

Why a [Family](#) Altar?

Every home is built on something: noise, hurry, screens - or **intentional presence**.

A family altar is not a piece of furniture. It is a **pattern of meeting God together** - simple, repeatable, and rooted in Scripture.

This liturgy is designed to work in:

- Busy weekday evenings
- Early mornings before school
- Weekly "[Family](#) Night" slots

Aim for **15-20 minutes**. Consistency is more important than perfection.

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1. Call to Attention

The leader (usually a parent) simply says:

> *"Let's come to the table. Phones down, TV off. This is our time before God as a family."*

Then a short call:

> **Leader:** "The Lord is our Shepherd." > [Family:](#) "We will not fear."

You can choose any simple verse to repeat every time. Repetition builds memory.

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3. Conversation & Reflection

Ask **simple, open questions**:

- *"What stood out to you?"*
- *"What does this tell us about God?"*
- *"What does this invite us to do or change?"*

Do not turn it into an exam. The aim is **heart engagement**, not perfect theology.

For younger children:

- *"Where do you see God being kind in this story?"*
- *"How can we show that same kindness this week?"*

You can end with one clear takeaway:

> *"Tonight's truth: God is our shepherd. He sees us, leads us, and provides for us."*

Write it on a sticky note and leave it somewhere visible.

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Weekly Rhythm Example

Monday: Psalm focus (comfort and trust) **Wednesday:** Gospel story (character of Jesus) **Friday:** Thanksgiving night (what God has done this week) **Sunday evening:** Look ahead (school, work, major events)

The goal is not to manufacture perfection. The goal is to **anchor your home in the presence and Word of God.**

Start small. Stay consistent. Let the atmosphere of your home shift over time.