

COMMUNICATION SCRIPT BPF

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between brothers."
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## Purpose

This script gives brothers a clear, repeatable structure for honest
conversations - especially when things are busy, messy, or tense.
It is not a performance. It is simply a framework to protect truth, honour
and brotherhood.

You can use it:

- For weekly or monthly check-ins
- Before or after a major decision
- When there has been tension, distance or silence

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## Step 1 - Arrival & Honour (2-3 minutes)

Goal: calm the atmosphere and affirm the relationship.

Suggested phrases:

- _"Brother, I value you. Thank you for showing up today."_
- _"This conversation is about clarity, not blame."_

Keep it short but intentional. Look each other in the eye if in person. No
phones on the table.

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## Step 2 - Reality Check (5-10 minutes each)

Goal: say clearly where you really are - no spin, no pretending.

Use this simple template:

1. State your headline:
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- _"Headline: I feel stretched and close to burnout."_
- _"Headline: I am excited about this new opportunity but unsure if it's wise."_

2. ****Name your top 3 realities:****

- _"Financially..."_
- _"Emotionally..."_
- _"Spiritually..."_

3. ****Identify any pressure points:****

- _"The biggest pressure right now is..."_
- _"What keeps me awake at night is..."_

No one interrupts. No fixing yet. Just listening to understand.

Step 3 - Truth & Feedback (5-10 minutes each)

****Goal:**** speak the truth in love - clearly, respectfully, and without flattery.

The listening brother can use this pattern:

1. ****Reflect back:****

- _"What I'm hearing is..."_
- _"If I've understood you correctly, your key concern is..."_

2. ****Ask clarifying questions:****

- _"Help me understand what you mean when you say..."_
- _"What are you most afraid might happen if you act / don't act?"_

3. ****Offer truth and perspective:****

- _"Can I be honest? From where I'm standing, this looks like..."_
- _"I think the risk you're underestimating is..."_
- _"I see strength in you here, but a blind spot here..."_

Rule of thumb: ****no attacking, no sugar-coating, no gossip****.

Step 4 - Decisions & Commitments (5-10 minutes)

****Goal:**** leave with clear next steps - not just good feelings.

Each brother answers:

- ****1. What am I deciding?****

- _"I will speak to my wife about this by Friday."_
- _"I will say no to this deal, even though it looks lucrative."_

- ****2. What will I do in the next 7 days?****

- _"I will send you an update message by Wednesday evening."_

- ****3. What support do I need from you?****

- _"I need you to challenge me if I start to drift from this decision."_
- _"Please ask me specifically about my thought life next week."_

Agree ****one concrete follow-up date****.

Step 5 - Pray & Bless (3-5 minutes) _(optional but recommended)**_**

For brothers of faith, close like this:

- One brother thanks God for the other by name.
- Pray specifically into the decisions made.
- Speak a simple blessing:
 - **_**"Father, strengthen him to walk in truth, courage and honour."**_**

If someone is not comfortable with prayer, you can still ****bless with words****:

> **_**"I honour your courage in saying this out loud. I believe you are capable of walking this out with wisdom and integrity."**_**

Step 6 - Follow-Up Rhythm

To keep this script alive:

- Use it ****weekly for crisis seasons****, ****monthly for normal seasons****.
- Keep a simple log: date, headline, decisions.
- Review: **_**"What have we kept? Where have we drifted? What needs repairing?"**_**

This is how brotherhood moves from ****good intentions to disciplined loyalty****.