

Brotherhood Leader Guide — First 4 Weeks

Outcome: A small band of present men living the Brotherhood Code with predictable rhythm.

Week 1 — SEED (60 minutes)

Goal: Frame purpose, agree the Code, set rhythm.

- Opening (5): welcome + purpose + prayer
- Scripture (15): Matthew 5:1–12 — each man shares one line: “What strikes me?”
- Formation (20): Habit audit — sleep, Scripture, sweat, sunlight, support → pick ONE micro-habit
- Commitments (10): one concrete step + deadline (Fri)
- Intercession (10): pray names and needs; text one person before leaving

Between weeks: Convener sends summary + reminders.

Week 2 — FRAME (75–90 minutes)

Goal: Put bones on the body.

- Read the **Code** aloud; each man signs the one-page covenant
- Scripture track: Sermon on the Mount (Matthew 5–7)
- Formation track: Habits & Money (budget basics + one saving/cutting action)
- Roles: assign convener/timekeeper/scribe/chaplain (rotate monthly)

Deliverable: Shared calendar invite + location + start/stop times.

Week 3 — FORGE (90 minutes)

Goal: Practice the accountability stack without shame.

- Scripture (30): Matthew 5:13–30 (salt/light; anger; integrity)
- Formation (30): Phone discipline (notifications off blocks; “Scripture before screen”)
- Accountability (20): run the **Facts / Heart / Hope** stack in pairs
- Intercession (10)

Guardrails: brief shares; clear actions; follow-up next week.

Week 4 — FLOW (90 minutes)

Goal: Cement cadence; do one thing together.

- Scripture (30): Matthew 5:31–48 (faithfulness; enemy-love)
- Formation (20): Money check-in + one generosity act
- Serve (20): choose a simple act (deliver a meal / check on a dad)
- Intercession (10)
- Calendar (10): confirm next month’s host + rotation

Templates

Factual Note (after conflict):

- > “At 18:40 on 12/10, pick-up at Elm Street did not occur. I waited until 19:05.
- > I propose alternatives: Wed 18:00 or Fri 18:00 at the same location.
- > Please confirm by 12:00 tomorrow which you prefer.”

Breath Prayer (30s):

- > Inhale: “Jesus, carry me.” • Exhale: “I choose trust.” (6–8 breaths)

Short Prayers:

- **Courage:** “Lord, set a guard over my mouth; steel my spine, soften my heart.”
- **Strength:** “Holy Spirit, lift my head; clothe me in Your armour.”

Scriptures for the Room:

- Proverbs 27:17 • Ecclesiastes 4:9–10 • Psalm 34:18 • Philippians 4:6–7

Admin Checklist

- Shared folder + scribe notes (date-stamped)
- WhatsApp/Signal group (reminders only; no late-night debates)
- Monthly service slot (2 hours)
- Conflict path: direct in 48h → add one brother → pause privileges if unresolved

Remember: Short answers. Long obedience. Small promises kept for a long time.