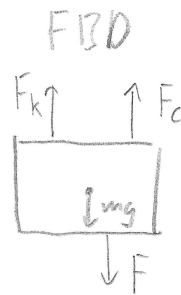
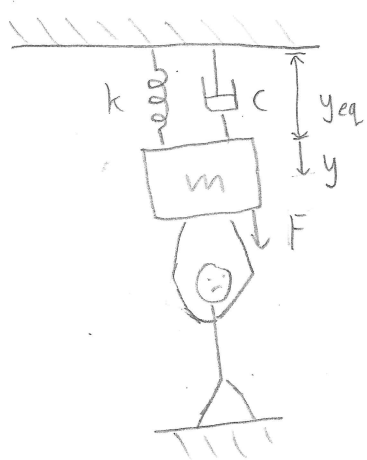


20-R-VIB-DY-35 Beginner

A new innovative workout machine requires the user to shake a weight of mass $m = 50\text{ kg}$. The mass is attached to the ceiling via a spring, $k = 100\text{ N/m}$, and a damper, $c = 15\text{ Ns/m}$. Given that the periodic force can be described as $F = 50\sin 2t$, determine the amplitude of vibration. Initially at rest. Solution:



mg & ky_{eq} cancel out

$$\sum F_y = -may$$

$$F_k + F_c - F = -may$$

$$ky + c\dot{y} + m\ddot{y} = 50\sin 2t$$

$$\omega_n = \sqrt{\frac{k}{m}} = \sqrt{2}$$

$$c_c = \sqrt{4mk} = 100\sqrt{2}$$

$$D = \frac{F_0/k}{\sqrt{\left[1 - \left(\frac{\omega_0}{\omega_n}\right)^2\right]^2 + \left[2 \frac{c}{c_c} \frac{\omega_0}{\omega_n}\right]^2}}$$

$$\begin{aligned} F_0 &= 50 \\ k &= 100 \\ c &= 15 \\ \omega &= 2 \end{aligned}$$

$$= 0.4789\text{ m}$$