

TAKEAWAY MENU



HOME OF NIGERIAN CUISINES

SNACKS

Kilishi | £2.00

Crispy beef air dried and basted in chili spices

Chicken OR Beef OR Fish Pie | £2.00

Savory minced chicken or meat or fish filling with potatoes and carrots baked in crispy dough.

Puff Puff (A.K.A Energy buns) (V) | £2.00

Deep fried sweet dough.

Peppered Puff Puff (V) | £2.00

Deep fried sweet pepper dough.

Vege Pie (V) | £2.00

Potatoes and carrots filling baked in crispy dough.

MOST OF OUR DISHES
CAN BE TAILORED FROM

MILD TO
EXTRA HOT!



SCAN TO ORDER
(0161 425 5080)
Operations@hqmanchester.co.uk
317 Wilmslow Rd, Fallowfield,
Manchester M14 6NW

Please let us know if you have any food allergies or special dietary needs.

APPETIZERS

Assorted Meat Suya | £6.00

Assorted cow meat pieces marinated and served with Suya spice.

Assorted Meat Pepper Soup | £6.00 + £1.50 PLANTAIN

A hot & spicy broth of fresh assorted cow meat.

Asun (Peppered Beef) | £5.00

Grilled chunks of beef marinated in our Chef's special hot & spicy pepper sauce.

CatFish Pepper Soup (V) | £6.00

A hot & spicy broth of fresh cat fish. + £1.50 PLANTAIN

Chicken OR Beef Spring Roll | £5.00

Hand rolled & filled with carefully selected vegetable mix

Veg Spring Rolls (V) | £5.00

Slowly roast chicken wings marinated with carefully selected spices.

Assorted Pepper Meat | £6.00

Grilled Chunks of assorted cow meats marinated in our chef's special spicy pepper sauce.

Beef OR Lamb Suya | £5.00

Sliced Beef OR Lamb pieces marinated and served with Suya spice.

Gizdodo | £5.00

Plantain and gizzard marinated in our Chef's special sauce.

Chicken Suya | £6.00

Roasted Chicken pieces marinated & served with suya spice.

Goat Meat Pepper Soup | £6.00 + £1.50 PLANTAIN

A hot & spicy broth of fresh goat meat.

Roast Chicken Wings | £5.00

Slowly roast chicken wings marinated with carefully selected spices.

Lamb Chops | £5.00

Grilled lamb ribs marinated in our chefs special sauce





MEALS DEALS

Oil Beans | £12.00

Honey beans cooked in a broth of our chef's special palm oil sauce served with plantain & tomato stew

Ogbono | £10.00 + STAPLE

A special blend of African mango seeds sautéed in palm oil sauce, okra & pumpkin leaves, served with chopped beef, smoked turkey

Choice Grilled Fish | £20.00

CHOOSE CATFISH OR CROAKERFISH OR TILAPIA

Whole fish marinated in our chef's special flavour filled pepper sauce served with a choice of one SIDE and hot or mild sauce.

Tomato Stew | £11.00

Chunk of beef and smoked turkey steamed in pureed tomato Paste accented with chili pepper served with white rice and plantain.

Egusi | £10.00 + STAPLE

A special blend of melon seeds sautéed in spicy palm oil sauce, pumpkin leaves & mixed pepper, served with chunks of beef, smoked turkey

Garden Egg Stew (V) | £11.00 + SIDE

A smooth Puree of Garden egg seasoned with our Chef's selected flavourful spices and served with chunk of beef and smoked turkey

Okro | £12.00 + STAPLE

A special blend of okra served with Tomato Stew

Egg sauce | £8.00 + SIDE

Fresh Eggs with prawn Stir-fried in our Chef's Special sauce.

Roast Chicken/ Fried Beef/Fish | £9.50

Grilled chicken smothered in our chef's special pepper sauce, salads and hot or mild sauce + RICE

Vegetable Stew (V) | £11.00 + STAPLE

A special mix of chopped green leaves sautéed in our chef's tomato sauce.

Ayamase | £13.00

A.K.A Designer Stew; A spicy and flavourful sauce of green pepper with assorted cow meat served with white rice and plantain.

Boli (V) | £9.00

Roasted plantain pieces served with small spicy sweet pepper sauce with chunk of beef.

Vegetable Soup | £11.00 + STAPLE

A special mix of chopped green leaves sautéed in palm oil sauce and served with chopped beef and smoked turkey



RICE ONLY DISHES

Jollof Rice (V) | £4.00

White Rice and carrots sautéed in Our chef's special Tomato sauce.

Fried Rice (V) | £4.00

White Rice Stir fried in our Chef's Special mixed vegetable sauce.

Coconut Rice (V) | £4.00

White Rice and carrots sautéed in Our chef's special coconut milk sauce.

White Rice (V) | £4.00

Easy cook rice boiled in salt water.

Banga Rice (V) | £4.00

White Rice and carrots sautéed in Our chef's special Oil Palm sauce.

Village Rice (V) | £4.00

White Rice sautéed in our chef's Palm oil sauce



STAPLES

Amala (V) | £4.25

Plantain Flour mixed in boiling water.

Eba (V) | £3.75

Cassava flour mixed in boiling water.

Pounded Yam (V) | £3.75

Yam flour mixed in boiling water.



ORDER WITH US ONLINE



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SOUP ONLY DISHES

Banga Soup | £8.00

A special blend of oil palm seeds served with chopped beef and smoked turkey.

Egusi Soup | £8.00

A special blend of melon seeds sautéed in our chef's oil palm sauce with pumpkin leaves and served with chopped beef and smoke turkey.

Ogbono Soup | £8.00

A special blend of African mango seeds sautéed in our chef's oil palm sauce, okra and served with chopped beef and smoked turkey.

Okro (V) | £6.00 + £1.50 PRAWNS

Fresh Grated Okra seasoned with our Chef's selected flavorful spices

Vegetable Soup | £8.00

A special mix of chopped green leaves sautéed in palm oil sauce and served with chopped beef and smoked turkey



NOODLE DISHES

Special Stir Fried Noodles | £9.00

Noodles with prawn, roast chicken and fresh vegetable mix stir fried in our chef's special sauce

Pepper Soup Noodles | £11.00

Noodles steamed in a fresh broth of hot and spicy pepper soup.

Vege Noodles (V) | £10.00

Noodles with fresh green leaves stir fried in our chef's special sauce



STEW ONLY DISHES

Ayamase Stew | £8.00

AKA Designer Stew, A spicy and flavourful sauce of green peppers and assorted cow meats

Garden Egg Stew (V) | £8.50

A smooth Puree of Garden egg seasoned with our Chef's selected flavorful spices and served with chunk of beef and smoked turkey.

Tomato Stew | £6.00

Chopped beef and smoked turkey steamed our chef's Tomato based special sauce

Sweet Pepper Stew | £5.00

Chunk of beef sautéed in our Chef's special sweet pepper sauce

Efo Riro (V) | £8.50

A special mix of chopped green leaves sautéed in our chef's tomato sauce served with Chopped beef and Smoked turkey



SANDWICHES AND WRAP

Chicken Shawarma | £6.50 + £1.00 SAUSAGE

Grilled chicken slices, fresh cabbage and our chef's special shawarma sauce all wrapped in pita bread.

Club Sandwich | £6.00

A classic triple decker sandwich featuring chicken pieces, egg and shredded fresh vegetables.

Tuna Melt Sandwich (V) | £6.00

A classic triple decker tuna bake sandwich,

(All Our Sandwiches Are Served With Chips)

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+ £1.00 SAUSAGE





DESSERTS

Cake Of The Day | £4.00

(Ask your waiter for the days special)

Sponge and Custard | £4.00

Classic sponge pudding served with warm velvety custard

Ben & Jerry's Chocolate Fudge | £5.50

Chocolate Ice Cream with Fudge Brownies

B & J's Cookie Dough 500ml | £5.50

Ben & Jerry's Cookie Dough 500ml Vanilla Ice

Cream with Gobs of Chocolate Chip Cookie Dough

SIDES

Boiled Plantain (V)	£3.50
Boiled Potato (V)	£3.50
Boiled Yam (V)	£3.50
Fried plantain (V)	£3.50
Yam Chips (V)	£3.50
Potato Chips (V)	£3.50
Sweet Potato Chips (V)	£3.50

SINGLE DISHES

Boiled/Fried Egg	£4.00
Boli (Roasted Plantain) (V)	£6.00
Egg Sauce (V)	£5.00
Roasted corn (V)	£3.50
Fried Hake Fish (V)	£5.00
Fried Beef	£5.00
Groundnut	£1.00
House Hot Sauce (V)	£1.25
House Mild Sauce (V)	£1.25
Salad Bowl (V)	£4.00
Oil Beans (V)	£4.00
2 Roast Chicken Leg	£6.00
Moi Moi / Beans Cake	£4.00
Spicy Turkey	£5.00

DRINKS

Nigerian Fanta	£2.00
Coca Cola /Zero	£2.00
Zobo Drink	£2.00
Lavender & Strawberry Drink	£2.00
Still OR Sparkling Water	£2.00
Apple/ Cranberry / Pineapples	£2.00
Cranberry Juice	£2.00
J2O Orange OR Raspberry	£2.00
Malta Guinness	£2.00
Red Bull	£2.00
Super Malt	£2.00



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