

# Entrepreneur Operating Pack — Week-in-Review System

Version 2025-10-13

Abraham of London

Actionable frameworks you can deploy this week.

# Weekly Operating Rhythm

- Monday Plan: Top 3 outcomes, calendar audit, resource check. - Daily Blocks: Focus (90m), Admin (45m), People (45m), Buffer (30m). - Friday Review: score outcomes (0-1), learnings, next week preview.

# Survival Checklist (Cash & Sanity)

- 13-week cash forecast; update weekly.
- Pipeline: 20 conversations; 5 proposals; 2 deals.
- Stoplister: kill 2 low-yield tasks each week.

# Board/Investor One-Pager (Template)

Header: Month, Runway (months), MRR/Revenue, Gross Margin. Highlights (3 bullets), Lowlights (3), Asks (3). Metrics chart optional.

# Crisis Cadence

Daily standup (15m): facts, risks, next steps. Freeze new initiatives. Communicate early and plainly.