

ABRAHAM OF LONDON

Weekly Operating Rhythm — Make Standards Breathe

{{#if excerpt}}

The simple weekly cadence that keeps standards alive—meetings that serve work, not the other way round.

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Abraham of London{{#if date}} — 13 Oct 2025{{/if}}

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Weekly Operating Rhythm — Make Standards Breathe <#>

Cadence <#>

- **Mon 20** — priorities + risks (20 mins).
- **Mid-week 15** — unblock.
- **Fri 20** — scoreboard + commitments.

Hygiene <#>

- Written agenda. Start sharp. End with owners + dates.
- If a meeting has no decision, it becomes a document.

Includes a printable agenda and scoreboard.