

International Student Guide

**TRAVEL TO CANADA**



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**Contents**

[Introduction 1](#_bookmark0)

[Government of Canada's travel regulations and restrictions 2](#_TOC_250011)

Who can enter Canada 2

[Approved for a study permit. 2](#_TOC_250010)

[Entry documents checklist. 3](#_TOC_250009)

[Guidance of 14-day self-isolation plan information. 4](#_TOC_250008)

[Global Education City. 5](#_TOC_250007)

GEC arranging isolation accommodation. 5

[GEA self-isolation Services. 5](#_TOC_250006)

[Self-isolation Services. 6](#_TOC_250005)

Before you arrive in Canada. 7

[Arrival in Canada. 7](#_TOC_250004)

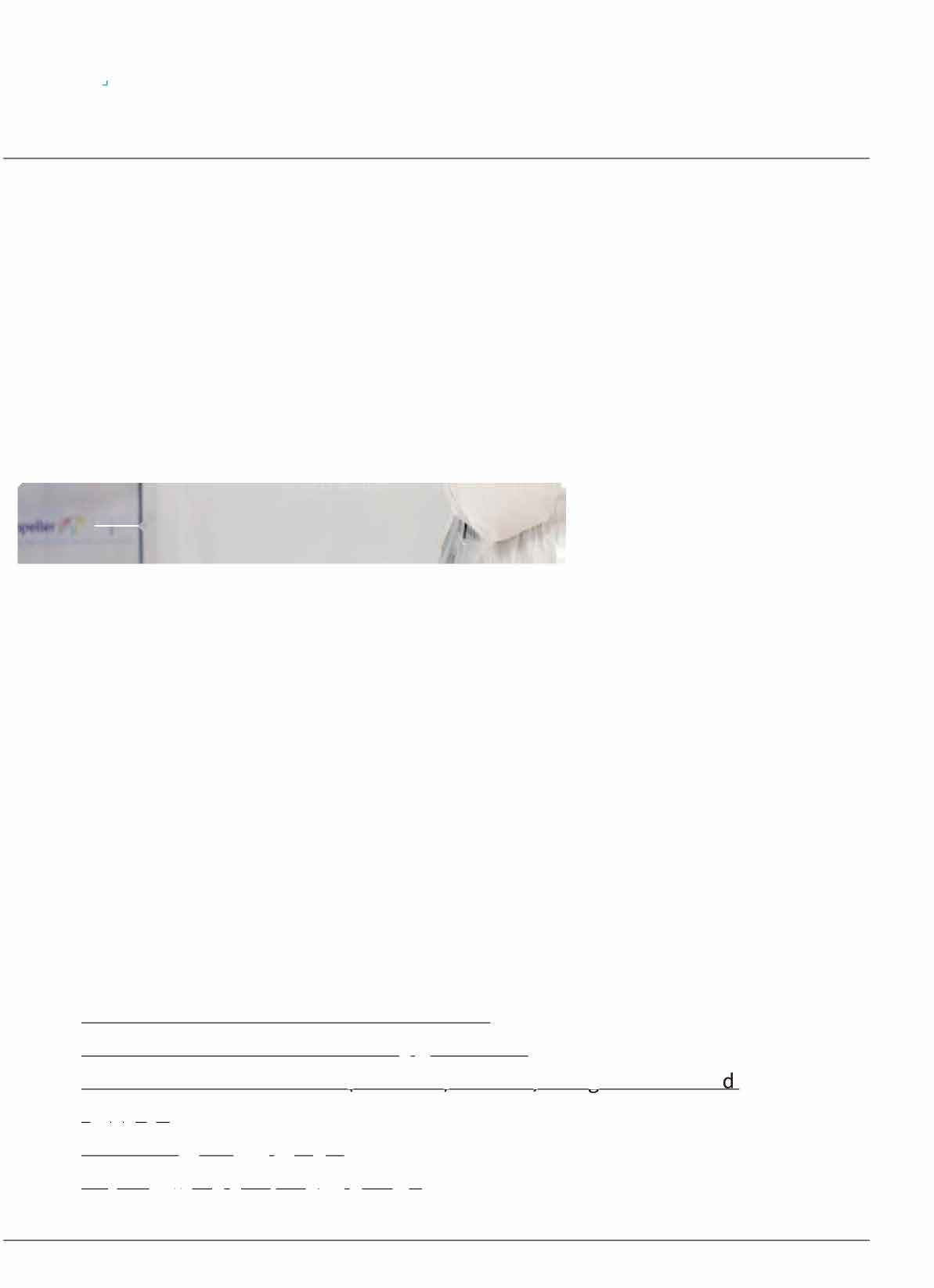
[Assessment on arrival. 7](#_TOC_250003)

[Appendix 1 - B.C. self-isolation plan. 8](#_TOC_250002)

[Appendix 2 - Federal ArriveCAN application 9](#_TOC_250001)

[Appendix 3 - Tips for safer social interactions 10](#_TOC_250000)

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# INTRODUCTION

This *International Student Entry Guide*-Travel to Canada is for all new and returning international students who are currently outside of Canada and planning to travel to Canada to start their program incoming term.

Due to the COVID-19 travel restrictions, international students must have a clear understanding of the laws and regulations of the Government of Canada and the BC government. Students must enter Canada for Non-Discretionary purposes only, and have a quarantine plan, and be prepared for a 14-day self-isolation upon arrival in Canada.

For the most up-to-date information and instructions, please review the following government websites:

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[Government of Canada Travel Restrictions](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html) [Government of Canada Mandatory Quarantine](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#f)

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[IRCC – Coronavirus Disease (COVID-19): Visitors, foreign workers and students](https://www.canada.ca/en/immigration-refugees-citizenship/services/coronavirus-covid19/visitors-foreign-workers-students.html#restrictions-students) [IRCC How to Isolate at Home](https://www.canada.ca/en/public-health/services/publications/diseases-conditions/covid-19-how-to-isolate-at-home.html)

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[British Columbia Self-Isolation Plan](https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/self-isolation-on-return)

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## GOVERNMENT OF CANADA'S TRAVEL REGULATIONS AND RESTRICTIONS:

It is important to know if you are permitted to travel to Canada, you travel for a [non- optional or non-discretionary purpose and keep yourself updated on the](https://www.canada.ca/en/immigration-refugees-citizenship/corporate/publications-manuals/operational-bulletins-manuals/service-delivery/coronavirus/temporary-residence/study-permit.html#toc_2)

federal and provincial government's travel regulations, restrictions and exemptions. Canada's travel restrictions may prevent you from being able to travel to Canada until further notice.

International students who are able to enter Canada must satisfy both a 14-day [quarantine requirement mandated by the federal government in addition to](https://www.canada.ca/en/immigration-refugees-citizenship/services/coronavirus-covid19/travel-restrictions-exemptions.html#quarantine) submitting a [BC Self-Isolation Plan](https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/self-isolation-on-return) as required by the provincial government. (see Appendix 1 and 2 for details)

**WHO CAN ENTER CANADA (NON-DISCRETIONARY PURPOSE INCLUDES):**

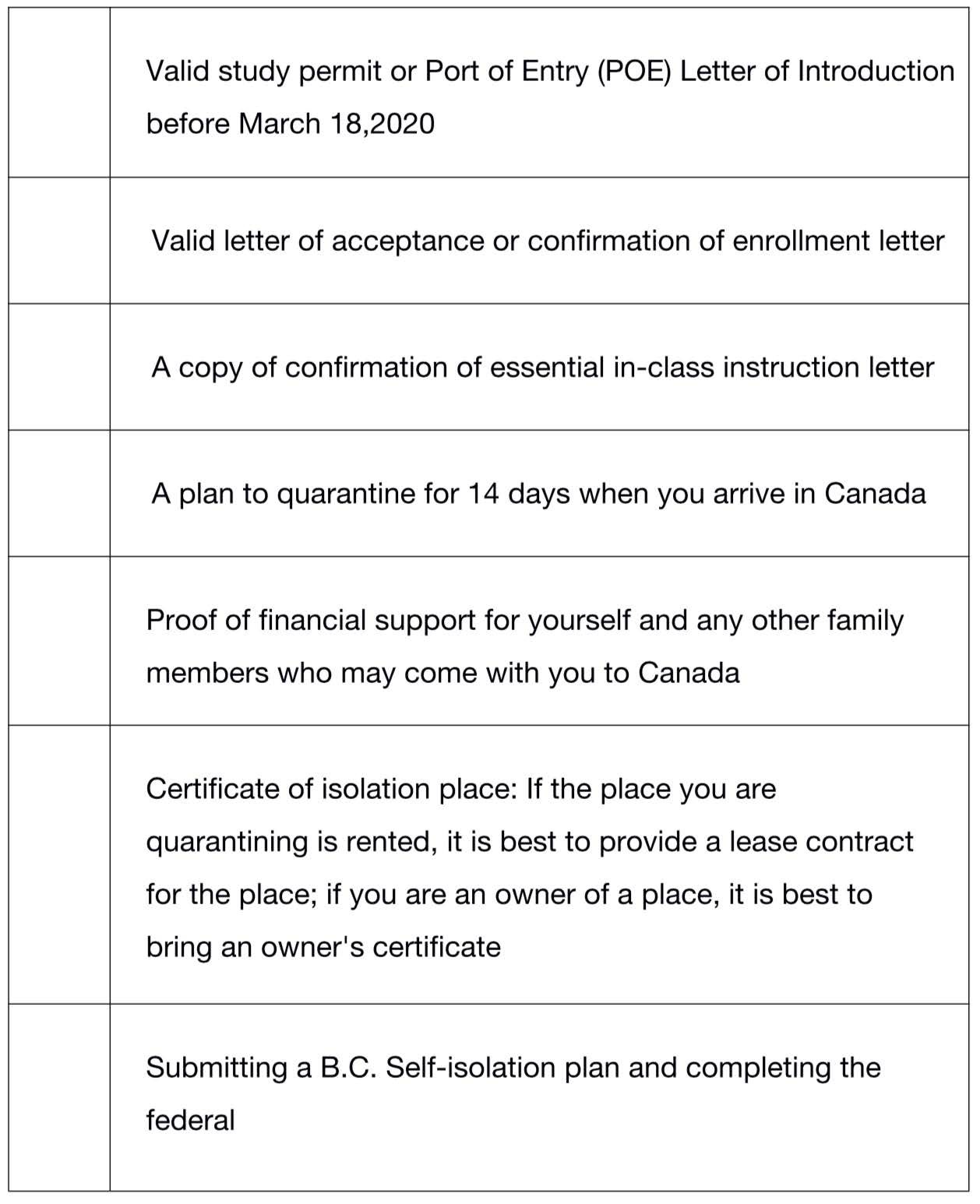
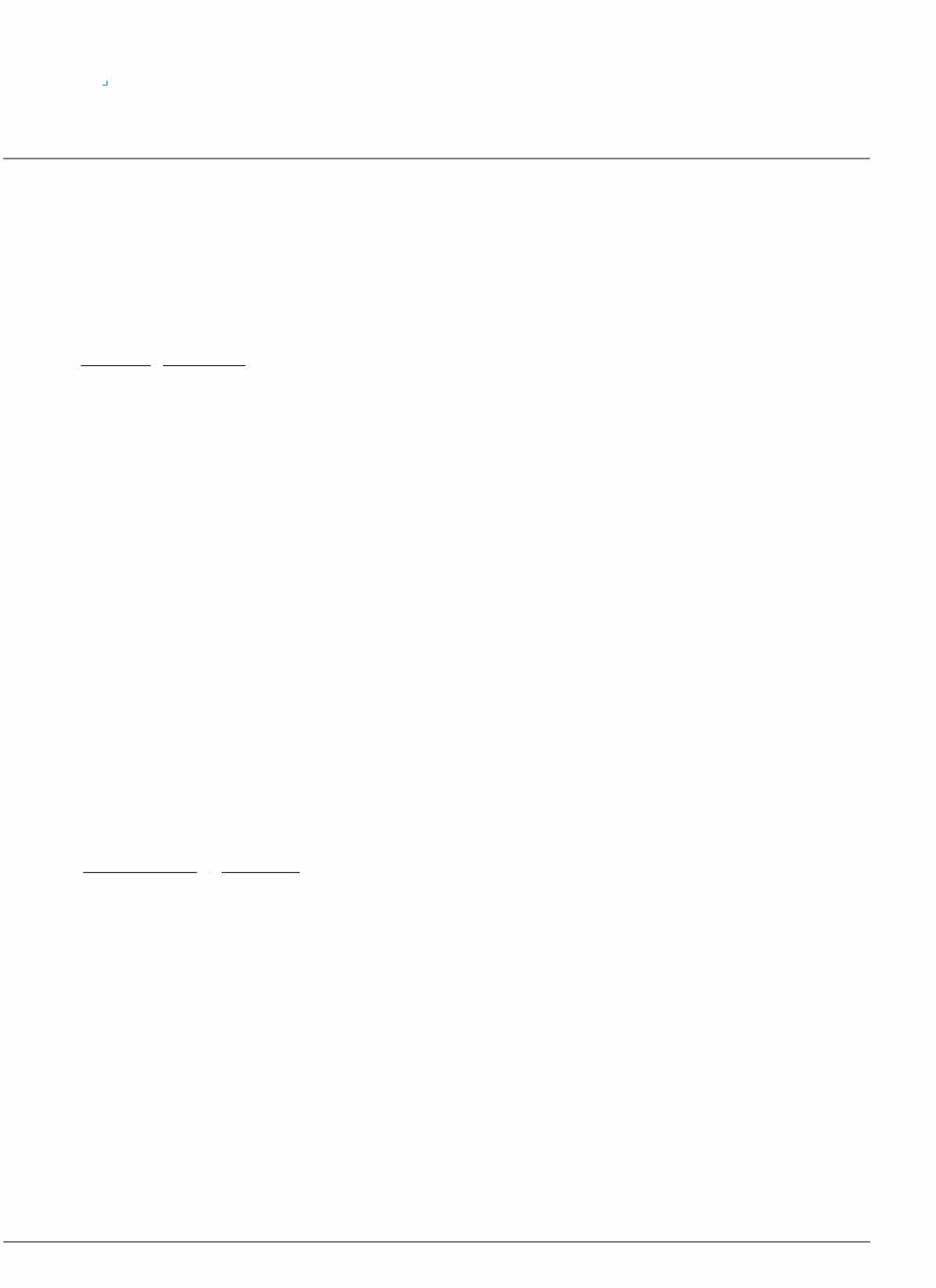
1. Already live in Canada
2. Need to be in Canada for your program
3. School is not offering online study options
4. Your home country has internet restrictions or bandwidth limitations
5. Students cannot participate in live online courses from your home country because of the difference in time zones

## APPROVED FOR A STUDY PERMIT:

1. An international student with a valid study permit or who was approved for study permit on or before March 18, 2020
2. Traveling directly from the US

2

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## ENTRY DOCUMENTS CHECKLIST

Before traveling to Canada, prepare and double-check that you have these documents with you at all times and do not put them in your checked luggage. You may not be allowed into Canada if any of your documents are missing or if any of the information on your application or letters of reference is incorrect. For more information, please visit [Entering Canada.](https://www.bcit.ca/international-students/permits-visas-status/entering-canada/)

Before traveling to Canada, prepare and double-check that you have all of your important documents including:

Valid study permit or Port of Entry (POE) Letter of Introduction before March 18,2020

Valid letter of acceptance or confirmation of enrollment letter

A copy of confirmation of essential in-class instruction letter

A plan to quarantine for 14 days when you arrive in Canada

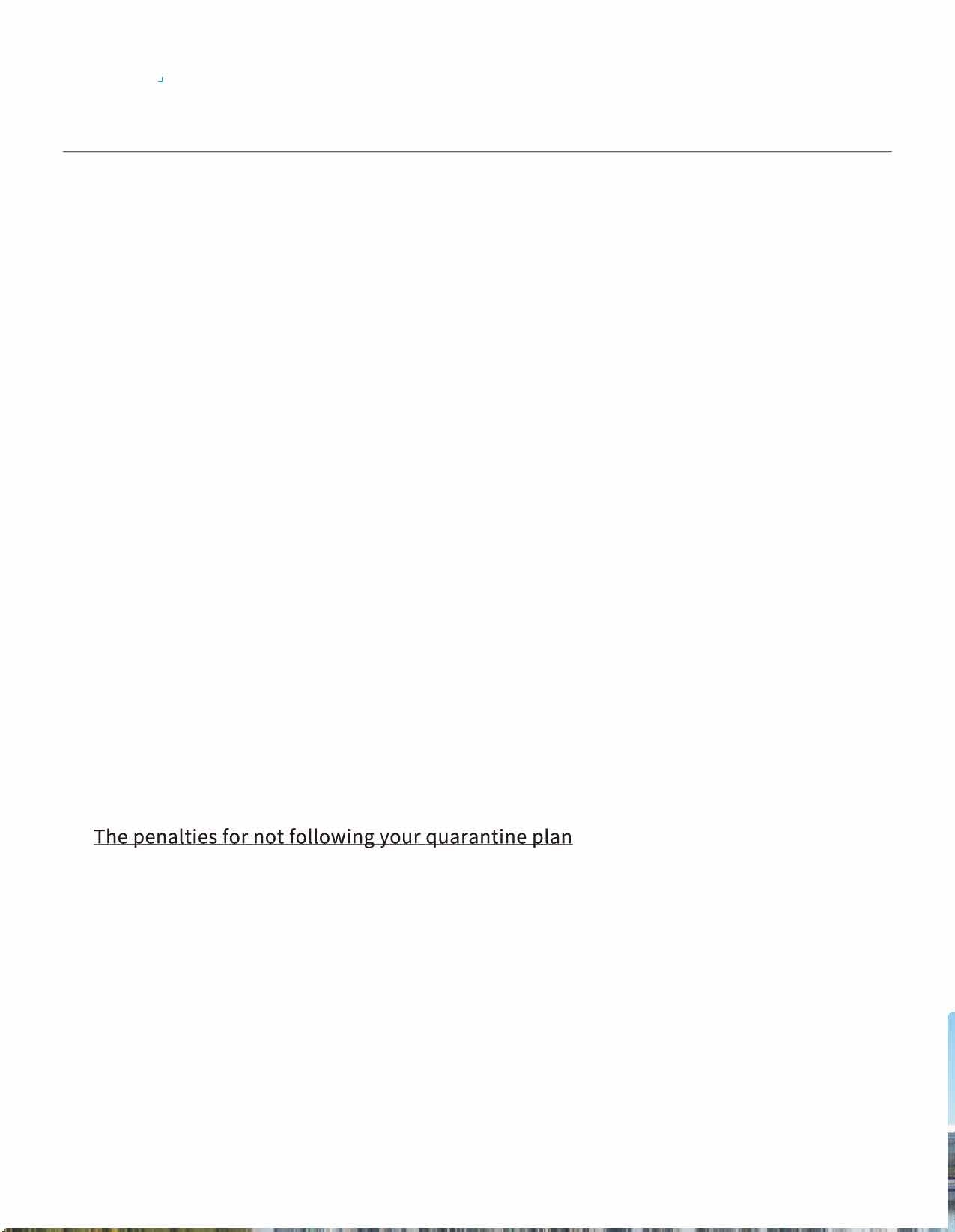
Proof of financial support for yourself and any other family members who may come with you to Canada

Certificate of isolation place: If the place you are quarantining is rented, it is best to provide a lease contract for the place; if you are an owner of a place, it is best to bring an owner's certificate

[ArriveCAN Application](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#ua)

3

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## GUIDANCE OF 14-DAY SELF-ISOLATION PLAN INFORMATION

This plan is mandatory, even if you have no symptoms. If you don't have a plan, you should not travel to Canada. Otherwise, you may not be allowed to enter the country. A border services officer will determine if you can enter the country.

� Route to Canada. (Flight number, time, transit place, etc.)

仁 Transite : How to get from the airport to the isolation place. (Drive by

yourself or with friends, specific protective methods you will follow during the way from airport to an isolation place, etc.)

O Accommodation: The detailed address and living conditions of the self- isolation place (whether there is a separate bathroom, whether there are elderly people over 65 years old living together, etc.)

@ Food: How to solve the daily meal ration during self-isolation.

� Contact Information: If you need help from others from the airport to the

end of the quarantine period, such as the pick- up driver information, helpers' information for your daily necessities deliver, your landlord information, etc., their names and contact information must be stated.

& Your access essential services (Daily necessities consumption)

0 Medications & medical care

I [The penalties for not following your quarantine plan](https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/self-isolation-on-return) once you're in the country

* can include:
  + A fine of up to $750,000
  + 6 months of jail time
  + Being found inadmissible, removed from Canada and banned from entering for 1 year

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**SELF-ISOLATION PLACE**

**GLOBAL EDUCATION CITY**

GEC (Global Education City) is Vancouver's leading student residence and accommodation, providing the best living experience to enhance your university journey. Located in the heart of Downtown Vancouver, GEC Granville Suites provides fully serviced hotel suites and care packages for self-isolating students and guests.

**GEC ARRANGING ISOLATION ACCOMMODATION**

* Isolation accommodation
* Safe way to travel straight to home
* Arranging food, grocery and other necessities

Fully serviced suites for self-isolation

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Social distancing measures in place

WiFi. utilities. cable, and local calling

Hourly disinfection and deep cleaning

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Self-isolation care package

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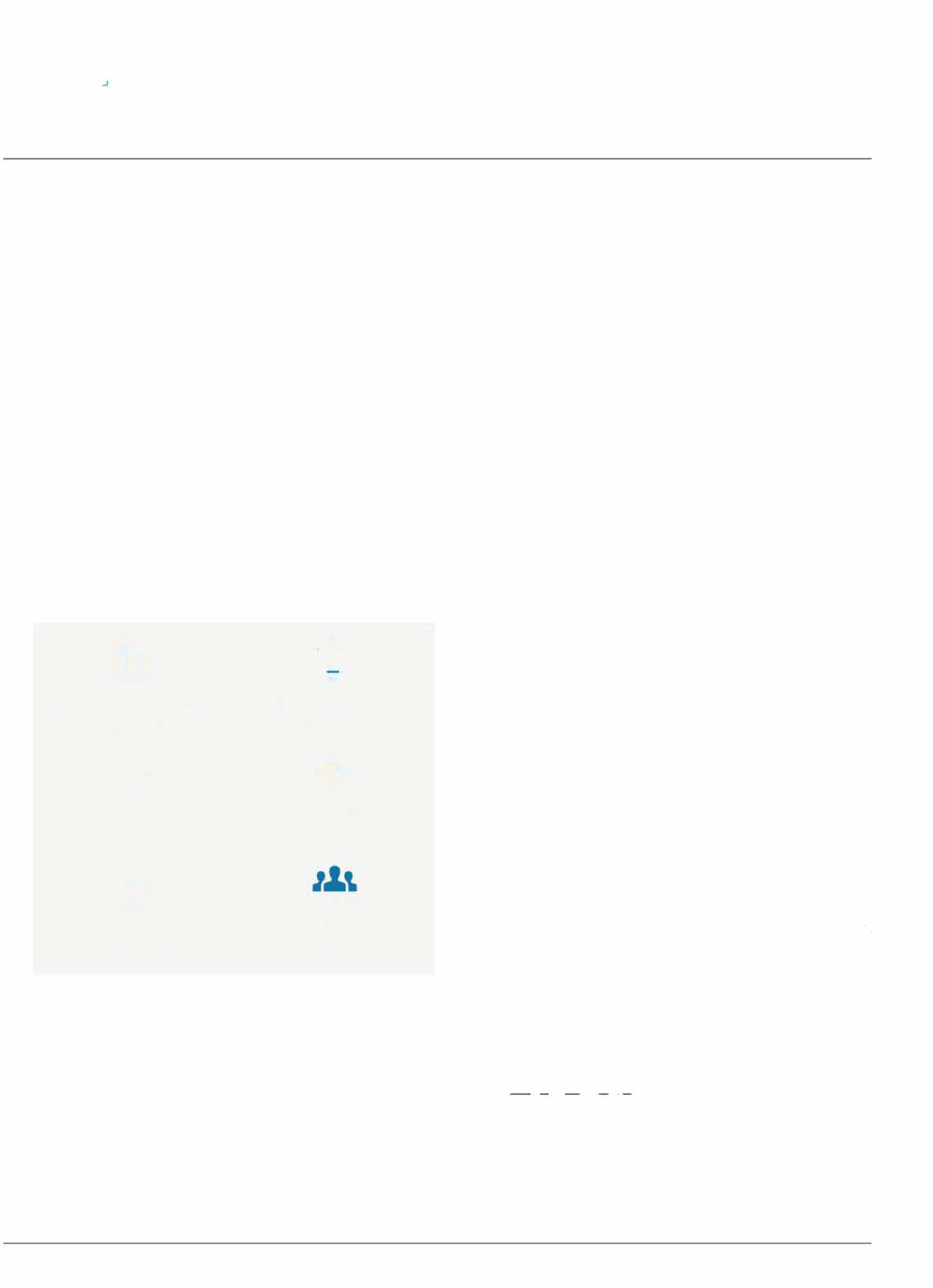
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24/7 front desk reception

##### 鱼 HOMESTAY

Photos were taken pre-pandemic

**GEA SELF-ISOLATION SERVICES**



* + Homestay arrangement
  + Medical insurance
  + Airport pick-up

Global Education Alliance(GEA) is a partner of Global Education City(GEC), all GEA students enjoy free accommodations for 14-day self-isolation when they book a minimum of 6 months at any GEC location.

We provide students with hundreds of various types of homestay options

For more information, please contact us at: [service@mygea.ca](mailto:service@mygea.ca)

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**SELF-ISOLATION SERVICES**

**ENTERING CANADA**

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Once your booking is confirmed, we will send you a confirmation letter, which you can

**CARE PACKAGE**

Before you check-in, your suite will be stocked with our welcome care package, which includes:

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provide when entering the Canadian Border.

##### 溢 FOOD & GROCERY DELIVERY

Travelers to Canada who are in the quarantine may not go out to purchase food and basic necessities.

* Toiletries (shampoo, conditioner, body lotion,

soap, toothbrush, toothpaste)

* Face masks
* Hand sanitizer
* Disinfectant wipes
* Snacks
* Bottled water

We will provide students delivery service to deliver what you need while you are self-isolating. Also can pick-up and deliver groceries and other essentials to you from these stores.

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Walmart �:�

．器话蒜钳挡

##### 中 AIRPORT PICK-UP

You must travel straight to your Vancouver home from airport by personal car, taxi or ridesharing. The airport pick-up service ensures that your mode of transportation from the airport to your home is as safe as possible.

Visit [Beaton's Meet & Greet's](https://www.beatonsmg.com/) website to arrange for pick-up from YVR Airport to GEC.

[For more information, please see their travel guide](https://www.beatonsmg.com/travel-guide).

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**SELF-ISOLATION SUITES**

**Queen Suite**

$1300/14 nights

Uber

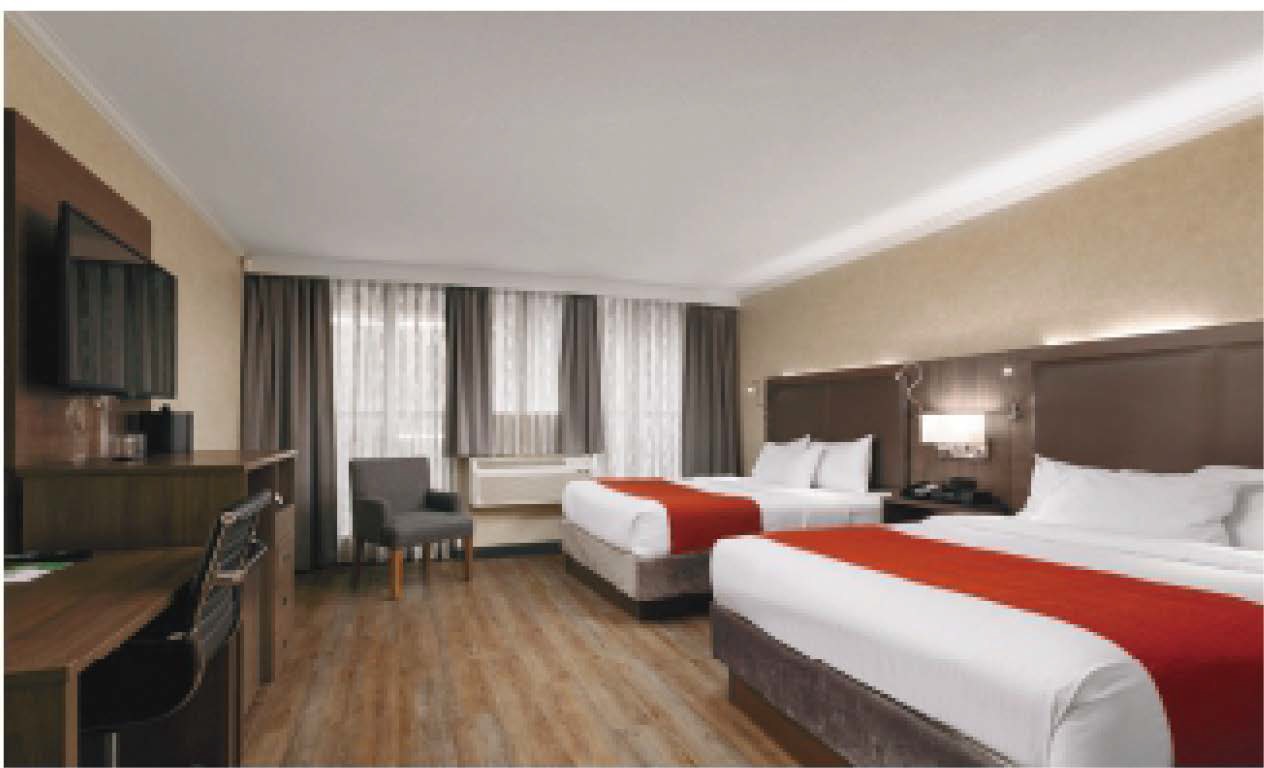
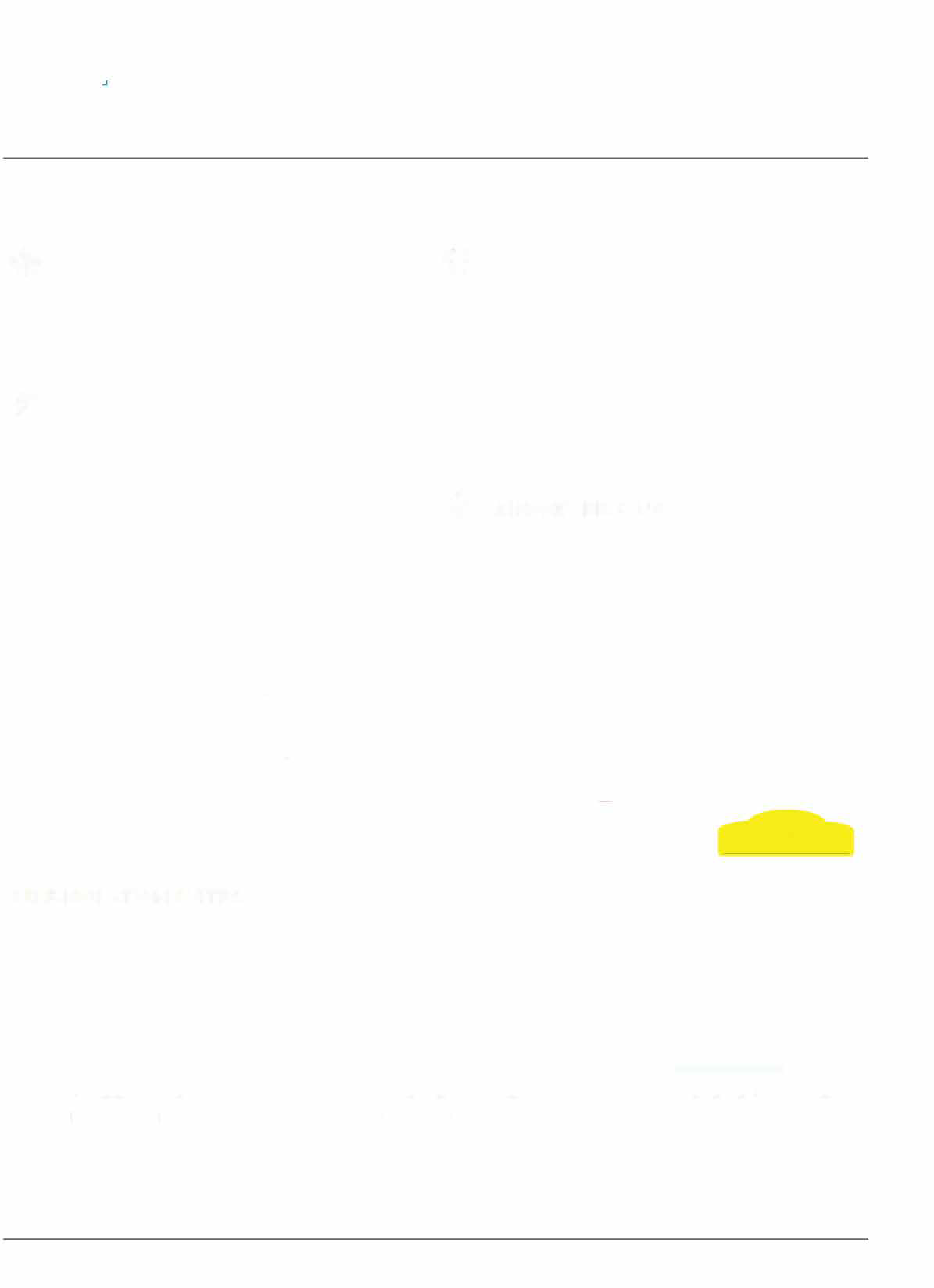
**Double Beds Suite**

$1300/14 nights

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**Kitchenette Upgrade**

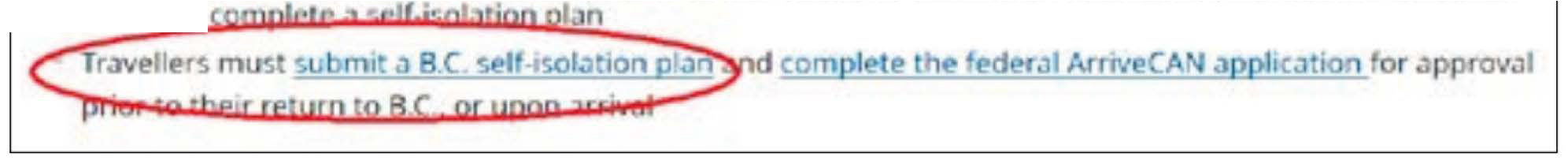
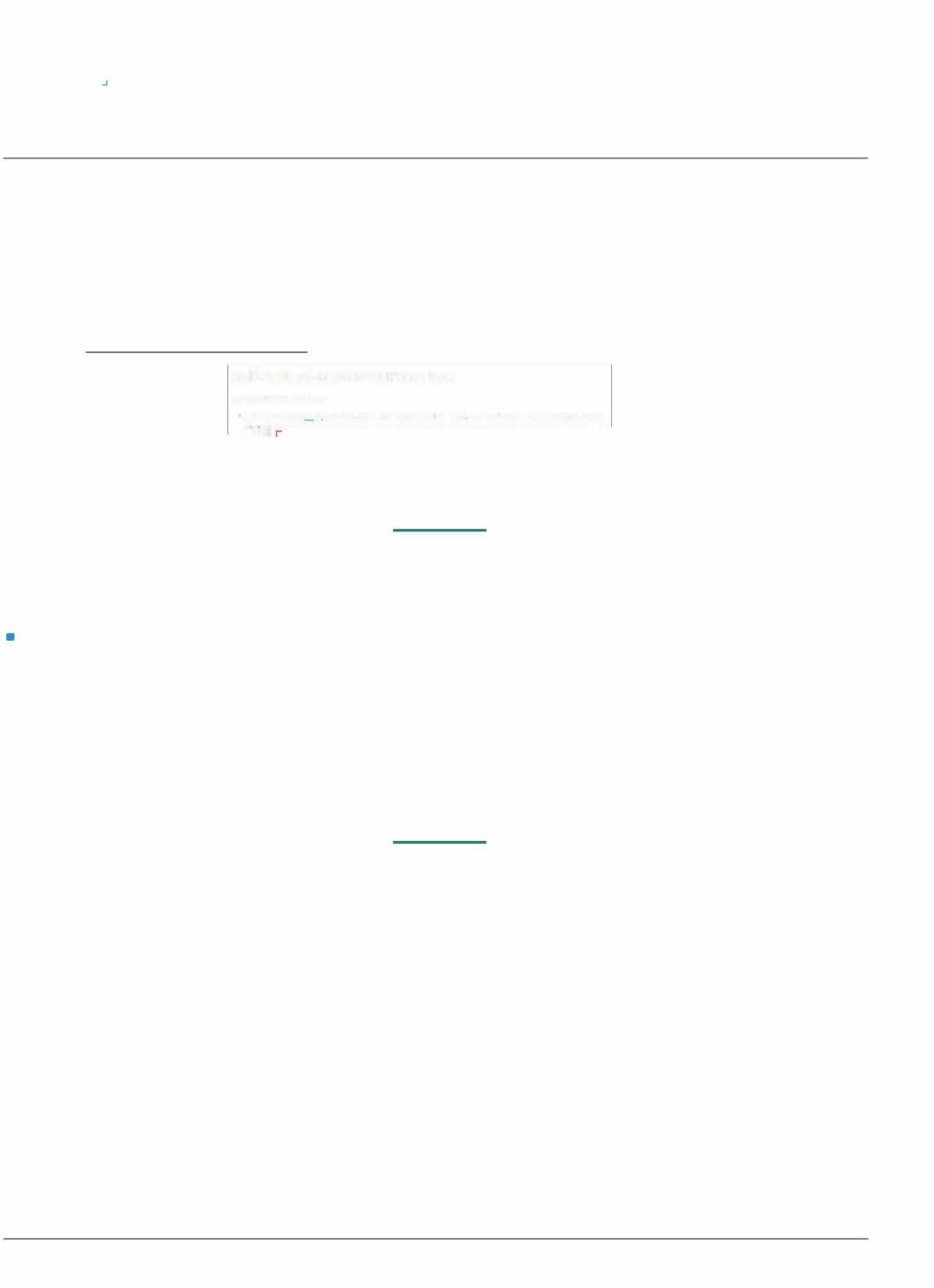
心200/14 nights



Suites are available for up to 2 guests. 16% tax not included. This rate will be credited to your long-term GEC stay. See full terms and conditions for details.

6

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**BEFORE YOU ARRIVE CANADA**

Provincial Self-Isolation Plan

I• Here is a step-by-step guide for submitting the British Columbia

(BC) self-isolation plan BEFORE you travel to Canada:

1. Go to: the provincial government [Self-Isolation on Return to B.C.](https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/self-isolation-on-return)
2. [Click on the link above:](#_bookmark1)

**Self-Isolation on Return to B.C.**

**Last Updated:Jun, 26, 2020**

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For detailed steps of completing your [ArriveCAN Application](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#ua), please refer to **Appendix 1: self-isolation plan**

### ARRIVAL IN CANADA

Traveler entering Canada by air or by land must:

I provide basic information using the traveler contact information form,

available through

1. the [ArriveCAN mobile app](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#a_arriveCAN) (available for iOS or Android)
2. an accessible web-based form (3)

For detailed steps of completing your [ArriveCAN Application](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#ua), please refer to **Appendix 2: federal ArriveCAN application**

### ASSESSMENT ON ARRIVAL

<o> be screened by a border services officer or quarantine officer to assess symptoms

Public health measures for the traveler to Canada:

If you're travelling by air, you need to

* pass a health check conducted by airlines before you'll be allowed to board your flight
* wear a non-medical mask or face covering during travel (including to the place you'll quarantine).

Learn more about self-Isolation and self-monitoring, what to do if you get sick, and how to prevent the spread of COVID-19, please visit the BC Centr[e for Disease Control or](http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation) call 1.604.412.0957 between 7:30 a.m. and 8 p.m. Pacific Time, seven days a week (available in over 110 languages).

7

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# APPEN DIX 1 - B.C. SELF-ISOLATION PLAN

The following are screenshot sample excerpts from Self-Isolation on Return to B.C as of 2020-07-16. For updated information and full details, please visit:

##### [Self-Isolation on Return to B.C.](https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/self-isolation-on-return)

Fill out the first section and be sure to have the details of new Vancouver address

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**Self-Quarantine on Return to B.C.**

Unless you are exe『npt, all international travellers returning to B.C. are required by law to self-quarantine for 14 days and complete the federal ArriveCAN application prior to their return or upon arrival

Last updated: September 3, 2020 On this page

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Optional: Complete a B.C. Self-Quarantine Plan

lnadditionto the f句eraI ArnveCAN Appllcatlon, travellers arnwng m B.C are encouraged to complete a self. quarantine plan. Comple{ing ,he plan mll heIp you prepare to selfquarantme successfulIy,rs,mponant to consider:

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Cleaning supplies Pei care

social or famlly supporI

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Primary Contact Information Travel Information

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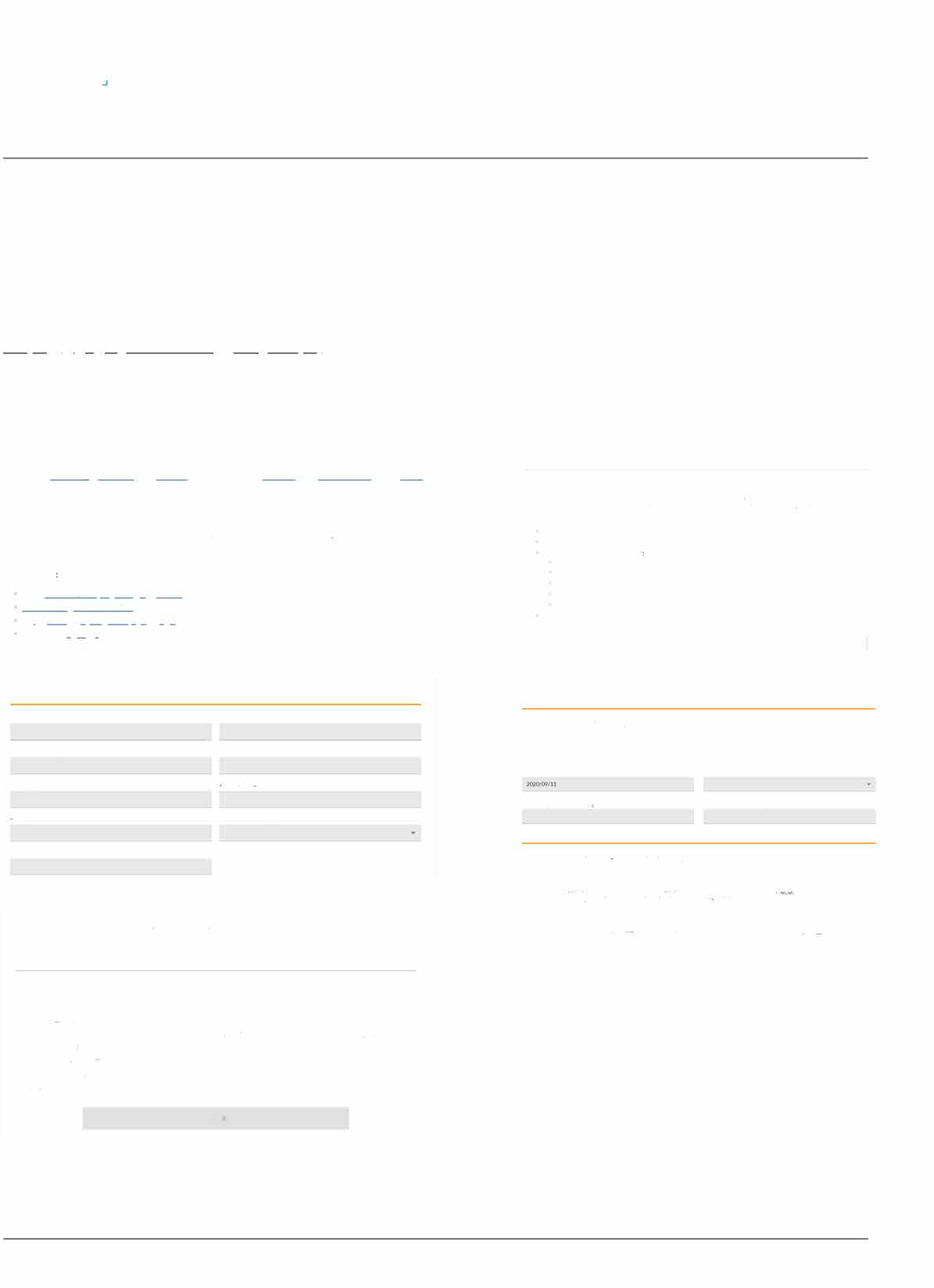
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# APPENDIX 2 - FEDERAL ARRIVECAN APPLICATION

The following are screenshot sample excerpts from ArriveCAN App

Download the APP: ArriveCAN from: iPhone: [Click here](https://apps.apple.com/us/app/canarrive/id1505394667?mt=8)

Android: [Click here](https://play.google.com/store/apps/details?id=ca.gc.cbsa.coronavirus)

It will ask your preferred language. Choose one language and click "Start"

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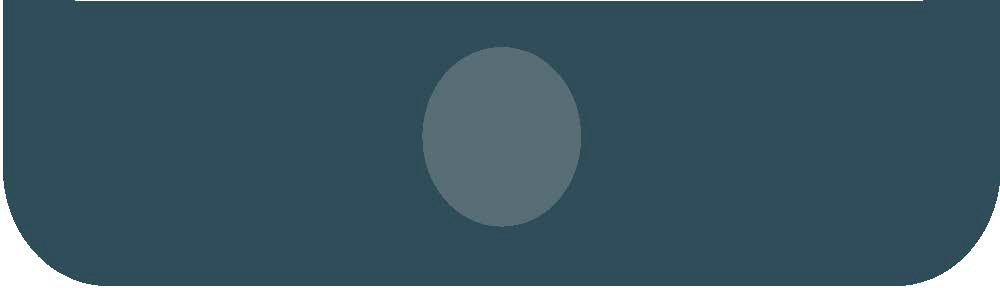
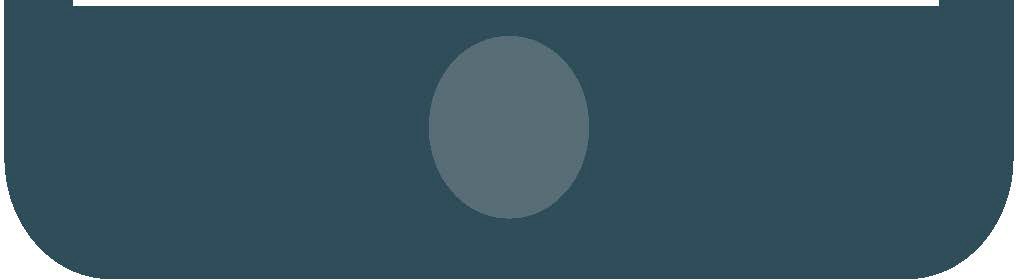
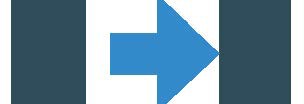
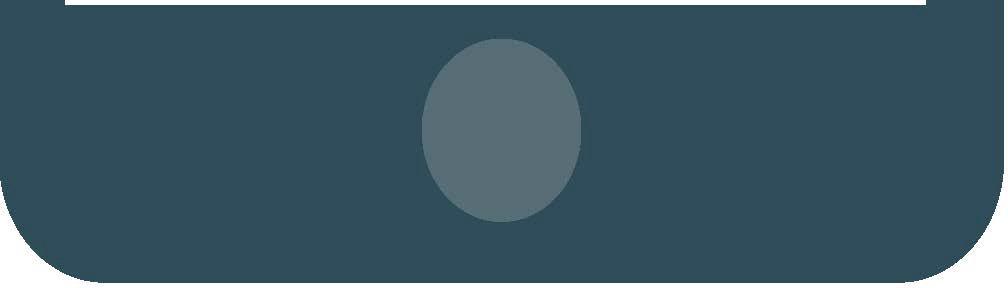
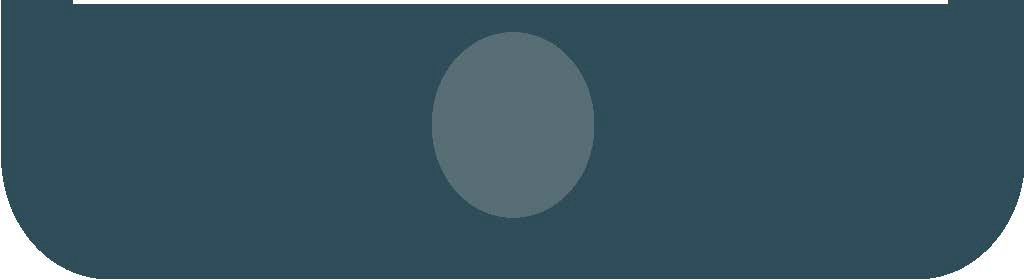
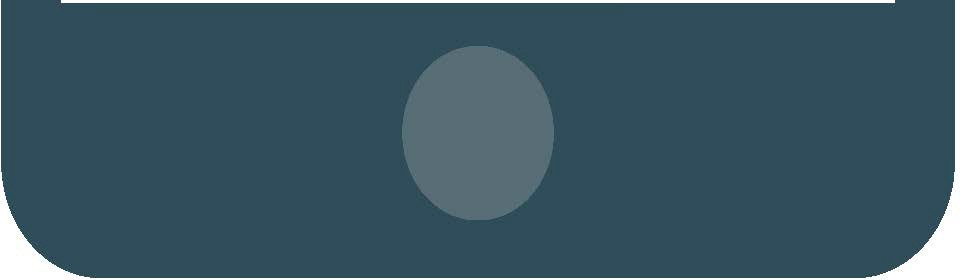
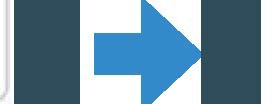
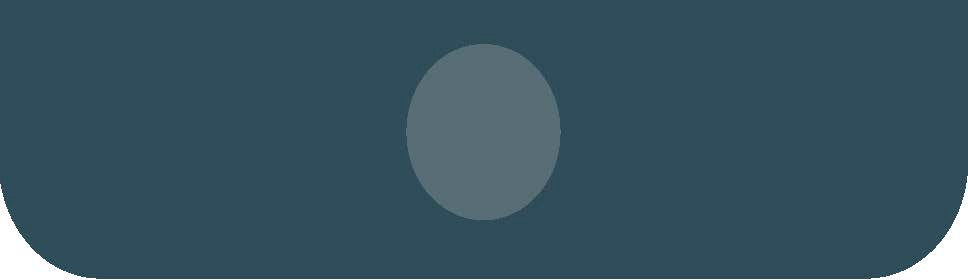
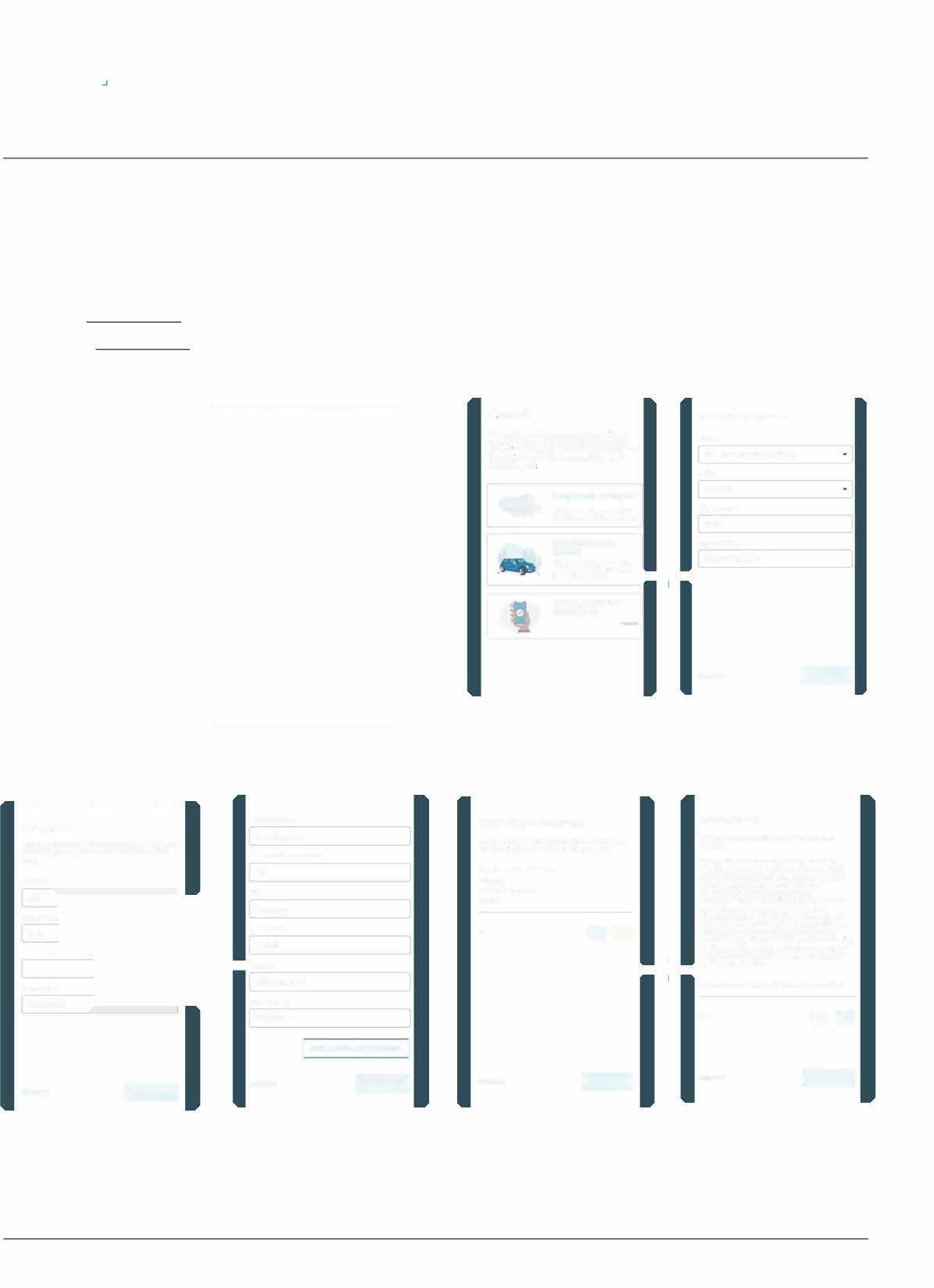
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COVID-19 Self-Assessment Quarantine Plan



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# APPENDIX 3 - TIPS FOR SAFER SOCIAL INTERACTIONS

When going out in public, it is important to stay at least 6 feet away from other people and wear a mask to slow the spread of COVID-19. Consider the following tips for practicing social distancing when you decide to go out.

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What does physical distancing

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mean?

This means making changes in your everyday routines in order to minimize close contact with others, including:

* + avoiding crowded places and non-essential gatherings
  + avoiding common greetings, such as handshakes

句

* + limiting contact with people at highe「risk (e.g. older adults and those in poo「 health)
  + keeping a distance of at least 2 arms lengths (approximately 2 metres) from others, as much as possible

Here's how you can practise physical distancing:

* + greet with a wave instead of a handshake, a kiss or a hug
  + stay home as much as possible, including for meals and entertainment
  + grocery shop once per week
  + take public transportation during off- peak hours
  + conduct virtual meetings
  + host virtual playdates for your kids
  + use technology to keep in touch with friends and family

If possible,

* + use food delivery services or on line
  + exercise at home or outside
  + work from home
  + wash your hands often for at least 20 seconds and avoid touching your face
  + cough or sneeze into the bend of your arm
  + avoid touching surfaces people touch often
  + self-monitor for symptoms of COVID-19 including:

cough

* + - feve「
    - difficulty breathing

If you'『e concerned you may have COVID-19:

* + separate yourself from others as soon as you have symptoms
  + if you are outside the home when a symptom develops. go home immediately

and avoid taking public transit

* + stay home and follow the advice of your Public Health Authority,

who may recommend isolation

* + call ahead to a health care provider if y.o.u..a.re ill a.n.d..s.e,.e,king medi'c.a..l a.t.t.e.n.t.ion **NOTE:** Some people may transmit COVID-19 even though they do not

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show any **symptoms**. I� situat.i.��s where physical distancing is difficult to mamtain, wearinf a **non-medical mask or face covering** ( i. e. made with at least two layers of tightly woven

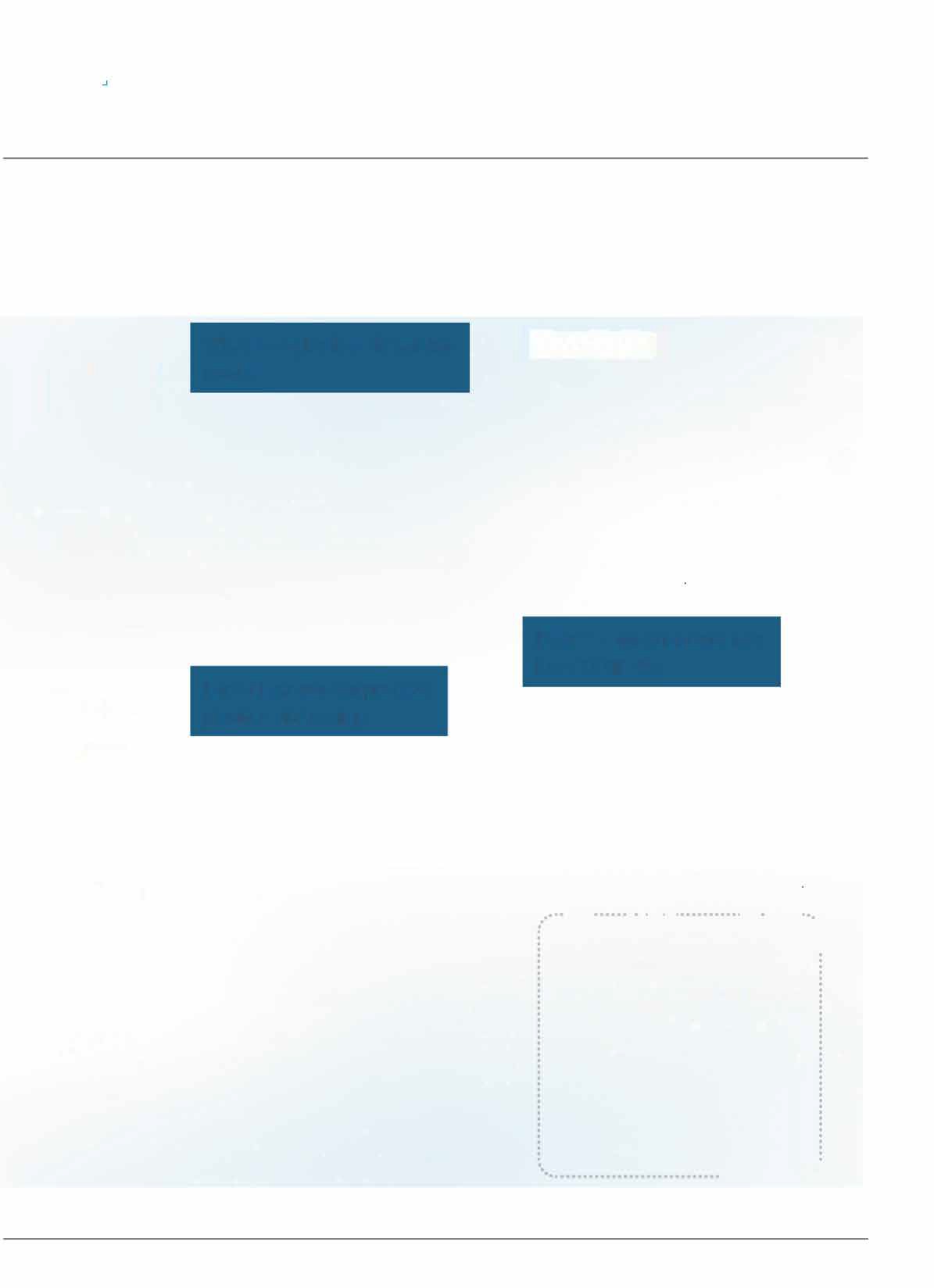
fabric, **constructed** to completely cover the nose and mouth without gaping, and secured to the head by ties or ear loops) provi�es a barrie�

�etween your 「espiratory droplets and

the people and surfaces around you. It may also stop you from touching your nose or mouth, which is another way

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the virus can get into your body. ，



FOR MORE INFORMATION: [canada.ca/coronavirus](https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html?utm_campaign=not-applicable&utm_medium=vanity-url&utm_source=canada-ca_coronavirus) or call 1-833-784-4397





