

5 pts Questions  
Regroup.)

**Affect: (What? So, What? Return, Report, Reflect and**

**What? (Return and Report)**

- What did I do to prepare for class this week?

Ans: I prepare by studying from preparation section in canvas.

- What concept from this week are you uncertain of or would like to know more about?

Ans: I learned about professionalism and pros and cons of competition.

- What topics were studied this week, and what are their definitions?

Ans: we studied about professionalism and importance of healthy competition and pros and cons of healthy competition.

- What phase of your projects did you complete?

Ans: This week we did final of acorn project and resubmitted for grading I helped my teammates to gather information about our project.

- Where did you put your assignments in GitHub?

Ans: I put my assignment in my repository in the file name Technical Teamwork.

- Summarize this week's scenario?

Ans: This week we learned about important thing that we all need to learn like professionalism and pros and cons of healthy competition.

- What did I learn from the study material?

Ans: I learned about professionalism and I learned about importance of having healthy competition with team mates also about different ethics scenarios.

- Why is this week's topic important?

Ans: This week topic is important because it teaches us about professional and importance of having healthy competition with your team mates.

- What did you learn from your work on your project?

Ans: From this week project I learned about different ethics scenario and ways to deal with them and also about competition to have with your teammates to progress.

- What actions were assigned to you, in your team meeting

Ans: I was assigned to gather information and help my team to find answers.

## 10 Marks Questions

- What is the most significant take-a-way you have gained from your study this week?

Ans: I have learned many important things from this week. After this week I have started to wake up early in the morning and started to make my own bed and clean my room. AS I have learned about professionalism and healthy competition in this week I am practicing to every task of mine professionally and try to have a healthy competition with my roommate and class mates and also to have self-control in my life also I learned how to impact by myself in my team and out project. I started to take an online class for self-improvement and to for my career preparation.

- What would you do differently next week?

Ans: For the Next week, I'll make some changes. When I get out of bed early in the morning, I'll start making my bed. For an hour before and after going to bed, I won't use my phone or other devices. I'll try to construct a solid a connection to people. I'll begin networking and visit all the job fairs. I'll keep my bedroom tidy. Additionally, I will think and learn from prior mistakes.

- Write a SMART goal for next week?

Ans: I have made myself some SMART goal for next week. in order to keep up with my studies, I'll cut back on my sleep time. I'll start meditating to keep my mind sharp and clear. I'll cut back on spending on things like groceries and game points. I'll try to put on some muscle so that I can spend more time working out. I'm going to try to drink more water. Additionally, I'll meet with my professors during class hours to improve how I study.

## 20 Mark Question

1. How do plan on contributing to the team, besides completing your tasks?

Ans: Along with finishing my duty, the plans that I would contribute to my team are as follows.

I'll give my teammates the respect they deserve. I'll be in touch with the group as often as I can. I will consider my prior errors and lessons learnt, and I will apply them to my current endeavor. In order to better understand any subject that confuses me or could be useful to the team effort, I will ask a question. In order to understand how I can help my teammates, we shall work together.

I'll let my team members know my thoughts.