

Table 1: Summary descriptives table by groups of ‘Recruitment year’

	1995 N=431	2000 N=786	2005 N=1077	p-value	N
Age	54.1±11.7	54.3±11.2	55.3±10.6	0.078	2294
Sex: Female	52.2%	50.4%	53.1%	0.506	2294
Smoking status:				<0.001	2233
Never smoker	56.4%	54.6%	52.2%		
Current or former < 1y	26.3%	35.2%	20.5%		
Former ≥ 1y	17.3%	10.2%	27.4%		
Systolic blood pressure	133±19.2	133±21.3	129±19.8	<0.001	2280
Diastolic blood pressure	77.0±10.5	80.8±10.3	79.9±10.6	<0.001	2280
History of hypertension	25.8%	29.6%	35.5%	<0.001	2286
Hypertension treatment	16.5%	16.2%	22.2%	0.002	2251
Total cholesterol	225±43.1	224±44.4	213±45.9	<0.001	2193
HDL cholesterol	51.9±14.5	52.3±15.6	53.2±14.2	0.208	2225
Triglycerides	94.0 [71.0;136]	98.0 [72.0;133]	98.0 [72.0;139]	0.762	2231
LDL cholesterol	152±38.4	149±38.6	136±39.7	<0.001	2126
History of hyperchol.	22.5%	33.2%	33.2%	<0.001	2273
Cholesterol treatment	6.50%	8.80%	12.8%	<0.001	2239
Height (cm)	163±9	162±9	163±9	0.003	2259
Weight (Kg)	72.291±12.615	73.842±13.954	73.596±13.869	0.150	2259
Body mass index	27.0±4.15	28.1±4.62	27.6±4.63	<0.001	2259
Physical activity (Kcal/week)	491±419	422±377	351±378	<0.001	2206
Physical component	49.3±8.08	49.0±9.63	50.1±8.91	0.032	2054
Mental component	49.2±11.3	48.9±11.0	46.9±10.8	<0.001	2054
Cardiovascular event	2.51%	4.72%	4.59%	0.161	2163
Days to cardiovascular event or end of follow-up	1728 [746;2767]	1617 [723;2596]	1775 [835;2723]	0.096	2163
Overall death	4.65%	11.0%	7.23%	<0.001	2148
Days to overall death or end of follow-up	1557 [812;2689]	1609 [734;2549]	1734 [817;2713]	0.249	2148