

## # Brotherhood Leader Guide — First 4 Weeks

**\*\*Outcome:\*\*** A small band of present men living the Brotherhood Code with predictable rhythm.

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### ## Week 1 — SEED (60 minutes)

**\*\*Goal:\*\*** Frame purpose, agree the Code, set rhythm.

- Opening (5): welcome + purpose + prayer
- Scripture (15): Matthew 5:1–12 — each man shares one line: “What strikes me?”
- Formation (20): Habit audit — sleep, Scripture, sweat, sunlight, support → pick ONE micro-habit
- Commitments (10): one concrete step + deadline (Fri)
- Intercession (10): pray names and needs; text one person before leaving

**\*\*Between weeks:\*\*** Convener sends summary + reminders.

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### ## Week 2 — FRAME (75–90 minutes)

**\*\*Goal:\*\*** Put bones on the body.

- Read the **\*\*Code\*\*** aloud; each man signs the one-page covenant
- Scripture track: Sermon on the Mount (Matthew 5–7)
- Formation track: Habits & Money (budget basics + one saving/cutting action)
- Roles: assign convener/timekeeper/scribe/chaplain (rotate monthly)

**\*\*Deliverable:\*\*** Shared calendar invite + location + start/stop times.

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### ## Week 3 — FORGE (90 minutes)

**\*\*Goal:\*\*** Practice the accountability stack without shame.

- Scripture (30): Matthew 5:13–30 (salt/light; anger; integrity)
- Formation (30): Phone discipline (notifications off blocks; “Scripture before screen”)
- Accountability (20): run the **\*\*Facts / Heart / Hope\*\*** stack in pairs
- Intercession (10)

**\*\*Guardrails:\*\*** brief shares; clear actions; follow-up next week.

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### ## Week 4 — FLOW (90 minutes)

**\*\*Goal:\*\*** Cement cadence; do one thing together.

- Scripture (30): Matthew 5:31–48 (faithfulness; enemy-love)
- Formation (20): Money check-in + one generosity act
- Serve (20): choose a simple act (deliver a meal / check on a dad)
- Intercession (10)
- Calendar (10): confirm next month’s host + rotation

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## ## Templates

### **\*\*Factual Note (after conflict):\*\***

- > “At 18:40 on 12/10, pick-up at Elm Street did not occur. I waited until 19:05.
- > I propose alternatives: Wed 18:00 or Fri 18:00 at the same location.
- > Please confirm by 12:00 tomorrow which you prefer.”

### **\*\*Breath Prayer (30s):\*\***

- > Inhale: “Jesus, carry me.” • Exhale: “I choose trust.” (6–8 breaths)

### **\*\*Short Prayers:\*\***

- **\*\*Courage:\*\*** “Lord, set a guard over my mouth; steel my spine, soften my heart.”
- **\*\*Strength:\*\*** “Holy Spirit, lift my head; clothe me in Your armour.”

### **\*\*Scriptures for the Room:\*\***

- Proverbs 27:17 • Ecclesiastes 4:9–10 • Psalm 34:18 • Philippians 4:6–7

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## ## Admin Checklist

- Shared folder + scribe notes (date-stamped)
- WhatsApp/Signal group (reminders only; no late-night debates)
- Monthly service slot (2 hours)
- Conflict path: direct in 48h → add one brother → pause privileges if unresolved

**\*\*Remember:\*\*** Short answers. Long obedience. Small promises kept for a long time.