20-P-WE-BK-012 a) to lift the counterneight to a height "his requires energy meghe time = energy/power = mgh the projectile gains energy equal to mpghp+/2mpV2 = Ep Poner = EPA c.) since the energy is stored and released over different time periods, we need to compare energy, not power, for efficiency. Eff = Eff = mpghp+tampV2. 100% mcghc