

Mentorship Starter Kit

A practical starter kit for mentoring emerging leaders with clarity and structure.

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Why This Kit? Good mentorship changes trajectories. Badly structured mentorship wastes time and breeds quiet frustration . This starter kit gives you a lightweight structure for the first 90 days of a mentoring relationship - whether you are the mentor or the mentee. {/ stripped: duplicate frontmatter block /} 2. Ground Rules Suggested covenant: 1. Confidentiality: what is shared stays in the mentoring space, unless there is risk of harm. 2. Honesty: we will not pretend or perform. 3. Responsibility: the mentee owns their life; the mentor is a guide, not a saviour. 4. Preparation: mentee comes with questions, updates and decisions to discuss. 5. Boundaries: we respect family time, work commitments and communication limits. You can literally read this aloud and agree together. {/ stripped: duplicate frontmatter block /} 4. Role of the Mentee The mentee commits to: - Show up on time and prepared. - Send a short update email or message before each meeting: - Key wins - Key challenges - Key decisions to discuss - Act o