A single machine with Windows Server 2016 installed and 16GB of memory, and by enabling Hyper-V nested virtualization you could enable a few virtual machines to run concurrently. Ideally, though, having at least two physical servers will help with the replication and highly-availability concepts. With Windows 10, Hyper-V client is included in the box, so even without any kind of real server, it is possible to explore many of the Hyper-V technologies.