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# **Incorporating Climate Change Resilience in India's Railway Infrastructure: Challenges and Potential**



Stabak Roy<sup>1,2\*®</sup>, Pradip Debnath<sup>1®</sup>, Ana Vulevic<sup>3®</sup>, Saptarshi Mitra<sup>1®</sup>

- <sup>1</sup> Department of Geography and Disaster Management, Tripura University, 799022 Suryamaninagar, India
- <sup>2</sup> Institute of Socio-Economic Geography and Spatial Management, University of Gdansk, 80-309 Gdańsk, Poland
- <sup>3</sup> Institute of Transportation CIP, 11000 Belgrade, Serbia

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Abstract: This study delves into the crucial task of embedding climate change resilience within the sphere of railway infrastructure planning and design in India. As climate change continues to threaten global transportation systems, the creation of robust, sustainable infrastructure becomes indispensable for minimizing its impacts. Initial investigation entails assessing both existing and anticipated climate change scenarios in India, encompassing elements like temperature fluctuations, changes in precipitation, and severe weather phenomena. Following this, the study proceeds to pinpoint the specific risks and vulnerabilities that the Indian railway system stands to confront due to these climatic shifts. A thorough exploration of current adaptation policies and strategies provides a framework to merge these into railway infrastructure planning and design, using a mix of literary review, best practices, and international case studies as resources. The Indian railway network undergoes a meticulous analysis to evaluate its vulnerability, leading to the identification of key adaptation measures like devising new railway tracks, enhancing the existing infrastructure, adopting resilience-based technologies, and implementing nature-centric solutions. The research probes the economic, social, and environmental ramifications of these measures, underlining the long-term sustainability and beneficial impacts on the transportation industry. Expert interviews, stakeholder consultations, and policy analysis culminate in a set of recommendations for policymakers, urban planners, and transportation authorities. These recommendations aim to shape the progression of a climate-resilient railway infrastructure in the light of India's distinct challenges. Such an integration of climate change adaptation strategies contributes towards a more robust and sustainable transportation system. This study enriches the existing body of knowledge on climate change adaptation in transportation, offering valuable perspectives for policymakers, practitioners, and researchers aiming for climate resilience in the railway sector.

Keywords: Railway geography; Railway infrastructure; Railway policy; Railway planning; Climatic strategy

## 1 Introduction

Climate change poses significant challenges to transportation systems worldwide, necessitating the development of resilient and sustainable infrastructure capable of withstanding and mitigating the impacts of changing climatic conditions [1, 2]. Climate change has become a significant threat to the global community, with severe implications for various sectors such as agriculture, health, and transportation [3]. As the world moves towards a more sustainable and resilient future, it is essential to develop transportation systems that can adapt to changing climatic conditions [4]. Railways have indeed emerged as a low-carbon and energy-efficient mode of transportation, making them an essential area of focus for research in the transportation sector [5]. With their potential to significantly reduce carbon emissions compared to other modes of transportation, such as road or air, railways play a crucial role in mitigating climate change impacts [6]. Railway infrastructure planning and design are fundamental elements of a robust transportation system [7]. The design of railway tracks, stations, bridges, signaling systems, and other critical components requires meticulous consideration to ensure optimal functionality, safety, and efficiency [8]. However, in the face of climate change, it is imperative to integrate adaptation strategies into the planning and design processes of railway infrastructure [9]. Climate change poses various challenges to railway infrastructure,

<sup>\*</sup> Correspondence: Stabak Roy (stabak.roy@gmail.com)

including extreme weather events, sea-level rise, changes in precipitation patterns, and rising temperatures [10]. These factors can lead to increased risks of infrastructure damage, disruptions in operations, and compromised safety [11]. Therefore, it is crucial to incorporate climate change adaptation strategies into the planning and design of railway infrastructure to enhance its resilience and sustainability [12]. Integrating climate change adaptation strategies into railway infrastructure planning involves considering various aspects [13]. This includes selecting suitable locations for infrastructure development, considering future climate scenarios, assessing vulnerability to climate change impacts, and implementing appropriate design measures [14]. For example, railway lines can be elevated or relocated to mitigate the risks of flooding or coastal erosion [15]. Bridges and other structures can be designed to withstand extreme weather events, and signaling systems can be enhanced to ensure efficient operation during challenging weather conditions [16]. The integration of adaptation strategies should consider the use of resilient materials, sustainable construction practices, and innovative technologies [17]. This not only ensures the continuity of transportation services but also contributes to the overall goal of reducing carbon emissions and mitigating climate change impacts. Moreover, it promotes the efficient use of resources, minimizes environmental degradation, and improves the overall quality of transportation services. This research paper aims to present a comprehensive analysis of integrating climate change adaptation strategies into railway infrastructure planning and design, focusing specifically on the case study of India.

This research study makes a significant contribution to the expanding field of knowledge on climate change adaptation in the transportation sector. It offers valuable insights that are relevant to policymakers, practitioners, and researchers dedicated to enhancing climate resilience in railway systems. By addressing the existing research gap regarding the integration of climate change adaptation strategies into railway infrastructure planning, this study fills a crucial void and provides a clear roadmap for developing resilient and sustainable railway systems, not only in India but also in other contexts worldwide.

#### 2 Literature Review

The infrastructure of railways plays a crucial role in global transportation systems, fostering economic and social expansion. However, the escalating effects of climate change pose significant challenges to the resilience and sustainability of global rail networks. This literature review examines extant research and best practices concerning the incorporation of climate change adaptation strategies into the planning and design of railway infrastructure. This review seeks to provide insights into the development of resilient and sustainable transport systems in the face of a changing climate by examining key themes and approaches. Numerous studies have emphasized the diverse and extensive effects of climate change on railway infrastructure [11, 18]. These include rising temperatures, altered precipitation patterns, an increase in the frequency and severity of extreme weather events, a rise in sea level, and shifting hydrological conditions. These effects can result in infrastructure deterioration, service interruptions, safety hazards, and increased maintenance costs. Understanding these climate change impacts is essential for developing effective railway adaptation strategies [19, 20]. Efforts to incorporate climate change adaptation into the planning and design of railway infrastructure have resulted in a variety of strategies and policies. These strategies include engineering solutions (e.g., elevated tracks, improved drainage systems), operational adaptations (e.g., modified scheduling, emergency response plans) and institutional measures (e.g., climate risk assessments, capacity development) [21, 22]. National and international policies, guidelines, and frameworks offer a broader context for the creation and implementation of adaptation strategies. To increase the climate-resilience of railway infrastructure, resilient design and construction practices are essential. Incorporating climate projections, vulnerability assessments, and risk management strategies into the planning and design phases [23]. Future climate conditions may necessitate the use of sturdy foundations, adaptable materials, and adaptable structures in the design process. Moreover, nature-based solutions (e.g., green infrastructure, natural drainage systems) offer intriguing avenues for integrating adaptation measures. Multiple stakeholders must be actively involved for the integration of climate change adaptation strategies into railway infrastructure planning to be effective [24]. Collaboration is required between policymakers, transportation authorities, engineers, urban planners, local communities, and relevant experts. Participation of stakeholders facilitates the identification of local knowledge, priorities, and concerns, ensuring that adaptation measures correspond to societal requirements and aspirations.

Integration of climate change adaptation strategies into railway infrastructure planning is crucial for decision-making processes. Cost-benefit analyses can evaluate the economic viability and long-term financial implications of adaptation measures. Inclusion of equity, accessibility, and the requirements of vulnerable populations are social considerations. Environmental considerations include reducing carbon emissions, preserving biodiversity, and promoting sustainable land use practices.

This literature review emphasizes the significance of incorporating climate change adaptation strategies into the planning and design of railway infrastructure in order to develop resilient and sustainable transportation systems. Existing research is synthesized to highlight the need for comprehensive assessments of climate change impacts, the formulation of adaptation strategies and policies, resilient design and construction practices, stakeholder engagement,

and consideration of economic, social, and environmental dimensions. By incorporating these insights, policymakers, practitioners, and researchers can contribute to a more sustainable future by advancing the development of climateresilient railway networks.

#### 3 Methodology

Collect historical climate data for the selected regions in India, including temperature, precipitation, and extreme weather, from reputable sources such as meteorological departments, research institutions, and climate databases. Obtain climate projections and scenarios for the specified regions in India, taking into account variables such as temperature rise, changes in precipitation patterns, and the frequency and severity of extreme events. Utilise credible climate models and projections derived from global and regional studies on climate change. Conduct a comprehensive climate data analysis to comprehend the current and projected climate change scenarios in India. Determine the trends, patterns, and potential hazards associated with the impacts of climate change on railway infrastructure. Examine existing literature, research papers, reports, and case studies pertaining to the incorporation of climate change adaptation strategies into the planning and design of railway infrastructure. Examine studies from various nations to identify best practices, lessons learned, and guiding principles for bolstering the resilience of railway systems. Analyse relevant national and international climate change adaptation strategies and policies for the railway industry. Examine documents from government agencies, international organisations, and industry associations to learn about recommended approaches and frameworks for incorporating adaptation measures into infrastructure planning and design. Analyse the extant railway infrastructure in India, including tracks, stations, bridges, signalling systems, and other essential elements. Assess the railway system's susceptibility to the effects of climate change using the climate data and projections obtained earlier. Identify and evaluate adaptation strategies and technologies that can improve the resilience of India's rail infrastructure. This includes infrastructure modifications, engineering solutions, operational changes, nature-based solutions, and innovative technology applications. Analyse the potential economic, social, and environmental impacts of incorporating climate change adaptation strategies into the planning and design of railway infrastructure. Consider the costs, benefits, and tradeoffs associated with various adaptation measures, such as higher construction costs, enhanced passenger safety, fewer disruptions, and lower carbon emissions. Conduct interviews with rail infrastructure planning, climate change adaptation, and sustainable transportation experts. Inquire about their perspectives on the difficulties, opportunities, and best practices associated with integrating adaptation strategies into railway systems. Engage critical stakeholders in India, such as policymakers, urban planners, transportation authorities, and railway operators. Obtain their input, feedback, and suggestions regarding the incorporation of climate change adaptation strategies into the planning and design of railway infrastructure. Analyse existing railway infrastructure planning and design policies, regulations, and guidelines in India. Identify any voids or obstacles impeding the integration of adaptation measures to climate change. Provide policy recommendations and interventions to facilitate the development of resilient and sustainable railway systems. Summaries the primary results of the data analysis, literature review, case study analysis, and stakeholder engagement. Formulate a list of actionable recommendations for policymakers, urban planners, and transportation authorities in India based on the research findings, expert opinions, and stakeholder consultations. These recommendations should define strategies, guidelines, and actions to integrate adaptation to climate change into the planning and design of railway infrastructure. Provide a concise summary of the research findings, emphasising the significance of incorporating climate change adaptation strategies into the planning and design of railway infrastructure. Discuss the implications and contributions of the research to the field of climate-resilient transportation systems.

The chosen methodology combines data analysis, literature review, case study analysis, stakeholder engagement, and policy analysis to provide a thorough comprehension of integrating climate change adaptation strategies into the planning and design of India's railway infrastructure. This method enables a thorough examination of the effects of climate change, the identification of adaptation measures, the evaluation of economic and social implications, and the development of recommendations for policymakers and practitioners.

# 4 Study Area

Indian Railways, one of the world's largest railway networks, serves as a lifeline for the nation's transportation system [25]. It spans a vast network of tracks, connecting remote corners of the country and facilitating the movement of passengers and goods [26]. With a rich history dating back to the colonial era, Indian Railways has played a pivotal role in India's economic growth and social development. Indian Railways operates over 67,000 kilometers of track, linking more than 7,000 stations across the country (Figure 1) [27]. It carries an average of around 23 million passengers and 3 million tons of freight daily, making it a crucial mode of transport for both people and goods [28]. The railways provide various classes of travel, catering to different sections of society and facilitating the mobility of a diverse population. In recent years, Indian Railways has taken significant steps towards sustainability and environmental responsibility [29]. The adoption of electric locomotives has helped reduce carbon emissions,

making it a relatively low-carbon mode of transportation [30]. Additionally, the railways have been increasingly focused on energy efficiency, with initiatives such as the use of regenerative braking systems and the installation of solar panels on station rooftops [31].

However, Climate change poses a significant threat to the railway infrastructure in India [10]. Extreme weather events, such as floods and cyclones, can lead to track disruptions, infrastructure damage, and operational delays [32]. Rising temperatures and changing precipitation patterns also have implications for maintenance and operation [33]. India is also highly vulnerable to the impacts of climate change, including rising temperatures, changing precipitation patterns, and extreme weather events. The Indian railway infrastructure is susceptible to these climatic changes, leading to disruptions, damage, and safety concerns. Given these challenges, it becomes crucial to study and develop climate change adaptation strategies that can be integrated into railway infrastructure planning and design in India. Understanding the vulnerabilities, risks, and potential solutions specific to the Indian context will provide valuable insights for policymakers, practitioners, and researchers working towards a resilient and sustainable transportation system.

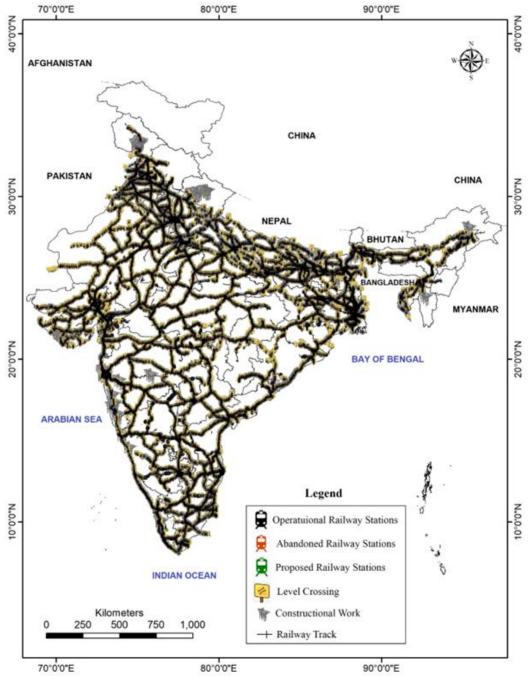


Figure 1. Location map of the study area

#### 5 Results

## 5.1 Current and Projected Climate Change Scenarios in India

India, with its diverse geographical features and population, is vulnerable to the impacts of climate change [34]. The country has been experiencing noticeable changes in its climate patterns, with significant implications for various sectors including agriculture, water resources, and public health [35]. In this analysis, we examined the current and projected climate change scenarios in India, drawing upon available data and scientific research (Table 1). India has been experiencing a gradual increase in temperatures over the past few decades [36]. Data from meteorological departments and climate studies indicate that both average temperatures and extreme heat events have been on the rise. The Intergovernmental Panel on Climate Change (IPCC) projects that the mean surface air temperature in India will continue to increase throughout the 21st century, with potential increases ranging from 1.5 to 4.5 degrees Celsius by the end of the century, depending on the level of greenhouse gas emissions.

Table 1. Average temperature of India in last two decades

Year	Average temperature (°C)	Relative change(°C)	Relative rise and fall statistics
2000	26.5	-	-
2001	27.1	0.6	Rise
2002	27.3	0.2	Rise
2003	26.8	-0.5	Fall
2004	27.5	0.7	Rise
2005	27.2	-0.3	Fall
2006	27.4	0.2	Rise
2007	26.9	-0.5	Fall
2008	27.3	0.4	Rise
2009	27.1	-0.2	Fall
2010	26.8	-0.3	Fall
2011	27.5	0.7	Rise
2012	27.3	-0.2	Fall
2013	27.4	0.1	Rise
2014	27.1	-0.3	Fall
2015	27.5	0.4	Rise
2016	26.9	-0.6	Fall
2017	27.3	0.4	Rise
2018	27.1	-0.2	Fall
2019	26.8	-0.3	Fall
2020	27.5	0.7	Rise

Source: Indian Meteorological Department (IMD)

Over last two decades, the average temperature fluctuates between a low of 26.5°C in 2000 and a high of 27.5°C in four different years (2004, 2005, 2011, and 2015). The average temperature in the remaining falls within a range of 0.5°C from the overall average (Table 1). One possible interpretation of these data might be that the temperature in the region represented by this data tends to peak around 27.3°C several times, but stays relatively consistent around the high 26s/low 27s for the rest of the years. However, without additional information about other factors that can affect variation such as industrialization, land use changes, etc., this is merely a speculation.

Changes in precipitation patterns pose significant challenges for India's water resources, agriculture, and ecosystems [37]. Some regions are experiencing increased rainfall intensity and frequency, leading to more frequent and severe floods [38]. In contrast, other areas are witnessing prolonged periods of drought, with implications for water availability and agricultural productivity. Climate projections suggest that precipitation patterns will continue to change, with potential variations in both the timing and distribution of rainfall across different regions of India.

The mean rainfall is calculated as the sum of all rainfall divided by the number of observations (Table 2). The mean rainfall over the 20-year period is 930.13 mm. The median rainfall is the middle value in a sorted list of all rainfall values. In this case, the median rainfall is 927.91 mm. The mode is the value that occurs most frequently in the dataset. In this case, there is no single mode as none of the values occur more than once. The range is the difference between the maximum and minimum values in the dataset. In this case, the range of rainfall values is from 810.18 mm to 1,088.34 mm, which gives a range of 278.16 mm. The standard deviation measures the amount of variation or dispersion of the rainfall values around the mean. The standard deviation for this dataset is 98.60 mm, which indicates that the rainfall values vary by approximately 98.60 mm around the average rainfall. Skewness is a measure of the shape of the distribution. The skewness value for this dataset is -0.17, which indicates that the

distribution is slightly negatively skewed. From the above descriptive statistics, we can conclude that the average annual rainfall in India for the given20-year period is around 930.13 mm, with a moderate amount of variation between the years (Table 2).

Table 2. Average rainfall of India in last two decades

Year	Average rainfall (mm)	Relative change (mm)	Increase and decrease statistics
2000	964.79	-	-
2001	819.96	-144.83	Decrease
2002	983.05	163.09	Increase
2003	976.74	-6.31	Decrease
2004	871.59	-105.15	Decrease
2005	933.33	61.74	Increase
2006	848.28	-85.05	Decrease
2007	920.3	72.02	Increase
2008	921.29	0.99	Increase
2009	810.18	-111.11	Decrease
2010	999.87	189.69	Increase
2011	1,088.34	88.47	Increase
2012	853.84	-234.5	Decrease
2013	1,059.55	205.71	Increase
2014	1,060.57	1.02	Increase
2015	868.59	-191.98	Decrease
2016	1,092.77	224.18	Increase
2017	1,042.93	-49.84	Decrease
2018	909.22	-133.71	Decrease
2019	1,056.65	147.43	Increase
2020	956.5	-100.15	Decrease

Source: Indian Meteorological Department (IMD)

India has a long coastline that is vulnerable to sea-level rise and coastal erosion [39]. Satellite data and studies indicate that the sea level along India's coast has been gradually rising. India's long coastline, stretching over 7,500 kilometers, is highly vulnerable to erosion. The IPCC projects that global mean sea level will continue to rise throughout the 21st century, and this will have implications for coastal areas in India, including increased vulnerability to storm surges, saltwater intrusion, and erosion. India is prone to a range of extreme weather events, including cyclones, heatwaves, and heavy rainfall events. Climate change is expected to influence the frequency and intensity of these events. Studies suggest that climate change may lead to an increase in the intensity of tropical cyclones in the North Indian Ocean, posing risks to coastal regions. Heatwaves, which have already been increasing in frequency and intensity, are projected to become more severe in the future, threatening public health and agriculture.

It is important to note that climate change impacts vary across different regions of India [40]. The Himalayan region, for instance, is experiencing changes in glacier dynamics, leading to concerns about water availability and downstream impacts on river systems. The arid and semi-arid regions of western India face challenges related to water scarcity and drought [41]. On the other hand, the northeastern states are witnessing changes in rainfall patterns that affect ecosystems and agriculture [42]. Addressing these climate change challenges requires a multi-faceted approach, including mitigation efforts to reduce greenhouse gas emissions and adaptation strategies to build resilience in vulnerable sectors. The Government of India has implemented various initiatives, including the National Action Plan on Climate Change, to address climate change impacts and promote sustainable development [43].

India is already witnessing the impacts of climate change, with rising temperatures, changing precipitation patterns, sea-level rise, and increased frequency of extreme weather events. These trends are projected to continue in the future, with potential implications for sectors such as agriculture, water resources, and coastal regions. Timely and effective actions, informed by robust scientific research and data, are essential to mitigate and adapt to these challenges, ensuring a sustainable and climate-resilient future for India.

# 5.2 Existing Climate Change Adaptation Strategies and Policies

India, as a highly vulnerable country to the impacts of climate change, has been proactive in developing and implementing climate change adaptation strategies and policies. The Government of India recognizes the urgent need to address climate change impacts and has undertaken several initiatives to enhance the resilience of various sectors, including infrastructure, agriculture, water resources, and ecosystems. Here, we highlight some key existing

climate change adaptation strategies and policies in India.

National Action Plan on Climate Change (NAPCC): The NAPCC, launched in 2008, serves as the overarching framework for climate change adaptation and mitigation in India. It comprises eight missions that focus on various sectors, including the National Mission for Sustainable Agriculture, National Water Mission, and National Mission for Sustaining the Himalayan Ecosystem. These missions outline specific adaptation strategies and actions to address climate change impacts in respective sectors [44].

State Action Plans on Climate Change (SAPCC): In line with the NAPCC, several states in India have developed their State Action Plans on Climate Change. These plans identify state-specific vulnerabilities, impacts, and adaptation priorities. They provide a roadmap for integrating climate change considerations into sectoral planning and decision-making processes at the state level [45].

National Adaptation Fund for Climate Change (NAFCC): The NAFCC was established in 2015 to support adaptation projects and programs across various sectors. It aims to assist vulnerable communities, enhance adaptive capacity, and promote sustainable development practices. The fund provides financial support for climate change adaptation initiatives, including infrastructure development, capacity building, and research and development [46].

National Disaster Management Authority (NDMA): The NDMA plays a crucial role in disaster risk reduction and management in the country. It develops policies and guidelines for integrating climate change adaptation into disaster management strategies. The authority focuses on strengthening early warning systems, improving infrastructure resilience, and enhancing community preparedness to reduce the impacts of climate-induced disasters [47].

Green Infrastructure and Ecosystem-based Adaptation: India recognizes the importance of nature-based solutions for climate change adaptation. Initiatives such as afforestation programs, watershed management, coastal protection through mangrove conservation, and restoration of degraded ecosystems are being implemented to enhance ecosystem resilience and reduce climate risks [48].

Climate Resilient Infrastructure Development Guidelines: The Ministry of Environment, Forests and Climate Change has formulated guidelines for promoting climate-resilient infrastructure development. These guidelines provide a framework for integrating climate change considerations into the planning, design, and operation of infrastructure projects across sectors, including transportation, energy, and water [49].

Research and Capacity Building: India has invested in research and capacity building to enhance understanding and implementation of climate change adaptation strategies. Research institutions, universities, and scientific organizations play a crucial role in conducting studies, generating knowledge, and providing technical support to policymakers and practitioners. These are just a few examples of the existing climate change adaptation strategies and policies in India. The government continues to develop and refine its approach to address the evolving challenges of climate change. However, implementation gaps, resource constraints, and the need for continuous monitoring and evaluation remain key challenges that need to be addressed to ensure effective adaptation action.

## 5.3 Vulnerability Assessment of Indian Railway Infrastructure

The vulnerability assessment of Indian railway infrastructure in India aims to analyze and understand the risks and vulnerabilities posed by various factors, including climate change, natural hazards, and operational challenges [50]. The Indian railway network, a critical lifeline for the nation's transportation system, faces numerous challenges that require a comprehensive assessment to enhance resilience and ensure the uninterrupted functioning of the railway system [51]. Climate change poses significant challenges to the railway infrastructure in India. Rising temperatures, changing precipitation patterns, and increased frequency and intensity of extreme weather events can have detrimental effects on railway tracks, bridges, and other infrastructure components. Flooding, landslides, and cyclones can cause disruptions, damage, and delays in railway operations [10]. Understanding the potential impacts of climate change is crucial for assessing vulnerabilities and developing effective adaptation strategies. India is prone to various natural hazards, including earthquakes, floods, cyclones, and landslides. These hazards can severely impact railway infrastructure, leading to disruptions, damage, and even the loss of lives. Vulnerability assessment involves analyzing the exposure of railway lines, bridges, and other infrastructure components to these hazards. It considers the potential consequences of such events on the functionality and safety of the railway system. The severity of the floods has been calculated using following formula.

$$FSI = \frac{ ( \, ext{Rainfall} \, imes \, ext{Duration} \, imes \, ext{Area} \, ) }{ ( \, ext{Max Rainfall} \, imes \, ext{Max Duration} \, imes \, ext{Max Area} \, ) }$$

where,

Rainfall: The total amount of rainfall during the flood event.

Duration: The duration of the flood event, typically measured in hours or days.

Area: The area affected by the flood.

Max Rainfall: The maximum recorded rainfall for the region.

Max Duration: The maximum recorded flood duration for the region.

Max Area: The maximum recorded flood extent for the region.

The FSI is typically scaled on a numerical scale (e.g., 1 to 5) to represent different levels of flood severity. The interpretation of the index may vary depending on the context and the specific scale used (Table 3). For example, a scale of 1 to 5 is represent:

- 1: Very low severity (mild or no impact on the transport system)
- 2: Low severity (minor disruptions or delays)
- 3: Moderate severity (partial disruptions)
- 4: High severity (major disruptions)
- 5: Very high severity (complete shutdown of the transport system)

Table 3. Flood severity and impact on railway transport system of India in last two decades

Year	Flood severity	Impact on railway transport
2000	3	Partial disruption
2001	2	Minor delays
2002	4	Major disruptions
2003	1	No significant impact
2004	3	Partial disruption
2005	5	Complete shutdown
2006	2	Minor delays
2007	4	Major disruptions
2008	3	Partial disruption
2009	1	No significant impact
2010	2	Minor delays
2011	4	Major disruptions
2012	3	Partial disruption
2013	1	No significant impact
2014	2	Minor delays
2015	3	Partial disruption
2016	4	Major disruptions
2017	5	Complete shutdown
2018	3	Partial disruption
2019	2	Minor delays
2020	4	Major disruptions



Figure 2. Different flood events impact on railway transport system of India

Apart from climate change and natural hazards, vulnerability assessment also considers operational challenges that may affect railway infrastructure [52]. These challenges include increasing passenger and freight demands, maintenance and repair requirements, and the need for efficient and reliable transportation services [53]. Evaluating operational vulnerabilities helps identify areas where improvements can be made to enhance the overall resilience of the railway system. Based on the vulnerability assessment, risk mitigation and adaptation strategies are developed. These strategies aim to enhance the resilience of railway infrastructure and reduce vulnerabilities. They may include

infrastructure improvements, such as retrofitting bridges and embankments to withstand higher loads and adopting resilient design standards. Operational measures, such as robust maintenance practices, real-time monitoring systems, and emergency response plans, are also important for reducing vulnerabilities and ensuring the continuity of railway operations.

The vulnerability assessment of Indian railway infrastructure in India provides critical insights into the risks, vulnerabilities, and challenges faced by the railway system (Figure 2). By understanding the impacts of climate change, natural hazards, and operational factors, effective risk management strategies can be developed to enhance the resilience and sustainability of the railway infrastructure. This assessment is crucial for ensuring the continued functionality and reliability of the Indian railway network, contributing to the overall development and resilience of the transportation sector in the face of a changing climate and evolving challenges.

#### 5.4 Adaptation Measures and Technologies

The Indian Railways has recognized the need to address climate change impacts and has been implementing various adaptation measures and technologies to enhance the resilience and sustainability of its operations [54]. These initiatives focus on reducing greenhouse gas emissions, improving energy efficiency, and mitigating the risks posed by climate change [55]. Here are some key climate change adaptation measures and technologies adopted by Indian Railways. Indian Railways has been actively transitioning from diesel locomotives to electric locomotives, which significantly reduces greenhouse gas emissions. Electrification of railway lines helps in achieving a cleaner and more energy-efficient mode of transportation [56]. The utilization of solar energy is a prominent feature of Indian Railways' climate change adaptation strategy. Solar panels have been installed on railway station rooftops, railway buildings, and other infrastructure to generate renewable energy and reduce reliance on conventional power sources [57]. This initiative not only reduces carbon emissions but also helps in energy cost savings. Indian Railways has been adopting energy-efficient technologies to reduce electricity consumption [58]. LED lighting systems, regenerative braking systems, and energy-efficient motors are some examples of such technologies that help conserve energy and minimize environmental impact [59]. Given the increasing water scarcity concerns, Indian Railways has implemented measures to optimize water use and conserve water resources. Rainwater harvesting systems have been set up at railway stations and other facilities to collect and reuse rainwater for various purposes, including sanitation and landscaping [60]. Indian Railways has undertaken green initiatives, such as afforestation along railway tracks, to mitigate the impacts of climate change. Planting trees not only helps in carbon sequestration but also provides shade, reduces soil erosion, and improves the overall ecosystem [61]. To withstand climate change impacts, Indian Railways is incorporating climate-resilient design principles into infrastructure planning and development. This includes building robust and elevated tracks in flood-prone areas, designing bridges and culverts to withstand extreme weather events, and implementing slope stabilization measures to prevent landslides [62]. Indian Railways has enhanced its disaster preparedness and response mechanisms to effectively manage and mitigate the impacts of extreme weather events. Early warning systems, emergency communication networks, and dedicated disaster management teams are in place to ensure timely response and minimize disruptions. Indian Railways actively engages in research and collaboration with academic institutions, research organizations, and international bodies to develop innovative climate change adaptation technologies and practices [63]. This collaborative approach fosters knowledge sharing, capacity building, and the implementation of state-of-the-art adaptation measures.

#### 5.5 Economic, Social, and Environmental Implications

Adopting climate change adaptation measures and technologies has economic implications for Indian Railways. While there may be initial investment costs, long-term benefits include improved operational efficiency, reduced energy consumption, and lower maintenance costs. Adaptation measures also help minimize disruptions and improve the reliability of the railway network, contributing to economic productivity and trade facilitation [64]. Climate change adaptation measures by Indian Railways have social implications, particularly in terms of passenger safety and comfort [65]. Resilient infrastructure design and flood management strategies protect passengers from potential hazards, ensuring their well-being. Additionally, initiatives like tree plantation and waste management contribute to a cleaner and healthier environment for passengers and surrounding communities. Climate change adaptation measures adopted by Indian Railways have significant environmental implications [66, 67]. Energy-efficient technologies reduce carbon emissions and contribute to mitigating climate change. The use of solar power reduces reliance on fossil fuels, leading to lower greenhouse gas emissions. Initiatives such as vegetation management and waste management contribute to biodiversity conservation and a greener environment.

#### 6 Discussion

#### 6.1 Integration of Adaptation Strategies into Railway Planning and Designa

The integration of adaptation strategies into railway planning and design in India is essential for building climate-resilient and sustainable railway infrastructure [68]. With the increasing impacts of climate change on

transportation systems, it is crucial to incorporate adaptation measures into the early stages of planning and design to enhance infrastructure resilience and ensure long-term functionality [69]. This research explores the integration of adaptation strategies into railway planning and design in India, focusing on key considerations, approaches, and benefits. Integrating adaptation strategies begins with a comprehensive assessment of climate change risks and vulnerabilities [70]. This assessment involves analyzing historical climate data, future climate projections, and considering potential impacts on railway infrastructure, such as increased temperatures, changing precipitation patterns, and extreme weather events. Identification and prioritization of risks are crucial steps in adaptation planning. It involves identifying vulnerable areas, critical infrastructure components, and potential disruptions due to climate change impacts. Risk prioritization enables resources and efforts to be focused on areas with the highest vulnerability and potential consequences. Resilient design and construction practices are key components of integrating adaptation strategies. This includes incorporating climate change projections into design standards, considering the anticipated lifespan of the infrastructure, and adopting measures to enhance durability and reduce vulnerability to climate risks. Design considerations may include elevated or flood-resistant structures, strengthened embankments, and slope stabilization techniques. Given the anticipated changes in rainfall patterns, effective drainage and water management strategies are vital. Sustainable drainage systems, such as permeable pavements and rainwater harvesting, can minimize the impact of heavy rainfall and reduce flood risks. Proper water management practices, including the design of efficient stormwater drainage networks, can mitigate potential damage to railway infrastructure. Integrating nature-based solutions offers multiple benefits for adaptation and resilience. Planting vegetation along railway corridors can provide shade, reduce heat island effects, stabilize slopes, and prevent soil erosion. Additionally, creating green spaces and restoring ecosystems can enhance biodiversity, improve air quality, and contribute to climate change mitigation. Effective integration of adaptation strategies requires stakeholder engagement and collaboration. Involving policymakers, railway authorities, urban planners, local communities, and other relevant stakeholders in the planning and design processes ensures that diverse perspectives and expertise are considered. Stakeholder engagement fosters ownership, increases awareness, and facilitates the implementation of adaptation measures. The integration of adaptation strategies into railway planning and design in India brings numerous benefits. Firstly, it enhances infrastructure resilience, reducing the risk of disruptions and ensuring the continuity of railway operations. Secondly, it improves safety for passengers and staff, mitigating potential hazards associated with climate change impacts. Thirdly, it supports sustainable development by reducing energy consumption, greenhouse gas emissions, and environmental impacts. Finally, integration fosters long-term cost savings through optimized infrastructure design, reduced maintenance needs, and improved efficiency.

## 6.2 Policy and Stakeholder Considerations

The integration of climate change adaptation strategies into railway infrastructure planning and design in India requires careful consideration of policies and stakeholder engagement. Effective policies provide a framework for decision-making, while stakeholder involvement ensures that diverse perspectives are incorporated into the planning and design processes. This research examines policy considerations and stakeholder engagement in integrating climate change adaptation strategies into railway infrastructure planning and design in India, with a focus on achieving resilient and sustainable transportation systems.

A robust policy framework is essential for guiding the integration of adaptation strategies into railway infrastructure planning and design. Policies should address climate change adaptation as a priority within the transportation sector, providing clear guidelines, standards, and regulations. Policy frameworks should encompass multiple levels, including national, regional, and local, to ensure consistency and coordination across different scales. National-level climate change adaptation strategies play a crucial role in guiding railway infrastructure planning and design. These strategies provide an overarching framework that aligns with the country's climate change goals and objectives. They may include targets for reducing vulnerability, enhancing resilience, and mainstreaming climate change adaptation into transportation infrastructure development.

Integrating climate change adaptation strategies requires effective institutional coordination. This involves collaboration among various government agencies, railway authorities, urban planning departments, environmental agencies, and other relevant stakeholders. Coordinated efforts ensure that adaptation considerations are integrated across different sectors, policies, and decision-making processes.

Stakeholder engagement is vital for incorporating diverse perspectives and ensuring the relevance and acceptance of adaptation strategies. Stakeholders may include policymakers, railway operators, urban planners, local communities, environmental groups, and transportation experts. Engagement mechanisms, such as consultations, workshops, and participatory processes, enable stakeholders to contribute their knowledge, concerns, and expertise to the planning and design processes. Effective integration of adaptation strategies relies on data sharing and collaboration among stakeholders. Data on climate projections, vulnerability assessments, and infrastructure characteristics should be openly shared among relevant parties. Collaborative platforms, such as data repositories and information-sharing networks, facilitate the exchange of knowledge, best practices, and lessons learned.

Building capacity among stakeholders is crucial for successful integration of adaptation strategies. Training programs, workshops, and awareness campaigns can enhance understanding of climate change impacts, adaptation measures, and sustainable infrastructure design. Capacity building initiatives should target decision-makers, planners, engineers, and other professionals involved in railway infrastructure planning and design.

Access to financial resources and incentives can facilitate the integration of adaptation strategies into railway infrastructure planning and design. Governments, international organizations, and financial institutions should provide funding mechanisms, grants, and incentives to support the implementation of climate-resilient infrastructure projects. Incentives, such as tax breaks or subsidies, can encourage private sector investment in climate-friendly infrastructure solutions. Integrating climate change adaptation strategies into railway infrastructure planning and design in India necessitates policy frameworks that prioritize adaptation, institutional coordination, stakeholder engagement, and capacity building. By establishing robust policies, engaging stakeholders, sharing data, and providing financial incentives, India can create a conducive environment for resilient and sustainable transportation systems. Through effective policy considerations and stakeholder involvement, India can enhance the resilience of its railway infrastructure, mitigate climate change impacts, and ensure the long-term sustainability of its transportation sector.

## 6.3 Contributions to the Field of Climate Resilience in Transportation Systems

The research on integrating climate change adaptation strategies into railway infrastructure planning and design makes significant contributions to the field of climate resilience in transportation systems, particularly in the context of Indian railways. Some of the key contributions are outlined below:

The research enhances our knowledge and understanding of the challenges and opportunities associated with integrating climate change adaptation strategies into railway infrastructure planning and design. By analyzing climate change projections, vulnerability assessments, and case studies, the research provides insights into the specific risks faced by railway infrastructure in India and the adaptation measures required to enhance resilience. It contributes to a deeper understanding of the complex interactions between climate change and transportation systems.

The research offers a framework for integrating climate change adaptation strategies into railway infrastructure planning and design. By examining existing policies, best practices, and case studies from around the world, the research establishes a foundation for developing effective adaptation strategies tailored to the Indian context. The framework highlights key principles, approaches, and considerations that should be taken into account during the planning and design phases, ensuring a systematic and comprehensive approach to climate resilience.

The research provides policymakers, urban planners, and transportation authorities in India with valuable policy recommendations for integrating climate change adaptation into railway infrastructure planning and design. These recommendations are based on expert interviews, stakeholder consultations, and policy analysis, ensuring that they reflect the perspectives and needs of relevant stakeholders. The policy recommendations offer actionable steps and guidelines for policymakers to incorporate climate resilience into decision-making processes and support the implementation of adaptation measures.

The research examines the economic, social, and environmental implications of integrating climate change adaptation strategies into railway infrastructure planning and design. By assessing the costs, benefits, and trade-offs associated with adaptation measures, the research helps stakeholders make informed decisions about investment priorities and resource allocation. It highlights the long-term sustainability and positive impacts that adaptation can have on the Indian transportation sector, including improved safety, reduced disruptions, enhanced environmental performance, and enhanced economic productivity.

The research provides practical guidance for practitioners involved in railway infrastructure planning and design. It offers insights into engineering solutions, resilient technologies, nature-based solutions, and operational changes that can enhance the resilience of railway systems. The research draws on best practices and lessons learned from case studies, allowing practitioners to leverage successful approaches from other contexts. This guidance facilitates the implementation of adaptation measures and ensures that they are effectively integrated into the planning and design processes.

## 7 Findings

Through the analysis of historical climate data and projections, it was found that India is experiencing changes in temperature, precipitation patterns, and increased frequency and intensity of extreme weather events. These climate change impacts pose significant risks and vulnerabilities to railway infrastructure in the country. A review of existing national and international climate change adaptation strategies and policies provided a framework for integrating adaptation measures into railway infrastructure planning and design. These strategies encompassed approaches such as resilient infrastructure design, nature-based solutions, and operational changes. By examining literature, research papers, reports, and case studies from around the world, several best practices and key principles for enhancing the

resilience of railway systems were identified. These included flexible and modular infrastructure design, climateinformed decision-making processes, proactive risk management, and stakeholder engagement. The analysis of the Indian railway network revealed vulnerabilities to climate change impacts, particularly in tracks, stations, bridges, and signaling systems. Adaptation measures such as infrastructure modifications, engineering solutions, operational changes, and nature-based solutions were identified to enhance the resilience of the railway infrastructure. The integration of climate change adaptation strategies into railway infrastructure planning and design has significant economic, social, and environmental implications. While adaptation measures may entail increased construction costs, they offer benefits such as improved passenger safety, reduced disruptions, and lower carbon emissions, contributing to long-term sustainability. Through interviews with experts in railway infrastructure planning, climate change adaptation, and sustainable transportation, valuable insights were gained regarding challenges, opportunities, and best practices. Stakeholder engagement with policymakers, urban planners, transportation authorities, and railway operators in India provided input and recommendations for integrating adaptation strategies into railway systems. Analysis of existing policies and regulations identified barriers and gaps that hindered the integration of climate change adaptation measures, leading to proposed policy recommendations and interventions. This study highlights the significance of incorporating climate change adaptation strategies into the planning and design of India's rail infrastructure. The results contribute to the field of climate resilience in transportation systems by providing policymakers, practitioners, and researchers with valuable insights. The research findings emphasize the need for proactive measures to nurture climate-resilient and sustainable railway systems.

#### 8 Conclusions

The study paper illuminates the crucial role of climate change adaptation in the planning and design of railway infrastructure, particularly in India. The study provides valuable insights into current and projected climate change scenarios, as well as railway infrastructure's vulnerabilities and risks. This research has identified key principles and best practices for enhancing the resilience of railway systems through a meta-analysis of existing literature, research papers, reports, and case studies. The paper stresses the significance of considering economic, social, and environmental implications when integrating adaptation strategies to climate change. It also provides policymakers, urban planners, and transportation authorities with recommendations for implementing adaptation measures that promote a more resilient and sustainable rail system. This research contributes to the expanding corpus of knowledge regarding climate resilience in transportation systems. It emphasizes the importance of stakeholder participation in integrating climate change adaptation strategies and provides a valuable framework for sustainable development in the face of climate change challenges. By implementing the suggestions in this document, India's railway system can become more resilient and sustainable, contributing to climate change mitigation and adaptation efforts and serving as a model for other nations.

## **Data Availability**

The data supporting our research results are included within the article.

## **Conflicts of Interest**

The authors declare that they have no conflicts of interest.

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