## Ideas of questions

How to ensure proper monitoring of runners in terms of dehydration during a race?

How to ensure that Pierre stays adequately hydrated throughout his races without being bothered by cumbersome equipment?

How to ensure that Pierre stays properly hydrated, even if he frequently forgets to drink water during his races?

### Most suitable solution:

# OOHO The Edible Water Bubble



OOHO, the game-changer in hydration, offers an innovative and eco-friendly solution that could greatly benefit runners during their races. This edible water bubble, encapsulated in a biodegradable membrane, stands as a revolutionary alternative to traditional plastic bottles.

#### **Environmentally Friendly And Sustainable:**

OOHO perfectly aligns with the eco-conscious vision of running enthusiasts. By eliminating the need for disposable plastic bottles, this solution significantly reduces plastic waste production, contributing to environmental preservation.

#### **Convenient And Lightweight:**

OOHO's lightweight and compact design make it an ideal choice for runners. Easy to carry, this water bubble provides a practical solution that doesn't compromise athletes' mobility, allowing hassle-free hydration during races.

#### **Affordable Cost:**

With a cost as low as 2 cents per unit, OOHO is not only an environmentally friendly solution but also financially accessible.

This affordability makes this innovation available to a broad range of runners, promoting widespread adoption.

#### Commitment To Sustainability:

By adopting OOHO, runners actively commit to more sustainable water consumption.
This solution represents a tangible way for the running community
to reduce their ecological footprint, contributing to the preservation of natural resources.

In Conclusion, OOHO emerges as a revolutionary option for runners, combining convenience, sustainability, and financial accessibility. Its widespread adoption could not only transform how runners hydrate during races but also inspire other eco-friendly initiatives in the sports world.