



Your personality type is:

Defender

ISFJ-A



Mind

This trait determines how we interact with our environment.

37%

EXTRAVERTED

63%

INTROVERTED

Energy

This trait shows where we direct our mental energy.

38%

INTUITIVE

62%

OBSERVANT

Motivation

Nature

This trait determines how we make decisions and cope with emotions.

37%**THINKING****63%****FEELING**

Tactics

This trait reflects our approach to work, planning and decision-making.

71%**JUDGING****29%****PROSPECTING**

Identity

This trait underpins all others, showing how confident we are in our abilities and decisions.

60%**ASSERTIVE****40%****TURBULENT**[Start reading](#) ↓

do good, and with a sense of history behind them, such as medicine, academics and charitable social work.



Defender personalities (especially Turbulent ones) are often meticulous to the point of perfectionism, and though they procrastinate, they can always be relied on to get the job done on time. Defenders take their responsibilities personally, consistently going above and beyond, doing everything they can to exceed expectations and delight others, at work and at home.

We Must Be Seen to Be Believed

The challenge for Defenders is ensuring that what they do is noticed. They have a tendency to underplay their accomplishments, and while their kindness is often respected, more cynical and selfish people are likely to take advantage of Defenders' dedication and humbleness by pushing work onto them and then taking the credit. Defenders need to know when to say no and stand up for themselves if they are to maintain their confidence and enthusiasm.

Naturally social, an odd quality for Introverts, Defenders utilize excellent memories not to retain data and trivia, but to remember people, and details about their lives. When it comes to gift-giving, Defenders have no equal, using their imagination and natural sensitivity to express their generosity in ways that touch the hearts of their recipients. While this is certainly true of their coworkers, whom people with the Defender personality type often consider their personal friends, it is in family that their expressions of affection fully bloom.

Defender personalities are a wonderful group, rarely sitting idle while a worthy cause remains unfinished. Defenders' ability to connect with others on an intimate level is unrivaled among Introverts, and the joy they experience in using those connections to maintain a supportive, happy family is a gift for everyone involved. They may never be truly comfortable in the spotlight, and may feel guilty taking due credit for team efforts, but if they can ensure that their efforts are recognized, Defenders are likely to feel a level of satisfaction in what they do that many other personality types can only dream of.

Strengths & Weaknesses



Defenders You May Know



Beyoncé



Queen
Elizabeth II

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So me... It's accurate!

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So true.

Like · Reply · 2w

**Patricia Mason**

I would say the accuracy of this test for me is so correct...Amazing test!

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**Moinul Hoque**

No doubt...

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**Carol Matthews**[Introduction](#)



Carol Matthews
Definitelv

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