Inspiration: Hibbeler pg. 547

A 1x1 m plate is used as target practice at a firing range. This time a bean bay cannon is being used. If a bean bas has a mass of m=2kg and a radius of syration to = 0.1, defermine the angular velocity of the plate right after the bean bag strikes it in the center with a velocity of V=20 mls. The Plate has a mass m=20 kg and the coefficient of restitution is e= 0.4.

$$V_{0z} = \frac{1}{2}w_z = \frac{1}{2}w_z$$

$$e = \frac{V_{P_2} - V_{B_2}}{V_{B_1} - V_{P_1}}$$

$$G.y = \frac{1}{2}w_2 - V_{B_2}$$

$$g = \frac{1}{2}w_2 - V_{B_2}$$

$$V_{B_2} = \frac{1}{2}w_2 - 8$$