Reflection 11	Name:	Abishek Chudal	Total
Points_100			

5 pts Questions (50 points)

1. What did I do to prepare for this week?

Ans: To prepare for this week I went through preparation section in CANVAS.

2. What concept from this week are you uncertain of our would like to know more about?

Ans: I would love to know more about Leadership skills.

3. What topics were studied this week, and what are their definitions?

Ans: We learned about Leadership skills.

4. What phase of your projects did you complete?

Ans: There was no project this week.

5. Summarize this week's scenario?

Ans: In this week we learned about leadership and important leadership skills.

6. What did I learn from the study material?

Ans: From the study material I learned about Leadership skills and about true leadership.

7. Where did you put your assignments in GitHub?

Ans: I put my assignment in my repository in the file name Technical Teamwork New.

8. What did I learn from the study material?

Ans: From the study material of this week about true leadership skills.

9. How did this week scenario relate to the week's topic?

Ans: In this week we learned to be a true leader while we have a project to have a project where leadership skills are needed

10. Why is this week's topic importance?

Ans: This week topic is very important because it teaches us about Leadership skills, practical leadership.

## # 10 pts Questions (30 points)

1. Write a SMART goal for next week?

Ans: I have made myself some SMART goal for next week. I'll try to put on some muscle so that I can spend more time working out. And in order to keep up with my studies, I'll cut back on my sleep time. I'll start meditating to keep my mind sharp and clear. I'll cut back on spending on things like groceries and game points. I'm going to try to drink more water. Additionally, I'll meet with my professors during class hours to improve how I study.

2. What is the most significant take-a-way you have gained from your study this week?

Ans: I have learned many important things from this week. After this week I have started to wake up early in the morning and started to make my own bed and clean my room. AS I have learned about self-disciplined in this week I am practicing self-discipline and also to have self-control in my life also I learned how to impact by myself in my team and out project. I started to take an online class for self-improvement and to for my career preparation.

3. What would you do differently next week?

For the coming week, I'll make some changes. When I get out of bed early in the morning, I'll start making my bed. For an hour before and after going to bed, I won't use my phone or other devices. I'll try to construct a solid a connection to people. I'll begin networking and visit all the job fairs. I'll keep my bedroom tidy. Additionally, I will think and learn from prior mistakes

## # 20 pts Question (20 points)

1. How do you plan on contributing to the teams, besides completing your tasks?

Ans: I will try to provide them adequate information needed for them to work on their project. I will help them to complete their assignment. I will provide them support with their personal life if they need any help of mine.