

Reflection      Name: \_\_\_Abishek chudal\_\_\_\_\_

Total

Points\_\_100\_\_

### 5 pts Questions

1. What did I do to prepare for this week?

Ans: I went through preparation file of this week which was on canvas.

2. What topics were studied this week, and what are their definitions?

Ans: This week we learned the different ways to be professional.

3. Summarize this week's scenario?

= In this fifth week, we learned how to be professional, received advice on professionalism, noted some pro and con points, and engaged in the enjoyable activity of stacking cups.

4. What did I learn from the study material?

Ans: I learned about importance of professionalism in workplace and teamwork and ways we can be professional.

5. What concept from this week are you uncertain of or would like to know more about?

Ans: I would love to know more about personality and professionalism.

6. What phase of your projects did you complete?

Ans: There was no such project this week, but we did stack the cup by using the item provided.

7. Why is this week's topic important?

Ans: This week is important because it teaches us about professionalism and how it benefits in teamwork.

8. Where did you put your assignments in GitHub?

= I put my assignment in my repository in the file name Technical-Teamwork-170.

9. What did you learn from your work on your project?

= There was no certain project in this week, but we did a class activity which teaches us that we can also use things that are around us to do something.

10. How did this week scenario relate to the week's topic?

Ans: = In this week's first day we learned about the professionalism that we should be in our daily life. In second day, we did some activity related to professionalism learned the tips to be professional which relate to the week's topic.

### # 10 pts Questions (30 points)

1. What would you do differently next week?

Ans: from this coming week I have decided to plan things differently. From onward I will focus on the action rather than argument. I will also reflect and try to improve from past experiences. I will be more openminded and will listen to my teammate also, I will cooperate with my teammate. I will try to build a strong relationship with my teammate as I want to win their trust so that I could lead my team to a project, for which I will need a good hearing skill, which I will enhance it in a coming week.

2. Write a SMART goal for next week?

Ans: Ans: For the coming week, I've listed a few Smart goals. To improve my skills, I'll enroll in a LinkedIn learning course. In order to save money for an emergency, I won't be going to shopping and eating out for a week. To make my mind active and healthy I'll go to bed early, get up early, and drink a lot of water. I'll spend 10 minutes each day in meditation and avoid social media.

3. What is the most significant take-a-way you have gained from your study this week?

Ans: This week, I learned a few new skills. After this week of classes, I'm trying to conduct myself professionally in order to perform well and make a greater contribution. I will try to be professional in each and every teamwork's assignment. I discovered how crucial it is to have certain professional skills for our jobs and projects.

### #20 marks question

1. Why is this week's topic important for teamwork?

Ans: This week's topic is very important for teamwork because it teaches us to be professional. We can achieve our teams' common goal if we work in team being professional. Learning skills to be professional will help to succeed in any career goal, After this week I decided myself to give some time so that I can learn such skills to get success in my field.

