ABRAHAM OF LONDON

Standards Brief

Abraham of London - 13 Oct 2025



import * as React from "react"; import ResourcesCTA from '@/components/ResourcesCTA'; import { Rule } from "@/components/utils";

export default function StandardsBrief() { return (<> <ResourcesCTA title="Standards Pack" downloads={[{ href: "/downloads/standards-brief.pdf", label: "Standards Brief (PDF)" }, { href: "/downloads/leaders-cue-card-two-up.pdf", label: "Cue Card (Wallet Size)" },]} />

```
<Rule />
```

The 5 Standards That Endure

This is a 1-page summary for rapid self-governance.

Daily Non-Negotiables (24/7)

- * **Altar:** 10 minutes of Scripture & Prayer.
- * **Order:** Zero inbox, clear desk, made bed.
- * **Tone: ** Speak no contempt. No sarcasm, no excuses.
- * **Focus:** Complete the most difficult task by 11 AM.

Weekly Rhythm (Review)

- * **Sabbath:** 24 hours without hustling or buying.
 - * **Council:** Review week with spouse/partner.
- * **Service:** Serve someone who cannot repay you.

Quarterly Audit (Strategy)

- * **Walk the House:** Where is chaos winning?
 - * **Walk the Calendar:** Does time reflect mission?
 - * **Walk the Statement:** Is spending aligned with standards?

<Rule />

```
This standard is for building legacy, not chasing influence.
</>
</>>
);}
```