

Babcock University
School of Public and Allied Health (DEPARTMENT OF PUBLIC HEALTH)
Ilishan Remo, Ogun State

MID-SEMESTER EXAMINATION

GEDS 112: HEALTH PRINCIPLES

FEBRUARY 2018

2 CREDITS

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1. The power house of the cell is known as a) Endoplasmic reticulum ☒ b) Mitochondria
c) Golgi apparatus d) Ribosome
2. Which of the following is not true about proteins a) It is needed for cell repair b) 1 gram provides 4 calories ☒ c) It provides the primary source of energy d) It breaks down into amino acids
3. The part of the brain responsible for balance is a) Medulla Oblongata b) Cerebrum
c) Adrenal gland ☒ d) Cerebellum
4. The system responsible for general support of the human body is the a) Circulatory system
b) Muscular system ☒ c) Skeletal system d) Endocrine system
5. The following are signs of a weak immune system except a) Recurrent infections b) Fever
c) Lethargy ☒ d) Good stamina
6. The dimension of health that focuses on one's ability to process information and act properly is
a) Physical dimension b) Spiritual dimension ☒ c) Mental dimension d) Environmental dimension
7. The belief one holds about their environment is referred to as a) Products of behaviour ☒ b) Environmental Orientation
c) Environmental belief d) Environmental values
8. Which of the following is not a part of the biological environment a) Domestic animals b) Bacteria
c) Trees ☒ d) Family
9. Which of these should a traveler avoid while on a journey ☒ a) Drinking tap water b) Eating uncut fruits
c) Eating own food d) Washing hands regularly
10. A condition produced by excessive use of drugs is termed a) Dependence ☒ b) Drug addiction
c) Intoxication d) Substance abuse
11. A condition produced in a drug user in which the usual or increasing doses of the drug are required to prevent the onset of withdrawal symptoms is called a) Drug addiction ☒ b) Dependence
c) Intoxication d) Substance abuse
12. The following are all examples of stimulants except a) Cocaine b) Marijuana c) Nicotine ☒ d) Codeine
13. Which of these is a mental cause of substance abuse a) Peer pressure b) Illness ☒ c) Low self-esteem
d) Family issues
14. Which of these is considered as an incomplete protein a) Meat b) Fish c) Eggs ☒ d) Peas
15. Over consumption of carbohydrates can lead to all the following except a) Dental caries b) Glucose intolerance
c) Kwarshiokor ☒ d) Diabetes

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