# Eunice Efua Acquah

#### **Contact address**

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## **Personal Profile Statement / Career Objective**

I am a Christian with honesty, discipline and being kind as my personal principles, Despite being hardworking, I am a very sociable person who gets along with almost everyone I come in contact with. Personally, I believe that great leaders are those serve best that is why I put my very best in all I do. I am ready to learn from others and also impart knowledge to others.

## **Education**

September 2016 -	Bachelor of Science in Community	University for Development
July 2020	Medical Nutrition (second class	studies. Tamale
	honors)	
November 2013 -	West African Secondary School	Ghana National College.
May 2016	Certificate Examination (WASSCE)	Cape coast

## **Employment and Work Experience**

<b>September 2020 – July 2021</b>	Nutritionist	St. Luke Catholic Hospital,
		Apam, Central Region
Main Duties performed		

- Give Nutrition education to pregnant women, lactating mothers, mothers with malnourished babies
- ❖ Home visit to some diabetic and hypertensive patients
- ❖ Educate people (one-on-one) with nutritional-related diseases with their vitals

checked.

- ❖ Monitor growth of children under 5 years
- educate other healthcare professionals about food and nutrition issues
- \* advise hospital catering departments about any specific patient dietary requirements
- record all assessments and interventions, write reports and case notes and maintain accurate records

July 2017 - August 2017	Intern,	Kumasi - Ago District
		hospital, Nutrition unit.
Main Duties performed		

- Give Nutrition education to people with nutritional-related diseases such as diabetes, hypertension, high cholesterol etc.
- Manage malnourished babies under 5 years
- ❖ Prepare F-75 formula for children with severe Acute malnutrition
- ❖ Measure BMI (body mass index) of an individual
- Check blood glucose of individuals

## Leadership

February 2019 - March	Vice President	National Union of Baptist
2020		Students - Tamale
Main Duties performed		

- ❖ Assisted the president in all his duties
- Organized members for all meetings
- Preached and headed the ladies wing, organizing wings and the usher and usherette wings respectively
- Organized and Coordinated prayers among various wings

February 2019 - March 2021	Assistant Prayer Secretary	Mass Choir Mass theater under the students Christian council, UDS Tamale
Main Duties performed		

- ❖ Assisted the prayer secretary in his duties
- ❖ Organized prayer retreats for the various wings in the union
- ❖ Organized and Coordinated prayers both online and offline

March 2018 - February 2019	Prayer Secretary	National Union of Baptist Students - Tamale
Main Duties performed		
<ul> <li>Introduced and headed the prayer wing</li> </ul>		
❖ Facilitate weekly prayer meetings of the union		

- Led most prayer meetings in the union and some other churches
- Plan of prayer programs for the union

March 2015 - March 2016	CAMFED President	Ghana National College,
		Cape coast
Main Duties performed		

- Organized Community give back services in some nearing communities
- Visited Ankaful Psychiatry Hospital, Cape coast
- ❖ Planned and organized a visit to Ghana National school for the blind

#### **Skills**

- ❖ IT skills to record and access patient records
- ❖ Team working skills to work effectively as part of a multidisciplinary healthcare team
- Home care
- strong verbal and written communication skills
- \* excellent interpersonal skills to develop relationships with patients/carers
- a positive attitude and the ability to motivate others
- ❖ willingness to keep up to date with current nutrition information and research.
- Cleaning and maintaining a better personal and environmental hygiene

### **Hobbies and Interests**

Reading, Writing, Cooking

## References

### Paul Armah Aryee (PhD)

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#### **Esther Adentwi**

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