1. Gerunds

A [gerund](https://portal.speexx.com/articles/7772498/standard-packet/17921/exercise/1#628464) (verb + '-ing') acts as the subject or direct object of a sentence.

**Surfing** is my favorite sport. (Subject)  
I really enjoy **surfing**. (Object)

The gerund - not the [infinitive](https://portal.speexx.com/articles/7772498/standard-packet/17921/exercise/1#613171) - must be used after certain verbs. Here is a list of common verbs that must be followed by the gerund form.

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| admit |
| consider |
| enjoy |
| imagine |
| mention |
| miss |
| suggest |

He admits **going** there.