

Given:  $\dot{\theta}$ ,  $\dot{r}$ ,  $r$

$$v = \dot{r} u_r + r \dot{\theta} u_\theta$$

$$a = \ddot{r} u_r + 2\dot{r}\dot{\theta} u_\theta + r\ddot{\theta} u_\theta - r\dot{\theta}^2 u_r$$

$$a = -r\dot{\theta}^2 u_r + 2\dot{r}\dot{\theta} u_\theta$$

$$|a| = \sqrt{(r\dot{\theta}^2)^2 + (2\dot{r}\dot{\theta})^2}$$
$$T = ma + mg$$