# STRUCTURAL EQUATION MODELLING WITH LAVAAN IN R



# **ABOUT THE PRESENTER**

- Data Scientist at Business Data Laboratory
- Statistician at Federal Teaching Hospital Gombe
- Udemy Instructor



# **CONTENTS OF TODAY'S PRESENTATION**

- Introduction to SEM
- Key Concepts in SEM
- Overview of the lavaan Package
- Model Interpretation
- Case Study
- Summary
- Q/A

# INTRODUCTION TO SEM

#### **OVERVIEW OF SEM**

- Multivariate statistical analysis describing relationship between latent and observed variables.
- Extension of multiple regression analysis and factor analysis.
- Used in social science to test models where theoretical constructs such as attitudes, beliefs and values are measured directly through multiple items.
- Used in psychology, where latent variables such as personality traits or intelligence are measured through questionnaires.

## **BENEFITS OF SEM**

- Used to model complex relationships with inter related variables.
- Provides estimates for direct and indirect effects.
- Ability to handle missing data and provide model parameter estimates in the presence of missing data.

## **LIMITATIONS OF SEM**

- Large sample size to obtain reliable estimates of model parameters
- Requires a well specified theoretical model
- Difficult to learn, with familiarity of statistical software and advanced statistical concepts needed.

# **APPLICATIONS OF SEM**

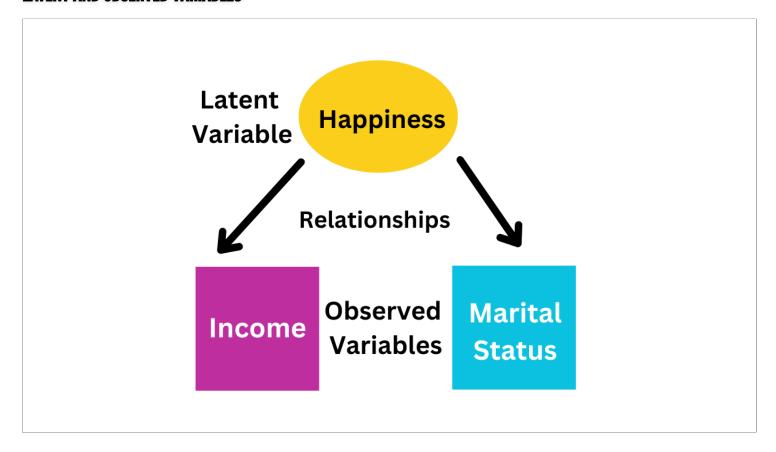
- Psychology
- Social Sciences
- Education
- Business

# **SEM KEY CONCEPTS**

## **LATENT AND OBSERVED VARIABLES**

- Observed variables are measured directly
- Latent variables are not directly measured and are inferred from observed variables.
- Latent variables are also known atent constructs.

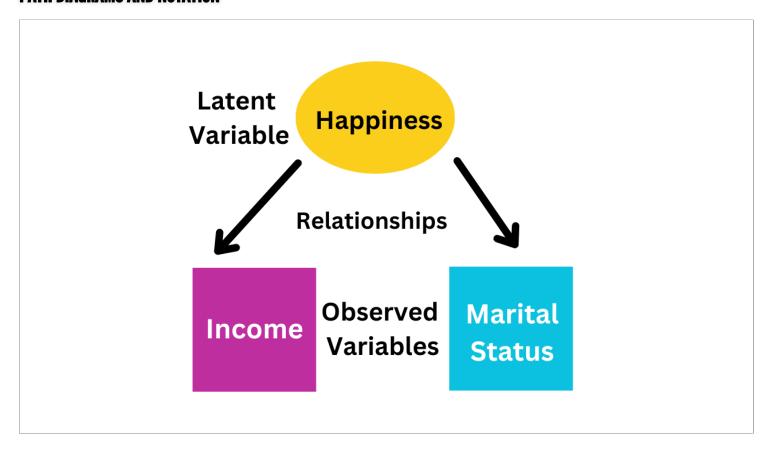
# **LATENT AND OBSERVED VARIABLES**



# PATH DIAGRAMS AND NOTATION

- Graphical representations of the relationships between variables in a SEM model
- Observed variables are represented by squares or rectangles
- Latent variables are represented by circles or ovals.
- Arrows between variables represents hypothesized relationships between them either direct or bidirectional.

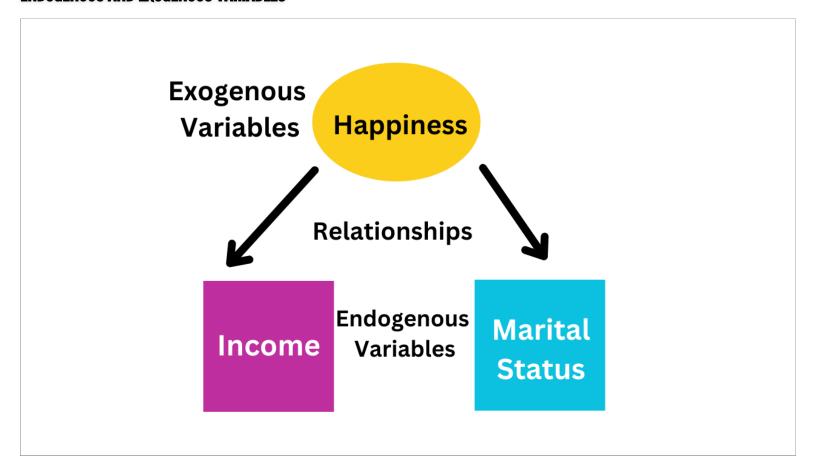
## **PATH DIAGRAMS AND NOTATION**



#### **ENDOGENOUS AND EXOGENOUS VARIABLES**

- Endogenous variables are variables that are hypothesized to be caused by other variables in the model.
- Exogenous variables are not influenced by other variables in the model.
- In a path diagram, endogenous variables have arrows pointing to them while exogenous don't.

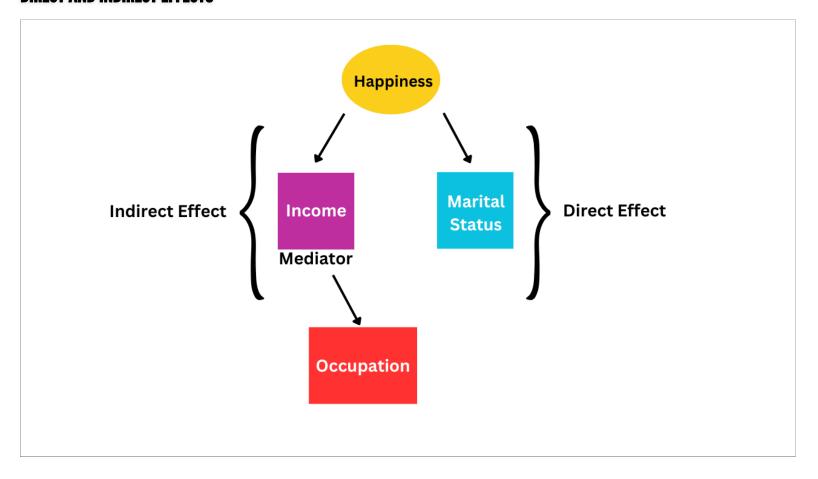
## **ENDOGENOUS AND EXOGENOUS VARIABLES**



## **DIRECT AND INDIRECT EFFECTS**

- A direct effect is the direct relationship between two variables.
- An indirect effect is a relationship that is mediated by one or more other variables in the model.

# **DIRECT AND INDIRECT EFFECTS**



# **LAYAAN OVERVIEW**

# **WHAT IS LAVAAN?**

- R package for Structural Equation Modelling (SEM) analysis.
- Lavaan stands for Latent Variable Analysis

## **INSTALLING AND LOADING THE PACKAGE**

## To install the package

1 install.packages("lavaan")

## To load the package

1 library(lavaan)

#### **CREATING A MODEL OBJECT**

Model object specifies relationship between observed and latent variables

```
1 model <- 'y =~ x1 + x2'
```

- ~= specify observed variables to latent variable relationship
- ~ specifies regression between outcome and predictor variables.
- ~~ specifies covariance between variables.

# FITTING THE MODEL

1 fit <- sem(model, data = mydata)</pre>

# **EXTRACTING RESULTS FROM THE MODEL**

1 summary(fit, standardized = TRUE)

# **MODEL INTERPRETATION**

#### **INTERPRETING PARAMETER ESTIMATES AND STANDARD ERRORS**

- Parameter estimates are values of the coefficients calculated for each predictor variable in the model
- Standard errors are measure of uncertainty in the estimation of these coefficients.

#### **INTERPRETING FIT INDICES AND GOODNESS-OF-FIT TESTS**

- Fit indices and goodness-of-fit Measures the goodness-of-fit of the model
- Fit indices includes
  - Chi-square
  - Root Mean Square Error of Approximation(RMSEA)
  - Comparative Fit Index(CFI)
  - Tucker-Lewis Index(TLI)
  - Standardized Root Mean Square Residual(SRMR)

#### **BENCHMARK VALUES FOR FIT INDICES**

- A non-significant chi-square value indicates a good fit
- A RMSEA value of 0.05 or less is considered a good fit, while a value between 0.05 and 0.08 indicates a reasonable fit. Values above 0.1 are considered a poor fit.
- A CFI value of 0.90 or above indicates a good fit, while a value above 0.95 indicates an excellent fit.
- A TLI value of 0.90 or above indicates a good fit, while a value above 0.95 indicates an excellent fit.
- A SRMR value of 0.08 or less is considered a good fit, while a value between 0.08 and 0.10 indicates a reasonable fit. Values above 0.10 are considered a poor fit.

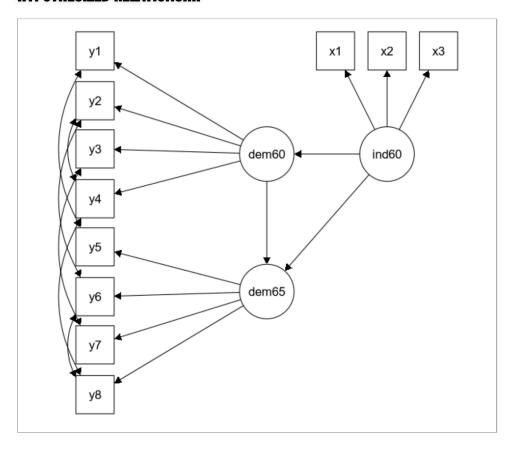


#### POLITICAL DEMOCRACY DATASET

The dataset contains various measures of political democracy and industrialization in developing countries.

- Political Democracy in 1960
  - y1 Expert ratings of the freedom of the press in 1960
  - y2 The freedom of political opposition in 1960
  - y3 The fairness of elections in 1960
  - y4 The effectiveness of the elected legistlature in 1960
- Political Democracy in 1965
  - y5 Expert ratings of the freedom of the press in 1965
  - y6 The freedom of political opposition in 1965
  - y7 The fairness of elections in 1965
  - y8 The effectiveness of the elected legistlature in 1965
- Level of Industrialization in 1960
  - x1 The gross national product (GNP) per capita in 1960
  - x2 The inanimate energy consumption per captita in 1960
  - x3 The percentage of the labour force in industry in 1960

# HYPOTHESIZED RELATIONSHIP





#### **KEY TAKEAWAYS**

- Structural equation modeling (SEM) is a statistical technique used to analyze the relationships between observed and latent (unobserved) variables.
- Lavaan is an R package for SEM that allows users to specify their models using syntax that is similar to standard regression equations.
- When using lavaan, it's important to specify the model correctly, including specifying the relationships between the variables and the measurement model for the latent variables.
- Lavaan allows users to test the fit of their model using several fit indices, such as chi-square, RMSEA, CFI, and TLI.
- When interpreting the results of a lavaan analysis, it's important to consider both the statistical significance of the estimates and their practical significance.
- Finally, SEM is a powerful tool that can help researchers better understand the complex relationships between variables, but it's important to use it appropriately and with caution.

## **RESOURCES**

- Chapter 6 Structural Equation Modeling, Introduction to R for Data Science
- Chapter 6 Structural Equation Modeling, Using R For Social Work Research
- The Lavaan Project

# **Q&A SESSION**

