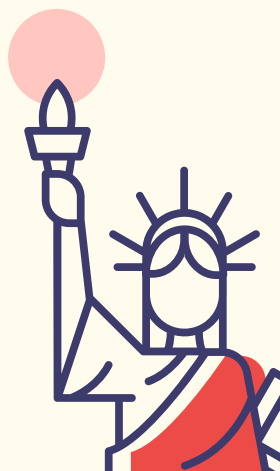


# F1 VISA INTERVIEW MASTERCLASS

FOR NEPALI STUDENTS

FIRST EDITION

JUN 18, '23



CREATED BY : SAITAMA

**PLEASE DO YOUR OWN RESEARCH**

NEW EDITION EVERY 3 MONTHS WITH MODIFICATIONS

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# ABOUT THIS E-BOOK AND MYSELF

## Is this e-book created by a professional US F1 visa interview expert/counselor?

No. I am a grad student currently in the United States. This e-book is a result of extensive research performed by reading numerous articles, visa experiences, attending webinars, and watching videos on F1 Visa Interviews while I was preparing for myself.

## Why was this e-book created?

To help you prepare for your Visa Interview well and clear some doubts and misconceptions. The amount of useless and often wrong information or suggestions about the Interview by self-acclaimed experts in various Facebook and Telegram groups is frightening. So is the case with Visa Experiences published which is only making your preparation more confusing and stressful. This is my motivation behind creating this E-book.



### Why should you read this e-book while I might as well be one of the self-acclaimed visa experts?

Indeed, I'm not a professional visa expert/counselor but as mentioned earlier, I have done an extensive amount of research about the US F1 Visa Interview and have tried my best to accumulate that all and present it to you in this e-book so that your journey will be slightly easier. The fact that I have invested quite a bit of my time and effort to create this e-book for free in my busy schedule of graduate study, helping professor as a teaching assistant, and working job for my living expenses should give me a bit of credibility, right?

### Will this e-book ensure my Visa?



Well, not exactly. Nothing or no one except the actual interview can ensure your visa but it surely will help you to prepare for your visa interview with fewer doubts and more clarity and improve your Visa Interview Presentation. **I am 100% sure that you will have a much better understanding and clarity about US F1 Visa Interviews after reading this e-book.**



The thing I want to state again and again is that you should do your research. You should not rely on anyone else. You absolutely should not believe anything or anyone blindly, **INCLUDING THIS E-BOOK**, without confirming through your own research. Always have multiple sources of information.

# HOW TO READ?

IF YOU ARE PREPARING FOR F1 VISA INTERVIEW OR WILL BE HAVING IT IN NEAR FUTURE, I SUGGEST YOU:

READ IT COMPLETELY. **SKIP NOTHING. ESPECIALLY THE CHAPTER 6 AND 7.** While other chapters maybe richer in core information of Visa Interview but Chapter 7 is what will benefit you the most. Information from other chapters are available throughout the internet more or less, but Chapter 7 is pure gold. You won't find anything like that anywhere else.

# WHAT AFTER READING?

- FOLLOW EVERYTHING WRITTEN HERE ACCORDING TO YOUR NEED, ONLY AFTER YOU ARE SURE THAT THIS INFORMATION CAN BE RELIED UPON THROUGH YOUR OWN RESEARCH AND JUDGEMENT.
- **ANY SUGGESTION, REQUEST AND COMPLAINS CAN BE SENT TO ME ON TELEGRAM ID GIVEN AT THE END OF THIS E-BOOK. THERE'S A MEANING OF PUTTING THAT AT THE END WHICH IS CONTACT ME FOR ANYTHING ONLY AFTER READING EACH AND EVERY LINE OF THIS E-BOOK. IF YOU CAN'T DO THAT, DO NOT BOTHER CONTACTING.**
- PLEASE DROP A REVIEW BY JOINING OUR TELEGRAM GROUP SO THAT WE CAN MAKE CHANGES FOR SECOND EDITION.

### THE MYTH: VISA INTERVIEW IS JUST A FORMALITY!?

A common opinion is that the interview is just a formality, and the decision to approve or reject the visa is decided even before the student appears in the interview. Is it true?

#### **ABSOLUTELY NOT.**

The interview is probably the most important part of your US academic journey and will greatly impact your chances of visa approval. Consular officers use the interview to verify the information provided in your application and to determine whether you meet the eligibility requirements for the visa which are:

- **Reason for choosing the USA:** The consular officer will want to understand why you specifically chose the USA over other countries and how studying in the USA aligns with your academic and career objectives. Prepare to highlight the unique opportunities, resources, or programs available in the USA that are essential for your educational and personal growth.
- **Genuine interest in the intended degree:** The consular officer will want to make sure that you have a genuine interest in your intended degree and that you are not simply using the student visa as a means to enter the United States. You should be prepared to discuss your academic background, your reasons for pursuing this particular degree, and how it fits into your long-term goals.
- **Reason for choosing a specific university:** The consular officer will also want to know why you have chosen a specific university to attend. You should be able to explain why this university is a good fit for your academic goals and how it will help you achieve your career objectives.
- **Financial resources:** The consular officer will want to ensure that you have sufficient financial resources to pay for your education and living expenses in the United States. You should be prepared to demonstrate that you or your sponsors have the necessary funds to support you during your studies.
- **Intention to return home:** Finally, the consular officer will want to make sure that you intend to return to your home country after completing your studies. You should be able to explain your plans for returning home, such as your career goals or your intention to use your education to benefit your home country.

VO decides your eligibility for the visa based on your profile and your answers to their questions. Be absolutely sure to prepare your answers in detail, be confident, sound honest, and present yourself well.

### THE PROBLEM WITH THE SOCIAL MEDIA GROUPS

You might see things in various groups and forums, mostly by fellow students, like:

- If your GPA is more than 3.6, your visa is guaranteed.
- If your GPA is less than 3, your visa won't be approved.
- If your COA is on the more expensive side, your visa won't be approved.
- If you have received very high scholarship, then it is 100% sure that your visa will be approved.
- If you have shown high bank balance, then your visa will be approved.



Let's examine some of these claims and debunk them:

**GPA guaranteeing approval:** There is a widespread misconception that having a GPA above a certain threshold guarantees visa approval. However, this is far from the truth. Numerous Nepali students have successfully obtained visas with GPAs below 3.0, while others with higher GPAs have faced rejections. The consular officer assesses your overall profile, including academic achievements, but GPA alone does not determine the fate of your visa application.

**COA impacting approval:** The cost of attendance (COA) is another factor that is often misunderstood. Some believe that if the COA is on the more expensive side, their visa will not be approved. However, the consular officer considers your financial resources and ability to support yourself during your studies. As long as you can demonstrate sufficient funds to cover your expenses, the COA alone does not determine visa approval.

**Scholarship guaranteeing approval:** While receiving a high scholarship is undoubtedly beneficial, it does not guarantee visa approval. There have been cases where students with significant scholarships have faced rejections, while others with lower or no scholarships have obtained visas successfully. The consular officer evaluates various aspects of your application, including your financial stability and intent to return home, rather than solely relying on the scholarship amount.

**Bank balance ensuring approval:** Similarly, having a high bank balance does not guarantee visa approval. While financial resources are essential to support your studies, the consular officer looks for genuine intent, such as the ability to cover expenses and return to your home country after completing your education. Merely showcasing a high bank balance without substantiating your intentions and plans may not be sufficient.

So, do these factors amount to nothing?

- No, they do matter while evaluating your entire application but none of them singularly guarantees your visa approval or refusal. These factors like high GPA, low COA and high scholarship may favor you to an extent but your holistic evaluation paired with your visa interview answers will decide your visa outcome.

**These examples highlight the fallacy of relying solely on these factors for visa approval. Let's consider two real-life cases to further illustrate this point:**

**CASE 1:** A friend of mine graduated in 2020 with a GPA of 2.7 and he had a COA of around 40k, without any scholarship. Despite these seemingly unfavorable factors with a 2-year gap, he successfully obtained a visa on his first attempt for a BSc. CS degree at a UNT Dallas. This case demonstrates that factors like GPA and COA alone do not dictate visa outcomes.

**CASE 2:** Another friend, currently studying at NYU, possessed an outstanding academic profile with consistently high GPAs (10th: 3.8, 11th: 3.73, and 12th: 3.93) and received a fully funded offer. However, she faced a visa rejection during her first attempt due to inadequate interview preparation and lack of convincing answers. It was only after thorough preparation and a second interview that she obtained a visa, despite having a relatively lower scholarship (60%). This case emphasizes the significance of interview readiness and presentation skills.



These are two of countless real-life experiences that clearly demonstrate that while factors such as GPA, COA, scholarships, and gaps may play a role, they do not singularly determine visa approval or rejection. The consular officer evaluates your overall profile, your intentions, and your ability to present yourself convincingly during the interview.

Therefore, it is crucial to understand the limitations of relying on senseless information found on the internet. Instead, focus on preparing your application diligently, demonstrating your genuine interest in your intended degree, your reasons for choosing a specific university, your financial readiness, and your intention to return home. By taking a holistic approach and presenting yourself confidently, you can maximize your chances of a successful.



**Believing everything  
Ramesh says on  
facebook posts and  
telegram groups blindly**



**Researching in various  
different sources to  
cross-verify everything  
and using common  
sense.**

### VISA INTERVIEW EXPERIENCES IN THE INTERNET

While it can be helpful to read about other students' experiences and familiarize yourself with the visa interview process, there are a few things you should avoid doing.

·**Discouraging yourself or becoming overly confident:** If you come across a student with a similar profile to yours, whether it's their GPA, cost of attendance (COA), scholarship, or even the same university, who had their visa rejected or approved, you must not let it discourage or overinflate your confidence. Visa interview results are entirely based on individual cases, their unique profiles, and how they present themselves during the interview. The experiences you read online are mere text and do not capture the nuances of how answers were delivered or the conviction behind them. Keep in mind that thousands of students go through visa interviews each year, and while some may have similar profiles, the approval or rejection of their visas depends on a case-by-case basis and how they present themselves.

·**Changing your answers blindly:** It's crucial to understand that while you can learn from others' experiences, blindly changing your answers based on one random post or someone's rejection or acceptance can be counterproductive. I repeat, it is always a case-by-case basis. If you believe your answers are suitable for your profile and reflect your genuine intentions, there is no need to change them. Remember, you are different from others, and your unique circumstances and approach should guide your answers.

·**Believing lies and misinterpretations:** It's essential to approach the visa interview experiences shared on the internet with caution. Not all of them are accurate or reliable. Some individuals may resort to exaggeration, dramatization, or playing the victim to gain sympathy and attention. They may change details or misinterpret their interview experience, leading to misinformation. Additionally, it is not uncommon for people to shift blame onto the consular officer for their visa refusal, disregarding their own mistakes or shortcomings. Relying on false advice or suggestions based on these misinterpretations can be detrimental to your own preparation. It's crucial to exercise critical thinking and discernment when reading such experiences. Take them with a grain of salt and focus on gathering information that is factual, reliable, and aligns with official visa guidelines and requirements.



Not all the visa interview experiences are fake, inaccurate or exaggerated, tbh most of them are real, but the misinterpretations are there in real experiences as well. You need to use your critical thinking here and only grasp the information which might be useful for you. Some visa experiences are extremely insightful, yet rare and full of tips so you need to keep an eye out for those.

By acknowledging these points, you can avoid the pitfalls of relying too heavily on others' experiences and focus on preparing your own unique and authentic responses. The visa interview outcome depends on your individual profile and how you confidently and convincingly present yourself during the interview.

### THE COUNTER NUMBER or VO PARADOX

These are VO related opinions that are circulating in the various Nepalis us visa groups:

"THE VO IN THIS COUNTER REJECTS ALL VISAS,"

"THE LADY VO IN THAT COUNTER APPROVES MOST VISAS"

"THE BALD VO IN THAT COUNTER DOESN'T EVEN LISTEN TO OUR ANSWERS"

"THE CHINESE VO IN THAT COUNTER JUST LOOKS AT SCHOLARSHIPS AND THEN DECIDES"



Should you let these effect your preparation and wish for luck to avoid appearing in front of certain counter numbers or wishing to be in front of certain Vos?

**ABSOLUTELY NO FUCKIN' WAY!**

These claims are almost all the time baseless. These are generally made to scapegoat the VO for one's lack of effort and dedication ultimately leading to visa rejection. **They'll play ludo in the visa interview and publish visa experiences like they played 3D Chess and still failed.** In few cases, the applicants really can't figure out what they did wrong and ultimately blame the VO because they can't just see what they did wrong but indeed they did. That maybe subtle like the VO's instinct telling him/her that you're lying about something.

### WHY SHOULDN'T YOU FOCUS ON CERTAIN VO AND COUNTERS BEFORE INTERVIEW?

**Consider this scenario:** You believe the rumors about a specific consular officer that he/she accepts/rejects visa solely based on scholarships and build a negative perception while preparing for the interview. Let's assume you have a relatively lower scholarship but an overall strong profile, and you have thoroughly prepared for the interview. Unfortunately, on the day of the interview, you are assigned to the very same consular officer you wished to avoid. In this situation, you might reject your own visa before the consular officer even has a chance to evaluate your case. The consequences can be severe. You may lose confidence, your heart may race, and your answers may become less convincing. Fumbling and an inability to present yourself effectively may result in a visa rejection, despite your strong profile and preparation. It's essential to recognize that basing your expectations solely on rumors from the internet, such as the belief that the American VO rejects visas solely based on scholarships, can sabotage your own chances.

**Consider another scenario:** The same caution applies when it comes to being assigned to a specific consular officer you wished for. Let's say you read online that counter no. 2, manned by a Chinese man, approves all visas if the applicant has a high GPA. You have a high GPA, and, in your mind, you've already assumed that your visa will be approved even before answering any questions. However, this optimism can be detrimental to your interview performance. By entering the interview with the unwavering belief that your visa will be approved, you may inadvertently come across as overconfident or lack clarity in your responses. You might fail to demonstrate humility or even unintentionally appear disrespectful. This can create the impression that you are not taking the interview seriously, jeopardizing your chances of obtaining the visa.

Now, let's address those individuals who have appeared in F1 visa interviews and are spreading unfounded perceptions about consular officers which are baseless. It's time to confront the hard truth and dispel the misguided notions that have been circulating.



Listen up, because this is important: I feel sad that your visa was rejected but you absolutely do not know the precise reasons why those students were accepted or rejected in the first place. Blaming the consular officer for your visa refusal without considering other factors is a gross oversimplification. **Just accept that you were not up to the mark and stop blaming VO, location or anything else.** If a particular consular officer is rejecting a significant number of students, it is likely because those students' profiles weren't up to par. Perhaps they failed to present themselves confidently and convincingly, or maybe there were irregularities in their DS-160 applications or other essential documents. Numerous variables come into play during the visa interview process, and it is naive to attribute it solely to the consular officer's preferences.

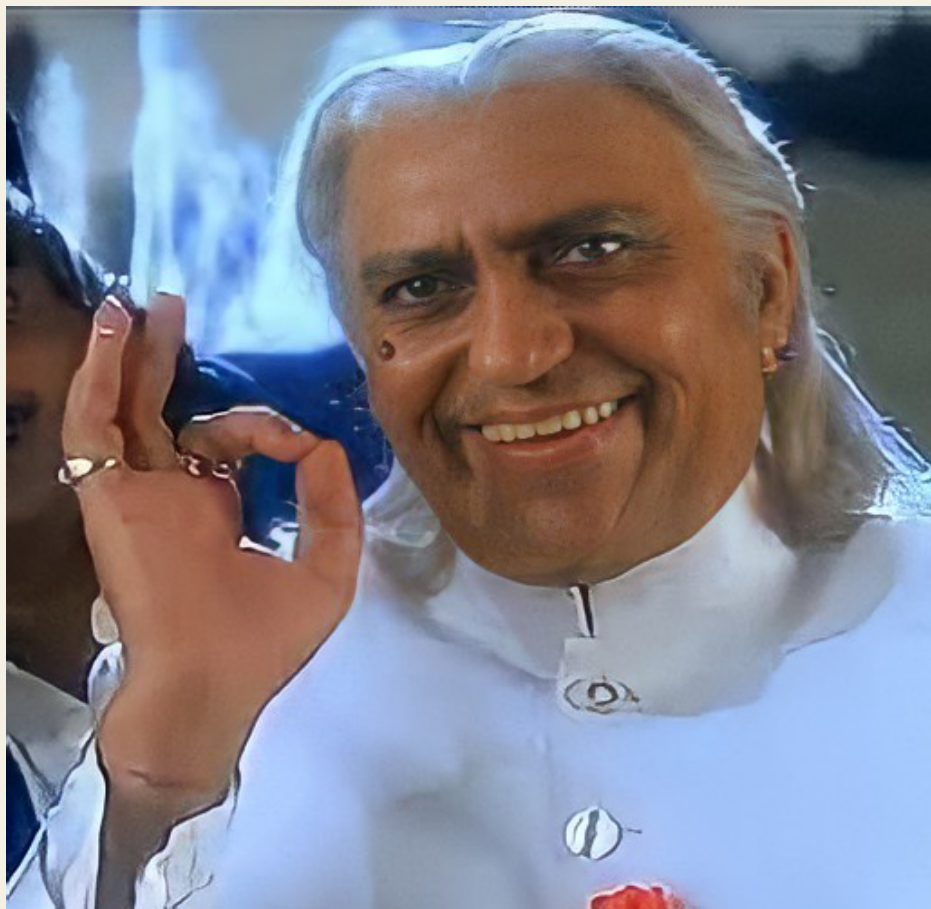
Conversely, if a certain consular officer is approving visas more frequently, it could be because the applicants in front of them had strong profiles. They may have demonstrated honesty, provided compelling answers, and displayed genuine intentions. It's not as simple as solely focusing on GPA or scholarship. There are numerous aspects that consular officers consider, including an applicant's clarity in answering questions, their ability to articulate why they chose a particular course and university, their commitment to returning to their home country after completing their studies, and their overall credibility.

This may be hard for some of you to accept, but it's time to face the truth. Did you truly prepare well for the interview? Did you answer the questions clearly and convincingly? Did you provide compelling reasons for your course and university choice or you just went with the university which consultancy suggested without no research of your own? Did you demonstrate your intention to return home after completing your studies? Did you lie about the number of issued I-20s or make mistakes in your DS-160 or SEVIS profile?

There could be various other reasons for your visa rejection that you may be ignorant of or have overlooked. It's natural for us humans to search for someone to blame when we face failure. However, it's essential to take a step back and critically evaluate your own preparation, mindset, and performance during the interview. Blaming the consular officer or attributing your rejection to their biases or preferences will not lead to personal growth or improve your chances in the future.

Instead of harboring resentment or spreading baseless perceptions about consular officers and increasing fear and anxiety among other students waiting for visa, take responsibility for your own actions and learn from the experience. Identify areas where you can improve, seek guidance, and approach future interviews with a well-prepared and confident mindset. Remember, the path to success lies in self-reflection and continuous self-improvement, not in scapegoating others.

So instead of believing in the commotion that certain Vos or Counters are approving or rejecting visas irrespective of the reasons which might affect your preparation, mindset and ultimately your presentation on the interview itself, believe in yourself. Prepare your answers well, take mock interviews, sound confident and head to US embassy with the mindset that you will be assessed totally on your presentation of your answers and not anything else.





### THE INFAMOUS VISA RATE MYTH

"INDIA KO VISA RATE?"

"NEPAL KO VISA RATE?"

"UNIVERSITY KO VISA RATE?"

"VO ANUSAR KO VISA RATE?"

What is Visa Rate?

Mathematically,

Visa Acceptance Rate =  $(\text{Visa Issued} / \text{Total Visa Applicants Interviewed}) \times 100\%$

Visa Refusal Rate =  $(\text{Visa Refused} / \text{Total Visa Applicants Interviewed}) \times 100\%$

It may appear to be a simple calculation, but let's delve deeper into the misconception: can your visa outcome be determined by these rates?

**Holy motherfuckin' no.**

I genuinely wonder who the fuck in their right mind believes in such notions. If you do, it's time for a reality check. Engage your common sense, if you have any, because relying on visa rates is utterly baseless.

**To those spreading these India's Visa rate is low and everything. Please understand you were rejected because you were bad. Simply put. Your rejection has nothing to do with other's visa acceptance or refusal. Stop being delusional.**

Also, how the fuck does anyone calculate visa rate? It doesn't necessarily mean exact percentage. For the sake of argument, let's say there an official site which shows visa rates according to country, university, VO, degree or level.

Now, let's make sense of some questions that circulate on the internet!

o "I heard the Visa Rate of JSU is low. Is it true? Someone in the comments said, 'Yes, about 60% of those interviewed for this university were rejected.'"

So, according to this statement, 60 out of 100 people who interviewed for JSU were rejected. Does that mean your chances of getting a visa are a measly 60% during your interview for JSU? Mathematically, yes, but in reality, absolutely not. Those 100 individuals who underwent the interview had distinct profiles and were assessed based on their unique circumstances. In this case, it just so happened that only 60 of them had a strong profile, prepared diligently for the interview, and provided satisfactory answers while the other 40 didn't. However, that outcome has no bearing on the next 100 applicants. Among them, maybe 80 will possess a solid profile and successfully obtain a visa. You see, it's entirely arbitrary and specific to each individual's case. The other 99 applicants hold no influence over your profile or visa outcome. If you have a strong profile and adequately prepare, your chances of securing a visa increase. Conversely, if your profile is mediocre, your chances are lower. The visa rate, even if it were miraculously calculable, would hold no significance in determining your visa outcome. The result solely depends on you, the applicant, and nothing else.

And if your argument is that many students are applying to the same university, and the Visa Officer might find it suspicious or raise concerns, then I must reiterate that it ultimately comes down to you. It is your responsibility to convincingly demonstrate to the Visa Officer that you have a genuine academic-focused reason for choosing that particular university. If you can effectively convey this, then the sheer number of total applicants becomes irrelevant.

Furthermore, let's address the situation where a large number of students are applying to the same colleges. It's important to recognize that thousands of students apply concurrently, and it's only natural that many of them will gravitate towards the same universities. However, if you find yourself in a situation where you have applied to low-tier universities without conducting proper research, solely relying on consultancy or friends, then you have already set yourself up for failure.

Your success in obtaining a visa hinge on your ability to present a compelling case for your academic pursuits and demonstrate your genuine intentions. Don't let the number of applicants or the university's popularity distract you from preparing thoroughly and making a strong case for yourself. Ultimately, it is your individual efforts and preparations that will determine the outcome of your visa interview.

Same is the case for country-wise visa rate, consulate-wise visa rate, VO-wise visa rate, level-wise visa rate or any term-wise visa rate that are circulating. This is same for giving Interview in Nepal or India. If someone is being rejected, they are just bad. Accept it. If you are being accepted, you had good preparation. Congrats.

**Don't be an idiot. Use your brain.**



### SABAI LUCK KO KURA HO!!! IS IT REALLY?

Is everything related to approval of US F1 visa just good luck or bad luck?

-Well, not exactly. There may be some element of chance involved in the process, but that being said you must prepare well for the interview to provide detailed and convincing answers and approach the interview with a serious and respectful attitude. You mustn't forget that your preparation far outweighs the element of chance or luck.

For example.

Student A has an average profile but is well prepared for the interview. She has written convincing answers. She is confident, well spoken and can present herself in the interview well.

Student B despite having excellent profile, is not prepared well. He has written somewhat okay answers. He doesn't sound convincing and can't present himself in the interview well.

Which student do you think have more chances of getting their visa approved?

Obviously, Student A. Right?

How much does the luck or element of chance do you think can save student B when he is clearly not prepared and is not taking the interview seriously.

While an element of chance exists in every aspect of life, you don't simply rely on luck, do you? You don't abandon preparation, believing that everything will be determined by luck and rendering your efforts meaningless, do you?

Also, in case of rejection, do you really think it's just bad luck?

Do not say, "LUCK IS EVERYTHING" and blame luck for your rejection.

Do you really think your answers, your profile, your presentation was all to the point and the only thing that stopped you from getting visa is your luck???

I highly doubt it. There are numerous considerations that the Visa Officer takes into account, many of which you may be unaware of or ignorant about. Did you meticulously fill out your prior forms such as the DS-160, I-20, and SEVIS? Did you have a strong overall profile that showcased your qualifications and aspirations? Were you able to convincingly demonstrate to the Visa Officer why you chose that specific university and degree program? Did you effectively communicate your financial situation? Did you make a compelling case for your intention to return to Nepal after completing your studies? Did your answers sound genuine and unrehearsed? Most importantly, were you honest or did you attempt to deceive the Visa Officer?

Visa Officers are highly trained professionals with extensive experience conducting interviews. They have encountered thousands of applicants and possess a certain intuition for detecting dishonesty. The type and color of the slip you were given may provide insights into what went wrong. Seeking feedback and sharing your experience with others can also help shed light on areas for improvement.

So, instead of leaving everything to luck, prepare to the best of your ability. Address any shortcomings or weaknesses in your application. Practice your interview skills and ensure your answers are sincere and genuine. Take control of the factors within your control and strive for excellence. Luck may play a minor role, but it should never be your sole reliance. Your determination, preparation, and presentation will ultimately shape the outcome of your visa interview.

While preparing for your F1 visa interview, it's important to keep in mind that there have been very few unfortunate cases that can be considered as bad luck. In these instances, some applicants had their visas rejected despite the Visa Officer only glancing at their documents or asking a single simple question. Additionally, there have been rare cases where Nepali students were denied visas in India after disclosing that they went to India for the interview. The exact reasons behind these rejections are unknown, and we can only speculate. Maybe they had some irregularities in their documents or anything else. We just don't know. However, it's crucial to note that these situations are extremely uncommon, and they should not deter you from preparing well for your own interview.

To put it in perspective, it's similar to the occurrence of death by lightning. Yes, it does happen, but the probability of it affecting you is incredibly low. You don't live your daily life in a state of stress and anxiety due to the remote possibility of being struck by lightning, right? Similarly, these exceptional cases should not cause undue worry or distract you from focusing on your thorough interview preparation.

By dedicating your efforts to practice, research, and understanding the interview process, you can significantly increase your chances of success. Treat these rare incidents as anomalies and focus on the majority of cases where applicants who are well-prepared and confident have a positive outcome. Remember, your preparation, presentation, and the content of your answers play a far more significant role in determining the outcome of your F1 visa interview than the outliers.

Stay focused, stay determined, and approach your interview with confidence, knowing that you have taken the necessary steps to prepare for success.

### THE BIG FIVE

The most important and commonly asked questions, which I refer to as THE BIG FIVE, are:

- Why do you want to go to the USA for your education?
- Why did you choose a certain university?
- Why do you want to study a certain course/degree?
- How are you going to finance your education?
- What is your plan after completing your studies?

More or less, your interview will revolve around these questions and cross-questioning in respective category. If you are prepared for these BIG FIVE, then your visa chances are definitely going to improve.

I won't be able to list or discuss each and every question here. Search all over the internet and practice all the questions even if they sound absurd. What's the harm in doing that. You'll just be expanding your horizon. We've got some cases where VOs have asked about university mascots, their alumni, college sports team, other things which in general you don't think will be asked so gain as much knowledge as possible. Also if you don't know any of these things, instead of lying, simply tell you are not aware of that because it's not connected with the academics and you can get away with that while questions like the names of your modules in first semester or the names of professors are the questions you need to have an answer and not knowing these will put a question mark on your seriousness about your academics.

Also you'll find different approaches for the same question from different sources and it is up to you to decide which approach suits you the most and which are logical.

## PREPARING THE ANSWERS FOR THE BIG FIVE

### 1. Why do you want to go to the USA for your education?

#### Dos:

- **Be specific:** Tie your answer to your intended degree and explain how studying in the US aligns with your academic and career goals. For example, if you are applying for a STEM degree, emphasize the research opportunities, practical education, or cutting-edge technologies available in the US that will enhance your learning experience.
- **Highlight academic advantages:** Emphasize the high-quality education, research opportunities, innovative teaching methods, or access to renowned professors in your field. Discuss how studying in the US will provide you with a rigorous and comprehensive academic foundation that aligns with your career aspirations.
- **Discuss professional opportunities:** Mention potential career prospects, internships, or networking advantages that studying in the US can provide. Explain how the US offers a dynamic and competitive job market, allowing you to gain practical experience and establish valuable connections in your field of interest which will be beneficial when you get back to Nepal.
- **Compare with your home country:** Explain specific areas where studying in the US offers advantages over educational opportunities in your home country. Focus on factors such as specialized programs, cutting-edge research facilities, or a vibrant academic community that fosters collaboration and innovation.



## 1. Why do you want to go to the USA for your education?

### Don'ts:

- **Avoid vague answers:** Refrain from generic statements like "US education is fascinating" without providing specific reasons. Instead, provide concrete examples and details that illustrate why studying in the US is a valuable choice for your educational journey.
- **Don't focus on cultural aspects:** Steer clear of mentioning weather, culture, or lifestyle as the primary reasons for choosing the US for your education. You can't possibly spend more than a 100k USD to go to US just to eat Texas BBQ or Starbucks and you like white culture, if they have any, right? The visa officer is primarily interested in your academic motivations and how they align with your chosen degree program.
- **Don't criticize your home country:** While comparing, avoid negative remarks about your home country's education system. Instead, focus on the unique opportunities the US offers and how they complement and enhance your academic and professional growth. You can say that you'll get better research facilities than Nepal in USA but you can't say, " Research facilities here in Nepal are awful. I can't stand the corruption in educational system. This country is a fuckin piece of shit. Can't wait to get out. Will never return. Thanks".

Remember, your answer should be tailored to your own profile, experiences and aspirations.

## 2. Why did you choose certain university?

### Dos:

- **Tie your answer to your intended degree:** Explain how the university you chose aligns with your academic and career goals. Highlight specific aspects of the program that attracted you, such as **research opportunities**, **assistantships**, unique elements in the syllabus, or practical experiences.
- **Mention extracurricular opportunities:** Discuss relevant clubs, organizations, competitions, workshops, or activities offered by the university that align with your interests and can enhance your learning experience. This shows your enthusiasm for holistic development.
- **Connect with professors or alumni:** If you have had interactions with professors or alumni from the university, mention their expertise and how their guidance or insights influenced your decision. This demonstrates your proactive approach and research about the university.
- **Discuss how the university supports your goals:** Explain how the resources, facilities, or specific programs offered by the university will contribute to your academic and career objectives. This shows that you have carefully considered how the university can help you achieve your goals.

## 2. Why did you choose certain university?

### Don'ts:

- **Avoid non-academic factors:** Refrain from mentioning non-academic reasons like friends, location, weather, or living costs as the primary basis for choosing the university. Focus on the educational benefits instead.
- **Don't overly rely on rankings:** While mentioning university rankings is acceptable, do not make it the sole focus of your answer. Emphasize the program's fit for your academic and career goals rather than its ranking.
- **Don't generalize about faculty or scholarships:** While student-faculty ratio, scholarship availability, and qualified teachers are important, keep them as supporting points rather than the primary focus. For many of us, the scholarship might be the biggest factor but present it as secondary point. Highlight specific aspects of the program or faculty that attracted you instead.

Remember, your answer should be sincere and demonstrate your genuine interest in the educational opportunities provided by the university.

### 3. Why do you want to study this certain degree/course?

#### Dos:

- **Showcase genuine passion and interest:** Clearly express your enthusiasm for the specific degree or course you want to study. Explain how your interest in the subject developed over time and provide examples of activities or experiences that fueled your passion. This could include participation in related clubs, projects, competitions, or relevant work experience.
- **Share personal anecdotes:** Share specific incidents or experiences that inspired you to pursue this field of study. Whether it was a moment of realization, a problem you wanted to solve, or a personal connection to the subject matter, provide a compelling narrative that demonstrates your genuine interest and commitment.
- **Connect your degree to future plans:** Explain how studying this particular degree aligns with your long-term goals and career aspirations. Discuss the specific knowledge, skills, and experiences you expect to gain from the course and how they will contribute to your future plans. Show that you have researched potential career paths and understand how this degree will help you achieve your professional objectives.
- **Demonstrate knowledge of the subject matter:** Take the time to research and familiarize yourself with the key concepts, trends, and advancements in the field of study. If you mention specific elements of the degree that interest you, be prepared to explain them in more detail if asked by the visa officer. This demonstrates your genuine interest and commitment to understanding the subject matter.

### 3. Why do you want to study this certain degree/course?

#### Don'ts:

- **Avoid superficial reasons:** Refrain from stating that you chose the degree simply because you selected a related stream in high school or because of its perceived job prospects or salary potential. While these factors may be secondary reasons, focus on your genuine passion and interest in the subject matter.
- **Don't rely on generic statements:** Avoid generic statements like "I've always been interested in this field" without providing specific examples or anecdotes to support your claim. Share personal experiences, challenges, or influential moments that have shaped your interest in the field.
- **Don't overlook future plans:** Ensure that you clearly articulate how this degree connects to your long-term goals and plans. Avoid leaving the impression that you are pursuing the degree without a clear sense of direction or purpose.
- **Don't overlook the technical aspects:** If you mention specific elements or technologies related to the degree, make sure you have a solid understanding of them. Be prepared to explain technical terms and concepts if questioned by the visa officer. Demonstrating knowledge shows your genuine interest and commitment to the subject. You can't possibly say you want to study CS because of AI and then fail to explain what AI is to the VO.
- **Don't make your answer over sentimental:** Logic and realism comes before sentiments. I want to study CS because I want to stop all the cyber crimes happening. When I was small, my dad was scammed 50 thousands and we suffered and didn't have anything to eat. We failed to pay my fees so I didn't went to school for a year. Don't steep to this level of storytelling.

## 4. Who is going to sponsor your education and what do they do?

### Dos:

- State your sponsors' profession and their income as the primary source of funding. Provide accurate and up-to-date information about their occupations and the income they earn. This will demonstrate a reliable and consistent source of financial support.
- Highlight any savings or investments your parents have made towards your education. This demonstrates their commitment and readiness to support your academic endeavors.
- Include any immovable assets, such as property or investments, as secondary sources of funding. Mentioning these assets shows additional financial security and can enhance your credibility.
- Prepare your answers in absolute detail. For instance, if you mention that your father is a hotel owner, be ready to provide specific information about the hotel, including its name, address, number of staff, annual revenue, and room rates. Anticipate the possibility of detailed cross-questions and ensure you have comprehensive knowledge about the business.

## 4. Who is going to sponsor your education and what do they do?

### Don'ts:

- **Avoid providing vague or incomplete answers.** VOs appreciate thorough and precise information, so ensure your responses are detailed and accurate.
- **Refrain from exaggerating or fabricating information about your parents' occupation or income.** Honesty is crucial during the visa interview process, and any attempt to deceive the VO can have serious consequences. Of course, you can't get visa with absolute honesty every time so prepare for lying in absolute detail and confidence to outsmart the VO.
- **Avoid relying solely on the sponsorship of friends or relatives** unless you can provide concrete evidence of their financial capability. VOs prefer to see a direct connection between the applicant's family and the funding source.
- **Don't overlook the importance of preparing for potential follow-up questions.** Be ready to provide additional details if asked by the VO. This level of preparedness demonstrates your seriousness and responsibility regarding your education.
- **Don't show savings or assets as primary funding:** You should focus on presenting your primary funding to be the income so that you get new funds each year, especially for undergrad which is four years long. Lets say your COA is 30k which is about 40 lakhs and you've shown savings of around 45 lakhs as bank statement/certificate but that is only enough for a year. You need additional 120 lakhs for another 3 years and how will you manage that? Now you can present assets like land and house but if you have sold everything by the end of your degree, then is the investment worth it? Will you work illegally in US to pay for your fees? What will your family do? Will you return to Nepal after spending 1.5 crore there and work here for measly 300 dollars per month? These are not guidelines but logical arguments. Of course, no one knows what the embassy thinks. The choice is yours on what to present as your source. But in my opinion, constant flow of funds through income is the best way.

## 5.What are your plans post-graduation?

### Dos:

- **State your intention to return to Nepal:** Be absolutely clear with your answers that you'll be returning to Nepal after graduation, and you have plans here. It is generally a safe option. You're going on a student F1 visa so you should not express any immigrating or working intentions in the interview.
- **Be specific and focused:** Clearly articulate your intended career path or goal after graduation. Provide details about the industry, job role, or further studies you plan to pursue. When asked about plans, simply saying I'll do a job is not enough. Explain what job, your responsibilities and what impact will it make.
- **Align your plans with your degree:** Connect your post-graduation plans to the skills and knowledge you will acquire through your chosen degree or course.
- **Showcase enthusiasm and ambition:** Demonstrate your passion and eagerness to make a meaningful impact in your chosen field.
- **Highlight relevant experiences:** Discuss any internships, projects, or extracurricular activities that have shaped your career aspirations and influenced your post-graduation plans.
- **Discuss long-term goals:** Mention your long-term vision and how your post-graduation plans fit into that vision.

TIP: You don't need to wait for this question to state your intention to return to Nepal after graduation. You can imply that indirectly as well in your previous responses. For example. When asked about the reason to choose a specific degree, while explaining that you can say that with the knowledge you gained in that degree, you'll be doing something here in Nepal or solving a problem which is present in Nepali industry of your field. You don't need to say the exact words, "I'll return to Nepal", to state your intention to return to Nepal to the VO.



## 5. What are your plans post-graduation?

### Don'ts:

- **Be vague or indecisive:** Avoid giving generic or uncertain answers. Clearly communicate your specific plans rather than providing vague statements. I will work as a software engineer in an company focused on delivering products with great UI/UX is always much better than saying I'll work in an software company.
- **Overemphasize monetary aspects:** While financial stability may be a factor, it is best not to make it the primary focus of your answer. Instead, emphasize your passion and personal growth.
- **Make unrealistic claims:** Be realistic in your post-graduation plans. While it's good to have ambitious goals, ensure they are achievable and align with your skills and qualifications. You can't possibly say you'll challenge Boeing with your new aeroplane manufacturing company which you'll open after graduating with aerospace engineering. Keep it realistic.
- **Disregard the relevance to your degree:** Ensure that your plans are logically connected to the field of study you have chosen. It should make sense why your degree will help you achieve your post-graduation goals. You can't say I'll work as a chef while going for a CS degree.
- **Neglect to mention personal development:** Apart from career objectives, if given time, consider mentioning how your post-graduation plans will contribute to your personal growth, such as developing leadership skills or expanding your professional network.

### SOME OTHER QUESTIONS

#### Education and Academic Background

- What is your educational background?
- What is your major or area of study?
- Why did you choose this particular field of study?
- Which university or college have you applied to or been accepted by or been issued i20 by?
- Why did you choose this university or college?
- Did you contact any professors from this college?
- Why did you choose to study in the United States rather than in your home country or another country?
- What was your most recent academic achievement?
- What courses have you taken that are relevant to your intended program of study in the United States?
- What extracurricular activities have you participated in that are relevant to your intended program of study?
- Have you completed any internships or work experience related to your intended program of study?
- How did you find out about the university or college you plan to attend?
- Have you taken English proficiency tests such as TOEFL or IELTS?
- Have you taken SAT or GRE?
- Can you describe your academic record and how you have performed in your courses?
- Do you have any academic achievements or awards that you would like to highlight?
- What research have you conducted or been involved with in your field of study?
- Can you provide more information about the projects you have worked on in your field of study?
- What challenges have you faced in your academic career, and how have you overcome them?
- How do you plan to balance your academic commitments with other aspects of your life while studying in the United States?

### Financial Situation

- How do you plan to fund your education in the United States?
- Who are your sponsors and what do they do?
- What is the total cost of attendance (COA) for your university or college?
- How do you plan to cover your living expenses while in the United States?
- Have you received any scholarships or financial aid from the university you plan to attend?
- Can you provide documentation to support your financial claims?
- How much do you expect to spend on your education in the United States?
- Have you considered other options for financing your education, such as loans or sponsorships?
- Have you made any arrangements for housing while you are studying in the United States?
- Can you explain how your education in the United States will benefit your financial situation in the future?
- How will you ensure that you will be able to repay any loans you take out to finance your education in the United States?
- Have you considered the cost of living in the United States and how it will impact your financial situation?

### PLANS AFTER GRADUATION / INTENT TO RETURN TO HOME COUNTRY

- What are your plans after completing your studies in the United States?
- What is your intent to return to your home country after completing your studies in the United States?
- What do you plan to do after completing your studies in the United States?
- How will your education in the United States benefit your career or future plans in your home country?
- Do you have any job offers or plans to work in the United States after completing your studies?
- Can you provide evidence of ties to your home country, such as property, a job offers, or family members?
- What is your family's opinion about your plans to study in the United States and return to your home country?
- How will you apply the knowledge and skills you acquire during your studies in the United States in your home country?
- What is the economic, social, or cultural situation in your home country that motivates you to return?
- How will you keep in touch with your family and home country while studying in the United States?
- Do you have any plans to immigrate to the United States in the future, and if so, how do you plan to do so?

### PREPARING THE ANSWERS

- Write convincing, brief and to the point answers while stating your main focus points at the start.

For example: If VO asks about why you chose certain university then don't start with " I applied to 5 universities, got their offers and then I researched more then found out that this universities has this bla bla."

As you know, VO have limited time and you shouldn't provide these unnecessary answers and lengthen your answer. Be to the point. Start directly with why you chose that university. That maybe research opportunity, certain elements of your intended course, unique facilities or workshops given by the university and such. You should directly start with that:

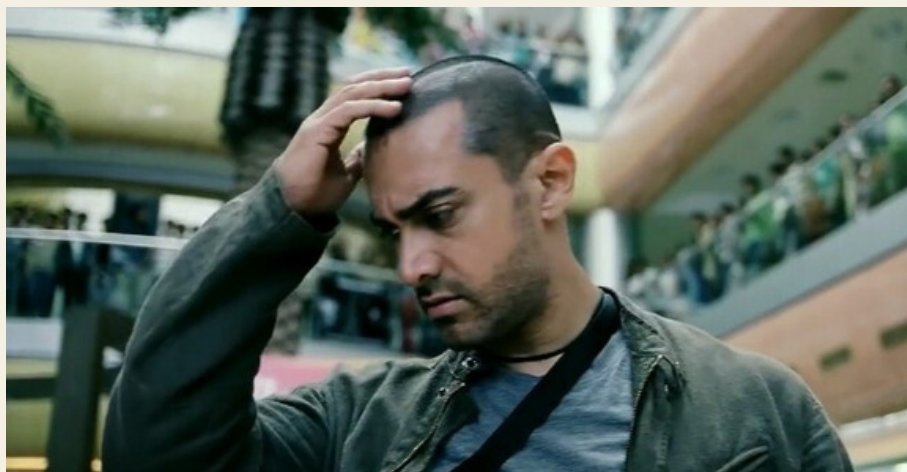
"Actually, I was accepted into undergrad research program in this university by professor name and the course offers elective for AI from the very first semester and workshops related to that and blab la bla..."

This answer is to the point and even if VO interrupts while you are answering you will already have presented your main points on why you chose that university.

This method applies to all the questions and not only this. Take your main talking points and make sure to state them at the very start of your answering. When you give long answers and go off topic, VO tend to interrupt or stop you, so you need to absolutely make sure that your main talking point is conveyed at the very start no matter what so the interrupting or stopping you doesn't affect your answer.

- Do not memorize your answers word by word.

I am not trying to say that you shouldn't memorize your answers at all. What I am trying to tell is that if you have memorized your answer, word by word, you are likely to fumble, forget your answer, blanking out or even sound like reading from a book which is not considered very good. You might do well in mock interviews with your friends or family or in front of mirror, but the real interview will blow you away. You will feel the pressure of the interview right from the time you join that line outside the embassy, and it will go on increasing as you move forward and wait for your turn at the counter. And with that level of pressure and nervousness, you are likely to forget or mix your answers or even blank out in worst case scenarios.



Now what I suggest you do is, remember your main focus points as I said in previous point and memorize them instead. And while doing mocks, try to state those points naturally and in various ways you can. This will benefit you to some extent in your actual interview at the embassy.

- Do not let others blindly affect your answer.

In the process of preparing for your interview, it's natural to seek guidance and information from various sources such as the internet, social media platforms, or even AI-powered tools like ChatGPT. While these resources can provide valuable insights and help you familiarize yourself with the interview format, it's crucial not to blindly copy answers from others. Each applicant's circumstances are unique, and what worked for someone else may not necessarily work for you.

When browsing through forums or reading about others' experiences, it's important to exercise discernment and critical thinking. While you may come across stories of individuals with similar profiles who claim to have been rejected or accepted based on specific answers, it's essential to consider the bigger picture. You must resist the temptation to altogether disband/copy the answers you've written based on other experiences. You are the expert on your own experiences, skills, and aspirations. Trust in your own judgment and believe in the answers you have prepared based on your genuine background and motivations.

By relying on your own insights and understanding, you can present yourself authentically during the interview. Remember, the visa officer is assessing your individual merits and potential as a student. They want to understand your unique journey, your passion for your chosen field of study, and your commitment to returning to your home country after completion of your education. By staying true to yourself and your own answers, you can confidently articulate your intentions and demonstrate your suitability for an F1 visa.

## MOCK INTERVIEWS and PRACTICE

- **Find a Suitable Practice Environment:** When conducting mock interviews, try to recreate the environment as closely as possible to the actual embassy interview. Stand instead of sitting, pass documents to the "VO" (interviewer) and follow proper greeting protocols before starting the interview. By mimicking the real experience, you can better prepare yourself for the actual interview setting.
- **Practice with Real People:** While rehearsing in front of a mirror or talking to yourself can be helpful, engaging in mock interviews with real people is more effective. Mock interviews with friends, family, or relatives can provide a realistic simulation of an interview scenario. Their feedback and observations can help you identify areas for improvement and build confidence.
- **Join Mock Interview Groups:** Look for mock interview groups on platforms like Telegram or other online communities. These groups often consist of individuals who are also preparing for interviews. By participating in such groups, you can practice with different people, gain exposure to various interview styles, and receive constructive feedback.
- **Utilize Online Services:** There are online services available that provide mock interviews, sometimes even with retired visa officers. These services can be helpful if you need extra guidance or if you have the means to invest in professional assistance. Make use of these resources if you feel it will benefit your preparation.
- **Consider Consultancies for Mock Facilities:** Some consultancies offer mock interview facilities as part of their services inside Kathmandu. If you feel the need for professional assistance and guidance, you can explore these options. However, it's important to note that utilizing a consultancy for mock interviews should be a limited engagement. For all other aspects of the application process, it is recommended to handle them independently.



I have observed that answers in mock groups are circulating among individuals who participate in these sessions. It has come to my attention that some participants are not actively engaging with the content and instead resort to copying and pasting answers provided by others. Furthermore, if you share your mock interview answers with consultancies, they may record them and potentially offer them to their clients if they find them suitable. While these practices may seem relatively harmless, there is a possibility that similar answers could be provided to the same visa officer on the same day, which could lead to an awkward situation if luck is not in your favor. Ultimately, the decision lies with you. However, in my opinion, the benefits of seeking mock interviews from a diverse range of individuals whom you are not familiar with far outweigh the slight risk associated with these practices. I would highly recommend engaging with as many people as possible to receive a comprehensive range of feedback and perspectives during your mock interview preparation.

#### Key Considerations for Practicing Mock Interviews:

- **Maintain a Serious Approach:** It is crucial to approach mock interviews with a serious mindset. Dedicate yourself to the process and treat it as if it were an actual interview.
- **Prioritize English Proficiency:** Focus on improving your English language skills. It is essential to communicate effectively and ensure grammatical accuracy. Emphasizing the importance of strong English language proficiency is a necessary reminder.
- **Enhance Your Presentation Skills:** Work on your presentation style during mock interviews. Aim for a pleasant facial expression, maintain appropriate eye contact and posture, and consider using comfortable hand gestures to enhance your communication.
- **IMPORTANT:** Choose someone as your main mock taker who really cares about you. On top of that, they must be fluent in English and be familiar with F1 visa interview. If possible, make them read this e-book. Often times people ask someone to take mock who doesn't care much about them and isn't familiar with the interview so they can't provide accurate feedback and help you to improve as they just want to get out by saying everything's good or they just don't know what you're saying or doing wrong.

- **Establish an Interview Environment:** To simulate a real interview experience, refrain from jumping straight into the question-and-answer session. Begin by creating a suitable interview environment. For instance, stand up, exchange greetings, and have the mock interviewer (e.g., a sibling) request your documents. Progress with the questions, and conclude with the mock interviewer accepting or rejecting your visa application.
- **Maintain Spontaneity:** Avoid following a rigid question-and-answer format throughout your mock interviews and continuously shuffle your Questions. Instead, strive for spontaneity. Incorporate small talk, discuss hobbies, and explore diverse topics. Mock interviews should include random elements to reflect the varied nature of actual visa interviews. For example, if you mention your interest in studying computer science to develop games, be prepared for the possibility of the visa officer inquiring about your favorite gaming character or the games you play. Incorporating such elements will help you be better prepared for real-life visa interviews.
- **Approaching answers:** Do not memorize answers word by word. While giving mocks, remember your talking point and try to give the same answers in different ways naturally. Use fillers like "You Know", "I mean", or anything you're comfortable to make your answers feel natural and not seem like reading from a book.
- **Identify your weak points and improve:** It's meaningless to do mocks if you are not learning anything from it. Note out what your problems are. That maybe anything from answers to certain questions, problem in maintaining eye contact, speaking rapidly or slowly and such. If any, try to gradually improve those and only then, mocks will have a meaning.

### MOCK START WITH GREETINGS AND END WITH VISA DECISION!

It is crucial to understand the significance of not stopping or restarting a mock interview in the middle. This practice is detrimental to your preparation for the actual F1 visa interview. Let me provide you with a relevant example that highlights the negative impact of stopping and restarting in any situation:

Imagine you are participating in a sports competition, let's say a tennis match. During a critical point, you hit a shot that doesn't go as planned. Instead of accepting the outcome and continuing the rally, you stop the game, ask for a replay of the shot, and try to hit the shot again. Not only does this disrupt the flow of the game, but it also creates an unrealistic scenario. In a real tennis match, you wouldn't have the luxury of restarting a point whenever you make a mistake.

The same principle applies to mock interviews. Stopping and restarting a mock interview when you encounter difficulties or make mistakes is counterproductive. It undermines the purpose of practicing for the real interview, which is to improve your communication skills, adaptability, and problem-solving abilities in real-time. Don't just say "Hya milena" or just laugh it off and stop your mock in the middle and restart it. Don't do that even once. It goes against every benefit of taking the mock in the first place. Follow the norm of completing interview right from your first mock.

In the actual F1 visa interview, you won't have the opportunity to pause and redo your answers. Therefore, it is crucial to train yourself to handle challenging situations and continue the interview confidently, regardless of any hiccups you may face. Embrace the moment, think on your feet, and provide the best response you can.

By avoiding the urge to stop and restart, you will develop the resilience, composure, and ability to handle unexpected circumstances during the interview. Treat your mock interviews as a continuous learning experience, from the initial greetings to the final visa decision. This approach will help you better prepare for the real F1 visa interview.

### **NOW LET'S ADDRESS THE ELEPHANT IN THE ROOM!!! IS HONESTY REALLY THE BEST POLICY IN VISA INTERVIEW?**

I'll be honest. There are very very few students who can actually pass the visa interview with absolute honesty, specifically in the financial sponsor's and plan after graduation section. Most of the students who apply for F1 US visa from Nepal do not have a family that earns 40k USD+ which is more than 50 lakhs NPR annually. And most of them do not intend to return to Nepal after graduation. And if they apply "Honestly is the best policy" principle in the interview, it is almost certain they won't be granted the visa. To those who belong to a wealthy family (I mean, those who earn 50 lakhs+ annually are considered wealthy in Nepal, right?) and those who are willing to return to Nepal genuinely can do and say so.

Now, as we have established the idea that MOST OF THE APPLICANTS CAN'T GO WITH HONESTY, you are smart enough yourself on what to do.

### **ABOUT SPONSORS AND THEIR INCOME**

Regarding financial section, you need to be very well prepared. You can't just get into the embassy and make something up and say on the spot there. No. You need to prepare your answers beforehand. You even need to prepare for cross questions.

Allow me to share a friend's example that highlights the financial circumstances he faced during his visa application process. Coming from a middle-class background, his mother is a dedicated homemaker whom he cherishes deeply. Meanwhile, his father spent more than 20 years of his life working as a labourer in Saudi, a sacrifice for which he will forever be grateful.

Currently, his father runs a sweets shop, which generates an average income of approximately 300-400 dollars per month for 10 months of the year. During the festive season, the earnings can reach around 1,000-2,000 USD for a couple of months. While this provides a maximum total of 8,000 USD annually, it fell significantly short of covering his cost of attendance, which amounted to 32,000 USD at the time of his application.

**Although he had immovable assets to pay for his education, If he had stated the 8k USD per annum income while COA was 32k, then he had slim chance of visa approval, right?**

**This is how he approached this problem:**

In formulating his financial sponsorship plan, he decided to present both his father and mother as his sponsors. He chose to portray his father as a successful entrepreneur in the hospitality industry, owning several hotels and restaurants, while his mother was portrayed as the owner of a cosmetics shop. To provide a believable representation, he stated his father's annual income as 30,000 USD and his mother's as 15,000 USD per annum. These figures were based on a careful assessment of their businesses and aligned with the financial expectations for the sponsorship of his education.

**His breakdown was:**

**Father:**

He portrayed his father as the owner of three hotels with restaurants and bars in Thamel, Pokhara, and Chitwan. He memorized the hotel names, addresses, and staff numbers in case of cross-questioning. He also researched VAT and PAN registration to provide relevant details. The income breakdown was 8k USD from Chitwan, 10k USD from Thamel, and 12k USD from Pokhara. He was prepared to discuss the impact of COVID-19 on their business and its gradual recovery.

**Mother:**

His mother was portrayed as the owner of a cosmetic shop. He assumed and memorized the name, address, PAN number, and VAT registration number for reference during the interview. Additionally, He familiarized himself with various cosmetic products, even those he had never encountered before, to demonstrate preparedness and familiarity with his mom's business. The income estimate of around 15k USD was based on research conducted in three different cosmetic shops in the New Road area, which his mother frequently visits.

### DISCLAIMER:

I don't promote any form of lying in the interview. I discourage lying. Lie at your own risk. Lie only if you are good at it and can make it sound like truth. Because if the VO doubts about your answer, he might hand you a pink slip which will ask you to present supporting documents to the embassy of the things you lied and as you lied, you won't have them, and this will be a huge problem and can have severe consequences as well.

**Keep this in mind while preparing your answers:**

- **Prepare your answers in absolute detail.** Thoroughly prepare your response with meticulous attention to detail. Anticipate potential cross-questions and ensure you have comprehensive answers. It is essential to determine and memorize key information such as business names, addresses, and the number of staff or employees associated with them. This level of preparation will strengthen your ability to provide accurate and confident responses during the interview.
- **It is advisable to familiarize yourself with the business your parents are associated with.** Gain knowledge about its nature, operations, and key aspects. Additionally, for unforeseen circumstances, consider acquiring a basic understanding of relevant technical terminology associated with the business. This preparation will enable you to confidently respond to questions about your parents' roles and the functioning of the business, should they arise during the interview.

- **When stating the income related to your parents' occupation, it is crucial to ensure it is realistic and believable.** It would be unreasonable to claim, for example, that your father, as a tea shop owner, earns \$20,000 USD annually. (Please note that I hold the utmost respect for all professions; this is simply to emphasize the importance of believability.) Similarly, if your parents hold government jobs, it is important to consider that the interviewing Visa Officer at the U.S. Embassy in Nepal is likely familiar with the income range associated with such positions. Therefore, it may be challenging to state an inflated income figure for government jobs. It is essential to be mindful of these factors when providing information during the interview. Now, to tell different income or to different profession altogether is your choice at your personal risk.
- **VERY IMPORTANT:** There is a field included in SEVIS and DS-160 in which you need to fill your parents educational background. Not only there, but while applying to universities as well. While answering, please remember that you can't tell your parents are something which they are not eligible to be according to the educational background you filled in DS-160 and SEVIS. For example. My father has studied up to 8th grade and I had given the same information to universities, DS-160 and SEVIS so I can't tell my father's profession to be a doctor or an engineer as he was a businessman and had no educational qualifications to be a doctor or an engineer. You need to be careful about that. You are smart enough yourself on what to do.

### ABOUT PLANS AFTER GRADUATION

- To the best of my knowledge, I haven't come across any Nepali student visa interview experiences where individuals have expressed intentions to work or live in the United States upon completing their degree. Therefore, it is highly advisable to clearly state your commitment to returning to Nepal and contributing to your home country. Highlight your plans and aspirations to make a positive impact in Nepal after completing your education. This approach aligns with the general trend and would be viewed positively during the visa interview process.
- The specifics of what you will do after completing your degree in the United States largely depend on the field of study and personal career goals, making it challenging for me to provide a universally applicable answer here. However, if you choose to discuss potential employment opportunities, it is crucial to familiarize yourself with the companies or industries you mention. Conduct thorough research on their operations, values, and how your knowledge and skills can be applied upon returning to Nepal. Be prepared to confidently address potential cross-questions regarding your plans, including the specifics of your intended role and the steps you will take to achieve your career objectives. This level of preparation demonstrates a genuine commitment to leveraging your education and experiences for the betterment of Nepal upon your return.



- If you have highlighted a specific reason for choosing your degree, it is important to connect that reason to your future plans. For instance, if you mentioned a particular interest in artificial intelligence (AI) as the motivation behind pursuing a computer science degree, it would be effective to express your intention to work in the AI field. You can mention your aspirations to contribute to AI companies in Nepal, such as Fuse Machines, by leveraging your skills as an AI engineer or pursuing a role that is closely aligned with AI technology. By aligning your answer with your stated interests and demonstrating a clear career trajectory, you will present a compelling and convincing response to the question.

### EXAMPLES:

- As I said, DON'T EVER say something you made on the spot at the interview. Always tell things that you are prepared about and can answer the cross questioning. In one instance, a friend of mine was applying for a multimedia degree. During the interview, when asked about his plans after graduation, he stated that he intended to work as an animator. Interestingly, the visa officer happened to be a fan of Japanese anime and engaged in small talk about Japanese anime. Caught off guard, my friend, who had only heard about "One Piece" through online sources, falsely claimed it as his favorite anime. When asked about his favorite character, he was unable to respond, revealing his dishonesty and inadvertently creating a negative impression. While it is difficult to attribute his visa rejection solely to this incident, it certainly had an impact on the outcome.

- I have another friend who, unfortunately, resorted to on-the-spot lying during her visa interview. Similar to the previous examples, she falsely claimed to have established contact with a professor and expressed interest in her research. However, when the visa officer inquired about the specific nature of the research, she found herself at a loss for words. It became apparent that she had simply copied her response from someone else's visa interview experience shared on a Facebook group. Unfortunately, this approach proved to be a grave mistake. While the individual who initially shared the experience was not questioned about the research specifics, my friend encountered a different line of questioning. As a result, she was unable to provide a satisfactory answer, leading to the rejection of her visa application.

**There are other things which you need to be prepared for:**

- If you are stating about being in contact with professor from the University, then remember their name, department and maybe their research works which are generally stated in the University website.
- If you are emphasizing your choice of a particular university due to your interest in ongoing research, it is crucial to familiarize yourself with that research and be capable of effectively explaining its nature and significance to the visa officer, should they inquire about it.
- Likewise, if you are highlighting a specific reason for selecting a particular course of study, it is essential to gain a comprehensive understanding of that field. For instance, if you mention that you have chosen BBA because you have an interest in supply chain management, it is imperative to be well-versed in this discipline and capable of providing a clear explanation to the visa officer, should they request further details. This principle applies to all other degree programs as well.

I can't tell all the scenarios. But I want you to understand that lying or dishonesty if caught, doesn't matter how minor it is, always leaves a very bad impression and drastically reduce your visa approval chances so do not lie which you cannot back up. You can choose to lie at your own risk but prepare for the cross-question beforehand.

·Do you have any siblings? What level of education have your siblings completed?

You may entirely deny that you don't have any siblings. Now why siblings and their education matter is that if your parents are funding for education of you and your siblings, then the VO may think that the income you stated earlier might not be enough for all of you so either deny having sibling and do not mention them in any documents or you can state higher income to incorporate enough fund for all of you. Be sure to fill forms like DS160 and such carefully. If you have mentioned having siblings there, you cannot deny here about their very existence.

·Have any of your siblings studied or lived in the United States before?

If you have denied having sibling in previous answer then this is done. If you have acknowledged the sibling, then if your sibling is studying currently, you can say they are studying now but if they are staying or working there even after graduation then it might be a good idea not to mention them as they have overstayed their F1 visa, and it might imply that you are likely to do so as well.

·Do you have any relatives who are currently living in the United States? If so, who are they and what is their relationship to you?

Mentioning having relatives in US who have overstayed their F1 visa might not be a good idea. However, if they have won DV lottery and came there through that or have gone there on legal ways then it does no harm in mentioning them. It will have no impact on your visa.

·Have you ever applied for the Diversity Visa (DV) Lottery program? If so, in which years and why did you apply?

It is very well documented that DV lottery and F1 Student Visa are two different programs, and the information is not shared between the two (Confirmed by a retired VO). So, there is no way that VO can know if you have applied for the DV lottery so you can deny if you want to. If you want to answer honestly then you can state that you were simply jumping onto the opportunity and testing your luck as it was free.

**HELLO AGAIN!!!!**

**YOU ARE RESEARCHING ON YOUR OWN AND NOT TAKING THIS E-BOOK  
AS YOUR SOLE SOURCE OF INFORMATION, RIGHT?**



that you shouldn't believe any information in this e-book or information in social media groups without cross checking or in some cases simply using your common sense.

It's important to be cautious about the information you find online. When you come across different answers to the same interview questions, you need to decide for yourself which ones are more suitable for your situation. Don't believe everything blindly. The same applies to my E-book. Don't just follow it without thinking. Remember, you have a brain, right? Use it to assess whether the internet content makes sense for your F1 visa interview. Just because someone wrote a blog or made a video doesn't mean they are experts, unless they are authorized visa interview counselors or actual visa officers themselves.

Trust your own judgment when considering the information, you find online and use it wisely for your interview preparation.

### THE PENULTIMATE DAY

- **Double-check your essential documents:** Ensure that you have all your important documents in order, including your passport, I-20, academic certificates, and payment receipts. Verify that they are in good condition and safely stored. Losing any of these documents can cause unnecessary stress and complications.
- **Take care of your well-being:** It's crucial to prioritize your physical and mental well-being. Aim to get a restful sleep of 6-8 hours to be well-rested for the interview. Avoid sleep deprivation, as it can impact your performance and appearance during the interview. Look fresh and composed on the day of your interview. Staying home to avoid any unfortunate accidents might be an extremely cautious idea.
- **Plan your transportation:** Determine the route to the embassy or consulate where your interview will take place. Familiarize yourself with the public transportation options or arrange for a reliable mode of transportation to ensure you arrive on time. Consider any potential traffic or delays that could affect your journey. It's near Rastrapati Bhawan so if the President's out then the traffic in that area will be unpredictable.
- **Review your interview preparation:** Take some time to review your interview preparation. Go through commonly asked questions and practice your responses. Refresh your knowledge about your chosen university, course of study, and future plans. Be confident in your ability to articulate your intentions clearly and concisely.
- **Stay positive and calm:** Keep a positive mindset and maintain a calm demeanor throughout the day. Engage in activities that help you relax, such as meditation, light exercise, or spending time with loved ones. Avoid unnecessary stressors that may negatively impact your mindset. It might be a good idea to stop using those social media groups and reading the interview experiences of others on the day before the interview.

### THE DAY OF THE INTERVIEW

It is the DAY. After sleepless nights of cutthroat competition to get the visa appointment date, numerous days filled with anxiety preparing your answers and numerous mock tests, it is finally the DAY.

Here are some important tasks to accomplish on the day of the interview:

- **Document check and preparation:** Prior to departing for the embassy, double-check all your essential documents. Pack them in a secure bag or folder to minimize the risk of loss or theft. Remember, unforeseen circumstances can arise, so it's best to be prepared. (Remember Murphy's Law: Anything that can go wrong, will go wrong.)
- **Nourish yourself adequately:** It's crucial to maintain your physical well-being on the day of the interview. Have a light meal, if necessary, as feeling weak or experiencing low energy levels can hinder your performance. Take into consideration any personal sensitivities, such as the tendency to feel nauseous when nervous. Stay hydrated and avoid consuming excessive amounts of liquids that may lead to frequent bathroom breaks.
- **Arrive early:** Aim to arrive at the embassy or consulate at least 60 minutes before your scheduled interview time. By allowing sufficient time for unexpected delays, you mitigate the effects of any potential disruptions that could arise. Following Murphy's Law, it is prudent to account for possible scenarios that may prolong your journey.
- **Carry only essential items:** Minimize the number of belongings you bring with you to the embassy. Stick to the necessary documents, such as your passport, I-20, and any additional paperwork requested. Keeping your belongings to a minimum streamlines the security process and reduces the risk of misplacing or forgetting important items.
- **Exude confidence and composure:** As you enter the interview room, project confidence and maintain a calm demeanor. Remember the extensive preparation you have undertaken and trust in your ability to respond to the questions with clarity and poise. Be attentive, listen carefully to the interviewer, and provide concise and well-thought-out answers.

### IS MAKE UP AND PERFUME GOOD?

Yes. You can do makeup but keep it very light and don't overdo it like bride in Nepali marriage ceremony. Using perfume is okay but keep it light as well. There might be people including the VO who are sensitive or have allergies to strong scents, so you need to be considerate. It's not like wearing makeup or perfume is mandatory or will increase your visa approval rate so it is a personal choice.

### WHAT SHOULD YOU WEAR?

When it comes to deciding what to wear for a visa interview, it is important to remember that it is a formal and professional setting. While there may not be an official dress code, it is generally recommended to dress in formal or business attire to make a good impression.

If you are thinking of wearing formal then:

For men, a suitable option would be to wear cotton pants with a dress shirt and dress shoes. It's best to avoid casual or overly colorful clothing that may distract from the professional atmosphere.

Women can opt for a suit, dress pants, or a professional dress. It is advisable to choose conservative and modest outfits that project professionalism.

To put it simply, avoid dressing as if you were going for a casual outing or a relaxed gathering. **Don't go there looking like you came for a dry picnic. Sometimes the things that doesn't seem to matter, matters.** So wear something formal, that will be my personal advice.

**Remember, the focus should be on your prepared answers and the content of your interview, rather than obsessing over your outfit. Dressing appropriately shows respect and professionalism, which can contribute to a positive first impression.**

### TIME FOR THE INTERVIEW

You're nervous, right? Don't worry. Everyone is because everyone has a heart, and it beats rapidly in these situations. Just take a deep breath and believe in yourself as you have prepared well following this from this e-book. Just say "AAALL IZ WELLL "and go on.



**IMPORTANT: DO NOT FAINT INSIDE THE EMBASSY DUE TO NERVOUSNESS.**

Things to do:

- Do not panic if candidates who appear before you are coming out with yellow slips as Coldplay says " As it was all yellow " or any slips other than that PRESTIGIOUS GREEN.



Remember what we learned up to now. You are different. You have prepared well. YOU WILL GET THAT GREEN.



- Listen to the questions carefully. If you don't understand the question, then ask the VO to repeat or clarify it. Asking them to repeat or clarify the question doesn't reduce your visa approval rate but answering a question that you do not understand might. Answer what is asked and nothing else.
- Keep your answers concise and to the point. It doesn't necessarily mean give one liner answers. Explain but in brief (Brief means short. There are many who think brief means long) and do not go off topic.
- As I have stated many times in this e-book, always state your main points of every answer upfront then go to secondary answers or explaining the primary answers. In this way, even if you gave long answers and VO interrupts you in between your answer, you will already have conveyed your main points.
- Don't speak rapidly. Be steady, confident and slightly loud so that VO can hear you clearly.
- If you at any point during the interview get stuck or you are fumbling a lot, just say "Sorry Officer. I'm a bit nervous", take a deep breath and then answer their questions. I had to do this. I was shaking and I got stuck. I apologized. The officer says relax, take a deep breath and she joked about her being scary, we both laughed and continued (I got the visa at last). It is normal for VOs to see candidate get nervous and it is their duty to calm them down and continue the interview.
- Approach your interview as a conversation and not a QnA session. Remember your main talking points and speak naturally with the VO using fillers like "You know", "I mean", "Like", "Well", "Actually", "Basically", and such. It helps to sound like the answers are not memorized.
- Be calm, optimistic, have a slight smile on your face when talking, and try to maintain eye contact and use slight hand gestures with the VO.
- Don't argue. Be polite and respectful throughout the interview.
- After your VISA is approved, do not scream, sing, dance, run or say "Thank you" to the VO a hundred times which I certainly didn't when I got my visa.

## REJECTION

Rejection is an integral part of life. Be it for the proposal to your first crush, the entrance interview at St. Xavier's, the first attempt at joining free worldink Wi-Fi or your first 100 IPO applications. Ah misery, thy name is life. And so is the case with F1 VISA interview.

What to do after the rejection:

**IMPORTANT: CROSS THE ROAD OUTSIDE US EMBASSY VERY CAREFULLY.**

- Reflect on the interview: Take some time to analyze the interview and try to identify any potential reasons for your rejection. Consider your answers, presentation, and overall performance during the interview. Be honest with yourself and try to pinpoint areas where you might have gone wrong or where your responses could have been more convincing.
- Seek constructive feedback: Instead of blaming the American bald VO or posting misleading negative experiences online which will cause stress and anxiety for other students who are waiting for the interview, it's advisable to share your interview experience and ask for their insights on where you might have faltered. Be open to constructive criticism and suggestions for improvement.
- Do not say, "LUCK IS EVERYTHING" and blame such innocent thing for your failure. It is another case if you think your profile, answers and presentation were absolutely brilliant, which in most cases aren't, and not just self-proclaimed then you can blame the American bald VO or luck for the rejection.

- Reapply: If you are hell bent on going to US for your education no matter what then reapply. But you should know the reason that you got denied the first time, improve it and then reapply.
- Introspect: Be honest with yourself if you gave it everything you could. Ask yourself if it was a dream with effort and dedication invested and not just hollow dreams. If yes, then change your attitude and start hustling.
- Yes. It is stressful. So, express your frustration and dissatisfaction by bitching about the American bald VO with your friend and watch attack on titan, and after finding out what happens at the end, you will totally forget about your rejection and will be bitching about Hajime Isayama. **And if that doesn't work, you can always go back to the old traditional proven way of releasing dopamine, oxytocin and endorphins. Let it all out.**



It's understandable to feel demotivated and devastated when faced with such an outcome. It may seem like you've lost everything, and it can leave you feeling numb, questioning your worth and purpose.

The journey leading up to this point may have been challenging, especially when it comes to convincing your parents to support your pursuit of education in the US. They might have invested significant financial resources, which holds great significance for most of us. Making that call or delivering the news to them outside the embassy, while they anxiously await your visa approval, is an incredibly difficult task. The reactions from your parents can vary - from understanding and encouraging words like, "It's okay, try again. Don't be sad," to more hurtful comments like, "Our hard-earned money has gone to waste." But can we really blame them? They have worked tirelessly day and night to accumulate that kind of money, driven by their love for you and their desire to see you happy. It's crucial to remember that they are your biggest supporters, and their love for you knows no bounds.

In times like these, it's important to reflect on a powerful truth: "SABDA GALAT HOLA TARA NIYAT GALAT HUNNA". Your parents' intentions are pure and driven by love. They want nothing more than to see you succeed and thrive. They are your pillar of strength, and you are their greatest treasure.

So, amidst the disappointment and heartache, remember that setbacks are a part of life's journey. They do not define your worth or determine your future. Take solace in the fact that your parents' love and support remain steadfast, regardless of the outcome. Embrace their unwavering belief in you and use it as fuel to persevere. Your dreams are still within reach, and there are countless paths to explore. Keep the fire of determination burning, and let this setback be a stepping stone to a brighter and more resilient version of yourself.

**DO NOT PROCEED FURTHER IF YOU ARE SENSITIVE TO CRITICISM OR TRUTH OR HAVE AN TENDENCY TO BE OFFENDED EASILY!**

INTROSPECTION AFTER REJECTION  
DO YOU HAVE THE RIGH TO FEEL DISAPPOINTED AND  
DISHEARTENED?

**TO THOSE WHO DO**

You gave it your all. You worked hard during your schooling days securing good GPAs. You worked hard to improve your academic profile. You studied hard for standardized tests like SAT/GRE/GMAT and scored decent marks. You researched and went through the entire US Academic application and visa process yourselves. You did everything in your capability in your hands but still you failed to get enough scholarship or got your visa refused. You have every right to be disheartened or disappointed. It's important to acknowledge that despite your best efforts, sometimes circumstances beyond your control can lead to unfavorable outcomes. Visa refusals and limited scholarship opportunities can be discouraging, but it's crucial to understand that these setbacks do not define your worth or the value of your hard work.

To those who have poured their hearts and souls into their academic pursuits, I want you to know that your efforts have not gone unnoticed. So, stay focused, keep pushing forward, and keep pursuing your dreams. Setbacks, such as insufficient scholarships or visa refusals, should not define your capabilities or potential. The road may be challenging, but with your resilience and dedication, you have the power to overcome any obstacle that comes your way.

I know my words means little to nothing to all of you but keep going.

### THOSE WHO DON'T

You don't think you have the right to feel disappointed or disheartened and whine on not receiving enough scholarship or getting your visa refused just by paying application and visa fees, do you?

- No. You don't.

It's those students who think they can breeze through school, consistently earn mediocre grades, lazing around and then suddenly wake up one day with the audacity to dream of pursuing education in the USA. They do no research of their own and just blindly follow consultancies with anything. And when they face rejection, what do they do? They whine and blame fate. Well, I've got news for you.

Did you even bother following a systematic approach to reach your academic goals? Did you take your GPA seriously? Is it even worth mentioning, or did you let it slide year after year? And what about those standardized tests like SAT or GRE? Did you put in any effort to compensate for your lackluster academic performance or GPAs? Did you work tirelessly to improve your scores and enhance your academic profile? Or did you sit back, do nothing, and expect miracles to happen?

And now let's address those slackers who want sympathy and attention and have the nerve to say, "Aama buwa ko sapana pura garne goals tutyo " when they clearly haven't worked hard for that. Here's a reality check for you: It's not the visa rejection that shattered your parent's dreams but your own lack of effort and dedication. Your parents sacrificed so much for you, and this is how you repay them? With a lack of effort and a bucket full of excuses?

Let me tell you, life doesn't work that way. It's time to wake up and face the consequences of your hollow dreams. Success requires dedication, perseverance, and a relentless pursuit of excellence. Don't be delusional and expect everything to fall into place without putting in the necessary work. So, pull yourself together, step up your game, and start making those dreams a reality. The choice is yours.

### WHAT NOW?

After visa rejection, it is crucial to carefully evaluate your options and determine whether reapplying is the best course of action for you, taking into consideration academic, financial, and emotional factors. If you choose to pursue this path, it is essential to focus on enhancing all aspects within your control. This includes crafting compelling and well-crafted Statements of Purpose (SOPs) or Personal Statements, conducting thorough research to identify universities that align with your goals, diligently preparing for standardized tests such as SAT/GRE/GMAT to improve your scores, and, of course, diligently preparing for future visa interviews.

If your intention is to pursue undergraduate studies locally and plan to apply for a master's program in the US or later in life, it becomes paramount to rectify any past shortcomings and strive for excellence in your education. Dedicate yourself to your studies, aim for high GPAs, diligently prepare for tests like GRE/GMAT well in advance, engage in meaningful academic projects, and explore opportunities for research involvement if feasible. Establishing connections with American professors during your final year will prove invaluable and facilitate informed decision-making moving forward.

By making these concerted efforts and addressing areas for improvement, you will enhance your chances of achieving your academic aspirations and making informed decisions about your future in USA.



### DON'T GIVE BULLSHIT SUGGESTIONS

I have observed individuals in Facebook and Telegram groups offering suggestions that are significantly off-target. While some may genuinely intend to assist, their recommendations are not entirely relevant. Allow me to illustrate with an example:

A student recently shared two I-20s in a Facebook post. One was from University A, indicating a Cost of Attendance (COA) of 15k after receiving a 30k scholarship, while the other was from University B, with a COA of 25k after receiving a 10k scholarship. The student's question was which university she should choose for the interview.

First and foremost, I have a slight concern regarding the nature of this question. If she is merely seeking additional opinions, that is acceptable. However, if she genuinely intends to base her decision solely on the responses from Facebook comments, then there lies a significant issue. What leads her to believe that unknown individuals on Facebook, who are merely fellow students lacking extensive knowledge, possess the ability to make such crucial decisions about which university is most suitable for her? She has clearly gone through the entire application process, received the I-20s, so why is she unable to make the decision herself? Or is she simply seeking attention by flaunting her I-20s with scholarships?

Now, let us address the suggested comment. Prepare yourself, as you may find this both astonishing and amusing in an entirely inappropriate manner.

One Facebook comment proposed the following: "You should attend the interview with University B, which has a COA of 25k after receiving a 10k scholarship, BECAUSE UNIVERSITY A HAS A LOW VISA RATE."



I cannot contain my anger and frustration towards individuals giving suggestions like this. Why would someone offer such an absurd suggestion? **There is no such thing as a "university visa rate". It is utterly baseless.** What truly matters in a visa interview is your profile, answers, and presentation. As long as you can provide a convincing response to the visa officer, you can choose any university, right?

In this student's case, she clearly has a better chance of demonstrating her financial eligibility with University A, where her COA is just 15k after receiving a 30k scholarship. Do you comprehend the significance of this? Yet, an anonymous self-proclaimed "university visa rate expert" determines that she should not choose University A and instead opt for University B, which has a 25k COA (10k higher than University A) after receiving a 10k scholarship (20k less than University A). It's not so much about the scholarship but the reason for taking up University B being the University Visa Rate which is absurd.

**Countless examples like this exist where the suggestions provided in Facebook comments are outrageously erroneous.**

To the students who receive such suggestions, I implore you not to blindly believe anything from unknown individuals on Facebook without conducting your own research and employing simple logic to confirm its accuracy.

To the students who offer nonsensical suggestions without considering the impact on those seeking advice, I urge you to exercise more empathy. Your simple suggestion can affect this student's life onwards. If you genuinely intend to assist, please carefully contemplate your suggestions and ensure their accuracy. **However, if your aim is simply to present yourself as an expert without any intention of providing genuine help, and instead offer random, uninformed suggestions, then I suggest you should stop being delusional you fuckin' piece of shit.**

### PERSONAL RANT

Listen up, folks! I've had enough of this nonsense, so pay attention to what I'm about to say. If you're seeking suggestions on questions like:

"I received an I-20 from a certain university with a specific COA and scholarship. Should I go for the visa interview?"

"I received I-20s from five universities. Which one should I choose? Which has a higher visa rate?"

"Should I go for a low COA without a scholarship or a high COA with a scholarship?"

"Is the visa rate higher in India or Nepal?"

"What should I answer to this question?"

Stop right there! These countless questions are driving me crazy. Yes, it's a daunting process, and yes, you may feel uninformed. But who are you asking and what the fuck are you asking? Aren't they just fellow students like you? Why do you think they have the power to make decisions for you? How can a student determine the visa rate of a specific university? Does the university even matter when it comes to your visa approval or rejection? Is there some magical India or Nepal visa rate that guarantees your visa regardless of your preparation and profile?

It's acceptable to seek guidance on confusing aspects of the university application process. You should do that. But asking for interview answers or opinions on which university is better? Think twice before asking such questions. Nobody here is an expert in these matters. If someone encourages you to join a particular university with reasons like Visa Rate or something absurd through comments, are you really going to base your decision on that? And when the visa officer asks you why you chose that university, what will you say? "Well, Ramesh from Facebook comments told me to." Seriously?

You're preparing to go to the US for an undergraduate degree, right? Then you should be capable of conducting your own research. It's your life that's at stake here. **If you can't handle that, it's pointless to go to the US. You won't achieve anything.** You'll be the one studying the degree, paying the fees, dealing with the stress and anxiety. And yet, you're letting some random person on Facebook decide your future? Are you kidding me?

And what the hell is this Nepal visa rate and India visa rate nonsense? Who is conducting polls outside the embassy? I genuinely want to punch those idiots spreading rumors like a certain university has a low visa rate, based on one person's visa refusal due to their lack of preparation. Now they're spreading fake rumors that could affect students who have excellent offers from the same university. **If you need to vent your frustration, go masturbate,** but don't make it hard for others to make decisions.

**And to those who ask for answers like, "I've chosen JSU. What should I say if the visa officer asks why I chose that university?" Ask yourself. Why the hell should we know? You're the one who chose that university. These people aren't seeking suggestions on how to approach the question; they want the exact answers handed to them.**

And let me tell you, the comments are even more absurd than the questions themselves. **One girl asked, "I'm applying to NYU, and while filling out the DS-160, should I mention that my sister holds a green card?"**

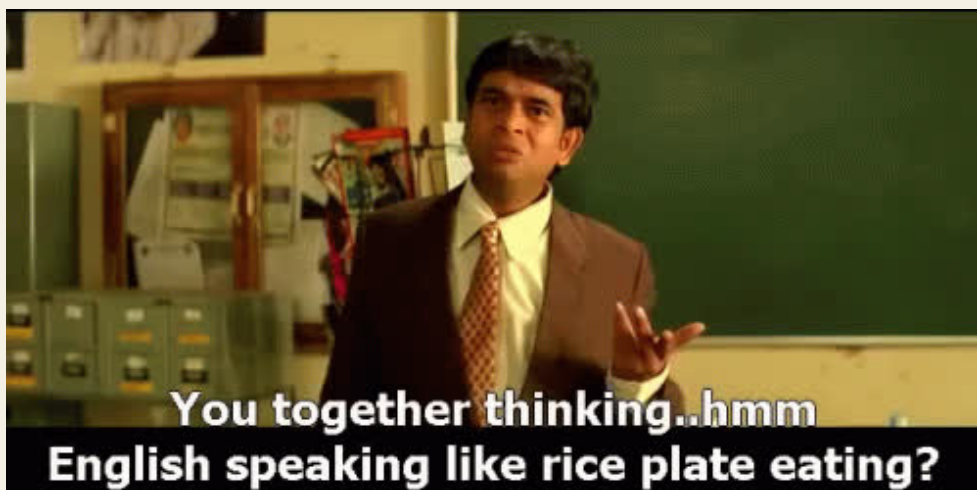
You won't believe the comment she received. **It said, "If she's married, you can mention it. If not, better not to."** I can't make any sense of this answer, no matter how hard I try. It's comical.

### FYI

Listen up, folks! I want to address a few things regarding this e-book. First of all, let me clarify why I chose to write an e-book instead of making YouTube videos. The main reason is that I don't want to reveal my identity. I'll write many things in this e-book that will undoubtedly offend someone out there, and I can already picture them itching to attack me. By attack, I don't necessarily mean physically beat me up. So, for my own safety, anonymity is crucial.

Now, let's talk about readers wanting to contact me for answers to their visa interviews. Let me make it crystal clear: I absolutely discourage that. You need to write your own damn answers. I'm not here to spoon-feed you. You're preparing to embark on this journey to the US, and part of that process is developing your own skills and independence.

Another consideration was creating a Nepali version of this e-book. However, I ultimately decided against it. Why? Because everyone is applying for the US, and it's in your best interest to read this in English. If you find it challenging to understand this basic level of English that I've used, then you seriously need to work hard on your English skills. Trust me, if you struggle with the language, you'll face extreme difficulties studying here once your visa is granted. I'm not mocking anyone; it's just the harsh truth.



## **MY OPINION AND WARNINGS!**

**DO NOT BELIEVE EVERYTHING IN THIS E-BOOK  
WITHOUT CONFIRMING IT BY YOUR OWN RESEARCH  
DO NOT RELY ENTIRELY ON FACEBOOK GROUPS FOR  
YOUR APPLICATION PROCESS**

**THINK 10 TIMES BEFORE GIVING SUGGESTIONS TO  
OTHERS REGARDING MAJOR DECISIONS LIKE  
UNIVERSITY CHOICE**

**STOP USING BULLSHIT TERMS LIKE UNIVERSITY VISA  
RATE, DAY WISE VISA RATE, INDIA VISA RATE, NEPAL  
VISA RATE OR COUNTER/VO WISE VISA RATE**

**STOP BLAMING LOCATION OR VO OR UNIVERSITY OR  
LUCK OR OTHERS FOR YOUR FAILURE IN VISA  
INTERVIEW**

**PREPARE FOR THE WORST AND HOPE FOR THE BEST**

**SAYONARA GOOD PEOPLE OF NEPAL!!!**

CREATED BY:

SAITAMA

KEEP HUMBLING, KEEP RUMBLING

||| IF YOU HAVE ANY SUGGESTIONS, REQUEST, COMPLAIN OR  
JUST FRUSTRATION TO VENT OUT ABOUT THE THINGS YOU FOUND  
OFFENDING IN MY E-BOOK PLEASE CONTACT ME |||

TELEGRAM:

ID: @iamsaitamaaa

GROUP (US ASPIRANTS NEPAL):

<https://t.me/+GP24GRs00z45Nml1>