



CYBERSECURITY AWARENESS DAY 29

Let's talk about
Password Managers

Iwuchukwu Augusta Chioma



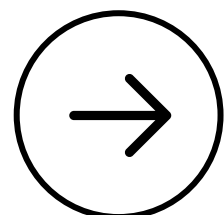
What It Means



A password manager is like a digital safe. It stores all your passwords securely in one place, protected by one strong “master password.”

It also helps you:

- Generate strong, unique passwords for each account
- Autofill them securely
- Avoid reusing the same password across multiple sites

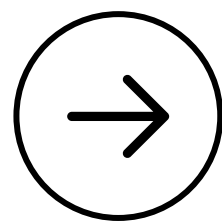


Why You Need One



Let's be honest nobody can remember 20+ complex passwords. So people reuse the same one everywhere. That's how attackers gain access and one breach = all accounts exposed.

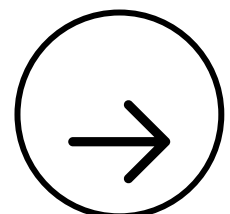
Password managers break that cycle by doing the remembering for you safely.



How Password Managers Actually Work



- You create one strong master password.
- The manager encrypts (locks) all your saved passwords using that master key.
- When you log into a site, it automatically fills in your password for you.
- Everything stays encrypted even the company itself can't see your stored passwords.

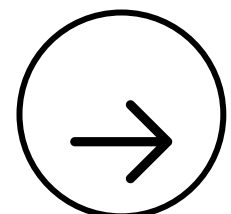


Risks You Should Know



Even a password manager can be compromised if you're careless.

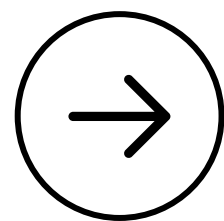
- Using weak or reused master passwords
- Falling for fake “update” emails or phishing pages
- Syncing your vault on infected devices
- Ignoring software updates



How to Use Password Managers Safely



- Use a reputable password manager (Bitwarden, 1Password, Dashlane, etc.). Avoid random free apps.
- Create a strong master password — a long passphrase like: Adaoma\$Reads@threebooksmonthly!
- Turn on multifactor authentication (MFA) — even if your master password leaks, hackers can't get in easily.
- Regularly update the app because security patches fix vulnerabilities.
- Avoid using on public computers never log into your vault on devices you don't trust.
- Don't store your master password online or in your notes app.





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