

HIV Post-Exposure Prophylaxis

Indication

HIV prophylaxis post blood/body fluid exposure from known HIV-infected source or individuals with risk factors and unknown HIV serostatus.

Work-up

CBC
Serum Creatinine
Liver enzymes
HIV test
Hepatitis B & C serology

Therapy

First dose should be given as soon as possible following exposure
(up to 72 hours post exposure)

Truvada® (tenofovir 300 mg & emtricitabine 200 mg) 1 tablet PO daily x 28 days

WITH

Raltegravir 400 mg PO twice daily x 28 days

Follow-up

- ⌘ HIV rapid-screen should be done for source patient if possible
 - PEP can be stopped for index patient if source HIV rapid-screen test is negative.
- ⌘ Repeat HIV, Hepatitis B & C testing at 6 weeks, 12 weeks and 6 months
- ⌘ Consultation with the Infectious Disease services is recommended for out-patient follow-up