

HealthiGo 



We are what we do

We help people with their medical  
requirements

[SIGN UP](#)

ALREADY HAVE AN ACCOUNT? [LOG IN](#)



## Create your account

Name

Phone no.



Email



••••••••••



Blood Group

i have read the [Privacy Policy](#)

☐

GET STARTED



Welcome Back!



CONTINUE WITH FACEBOOK



CONTINUE WITH GOOGLE

OR LOG IN WITH EMAIL

Email address

Password

LOG IN

Forgot Password?

ALREADY HAVE AN ACCOUNT? [SIGN UP](#)

HealthiGo +

Hi Afsar, Welcome  
to HealthiGo



GET STARTED

Why are you here?



Consult Doctor



Lab test



Order  
Medicine



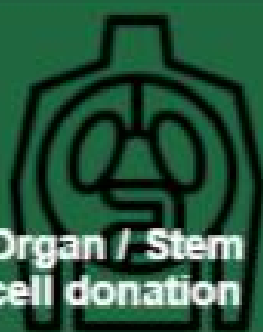
Diet Suggestion



Blood Bank



Health Status



Organ / Stem  
cell donation



Chat with us



## Doctor List



Dr. John.M  
Gynecologist



Dr. John.M  
Gynecologist



Dr. John.M  
Gynecologist



Dr. John.M  
Gynecologist



Dr. John.M  
Gynecologist



Dr. John.M  
Gynecologist



Home



HealthiGo +



Name: Dr. John.M

Qualification: Gynecologist



Phone No.: 0091 9878787878

Fees: Rs. 100

Book



Home



HealthiGo+



Booked



Type something...



Select pincode to find nearby test location

TSH Test  
Src labs, Kochi

**Book**

Lipid Test  
Sdc labs, Kochi

**Book**

Urine Test  
Sdc labs, Kochi

**Book**

Urine Test  
Drc labs, Kochi

**Book**

Lipid Test  
Drc labs, Kochi

**Book**



Home



HealthiGo+



Booked

Type something...



Do you have a prescription?

upload 

Shop by category



Tablets



Syrups



Hygiene



Home



# DIET



## Healthy Diet

Consuming a healthy diet throughout the life-course helps to prevent malnutrition in all its forms as well as a range of noncommunicable diseases (NCDs) and conditions. However, increased production of processed foods, rapid urbanization and changing lifestyles have led to a shift in dietary patterns. People are now consuming more foods high in energy, fats, free sugars and salt/sodium, and many people do not eat enough fruit, vegetables and other dietary fibre such as whole grains.

The exact make-up of a diversified, balanced and healthy diet will vary depending on individual characteristics (e.g. age, gender, lifestyle and degree of physical activity), cultural context, locally available foods and dietary customs.

However, the basic principles of what

Blood Donation

Donate

Blood Receiving

Receive



Home

# DONATION

Name

Email

Phone no.

Blood Group

Previous diseases

Location

Pin code

Donate



Home

HealthiGo +



We will meet you soon!!!!





## Blood Receiving

**A+**

**A-**

**B+**

**B-**

**O+**

**O-**

**AB+**

**AB-**





5 units  
ABC center

**Book**

3 units  
VBF center

**Book**

3 units  
VBF center

**Book**

3 units  
VBF center

**Book**

3 units  
VBF center

**Book**

3 units  
VBF center

**Book**



Home

# RECEIVE

Name

Email

Phone no.

Previous diseases

Location

Pin code

Receive





HealthiGo



Home



Name: Alac.V

Phone no.: 0091 878778797

Blood group: O+

Medicines you take:  
Paracetamol, Ockacet

Diseases:  
Fever, Cold, Cough

Lab tests taken:  
Blood test

Doctor Appointment:  
23/11/21- Dr.John.M  
28/11/21- Dr.John.M

Medicine notification ☐





What time would you like  
to take medicine?

Choose time based on your medicine intake.

8	27	
9	28	
10	29	
11	30	AM
12	31	PM
1	32	
2	33	

Which day would you like to take  
medicine

SU	M	T	W	TH	F	S
----	---	---	---	----	---	---

SAVE

NO THANKS

# DONATION

Name

Email

Phone no.

Blood Group

Previous diseases

Location

Pin code

Upload Documents



Donate





# Chat here!

End-end encrypted

....

....

....

....

Chat here.....

