

# UFCW Union/Maple Leaf Foods Inc. Benefit Plan Portal



## Know Before You Go

Are you unsure of what you are covered for or your current benefit balance? Visit the new Plan Portal to confirm coverage allowances, benefit balances and any additional claim filing requirements.



## Your Money Back, Fast

Some providers are not set up for direct billing. In instances where Plan Participants are required to pay out of pocket, visit the Plan Portal to submit claims and set up direct deposit to get your money back fast.



## Who Do You Prefer?

Do you have a favourite Chiropractor or Massage Therapist? PBAS wants to connect with them to set up direct billing arrangements so your out of pocket expenses are reduced. Visit the public website to submit your preferred provider information or direct the providers to the public website directly.



## Digital Registration

Sign-up for your benefits faster! Visit the public website to start your registration process. On the public website you can fill out and submit your registration forms digitally to PBAS.



## Who Do I Contact For Help?

Tel: 1-877-982-4170

Fax: 204-982-6080

Email: [mapleleaf@pbas.ca](mailto:mapleleaf@pbas.ca)

Web: [mapleleaflondon.pbas.ca](http://mapleleaflondon.pbas.ca)

## Where Do I Submit Claims?

UFCW Union/Maple Leaf  
Foods Inc. Benefit Plan  
3rd Floor, 880 Portage Avenue  
Winnipeg, Manitoba R3G 0P1

Or online through your  
UFCW Union/Maple Leaf  
Foods Inc. Benefit Plan Portal



UFCW Union/Maple Leaf  
Foods Inc. Benefit Plan London

# How Do You Become Eligible?

## Full-Time Employees

### Short-Term Disability Major Medical and Life Insurance Benefits:

On the 1<sup>st</sup> day of the 2<sup>nd</sup> month after you have worked 2 complete calendar months.

For example: Hired October 2, work November – December, January, eligible February 1.

If you are transferring from another Maple Leaf Plan your coverage starts on the first day of the month following your transfer date.

### Long-Term Disability Benefits:

On the 1<sup>st</sup> day of the 2<sup>nd</sup> month after you have worked 11 complete consecutive calendar months.

For example: Hired October 2, work November-September, eligible November 1.

## Part-Time Employees

### Short-Term Disability Major Medical and Life Insurance Benefits:

On the 1<sup>st</sup> day of the 2<sup>nd</sup> month after you have worked for 2 complete calendar months, and you have worked an average of at least 24 hours a week for the last 8 weeks.

For example: Hired October 2, work November-December, January, eligible February 1.

### Long-Term Disability Benefits:

On the 1<sup>st</sup> day of the month after you have worked 12 consecutive calendar months, and you have worked an average of at least 24 hours a week for the last 8 weeks.

Hired October, work November-October, November, eligible December 1.

Coverage terminates on the last day of the month following the month in which an 8-week period ends where your average hours dropped below 24 hours per week.

# Benefits at a Glance

## Plan Participants & Dependents

### Prescription Drugs\*:

\$4,000/family/calendar year

### Major Medical

(Full-Time 85% Part-Time 50%)

- Chiropractor \$500/calendar year
- Naturopath\*/Osteopath\*/Massage Therapist\* combined \$500/calendar year
- Physiotherapist\*/Acupuncturist \$500/calendar year

\*Medical referral is required for these services. For Massage Therapy, a treatable diagnosis must be stated.

- Podiatrist/Chiropodist/Orthopedic Supplies; Appliances combined \$500/calendar year; appliances when prescribed by any of these practitioners or a medical doctor
- Psychologist \$300/calendar year
- Speech Therapist \$300/calendar year
- Private Duty Nursing
- Hospital
- Medical Equipment
- Wigs
- Breast Prosthesis
- Surgical Brassiere

(100% up to any maximum indicated)

- Ambulance
- Glasses/Contacts \$300/24 months
- Eye examinations \$90/24 months
- Hearing Aids \$500/5 years



## Plan Participants Only

- Life Insurance
- Accidental Death & Dismemberment
- Short-Term Disability
- Long-Term Disability

## How Do I Sign Up For Direct Deposit?

You can take advantage of direct deposit for your claim reimbursements once you have registered as a Plan Participant. To make this process simple, have a blank cheque or direct deposit form from your bank on hand when you register. These documents include all the information required to set up direct deposit. Your payments can be deposited into a chequing or savings account. If you have another kind of account, please call your financial institution to find out what accounts you can use for direct deposit. Before the payment has been deposited into your account, you will receive an email detailing the payment. This is called an Explanation of Benefits. With normal bank clearing procedures, your payment should be deposited within 2-3 business days.