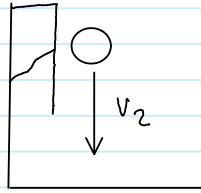


20-P-MOM-PT-008

December 31, 2020 3:24 AM

A volleyball has an initial velocity of 5 m/s up. It is spiked such that the velocity changes to 20 m/s down. If the mass of the ball is 0.350 kg, what is the impulse?



$$\begin{aligned} m v_1 + I &= m v_2 && \text{down is positive: } v_1 = -5 \text{ m/s } v_2 = 20 \text{ m/s} \\ I &= m (v_2 - v_1) \\ I &= 0.350 (20 - (-5)) \\ I &= 8.75 \text{ kg m/s down} \end{aligned}$$

If the force caused by the impulse was 200 N, what is the time of contact?

$$I = \int F dt = F \cdot t$$

$$t = \frac{I}{F} = \frac{8.75}{200}$$

$$t = 0.04375 \text{ seconds}$$