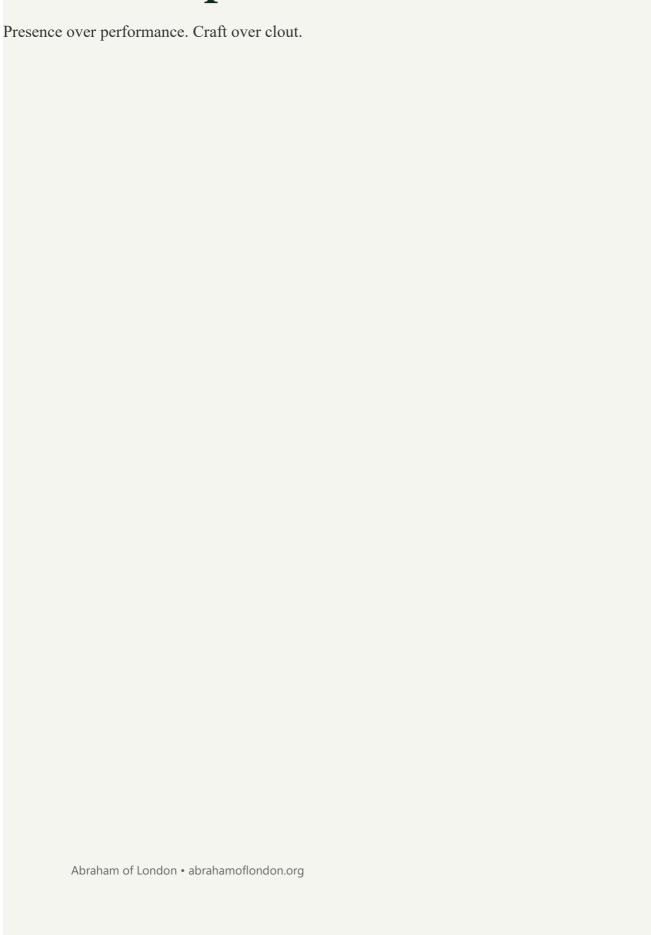
Mentorship Starter Kit



We commit to	show up, tell the truth, and do the work.	
Confidentialit	: Chatham rules.	
Cadence: Wee	ly/bi-weekly, 60–75 minutes.	
Ends: When th	e mandate is met or either party withdraws with	n thanks.
Mentor:	Date:	
Vientee:	Date:	

12-Week Arc

Weeks 1–3 — Clarity: mandate, constraints, standards.

Weeks 4–6 — Craft: habits, reps, review loop.

Weeks 7–9 — Proof: ship artifacts, gather evidence.

Weeks 10–12 — Endurance: systems, hand-off, next horizon.

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Meeting Script

Report (10m): what you did, what moved, blockers.

Review (20m): inspect artifacts (not promises).

Teach (20m): one pattern/tool, pressure-tested.

Assign (10m): one clear deliverable + deadline.

Record (5m): log in evidence tracker.

First Three Sessions Week 1 Mandate, standards, constraints. Deliverable: one-page Mandate. Week 2 Time budget & operating rhythm. Deliverable: Weekly Rhythm with hard edges. Week 3 First artifact shipped. Deliverable: one finished micro-asset + review criteria. Abraham of London • abrahamoflondon.org

Evidence Log

Date	Artifact/Action	Standard Tested	Outcome/Evidence	Next Step

Question Bank "If it were gone tomorrow, what would remain true?" "What is the smallest proof that this works?" "What constraint—if honoured—would raise quality?" Abraham of London • abrahamoflondon.org

A6 Handouts — Two-Up Mentor Card: cadence, red-flag list, "say no" script. Mentee Card: weekly checklist, submission format, review criteria. Abraham of London • abrahamoflondon.org

