## **Emotional Distress - Anxiety - Short Form 1**

Please respond to each item by marking one box per row.

In the past 7 days...

		Never	Rarely	Sometimes	Often	Always
EDANX01	I felt fearful	1	2	3	4	5
EDANX05	I felt anxious	1	2	3	4	5
EDANX30	I felt worried	1	2	3	4	5
EDANX40	I found it hard to focus on anything other than my anxiety	i	2	3	4	5
EDANX46	I felt nervous	1	2	3	4	5
EDANX53	I felt uneasy	1	2	3	4	5
EDANX54	I felt tense	1	2	3	4	5