

Mentorship Starter Kit — 90-Day Pilot

Abraham of London • Resources

Mentorship Starter Kit (90-Day Pilot)

Goal: pair wisdom with initiative; meet bi-weekly; document growth.

Cadence	Agenda	Owner
Bi-weekly 60min	10 check-in / 20 topic / 20 practice / 10 commitments	Mentor
Monthly fieldwork	Shadow, ship a small deliverable	Mentee
Quarter review	Progress vs goals; reset next 90 days	Both

Starter Topics

- Identity & calling • character under pressure.
- Time blocking • deep work • weekly review.
- Communication: B.P.F. writing; stakeholder mapping.
- Money basics: budgeting, giving, saving, investing.
- Conflict & feedback: facts first; repair quickly.

Commitment Covenant (one pager)

Presence, confidentiality, practical service, truth in love, conflict in 48h.