

# ZAMA BITTERS

## HERBAL CAPSULE

### RECOMMENDED USE OR PURPOSE

Promotes general well-being and  
body metabolism.

### INGREDIENTS

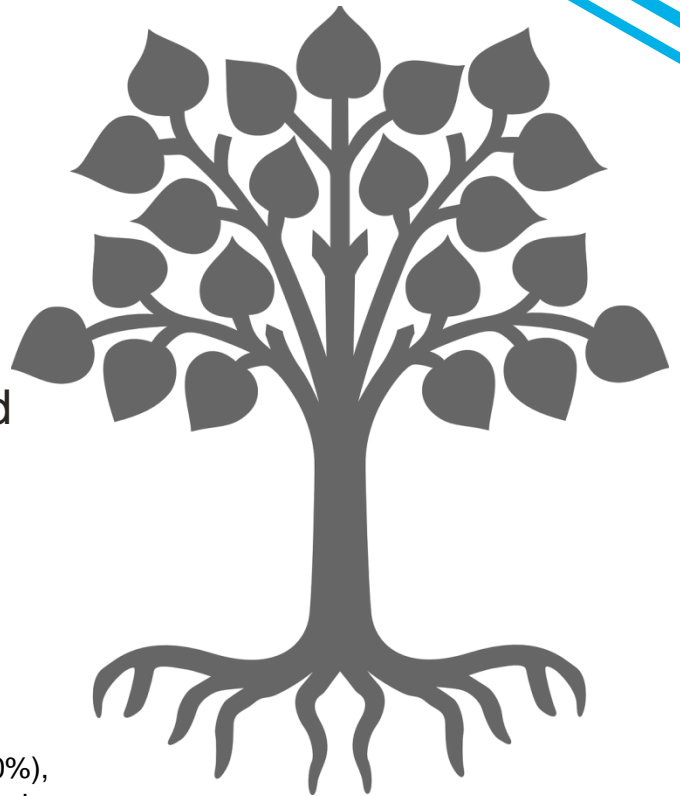
Bitter melon (20%), Bitter leaf (20%), Bitter Orange (20%),  
Eggplant (20%), Kola nut (10%), Monkey Kola (5%), and  
Purslane (5%).

A blend of natural medicinal plants for the support of the body's  
general well-being.

### RECOMMENDED DOSE – (ORAL) ADULTS

Take 2 capsules once or twice daily with a glass of  
water one hour before or after food.

**Caution:** Keep out of reach of children. This product  
is for adult use only. It is not to be taken by children  
under 12 years, pregnant women, or nursing  
mothers.



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