment	Vulnerability	Occasionally	Avoid conflict altogether
	25 Often	Yes, always	Through words	When I receive advice	Personal space and time	Fear of judgment	Anger	Occasionally	Talk things out immediately
	51 Often	Yes, always	Through actions	When someone listens without judging	Personal space and time	Not finding the right words	Vulnerability	Occasionally	Avoid conflict altogether
	22 Rarely	Yes, always	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Occasionally	Avoid conflict altogether
	43 Often	Yes, always	Through actions	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Anger	Rarely	Take time before addressing them
	30 Rarely	Only with close people	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Occasionally	Take time before addressing them
4	47 Sometimes	Only with close people	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Avoid conflict altogether
	57 Often	Only with close people	Through words	During deep conversations	Personal space and time	Not finding the right words	Sadness	Rarely	Avoid conflict altogether
	44 Sometimes	Only with close people	Through words	When someone listens without judging	Personal space and time	Fear of judgment	Vulnerability	Occasionally	Talk things out immediately
	43 Sometimes	No, it's difficult		When I receive advice	Personal space and time	real of judgitient	Sadness	Very often	Talk things out immediately
			Through words			Fear of judgment			
	57 Sometimes	Yes, always	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Anger	Very often	Take time before addressing them
	65 Sometimes	Yes, always	I keep them to myself	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Anger	Rarely	Talk things out immediately
	48 Often	No, it's difficult	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Rarely	Talk things out immediately
	25 Rarely	No, it's difficult	Through words	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Very often	Take time before addressing them
	25 Rarely	Only with close people	Through actions	When I receive advice	Talking things out	Not finding the right words	Sadness	Very often	Take time before addressing them
	42 Sometimes	Yes, always	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	35 Sometimes	Yes, always	Through words	During deep conversations	Talking things out	Fear of judgment	Vulnerability	Very often	Avoid conflict altogether
	52 Rarely	Yes, always	Through words	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Very often	Avoid conflict altogether
	43 Often	Yes, always	Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Sadness	Rarely	Talk things out immediately
	25 Often	No. it's difficult	Through words	When someone listens without judging	Talking things out	Not finding the right words	Anger	Occasionally	Take time before addressing them
	30 Rarely	No, it's difficult	Through words	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Anger	Occasionally	Talk things out immediately
	29 Rarely	Only with close people	I keep them to myself	When someone listens without judging	Personal space and time	Fear of judgment	Vulnerability	Occasionally	Take time before addressing them
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	65 Rarely	No, it's difficult	Through words	During deep conversations	Talking things out	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
	63 Often	Yes, always	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Very often	Talk things out immediately
	64 Often	No, it's difficult	I keep them to myself	When someone listens without judging	Personal space and time	Not finding the right words	Sadness	Very often	Talk things out immediately
	64 Often	Only with close people	Through words	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Anger	Rarely	Talk things out immediately
	40 Rarely	No. it's difficult	Through words	During deep conversations	Personal space and time	Fear of judgment	Anger	Very often	Take time before addressing them
	25 Often	Yes, always	Through actions	During deep conversations	Personal space and time	I prefer to deal with emotions alone			Avoid conflict altogether
							Anger	Rarely	
	24 Often	Yes, always	Through actions	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Very often	Take time before addressing them
	24 Often	Yes, always	Through actions	When someone listens without judging	Talking things out	Not finding the right words	Anger	Occasionally	Avoid conflict altogether
	54 Rarely	Yes, always	Through actions	During deep conversations	Talking things out	Not finding the right words	Anger	Very often	Talk things out immediately
	30 Sometimes	Yes, always	Through words	During deep conversations	Personal space and time	Fear of judgment	Anger	Rarely	Avoid conflict altogether
	25 Rarely	Yes, always	Through actions	When I receive advice	Personal space and time	Not finding the right words	Sadness	Very often	Avoid conflict altogether
	31 Rarely	Yes always	I keen them to myself	During deep conversations	Personal space and time	Not finding the right words		Rarely	Talk things out immediately
	31 Rarely 19 Often	Yes, always Only with close people				I prefer to deal with emotions alone	Anger	Rarely	
			Through actions	During deep conversations	Physical presence (hugs, gestures)		Anger		Talk things out immediately
	29 Often	No, it's difficult	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Anger	Rarely	Take time before addressing them
:	32 Rarely	Yes, always	Through words	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Sadness	Occasionally	Talk things out immediately
	59 Rarely	No, it's difficult	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Occasionally	Avoid conflict altogether
	63 Sometimes	No, it's difficult	Through actions	When I receive advice	Talking things out	Not finding the right words	Sadness	Very often	Talk things out immediately
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	46 Often	Only with close people	Through words	When someone listens without judging	Personal space and time	Fear of judgment	Anger	Occasionally	Talk things out immediately
	57 Often	No, it's difficult	Through actions	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Occasionally	Take time before addressing them
	46 Rarely	Yes, always	Through actions	During deep conversations	Talking things out	Not finding the right words	Anger	Rarely	Avoid conflict altogether
	50 Often	Yes, always	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Rarely	Talk things out immediately
	31 Often	Yes, always	Through words	During deep conversations	Personal space and time	Fear of judgment	Vulnerability	Occasionally	Avoid conflict altogether
	37 Rarely	Yes, always	Through words	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Talk things out immediately
	47 Sometimes	No. it's difficult	I keep them to myself	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Anger	Occasionally	Talk things out immediately
	47 Sometimes	Only with close people	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Not finding the right words	Anger	Very often	Take time before addressing them
	35 Sometimes	Only with close people	Through actions	When I receive advice	Personal space and time	Not finding the right words	Vulnerability	Very often	Avoid conflict altogether
	60 Sometimes	No, it's difficult	Through actions	During deep conversations	Talking things out	Not finding the right words	Vulnerability	Occasionally	Take time before addressing them
	30 Sometimes	Only with close people	Through words	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Sadness	Occasionally	Take time before addressing them
	45 Rarely	Only with close people	Through actions	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Anger	Very often	Talk things out immediately
	47 Often	No. it's difficult	Through words	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Very often	Take time before addressing them
	26 Often	No, it's difficult	Through words	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Sadness	Very often	Talk things out immediately
	45 Sometimes	No, it's difficult	Through actions	During deep conversations	Talking things out	Not finding the right words	Anger	Occasionally	Talk things out immediately
	58 Often	Only with close people	Through actions	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Anger	Very often	Avoid conflict altogether
4	42 Rarely	Only with close people	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Very often	Avoid conflict altogether
	26 Rarely	Yes, always	Through actions	When someone listens without judging	Personal space and time	Not finding the right words	Vulnerability	Occasionally	Avoid conflict altogether
	63 Rarely	Yes, always	Through words	When I receive advice	Talking things out	Not finding the right words	Anger	Very often	Talk things out immediately
	35 Sometimes	Yes, arways No, it's difficult	Through words	During deep conversations				Very often Very often	
	35 Sometimes 35 Often						Vulnerability		
	30 Ulleti				Talking things out	I prefer to deal with emotions alone	Vulnerability		Avoid conflict altogether
		Only with close people	Through actions	During deep conversations	Personal space and time	I prefer to deal with emotions alone Not finding the right words	Anger	Very often	Talk things out immediately
	51 Often	Only with close people No, it's difficult	Through actions I keep them to myself	During deep conversations When I receive advice	Personal space and time Physical presence (hugs, gestures)	I prefer to deal with emotions alone Not finding the right words Fear of judgment	Anger Anger	Very often Occasionally	Talk things out immediately Talk things out immediately
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8	52 Sometimes 42 Rarely	Only with close people No, it's difficult No, it's difficult Yes, always	Through actions I keep them to myself I keep them to myself Through actions	During deep conversations When I receive advice When I receive advice When someone listens without judging	Personal space and time Physical presence (hugs, gestures) Personal space and time Physical presence (hugs, gestures)	I prefer to deal with emotions alone Not finding the right words Fear of judgment I prefer to deal with emotions alone I prefer to deal with emotions alone	Anger Anger Anger Sadness	Very often Occasionally	Talk things out immediately Talk things out immediately Talk things out immediately Talk things out immediately Take time before addressing them
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6 6 4	52 Sometimes 42 Rarely	Only with close people No, it's difficult No, it's difficult Yes, always Only with close people	Through actions I keep them to myself I keep them to myself Through actions I keep them to myself	During deep conversations When I receive advice When I receive advice When someone listens without judging When someone listens without judging	Personal space and time Physical presence (hugs, gestures) Personal space and time Physical presence (hugs, gestures) Physical presence (hugs, gestures)	I prefer to deal with emotions alone Not finding the right words Fear of Judgment I prefer to deal with emotions alone	Anger Anger Anger Sadness Sadness	Very often Occasionally Rarely Very often Rarely	Talk things out immediately Talk things out immediately Talk things out immediately Talk things out immediately Take time before addressing them Avoid conflict altogether
8 8 4 4	52 Sometimes 42 Rarely 46 Often 24 Sometimes	Only with close people No, i'rs difficult Yes, always Only with close people Yes, always	Through actions I keep them to myself I keep them to myself Through actions I keep them to myself I keep them to myself	During deep conversations When I receive advice When I receive advice When I receive advice When someone listens without judging When someone listens without judging When someone listens without judging	Personal space and time Physical presence (hugs, gestures) Personal space and time Physical presence (hugs, gestures) Physical presence (hugs, gestures) Talking things out	I prefer to deal with emotions alone Not finding the right words Fear of judgment I prefer to deal with emotions alone I prefer to deal with emotions alone I prefer to deal with emotions alone Fear of judgment	Anger Anger Anger Sadness Sadness	Very often Occasionally Rarely Very often Rarely Very often	Talk things out immediately Talk things out immediately Talk things out immediately Take time before addressing them Avoid conflict altogether Take time before addressing them
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20 Often 44 Sometimes 51 Often								
	No, it's difficult	Through words	When I receive advice	Personal space and time	Fear of judgment	vuinerability	Rarely	Avoid conflict altogether
	Yes, always	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Rarely	Avoid conflict altogether
51 Often	No, it's difficult	Through words	When I receive advice	Personal space and time	Not finding the right words	Anger	Very often	Take time before addressing
63 Sometimes	Yes, always	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Occasionally	Avoid conflict altogether
63 Rarely	No, it's difficult	I keep them to myself	During deep conversations	Talking things out	I prefer to deal with emotions alone	Vulnerability	Occasionally	Take time before addressing
59 Often	No, it's difficult	Through actions	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Anger	Very often	Take time before addressing
57 Often	Yes, always	Through actions	When I receive advice	Talking things out	I prefer to deal with emotions alone	Sadness	Occasionally	Talk things out immediately
23 Sometimes	No, it's difficult	Through words	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Occasionally	Take time before addressing
21 Sometimes	Only with close people	Through words	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Very often	Take time before addressing
54 Often	Only with close people	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Anger	Occasionally	Talk things out immediately
62 Often	No it's difficult	Through words	During deep conversations	Personal space and time	I prefer to deal with emotions alone	Sadness	Rarely	Talk things out immediately
19 Often	Only with close people	Through actions	When someone listens without judging	Personal space and time	Not finding the right words	Vulnerability	Very often	Take time before addressing
22 Rarely	Only with close people	Through actions	When I receive advice	Talking things out	Fear of judgment	Vulnerability	Very often	Avoid conflict altogether
20 Sometimes	No, it's difficult	Through actions	During deep conversations	Talking things out	Not finding the right words	Anger	Very often	Avoid conflict altogether
61 Often	No, it's difficult	I keep them to myself	When someone listens without judging	Personal space and time	Fear of judgment	Anger	Very often	Take time before addressing
39 Sometimes	No, it's difficult	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Talk things out immediately
42 Sometimes	Yes, always	I keep them to myself	When someone listens without judging	Talking things out	Fear of judgment	Vulnerability	Occasionally	Avoid conflict altogether
49 Rarely	Yes, always	Through actions	When I receive advice	Personal space and time	Not finding the right words	Vulnerability	Very often	Talk things out immediately
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47 Often	Yes, always	Through actions				Vulnerability	Rarely	Avoid conflict altogether
			During deep conversations	Talking things out	Fear of judgment			
62 Often	No, it's difficult	I keep them to myself	When someone listens without judging	Personal space and time	Fear of judgment	Vulnerability	Very often	Talk things out immediately
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22 Sometimes	No, it's difficult	Through actions	When someone listens without judging	Talking things out	Fear of judgment	Vulnerability	Very often	Talk things out immediately
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46 Rarely	No, it's difficult	Through actions	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Vulnerability	Very often	Talk things out immediately
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64 Sometimes	Only with close people	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Very often	Talk things out immediately
65 Sometimes	Only with close people	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Very often	Take time before addressing
48 Sometimes	Only with close people	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Occasionally	Avoid conflict altogether
				Priysical presence (nugs, gestures)				
43 Sometimes	Yes, always	Through actions	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Very often	Take time before addressing
27 Rarely	Yes, always	I keep them to myself	During deep conversations	Talking things out	Not finding the right words	Anger	Rarely	Talk things out immediately
56 Rarely	No, it's difficult	Through words	During deep conversations	Personal space and time	Fear of judgment	Vulnerability	Very often	Talk things out immediately
41 Rarely	No. it's difficult	I keep them to myself	When I receive advice	Personal space and time	Not finding the right words	Sadness	Rarely	Talk things out immediately
47 Often	Yes, always	Through actions	When I receive advice	Talking things out	Fear of judgment	Sadness	Rarely	Talk things out immediately
45 Rarely	Only with close people	I keep them to myself	When someone listens without judging	Talking things out	Not finding the right words	Sadness	Rarely	Avoid conflict altogether
58 Sometimes				Talking tilligs out				
	No, it's difficult	Through actions	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Anger	Very often	Talk things out immediately
63 Sometimes	No, it's difficult	Through words	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Avoid conflict altogether
45 Rarely	Only with close people	Through words	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Rarely	Take time before addressing
40 Rarely	Yes, always	Through actions	During deep conversations	Talking things out	Fear of judgment	Vulnerability	Very often	Avoid conflict altogether
64 Often	No. it's difficult	Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Sadness	Rarely	Take time before addressing
62 Sometimes	No it's difficult	Through actions	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Very often	Take time before addressing
49 Sometimes	No, it's difficult	I keep them to myself	When I receive advice					Avoid conflict altogether
				Physical presence (hugs, gestures)	Not finding the right words	Anger	Rarely	
63 Sometimes	Yes, always	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Rarely	Talk things out immediately
28 Often	Yes, always	Through actions	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Anger	Occasionally	Take time before addressing
65 Rarely	Yes, always	Through words	When I receive advice	Personal space and time	Not finding the right words	Anger	Very often	Talk things out immediately
47 Often	No. it's difficult	Through words	When someone listens without judging	Personal space and time	Fear of judgment		Occasionally	
C4 Develo						Anger		Avoid conflict altogether
61 Rarely	Yes, always	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Occasionally	Avoid conflict altogether Talk things out immediately
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37 Often	Only with close people	I keep them to myself	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Occasionally	Take time before addressing the
52 Sometimes	Only with close people	I keep them to myself	When someone listens without judging	Talking things out	Fear of judgment	Sadness	Occasionally	Take time before addressing the
45 Sometimes	Only with close people	Through words	When someone listens without judging	Personal space and time	I prefer to deal with emotions alone	Sadness	Very often	Talk things out immediately
40 Sometimes	Only with close people	I keep them to myself	When I receive advice	Talking things out	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
49 Often	Yes, always	Through actions	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Anger	Very often	Take time before addressing the
23 Rarely	Yes, always	Through words	During deep conversations	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Occasionally	Talk things out immediately
24 Rarely	Yes, always	Through words	When someone listens without judging	Talking things out	Fear of judgment	Anger	Occasionally	Talk things out immediately
28 Sometimes	Only with close people	Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Sadness	Occasionally	Take time before addressing to
25 Often	No, it's difficult	Through actions	When someone listens without judging	Personal space and time	Not finding the right words	Anger	Occasionally	Take time before addressing t
26 Sometimes	Yes, always	Through words	When I receive advice	Personal space and time	Fear of judgment	Sadness	Very often	Avoid conflict altogether
33 Often	No, it's difficult	Through actions	When I receive advice	Talking things out	Not finding the right words	Vulnerability	Very often	Avoid conflict altogether
42 Rarely	No, it's difficult	Through words	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Sadness	Very often	Take time before addressing
29 Often	Only with close people	Through actions	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Rarely	Talk things out immediately
35 Sometimes	Yes, always	Through actions	When someone listens without judging	Talking things out	Fear of judgment	Vulnerability	Rarely	Avoid conflict altogether
45 Often	Only with close people	Through words	When someone listens without judging	Talking things out	Not finding the right words	Vulnerability	Occasionally	Avoid conflict altogether
21 Sometimes	Only with close people	Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Vulnerability	Very often	Take time before addressing
19 Rarely	Only with close people	Through words	When I receive advice	Personal space and time	Not finding the right words	Sadness	Occasionally	Take time before addressing
21 Sometimes	No, it's difficult	Through actions	When someone listens without judging	Personal space and time	Fear of judgment	Sadness	Very often	Avoid conflict altogether
46 Often	No, it's difficult	I keep them to myself	During deep conversations	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Rarely	Avoid conflict altogether
49 Sometimes	Only with close people	Through actions	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Sadness	Rarely	Take time before addressing
56 Rarely	Yes, always	Through actions	During deep conversations	Talking things out	Not finding the right words	Sadness	Rarely	Take time before addressing
53 Rarely	Yes, always	Through words	When I receive advice	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Rarely	Talk things out immediately
48 Sometimes	No, it's difficult	I keep them to myself	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Anger	Very often	Avoid conflict altogether
54 Rarely	Yes, always	Through actions	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Anger	Very often	Avoid conflict altogether
32 Sometimes	No, it's difficult	Through words	When someone listens without judging	Physical presence (hugs, gestures)	Fear of judgment	Vulnerability	Very often	Take time before addressing
42 Sometimes	Yes, always	I keep them to myself	When I receive advice	Personal space and time	Fear of judgment	Sadness	Rarely	Talk things out immediately
40 Rarely	Yes, always	Through words	When someone listens without judging	Talking things out	Not finding the right words	Anger	Occasionally	Talk things out immediately
40 Often	Yes, always	I keep them to myself	When someone listens without judging	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Sadness	Rarely	Avoid conflict altogether
32 Sometimes	Only with close people	Through words	When I receive advice	Talking things out	I prefer to deal with emotions alone	Anger	Very often	Talk things out immediately
31 Often	Yes, always	Through words	When I receive advice	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Anger	Occasionally	Take time before addressing
32 Rarely	No, it's difficult	Through actions	When I receive advice	Physical presence (hugs, gestures)	Not finding the right words	Vulnerability	Rarely	Take time before addressing
50 Rarely	No, it's difficult	Through words	During deep conversations	Talking things out	I prefer to deal with emotions alone	Vulnerability	Occasionally	Talk things out immediately
64 Often	No, it's difficult	Through words	When I receive advice	Personal space and time	I prefer to deal with emotions alone	Anger	Occasionally	Avoid conflict altogether
52 Rarely	Only with close people	Through actions	When someone listens without judging	Talking things out	I prefer to deal with emotions alone	Vulnerability	Occasionally	Talk things out immediately
34 Often	Only with close people	Through actions	When I receive advice	Talking things out	Not finding the right words	Anger	Rarely	Talk things out immediately
19 Often	Only with close people	Through words	When I receive advice	Talking things out	Not finding the right words	Anger	Very often	Talk things out immediately
65 Often	Yes, always	Through actions	During deep conversations	Physical presence (hugs, gestures)	I prefer to deal with emotions alone	Vulnerability	Very often	Take time before addressing
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26 Often	Yes, always	Through words	When someone listens without judging	Personal space and time	Not finding the right words	Vulnerability	Rarely	Take time before addressing