

Last night I could finally face my deepest fears. I fought them on with courage and determination, and discovered a inner strength I wasn't aware I had within myself. I feel that, at last, I can finally free myself from the guilt that haunted me and reach the aftermath that I sought for so long. The journey hasn't ended, but now I feel that I am on the right path. I know I don't have to deal with this by myself, so I'll listen to my friends and seek professional assistance. Maybe, that way, this process will be easier to deal with.