

# Mentorship Starter Kit

A practical starter kit for mentoring emerging leaders with clarity and structure.

FREE • PREMIUM

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Why This Kit? Good mentorship changes trajectories. Badly structured mentorship wastes time and breeds quiet frustration . This starter kit gives you a lightweight structure for the first 90 days of a mentoring relationship - whether you are the mentor or the mentee. {/ stripped: duplicate frontmatter block /}

2. Ground Rules Suggested covenant:

1. Confidentiality: what is shared stays in the mentoring space, unless there is risk of harm.
2. Honesty: we will not pretend or perform.
3. Responsibility: the mentee owns their life; the mentor is a guide, not a saviour.
4. Preparation: mentee comes with questions, updates and decisions to discuss.
5. Boundaries: we respect family time, work commitments and communication limits. You can literally read this aloud and agree together. {/ stripped: duplicate frontmatter block /}

4. Role of the Mentee

The mentee commits to:

- Show up on time and prepared.
- Send a short update email or message before each meeting:
- Key wins
- Key challenges
- Key decisions to discuss
- Act o