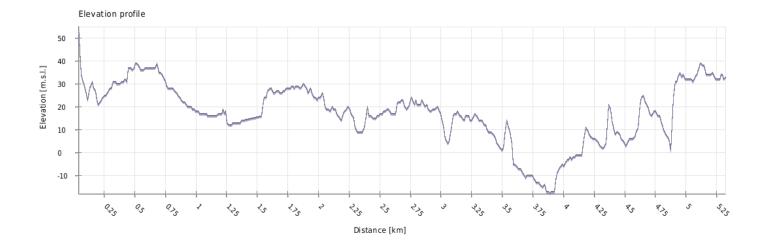
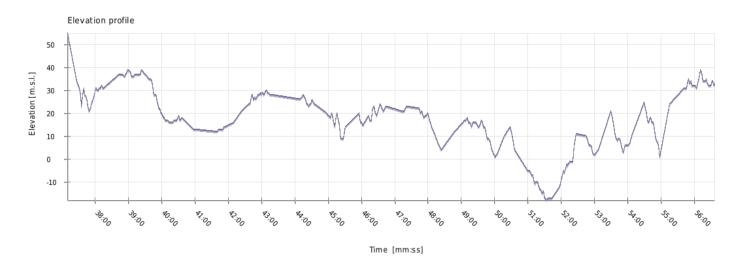
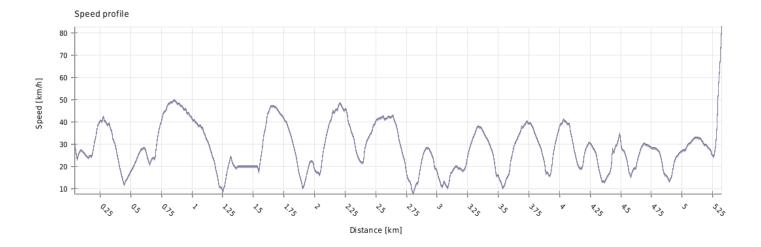
## Elevation

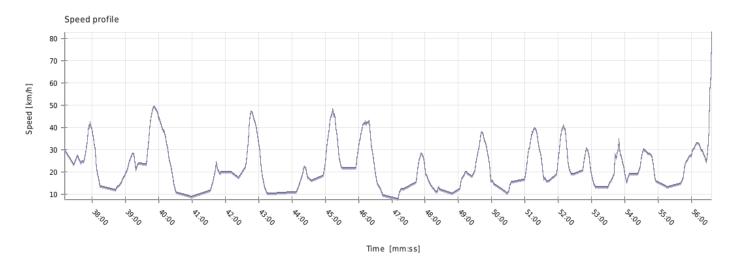




Minimum elevation:	-18 m.s.l.
Maximum elevation:	94 m.s.l.
Average elevation:	17.4 m.s.l.
Maximum difference:	112 m
Total climbing:	261 m
Total descent:	322 m
Start elevation:	94 m.s.l.
End elevation:	33 m.s.l.
Final balance:	-61 m

## Speed





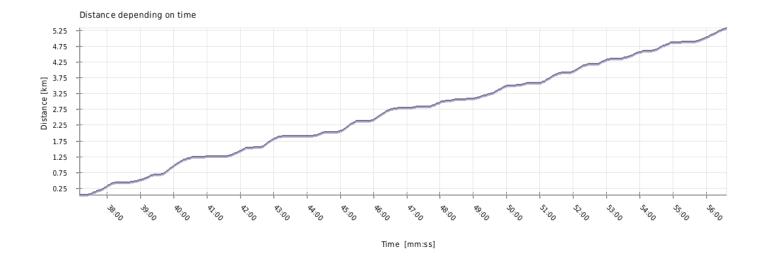
Minimum speed:	7.6 km/h
Maximum speed:	82.8 km/h
Average climbing speed :	23.5 km/h
Average descent speed :	23.8 km/h
Average flat speed:	27.4 km/h
Average speed:	24.7 km/h

# 5 Sep. 2018 2:37:05 pm

### Time

Date of track:	5.9.2018
Start time:	04:37:07
End time:	04:56:37
Total track time:	19m 30s
Climbing time:	07m 21s
Descent time:	08m 43s
Flat time:	03m 26s

#### **Distance**



Total flat distance:	5.2 km
Total real distance:	5.3 km
Climbing distance:	1.7 km
Descent distance:	2.1 km
Flat distance:	1.6 km