CW2-2-1: Advanced Functions and Modules

1. Docstrings:

Write a function called `calculate_average(numbers)` that takes a list of numbers as an argument and calculates the average of those numbers.
Include a descriptive docstring that explains in clear and concise language what the function does, what arguments it takes (mentioning their data types), and what it returns (mentioning the data type and any limitations or exceptions). Additionally, include examples demonstrating the usage of the function.